



A G E N D A
CITY OF WAUPUN RECREATION & WELLNESS
BOARD MEETING
In-Person & Teleconference
Wednesday, August 11, 2021 at 4:30 PM

Join Zoom Meeting

<https://us02web.zoom.us/j/88961559550?pwd=U2xVZ0lUVnhWNmJrRkgxZmRpTUUwZz09>

Meeting ID: 889 6155 9550

Passcode: 140729

-or-

Dial by your location

(312)626-6799 US (Chicago)

Meeting ID: 889 6155 9550

Passcode: 140729

CALL TO ORDER

ROLL CALL

PERSONS WISHING TO ADDRESS THE RECREATION & WELLNESS BOARD --State name, address, and subject of comments. (2 Minutes)

CONSIDER APPROVAL OF THE FOLLOWING AGENDA ITEMS

1. Approval of Agenda/Motion to Deviate
2. Approval of July 14, 2021 Recreation & Wellness Board Meeting Minutes

PURPOSE OF RECREATION & WELLNESS BOARD

3. Community Wellness Planning Workshop #2

ADVANCED PLANNING

4. Potential Agenda Items
5. Date of Next Scheduled Meeting - September 8, 2021

ADJOURNMENT

Upon reasonable notice, efforts will be made to accommodate disabled individuals through appropriate aids and services. For additional information, contact the City Clerk at 920-324-7915.



MINUTES
CITY OF WAUPUN RECREATION & WELLNESS
BOARD MEETING
In-Person & Teleconference
Wednesday, July 14, 2021 at 4:30 p.m.

Committee Members Present:

Rohn Bishop	City Council
Sandy Buchholz.....	Citizen
BJ DeMaa (ex-officio).....	Waupun Fire Chief
Steve Hill (ex-officio).....	Waupun School District
Karen Gibbs	Church Health Services
Will Langford	City Council
Scott Loudon (ex-officio).....	Waupun Police Department
Mike Matoushek	City Council
Julie Nickel (ex-officio).....	Mayor
Linda Nickel	Citizen
Diane Posthuma (arrived at 4:36 p.m.)	Waupun Memorial Hospital
Terri Respalje	Waupun Food Pantry
Darian Schmitz	REACH Waupun

Guests:

Thea O'Connor.....	Church Health Services
Jeanne Ludjack.....	Dimensional Learning Systems

Staff Present:

Rachel Kaminski.....	Waupun Senior Center
Kathy Schlieve	Administrator
Sarah Van Buren	Community & Economic Development Coordinator

CALL TO ORDER:

Chair Matoushek called the meeting to order at 4:31 p.m. and facilitated introductions of the group.

ROLL CALL OF BOARD MEMBERS:

Roll call and quorum determined.

PUBLIC COMMENT:

None.

CONSIDER APPROVAL OF THE FOLLOWING AGENDA ITEMS:

1. Approval of Agenda/Motion to Deviate

A motion to approve the agenda was made by Ms. L. Nickel and seconded by Ms. Buchholz, passing unanimously.

2. Approval of June 9, 2021 Recreation & Wellness Board Meeting Minutes

A motion to approve the June 9, 2021 minutes, with recommended changes to Ms. O'Connor's organizational affiliation, was made by Ms. Gibbs and seconded by Mr. Matoushek, passing unanimously.

DISCUSSION

3. Community Wellness Planning Workshop

Administrator Schlieve provided a community snap shot to give board members an overview of the type of issues facing the community. Such topics covered included population, average commuting times, graduation rates, and unemployment rates. The discussion included challenges regarding workforce, daycare needs, homelessness, mental health, and drugs.

Administrator introduced Jeanne Ludjack, a facilitator from Dimensional Learning Systems, who will be leading the members through a variety of community wellness planning workshops to assist in the creation of a work plan. Ms. Ludjack led a group activity to help identify Waupun's strengths and needs.

ADVANCED PLANNING:

4. Potential Agenda Items

5. Date of Next Scheduled Meeting

- The next meeting will be August 11, 2021 at 4:30 p.m.

ADJOURNMENT

A motion to adjourn was made by Ms. Gibbs and seconded, passing unanimously. The meeting adjourned at 5:50 p.m.



WRAC

Our Purpose...

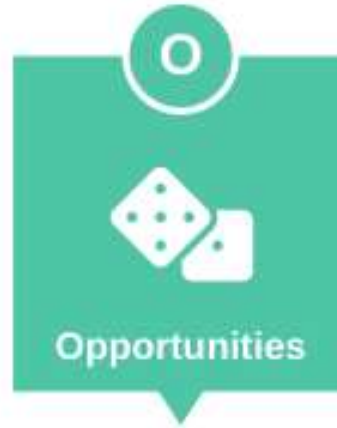
- ▶ Support creating a healthy Community;
- ▶ Assist the Council on matters relating to the well-being (of residents);
- ▶ Provide advice to the Council on social issues and on the development of related policies, programs, services and strategies.

WRAC Responsibilities

- Identify Community strengths, capacities and needs of residents by listening, learning and engaging with them.
- Share with Council facts, data, collaborations & strategies impacting social issues.
- Define roles & responsibilities to address those issues.
- Provide oversight of programs that support the overall well-being of residents.
- Identify opportunities, innovative and locally driven solutions over the short, medium and long term.
- Develop annual work plan (tasks & actions).



1. What do you excel at?
2. What are your greatest accomplishments?
3. What are you most proud of?
4. What makes you unique?



1. What partnerships would lead to greater success?
2. What changes and trends in the market align with your strengths?
3. What threats do you see?
4. Are there gaps in the market that you could fill?



1. What do you want to achieve in the future?
2. What should your future business look like?
3. How can you make a difference?
4. What are you passionate about?



1. What measures will tell you that you are on track to achieve success?
2. How do you translate your vision of success into tangible outcomes?
3. How do you know when you've achieved your goals?

Committee Workshop

Item 3.

- Social Determinants of Health Video
- How do you define wellness?
- Brainstorm – What is our Algoma? (view video here: <https://youtu.be/uwggBFaC2BE>)
 - Here are some other ways to think about this question:
 - What do we care deeply about relative to our community's future?
 - What should our future make sure to include?
 - What must we consider for future generations to live well?

Waupun Strengths-Flip Charts

- Education & Schools
- Healthcare-Hospital
- Community Partnerships
- Generous Nonprofits-\$, time, gifts
- Location in State-Major Highways
- Access to resources
- Recreation-Parks, Sports
- Safety-#9 in State
- Festivals
- Heritage-Dutch, Indian
- Unique-Prison, Marsh, Sculptures
- Jobs-Mfg, Retail, Healthcare, State
- Downtown-Entrepreneurs, Small businesses
- Maintaining Historical Value of Buildings
- Farmer's Market, Fine Arts
- Churches
- Volunteer Fire Dept.
- Apple Orchards
- Bargains Galore
- Guth's
- Active Organizations/Clubs-REACH, Food Pantry, Rotary, VFW, American Legion, Trucker's, Volkfest
- Career Investment-Tech Education
- Sr. Center
- Proactive Community-id issues, solve, action
- Aquatic Center
- Boardwalk
- Invest in facilities-Parks
- Family Oriented
- Children-Parks, Sports, REACH (mentors)
- ATV allowances
- Chickens
- Strong City Administration-WRAC, Aging Coalition

Waupun Opportunities-Flipcharts

- Senior Center-in home
- Adult Daycare Services
- Broadband/Connectivity
- Partnerships K12-Employers
- Regional Transportation Solution-ADA accessible
- Food Hub>Restaurant Entrepreneurship
- Form regional Alliances-connect with community broader than Waupun (We're not Fox Valley)
- Partnerships-Healthcare, Law enforcement, schools→match service to need→food pantry
- Daycare→early childhood development-teach parents→financial
- Create resource network-people know how to find resources x less reliant on internet-resource person, library or senior center
- Funding (weakness→sources through stimulus) grants to study need
- Bridges out of poverty (workforce stabilization)
- √incentive/engage employers
- Expand shared ride transit service-state grant to study, grant to motivate volunteerism-mileage reimbursement
- Affordable housing (tax credit)
- Challenge-unskilled/low skill job – education ↑
- Food Security/nutrition
- Grandparents raising grandchildren-fixed income, resource network
- Draw in outside people to community-welcoming
- Community gathering space
- Community clinic
- Fab Lab
- Challenges/Dodge/FDL City-service delivery
- Humble-afraid to talk successes; can everyone see this
- Mental Health
- *Push for next level of education – opportunity →
- Diversity-acceptance within community