



CITY OF SWEET HOME COMMUNITY HEALTH COMMITTEE AGENDA

April 22, 2026, 4:00 PM
Sweet Home City Hall, 3225 Main Street
Sweet Home, OR 97386

WIFI Passcode: guestwifi

PLEASE silence all cell phones – Anyone who wishes to speak, please sign in.

Mission Statement

The City of Sweet Home will work to build an economically strong community with an efficient and effective local government that will provide infrastructure and essential services to the citizens we serve. As efficient stewards of the valuable assets available, we will be responsive to the community while planning and preparing for the future.

Meeting Information

The City of Sweet Home is streaming the meeting via the Microsoft Teams platform and asks the public to consider this option. There will be opportunity for public input via the live stream. To view the meeting live, online visit <http://live.sweethomeor.gov>. If you don't have access to the internet you can call in to 971-203-2871 and enter the meeting ID followed by the # sign to be logged in to the call. Meeting ID: # 588 565 49

Call to Order & Pledge of Allegiance

Roll Call

Approval of Minutes

- a) [2025-02-25 Community Health Committee Meeting Minutes](#)

Recognition of Visitors / Public Comment

New Business

- a) Health Fair/Banners
- b) Mental Health Resources
- c) Transportation

Community Partner Presentations

- a) [Samaritan Lebanon Hospital Nutrition & Diabetic Center – Heidi Womack](#)

Committee Business for the Good of the Order

Adjournment

The location of the meeting is accessible to the disabled. If you have a disability that requires accommodation, advanced notice is requested by notifying the City Manager's Office at 541-367-8969.



COMMUNITY HEALTH COMMITTEE MEETING MINUTES

February 25, 2026, 4:00 PM
Sweet Home City Hall, 3225 Main Street
Sweet Home, OR 97386

Mission Statement

The City of Sweet Home will work to build an economically strong community with an efficient and effective local government that will provide infrastructure and essential services to the citizens we serve. As efficient stewards of the valuable assets available, we will be responsive to the community while planning and preparing for the future.

Call to Order & Pledge of Allegiance

The meeting was called to order at 4:01 PM.

Roll Call

PRESENT

Vice Chair Bob Dalton
Committee Member Michael Grenz
Committee Member Dr. Larry Horton
Committee Member Dick Knowles
Committee Member Shirley Schumacher

ABSENT

Chair Kelsey Ann Wray
Committee Member Wanda Jones

COUNCIL

Councilor Ken Bronson, Council Liaison

STAFF

Cecily Hope Pretty, Deputy City Manager
Adam Leisinger, Special Projects Manager

Approval of Minutes

- a) 2026-01-28 Community Health Committee Meeting Minutes

Committee Member Horton moved to approve the minutes of the January 28, 2026 Community Health Committee meeting. Committee Member Schumacher seconded the motion. The motion carried by the following vote:

AYE: Dalton, Grenz, Horton, Knowles, Schumacher

NAY: None

ABSENT: Wray, Jones

Recognition of Visitors / Public Comment

There were no visitors to be heard.

Old Business

- a) Fitness Park Grant Update

Deputy City Manager Pretty stated that City Council committed to the grant for the outdoor fitness court adjacent to City Hall and it was anticipated to be completed later this year.

No action was required for this item.

New Business

a) Annual Report Review

Vice Chair Dalton stated that he prepared a draft presentation with the assistance of other Committee members that would be presented to City Council. He reviewed the Committee’s mission, foundational goals, 2025 accomplishments, and the following proposed 2026 goals:

- Provide Health Committee presentations and education to City Council
- Expand public education
- City Council to identify/include health goals
- Increase Sweet Home Community Health Fair attendance
- Support fundraising for local health-related initiatives

Discussion ensued regarding the integration of Committee and Council goals.

No action was required for this item.

Committee Business for the Good of the Order

Committee Member Schumacher noted that Sweet Home Emergency Ministries was receiving more surplus fresh produce from the high school.

Committee Member Grenz stated that Sunshine Industries would host their annual fundraiser at the Boys and Girls Club on March 7th.

Vice Chair Dalton asked Committee members to be self-reflective and consider their role in the community.

Committee Horton stated that he had been in contact with Angie Frederic, diabetes educator with Lebanon Community Hospital, and that she would be willing to present in Sweet Home.

Deputy City Manager Pretty noted that she would not be available for the next regularly scheduled Committee meeting and would coordinate with Vice Chair Dalton on scheduling.

Adjournment

There being no further discussion, the meeting was adjourned at 4:41 PM.

ATTEST:

Chair

City Manager – Ex Officio City Recorder

Lebanon Community Hospital

Diabetes Education Clinic



Presented by

Heidi Womack RN, BSN, CDCES, CFCS



Samaritan
Health Services

Building healthier communities together

Available Services

- Diabetes Self Management Therapy
- Medical Nutrition Therapy
- Diabetes foot care

The luxury of time..



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Diabetes Self Management Therapy

Covered by most insurances including Medicare, Medicaid and commercially available plans.



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Diabetes Self Management Therapy

Available as a group class or one-on-one visits.



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Diabetes Self Management Therapy



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Medical Nutrition Therapy

Evidence based Nutrition counseling
provided by Licensed Registered
Dietitians



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Medical Nutrition Therapy

Service include:

- Basic nutrition class
- One-on-one counseling
- Carb identification and counting
- Chronic kidney disease nutrition



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Diabetes Technology

The future is here!



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Health Services

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Diabetes Technology

Service include:

- Assessing for eligibility
- Coordinating with Primary Care
- Product training
- Troubleshooting
- Interpreting results



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Glucometers



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Continuous Glucose Monitors



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Diabetes Technology

Glucose Monitoring

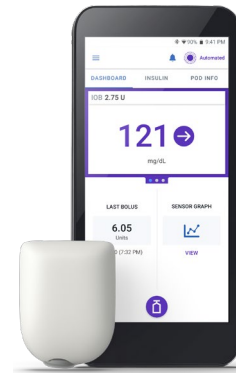
- First time training
- What blood sugar numbers mean
- Blood sugar goals
- When and how often to test
- Assistance with ordering



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Diabetes Technology



Insulin pumps



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Diabetes Technology

Insulin Pumps

- Who is right for a pump?
- Coordinating with providers
- Initial training
- Follow up
- Rate adjustments and optimization



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Health Services

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Diabetes Foot Clinic



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Diabetes Foot Clinic

Services Provided:

- Nail trimming and filing
- Monitoring skin integrity
- Education on home foot care



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Diabetes Foot Clinic

Requirements:

- Must have Diabetes and a second qualifying condition
- Annual foot exam by a primary care provider
- Referral for diabetes foot clinic



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Services in Sweet Home



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Services in Sweet Home

One-on-one support for:

- Nutrition
- Monitoring
- Medications
- On-going support

More to come...



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Contact Us!

Lebanon Community Hospital
Diabetes Education Clinic

Phone: (541)451-6313

Fax: (541)636-0183



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Questions?



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