

### CITY OF SWEET HOME COMMUNITY HEALTH COMMITTEE AGENDA

February 26, 2025, 4:00 PM Sweet Home City Hall, 3225 Main Street Sweet Home, OR 97386

WIFI Passcode: guestwifi

PLEASE silence all cell phones - Anyone who wishes to speak, please sign in.

#### **Mission Statement**

The City of Sweet Home will work to build an economically strong community with an efficient and effective local government that will provide infrastructure and essential services to the citizens we serve. As efficient stewards of the valuable assets available, we will be responsive to the community while planning and preparing for the future.

### **Meeting Information**

The City of Sweet Home is streaming the meeting via the Microsoft Teams platform and asks the public to consider this option. There will be opportunity for public input via the live stream. To view the meeting live, online visit http://live.sweethomeor.gov. If you don't have access to the internet you can call in to 971-203-2871, choose option #1 and enter the meeting ID to be logged in to the call. Meeting ID: # 275 806 320 590

### Call to Order & Pledge of Allegiance

### **Roll Call**

### **Approval of Minutes**

a) 2025-01-22 Community Health Committee Meeting Minutes

### **Recognition of Visitors / Public Comment**

a) Council Liaison Introduction

### **Old Business**

- a) Committee Goals
- b) Notice to Area Churches
- c) Community Needs Lists
- d) Annual Report Update

### Committee Business for the Good of the Order

### **Adjournment**



# **Community Health Committee Meeting Minutes**

January 22, 2025, 4:00 PM Sweet Home City Hall, 3225 Main Street Sweet Home, OR 97386

### **Mission Statement**

The City of Sweet Home will work to build an economically strong community with an efficient and effective local government that will provide infrastructure and essential services to the citizens we serve. As efficient stewards of the valuable assets available, we will be responsive to the community while planning and preparing for the future.

### Call to Order & Pledge of Allegiance

The meeting was called to order at 4:03 PM.

### **Roll Call**

### **PRESENT**

Chair Kelsey Ann Wray
Committee Member Michael Grenz
Committee Member Dr. Larry Horton
Committee Member Dick Knowles
Committee Member Shirley Schumacher

#### **ABSENT**

Vice Chair Bob Dalton Committee Member Wanda Jones

### COUNCIL

Mayor Susan Coleman, Council Liaison

#### **STAFF**

Cecily Hope Pretty, Assistant City Manager Pro Tem Adam Leisinger, Special Projects Manager

### **Approval of Minutes**

a) 2024-12-04 Community Health Committee Meeting Minutes

Committee Member Horton moved to approve the minutes of the December 4, 2024 Community Health Committee meeting. Committee Member Knowles seconded the motion. The motion carried by the following vote:

AYE: Wray, Grenz, Horton, Knowles, Schumacher

ABSENT: Dalton, Jones

### **Recognition of Visitors / Public Comment**

There was no public comment to be heard.

### **Old Business**

a) Community Resource List Updates

Chair Wray stated that the list was mostly completed and would need to be presented to City Council. Assistant City Manager Pro Tem Pretty stated she would work with Chair Wray to schedule a presentation to the City Council before April 1, 2025.

No action was required for this item.

#### **New Business**

### a) Committee Goals

Committee Member Knowles reviewed highlights from a presentation by Western University regarding potential community health goals for Sweet Home. \ He suggested the creation of community education forums. He asked that the Committee make a connection with Samaritan Health to form a partnership and have access to another gathering space. He recommended working with mobile health providers to schedule community visits and invite the community. He asked that Sweet Home Health Fair participants be invited to share their work with the Committee in a public forum.

Chair Wray requested that this item be carried over to the next agenda for continued discussion. She expressed support for a community education forum as a future goal.

No action was required for this item.

### b) Warming Shelters

Assistant City Manager Pro Tem Pretty stated that City Hall was available as a warming shelter during normal business and the Police Department was available 24/7 when temperatures were below freezing.

Committee Member Horton stated that FAC did not have heaters in their huts so sleeping conditions were uncomfortable in low temperatures. He stated that there was a warm community room on site for residents. He noted concerns with frostbite for the unhoused. He expressed the need for additional sites in Sweet Home such as churches or the community center.

Committee Member Schumacher noted concerns with increasing energy costs and stated visitors at the Senior Center stated they sometimes had to choose between groceries or paying their bills.

Mayor Coleman asked how new warming sites would be communicated to the public. Assistant City Manager Pro Tem Pretty stated that if organizations notified the City that they would serve as a warming shelter, she could share it with organizations that contact the City annually to confirm locations.

Chair Wray suggested contacting local churches directly to ask what services they were willing to provide.

Mayor Coleman stated she would distribute a letter to all the churches if the Committee provided one.

No action was required for this item.

### c) Community Needs Lists

Chair Wray stated that she would draft a letter to churches to ask about opportunities for warming shelters as well as meeting other community needs.

Committee Member Horton stated that FAC maintained a list of needs. Chair Wray stated she could include it in her letter to the churches. He noted that Sweet Home was a historically generous community if they knew what the needs were.

Chair Wray stated that she had reviewed the City Code and asked if the City Council would refer items to the Committee for review. Assistant City Manager Pro Tem Pretty replied that City Council would have a work session regarding City Committees and she would remind them that referring items to the Committee level was an option.

No action was required for this item.

### Committee Business for the Good of the Order

Assistant City Manager Pro Tem Pretty recommended canceling the February meeting to allow the Mayor the opportunity to reassign Committee liaisons and host the work session.

There was consensus to hold the February meeting as scheduled.

ATTEST:	Chair
City Manager Pro Tem – Ex Officio City Recorder	

There being no further discussion, the meeting was adjourned at 4:46 PM.



City of Sweet Home

3225 Main Street Sweet Home, OR 97386 541-367-8969 Fax 541-367-1215 www.sweethomeor.gov

February 12, 2025

### To the Pastors, Leaders, and Congregations of the Churches in Sweet Home,

I hope this message finds you well. I am writing on behalf of the Sweet Home Community Health Committee, a group of local community members dedicated to supporting community health programming, assessing community health resources, and advising City Council on community health matters. A concern that has come up with the committee is determining the resources available to the community in times of extreme weather. As we know, Sweet Home can experience both extreme cold and hot weather, putting our most vulnerable residents at risk.

We are reaching out to inquire about the services your church may be able to offer to the public, particularly underserved populations, during these times of need. Specifically, we are interested in knowing if your church currently provides or is able to provide any of the following:

- Shelter from extreme heat or cold
- · Access to food and water
- · Bathrooms or access to sanitation facilities
- · A safe place to sleep or rest away from the elements

Additionally, we would like to understand what support, whether financial, volunteer-based, or logistical, your church may need from the Committee or the broader community either to continue offering these services or to start providing them. We believe that by collaborating, we can ensure that all members of our community are cared for, especially in times of hardship.

Please let us know if you are able to participate and any specific ways we can assist you in offering these services. Your efforts are greatly appreciated and we are hopeful that, together, we can make a significant impact on the well-being of our neighbors in Sweet Home.

If you are currently offering any of these services, or any other resources not mentioned in this letter please feel free to update us on those services as well.

We look forward to hearing from you and thank you for your continued service to our community.

Sincerely,

Kelsey Wray

Committee Chair, Sweet Home Community Health Committee

Kelsey.Wray@bentoncountyor.gov

Leberg A. Wrang

541-231-7715

## **Sweet Home Health Resources**

In the event of an emergency please call 911.

### Childcare and Preschool Programs:

### Creative Cubs Children's Programs

4231 Long St, Sweet Home, OR 97386 Phone: 541-401-2079

### Kidco Head Start – Sunnyside

44829 Quartzville Rd. Foster Phone: 541-367-8070 Web: <a href="https://www.kidcoheadstart.org/">https://www.kidcoheadstart.org/</a>

#### Little Promises Childcare

28028 Pleasant Valley Rd. Sweet Home, OR 97386 Phone: 541-367-4350 Web: https://littlepromiseschildrensprograms.com/?theme=pub/assembler

### **Crisis Resources:**

### Linn County Mental Health Crisis

Call 988, 541-967-3866 or 1-800-304-7468

Web: <a href="https://www.linncountyhealth.org/mental-health/page/crisis-services">https://www.linncountyhealth.org/mental-health/page/crisis-services</a>

Web: <a href="https://988lifeline.org/">https://988lifeline.org/</a>

#### **Crisis Text Line**

Text "HOME" to 741741 Confidential text message service for people in crisis

#### National Suicide Hotline

1-800-273-8255 The Lifeline provides 24/7, and confidential support for people in distress, prevention and crisis resources for you and your loved ones, and best practices for professionals.

#### Oregon Youthline

Free teen-to-teen crisis support and help line.

1-877-968-8491 Call or Text "teen2teen" to 839863

Web: https://www.theyouthline.org/

### Food:

### Hope Church Food Bank

800 Mountain View Rd. Sweet Home, OR 97386 Phone:503-779-8745

### Meals On Wheels

Sweet Home Senior Center- Oregon Cascades West Council of Governments Phone: 541-967-8630 Web: https://www.ocwcog.org/seniors-disability/meals/

### Reigning Glory Chapel

Services Include: Emergency Food Boxes

450 Oak Terrace Sweet Home, OR 97386 Phone: 541-367-8878

### Seventh Day Adventist Community Service Center

Services Include: Emergency Food Boxes, Free Clothes, Dishes, Bedding

Corner of 4<sup>th</sup> St. and Holly. Phone: 541-367-2658

### S.H.E.M. (Sweet Home Emergency Ministries)

Services Include: Food Box Program, Carmen's Closet: Clothing/Household Items, Financial Assistance
1115 Long Street in Sweet Home Phone: 541-367-6504 Web: <a href="http://www.shemfoodbank.org/">http://www.shemfoodbank.org/</a>

### Hot Meals:

### Hope Church Free Dinner on Mondays at Sunshine Industries

Free Dinner Monday Nights 5:30 – 6:30 1333 Clark Mill Rd Sweet Home, OR 97386

#### Manna Meals at United Methodist Church

Free Hot Meals Tues, Wed, Fri

6th Ave. & Ironwood in Sweet Home Phone: 541-367-3073

### **Housing Assistance:**

### **Community Services Consortium:**

Rent Assistance

Phone: 541-704-7632 Web: <a href="https://communityservices.us/utility-assistance/">https://communityservices.us/utility-assistance/</a>

### **Linn Benton Housing Authority**

Phone: 541-926-4497 Web: https://l-bha.org/

### Medical:

### Community Health Centers of Benton and Linn Counties: Sweet Home Health Center

Primary Care, Medication Assisted Treatment

1023 Main St. Sweet Home, OR 97386 Phone: 541-766-3533

Web: https://www.bentonlinnhealthcenters.org/sweet-home-health-center/

### Ridgeway Health

Urgent Care, Primary Care

1140 12<sup>th</sup> Ave Sweet Home, OR 97386 Phone: 541-255-1234 Web: <a href="https://www.ridgewayhealth.org/">https://www.ridgewayhealth.org/</a>

### Samaritan Sweet Home Family Medicine and Walk- In Clinic

Primary Care Services, Walk-In Clinic, Pharmacy

1289 49th Ave Sweet Home, OR 97386-3230 Phone: 541-451-6250 Walk-In Clinic: 541-451-6433 Web: <a href="https://samhealth.org/find-a-location/samaritan-lebanon-community-hospital-medical-clinic-sweet-">https://samhealth.org/find-a-location/samaritan-lebanon-community-hospital-medical-clinic-sweet-</a>

home/

### Mental Health:

### **Linn County Sweet Home Clinic**

Mental Health, Public Health, Alcohol, Drug, and Problem Gambling 799 Long St. Sweet Home, OR 97386 Phone: 541-367-3888

Web: <a href="https://www.linncountyhealth.org/healthservices/page/sweet-home-clinic">https://www.linncountyhealth.org/healthservices/page/sweet-home-clinic</a>

### **Exodus Recovery Services**

Mental Health Services, Individual Therapy, Group Therapy, DUII Services

1235 Main St, Sweet Home, OR 97386 Phone: 541-818-0379 Web: https://exodusrecoveryservices.org/

### **Pregnancy Resources:**

### Oregon Mothers Care – Linn County

799 Long St. Sweet Home, OR 97386 Phone 541-367-3888

Web: https://www.linncountyor.gov/public-health/page/oregon-motherscare

### **Sweet Home Pregnancy Care Center**

Services Include: Pregnancy Tests, Parenting Classes

1344 Main St. Sweet Home, OR 97386 Phone: 541-367-2447 Web: https://shpregnancy.org/

### **Shelters:**

#### **FAC Sleep Center**

1450 24th Ave, Sweet Home, OR 97386 Phone: 541-224-7503 Web: https://facforthehomeless.org/campaigns/sweet-home-sleep-center/

#### **Hope Center**

Corner of 12th and Kalmia Phone: 541-367-4673

### **Support Groups:**

### One 2 Another

Parenting Support Groups for Behavior and Mental Health Struggles
Phone: 541-570-0284 Web: https://one2another.net/

#### LAMHA (Lebanon Area Mental Health Alliance)

Suicide Bereavement Support Group every 2<sup>nd</sup> Thursday of the Month 6:30pm-7:30pm

Lebanon Community Hospital Conference Rooms 1 and 2  $\,$ 

525 N Santiam Hwy Lebanon, OR 97355 Web: <a href="https://lamha.org/">https://lamha.org/</a>

### TOPS - Taking off Pounds Safely

Weight Loss Program Web: <a href="https://www.tops.org/find-a-meeting">https://www.tops.org/find-a-meeting</a>

Sweet Home Christian Church 1825 Long St Sweet Home, OR 97386

Thursday 9 am-10 am Weigh In / Program Start Time

### **Transportation:**

### Cascades West Ride Line

Medical appointment transportation services for eligible Oregon Health Plan (OHP), Medicaid, and select Medicare clients

Phone: 541-924-8739 Web: https://www.ocwcog.org/transportation/cascades-west-ride-line/

### Sweet Home Dial-A-Bus

880 18<sup>th</sup> Ave, Sweet Home 97386 Phone: 541-367-4775

### **Treatment and Recovery:**

### **Exodus Recovery Services**

Mental Health Services, Individual Therapy, Group Therapy, DUII Services

1235 Main St, Sweet Home, OR 97386 Phone: 541-818-0379 Web: https://exodusrecoveryservices.org/

### **Linn County Sweet Home Clinic**

Mental Health, Public Health, Alcohol, Drug, and Problem Gambling 799 Long St. Sweet Home, OR 97386 Phone: 541-367-3888

Web: https://www.linncountyhealth.org/healthservices/page/sweet-home-clinic

### Samaritan Treatment and Recovery

Outpatient, and Residential Treatment

Phone: 541-451-6388

Web: https://samhealth.org/find-a-location/samaritan-treatment-recovery-services-outpatient/

### **Utility Assistance:**

#### City of Sweet Home

3225 Main St Sweet Home, OR 97386 Phone: 541-367-5128 Web: www.sweethomeor.gov

### SHEM (Sweet Home Emergency Ministries)

1115 Long St. Sweet Home, OR 97386 Phone: 541-367-6504 Web: <a href="http://www.shemfoodbank.org">http://www.shemfoodbank.org</a>

### **Community Services Consortium:**

Phone: 541-704-7632 Web: https://communityservices.us/utility-assistance/

### United Way of Linn, Benton, and Lincoln Counties

Phone: 211 Web: https://www.unitedwaylbl.org/

### Youth Resources:

### **Linn Together**

Web: <a href="https://linntogether.org/">https://linntogether.org/</a>

### Jackson Street Youth Services:

24/7 CRISIS LINE: 800-901-2904 Web: https://www.jacksonstreet.org/

### Oregon Youthline

Free teen-to-teen crisis support and help line. 1-877-968-8491 Call or Text "teen2teen" to 839863

Web: <a href="https://www.theyouthline.org/">https://www.theyouthline.org/</a>

### Additional Resources:

#### 2-1-1

Text: 898211 (TXT211) M-F 9-5

Phone: 211 or 1-866-698-6155 Web: https://www.211info.org/

**Lebanon:** https://www.lebanonoregon.gov/435/Resources

Halsey: https://halseyor.gov/community/resources.php

Linn County Area Resources: https://www.linncountyor.gov/public-health/page/helpful-resources

Oregon Health Authority's Resource Finder: <a href="https://www.oregon.gov/oha/hsd/ohp/pages/community-">https://www.oregon.gov/oha/hsd/ohp/pages/community-</a>

resources.aspx