

SENIOR CENTER ADVISORY BOARD

Stephenville Senior Citizens Center, 164 E. College Tuesday, October 11, 2022 at 1:00 PM

AGENDA

CALL TO ORDER

REGULAR AGENDA

- 1. Consider Approval of Minutes for the SCA Board Meeting August 9, 2022
- 2. Review Activity Reports for July and August, 2022
- 3. Receive Update on Grant for Erath County Community Bridges
- 4. Receive Update on Grant from North Central Texas Area Agency on Aging
- 5. Discussion on New Senior Center

ADJOURN

In accordance with the Americans with Disabilities Act, persons who need accommodation to attend or participate in this meeting should contact City Hall at 254-918-1287 within 48 hours prior to the meeting to request such assistance.

Item 1.

STEPHENVILLE SENIOR CITIZENS CENTER

ADVISORY BOARD

August 9, 2022 – MEETING MINUTES

- I. CALL TO ORDER: Chairperson, Jan Smith called the meeting to order at 1:00 p.m. Meeting was held in the annex meeting room of the Stephenville Senior Citizens Center. Additional board members present were JoAnna Lay, Debby Watson, Marlene Dupas, Dana Worrell and Elizabeth Johnson. City Council member Ricky Thurman was present. Staff members present were Sandy Morgan and Mike Garvin. Guest Richard Feuss was present as well.
- II. Discussion of the New Senior Citizens' Center was held.

Ricky Thurman reported that he does not have the estimated completion date but would look into it.

There will be approximately 25 parking spaces on site

There are drawings of the building plan, inside and outside posted at the current senior center.

III. Senior Center Survey

The survey was to be "The Link Survey" however, renaming the center has not been approved. The goal of changing the name is "reviving, recharging and reenergizing" the center, with an eye towards attracting younger seniors. Jan shared that in the past, the changing of the name has not been well received. Sandy said she felt that the new name reflected the role the Senior Center had in the city's mission of connecting people through spaces, places and programs. The Senior Center was one of the vital links in that mission.

Debby shared that 15% of our population was over 60 and that she did not believe the center was currently reaching everyone.

The survey has been adjusted from the previous draft to gather more pertinent information about future programing at the center and to determine best language for outreach.

The goal of the survey is to gather wants and needs of younger seniors, those 50 and above.

The survey presented is a draft and will be adjusted prior to being sent out.

- IV. Reviewed the minutes for January, Debby moved to approved, Joanna seconded, motion passed. Reviewed minutes for May, Joanna moved to approve and Debby seconded, motion passed.
- V. Reviewed the Monthly Reports for May and June 2022. Sandy also reported that on Friday, August 12, the center is having a luncheon and on August 26 @ 5:30 pm, there will be Talent Show at Paradigm. Jan requested that future activities at the center be a new agenda item in the future.
- VI. Meeting adjourned @ 2:10 p.m.

Stephenville Senior Citizens Center Activity Report for Jul 22

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17 18	19	20	21	22	23	24	25	26	27	28	29	30	31	Totals
Unduplicated Numbers			-	-			-																								214
Membership Scans	30				79	37	40	32			37	38	35	28	34		38	76	39	40	37			43	43	32	42	29			809
New memberships					4		1					1	1	1			2			1	1				1		10				23
Regularly Schedule				1	<u> </u>																									ł	
Daily Activities	20				14	21	8	24			9	11	16	5	23		11	15	23	10	27			10	14	21	10	19		1	311
Art Class				0							10						9							9							28
Bingo						12							18						16							10					56
C & W Dance					55													38													93
Exercise	10					11		8					13		11				9		10					7		10			89
Potluck Lunch																															0
Silver Classic Movements				0							16						17							20							53
Congregate Meal Program	2				1	4	2	4			2	3	2	1	3		2	2	2	1	2			1	2	3	1	2			42
Total Scheduled	32	0	0	0	70	48	10	36	0	0	37	14	49	6	37	0	0 39	55	50	11	39	0	0	40	16	41	11	31	0	0	672
Health Services																															
Blood Pressure/Glucose							9																								9
Medicare Solutions																															0
Total health	0	0	0	0	0	0	9	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	9
Classes																															
Pinspiration classes																															0
Drawing w/ Donna																															0
Drive Safely																															0
Texas Health Resourse																															0
Extension Services																															0
Class Total	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Contracted Services																															
Yoga Classes					14		26					28		23				25		32					29		25				202
Zumba Classes																															0
Quilting Classes								2				1								2											5
Pottery Classes																															0
Contract Totals	0	0	0	0	14	0	26	2	0	0	0	29	0	23	0	0	0 0	25	0	34	0	0	0	0	29	0	25	0	0	0	207
Clubs																															
Book Club							7																								7
Caregiver Support Group																															0
Club Totals	0	0	0	0	0	0	7	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0	0	0	0	7
Seasonal/Special Events																															
Special Events																									22				16		38
Seasonal Events																															0
Total Events	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	22	0	0	0	16	0	38

Stephenville Senior Citizens Center Activity Report for Jul 22

Off Site Activities																																
Trips													15																			15
Off Site Totals													15																			15
Presentations	7											10																12				29
Curbside Drive Thru Luncheon																																C
Rentals																60																60
GRAND TOTAL	39	0	0	0	84	48	52	38	0	0	37	53	64	29	37	60	0	39	80	50	45	39	0	0	40	67	41	48	31	16	0	1037
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	
																															<u> </u>	
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	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	Total
Facebook Reached	225	73	945	204	51	47	1693	2867	887	402	213	29	18	12	13	8	5	8	12	10	2	11	7	9	4	668	524	104	525	241	92	9909
Facebook View	0	14	10	1	8	2	45	14	9	5	6	3	6	5	3	7	2	3	8	0	5	5	2	2	6	7	8	3	5	8	2	204

Item 2.



DEPARTMENT:	SENIOR CITIZENS CENTER	MONTH: July 2022
STAFF REPORTING	SANDY MORGAN	DATE AS OF: 8/9/22

METRICS AND REGISTRATION NUMBERS (Month to Month Comparison and YTD)

Metric	COMMENT	2022	2021	Year to Date	R	NR
Actual # of Participants	(Unduplicated Numbers)	214		2114	130	84
# OF SCANS IN'S		809	790	17110		
# New MEMBERSHIPS		23	54	495		
NEW PROGRAM	CURBSIDE DRIVE THRU LUNCHEON					
	ACTIVITY PACKETS FOR NO INTERNET USERS					
SCHEDULED ACTIVITIES	DOMINO & CARD GAMES (21-22) CONGREGAGE MEALS (21-22) EXERCISE (21-22) SILVER CLASSIC MOVEMENT (22) ART CLASS (21 - 22) POTLUCK (21) COUNTRY & WESTERN DANCE (21-22)	672	638	17212		
HEALTH SERVICES	BLOOD PRESSURE & GLUCOSE CHECKS (21-22) COVID 19 PFIZER VACCINE CLINIC	9	0	184		
CLASSES	PINSPIRATION CRAFT CLASS (21) COMPUTER CLASSES (21) A & M AGRILIFE EXTENSION SERVICE (21) DRAWING W/ DONNA TEXAS HEALTH HARRIS METHODIST	0	43	420		
CONTRACTED SERVICES	YOGA (21-22) ZUMBA CLASSES (21) QUILTING W/MARY (21-22)	207	237	4171		
CLUBS	BOOK CLUB (21-22) CAREGIVER SUPPORT GRP (21)	7	13	419		
SEASONAL/ SPECIAL EVENTS	BAGEL BREAKFAST W/VISITING ANGELS (22) COMMUNITY WIDE 42 TOURNAMENT (22)	38		1504		
OFF SITE ACTIVITIES	TRIP TO MINERAL WELL BOWLING (22)	15		276		
RENTAL	BABY SHOWER (22)	60		1779		
PRESENTATION	"STAYING HYDRATED" W/CENTER WELL HOME HEALTH (22) JELLO PRESENTATION W/CARE N CARE (22) "DINNER BELL & SCHOOL"BY MARLA BUSH (22)	29		202		
GRAND TOTALS		1037	931	28400		



WATERMELON TASTING W/CENTER WELL HOME HEALTH	WED, AUG 3 @2PM
HEALTHY CARBOHYDRATES W/EXTENSION SERVICE	EVERY MON @ 10:30AM. UNTIL AUG 22
"MEDICAID QUALIFICATIONS & ASSET PROTECTION" BY PAUL HYDE	TUE, AUG 9 @6PM
SUMMER DELIGHT- TACO BAR	FRI, AUG 12 @ 12PM
"CAGE HOUSE" PRESENTATION BY MARLA BUSH	THURS, AUG 18 @2PM
ICE CREAM SOCIAL W/ CARE N CARE	FRI, AUG 19 @ 1:30PM
AMATEUR TALENT CONTEST	AUG 26 @5:30PM
"WAYS TO DEAL WITH GRIEF "BY VISITING ANGELS	TUES, AUG 30 @1:30PM
"MEDICATION SAFETY" W/ STAR COUNCIL	WED, AUG 31 @2PM

MAINTENANCE & FACILITIES

Maintenance	CONTRACTOR	Cost	Budgeted or Non
REPLACED AIR CONDITION FOR MAIN ROOM	VARGAS MECHANICAL SERVICES	11,000.00	NON

WINS & CHALLENGES

STEPHENVILLE SENIOR CITIZENS CENTER FACEBOOK PAGE

MONTH/YEAR	FOLLOWERS	LIKES	REACHED	VIEWS
OCTOBER 2021	1312	1203	7401	196
NOVEMBER 2021	1256	1209	18536	211
DECEMBER 2021	1271	1222	14120	240

MONTH/YEAR	FOLLOWERS	LIKES	REACHED	VIEWS
JANUARY 2022	1299	1244	20026	212
FEBRUARY 2022	1306	1251	4544	223
MARCH 2022	1314	1258	6478	230
APRIL 2022	1329	1267	7970	158
MAY 2022	1346	1281	3363	168
JUNE2022	1351	1284	5126	201
JULY 2022	1376	1294	9909	204
AUGUST 2022				
SEPTEMBER 2022				





Stephenville Senior Citizens Center Activity Report for Aug 22

	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22 2	3 2	24	25	26	27	28 2	9 30	31	Totals
Unduplicated scans																															227
Membership Scans	44	95	47	32	26			34	38	38	34	48			45	101	43	35	38			49 4	2 3	32	29	32		3	1 48	44	1005
New memberships		3	3								1	1			2	5						3		1					1		20
Regularly Schedule																															-
Daily Activities	15	9	24	12	20			7	17	24	17	23			10	13	24	13	22			22 1	4 1	18	8	19			4 16	24	375
Art Class	11							11							12							6							9		49
Bingo			20							15							20						1	L5						18	88
C & W Dance		52														62															114
Exercise			7		6					8		11					13		13					8						16	82
Potluck Lunch												42																			42
Silver Classic Movements	18							20							19							19						1	8		94
Congregate Meal Program	0	2	1	1	2				2	2	1					2	2	2	2				1	1	1	4			2 2	3	33
Total Scheduled	44	63	52	13	28	0	0	38	19	49	18	76	0	0	41	77	59	15	37	0	0	47 1	5 4	12	9	23	0	03	3 18	61	877
Health Services																														·	
Blood Pressure/Glucose				8																				1					1		8
Medicare Solutions																															0
Total health	0	0	0	8	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	8
Classes																														·	
Pinspiration Classes																								1					1		0
Drive Safely																															0
Texas Health Resourse																															0
Computer Classes																															0
Extension Services	6							10							8							7									31
Class Total	6	0	0	0	0	0	0	10	0	0	0	0	0	0	8	0	0	0	0	0	0	7	0	0	0	0	0	0	0 0	0	31
Contracted Services																															
Yoga Classes		33		21					23		19					23		22				3	0		22				32		225
Zumba Classes																															0
Quilting Classes			2							2							2							3							9
Pottery Classes																															0
Contract Totals	0	33	2	21	0	0	0	0	23	2	19	0	0	0	0	23	2	22	0	0	0	03	0	3	22	0	0	0	0 32	0	234
Clubs																														·	
Book Club			1	6				1				1																	1		6
Caregiver Support Group																														1	0
Club Totals	0	0	0	6	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	6
Seasonal/Special Events																															
Special Events			30																30					1	0				1		60
Seasonal Events																					1		1								0
Total Events	0	0	30	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	30	0	0	0	0	0	0	0	0	0	0 0	0	60

Off Site Activities																																
Water Exercise																																0
Trip																																0
Off Site Totals	0		0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0 0	0	0	0	0	0	0	0	0	0	0
Presentations										8									17											0		25
Curbside Luncheon																																0
Rentals														70																		70
GRAND TOTAL	50	9	6	84	48	28	0	0	48	50	51	37	76	70	0	49	100	61	54 6	57	0) 54	45	45	31	23	0	0	33	50	61	1311
	1		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18 1	.9 2	0 2	1 22	23	24	25	26	27	28	29	30	31	



DEPARTMENT:	SENIOR CITIZENS CENTER	MONTH: August 2022
STAFF REPORTING	SANDY MORGAN	DATE AS OF: 9/7/22

METRICS AND REGISTRATION NUMBERS (Month to Month Comparison and YTD)

Metric	COMMENT	2022	2021	Year to Date	R	NR
Actual # of Participants	(Unduplicated Numbers)	227		2341	134	93
# OF SCANS IN'S		1005	772	18115		
# New MEMBERSHIPS		20	36	515		
NEW PROGRAM	CURBSIDE DRIVE THRU LUNCHEON	0		2236		
	ACTIVITY PACKETS FOR NO INTERNET USERS					
SCHEDULED ACTIVITIES	DOMINO & CARD GAMES (21-22) CONGREGAGE MEALS (21-22) EXERCISE (21-22) SILVER CLASSIC MOVEMENT (22) ART CLASS (21 - 22) POTLUCK (21) COUNTRY & WESTERN DANCE (21-22)	375	625	18089		
HEALTH SERVICES	BLOOD PRESSURE & GLUCOSE CHECKS (21-22) COVID 19 PFIZER VACCINE CLINIC	8	2	192		
CLASSES	PINSPIRATION CRAFT CLASS (21) COMPUTER CLASSES (21) A & M AGRILIFE EXTENSION SERVICE (21) DRAWING W/ DONNA TEXAS HEALTH HARRIS METHODIST	31	46	451		
CONTRACTED SERVICES	YOGA (21-22) ZUMBA CLASSES (21) QUILTING W/MARY (21-22)	234	188	4405		
CLUBS	BOOK CLUB (21-22) CAREGIVER SUPPORT GRP (21)	6	6	425		
SEASONAL/ SPECIAL EVENTS	WATERMELON TASTING W/CENTER WELL HOME HEALTH (22) ICE CREAM SOCIAL W/ CARE N CARE (22) HEALTHY COOKING DEMONSTRATION (21)	60	9	1564		
OFF SITE ACTIVITIES		0	0	276		
RENTAL	GENDER REVEAL (22)	70	55	1849		
PRESENTATION	"MEDICAID PLANNING & ASSET PROTECTION (22) "CAGE HOUSE" BY MARLA BUSH (22)	25	3	227		
GRAND TOTALS		1311	934	29711		



PROGRAMS & UPCOMING EVENTS

"MEDICARE QUESTION ANSWERED" BY CARE'N' CARE	FRIDAY, SEPT 9 @10:30AM
REELS AND WHEELS FUNDRAISING EVENT	FRIDAY, SEPT 9 @8PM (CITY PARK)
REELS AND WHEELS FUNDRAISING EVENT	SATURDAY, SEPT 10 @8PM (CITY PARK)
BE WELL, LIVE WELL BY ERATH COUNTY EXTENSION SERVICE	MONDAYS 10:30AM-12PM (SEPT 12-OCT 3)
"BENEFITS OF POSITIVE THINKING" BY VISITING ANGELS	TUES, SEPT 13 @10:30AM
"10 WARNING SIGNS OF ALZHEIMER'S" BY ALZHEIMER'S ASSOCIATION	WED, SEPT 21 FROM 1:30PM - 3PM
"SAFE STRIDES" BY CENTER WELL HOME HEALTH	THURS, SEPT 22 @10:30AM
SIGN LANGUAGE DEMONSTRATION BY VISITING ANGELS	FRI, SEPT 23 @ 1:30PM

MAINTENANCE & FACILITIES

Maintenance	CONTRACTOR	Cost	Budgeted or Non

WINS & CHALLENGES

STEPHENVILLE SENIOR	CITIZENS	CENTER	FACEBOOK PAGE
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MONTH/YEAR	FOLLOWERS	LIKES	REACHED	VIEWS
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MAY 2022	1346	1281	3363	168
JUNE2022	1351	1284	5126	201
JULY 2022	1376	1294	9909	204
AUGUST 2022		28	4588	183
SEPTEMBER 2022				

			Stephenville S	enior	^r Citizens Cente	er Qu	artely Outcom	e for l	ECCB Grant				
Starting Balance \$2000		Spe	cial Lunches	Pr	esentations		Movies	Sea	sonal Events	Special Events			
Month	tarting Balance		Cost		Cost		Cost		Cost		Cost		Totals
January-22	\$ 166.66	\$	57.04	\$	46.92					\$	62.70	\$	166.66
February-22	\$ 166.66			\$	79.45			\$	75.83			\$	155.28
March-22	166.66	\$	48.70	\$	46.92			\$	83.88			\$	179.50
Q1 Totals	\$ 499.98	\$	105.74	\$	173.29	\$	-	\$	159.71	\$	62.70	\$	501.44
April-22	\$ 166.66	\$	166.66	\$	166.66							\$	333.32
May-22	\$ 166.66							\$	136.63	\$	40.16	\$	176.79
Jun-22	166.66									\$	78.00	\$	78.00
Q2 Totals	\$ 499.98	\$	166.66	\$	166.66	\$	-	\$	136.63	\$	118.16	\$	588.11
July-22	\$ 166.66									\$	130.15	\$	130.15
August-22	\$ 166.66	\$	175.00									\$	175.00
September-22	\$ 166.66	\$	-	\$	-	\$	-	\$	-	\$	-	\$	-
Q3 Totals	\$ 499.98	\$	175.00	\$	-	\$	-	\$	-	\$	130.15	\$	305.15
October-22	\$ 166.66												
November-22	\$ 166.66												
December-22	\$ 166.66												
Q4 Totals	\$ 499.98	\$	-	\$	-	\$	-			\$	-		
2022 Projected Totals	1,999.92											\$	1,999.92
2022 Cost Totals			447.40		339.95		-					4	1,394.70
Remaining Balance												\$	605.22