

PUBLIC HEALTH BOARD MEETING

735 S 200 W, Blanding, Utah 84511. Conference Room February 17, 2022 at 12:00 PM

AGENDA

The public will be able to view the meeting by using this Google Meet Video call link: <u>https://meet.google.com/fyq-pgov-pxt</u> OR by dialing: (US) +1 402-735-0145 PIN: 731 303 770#

CALL TO ORDER

WELCOME & INTRODUCTIONS

APPROVAL OF MINUTES

PUBLIC COMMENT

BUDGET UPDATE

- Audit completed with no findings.

INFORMATIONAL/RECOGNITION ITEMS

DIRECTOR'S REPORT

- <u>1.</u> Audit results: No reportable findings
 - COVID-19 Report: Data, Letter, & Three Early Birds
 - Community Health Tours
 - San Juan Public Health evaluation of health equity in process

BUSINESS ACTION ITEMS

- Review Board Member Status & Recruitment
- Proposal to review parking solutions for Public Health building

== Community Impact Board was a previous funding mechanism <u>https://jobs.utah.gov/housing/community/cib/tif.html</u>

- Invitation and funding to attend Symposium for Utah Association of Local Boards of Health (UALBOH) in Richfield on March 31-April 1, 2022. Theme is health equity & lessons learned from

COVID-19. Hotel room (Thursday night), all meals & mileage will be covered by UALBOH. Attendees are welcome to bring one guest. If guest would like to attend meals the cost will be deducted from the mileage reimbursement.

== Register Here

https://docs.google.com/forms/d/e/1FAIpQLSd48qCkJDTBnw27CWRlgy4lYIAFDfe02nRI7X-FxgBxGYOW4Q/viewform

- UALBOH Award Nominations, Submission Deadline, February 25, 2022. Please send in nominations for the following categories: (1)Outstanding contribution and support by a member of a board of health. (2) Outstanding contribution and support by a friend of public health. (3) Outstanding contribution by a state legislator or other elected state official. (4) Outstanding public health professional.

== <u>https://docs.google.com/forms/d/172W0ff9vg3X-M_FhOvSjkSbZes1u-hLiZt444dMkhCQ/viewform?ts=61f3053b&edit_requested=true</u>

2. Board candidate resumes

ADJOURNMENT

In compliance with the Americans with Disabilities Act, persons needing auxiliary communicative aids and services for this meeting should contact the San Juan County Clerk's Office: 117 South Main, Monticello or telephone 435-587-3223, giving reasonable notice

2



SPENCER J. COX Governor

DEIDRE M. HENDERSON Lieutenant Governor Utah Department of Health Nathan Checketts Interim Executive Director

Office of Internal Audit

February 7, 2022

Dr. Grant Sunada, PHD. MPH Executive Director/Health Officer San Juan Public Health Department 735 South 200 West Suite 2 Blanding, UT 84511-0089

Dear Dr. Sunada,

Subject: SJPHD Sub-recipient Review

The UDOH Office of Internal Audit conducted a review of funds passed through from the Utah Department of Health (UDOH) to San Juan Public Health Department (SJPHD). Our review is a function of our monitoring procedures of SJPHD for expenditures reimbursed during the period January 1 through December 31, 2020. We evaluated the following:

- 1. Compliance with fiscal terms and conditions of UDOH contracts.
- 2. Adequacy of internal controls over contract expenditures.
- 3. Accurate reporting of financial information on Monthly Expenditure Reports.
- 4. Implementation of approved cost allocation plan.

We conclude that SJPHD is generally compliant with the fiscal terms and conditions of UDOH contracts, has adequate controls in place, and complies with their approved cost allocation plan. Since the review disclosed no reportable findings, no reply from SJPHD is required. We appreciate the assistance provided to us by you and your staff.

Sincerely, Keith Swenson Auditor IV kswenson@utah.gov 801-538-6646







Dear Friends of San Juan County,

After visiting the new Navajo Hogan at Utah State University - Blanding, learning of the symbolism of that structure, and pondering the peoples represented at the Nations of the Four Corners nearby, I thought of the birds that protect our nest here in San Juan County.



Eagles, such as those in this lovely photograph by Tiffany Smith featured in the <u>SAN</u> <u>JUAN RECORD</u>, build strong nests with sturdy sticks that withstand blustery weather that stirs our rugged lands.

THREE EARLY BIRDS making a secure nest with NINE STURDY STICKS came to mind as I anticipated the blustery arrival of the Omicron variant. These Early Birds can help us with two goals in our county:

- A. Keep businesses, clinics, services, churches, and schools thriving and functioning
- B. Prevent hospitalizations and deaths related to COVID-19

We have reached record numbers of documented active cases of COVID-19 in San Juan County (650 on January 25, up from 84 on January 4, 2022), with both repeat and breakthrough infections. This limits our ability to maintain the first goal and we are seeing effects now (such as with some county services).

Local COVID-19 hospitalizations have remained low (average of 2-3 beds occupied per day) so far. With the virus spreading broadly and quickly, we run the risk of shadowing the record levels of daily (new) and total COVID-19 hospitalizations across the rest of the state.

In the face of the current bluster of COVID-19, I recommend keeping our nest thriving and protecting the most vulnerable (see below) like the following THREE EARLY BIRDS with NINE STURDY STICKS:



Three Early Birds in San Juan County

Protecting our "nest" Made up of nine tightly woven "sticks"

- 1. EARLY LAYERS OF PREVENTION, since no one layer is perfect
 - **Stay up to date with vaccination**, since it is safe and effective at preventing hospitalization and death
 - Wear a mask, since we spread the virus in air droplets even without symptoms (Note: Good = Cloth, Better = Surgical, Best = KN95/N95)
 - **Spread out**, since the air droplets can only fly so far (~6 feet) when indoors
 - **Spread fresh air**, since the virus does not last long in the beautiful air of San Juan County
 - **Manage stress and physical health**, to keep our minds and bodies as clear, compassionate, and healthy as possible

2. EARLY & TIMELY TESTING

- **Test on day 1-2** if you begin having COVID-19 symptoms (fever, sore throat, runny nose, nausea/vomiting/diarrhea, shortness of breath, or loss of taste or smell) or 5 days after contact with a positive case
- **Stay home** when you feel sick or test positive for COVID-19 for up to 10 days unless your symptoms improve at day 5, then wear a mask for the next 5 days to protect the vulnerable
- **Quarantine** after close contact with someone who is positive for at least 5 days unless you are up-to-date with vaccination or have a negative test by day 5 or later
 - Navajo Nation Guidelines (<u>link</u>)
 - CDC Guidelines (<u>link</u>)

3. EARLY & EFFECTIVE TREATMENT (in limited supply)

- **Contact your doctor or health care provider** within the 5 days of symptoms when high risk
 - Visit this <u>risk score calculator</u> to find out if you might be eligible for treatment with antiviral medications
 - Discuss your risk with your healthcare providers at Blue Mountain Hospital, San Juan Hospital, and/or Utah Navajo Health System in order to receive a prescription for the treatment



Item 1.

The strength of the eagles and the Nations of the Four Corners inspire me as we work together respectfully to keep our county thriving and healthy for all who live and visit here. Thank you so much!

Together in wellness,

Grant

Grant Sunada, PhD, MPH Director & Health Officer San Juan Public Health 735 S 200 W Ste 2, Blanding, UT 84511 Office: 435-587-3838 ext. 3509 E-mail: gsunada@sanjuancounty.org

P.S. Please visit the following references for more details about the Birds and their Sticks.

References

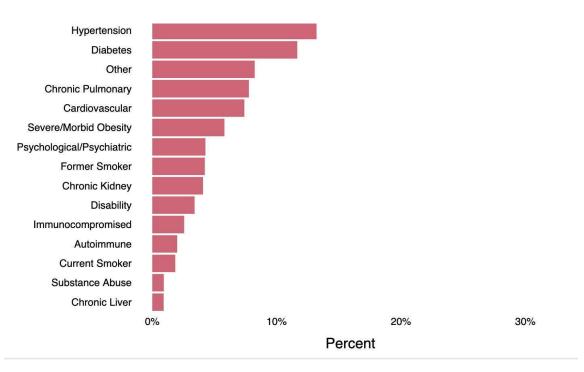
- 1. January 25, 2022 COVID-19 Breakdown for San Juan County https://www.facebook.com/sanjuanpublichealth/posts/329506272516555
- 2. Explanation of COVID-19 hospitalizations across Utah https://www.facebook.com/sanjuanpublichealth/posts/328253889308460
- 3. Ways to manage stress and health through Self-Care https://www.facebook.com/sanjuanpublichealth/posts/328277045972811
- 4. Local Healthy Options and Activities https://www.facebook.com/sanjuanpublichealth/posts/326579859475863
- 5. Updated COVID-19 Testing & Vaccine Resources for San Juan County, Utah Residents https://www.facebook.com/sanjuanpublichealth/posts/326545439479305
- 6. Latest guidelines for what to do when you are sick, have positive test for COVID-19, or are in close contact with someone who has COVID-19: <u>https://www.cdc.gov/coronavirus/2019-ncov/your-health/quarantine-isolation.html?fbclid</u> =IwAR0gprhCUo3IB0ac_jV2KDPu6hybGKdypp3s3Ro6E0i8xqLTy7ono6OXelc
- 7. NAVAJO NATION COVID-19 Isolation and Quarantine Guideline for the General Public and Schools:

Item 1.

Vital Records • WIC • Environment

https://www.ndoh.navajo-nsn.gov/COVID-19/Isolation-and-Quarantine?fbclid=IwAR0B V-IBV AeLaPS k06vxedNTLXoca49PwKodtT6ayR9aQ7WuTTBSjNryo

8. Pre-Existing Conditions of Hospitalized Cases in Utah: Image below



9. Wear a mask, since we spread the virus in air droplets even without symptoms:

"To protect yourself and others from COVID-19, CDC continues to recommend that you wear the most protective mask you can that fits well and that you will wear consistently.

Loosely woven cloth products provide the least protection, layered finely woven products offer more protection, well-fitting disposable surgical masks and KN95s offer even more protection, and well-fitting NIOSH-approved respirators (including N95s) offer the highest level of protection.

Whatever product you choose, it should provide a good fit (i.e., fitting closely on the face without any gaps along the edges or around the nose) and be comfortable enough when worn properly (covering your nose and mouth) so that you can keep it on when you need to."

Source:

https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/types-of-masks.html



Vital Records • WIC • Environment

Why Cloth Masks Might Not Be Enough as Omicron Spreads

Time it takes to transmit an infectious dose of Covid-19



It will take 25 hours for an infectious dose of Covid-19 to transmit between people wearing non-fit-tested N95 respirators. If they're using tightly sealed N95s—where only 1% of particles enter the facepiece—they will have 2,500 hours of protection.

Source: "Why Cloth Masks Might Not Be Enough as Omicron Spreads" by the WALL STREET JOURNAL.

https://www.wsj.com/articles/cloth-face-mask-omicron-11640984082?fbclid=IwAR3lygo uMpBBWAvoNufrWdLMHIXHxXAmpnU47mrePRUaLG5vIMPBR_LE084

10. Another way to learn about masks and quarantine is this post by Your Local Epidemiologist

https://yourlocalepidemiologist.substack.com/p/a-quick-note-on-masks-and-cdc-guidance

11. Seven-day Age Adjusted Case, Hospitalization, and Mortality Rates² in Unvaccinated (orange) and Vaccinated (blue) Utahns Aged 12+
Note: The recent rise in cases and hospitalizations are due to the very contagious Omicron variant. Boosters, especially among the high risk (see other comment), are reducing risk for recent hospitalizations.
Source:
https://coronavirus.utah.gov/case-counts/2fbclid=lwAP3zE7vaTkSPJiw3kHaJ aA00J K

https://coronavirus.utah.gov/case-counts/?fbclid=IwAR3zEZyqTkSRIjw3kHgLaA0QLK G3J7XdSzx2Zh7YPY6ekmjKr6lzACgWYcs

Note: Results published in Spring 2021. The CDC expects the Omicron variant to spread more easily. Source: ACGIH's Pandemic Response Task Force



Vital Records • WIC • Environment

12. Listen to Public Health Director discuss the THREE EARLY BIRDS on Red Rock Radio at this link:

https://redrock92.podbean.com/e/jan-11-interview-san-juan-publichealth-directorgrant-su nada-joinsto-discussincreasing-covid-casescitycouncil-previews-10moabfamiliesevicted-f or-tow/?fbclid=IwAR3lygouMpBBWAvoNufrWdLMHIXHxXAmpnU47mrePRUaLG5v IMPBR_LE084

13. EARLY & EFFECTIVE TREATMENT (in limited supply)

Contact your doctor or health care provider within the 5 days of symptoms when high risk

- These treatments are only effective within the first 5 days of symptoms

- Visit the following risk score calculator to find out if you might be eligible for treatment with antiviral medications

- Discuss your risk with your healthcare provider at Blue Mountain Hospital, San Juan Hospital, or Utah Navajo Health System in order to receive a prescription for the treatment.

Do I qualify for COVID-19 treatments? Risk Score Calculator: https://c19.health.utah.gov/surveys/?s=8TY9CN9Y4L

14. Order your Free At Home COVID-19 Test https://www.covidtests.gov/



COMMUNITY HEALTH TOURS 2022

OBJECTIVES

- Allow the San Juan County Board of Health, Director, and Staff, and other community leaders and representatives to show each other the following:
 - o "What Health & Wellness Is in San Juan County"
 - o "What San Juan Public Health Should Become"
- San Juan Public Health Director will dedicate 2-8 hours per month to these tours for the to help make recommendations to the Board on the Vision, Mission, Goals, Objectives, and Activities for San Juan Public Health
- Tours will be discussed, planned, and results will be reported on, during San Juan County Board of Health public meetings

CALENDAR

What event, when, and who will attend - To be determined by the Board of Health

- 2021
 - November: San Juan County Prevention and Action Coalition Meeting
- 2022
 - January
 - February
 - March
 - April
 - May
 - June
 - July

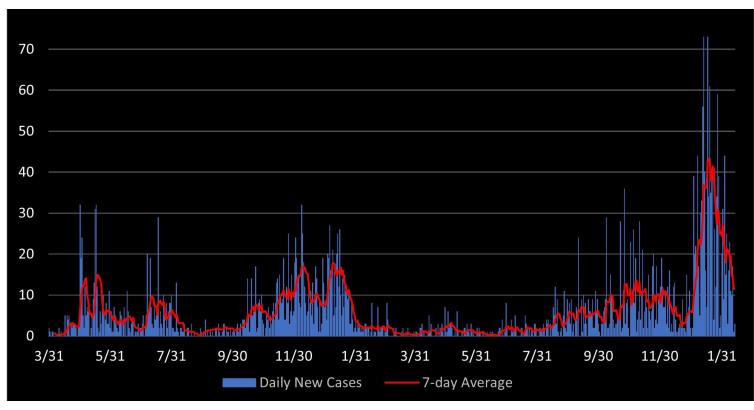
- August
- September
- October
- November
- December

IDEAL LIST Anyone can contribute ideas

- Navajo Chapter events
- SJCPAC Coalition Meetings

TOTAL CASES	ACTIVE CASES	RECOVERIES	DEATHS	JURISDICTION
3,825	312	3,466	47	SJC 1,812 UNHS 2,013

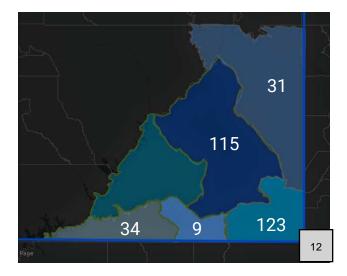
Daily New Cases

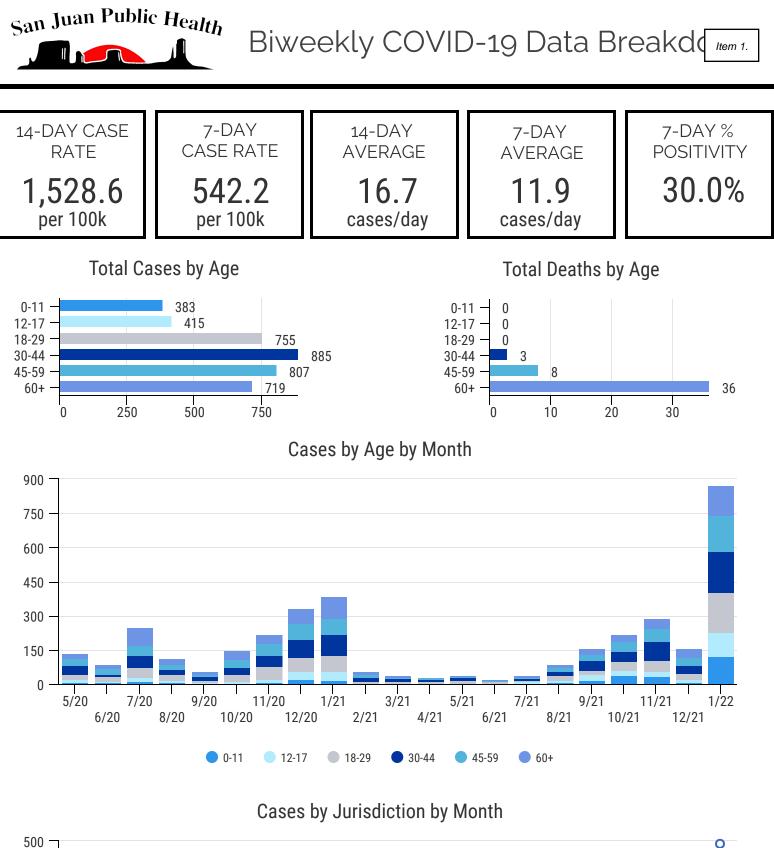


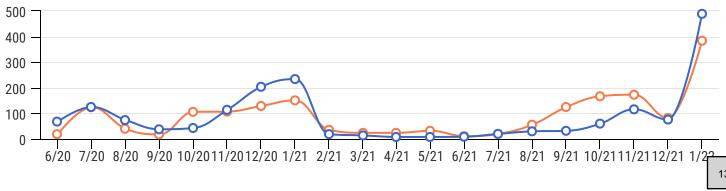
Active Cases by Vicinity (21 Days)

Community	Total	Case Rate
Blanding & Vicinity	82	2238.6
Bluff & Vicinity	33	12547.5
La Sal, Spanish Valley & Vicinity	8	921.7
Mexican Hat & Vicinity	9	2960.5
Montezuma Ck., Aneth, & Vicinity	123	13113.0
Monticello & Vicinity	23	883.3
Mnmt. Valley, Navajo Mtn., & Vicinity	34	7407.4

Active Cases by Zipcode

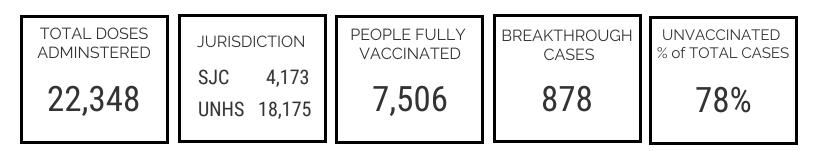


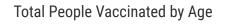


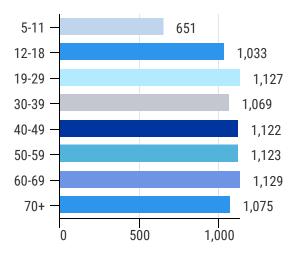


- SJC -O- UNHS 13

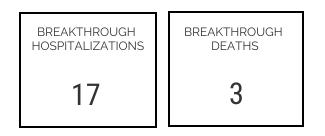
VACCINATIONS



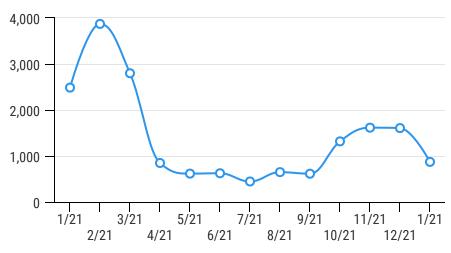


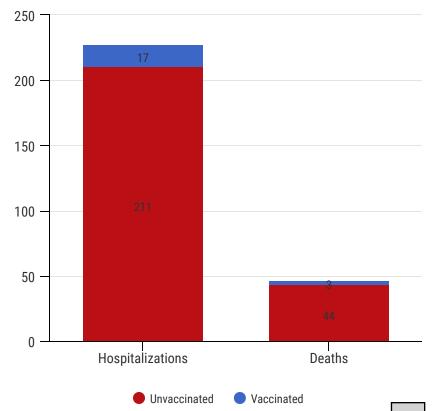


Unvaccinated Cases	Unvaccinated Count	% of Total Cases
Cases	3089	78%
Hospitalizations	211	93%
Deaths	44	94%











Michael Nielson, D.O. Medical Director

Grant Sunada, PhD, MPH Executive Director & Health Officer Ronnie Nieves Environmental Director Katie Knight, RN WIC Director

Local Board of Health Members

NAME	APPT TYPE	EMAIL	PHONE	DATE OF APPT	TERM END	Position
[Monument						
Valley]	at large					
Gary Suttlemyre	Monicello City rep	gary.suttlemyre@gmail.com	435-459-9442	June, 2018	June, 2022	
Logan Monson	Blanding City rep	monson78@gmail.com	435-459-9349	Feb, 2021	Feb, 2025	Chair
Lois Young	Bluff Township rep	visionpool@gmail.com	206-437-1121	Jan, 2019	Jan, 2023	Vice Chairman
Suzette Morris	at large	mossiah99@yahoo.com	435-459-0389	July, 2017	July, 2021	
Willie Grayeyes	County Commission rep	williegrayeyes@sanjuancounty.org	435-587-3225	Jan, 2019	Jan, 2023	
Genevieve						
Mitchell	at large	genmitchell913@gmail.com	505-488-3121	Nov, 2021	Nov, 2025	

Michael Nielson Medical Director

mnielson@sanjuanhealth.org

435-587-5054

NOT a board member

Revina Talker, MPAS, PA-C

30 West Medical Drive #4, Monument Valley, UT 84536 Tele: 970-529-0076 * Email: revina.talker@gmail.com

EDUCATION

2006-2008 University of Utah - School of Medicine –Department of Family & Preventive Medicine Salt Lake City, Utah

- Master's degree in Physician Assistant Studies
- 1994-2000 Brigham Young University College of Life Sciences, Provo, Utah
 - B.S. degree in Zoology

LICENSURE AND BOARD CERTIFICATION

Utah Physician Assistant License #7132481-1206 DEA Licensure #ML1857791 National Commission on Certification of Physician Assistants #1084630 DOT Registered Provider #4341440445 ACLS, ATLS, PALS and BLS Certifications

HONORS & AWARDS

- 2018 Utah AHEC Preceptor Award
- 2016 Keynote Speaker at Utah Physician Assistant Commencement in July 2016
- 2013 Rural Physician Assistant of the Year, Utah Academy of Physician Assistants
- 2012 U.S. Army Commendation Award, 325th Combat Support Hospital
- 2011 Preceptor of the Year, Utah Physician Assistant Program
- 2007 Dr. C. Hilmon Castle Scholar, University of Utah Physician Assistant Program

PROFESSIONAL MEMBERSHIPS

American Association of Physician Assistants Utah Academy of Physician Assistants

EXPERIENCE

Aug 2019 – Present	Clinic manager, Navajo Mountain CHC clinic Utah Navajo Health System, Inc. Montezuma Creek, Utah Manage daily clinic functions, staff, and ensure proper patient care
June 2017 – Present	Physician Assistant, Emergency Medicine Gallup Indian Medical Center Emergency Department, Gallup, NM Contract as a part-time PA caring for patients in ED in a 10 hr shift.
Oct 2011-Sept 2012	U.S. Army, Deployment, 325 th Combat Support Hospital Camp Buehring, Kuwait Provided primary care to soldiers in country. Deployed for 10 months
Jan 2009 – Present	U.S. Army Reserves, AMEDD, Army Medical Officer 96 th Sustainment Brigade, Ft. Douglas, Salt Lake City, Utah

	Provide training for combat medics. Provide care for soldiers in country & abroad.
Jan 2009 – Present	Adjunct Faculty, University of Utah Physician Assistant Program Precept PA students for 4 weeks every other month yearly.
Oct 2008 – Present	Physician Assistant, Family Medicine Utah Navajo Health System, Inc., Montezuma Creek, Utah Primary care in outpatient clinic. Provide care for all ages.

LANGUAGE SKILLS – Navajo (moderate) **REFERENCES** – Available upon request.

Malia Collins, RDH, BS

260 N Pioneer Dr Bluff, UT 84512 859-445-7773, maliaanncollins@gmail.com

Enthusiastic and self-motivated Dental Hygienist committed to the education of patients and the community.

Professional Experience

Utah Navajo Health Systems, Inc, 30 W Medical Dr, Monument Valley, UT 435-727-3000 Registered Dental Hygienist, July 2017-present Supervisor: Dr Brian Olsen, DMD

Duties:

- Incident Command; Public Information Officer
- Oral Health Outreach Coordinator (Jan 2022)
- Mediate interoffice relationships
- Devise and implement personalized oral hygiene regimens with each individual
- Work collaboratively with doctor and patient to formulate treatment plans
- Care for patients during prophylaxis/intra-oral radiographs and routine oral exams

Precision Dental Care, 139 S Main St, Dry Ridge, KY 859-824-7133 Registered Dental Hygienist, March 2015- July 2017

Edgewood Dental Care, 155 Barnwood Dr. Suite 1, Edgewood, KY 859-331-3400 Registered Dental Hygienist, May 2013- March 2015

Educational Experience, Licenses and Certificates

University of Louisville, School of Dentistry Bachelor of Science/Dental Hygiene- May 2013

- May 2013 Dental Hygiene license granted by the Kentucky Board of Dental Examiners
- May 2017 Dental Hygiene License granted by the state of Utah
- March 2019 FEMA Training; Public Information Officer
- Nov 2021 Cardiopulmonary Resuscitation (CPR)

Service Experience

- Feb 2016 Mason Corinth Elementary, National Dental Awareness Month, Volunteer
- Feb 2015 Buckner Elementary Health Fair, Volunteer
- April 2013 Kentucky Area Health Education Centers (AHEC)

Student Clinical Dental Hygiene Externship

- Feb 2011-12 Smile Kentucky, Volunteer
- June 2012 Rural Area Medicine (RAM) Pikeville, Kentucky

18

My 'brief' statement of interest:

I have lived in San Juan County for almost five years and have totally fallen in love with the county, as well as the people. I am currently serving as dental hygienist in Monument Valley, which is a phenomenal opportunity in its own way. Reviewing the 2020 annual report, many of the themes this board reaches are aligned with my priorities. One example is an opportunity I have taken on that excites me is as Oral Health Outreach Coordinator, in which oral health programs and education will be more available.

Although I do not live in Monument Valley or Navajo Mountain, as one of the dental professionals in Monument Valley, I am working with the community on a daily basis. I get to spend about an hour with each patient and discuss more than just the weather; with this unique position, I feel that I could bring new ideas and valuable community feedback.

The shoes that Dr Smith has left are large, if chosen for this position, I will give it my all to serve my community. I understand that I may not be the best person for this position and I urge you to choose the individual intertwined in this community the best. It would be an honor to serve on the San Juan County Board of Health. Thank you for your consideration.

Respectfully,

Malia Collins, RDH Dental Hygienist Utah Navajo Health Systems, Inc