



PARKS & TRAILS ADVISORY BOARD

Wednesday, March 13, 2024 at 6:00 PM
Zoom

AGENDA

THIS MEETING IS BEING HELD ONLINE VIA ZOOM:

<https://us02web.zoom.us/j/84264600830>

ROLL CALL

CHANGES TO THE AGENDA

PUBLIC COMMENT

The Board Chair will call on each person when it is their time to speak for 3 minutes.

CONSENT AGENDA

1. Approval of Minutes:

January Minutes 2024

February Minutes 2024

NEW BUSINESS

- 2.** Spoke and Wheel (American Ramp Company) will show a few branding/marketing concepts for the new Skate park/pump track.

OLD BUSINESS

- 3.** Lango Hansen will review the first Open House and the Council meeting that occurred on March 4th.

STAFF UPDATES

4. Caroleana Smallwood, Client Services Coordinator, will provide information on Senior Services offered through the center.

ADJOURN

Americans with Disabilities Act Notice: Please contact Sandy City Hall, 39250 Pioneer Blvd. Sandy, OR 97055 (Phone: 503-668-5533) at least 48 hours prior to the scheduled meeting time if you need an accommodation to observe and/or participate in this meeting.



PARKS & TRAILS ADVISORY BOARD MEETING

Item # 1.

Wednesday, January 10, 2024 at 6:00 PM
via Zoom

MINUTES

THIS MEETING IS BEING HELD ONLINE VIA ZOOM:

<https://us02web.zoom.us/j/84264600830>

ROLL CALL

PRESENT

Ryan Aultman
David Breames
Alexandria Gale
Don Robertson
Kimberly Seigal
Will Toogood
Upekala Wijayratne

Staff Present:

Rochelle Anderholm Parsch, P&R Director
John Wallace, Recreation/Center Manager
Tiana Rundell, Parks & Facilities Manager
Chelsea Jarvis, Executive Assistant

Guest Presenters:

Kurt Lango, Lango Hansen Landscape Architects
Brian Martin, Lango Hansen Landscape Architects
Carly Boise, Lango Hansen Landscape Architects

CHANGES TO THE AGENDA

PUBLIC COMMENT

The Parks & Trails Advisory Board welcomes your comments at this time.

The Board Chair will call on each person when it is their turn to speak for up to three minutes.

CONSENT AGENDA

1. Approval of Minutes

Motion to approve minutes

Motion made by Toogood, Seconded by Aultman.

Voting Yea: Aultman, Gale, Robertson, Toogood, Wijayratne

(Breames & Seigal joined the meeting late and were not present for this vote)

NEW BUSINESS

2. Lango Hansen Landscape Architects will discuss Deer Point park.

Lango Hansen Landscape Architects present a slideshow relating to Deer Point park. Some constraints are mentioned such as the grade and location of current storm drains.

Some questions are asked such as how marshy the area is, if restrooms would be included, what the plan is for the blackberries, and the zoning of the adjacent property.

The Parks board was asked what amenities they would like to see- discussion ensued:

Disc golf was highly supported. It was mentioned that it would be a good attraction not currently offered in Sandy. It's also maintainable.

Pickleball was mentioned although noise concerns were a potential issue.

A 2nd smaller community garden came up as an idea.

Sound deadening could be turned into a potential feature.

A possible link to Tickle Creek could be an opportunity.

Another shelter would be good.

The natural area may not mix well with the highway noise but a trail could be a cool feature.

A suggestion was made to maintain and keep all the trees and blackberries.

A playground with drinking fountains, benches, and tables could be a nice addition.

A discussion on schedule and timeline followed this discussion.

OLD BUSINESS

STAFF UPDATES

Rochelle:

Demo of skate park starts very soon.

The Cedar Park site will be closed to the public for the remainder of the project.

Next week the Community Campus buildings will start to be deconstructed.

Sandy Bluff improvements- Bids close tomorrow, January 11th. This is for shelters and dog park reconfiguration. This project should be done by April/May 2024.

The contract for the construction of Cedar Park goes to council on Tuesday, Jan 16th. This park should be complete around this time next year.

John:

Cedar Park is the official name of the Community Campus Park.

Winterfest was a big success- almost 17,000 visits to the park this year during December.

Mountain Storm has begun- using approximately 6 gyms with around 30 teams.

Tiana:

Super proud of the parks team. They spent approximately 70 hours trouble shooting the Meinig park lights in December. They're currently 108 hours into light clean up. They're hoping to be able to catch up on other parks soon.

Picnic tables and shelters are on the way for the upgrades to Bluff Park.

Cedar Creek Trail- Glass is still an issue. A ribbon cutting to be announced soon. A portion of the lower part of the trail will be open soon however the top part of the trail will not due to the construction at Cedar Park.

ADJOURN

Americans with Disabilities Act Notice: Please contact Sandy City Hall, 39250 Pioneer Blvd. Sandy, OR 97055 (Phone: 503-668-5533) at least 48 hours prior to the scheduled meeting time if you need an accommodation to observe and/or participate in this meeting.



PARKS AND TRAILS ADVISORY BOARD MEETING

Wednesday, February 14, 2024 at 6:00 PM
via Zoom

MINUTES

THIS MEETING WILL BE HELD ONLINE VIA ZOOM:

Please use this link: <https://us02web.zoom.us/j/85290684685>

ROLL CALL

PRESENT

Ryan Aultman
Don Robertson
Upekala Wijayratne

ABSENT

David Breames
Alexandria Gale
Kimberly Seigal
Will Toogood

Guest Presenters:

Sarah McIntyre, Library Director

Kurt Lango, Lango Hansen

Brian Martin, Lango Hansen

Carly Boise, Lango Hansen

Staff present:

Rochelle Anderholm-Parsch, P&R Director

Chelsea Jarvis, Executive Assistant

John Wallace, Senior Center and Recreation Manager

Tiana Rundell, Parks & Facilities Manager

CHANGES TO THE AGENDA

PUBLIC COMMENT

The Parks Board Chair will call on each person when it is their time to speak. You will have 3 minutes to speak.

CONSENT AGENDA

1. Approval of January Minutes

No quorum- this will get moved to March

NEW BUSINESS

2. Sarah McIntyre, Library Director, will speak in regards to a letter of support for a grant that would be used for a community outreach vehicle.

Sarah presents a presentation.

Support is showed by Ryan, Pek, and Don.

Due to lack of a quorum, we couldn't make an official recommendation. Per Chair Robertson, we are going to email the Parks Board the library's grant support letter and give them the option to add individual signatures as a show of support.

OLD BUSINESS

3. Review of Deer Point Park Concepts

Brian presents from Lango Hansen with a brief overview of what was covered last meeting and then they present 3 concepts of what this park could look like.

There was strong support of options 1 & 2.

Option 1 was liked for the walking path and basketball court.

Option 2 was liked for the walking path, pickleball courts (and the location of them), location of the playground in the trees, and the accessible trail and mid park entrance.

There is consensus among the group was that Disc Golf doesn't work here within this space.

STAFF UPDATES

Rochelle's Update:

Demo is on schedule.

Bluff dog park is getting more accessible with shelters added.

Cedar park is coming along. Site is closed off to the public.

John's Update:

Yappy Hour is a new event being offered on May 16th.

The recreation team is working with I9 sports on a partnership.

March for meals. There will be an event at the center with D31 on March 2nd. There will also be various restaurants participating in the month of March who will be donating a percentage of their sales.

Tiana's Update:

The Parks team was able to save a tree in the front of the Old Middle School which was planted in memory of a 6th grader who passed. This tree will now be planted at the new park.

The grand opening of the Cedar Creek trail will happen soon. Invites will be sent out. The trail will be out and back to begin with during the park construction.

Tickle Creek trail- east of Melissa is open. The rest is still closed. Parks is working towards a plan to reopen the trail with a more extensive restoration happening much later.

Parks team member Brandon is getting his CDL.

ADJOURN

Americans with Disabilities Act Notice: Please contact Sandy City Hall, 39250 Pioneer Blvd. Sandy, OR 97055 (Phone: 503-668-5533) at least 48 hours prior to the scheduled meeting time if you need an accommodation to observe and/or participate in this meeting.



Deer Pointe Park

Parks and Trails Advisory Board Meeting

March 13, 2024

- City Council Meeting + Public Open House #1 Debrief
- Site Plan Refinements
- Play Area
- Project Schedule



Option 1



Option 2



Option 3

DEER POINTE PARK

lango hansen LANDSCAPE ARCHITECTS





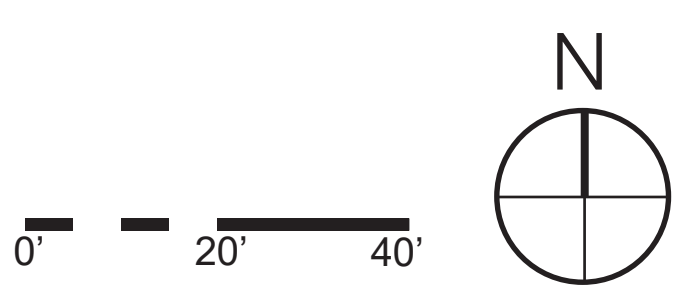
PARK AMENITIES

- 1** Playground
- 2** Shelter
- 3** Sport Court
- 4** Open Lawn
- 5** Shrubs and Groundcover

Option 2

DEER POINTE PARK

lango hansen LANDSCAPE ARCHITECTS



POTENTIAL PLAY ELEMENTS:



Nature Play



Modern Play Features



A combination of nature and modern



Inclusive Play



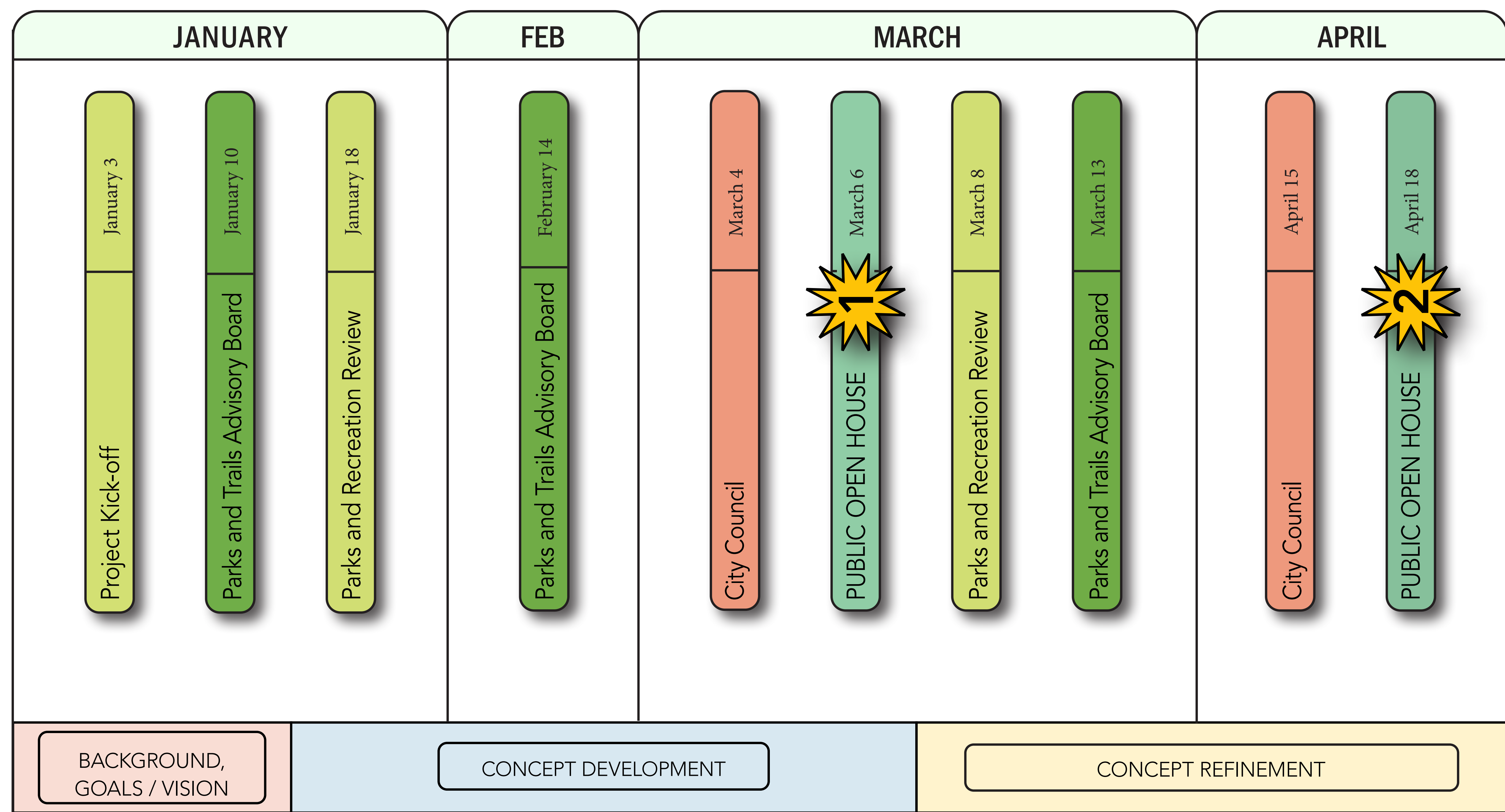
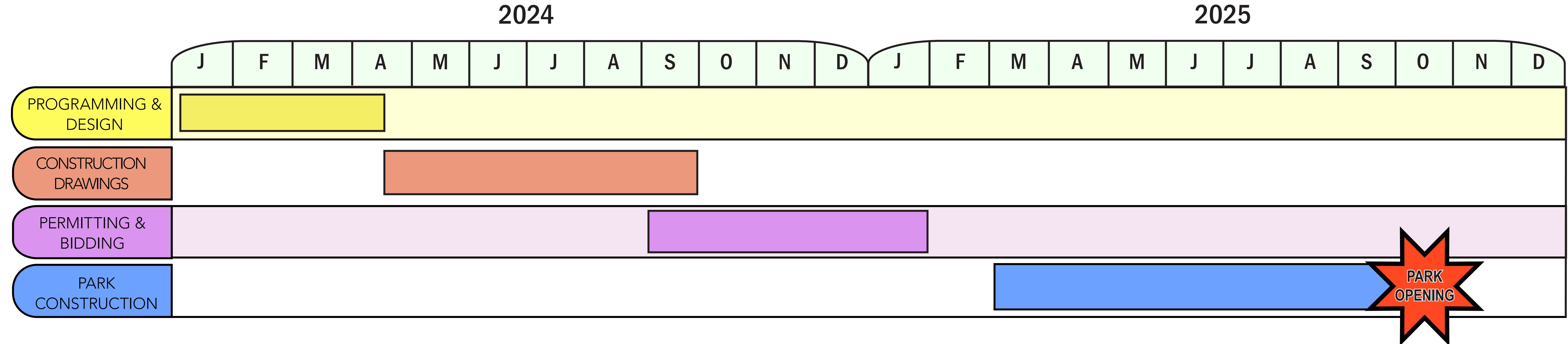
Free-standing Climbing Structure



Other???

PARK SCHEDULE

OVERALL SCHEDULE



Sandy Community/Senior Center Services

Caroleana Smallwood

Client Services Coordinator



Agenda:

- Senior Services
 - OAA funded Services
 - Fundraising March for Meals

Item # 4.



Senior Services

OAA Assisted Programs-Managed by Client Services Coordinator

- Nutrition
- Transportation
- Case Management
- Information & Assistance
- Reassurance
- Evidence Based Health
- Respite
- Energy Assistance

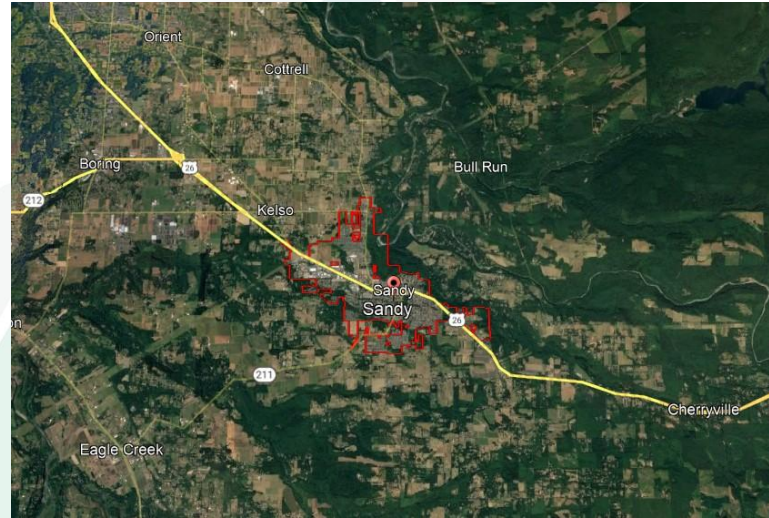


Transportation

- Trips
 - 2,700 individual rides
 - Recreational & Social Activities
 - Shopping Shuttle
 - Scheduled Rides



M.O.W. Boundary



North-Bull Run
East-Alder Creek
South-Wildcat Mountain
West-Foster and 212

Nutrition

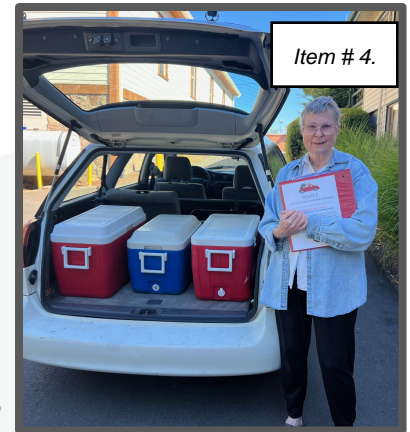
- Meals On Wheels

- Home delivered meals to homebound Seniors (60+ years) twice a week
- Number of clients- currently 63 clients,
- Meals in 2023 estimated total of 17,000
- 12 volunteers weekly deliver throughout Sandy, Boring and even into Damascus
- More than just a meal; social interaction & connection that impacts a seniors overall wellbeing.

- Congregate

- Education-

- University of Oregon extension program, “Food Hero” newsletter which provides educational material on a variety of topics and other online articles
- Monthly, and at the initial Home Visit



Case Management

Item # 4.

- Clients on Case Management are those on Meals & Wheels and in Respite program. Relationship starts with an assessment and in depth interview with a client and his/her family to determine needs during a home visit.
- Assist in linking the client to resources and community programs
- Ongoing follow up with client and/or agency to see if needs were met.



Information & Assistance

- Providing assistance and locating resources to meet a specific need, or multiple needs. With an average of 16 new contacts a month, this varies greatly each month and does not include general information provide over the phone to the public. Individuals need to be a senior (60+ years) or calling on behalf of a senior.

- Fire Wood
- Adoption Forms
- Social Security specialized forms
- Drivers license application
- Food pantry, Christmas food boxes
- Home Care agencies
- Senior Law Project
- Volunteer opportunities
- Tax Aid
- Oregon Project Independence
- Etc.

Reassurance

- Regular friendly telephone calls and visits to physically, geographically, or social isolated clients- seniors- that are receiving services, to determine if they are safe and well. This includes calls to client's family or emergency contact person.
- Our Meals on Wheels drivers provide us with feedback and concerns from their delivery routes
 - Phone Calls
 - Sending cards when a client has gone to hospital or to a care home
 - Home visits



Home Energy Assistance

- Through the Clackamas County Energy Assistance Program (LIEAP), we assisted with applications for seniors (62+ years) and those with disabilities. Heating assistance eligibility is based on total household income.
- For the 2022-2023 fiscal year we served 109 households



Evidence Based Health and Wellness



- Better Balance Tai Chi with Bonnie Newman
- Bonnie is a certified instructor of Tai Chi and received training and certification in 2013 from Dr. Fuzhong Li, Oregon Research Institute.
- She provides classes in Sandy and the Hoodland Senior Center
- 1 hr class twice a week, throughout the year
- In 2023 an average of 18 seniors in attendance each week.



Tai Chi is not the only evidence-based health and wellness program. OAA request that the program focus on strength, balance and flexibility to promote physical activity and/or prevent falls or focus on disease self management/stress management. Another approved program is **Walk with Ease**.

Senior Services

Recreation/Programs-Subsidized Programming

(not financially supported with OAA funding)

- Recreation Classes
 - Fitness
 - Art
 - Culinary
- Trips
- Events
- Education
 - AARP
 - Grief
 - Financial Ed
 - Medicare



SANDY
WHERE INNOVATION MEETS ELEVATION™

MARCH FOR MEALS CAMPAIGN RAFFLE BASKETS

Cream Baskets

**\$1 FOR EACH RAFFLE TICKET
OR \$5 FOR 7 TICKETS**

Thank you to Mt Hood Adult Day Center
and Mt Hood Senior Solutions for
sponsoring these baskets

WELCOME HOME BASKET
Assorted snacks and home décor

PICNIC LUNCH DELIGHT
Lunch tote and items for picnic, Spring décor,
and bottle of Prosecco

Green Baskets

**\$5 FOR EACH RAFFLE TICKET
OR \$20 FOR 5 TICKETS**

THANK YOU TO THE FOLLOWING BUSINESSES



CANNON BEACH ESCAPE
Getaway to Cannon Beach and enjoy a
wonderful dinner and candy sweets.

SUMMER BBQ EXTRAVAGANZA
Smores treats with great BBQ gadgets to
make the best grilled meal.

FAMILY FUN DAY IN SANDY
Enjoy Sandy fun with several gift cards sure
to help you make lasting memories.

All funds raised will go towards the Sandy Meals on Wheels Program.

SANDY
PARKS AND RECREATION
503-668-5569

For more information please
scan QR code to view the March
for Meals Campaign webpage



Item # 4.

MARCH FOR MEALS CAMPAIGN



MARCH 5TH
8:30 am - 6:30 pm

TACO TRUCK IN SANDLANDIA

MARCH 13TH
11 am - 9 pm



MARCH 15TH
11 am - 10 pm

MARCH 21ST
10 am - 9 pm



SANDY LOCATION ONLY



MARCH 22ND
6 am - 6 pm

MARCH 29TH
4 pm - 9 pm



SANDY LOCATION ONLY

Participating businesses will be donating a percentage of
sales, from their specific date, to go towards the Sandy
Meals on Wheels Program.

SANDY
PARKS AND RECREATION
503-668-5569

For more information
please scan QR code to
view the March for Meals
Campaign webpage



Questions?

