



**Petersburg Borough
Petersburg Medical Center**

12 South Nordic Drive
Petersburg, AK 99833

**Meeting Agenda
Hospital Board
Regular Meeting**



Thursday, May 23, 2024

5:30 PM

Assembly Chambers

Please click the link below to join the webinar:

https://us06web.zoom.us/j/86168100135?pwd=QIFFNg4_YNWRsRSZIP4oQVh15yVgMA.cpyCt8hyQrrZeYjZ

Passcode: 362211

Or One tap mobile :

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1. Call to Order/Roll Call

A. Call to Order

B. Roll Call

2. Approval of the Agenda

3. Approval of Board Minutes

A. Approval of minutes for the April 25, 2024, board meeting.

4. Visitor Comments

5. Board Member Comments

6. Committee Reports

A. Resource

B. LTC

C. CAH

7. Reports

A. Pharmacy

E. Kubo provided a written report.

- B.** Case Management/Swing Bed Management
E. Hart provided a written report.
- C.** Chief of Staff
Dr. Hulebak provided a written report.
- D.** Clinic
K. Zweifel provided a written report.
- E.** Community Wellness
J. Walker/K. Zweifel provided a written report.
- F.** Dietary
J. Ely provided a written report.
- G.** New Facility
Arcadis provided a written report.
- H.** Quality & IP
S. Romine, J. Bryner provided a written report.
- I.** Executive
P. Hofstetter provided a written report.
- J.** Financials
J. McCormick provided a written report.

8. Old Business

9. New Business

- A.** Employee Surveys
Board information only. P. Hofstetter presents on the recent employee surveys results.

- B.** Board review and approval: PERS Amendment for Part-Time Employees

Background: PMC part-time employees have expressed the desire to remove the requirement to participate in PERS. Amending the existing PERS agreement related to PMC part-time employees would result in substantial benefits for PMC and its staff. The proposed amendment removing the requirement for part-time employee participation offers the following advantages:

1. Staffing flexibility: The 15 hours a week / 30 hours biweekly requirement is very cumbersome. It would assist facility wide.

2. PERS retirees: Greater flexibility with hiring applicants. Many PERS retirees have sought employment with PMC, and removing this requirement would enable their part-time employment as a non-PERS employee.

3. Part-time opt-out: Part-time employees have requested opting out of PERS, which is not allowed under our current agreement. They prefer to pay into Social Security (FICA).

4. Not ideal: The Tier IV DCR plan is not ideal for part-time employees who are forced to join after 3 months, and takes literally years to vest.

Motion:

WHEREAS, the Petersburg Medical Center wishes to discontinue the fringe benefits of its permanent Part Time employees by withdrawing them from the PERS Plan effective July 1st, 2024.

NOW, THEREFORE, BE IT RESOLVED BY THE Petersburg Medical Center Board of Directors OF THE Petersburg Medical Center OF Petersburg, Alaska, that

1. Pursuant to A.S. 39.35.615., the Medical Center Board of Petersburg Medical Center hereby requests permission to withdraw permanent Part Time employees from the Public Employees' Retirement System of Alaska, effective July 1st, 2024.
2. All permanent Full Time employees of Petersburg Medical Center shall be participating members of the Public Employees' Retirement System of Alaska.

10. Next Meeting

11. Adjournment



Petersburg Borough
Petersburg Medical Center

12 South Nordic Drive
 Petersburg, AK 99833

Meeting Minutes
Hospital Board
Regular Meeting



Thursday, April 25, 2024

5:30 PM

Assembly Chambers

1. Call to Order/Roll Call

A. Call to Order

Member Cook called the meeting to order at 5:30 pm and conducted roll call.

B. Roll Call

PRESENT

Chairman Jerod Cook
 Board Member Marlene Cushing
 Board Member Cindi Lagoudakis
 Board Member Joe Stratman
 Board Member Mika Hasbrouck

ABSENT

Board Member Heather Conn
 Board Member Kimberley Simbahon

2. Approval of the Agenda

A motion was made to approve the agenda.

Motion made by Board Member Lagoudakis, Seconded by Board Member Stratman.
 Voting Yea: Chairman Cook, Board Member Cushing, Board Member Lagoudakis, Board Member Stratman, Board Member Hasbrouck

3. Approval of Board Minutes

A. Approval of minutes for the March 28, 2024, board meeting.

Motion made by Board Member Stratman, Seconded by Board Member Cushing.
 Voting Yea: Chairman Cook, Board Member Cushing, Board Member Lagoudakis, Board Member Stratman, Board Member Hasbrouck

4. Visitor Comments

None.

5. Board Member Comments

Member Cushing expressed appreciation for the ease, comfort and quick results from the new mammography machine. She noted this is a great service for people in town, and without a lengthy wait list like other places, encourages people to schedule an appointment if they are due for a mammogram.

Member Lagoudakis congratulated LTC for their collaboration with KFSK on the radio show. She has heard some great things about the show and is looking forward to future shows.

6. Committee Reports

A. Resource

Member Lagoudakis attended and noted that the Medicare settlement relieved some financial concerns and short-term reserves. PMC’s grant writer has been very busy with many grants in process. Investments are doing reasonably well.

B. LTC

Member Cushing attended and noted the committee reviewed projects and reports. No critical concerns noted.

C. Infection Prevention

Member Stratman attended this month and noted that the committee reviewed action items and processes. Public Health provided an update.

7. Reports

- A. Rehab Department
K. DuRoss provided a written report.
- B. Plant Maintenance
W. Brooks provided a written report.
- C. Environmental Services
G. Edfelt provided a written report.
- D. Activities
A. Neidiffer provided a written report.
- E. Home Health
L. Holder provided a written report.

F. New Facility
Arcadis (M. Kruse/J. Wetzel) provided a written report.

G. Quality & IP
S. Romine, J. Bryner provided a written report.

H. Executive
P. Hofstetter provided a written report.

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I. Financials
J. McCormick provided a written report.

8. Old Business

9. New Business

A. CAH Utilization Review of Services and Acute Care Stays By Diagnosis
Board review; for information only.

Board reviewed the CAH Utilization Review of Services and Acute Care Stays By
Diagnosis.

10. Next Meeting

The next meeting will be May 23, 2024.

11. Adjournment

The meeting was adjourned.

Motion made by Board Member Stratman, Seconded by Board Member Lagoudakis.
Voting Yea: Chairman Cook, Board Member Cushing, Board Member Lagoudakis, Board
Member Stratman, Board Member Hasbrouck



Petersburg Medical Center

Pharmacy Board Report 5/15/2024

Workforce Wellness

Staff is primarily Elise, with some assistance from Jolyn. Most of my trips are short, I was out most of April, and made sure Jolyn was ready to take over before I traveled.

Patient Centered Care

There are still shortages that I face, and I sometimes must use alternate sources to get what is needed. This is an issue that I monitor frequently.

Facility

Running Inventory: I am looking forward to implementing a running inventory when the new software is available. I would like to track the product in stock in a digital format and have nurses scan medications when they take them out. This would have the benefit of notifying me more reliably when products need to be purchased, as well as knowing what the expected stock on hand is when we count the inventory.

Clinic meds: We are currently in the middle of a clinic medication administration project. We hope that this will resolve some of the problems with insurance companies rejecting medications and delays in insurance payments.

Financial Wellness

We are continuing to explore 340B usage in cooperation with Rexall. Our CFO has assigned a project manager to the project, and it is proceeding slowly. There are proposed contracts that are being reviewed.

Submitted by: Elise Kubo



Petersburg Medical Center

Case Management/Swing Bed Management Report May 2024

Workforce Wellness

- Skilled Swing Bed (SB) is staffed with Acute Care RN's. Swing Bed indicates a hospital room.
- Staffing has improved with 3 RN Travelers included in a total of 10 RN floor positions. 1 RN working as needed.
- 2 RN's are staffed on AC daily if able, and 1 RN is staffed nightly.

Community Engagement

- Networking with larger hospitals in Alaska (ANMC, Alaska Regional, Providence Anchorage) to establish contacts.
- Review online referrals from hospitals in the Seattle area (Swedish, Virginia Mason, Harborview).
- Majority of non-local skilled patients come from Bartlett Regional in Juneau.
- Maintain regular phone contact with Bartlett Regional, at least weekly, typically more frequent.
- Use screening tools (Skilled Screener, LTC Needs Assessment Tool, Infection Control Transfer Form) to assess medical appropriateness and level of care required.
- Review prospectives' insurance and discharge plan to ensure a smooth transition after the Skilled stay.
- Referrals are evaluated by the Nursing Department for Skilled Nursing needs.
- Referrals are evaluated by the PMC Rehab department for qualification and benefit from Skilled Rehab.
- Referrals then go to the PMC physician for approval and completion of a physician-to-physician report.
- LTC Medicaid Authorization for Swing Bed must be approved by DHSS prior to travel and stay.
- Widening the recruitment radius yields mixed results due to factors like payor source, medical/psychiatric complications, and discharge plan challenges.
- Admitting skilled patients without a support system, payor source, or adequate discharge plan causes financial hardship and is not ethically viable for PMC.

Patient Centered Care

- Goal: Develop metrics for improving quality of care and achieving optimal outcomes.
- **Developed QIP: Within one week of discovery of need** for LTC level of care and need for Medicaid application assistance. Notified appropriate staff.
- Current surveyed areas: readmissions, falls, skin breakdown, Notices of Non-Coverage, skilled patient days.
- Targeting improved communication between local and receiving providers for referrals, medevacs, and patients requiring skilled care; to better disseminate information on services offered.
- Highlighting PMC Skilled Nursing Facility's 24/7 RN staffing for IV therapy, medication management, and wound care directed by certified specialists.
- Emphasizing the advantage of having RN staffing, which is not typical in most Skilled Nursing environments.

Facility

- Obtained High Flow O2 delivery system. IV pump batteries replaced resulting in 100% IV pump functionality.
- Focusing efforts on increasing patient census as mentioned above.

Financial Wellness

- Skilled Swing Bed (SNF SB) care patient days in the past 6 weeks: 1.3 (goal: 3 patient days).
- Average census, including all Swing Bed stays (some at LTC level of care): 1 patient days.

- No skilled readmissions within 30 days.
- Utilizing Low Census staffing for low inpatient census days.

Submitted by: Elizabeth Hart RN Skilled Care Manager



Petersburg Medical Center

Alice Hulebak, MD Chief of Staff Report May 2024

Workforce Wellness

In recent months, PMC has employed locum providers to help with coverage for hospital and emergency room call. Among them, Mark Tuccillo, MD, Tae Ok, PA-C, and Emily Harvey, MD, have worked on multiple occasions. Additionally, we are pleased to announce the recruitment of Justin Morgan, MD, who is set to graduate from the Tacoma Family Medicine Residency Program in July. He is scheduled to start on August 1, Dr. Morgan has committed to a one-year contract with PMC.

Community Engagement

Medical staff assisted with the Petersburg community health fair in March. Angela Menish, FNP gave a presentation on hypertension. Erik Hulebak, PA-C presented on hyperlipidemia. Alice Hulebak, MD spoke on interpreting health fair results. Alexandra Gutierrez Gomez, third-year medical student from UW, helped educate our youth on the dangers of nicotine at the teen health fair held at the school earlier this month.

Patient Centered Care

We have improved our Transitional Care Management Services with the help of Kelly Zweifel and Amy Hollis as well as our inpatient nursing staff. We are ensuring that our patients who are hospitalized here in Petersburg or at an outside facility are contacted after discharge and scheduled for outpatient follow-up. After a hospitalization a patient may be dealing with a severe medical condition, a new diagnosis or new medications and we want to make sure their ongoing healthcare needs are being addressed.

We continue to offer additional specialty care here at the medical center to reduce the need for patient travel. Cameron French, PA-C will be providing dermatology services at the end of the month (May 2024). John Raster, MD will be returning this month (May 2024) for ENT consultations. Jennifer Hyer, MD is providing Integrative Medicine consultations via Telehealth.

Unfortunately, Dr Erik Woelber an orthopedic surgeon from JBJC had to cancel his scheduled clinic in February. Phil Hofstetter has been in contact with Ketchikan Peach Health where an orthopedic surgeon has voiced interest in consulting on patients here in Petersburg.

Selina Burt, DO traveled to Sitka earlier this month to participate in CALS training. We hope that all our providers and our nursing staff can attend this course which is designed to improve the care we provide to our critically ill and injured patients.

Facility and Financial Wellness

Kelly Zweifel and Angela Bertagnoli have been working on the implementation of a med scanning device to improve charge capturing of the medications and immunizations administered in the clinic.

Some of the medical staff are using an AI software program called DAX Nuance for charting. This program is designed to make charting faster and more efficient for both patient care and billing purposes.

Submitted by: Alice Hulebak, MD



Petersburg Medical Center

Joy Janssen Clinic Report May 15, 2024

Workforce Wellness

Over the past six months, the Joy Janssen Clinic has experienced stable staffing with minimal turnover. We have initiated cross-training for some medical assistants in the clinic reception area, which has proven particularly beneficial during staffing shortages. Currently, two of our staff members are participating in the Alaska Primary Care Association's Clinic Medical Assistant Apprenticeship program, which will enable them to become Certified Medical Assistants. Additionally, some staff members have advanced their careers by obtaining LPN licenses in Alaska, while others are taking courses in preparation for enrolling in an RN program in the future. New team members include Rose Mommsen, LPN who transitioned to the clinic in November 2023.

Community Engagement

The clinic has engaged with the community through outreach events and has also collaborated with others as outlined below:

1. On March 28, 2024, the Clinic Manager engaged in a live radio session on KFSK, where updates were provided regarding the upcoming Specialties including Dermatology with Cameron French, PA-C scheduled for May 20-24, 2024, Optometry with Dr. Kapp in May 14-24, 2024, and ENT with Dr. Raster May 15 & 16, 2024.
2. Hypertension Quality Program Report: Community Awareness, Education, Diagnosis, and Treatment

Overview: Our Hypertension Quality Program focuses on enhancing community awareness, education, diagnosis, and treatment to combat the widespread issue of hypertension. This report outlines our initiatives and the critical reasons behind our efforts.

Community Initiatives:

1. Health Fair:
 - Provided free blood pressure screenings to the community during the blood draws and during the Health Fair event on 03/23/24. Approximately 85 people screened.
 - Offered educational materials on hypertension, its risks, and prevention strategies.
 - Engaged with residents to discuss the importance of regular blood pressure monitoring.
2. Community Clinics:
 - Completed community blood pressure screenings during Heart Health Month Feb 2024 at the grocery store and local coffee shop.
 1. 17 people screened, 12 referred for follow-up.
 - Referred patients who were elevated back to the clinic for follow-up, provided education at time of blood pressure screening, additionally had RN case manager call patients for follow-up if indicated.
3. Home Monitoring Programs: HealthSnap
 - Clinic is able to distribute home blood pressure monitors to high-risk individuals who are referred by a provider. We utilized a program called Health Snap.
 - RN staff are able to view patients' blood pressure values in real time in a portal and follow up with patients via phone call.
 - RN Case Manager or RN Home Health nurses follow up regularly and check in with participants to review their readings, inform their primary care provider and provide guidance if appropriate.

The Why:

- Prevalence and Undiagnosed Cases:
 - Nearly half of Americans suffer from hypertension, with many unaware of their condition.
 - Regular monitoring and early diagnosis are crucial as hypertension often presents no symptoms until significant damage has occurred.
- Health Risks:
 - Untreated hypertension can lead to severe health complications, including heart attack, stroke, aneurysm, kidney failure, and loss of vision.
 - Education and preventive measures are vital in mitigating these risks.

Prevention and Treatment:

- Key Strategies:
 - Regularly check your blood pressure to catch potential issues early.
 - Adopt a healthy lifestyle, including a balanced diet, regular exercise, and stress management.
 - Follow medical advice and take prescribed medications as directed.

Conclusion:

Our Hypertension Quality Program is dedicated to reducing the prevalence and impact of hypertension in our community through proactive measures. By raising awareness, facilitating education, providing accessible diagnosis and treatment options, and encouraging regular monitoring, we aim to improve overall health and prevent the serious consequences of untreated hypertension.

Patient Centered Care

The clinic's primary commitment revolves around the consistent delivery of patient-centered care. We actively engage in collaborative efforts with various departments to ensure that patients enjoy a positive experience throughout their medical treatment at our facility. Several examples of initiatives that embody this patient-centered approach include:

1. **Meeting patient's individual needs and improving access to care:** The clinic works to provide the proper availability on a daily basis to meet the need for "acute care" or same day appointments. The clinic leaves several visits open per day to allow for this type of scheduling.
2. **Chronic Care Management:** We have an RN Case Manager to assist patients in navigating the healthcare system and establishing strong connections with their healthcare team. They provide invaluable support in complex medical situations and conduct monthly follow-ups, ensuring that patients receive continuous care and attention.
3. **Transitional Care Management:** The Clinic and Nursing staff jointly participate in Transitional Care Management, providing essential support for patients transitioning from inpatient to outpatient care. This includes following up with patients via phone within 48 hours of discharge and ensuring they are scheduled for a follow-up appointment at the clinic within 7-14 days, or sooner if possible.
4. **Remote Home Monitoring:** Health Snap is now available to patients, allowing them to enroll in home monitoring programs that include devices such as blood pressure machines, scales, blood glucose monitors, and pulse oximeters. Patients using these monitoring devices can conveniently log their health information into a portal, which our healthcare providers at PMC can access and monitor.

Access to Care Reports:

1. We are tracking the following measures for access to care.
 - i. Clinic Volumes
 - ii. Referrals
 - iii. First next available acute care appointment with PCP
 - iv. First next available appointment
 - v. Third next available appointment

vi. Same-day acute care visits scheduled daily

2. **Clinic Volumes:**

Month	Total Clinic Visits	Total Encounters
January 2024	775	807
February 2024	683	710

3. **Referrals:** These outbound referrals include internal and external referrals. Internal referrals are for: audiology, nutrition, rehab/therapies, home health, wound care, and behavior health. External Referrals are to any other specialist outside of Petersburg.

- i. **2023 Quarter 1 Data:** 1/1/23 thru 4/30/23
 - 1. 857 referrals
- ii. **2024 Quarter 1 Data:** 1/1/24 thru 4/30/24
 - 1. 781 referrals
- iii. The decrease in referrals is consistent with the absence of one provider this year, indicating a potential impact on overall referral numbers. Dr. Hyer wrote 204 referrals in that timeframe.

4. **Next Available Reports:**

The data on next available versus third next available is a standard metric in primary care settings to assess provider availability. Our data over the past 6 months indicates improvement in the average availability of appointments from October 2023 to April 2024.

October 2023 Data:

Report Date: 10/24/2023			
Resource	Next acute with PCP	Next available open	Next third avail open
#1 Provider	10/26/23= 2 days	11/14/23= 21 days	11/15/23= 22 days
#2 Provider	10/26/23 = 2 days	11/3/23 = 10 days	11/15/23 = 22 days
#3 Provider	10/28/23 = 4 days	11/17/23 = 24 days	11/22/23 = 29 days
#4 Provider	10/24/23 = 0 days	10/26/23 = 2 days	10/26/23 = 2 days
#5 Provider	10/24/23 = 0 days	10/24/23 = 0 days	10/30/23 = 6 days
Average days to wait	1.5	11	16

April 2024 Data:

Report Date: 04/10/2024			
Resource	Next acute with PCP	Next available open	Next third avail open
#1 Provider	4/15/24: 5 days	5/1/24: 21 days	5/2/24: 22 days
#2 Provider	4/10/24: 0 days	4/16/24: 6 days	4/18/24: 8 days
#3 Provider	4/16/24: 6 days	4/23/24: 13 days	4/23/24: 13 days
#4 Provider	4/11/24: 1 day	4/11/24: 1 day	4/11/24: 1 day
#5 Provider	4/12/24: 2 days	4/12/24: 2 days	4/15/24: 4 days
Average days to wait:	2.8	8.6	9.6

5. Number of Same Day Acute Care Appointments Scheduled:

Week Ending: 3/02/2024	
Date	# Of Same Day Acute Care Appts
Monday 02/26/2024	18
Tuesday 02/27/2024	6
Wednesday 02/28/2024	14
Thursday 02/29/2024	12
Friday 03/01/2024	7
Saturday 03/02/2024	8
AVERAGE:	10.8

Week Ending: 3/23/2024	
Date	# Of Same Day Acute Care Appts
Monday 03/18/2024	11
Tuesday 03/19/2024	12
Wednesday 03/20/2024	8
Thursday 03/21/2024	11
Friday 03/22/2024	11
Saturday 03/23/2024	4
AVERAGE:	9.5

Facility

The Joy Janssen Clinic team, comprising of the Clinic Manager, Assistant Manager, Medical Director, Medical Assistants, and Reception Supervisor, are actively participating in the planning of our new facility. We regularly attend meetings to offer input regarding the design and operational flow of the clinic.

Financial Wellness

The clinic Actively pursuing strategies to boost patient volume and optimize provider schedules to enhance revenue by the following techniques:

- Implementing innovative scheduling techniques.
- Proactive patient bookings on on-call days.
- Outreach efforts for timely delivery of overdue preventive care.

Management and registration staff diligently addressing work queues.

- Reviewing accounts to identify and rectify issues or errors in the registration process.
- Preventing delayed reimbursements or claim denials.

The clinic has made a concerted efforts to secure increased reimbursements for care management services by:

- Focusing on Chronic Care Management and Transitional Care Management programs initiated in October 2023.
- Implementing remote home monitoring through the HealthSnap program.

Submitted by: Kelly K. Zweifel, Clinic Director



Petersburg Medical Center

Community Wellness Report May 2024

Workforce Wellness

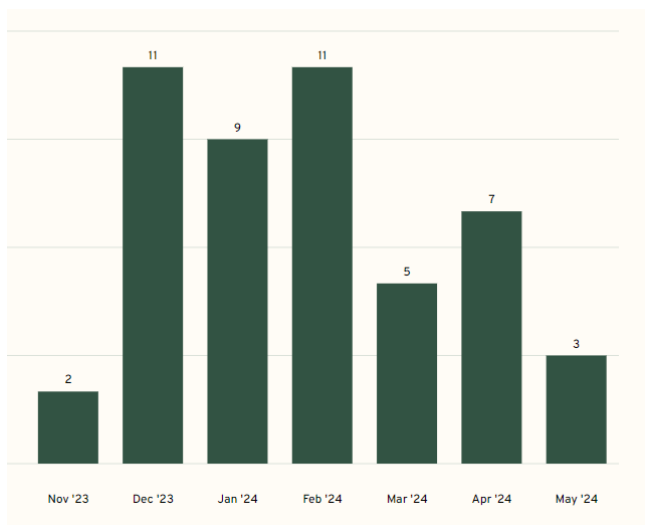
The Community Wellness Department continues to have consistent core staffing. We will be adding 1 FTE to our team starting in July to support the Tobacco Prevention and Falls Prevention programs as well as other potential grant funded projects.

PMC’s Youth Programs continue to expand and will be offering full day Kinder Skog programming this summer as well as several ORCA (Outdoor Recreation, Creation, and Adventure) camps. Continuing to grow this program requires a significant amount of seasonal staffing resources. Year-round Youth Programs staff includes one full-time Program Coordinator and three part-time mentors. Additionally, nine seasonal summer staff (PRN) have been hired (3 leads and 6 assistants). Four of the seasonal staff from last summer are returning and some of those have served as substitutes during the school year, which has been a huge boost to program stability.

PMC’s Youth Programs are serving PMC staff as well as the community – currently 29% of enrolled Kinder Skog participants are dependents of PMC employees. During the Spring of 2024, PMC completed an Employee Childcare Needs Survey which will continue to inform the future growth and development of PMC’s Youth Programs.

PMC’s Employee Wellness Program continues to support staff health, wellness, morale, and retention in a variety of ways. *Betterhelp* (online behavioral health therapy) continues to be a well utilized resource for staff and receives positive reviews (overall satisfaction rating is 4.45/5). See utilization report below. The *Bravo Wellness Incentive Program* provides monetary incentives to eligible staff and spouses for meeting program requirements such as biometric screenings, health coaching programs, cancer screenings and for achieving set health metrics such as blood pressure and cholesterol. Participation for the 2024 Employee Wellness Incentive program was 44% of eligible staff and spouses. Program outcomes will be available in July 2024.

Active PMC Betterhelp Users by Month November 2023-May 2024 (as of 05.15.24)



Community Engagement

Partnerships:

Developing and maintaining strong relationships with community partners and other PMC departments is a key area of focus for our team. Some examples include:

- Schools: PMC's Community Wellness and Behavioral Health departments collaborate to implement *Mental Health Matters* presentations in the middle school (~110 students) and Mental Health Awareness Week outreach tables at the middle and high school. PMC facilitated Youth Mental Health First Aid training for all school staff during two in-services (53 school staff trained). [YMHFA](#) is an evidence-based training that teaches adults how to help an adolescent who is experiencing a mental health or addiction challenge or crisis. This collaborative prevention work will continue during the 2024-2025 school year, where the high school will be offering [Teen Mental Health First Aid](#) to all students thanks to the 2024 Petersburg Community Foundation grant.
- SHARE Coalition: PMC has been a part of the local SHARE Coalition (Supporting Health Advocacy Resiliency Education) since its inception in 2006. The coalition focuses on prevention and promotion of health and wellness in the community including mental health, youth and adults, physical health, basic needs, etc. Leadership of the coalition is currently being held by PMC's Community Wellness Department. Community partners include WAVE, PVFD, HiP, Public Health, Petersburg School District, PIA and more. In January, PMC along with several other SHARE Coalition partners assisted with the Project Connect Resource Fair to support those experiencing housing insecurity (~170 participants).
- Suicide Prevention: PMC's Community Wellness Department has established a new partnership with the Juneau Suicide Prevention Coalition, which has provided several trainings and resources regionally regarding suicide prevention among our local professionals and community members. PMC Community Wellness staff are participating in the newly formed regional alliance for Southeast Alaska which is being developed to support suicide prevention efforts region-wide.

Community and Staff Trainings:

Community Wellness Department staff has coordinated and/or facilitated the following trainings recently:

- Suicide Prevention Trainings: PMC's Community Wellness Department is partnering with SEARHC to facilitate Question Persuade Refer (QPR) trainings in the community. Three training sessions have been offered to PMC staff (42 staff). Juneau Suicide Prevention Coalition also hosted a Question Persuade Refer (QPR) training and a Suicide Safety Planning workshop in conjunction with the health fair weekend (13 participants).
- Youth Mental Health First Aid: Two PMC staff received facilitator training thanks to 2023 Petersburg Community Foundation grant. A community training was held as well as two in-services for school staff (25 community members / 53 school staff).
- Wilderness First Aid: PMC partnered with Base Medical and Petersburg Volunteer Fire Dept. to offer a full day Wilderness First Aid training to the community in conjunction with the health fair weekend (13 participants).

Community Events:

- Blood Pressure Screenings: Community screenings offered at a grocery store and coffee shop in February for Heart Health Awareness. Those elevated were referred to provider. (17 screenings; 12 referred).
- Health Fair: The biennial Health Fair was on March 23, with blood tests conducted in Feb-March. The fair was a huge success with over 30 booths, 6 presentations, and 3 fitness class demonstrations (~175 attendees).

Upcoming Events:

- Pedal/Paddle Battle: Tenth annual fundraiser event for the PMC Foundation. The kayaking and biking event aims to raise \$24,000 to support continuing education for PMC Staff and PHS graduates. (July 27)
- Rainforest Run: 10K and Half Marathon run/walk event. (Sept. 2024)

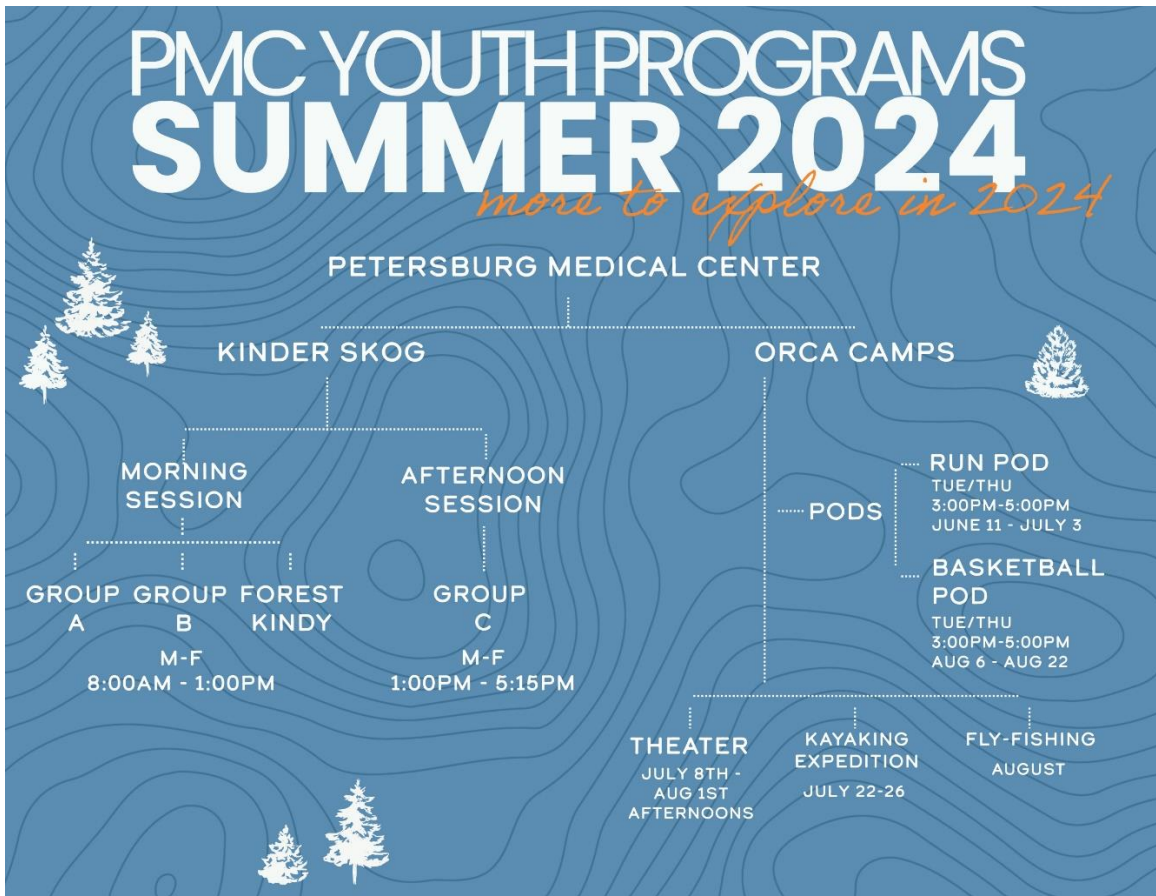
Media:

The Community Wellness Manager coordinates community outreach and public relations activities including the PMC Live radio show, newspaper advertisements, and Facebook page. Community Wellness staff frequently speak on the radio about their programs. The website is a known area for improvement that is a challenge to address with limited resources. Website pages are being slowly reviewed and edited in collaboration with the CEO Assistant.

Youth Programs:

Kinder Skog and PMC’s other youth programs continue to expand to meet our community’s childcare and youth recreation program needs. Due to the increased capacity PMC has been able to support, all families on the waitlist have been offered a spot in the program for the 2024 summer Kinder Skog program. This is a first for this desirable program.

Below is a visual of all the exciting summer programming planned for Summer 2024. This includes expanding the Kinder Skog program to a full-day program based on community and staff input. Community partnerships are supporting PMC’s ORCA Camps this summer including Tlingit and Haida Navigators program (Fly Fishing Camp), Onward and Upward (Kayaking Expedition). Enrollment for the ORCA Camps will open in the next two weeks and is open to the community.



Patient Centered Care

The Community Wellness team focuses on prevention of chronic disease and behavioral health issues including substance use. Our team works in coordination with the Joy Janssen Clinic to promote healthy lifestyles, preventive screenings, and health education in the community and within our staff as well as support programs and initiatives that aim to reduce risk factors and increase protective factors for youth.

- **Lifestyle Balance Class**: The year-long diabetes and heart disease prevention program began in February and is going well. (8 participants).
- **Health Fair**: Discounted blood tests in Feb-March as part of the biennial Health Fair. Of the 2,069 blood tests conducted, approximately 130 test results were outside of the normal range and referred to providers for follow-up.
- **Falls Prevention**: PMC began implementing two evidence-based falls prevention programs in September: [Tai Ji Quan: Moving for Better Balance](#) and [Bingocize](#). (Bingocize 27 participants, Tai Ji Quan 22 participants as of 05/24)
- **Tobacco Prevention and Control**: PMC completed an Organizational Assessment regarding internal practices, training, and resources for screening for tobacco use, advising to quit, and referring to cessation resources. Outcomes informed the first steps in our health systems change project which will include updating PMC's Tobacco policy and facility signage, promoting the AK Tobacco Quitline, and developing a staff training plan.

Facility

PMC Wellness Team has been engaged in reviewing the new facility plans and providing input as requested.

Financial Wellness

The Community Wellness Department is largely supported by grants. Grants partially fund positions within our department as well as other departments. See list below of current grants.

Youth Programs: WAVE's Prevention program has provided financial support to our ORCA Camps this summer to enable PMC to offer all youth camp registration fees on a sliding scale basis. PMC has also begun the process of applying for accreditation under the American Camps Association, which will provide accreditation standards and allow PMC to qualify to accept State assistance from families. The ACA will do a site visit this summer and accreditation is anticipated to be completed by Fall 2024.

Below is a list of grants the Community Wellness Department is managing with support from our Grant Director:

- **Administration for Community Living**: Implement evidence-based falls prevention programming including [Tai Ji Quan: Moving for Better Balance](#) and [Bingocize](#), (\$146,345 per year for 4 years)
- **Petersburg Community Foundation**: Facilitate Teen Mental Health First Aid training for all PHS students during the 2024-2025 school year. (\$9,259 for 1 year)
- **State of Alaska Tobacco Prevention and Control**: Support health systems change for tobacco cessation within PMC healthcare system. (\$145,000 per year for 3 yrs)
- **AHHA Workforce Initiative**: Support healthcare workforce morale, retention, wellness, and growth. Funding supports Betterhelp employee benefit and temporary summer Youth Program Mentor positions to expand youth programs (\$44,160 per year for 2 yrs)
- **AK Community Foundation CAMPS Initiative**: PMC Youth Programs to offer a 5-day kayaking expedition for teens through Onward and Upward (\$20,000 for 1 yr).

Submitted by: Julie Walker, Community Wellness Manager



Petersburg Medical Center

Food & Nutrition Services (F&NS) / Dietitian Report May 2024

Workforce Wellness

The Food & Nutrition Services (F&NS) Department has had many employee updates/changes. We lost a couple of cooks over the holidays, but recruited 2 new ones and are fully staffed since January 2024! One FT cook returned to work in January from FMLA leave, but the same cook is expecting to go out on FMLA again before the end of the year. Two Diet Aides (one FT, one PT) are on modified duties due to medical issues. We have been able to accommodate the modified duties so far and hope that at least one of the Diet Aides will return to full duties in time. Surprisingly, half my team is part-time, and that's what they want to be. The nice thing about this has been that there are enough people to cover shifts when we have someone on vacation or PTO.

Through the Wellness Department, I order snacks for the employee snack program. We provided snacks and coffee for the health fair blood draws this spring.



Appetizer plates at Easter Dinner 3/29/24

Community Engagement

Collaborating with the LTC activities department, we have been hosting special meal events on or around a holiday. An Easter family dinner was held on Good Friday 3/29/24 and we had 16 guests from the community. We also provided to-go dinners for the Easter dinner that were delivered to the participants of the Cedar Social Club's homes (see below for more on that). We provided a Valentine's Day lunch meal with LTC residents and 10 guests from the community. Both Christmas and Thanksgiving dinners were held the day before each holiday, with 20 and 24 guests, respectively. These events have been very successful and attendance changes from holiday to holiday, capturing different members of the community. The next event will be a picnic for Memorial Day 5/27/24 from 11:00am-2:00pm. Please come by if you can!

In December 2023, we started providing lunch meals for the Cedar Social Club (the Home Health program at the PIA building). We started with 2 days per week and are now up to 4 days per week. We provide the meal on the LTC/hospital menu with a few additions like a side salad and a dessert. The meals are picked up by a home health staff member and dirty dishes returned later in the afternoon. The equipment used to transport the meals was already here, a remainder of a kitchen remodel many years ago. This service has been well received by the guests and families who attend the Social Club.



Appetizer & dessert boxes sent to Social Club participants 3/29/24

Patient Centered Care

I am actively working on a new menu for the PMC LTC and hospital. The last revision to the menu was implemented in September 2023, but the next menu will be all new meals/recipes using our new program "Dining RD". This software also manages my tray cards which was implemented in November 2023. These tray cards have the name of the resident/patient, room number, food and beverage preferences, and any extra information needed to get their meal to them. When the new menu is implemented, it prints on these meal cards and the menu will be printed on the ticket that accompanies each tray.

Since our Medicare Survey, we implemented an "always available" menu residents/patients can order from if they don't like the meal. Several people take advantage of this each week. Our next departmental goal will be to

start taking meal orders for all residents/patients who are able to make meal choices so they have a say in what is served to them. When we get to this next phase of taking orders, they will get to choose their meals before they are made and sent.

The Medicare Survey in March highlighted a few areas for improvement within the department. One of which was cited in the Survey results regarding the altered texture diets, specifically the Minced & Moist (MM5) diet. This is a tricky diet to get right, and I am working with each cook individually to try to execute it better. Aside from the survey, we continue to work on other areas to improve as part of our overall improvement process.



Pictured 4 variations of dessert (clockwise from top-left): puree cheesecake, angel food cake for Low Lactose diets, crustless cheesecake for Soft & Bite Size & Minced & Moist diets, and regular cheesecake as on menu.

Facility

My main concern on my last board report was the grease traps. I am happy to report that one of the grease traps (the one in most constant use) has been replaced with a new unit and is working great. The second grease trap will be replaced with a garbage disposal instead of a grease trap, which makes better sense for the sink it is attached to.

On 11/4/23 and 2/15/24 the 6-burner stove top in the kitchen malfunctioned. Both times were similar issues with the burners related to the electric relays, which have since been replaced. However, it is noteworthy that we replaced those same relay units 4 times in the last 2 years. This unit has been approved for replacement and I am actively obtaining quotes.

We have had ongoing problems with the main convection oven related to the motor and doors and we have had to completely stop using this oven. Although maintenance continues to repair, the issues recur. I am actively obtaining quotes on the replacement of the oven. My hope is to keep cost down by choosing the same brand so that it will fit atop the cabinet we already have. This equipment (oven and cabinet) will be coming with us when we move to the new hospital building.

What would be a Board Report without mentioning the walk-in freezer? It had been working correctly for months until it went out on 5/7-5/8/24. A repair was made, but the HVAC technician recommends replacing the condenser. This is a new development, and I am sure there will be new information soon. My hope is that the replacement unit will be able to come with us to the new hospital building.

Financial Wellness

We are a very equipment heavy department. With all the equipment and supplies that we obtain, I am always focused on what is useful both now in the current building, and later in the new hospital building. There is no sense in replacing things that won't be useful long-term.

Being fully staffed has greatly reduced overtime within the department.

I reported last time that I am hoping to start bringing in some revenue to the F&NS department by offering meals to staff. My hope is to start making/offering salads to staff, then hot meals (based on the hospital/LTC menu). This remains a goal of my department.

Submitted by: Jeanette Ely, RDN

New PMC Project Report
May 15, 2024
Submitted by Arcadis

Sitework

- Dawson/Rock-N-Road will complete the imported fill at the hospital site by the end of May.
- All blasting has been completed, and blast rock is being cleaned up and segregated into either landscaping rocks for PMC/BNAP selection, crushed into Class 2, or D-1. Blast material will stay at the project site and be repurposed to reduce import expenses.

Wellness, Education & Resource Center (WERC)

- Dawson will be issuing their 65% GMP proposal on 5/22 to Arcadis/BNAP for review, after a careful review and coordination with Dawson on cost details, Arcadis/BNAP will issue a recommendation memo to PMC and the Borough along with the Dawson GMP proposal for the board's consideration.
- Dawson has started placing and compacting the gravel base and forming up footings for this week's concrete pours at Grid 1. Foundation concrete work will continue through June.
- The Alaska Test Lab technician is on-site as of Monday 5/13 and has started testing for the specified density requirements on the footing gravel base. They will also be collecting concrete samples of the various pours for future testing at delayed intervals to validate break strength at 7, 14, and 28 days.
- Review drawings are going to be issued on 5/24 from BNAP.
- Final design documents are due 6/7 from BNAP.
- Steel erection will start in July pending fabrication timelines are met.
- The goal and project milestone are to have the roof on by the end of September.

Main Hospital - LTC Building

- The request for a \$37M line item in the state FY2025 Capital Budget is still pending, no update.
- Requests for FY2025 federal funding were submitted to Senator Murkowski and Representative Peltola on March 22 (\$15M each), no update.
- A \$2M request for a Denali Commission grant was submitted on April 12, no update.



Footing Forms at Grid 1



Petersburg Medical Center

Quality Report May 2024

Workforce Wellness

PMC had 85% participation in the Workplace Satisfaction Survey this month with responses from 129 of the 151 employees. There were 256 comments that were offered related to the survey questions which will be evaluated for trends to determine any appropriate action items aimed at improving the employee experience. The survey remains open for a short time, but to summarize... People like working at PMC!

Here are a few of the questions with results so far.

Overall, I feel my position and employment at PMC is:

- Neither satisfying nor dissatisfying: 20 (16%)
- Very dissatisfying: 0 (0%)
- Very satisfying: 49 (38%)
- Satisfying: 59 (46%)
- Dissatisfying: 1 (1%)

Overall, I feel my salary and benefit package (PTO, health insurance, etc.) at PMC is:

- Satisfying: 61 (47%)
- Dissatisfying: 12 (9%)
- Neither satisfying nor dissatisfying: 21 (16%)
- Very dissatisfying: 5 (4%)
- Very satisfying: 30 (23%)

Overall, I feel my opportunities for growth, training, and the development of new skills at PMC are:

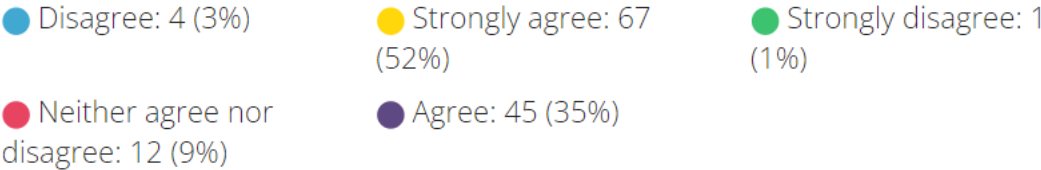
- Very satisfying: 26 (20%)
- Neither satisfying nor dissatisfying: 23 (18%)
- Dissatisfying: 6 (5%)
- Very dissatisfying: 6 (5%)
- Satisfying: 68 (53%)

The questions below were specifically designed to provide information on PMC strategic plan workforce wellness objectives.

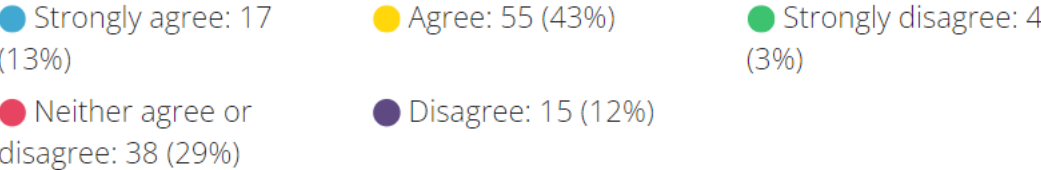
PMC provides and encourages a positive, supportive, and collaborative work environment.

- Strongly disagree: 0 (0%)
- Disagree: 4 (3%)
- Strongly agree: 39 (30%)
- Neither agree nor disagree: 26 (20%)
- Agree: 60 (47%)

My supervisor/manager encourages open communication.



PMC has effective processes to address concerns or issues.



The PMC Employee Forum was quite a treat. The positivity and lightheartedness of the event was uplifting and motivating. It is incredible to see so many talented people working together to make it happen for Petersburg.

Community Engagement

Petersburg Evidence-Based Fall Prevention Programs:

Program Target Name starts with ACL Falls Prevention Grant 2023

Grantee: Account Name ↑	Program Target Name ↑	Sum of Workshop: Actual Participants	Sum of Participant Target	Sum of Actual Participants	Number of Workshops
Petersburg Medical Center	ACL Falls Prevention Grant 2023 Bingocize	27	184	43	2
	ACL Falls Prevention Grant 2023 Tai Ji Quan	22	116	54	1
Subtotal		49	300	97	3
Total		49	300	97	3

Above you will see the programs numbers for the 11/1/23-4/30/24 reporting period. The participant target numbers listed are for the total of the grant duration of four years. At the end of the first year these programs have reached 32% of the four-year participant goal.

One community member has been participating in the LTC Quality Committee and another in the CAH Quality Committee. These individuals offer valuable perspective, important input, and enhance the accountability of all committee members.

Patient Centered Care

A grant application is being submitted this week that has the potential to support current quality projects, enhance local partnerships, and aid in quality metric reporting. Funding is focused on projects that reduce barriers related to Social Determinants of Health (e.g., economic status, race, health literacy) to increase the use of preventative health services and make progress towards Leading Health Indicator (LHI) targets. LHI targets are high priority Healthy People 2030 objectives.

In an effort to improve health equity, the integration of social care with medical care is becoming commonplace. The Centers for Medicare & Medicaid Services has added Social Determinants of Health screening to their quality measures.

Age-Friendly Health Systems is an initiative of the John A Hartford Foundation and the Institute for Healthcare Improvement. Use of their framework is in preliminary consideration for integration at PMC. Age-friendly health systems aim to: follow an essential set of evidence-based practices, cause no harm, and align with ‘What Matters’ to the older adult and their family caregivers. More information can be found at:

<https://www.ihf.org/initiatives/age-friendly-health-systems>

Facility

Strategic Plan - Key performance indicator identification project: Manager identified indicators are linked to the strategic plan objectives with goals identified. This project is progressing nicely and helping to further define the PMC quality program. Aim for completion by June 1.

Financial Wellness

A grant application has been submitted that may provide additional funding for the adult day program and resources needed for this program. Notice of Award to occur by July 1.

Submitted by: Stephanie Romine, RN



Petersburg Medical Center

Infection Prevention and Control Report May 2024

Workforce Wellness

There have been no changes in staffing.

Employee Health:

1. There were no bloodborne exposures “needlesticks” in 2023. None have been reported in 2024. We continue to utilize safety controls and practices to ensure the safety and wellness of our staff.
2. All staff who need to be fit tested for N95 respirators are caught up through May. We have developed a smooth procedure to ensure new employees are tested within the first few days of employment and current employees receive their updated testing within 1 year in accordance with the OSHA Respiratory Protection Standard.

Community Engagement

Staff influenza vaccine use was reported to NHSN on time for LTC and the hospital.

For the LTC Survey Infection Control citation on hand hygiene we did the following for our plan of correction:

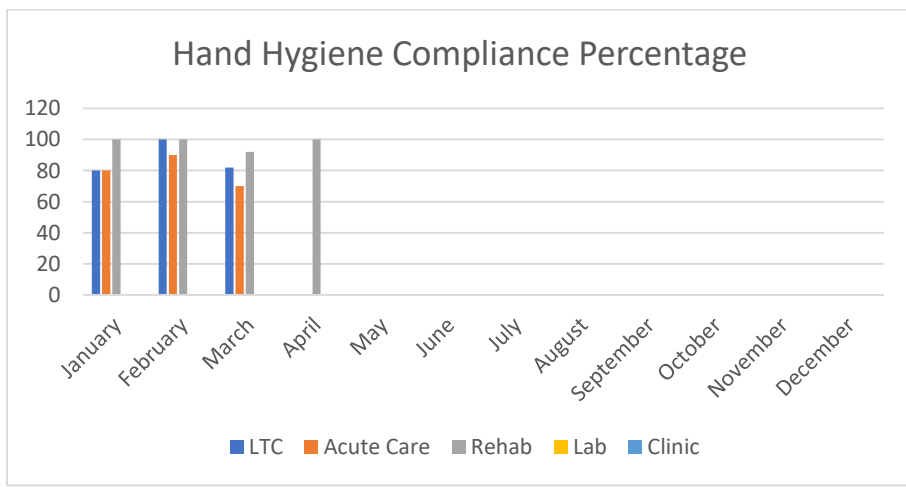
1. Nurses were reminded of the importance of hand hygiene and glove changing at appropriate times of the wound care procedure.
2. Nurses read the evidence-based procedure for applying topical medications to wounds.
3. Nurses received re-training on hand hygiene and when it is required.
4. Monthly audits are being done to observe staff performing wound care.

We had our “offsite” follow up survey and were placed back into substantial compliance as of April 24, 2024.

Patient Centered Care

We continue to work on antibiotic stewardship goals and initiatives for LTC and the inpatient and outpatient areas of the critical access hospital. In LTC we have had a total of 4 systemic antibiotic starts for a total of 26 days of therapy through April 2024.

2024 Hand Hygiene Compliance



LTC 2024 Infection Prevention Metrics:

Urinary Tract Infections (UTI): 0

Catheter associated Urinary Tract Infections (CAUTI): 1

Clostridium Difficile infections: 0

Covid-19 infections: 0

Influenza infections: 0

Current Residents

- LTC Resident Flu Shots: All residents offered vaccines, 92% up to date for 2023-2024 influenza season, which is officially over. Will report this again once the flu season starts in September/October.
- LTC Covid Vaccine 2023-2024 booster: 1 resident is considered up to date. We just received new covid vaccine and will be offering the 2nd dose of the 2023-2024 Covid vaccine to all eligible residents.
- LTC Pneumococcal Vaccine: All residents offered vaccines, 90% are up to date.

Facility

Nothing new to report.

Financial Wellness

No changes have occurred in this area.

Submitted by: Jennifer Bryner, MSN, RN



Petersburg Medical Center

CEO Board Report May 2024

Mission Statement: Excellence in healthcare services and the promotion of wellness in our community.

Guiding Values: Dignity, Integrity, Professionalism, Teamwork, Quality

Highlights:

- The QR codes and images provide an overview of the new buildings and with your smart phone, you can view 3D, 360-degree visualizations of what the building exteriors are projected to look like, as well as the Wellness, Education & Resource Center (WERC) floor plans.
- On May 9, we held the All Staff Meeting (Forum). There were two sessions and almost 90 employees in attendance. The presentation is in the board packet for review. The format followed the strategic plan outline, with managers presenting updates for each of the metrics and goals, with an overarching umbrella focus on Quality. We also conducted a post-event survey which will be reviewed at the board meeting.
- As part of the Employee Forum, PMC’s HR and Quality team led the initiative to benchmark employee workplace culture and engagement with an anonymous survey. We are pleased to report that we had an almost 90% response rate for the survey. I want to thank all the staff for responding as the responses provide leadership with a comprehensive picture of the organization. Results will be reviewed at the board meeting.



an anonymous survey. We are pleased to report that we had an almost 90% response rate for the survey. I want to thank all the staff for responding as the responses provide leadership with a comprehensive picture of the organization. Results will be reviewed at the board meeting.

- [1st Quarter 2024 PMC Newsletter](#)
- As the spring legislative session comes to a close, we encourage community members to continue reaching out to our legislature to voice support for the hospital and long-term care project. PMC did not make the capital project list this legislative session. There was a focused effort with the state to have a number of capital projects that were school deferred maintenance and replacement school funding. It is critical for the community to provide continued support to make sure the next phase of the project is funded in the next session. A sample letter is available on the PMC website under the “[New Facility & Planning](#)” tab. Legislative bills such as the Nursing Compact came up and PMC provided support to Representative Himschoot and Senator Stedman, and we were prepared and ready to testify. This opportunity, unfortunately, did



not present itself this session to completion. HB344 was approved for Medicaid Demonstration projects and included HB343 to provide school-based Medicaid. This is an opportunity to bridge healthcare (i.e., mental health) Medicaid support in the school.

- Save the date for the PMC Foundation’s Pedal/Paddle Battle, scheduled for July 27. At this annual event, participants bike or paddle from Scow Bay to Sandy Beach to raise funds to support staff education and high school scholarships. Registration opens June 3

Financial Wellness: Goal: To achieve financial stability and sustainability for the hospital.

FY23 Benchmarks for Key Performance Indicators (KPIs): Gross A/R days to be less than 55,

DNFB < then 5 days, and 90 Days Cash on Hand

- Accounts Receivables (AR) is unfortunately still hovering about 70 -80 days. The revenue cycle team continues to work on improving this to get to target of 55 days and we are actively changing our approach to bring more billing in house to reduce this number.
- Capital and Operational Budget for FY25 are being actively prepped and developed and finalized to present for review and approval at the June board meeting.
- Katie Bryson, director of grants planning and evaluation has submitted a number of grants in the past month as pictured at right.

2024 PMC GRANT PROPOSALS
Total Pending Requests: \$7.8 million, FY25-FY29

- **SAMHSA Strategic Prevention Framework Grant**
5 Years | \$375,000 annually
Collaboration to develop community substance use and suicide prevention priorities.
STATUS: Pending (decision expected August 2024)
- **State SDS Division Adult Day Services Grant**
3 Years | \$165,000 annually
Support for Cedar Social Club staffing and other costs, including client scholarships.
STATUS: Pending (decision expected June 2024)
- **Denali Commission Basic Infrastructure Grant**
1 Award | \$2,000,000 total requested
New Medical Center & Long Term Care facility remaining costs through Phase 3.
STATUS: Pending (decision expected July 2024)
- **USDA Distance Learning and Telemedicine Grant**
1 Award | \$640,148 total requested
Equipment and software supporting telemedicine & workforce development goals.
STATUS: Pending (decision expected August 2024)
- **SBHA School-Based Health Services Grant**
1 Year | \$141,250 total requested
School District partnership to provide School Nurse & Behavioral Health supports.
STATUS: Pending (decision expected June 2024)
- **OASH Community Level Innovations Grant**
4 Years | \$55,600 annually
Collaboration to address colorectal cancer and hypertension health disparities.
STATUS: Pending (decision expected August 2024)
- **State DPH Division Opioid Settlement Funds Grant**
3 Years | \$142,828 annually
Sustain telepsychiatry access pilot program established by PMC's 2023 HRSA grant.
STATUS: Pending (decision expected June 2024)

New Facility: Goal: To expand the capacity and capabilities of the community borough-owned rural hospital through the construction of a new facility, while taking into account the needs and priorities of the local community.

- The new WERC and hospital and long-term care building site is on schedule for getting to shovel-ready status. Blasting was completed in early May, and we appreciated the community’s patience and diligence while this step of the site work was completed.
- At the May 6 Assembly meeting, Assembly members supported waiving all mud dump fees for the new hospital project in its entirety. This is a significant benefit to the community from the new hospital project, which also benefited the community through the redevelopment of the Borough’s rock quarry. This has saved the Borough at least \$100,000 in quarry development costs, and related improvements to the mud dump haul road and infrastructure brought another \$50-60K of value to the Borough.
- Updates: Project updates are available on the PMC website under the “[New Facility & Planning](#)” tab.



Workforce Wellness: Goal: To create a supportive work environment and promote the physical and mental well-being of hospital staff, in order to improve retention rates and overall productivity.

- Congratulations to Jordan Stafford and Kellii Wood on their Associate of Applied Science in Nursing. A UAA Pinning Ceremony was held to celebrate their achievement on May 10. This marks the 9th and 10th registered nurses produced by PMC trainers (big thank you to the nursing trainers: Jennifer Bryner, Nicole Mattingly and Ruby Shumway!) through the UAA program, a testament to our commitment to nurturing local talent in Petersburg. The fact that 5 out of the 8 previous graduates are still employed at PMC, all of whom remain in the nursing field, speaks volumes about the program’s success. These graduates now constitute approximately a quarter of our RN workforce, underscoring the significance of investing in our own talent pipeline. Expanding upon this success, PMC is committed to expanding this success, exploring growth opportunities in all departments, inspired by models like RN and CNA training. The lab manager recently shared the lab’s “grown-our-own: initiative at the employee forum, showcasing our ongoing commitment to internal workforce development for sustained organizational success.



- Staffing: After dedicating 11 years to PMC, Rehab Manager Kaitlin DuRoss will be resigning from her managerial position. She’s expecting her second child next month and has chosen to relocate closer to family. In the interim, a new manager will be selected, and the position posted until filled. Additionally, we’re thrilled to announce that Justin Morgan, MD, completed his residency and will be joining PMC in August. Please join me in extending a warm welcome to Justin as he becomes part of the Petersburg community later this summer. We are actively seeking candidates for the Chiropractor position, reviewing applications, and conducting interviews.
- PMC continues to promote employee well-being through the Bravo Wellness Incentive Program. Recent notable outcomes this past year included a reduction in health risks among 44% of participants, contributing to a healthier and more satisfied workforce.

- Employee engagement efforts offered all employees a platform to provide valuable insights into factors contributing to workplace satisfaction, provide feedback and engage with leadership. Recent initiatives included the annual Employee Forums on May 9, a new internal newsletter, monthly CEO office hours, and a



workplace satisfaction survey this spring. Office hours had a great turnout with 8 staff following promoting at the all staff meeting / forum.

Community Engagement: Goal: To strengthen the hospital’s relationship with the local community and promote health and wellness within the community.

- [1st Quarter 2024 PMC Newsletter](#)
- May 6: PMC reported out at the Borough Assembly meeting and provided input on the mud dump fees associated with the new WERC and hospital and long term care project.
- May 23: KFSK Radio PMC Live.
- July 27: Save the date for the PMC Foundation’s Pedal/Paddle Battle. At this annual event, participants bike or paddle from Scow Bay to Sandy Beach to raise funds to support staff education and HS scholarships. Registration for the event opens June 3.
- PMC Hazards Softball team was revitalized for MayFest softball tournament.

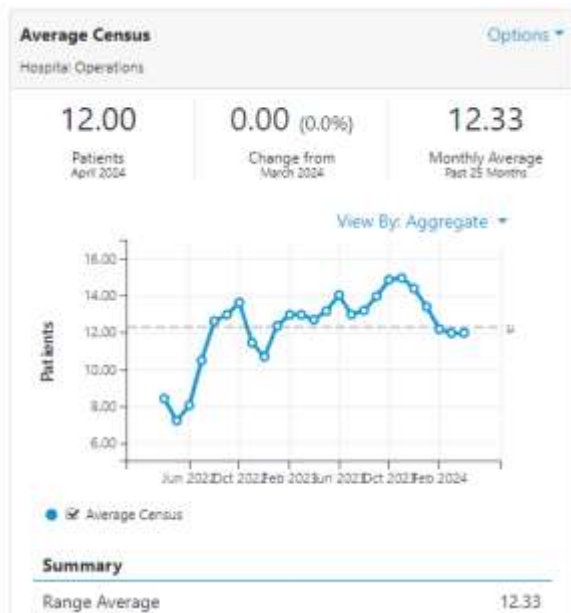


Patient-Centered Care and Wellness: Goal: To provide high-quality, patient-centered care and promote wellness for all patients.

- Visiting specialists in May include Optometry; Ear, Nose and Throat; and Dermatology.
- Long Term Care residents will be enjoying a Memorial Day Picnic at Sandy Beach with food, activities, and quality time for residents on May 27.
- PMC has a new 3D mammogram machine mammography machine. The Hologic 3Dimensions Unit has been shown to detect 20–65% more invasive breast cancers compared to 2D mammography alone. [Listen to the story on KFSK.](#)
- PMC Youth Programs is excited to announce our 2024 line-up of ORCA Camps. Open enrollment begins in May. Our Kinder Skog program is an innovative, fun, and engaging for children’s program and it is also rooted in evidence-based concepts that promote health, prevention, and wellness.



- Volumes have been increasing in the clinic and more recently in the home health census has increased considerably. LTC census has decreased but as well as swing bed an inpatient.



Submitted by: Phil Hofstetter, CEO

Petersburg Medical Center Employee Forum

MAY 9, 2024

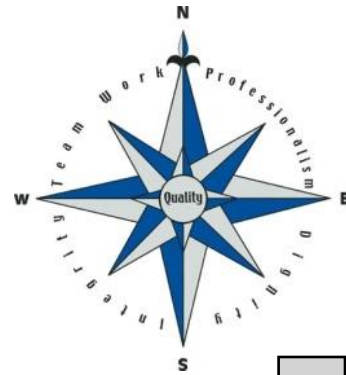


Petersburg Medical Center

Our mission: *Excellence in healthcare services and the promotion of wellness in our community.*

Our vision: *Petersburg Medical Center will remain committed to excellence in healthcare and responsive to community needs by being the best place for patients to receive care, employees to work, and physicians to practice medicine.*

Our values: *Professionalism-Dignity-Integrity-Teamwork-Quality*



PARKING LOT

Loneliness + Isolation

- Create a safe space to communicate with peers
- Empowerment -> things that don't use computers / read / use out on things

Cultivate

- Maintain positive things
- Take the time to understand your employees and how they may relate
- Active listening
- Open communication / positive responses
- Active correction plans
- Schedule 1 on 1 time with employees to develop strong working relationships

Accomplished

- 28 million dollars
- Recovery
- UIC Quality award
- Passed all inspections
- Maint. State (Finance)
- Resume / open services
- Refining / improving processes
- Improve food quality
- Building design
- Patient support for medication
- Maintain Independence
- Increased Staff education
- Decreased waste / supplies
- Improved Communication
- More workforce interest
- Stable Care Leader

Next Years Progress

- Additional Funding
- Start on building (HERE)
- Continue excellent Care
- Continue showing metrics of care
- Improve patient care
- Improve staff morale
- Improve communication
- Staffing throughout departments
- Stable staff / improve staff in 9 positions
- Cross team departments
- Collaborating with other facilities (shopping)
- Improved collaboration between departments / understanding how other departments impact financial stability
- Improve staff training
- EMT optimization / improve scope





STRATEGIC PLAN

Patient Centered Care

Workforce Wellness

Community Engagement

Financial Wellness

Facility

STRATEGIC PLAN

Patient Centered Care

QUALITY

Wellness

Community Engagement

Financial Wellness

Facility

Petersburg Medical Center

NEW FACILITY



Item 71.

January 2024

PETERSBURG MEDICAL CENTER's current building is outdated, inefficient, and past its useful life. We need a **modern, efficient health care facility that will enhance patient privacy, provide greater accessibility, and ensure the availability of critical services that support our residents here at home.**

According to the Alaska Hospital & Healthcare Association 2022 Workforce Analysis, health care has become the most important economic sector in the state, driving growth in other industries. 97% of employees and 100% of medical staff live in Petersburg, injecting \$11-\$12M per year in salaries into the local economy. It's time to invest in health care here in Petersburg and we need state and federal support to make that happen.

Petersburg Medical Center has secured funding from federal grants to get the project shovel-ready and complete the Wellness, Education & Resource Center (WERC) building. We are requesting \$37M in next year's State Capital Budget to complete design and construction of the main hospital shell & core.

This is a critical stage for construction projects in Southeast Alaska and

Improving Patient Outcomes Through Partnership



Endoscopy Clinics: Colonoscopies and Endoscopies

New Screening Guidelines

- Begin at age 45 if low risk, age 40 for Alaska Native population (2x risk)



Transitional Care Management

Transitioning from Inpatient Hospitalization to the Outpatient Clinic

- Hospital
- Clinic



Hypertension Quality Program

Community Awareness, Education, Diagnosis, and Treatment

Health Fair, Community Clinics and Home Monitoring

HYPERTENSION: Why Is It Important?

- ▶ Nearly half of Americans have hypertension, many undiagnosed
- ▶ No symptoms until damage is done – heart attack, stroke, aneurysm, kidney failure, loss of vision
- ▶ Prevention and treatment is key
- ▶ Check your blood pressure regularly

Blood Pressure Category	Systolic mm Hg (upper number)		Diastolic mm Hg (lower number)
Normal	Less than 120	and	Less than 80
Elevated	120-129	and	Less than 80
High Blood Pressure	130 or higher	or	80 or higher

Growing Our Own



Benefits

Employee Benefits:

Increased knowledge and skills, income, and responsibility

Facility Benefits:

Reduced turnover, increased retention, building of organizational culture, patient satisfaction



Opportunities

Certified Medical Assistant:

Alaska Primary Care Association

Certified Nursing Assistant:

State approved facility-based program

Registered Nurse:

Associate of Applied Science in Nursing, University of Alaska Anchorage

Growing Our Own: Lab



Programs

University of Alaska Anchorage
Online Phlebotomy Certificate

Weber University
Online 2-year MLT program

University of Cincinnati
Online MLT-to-MLS program



Timeline

Years 0-2: Work as Lab Assistant. Concurrent online Phlebotomy Certification.

Years 2-4: Enroll in Weber University Online. Graduate, sit for national certification. Work as MLT.

Years 4-6: Enroll in University of Cincinnati Online. Graduate, sit for national certification. Work as MLS.

Adult Day at PIA Cedar Social Club

MON, TUES, THURS, FRI

- ▶ 12:30 – 4:30
- ▶ LUNCH AND SNACK PROVIDED
- ▶ STAFF: CNA + ACTIVITIES ASSISTANT WITH RN OVERSIGHT
- ▶ GOALS: CAREGIVER RESPITE, SOCIAL TIME, ENGAGEMENT

UPDATES:

- ▶ GRANT PROCESS ONGOING
- ▶ LARGER SPACE AT PIA END OF 2024
- ▶ CURRENT SCHOLARSHIPS \$600/MONTH

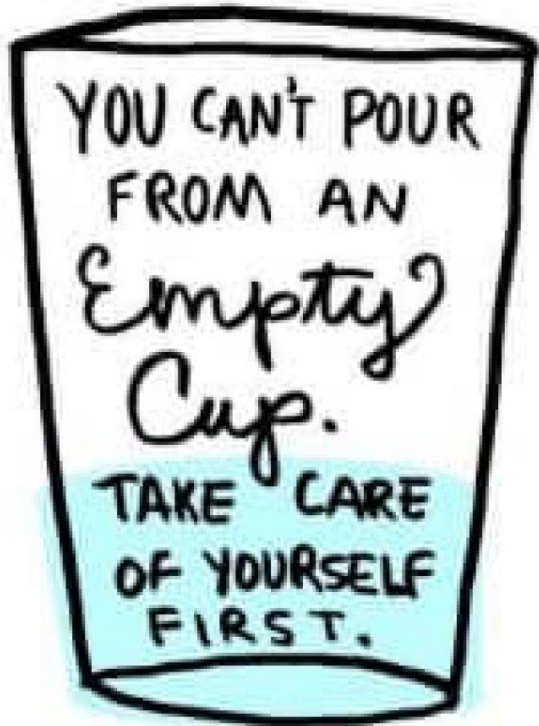


Item 71.



PMC WELLNESS PROGRAM

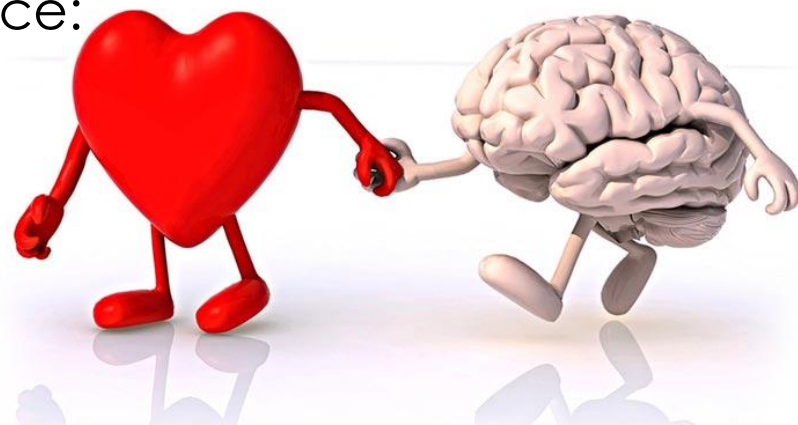
AIM:
Promote a healthy, productive workforce and contribute to making PMC a great place to work



PMC Wellness Program

BETTERHELP BEHAVIORAL HEALTH RESOURCE

- ▶ World's largest provider of online therapy
- ▶ Live video, audio, or messaging, or asynchronous texting
- ▶ To access this free resource: betterhelp.com/PMC



OTHER ACTIVITIES & OPPORTUNITIES

- ▶ Parks and Recreation Discount
- ▶ Healthy Snack Carts
- ▶ Lifestyle Balance Program
- ▶ Challenges
- ▶ Winter safety gear
- ▶ Fat tire bike
- ▶ Other one-time events

PMC Wellness Incentive Program



BRAVO WELLNESS INCENTIVE PROGRAM

Earn money for participating in wellness activities like screenings, coaching, and more!

Program dates: Jan 2 –April 30, 2024 (will open again Jan. 2025)

Incentive: Level 1 \$200 or Level 2 \$300

Premium Discount/Bonus: Applied to paychecks in June and December

PMC PARTICIPATION

Percent of eligible staff and spouses who completed wellness incentive program:

- 2022 – 41%
- 2023 – 45%
- 2024 – 44%

OUTCOMES

44% of participants decreased at least one health risk from the previous year

(blood pressure, BMI, glucose, or cholesterol). (2022-2023)



PMC YOUTH PROGRAMS

KINDER SKOG - ORCA CAMPS

COMMUNITY WELLNESS PROGRAMS OF
PETERSBURG MEDICAL CENTER

PMC Youth Programs Focus

Implement Patient-Centered Care Practices

- ▶ Physical skill development
- ▶ Supports the development of positive character attributes and recognition of them.
- ▶ Youth voice matters and is considered during program development

Promote Preventive Care and Wellness

- ▶ Focus on health and wellness
- ▶ Provides opportunities for recreation and arts expression
- ▶ Promotes healthy behaviors

Utilize Technology & Data Analytics to Improve Patient Care & Outcomes

- ▶ Assessing staff needs for childcare
- ▶ Gather feedback from enrolled families about programs
- ▶ Developed the Forest Kindy program

PMC YOUTH PROGRAMS SUMMER 2024

more to explore in 2024

PETERSBURG MEDICAL CENTER

KINDER SKOG

ORCA CAMPS

MORNING SESSION

AFTERNOON SESSION

PODS

GROUP A GROUP B FOREST KINDY

M-F
8:00AM - 1:00PM

GROUP C

M-F
1:00PM - 5:15PM

RUN POD
TUE/THU
3:00PM-5:00PM
JUNE 11 - JULY 3

BASKETBALL POD
TUE/THU
3:00PM-5:00PM
AUG 6 - AUG 22

THEATER
JULY 8TH -
AUG 1ST
AFTERNOONS

KAYAKING EXPEDITION
JULY 22-26

FLY-FISHING
AUGUST

CHART NOTES

WARM WELCOME TO:

- o Stewart Ness, Ward Clerk, January 23rd
- o Katie Bryson, Grants Director, February 9th
- o Hanna Casey, Cook, February 12th
- o Rebecca Lee, Materials Assistant, March 4th

FOND FAREWELL TO:

- * Sarah Gundy, SLP, April 26th
- * Nicole Peterson, Materials Assistant, May 3rd
- * Kirsten Testoni, Home Health Manager, May 3rd

HAPPY BIRTHDAY TO:

EMPLOYMENT ANNIVERSARIES:

CONGRATULATIONS TO:

- o Ruby and Tim Shumway on the birth of their daughter Emerson born on April 6th
- o Lauren and Tyler Thain on the birth of their son Robert born on April 25th
- o Anya Pawuk, PMC CNA (father Matt (EHR & System Tech Lead) & mom Stephanie) on Anya graduating from Petersburg High School on Tuesday May 28th

WORKPLACE SATISFACTION SURVEY

PMC invites you to participate in the Employee Workplace Satisfaction Survey. This provides an opportunity for all employees to provide advice to the organization on areas that have shown to contribute most to workplace satisfaction. As a confidential survey, Paylocity will not link you with your responses. Results from this survey will be used to inform PMC in future planning.

Thank you to the 53% that have completed the survey! If you haven't, please take the time (it only takes a few minutes) and let your voice be heard to provide PMC with your valuable feedback for the organization!

To Access the Survey:

- o Click the "view survey" link in the Paylocity generated email sent to your address (Company ID: 145936)
- o Use the Paylocity app or web-based portal – Go to Menu / Employee Voice

NATIONAL NURSES WEEK ~ MAY 6TH – 12TH

Nurses Make the Difference! This year's theme "honors the incredible nurses who embody the spirit of compassion and care in every health care setting." May 6th – 12th is National Nurses Week, which occurs every year on the celebration of Florence Nightingale's Birthday. We celebrate the nurses who work at PMC and thank them for the care they provide in our community. The profession of nursing intersects and shapes many different stages of life. Nurses see us at some of life's most joyful and painful moments.

PMC employs 21 nurses – they are... RNs: Helen Boggs, Jennifer Bryner, Jolyn Duddles, Emma Gates, Elizabeth Hart, Laura Holder, Amy Hollis, Carolyn Kvernvik, Mary Kravitz, Elise Kubo, Nichole Mattingly, Mamie Nilsen, Valaree Nilsen, Rozanne Plew, Kirsten Rioux-Testoni, Kim Robson, Steph Romine, Ruby Shumway, Lauren Thain, Traci Vinson; LPNs: Rose Mommsen, Tony Vinson. Our sincere thanks!



EMPLOYEE FORUM ~ MAY 9TH

PMC will conduct an Employee Forum on Thursday, May 9th at 10 am and 2 pm in the Conference Room.

Workforce Updates

Here is the requested list of open positions:

- o Activities Assistant LTC
- o Activities Coordinator Adult Day Program
- o Bingocize Facilitator
- o Certified Nurse Assistant / OJT
- o Chiropractor
- o Clinic Reception Admissions / Medicaid Travel
- o Health IT Support Specialist
- o Lead Youth Program Mentor (Kinder Skog)
- o Materials Assistant
- o Medical Assistant
- o Medical Technologist
- o Occupational Therapist
- o Physical Therapist
- o Radiologic Technologist
- o Registration Coordinator
- o Speech-Language Pathologist
- o Staff Nurse - Home Health / Eldercare Services
- o Tobacco Prevention Project Coordinator
- o Tai Ji Quan Facilitator
- o Youth Intern

Overall, I feel my position and employment at PMC is:



● Satisfying: 57 (48%)

● Very satisfying: 43 (36%)

● Neither satisfying nor dissatisfying: 18 (15%)

● Very dissatisfying: 0 (0%)

● Dissatisfying: 1 (1%)

PMC Workplace Satisfaction Survey



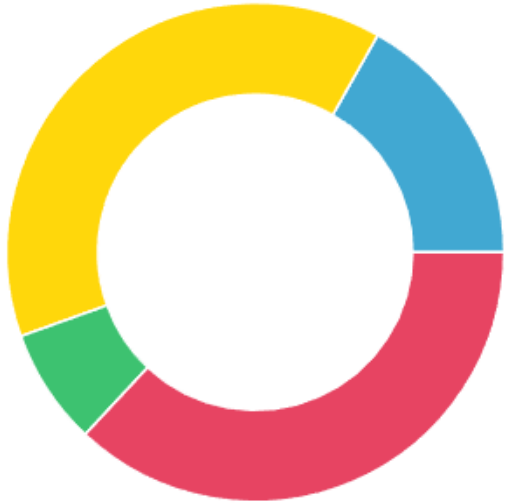
PMC Workplace Satisfaction Survey

PMC provides and encourages a positive, supportive, and collaborative work environment.



- Neither agree nor disagree: 23 (19%)
- Agree: 58 (49%)
- Disagree: 4 (3%)
- Strongly disagree: 0 (0%)
- Strongly agree: 34 (29%)

11. I feel valued as an employee of PMC.



- Sometimes: 20 (17%)
- Usually: 46 (39%)
- Rarely: 9 (8%)
- Always: 44 (37%)
- Never: 0 (0%)

PMC Workplace Satisfaction Survey

Financial Wellness

Caring for Patients

Service area	YTD Mar	Prior Yr	Population	
Clinic Visits	7,155	6,554	7,650	94%
Lab Tests	17,512	16,805	17,799	98%
X-Rays	1,764	1,883	2,555	70% + mammo dexa
Emergency	648	574	1,275	50%
Acute	244	246	627	39%
Swing	291	375	449	65%



Revenues

Division	YTD Mar	PY	Budget
Clinic	\$ 2,272,602	\$ 2,190,255	\$ 2,600,342
Outpatient	\$ 9,762,434	\$10,197,475	\$12,106,780
Inpatient	\$ 2,653,713	\$ 2,737,193	\$ 3,249,687
Gross Rev	\$19,524,947	\$19,108,475	\$22,686,216
Net	\$16,841,121	\$14,538,337	\$17,360,397
Total	18,491,074	16,586,262	18,686,035



Expenses

• Expense	YTD Mar	PY	Budget
• Salaries & Wages	8,476,310	8,807,709	9,213,775
• Contract Labor	823,571	598,422	628,343
• Benefits	3,161,402	3,157,577	3,348,412
• Training & Travel	91,469	56,136	109,827
• Other	325,754	288,261	304,808
• Purchases Svcs	1,131,432	1,268,976	1,332,427
• Supplies	1,196,908	1,273,647	1,375,537
• Minor Equip	172,727	150,959	138,507
• Repairs & Main	411,908	413,042	433,695
• Utilities	800,548	831,968	836,129
• Insurance	144,370	134,132	147,545
• Rental & Lease	186,925	190,490	196,206
• <u>Depreciation</u>	852,208	853,409	800,786
• Total	17,775,531	18,024,728	18,865,997



Income

	• YTD Mar	PY	Budget
• Operating	715,544	(1,436,466)	(179,962)
• <u>Capital</u>	<u>4,153,918</u>	<u>(119,408)</u>	<u>45,173</u>
• Total Net income	4,869,462	(1,567,574)	(134,789)
• Cash	\$1,904,934		
• AR Net	3,540,174		
• AP	3,074,479		



PHASE 1: SITE PREPARATION



PHASE 2: WERC SITE & BUILDING CONSTRUCTION



PHASE 3: HOSPITAL & LONG TERM CARE BUILDING CONSTRUCTION





**WERC
First Floor**

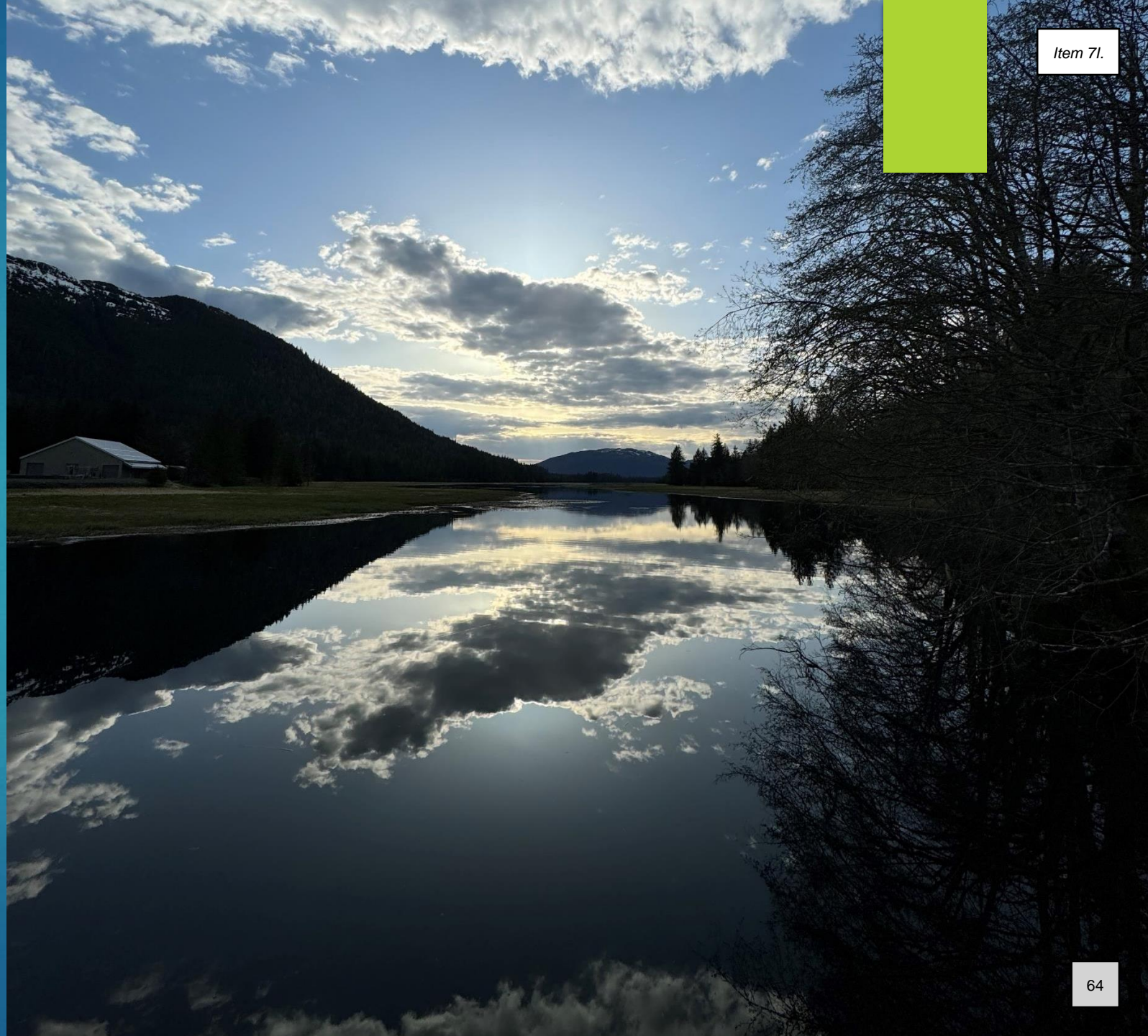
**Hospital &
Long Term Care**

**WERC
Second Floor**

**Wellness, Education
& Resource Center
(WERC)**

CLOSE

AFTER-EVENT SURVEY



Item 71.

PETERSBURG MEDICAL CENTER

FINANCIAL REPORTING PACKAGE

For the month ended April 30, 2024

PETERSBURG MEDICAL CENTER
Key Volume Indicators
FISCAL YEAR 2024

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	Total	Prior YTD	% Change
Hospital Inpatient															
1 Patient Days - Acute	32	32	26	8	40	33	30	21	22	30			274	293	-6.5%
2. Patient Days - Swing Bed	46	31	26	53	49	40	35	11		31			322	437	-26.3%
3. Patient Days - Total	78	63	52	61	89	73	65	32	22	61			596	730	-18.4%
4. Average Daily Census - Acute		1.0	0.9	0.3	1.3	1.1	1.0	0.8	0.7	1.0			1.3	1.0	32.2%
5. Average Daily Census - Swing Bed	1.5	1.0	0.9	1.7	1.6	1.3	1.1	0.4		1.0			1.5	1.4	4.2%
6. Average Daily Census - Total	2.5	2.0	1.7	2.0	3.0	2.4	2.1	1.1	0.7	2.0			2.8	2.4	15.4%
7. Percentage of Occupancy	21.0%	16.9%	14.4%	16.4%	24.7%	19.6%	17.5%	9.5%	5.9%	16.9%			23.1%	20.0%	15.4%
Long Term Care															
8. LTC Days	403	411	420	462	450	444	413	354	372	360			4,102	3,700	10.9%
9. Average Daily Census	13.0	13.2	14.0	14.9	15.0	14.3	13.4	13.0	12.1	12.0			19.1	12.2	56.8%
10. Percentage of Occupancy	86.7%	88.2%	93.3%	99.1%	100.0%	95.5%	89.0%	86.7%	80.9%	80.0%			127.2%	81.1%	56.8%
Other Services															
11. Emergency Room Visits	92	102	81	71	60	82	61	54	45	54			697	665	4.8%
12. Radiology Procedures	206	189	199	262	211	168	183	162	184	224			1,988	2,111	-5.8%
13. Lab Tests (excluding QC)	1,891	1,959	1,581	1,775	1,514	1,699	1,663	3,111	2,319	1,781			19,293	18,655	3.4%
14. Rehab Services Units	1,010	1,054	818	706	636	647	767	812	861	1,111			8,422	8,896	-5.3%
Physical	831	880	598	522	483	514	597	661	742	920					
Occupational	136	137	156	132	125	112	133	105	86	155					
Speech	43	37	64	52	28	21	37	46	33	36					
15. Home Health Visits	212	152	118	142	145	120	114	81	108	122			1,314	2,427	-45.9%
16. Clinic Visits	**	794	821	729	874	784	725	812	772	844	876		8,031	7,258	10.7%

** Stats under review

PETERSBURG MEDICAL CENTER
Statement of Revenues and Expenses
For the month ended April 30, 2024

Month Actual	Month Budget	\$ Variance	% Variance		FY24						
					YTD Actual	YTD Budget	\$ Variance	% Variance	Prior YTD	% Variance	
				<i>Gross Patient Revenue:</i>							
284,551	288,410	(3,859)	-1.3%	1. Clinic	\$2,557,153	\$2,888,752	(\$331,599)	-11.5%	\$2,433,181	5.1%	
1,029,928	1,273,888	(243,961)	-19.2%	2. Outpatient	10,792,362	13,380,668	(2,588,306)	-19.3%	11,270,464	-4.2%	
350,745	519,397	(168,652)	-32.5%	3. Inpatient	3,004,458	3,769,084	(764,626)	-20.3%	3,174,679	-5.4%	
519,246	565,404	(46,158)	-8.2%	4. Long-term Care	5,355,444	5,294,811	60,633	1.1%	4,459,789	20.1%	
2,184,470	2,647,099	(462,629)	-17.5%	5. Total gross patient revenue	21,709,417	25,333,315	(3,623,898)	-14.3%	21,338,113	1.7%	
				<i>Deductions from Revenue:</i>							
465,724	736,342	270,618	36.8%	6. Contractual adjustments	3,992,285	4,958,496	966,211	19.5%	4,598,917	13.2%	
0	0	0	n/a	7. Prior year settlements	(664,863)	0	664,863	n/a	17,955	3802.9%	
81,561	(164,695)	(246,256)	149.5%	8. Bad debt expense	(81,941)	176,700	258,641	146.4%	148,834	-155.1%	
(9,594)	67,707	77,301	114.2%	9. Charity and other deductions	(23,963)	829,977	853,940	102.9%	258,726	109.3%	
537,690	639,354	101,664	15.9%		3,221,517	5,965,173	2,743,656	46.0%	5,024,432	35.9%	
1,646,779	2,007,745	(360,966)	-18.0%	11. Net patient revenue	18,487,900	19,368,142	(880,242)	-4.5%	16,313,681	13.3%	
				<i>Other Revenue</i>							
82,508	82,831	(323)	-0.4%	12. Inkind Service - PERS/USAC	825,776	838,361	(12,585)	-1.5%	805,820	2.5%	
52,693	47,362	5,331	11.3%	13. Grant revenue	546,497	339,890	206,607	60.8%	316,740	72.5%	
0	279,706	(279,706)	-100.0%	14. Federal & State Relief	75,000	279,706	(204,706)	-73.2%	302,856	-75.2%	
17,150	14,088	3,062	21.7%	15. Other revenue	355,032	291,668	63,364	21.7%	1,056,055	-66.4%	
152,351	423,987	(271,636)	-64.1%	16. Total other operating revenue	1,802,304	1,749,625	52,679	3.0%	2,481,471	-27.4%	
1,799,130	2,431,732	(632,602)	-26.0%	17. Total operating revenue	20,290,204	21,117,767	(827,563)	-3.9%	18,795,151	8.0%	
				<i>Expenses:</i>							
932,305	1,016,987	84,682	8.3%	18. Salaries and wages	9,408,615	10,230,762	822,147	8.0%	9,779,875	3.8%	
121,006	58,896	(62,110)	-105.5%	19. Contract labor	944,576	687,239	(257,337)	-37.4%	654,218	-44.4%	
362,007	361,114	(893)	-0.2%	20. Employee benefits	3,523,409	3,709,526	186,117	5.0%	3,498,110	-0.7%	
123,979	98,568	(25,411)	-25.8%	21. Supplies	1,320,887	1,474,105	153,218	10.4%	1,364,913	3.2%	
113,286	136,064	22,778	16.7%	22. Purchased services	1,244,718	1,468,491	223,773	15.2%	1,398,561	11.0%	
56,782	74,280	17,498	23.6%	23. Repairs and maintenance	468,690	507,975	39,285	7.7%	483,786	3.1%	
13,654	6,167	(7,487)	-121.4%	24. Minor equipment	186,381	144,674	(41,707)	-28.8%	137,785	-35.3%	
20,955	22,303	1,348	6.0%	25. Rentals and leases	207,880	218,509	10,629	4.9%	212,143	2.0%	
88,876	95,932	7,056	7.4%	26. Utilities	889,425	932,061	42,636	4.6%	927,423	4.1%	
17,575	12,203	(5,372)	-44.0%	27. Training and travel	109,044	122,030	12,986	10.6%	69,733	-56.4%	
97,207	88,976	(8,230)	-9.3%	28. Depreciation	949,415	889,762	(59,653)	-6.7%	863,848	-9.9%	
15,855	16,651	796	4.8%	29. Insurance	160,225	164,196	3,971	2.4%	149,269	-7.3%	
26,749	27,139	390	1.4%	30. Other operating expense	352,502	331,947	(20,555)	-6.2%	313,926	-12.3%	
1,990,235	2,015,280	25,045	1.2%	31. Total expenses	19,765,766	20,881,277	1,115,511	5.3%	19,853,590	0.4%	
(191,105)	416,452	(607,557)	145.9%	32. Income (loss) from operations	524,439	236,490	287,949	-121.8%	(1,058,439)	149.5%	
				<i>Nonoperating Gains(Losses):</i>							
(127,277)	7,316	(134,593)	-1839.7%	33. Investment income	268,230	83,333	184,897	221.9%	226,166	18.6%	
(11,066)	(3,173)	(7,893)	-248.8%	34. Interest expense	(117,471)	(41,666)	(75,805)	-181.9%	(194,793)	39.7%	
0	0	0	n/a	35. Gain (loss) on disposal of assets	0	0	0	n/a	-	n/a	
2,168,046	528	2,167,518	410514.7%	36. Other non-operating revenue	6,032,861	8,177	6,024,684	73678.4%	(155,815)	-3971.8%	
2,029,702	4,671	2,025,031	43353.3%	37. Net nonoperating gains (losses)	6,183,620	49,844	6,133,776	12305.9%	(124,442)	5069.1%	
\$1,838,597	\$421,123	\$1,417,474	336.6%	38. Change in Net Position (Bottom Line)	\$6,708,059	\$286,334	\$6,421,725	2242.7%	(\$1,182,881)	667.1%	

PETERSBURG MEDICAL CENTER

Balance Sheet

April, 2024

ASSETS					LIABILITIES & FUND BALANCE	FY24			
	Apr 2024	Mar 2024	June 2023	Apr 2023		Apr 2024	Mar 2024	June 2023	Apr 2023
Current Assets:					Current Liabilities:				
1. Cash	1,234,056	893,136	422,951	274,368	23. Accounts payable	\$4,422,004	\$3,074,477	\$1,756,006	\$1,506,912
2. Cash - insurance advances	0	0	0	236,488	24. Accrued payroll	510,703	439,310	187,957	466,977
3. Investments	1,048,599	1,047,798	47,174	296,950	25. Payroll taxes and other payables	224,794	214,814	235,857	231,995
4. Total cash	2,282,655	1,940,934	470,125	807,806	26. Accrued PTO and extended sick	1,015,192	996,119	1,069,103	1,032,147
5. Patient receivables	5,529,047	5,311,132	6,030,712	6,973,239	27. Deferred revenue	323,948	287,351	206,868	157,840
6. Allowance for contractals & bad debt	(1,911,060)	(1,770,958)	(2,891,731)	(3,428,992)	28. Due to Medicare	266,855	266,855	99,999	70,991
7. Net patient receivables	3,617,987	3,540,174	3,138,980	3,544,247	29. Due to Medicare - Advance	0	0	0	236,488
8. Other receivables	2,679,854	1,985,559	938,719	64,891	30. Due to Blue Cross - Advance	0	0	0	0
9. Inventories	327,140	323,157	317,650	324,486	31. Other current liabilities	4,022	4,022	3,069	3,515
10. Prepaid Expenses	115,370	135,379	113,382	118,256	32. Loan Payable - SBA	0	0	0	0
11. Total current assets	9,023,007	7,925,204	4,978,857	4,859,685	33. Current portion of long-term debt	399,255	397,552	347,641	329,647
Property and Equipment:					34. Total current liabilities	7,166,773	5,680,499	3,906,501	4,036,511
12. Assets in service	28,596,432	28,589,182	28,056,475	28,006,286	Long-Term Debt:				
13. Assets in progress	7,289,724	4,874,122	1,322,767	567,585	35. Capital leases payable	2,187,440	2,221,499	2,435,762	2,458,605
14. Total property and equipment	35,886,156	33,463,304	29,379,242	28,573,871	Pension Liabilities:				
15. Less: accumulated depreciation	(22,102,423)	(22,005,217)	(21,153,009)	(20,888,277)	36. Net Pension Liability	16,521,607	16,521,607	12,053,763	12,053,763
16. Net property and equipment	13,783,733	11,458,087	8,226,233	7,685,594	37. OPEB Liability	-	-	-	-
Assets Limited as to Use by Board					38. Total pension liabilities	16,521,607	16,521,607	12,053,763	12,053,763
17. Investments	3,213,967	3,324,925	3,008,055	2,925,292	39. Total liabilities	25,875,820	24,423,606	18,396,026	18,548,879
18. Building fund	698,200	719,881	649,250	631,917	Deferred Inflows:				
19. Total Assets Limited as to Use	3,912,167	4,044,806	3,657,306	3,557,210	40. Pension	623,594	623,594	9,613,036	9,613,036
Pension Assets:					Net Position:				
20. OPEB Asset	6,685,608	6,685,608	8,781,677	8,781,677	41. Unrestricted	2,751,845	2,751,845	610,104	610,104
Deferred Outflows:					42. Current year net income (loss)	6,708,059	4,869,462	(218,841)	(1,131,599)
21. Pension	2,554,803	2,554,803	2,756,254	2,756,254	43. Total net position	9,459,903	7,621,307	391,263	(521,496)
22. Total assets	\$35,959,318	\$32,668,508	\$28,400,326	\$27,640,420	44. Total liabilities and fund balance	\$35,959,317	\$32,668,506	\$28,400,325	\$27,640,419

**Note: Cash on line 1 is for presentation purposes only. The total cash in bank is the sum of Lines 1 and 2.

PETERSBURG MEDICAL CENTER
Key Operational Indicators
For the month ended April 30, 2024

	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	June	YTD	Prior YTD	% Change
1. Contractual Adj. as a % of Gross Revenue	37.9%	25.1%	15.9%	23.4%	9.1%	20.9%	15.7%	12.2%	-0.8%	21.3%			21.3%	20.6%	-3.7%
2. Charity/Other Ded. as a % of Gross Revenue	1.0%	0.0%	0.0%	-0.4%	-0.7%	-0.2%	-0.3%	0.0%	-0.1%	-0.4%			-0.1%	1.1%	107.9%
3. Bad Debt as a % of Gross Revenue	-13.2%	-0.1%	-9.2%	5.1%	-11.3%	2.6%	6.1%	1.1%	11.7%	3.7%			-2.8%	2.5%	-212.3%
4. Operating Margin	-3.3%	-2.0%	4.6%	-23.3%	41.4%	-12.5%	0.4%	4.0%	-0.7%	-10.6%			4.5%	-10.2%	144.1%
5. Total Margin	-0.1%	10.0%	17.6%	-19.4%	51.5%	28.4%	8.4%	22.3%	35.2%	48.0%			18.8%	-10.6%	276.6%
6. Days Cash on Hand (Including Investments)	79.7	74.8	69.7	69.1	68.0	73.8	73.5	76.9	100.7	104.0	-	-	104.0	81.3	-23.7%
7. Days in A/R (Net)	58.5	62.8	61.9	59.7	56.1	58.2	61.0	67.5	59.8	62.0	-	-	62.0	61.9	0.2%
8. Days in A/R (Gross)	70.5	70.0	71.0	71.9	76.9	77.3	83.4	76.9	75.9	79.2			76.9	94.7	19.0%

**PETERSBURG MEDICAL CENTER
RESOLUTION NO. 2024 – 01**

A RESOLUTION AUTHORIZING THE PARTICIPATION OF THE Petersburg Medical Center of Petersburg Alaska, AND ITS EMPLOYEES AND OFFICIALS IN THE PUBLIC EMPLOYEES' RETIREMENT SYSTEM OF ALASKA AND THE PAYMENT OF THE REQUIRED PREMIUMS, PURSUANT TO A.S. 39.35 E.T. SEQ.

WHEREAS, the Petersburg Medical Center wishes to discontinue the fringe benefits of its permanent Part Time employees by withdrawing them from the PERS Plan effective July 1st, 2024.

NOW, THEREFORE, BE IT RESOLVED BY THE Petersburg Medical Center Board of Directors OF THE Petersburg Medical Center OF Petersburg, Alaska, that

1. Pursuant to A.S. 39.35.615, the Medical Center Board of Petersburg Medical Center hereby requests permission to withdraw permanent Part Time employees from the Public Employees' Retirement System of Alaska, effective July 1st, 2024.
2. All permanent Full Time employees of Petersburg Medical Center shall be participating members of the Public Employees' Retirement System of Alaska.

Jerod Cook, Board President

Date

Marlene Cushing, Board Secretary

Date