



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
OCTOBER 22, 2026
110 EAST MAIN STREET
TOWN COUNCIL CHAMBERS
4:00 PM

Martha Sterne, Chair
Gregory Gentile, Vice Chair
Dick Konrad, Commissioner
Patricia Uro-May, Commissioner
Stewart Brewster, Commissioner
Elenor Yick, Commissioner
Shailaja Venkatsubramanayan, Commissioner
Matthew Hudes, Council Liaison

IMPORTANT NOTICE

This meeting will be held in person at the location listed above. Members of the public may provide written or oral comments on agenda items by following the instructions listed at the end of the agenda.

CALL MEETING TO ORDER

ROLL CALL

CONSENT ITEMS *(Items appearing on the Consent are considered routine Town business and may be approved by one motion. Members of the public may provide input on any Consent Item(s) when the Chair asks for public comment on the Consent Items. Each speaker is limited to three minutes or such time as authorized by the Chair.)*

1. Approve the Minutes of the September 24, 2026, Community Health and Senior Services Commission.
2. Adopt a Resolution Setting the Meeting Day, Time, and Location of the Community Health and Senior Services Commission Schedule to Begin in 2027.

VERBAL COMMUNICATIONS *(Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda and is within the subject matter jurisdiction of the Commission. During special meetings, members of the public are welcome to address the Commission only on items listed on the agenda. Town resources may not be used to facilitate audio or visual presentations. To ensure all agenda items are heard, this portion of the agenda is limited to 30 minutes. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment. Each speaker is limited to three minutes or such time as authorized by the Chair.)*

OTHER BUSINESS *(Each speaker is limited to three minutes or such time as authorized by the Chair.)*

3. Receive the responses from the CHSSC gratitude board activity at the Town of Los Gatos 4th of July event.
4. Discuss Older Adult Emergency Preparedness.

COMMISSIONER/STAFF LIAISON REPORTS

ADJOURNMENT

ADA NOTICE - In compliance with the Americans with Disabilities Act, if you require special assistance to participate in this meeting, please contact the Clerk's Office at (408) 354-6834. Please notify the Clerk's Office at least two (2) business days prior to the meeting so that reasonable arrangements can be made to ensure accessibility in compliance with 28 CFR §35.102-35.104 and related provisions.

NOTICE REGARDING SUPPLEMENTAL MATERIALS - Materials related to an item on this agenda submitted to the Commission after initial distribution of the agenda packets are available for public inspection in the Clerk's Office at Town Hall, 110 E. Main Street, Los Gatos, and on the Town's website at www.losgatosca.gov. Town Commission agendas and related materials can be viewed online at <https://losgatos-ca.municodemeetings.com/>.

HOW TO PARTICIPATE

The Town of Los Gatos strongly encourages your active participation in the public process. If you are interested in providing oral comments during the meeting, you must attend in-person, complete a speaker's card, and return it to the staff. If you wish to speak to an item on the agenda, please list the item number on the speaker card. The time allocated to speakers may change to better facilitate the meeting. If you are unable to attend the meeting in-person, you are welcome to submit written comments via email to clerk@losgatosca.gov.

Public Comment During the Meeting:

When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting. Speakers at public meetings may be asked to provide their name and to state whether they are a resident of the Town of Los Gatos. Providing this information is not required.

Deadlines to Submit Written Comments:

If you are unable to participate in person, you may email clerk@losgatosca.gov with the subject line "Public Comment Item #_" (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to the Commission must provide the comments as follows:

For inclusion in an addendum: by 3:00 p.m. the day before the Commission meeting.

For inclusion in a desk item: 11:00 a.m. the day of the Commission meeting.



TOWN OF LOS GATOS

COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 10/22/2026

ITEM NO: 1

Draft Minutes of the Community Health and Senior Services Meeting September 24, 2026

MEETING CALLED TO ORDER AT APPROXIMATELY 4:00 P.M.

ROLL CALL

Present: Chair Sterne, Vice Chair Gentile, Commissioner Konrad, Commissioner Uro-May, Commissioner Yick, Youth Commissioner Cinnakotla. Council Liaison Hudes.

Absent: Commissioner Brewster, Commissioner Venkatsubramanayan.

Staff Present: Assistant Town Manager Katy Nomura and Senior Service Coordinator Jen Fosco.

CONSENT ITEMS

1. Approve the Minutes of the August 27, 2026 Meeting.

The following correction was noted:

Commissioner Uro-May left the meeting at approximately 5:28 p.m., not 4:28 p.m. as reflected in the minutes.

MOTION: Motion by **Commissioner Konrad** to approve the minutes of the August 27, 2026, meeting as amended. **Seconded by Commissioner Yick.**

VOTE: Motion passed 4-1. Commissioner Uro-May abstained.

VERBAL COMMUNICATIONS

The following individuals spoke during verbal communications:

- 1) Member of the Public
- 2) Tom Picraux

OTHER BUSINESS

2. Receive an Update from Community Service Provider Next Door Solutions to Domestic Violence on Their Programs for Seniors

Afi Nkhume-Crecy, the Community Engagement and Volunteer Coordinator, provided program information on Next Door Solutions to Domestic Violence.

The Commission discussed the item.

No one from the public spoke.

Chair Sterne moved up commissioner reports to be discussed before item three.

COMMISSIONER/STAFF LIAISON REPORTS

General Commissioner Reports

The following Commissioners reported on various activities: Yick, Vice Chair Gentile, Konrad, Uro-May, and Chair Sterne.

Staff Liaison Reports

Staff Liaison Fosco provided a report.

3. Receive Information Regarding the Launch of MyLosGatos311.

Senior Service Coordinator Jen Fosco provided information regarding MyLosGatos311.

The Commission discussed the item.

No one from the public spoke.

4. Receive an Update on the Adopt-A-Bench Program.

Senior Service Coordinator Jen Fosco provided a staff report on the Adopt-A-Bench-Program.

The Commission discussed the item.

No one from the public spoke.

5. Discuss Older Adult Emergency Preparedness.

The Commission discussed the item.

No one from the public spoke.

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SUBJECT: Draft Minutes of the Community Health and Senior Services Commission
Meeting September 24, 2026

DATE: October 22, 2026

ADJOURNMENT:

The meeting adjourned at 5:49 p.m.

Respectfully Submitted

/s/ Jen Fosco, Senior Service Coordinator



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 10/22/2026
ITEM NO: 2

DATE: October 22, 2026
TO: Community Health and Senior Services Commission
FROM: Jennifer Fosco, Senior Service Coordinator
SUBJECT: Adopt a Resolution Setting the Meeting Day, Time, and Location of the
Community Health and Senior Services Commission Schedule to Begin in 2027

RECOMMENDATION:

Adopt the Time and Place Resolution for the CHSSC meetings beginning in 2027 as voted on at the August 2026 meeting.

ATTACHMENT:

1. Time and Place Resolution

PREPARED BY: Jen Fosco
Senior Service Coordinator

RESOLUTION 2026-2

**RESOLUTION OF THE COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
OF THE TOWN OF LOS GATOS
ESTABLISHING A TIME AND PLACE FOR REGULAR MEETINGS**

RESOLVED, by the Community Health and Senior Services Commission of the Town of Los Gatos, that pursuant to Government Code Section 54954, the time and place for the regular meetings of the Board/Commission/Committee for 2027 shall be as follows:

Day: 3rd Wednesday
Time: 4:00p.m.
Frequency: Monthly
Place: Los Gatos Town Council Chambers

PASSED AND ADOPTED at a regular meeting of the Community Health and Senior Services Commission of the Town of Los Gatos, California, held on October 22, 2026, by the following vote:

COMMISSIONERS:

AYES:

NAYS:

ABSENT:

ABSTAIN:

SIGNED: _____

Marth Sterne, Chair

Community Health and Senior Services Commission

ATTEST: _____

Wendy Wood, Town Clerk



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 10/22/2026
ITEM NO: 3

DATE: October 22, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Services Coordinator
SUBJECT: Receive the responses from the CHSSC gratitude board activity at the Town of Los Gatos 4th of July event.

RECOMMENDATION:

Receive the responses from the CHSSC gratitude board activity at the Town of Los Gatos 4th of July event.

ATTACHMENT:

1. Commissioner Comment: 4th of July Gratitude Board Responses

PREPARED BY: Jen Fosco
Senior Service Coordinator

At the Los Gatos Independence Day celebration in Oak Meadow Park on July 4, 2026, the CHSSC booth had a white board asking the question, **“What Local Service or Volunteer Experience are You Grateful For?”**

The public were invited to write their responses on colored post-it notes and to place them on the board. Here are the responses:

- The parks!
- Art Docents ☐
- We like the Los Gatos Rec Center
- Connecting with clients at a day center for adults with dementia ☐
- Easter hunt
- I love the community in Los Gatos ☐
- The library (and the shelter!)
- HomeFirst SSVF — Helping with unhoused veterans
- Discovery Shop!
- Old people's classes
- Serving on the CHSSC has been a great way to meet leaders in the community
- I love my school
- Los Gatos Creek Trail ☐
- Need more senior pickleball courts
- Rotary Club of Los Gatos
- Street parties/parties in the parks
- I did a community cleanup for my school, once
- Senior classes at the Rec Center
- Live Oak Adult Day Center
- I'm grateful for the library, outdoor bicycle storage and free books!
- Hope Cafe in San Jose
- Thank you for the parks
- My friends and my school
- I love Los Gatos

Respectfully submitted,

Martha Sterne
Chair, CHSSC



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 10/22/2026
ITEM NO: 4

DATE: October 22, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Services Coordinator
SUBJECT: Discuss Older Adult Emergency Preparedness

RECOMMENDATION:

Commissioners will have the opportunity to discuss emergency preparedness for older adults, with a potential recommendation for amending the CHSSC work plan.

REMARKS:

The Town of Los Gatos is committed to safety and emergency preparedness for all residents, including older adults. Below are resources available in the community as well as steps the Town is taking to promote safety and emergency preparedness.

Santa Clara County Fire Department: The Santa Clara County Fire Department offers safety programs designed specifically for older adults. They have ongoing free programs community members can attend and request for their organization. These programs include Crime Prevention & Home Fire Safety, Preparing for Medical Emergencies, Fall Prevention Program, and Be Ready: Be Prepared! More information on the County programs can be found here: <https://www.sccfd.org/education-and-preparedness-overview/community-education-programs/adult-senior-safety-programs/>

City of The Los Gatos-Monte Sereno Community Emergency Response Team (LGMS CERT): The Los Gatos-Monte Sereno Community Emergency Response Team (LGMS CERT) is an all-volunteer, community-based emergency preparedness organization, supported by and operating within the command structure of the Los Gatos-Monte Sereno Police Department. The primary mission of LGMS CERT is to provide support and assistance to our communities and emergency services personnel during emergencies or disasters. But an equally important mission is to increase the overall level of disaster readiness by training and educating individuals within the communities of Los Gatos and Monte Sereno in emergency preparedness and basic disaster response techniques.

PREPARED BY: Jen Fosco
Senior Service Coordinator

CERT, under the direction of the Los Gatos-Monte Sereno Police Department, has identified CERT neighborhoods and is establishing Neighborhood Incident Command Posts to assist CERT members with emergency response efforts during a disaster. CERT neighborhoods can be found on this map: [CERT-Map](#)

CERT is an all-volunteer, community-based emergency preparedness organization, supported by and operating within the command structure of the Los Gatos-Monte Sereno Police Department. CERT volunteers complete a 21-hour course offers training in disaster preparation response and recovery skills. During disasters, police and fire department personnel may be unavailable to respond to all emergency events. CERT members may be called upon to serve in their neighborhoods, as well as areas outside of their immediate neighborhoods. More information about how community members can become a member of CERT can be found here: [CERT Training](#)

General information on the CERT program can be found here: [CERT \(Community Emergency Response Team\) | The Los Gatos CA Official Site!](#)

Neighborhood Preparedness Meetings: In addition to the above resources, the Town of Los Gatos periodically holds neighborhood preparedness meetings. The link to be notified of the next meeting can be found here: [Emergency Preparedness Neighborhood Meetings](#).

Also, the Town of Los Gatos has partnered with Los Gatos Saratoga Recreation (LGSR) to hold an emergency preparedness talk for older adults at the Adult Recreation Center on January 14, 2027, from 10:00am-11:00am.