TOWN OF GATOS

TOWN OF LOS GATOS COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION AUGUST 28, 2025 110 EAST MAIN STREET TOWN COUNCIL CHAMBERS 4:00 PM

Eleanor Yick, Chair
Martha Sterne, Vice Chair
Gregory Gentile, Commissioner
Dick Konrad, Commissioner
George Rossmann, Commissioner
Jeffrey P. Blum, Commissioner
Connor Krawez, Youth Commissioner
Matthew Hudes, Council Liaison

HOW TO PARTICIPATE

The Town of Los Gatos strongly encourages your active participation in the public process. If you are interested in providing oral comments during the meeting, you must attend in-person, complete a speaker's card, and return it to the staff. If you wish to speak to an item on the agenda, please list the item number on the speaker card. The time allocated to speakers may change to better facilitate the meeting. If you are unable to attend the meeting in-person, you are welcome to submit written comments via email to clerk@losgatosca.gov.

Public Comment During the Meeting:

When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting.

Speakers at public meetings may be asked to provide their name and to state whether they are a resident of the Town of Los Gatos. Providing this information is not required.

Deadlines to Submit Written Comments:

If you are unable to participate in person, you may email clerk@losgatosca.gov with the subject line "Public Comment Item #_" (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to the Commission must provide the comments as follows:

For inclusion in the agenda packet: 11:00 a.m. the Friday before the Commission meeting. For inclusion in the agenda packet supplemental materials: by 11:00 a.m. the day before the Commission meeting.

For inclusion in a desk item: 11:00 a.m. the day of the Commission meeting.

CALL MEETING TO ORDER

ROLL CALL

CONSENT ITEMS (Items appearing on the Consent are considered routine Town business and may be approved by one motion. Members of the public may provide input on any Consent Item(s) when the Chair asks for public comment on the Consent Items.)

1. Approve Minutes of the June 18, 2025 CHSSC Meeting.

VERBAL COMMUNICATIONS (Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda and is within the subject matter jurisdiction of the Commission. To ensure all agenda items are heard, this portion of the agenda is limited to 30 minutes. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment. Each speaker is limited to three minutes or such time as authorized by the Chair.)

OTHER BUSINESS (Up to three minutes may be allotted to each speaker on any of the following items.)

- Receive Board, Committee, and Commission Roles and Responsibilities, Including Code of Conduct Policy Training
- 3. Review and Provide Input on the Draft Service Provider Survey
- 4. Receive and Approve for Submission the Housing Task Force's Edits to the Housing Resource Guide
- 5. Senior Services Roadmap Update
- 6. Discuss Reports from June 12, 2025, Complete Streets and Transportation Commission Meeting that Relate to the Senior Services Roadmap Goals
- 7. Discuss CHSSC Work Plan to Identify Areas of Focus for the Remainder of the Year

ADJOURNMENT

ADA NOTICE In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Clerk's Office at (408) 354-6834. Notification at least two (2) business days prior to the meeting date will enable the Town to make reasonable arrangements to ensure accessibility to this meeting [28 CFR §35.102-35.104].

NOTE The ADA access ramp to the Town Council Chambers is under construction and will be inaccessible through June 2025. Persons who require the use of that ramp to attend meetings are requested to contact the Clerk's Office at least two (2) business days prior to the meeting date.

NOTICE REGARDING SUPPLEMENTAL MATERIALS Materials related to an item on this agenda submitted to the Commission after initial distribution of the agenda packets are available for public inspection in the Clerk's Office at Town Hall, 110 E. Main Street, Los Gatos and on Town's website at www.losgatosca.gov. Commission agendas and related materials can be viewed online at https://losgatos-ca.municodemeetings.com/.

MEETING DATE: 08/28/2025

ITEM NO: 1

DRAFT Minutes of the Community Health and Senior Services Special Meeting June 18, 2025

MEETING CALLED TO ORDER AT APPROXIMATELY 1:30 P.M.

ROLL CALL

Present: Chair Yick, Commissioner Gentile, Commissioner Konrad, Commissioner Rossmann, Commissioner Blum, Council Liaison Hudes (arrived at 2:10)

Absent: Vice Chair Sterne, Youth Commissioner Krawez

Staff Present: Assistant Town Manager Katy Nomura, and Senior Services Coordinator Leif Christiansen.

CONSENT ITEMS

1. Approve the Minutes of the May 29, 2025 Meeting.

MOTION: Motion by Commissioner Konrad to approve the minutes of May 29, 2025.

Seconded by Commissioner Blum.

VOTE: Motion passed unanimously.

VERBAL COMMUNICATIONS

Opened public comment.

No one spoke.

Closed public comment.

PAGE 2 OF 4

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission

Meeting of June 18, 2025

DATE: June 18, 2025

OTHER BUSINESS

2. Approve Submission of 2025 Mid-Year Report.

The Commission discussed goals #1-7.

Opened public comment.

No one spoke.

Closed public comment.

MOTION: Motion by Commissioner Blum to approve submission of mid-year report with

the edits and cover letter attached. Seconded by Commissioner Gentile.

VOTE: Motion passed unanimously.

3. Proposal to Print Copies of HUB Resource Guide and CHSSC Brochures.

The Commission discussed the item.

Opened public comment.

No one spoke.

Closed public comment.

MOTION: Motion by Commissioner Blum to approve proposal to print an additional 500

copies of the HUB Resource guide with one edit about the annual LGS 55+

membership cost. Seconded by Commissioner Konrad.

VOTE: Motion passed unanimously.

PAGE 3 OF 4 SUBJECT: Draft Minutes of the Community Health and Senior Services Commission Meeting of June 18, 2025 June 18, 2025 DATE: Discuss Potential of CHSSC Participation in the Town's 4th of July Symphony in the Park 4. Event. The Commission discussed the item. Opened public comment. No one spoke. Closed public comment. 6. Discuss the Santa Clara County Age-Friendly Community Survey Preliminary Data and Upcoming Listening Sessions. The Commission discussed the item. Opened public comment. No one spoke. Closed public comment. Discuss Commissioner Updates, Including Updates on Goals 1-7 of the Senior Services 7. Roadmap. The Commission discussed the item. Opened public comment. No one spoke.

Closed public comment.

PAGE 4 OF 4
SUBJECT: Draft Minutes of the Community Health and Senior Services Commission
Meeting of June 18, 2025
DATE: June 18, 2025

ADJOURNMENT:	
The meeting adjourned at 2:34 p.m.	
Respectfully Submitted:	
Leif Christiansen, Senior Service Coordinator	<u> </u>

MEETING DATE: 08/28/2025

ITEM NO: 2

DATE: August 12, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Receive Board, Committee, and Commission Roles and Responsibilities,

Including Code of Conduct Policy Training

RECOMMENDATION:

Receive Board, Committee, and Commission Roles and Responsibilities, Including Code of Conduct policy training.

REMARKS:

Town staff will provide an overview of the Board, Committee, and Commission Roles and Responsibilities, Including Code of Conduct policy, adopted by Council on August 19, 2025.

ATTACHMENTS:

1. Adopted Board, Committee, and Commission Roles and Responsibilities, Including Code of Conduct Policy

PREPARED BY: Leif Christiansen

Senior Service Coordinator



COUNCIL POLICY MANUAL

mall Town Service

Community Stewardship

Future Focus

Title: Board, Committee, and Commission Responsibilities, Including Code of Conduct		Policy Number: 2-19
Effective Date: 8/19/2025		Pages: 5
Enabling Actions:	Revised Date:	
Approved: Math Andu		

I. Preamble

This Policy sets forth the roles, responsibilities, and Code of Conduct for the Town's Boards, Committees, and Commissions (hereinafter referred to as "Commissions"). The legal responsibilities of the Los Gatos Town Commissioners are set forth by applicable state and federal laws. In addition, the Town Council has adopted regulations, including this Code of Conduct Policy, that holds Commissioners to standards of conduct above and beyond what is required by law. This Policy is written with the assumption that Commissioners, through training, are aware of their legal and ethical responsibilities as appointed officials. Commissioners are not allowed to engage in activity which would constitute a violation of this Policy, nor does anything in this Policy transfer authorities vested in the Town Council or Town Manager to a Commission or individual Commissioners. Nothing in this policy shall infringe on the constitutional rights of Commissioners, including the right to free expression.

II. Town Board, Committees, and Commissions Roles and Responsibilities

The role of the Commissions is to act as a bridge between the community and the Town Council. Commissioners are volunteers who contribute their time and expertise to help identify, analyze, and evaluate community issues within the scope of their respective Commissions. Through public meetings and other engagement efforts, Commissioners gather community input during recognized Commission meetings, ad hoc meetings, and established task forces, and use this information to make thoughtful, informed recommendations to the Town Council, which is the final policy-making authority. The Commission's work should align with the Town Council's Strategic Priorities and supports the Town's mission to enhance the quality of life through effective leadership and responsive services. Commissioners serve at the will of the Council.

Individual Commissioners are expected to attend all meetings and come prepared by reviewing agenda materials in advance. They are to conduct themselves with respect, fairness, and courtesy toward fellow members, Town staff, and the public, while recognizing and supporting the authority of the Chair to lead meetings effectively. Commissioners should stay focused on meeting topics, use time efficiently, and contribute constructively to discussions. They are expected to act with honesty and integrity, serve as role models of civic leadership, and

TITLE: Board, Committee, and Commission Code of Conduct	Page: Page 2 of 5	Policy Number: 2-19
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maintain public trust in Town government. Commissioners must also be aware of and avoid potential conflicts of interest, understand their obligations under the Brown Act, and seek guidance from Commission staff liaisons when questions arise regarding their duties or ethical requirements. If needed, the Commission staff liaison will coordinate with other Town staff as necessary.

III. Commissioner Conduct in Public Meetings

To ensure the highest standards of respect and integrity during public meetings, Commissioners should:

- A. *Use formal titles.* Commissioners should refer to one another formally during Commission meetings using terms such as Chair, Vice Chair or Commissioner, followed by the individual's last name.
- B. Practice civility and decorum in discussions and debate. Difficult questions, tough challenges to a particular point of view, and criticism of ideas and information are legitimate elements of free democracy in action. During public discussions, Commissioners should be respectful of others and diverse opinions and allow for the debate of issues.
- C. Honor the role of the presiding officer in maintaining order and equity. Respect the Chair's efforts to focus discussion on current agenda items.
- D. Commission decisions should be reserved until all applicable information has been presented.
- E. Conduct during public hearings. During public testimony, Commissioners should refrain from engaging the speaker in dialogue. Speakers at public meetings may be asked to provide their full name and to state whether they are a resident of the Town of Los Gatos. This information is optional but not required. For purposes of clarification, Commissioners may ask the speaker questions. Commission comment and discussion should commence upon the conclusion of all public testimony.

IV. Compliance and Operational Requirements

Town Commissions operate under a series of laws that regulate its operations as well as the conduct of its members. The Town Attorney serves as the Town's legal officer and is available to advise the Commissioners on relevant legal matters; however, any such advice will be coordinated through the commission staff liaison.

A. Training

Commissioners shall participate in training in the following areas:

- 1. The Ralph M. Brown Act
- 2. AB 1234 Conflict of Interest (Planning Commission Only)
- 3. Town / CA State Law on Harassment (SB 1343)

Page: Page 3 of 5 Policy Number: 2-19

B. Procurement

Unless authorized by the Town Council, Commissioners shall not become involved in administrative processes for acquiring goods and services.

C. Land Use Applications

The merits of an application shall only be evaluated on information included in the public record. Commissioners shall not participate in any exparte communications and must place any information obtained outside of the public hearing that may influence his/her decision on a matter pending before the Commission into the record at the public hearing.

D. Code of Conduct Policy

Newly appointed Commissioners shall sign a statement affirming they have read and understand the Town of Los Gatos Council Code of Conduct Policy.

E. Non-Profit Organizations

Commissioners that sit on boards of directors of non-profit organizations which receive funding or in-kind contributions from the Town may not participate in the Community Grant Program selection process.

F. Applicable Laws and Town Policies

Commissions shall abide by all applicable municipal, state, and federal laws and Town policies.

G. Workplan

Matters to be done outside of a Commission meeting will require Town Council approval through the workplan before any such activity may be performed on behalf of the Town or Commission. Items listed on the workplan as discussion-only, or those with no staff time allocated, are not considered action items and do not provide the necessary Town Council approval to conduct any activities in an official Commissioner capacity. They are intended solely to facilitate discussion during agendized Commission meetings on topics within the Commission's scope. Nothing in this section limits a Commission from requesting changes to the work plan during the course of the year.

V. Commission Relationship with the Town Council

The primary responsibility of Commissions is to advise and make recommendations to the Town Council. Recommendations are forwarded through the Town Manager's Office to the Town Council for consideration. While the Council values and relies on the Commission's input, the Council's role is to consider recommendations from multiple sources and make final decisions based on strategic priorities and the broader interests of the community. Because of this broader perspective, the Council may not always implement the recommendations of a particular Commission.

TITLE: Board, Committee, and Commission Code of Conduct	Page: Page 4 of 5	Policy Number: 2-19	
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It is important to maintain a clear distinction between the advisory role of Commissions and the decision-making authority of the Town Council. While Commissioners may at times disagree with Council decisions, once the Council has taken a position or chosen not to implement a recommendation, it is expected that the Commission and its individual members will respect that decision.

VI. Commission Communication

Commissioners must comply with the Brown Act, and nothing in this Policy shall be interpreted as limiting the rights or obligations established by that law.

A. Public Meeting

 When a member of an advisory body addresses the Council or Commission at a public meeting, it should be made clear whether the member is speaking on behalf of the advisory body or as an individual.

B. External Representation

- Commissioners are not authorized to represent the Town outside of official Commission meetings unless specifically authorized to do so by the Town Council.
- 2. When Commissioners communicate outside of official Commission meetings regarding Commission matters, or in a manner that is not authorized by Town Council, they shall clearly and explicitly convey that such communication is provided as an individual and does not in any way represent the Commission, Town, or Town staff. This can be accomplished by using language such as: "Speaking for myself and not on behalf of the Commission or the Town . . ."

VII. Enforcement

A. Purpose

The Boards, Committee, and Commission Code of Conduct Policy establishes guiding principles for appropriate conduct and behavior and sets forth the expectations of Commissioner. The purpose of the policy language is to establish a process and procedure that:

- 1. Allows the public, Commissioners, and Town employees to report Code of Conduct policy violations or other misconduct.
- 2. Provides guidelines to evaluate Code of Conduct policy violations or other misconduct and implement appropriate disciplinary action when necessary.

B. Procedures

- 1. Complaints related to a Code of Conduct policy violation or other misconduct shall be submitted through the Town Clerk in writing or in any other such form that can be reviewed, documented, retained, and transmitted.
- 2. Upon receipt, the Town Clerk will forward the complaint submission to the appropriate staff member for review and consultation.

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3. Following this, a memorandum shall be prepared by staff and distributed to the Town Council through the Town Manager, notifying them of the complaint. In accordance with Council Policy 2-01, Section I, any Council Member may request that a discussion of the complaint be scheduled on a future agenda.

C. Disciplinary Action

Disciplinary action may be imposed by the Council upon Commissioners who have violated the Code of Conduct Policy or other misconduct. In determining the type of sanction imposed, the following factors may be considered including but not limited to:

- Nature of the violation,
- Prior violations by the same individual, and
- Other factors which bear upon the seriousness of the violation.

Commissioners who have been notified by the Town Clerk that they are out of compliance with State or Town mandated requirements for Ethics Training or Fair Political Practices Commission Form 700 filings shall not be permitted to attend Commission meetings until they are compliant. Any resulting absences will be counted as unexcused and may result in automatic forfeiture of the position if the total exceeds the allowable absences outlined in the Attendance Requirements section of Council Policy 2-11.

1. Types of Sanctions

At the discretion of the Town Council, sanctions may be imposed for violating the Code of Conduct or engaging in other misconduct. The Commissioner will be given notice and an opportunity to provide a written or verbal response prior to any sanctions. These actions may be applied individually or in combination. They include, but are not limited to:

- a. Public Admonishment A warning directed publicly at a Commissioner regarding specific behavior.
- b. Removal A Commissioner may be removed by a 3/5 vote of the Town Council at any time, with or without cause, in accordance with the Town's policies. While removal may be used as a response to a violation of this policy, it is not limited to disciplinary situations and may occur at any time at the Council's discretion.

APPROVED AS TO FORM:

Gabrielle Whelan, Town Attorney



MEETING DATE: 08/28/2025

ITEM NO: 3

DATE: August 25, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Review and Provide Input on the Draft Service Provider Survey

RECOMMENDATION:

Review and provide input on the draft service provider survey.

REMARKS:

On May 29, 2025, the Commission unanimously voted to recommend sending an email communication titled "Help Shape the Next Phase of Mental Health Support" to local service providers. The proposed email asked three questions regarding the provision of mental health services and asked three follow-up questions (i.e., What is working well from your perspective? What challenges are you seeing now? What new ideas or priorities do you suggest?)

Also, on May 29, 2025, the Commission unanimously voted to recommend staff review and forward a draft email and survey titled "Impact of Federal Funding Reductions on Health and Senior Services in Los Gatos" to Town Council for review and approval to send to local service providers.

With the Commission recommendations in mind, Town staff prepared a draft "Service Provider Survey" for review and input. The intent of the survey is to collect information from local service providers, including but not limited to: agency mission/vision, target population served, specific services offered, outcome measurement, primary funding sources, volunteer engagement, current challenges and past interactions with The Town of Los Gatos. The survey responses will be used to gain a deeper understanding of services available to residents, and to understand and/or forecast potential barriers to service provision (i.e., funding cuts).

Staff will consider input provided by the CHSSC when finalizing the survey and after issuing the survey, will provide the survey results to the CHSSC at a future meeting.

ATTACHMENTS:

1. Draft Service Provider Survey Questions

PREPARED BY: Leif Christiansen

Senior Service Coordinator

Service Provider Survey Questions Draft

Disclaimer: the results of this survey will be shared with the Town of Los Gatos Community Health and Senior Services Commission and will be publicly available.

About the Service Provider:

out	the Service i Tovider.
1.	What is the name of your organization?
2.	Please provide the name, email, and phone number of the best contact person for your organization for any follow up questions or clarifications:
3.	What is your organization's mission and vision?
4.	What geographic area does your program serve (i.e., Santa Clara County, Los Gatos, etc.)?
5.	Please describe your target population (not necessarily geographic location)?
6.	What age group do you primarily serve? (multiple choice)
	a. Youth
	b. 19-54
	c. 55+
7.	How do you ensure residents are aware of your services. What type of outreach is done?
8.	How are individuals referred to your programs?

Page 14 ATTACHMENT 1

- 9. What specific programs/services do you offer? (multiple choice)
 - a. Transportation Services
 - b. Housing/Sheltering Services
 - c. Food and Nutrition Services
 - d. Recreation and Social Activities
 - e. Education
 - f. Health and Wellness
 - g. Mental Health and/or Addiction Support
 - h. Legal Aid
 - i. Youth Services
 - j. Older Adults Services: Case Management
 - k. Older Adults Services: Adult Day Care
 - l. Older Adults Services: Caregiver Support
 - m. Older Adults Services: Recreation and Social Activities
 - n. Older Adults Services: Educational
 - o. Older Adults Services: Health and Wellness
 - p. Older Adults Services: Transportation
 - q. Older Adults Services: Food and Nutrition
 - r. Older Adults Services: Housing/Sheltering
 - s. Unhoused Services and Support: Case Management
 - t. Unhoused Services and Support: Basic Care Needs
 - Unhoused Services and Support: Housing/Sheltering
 - v. Other (please describe)
- 10. How does your organization measure the impact of your programs?

- 11. How many individuals have you served in the past year/month?
- 12. How many individuals have you served in the past year/month that were Los Gatos residents?
- 13. How many individuals have you served in the past year/month that were seniors?
- 14. What other organizations/government agencies in Santa Clara County do you collaborate with, if any?
- 15. Do you have any metrics you can share about client satisfaction? If so, please include them here.
- 16. What are your biggest challenges in administering services?
- 17. In the last 12 months, did anything occur that has or will impact the services you provide? If so, please describe in detail.
- 18. What are your primary sources of funding (i.e., government/private sector grants, private donations, etc.)?
- 19. Are there opportunities for individuals to support your work through volunteering? If so, how do you recruit volunteers?

Town-wide Service Provision Observations:

20. In terms of community health and senior services provided to the Los Gatos community, what is working well from your perspective?

- 21. In terms of community health and senior services provided to the Los Gatos community, what challenges are you currently seeing/experiencing?
- 22. In terms of community health and senior services provided to the Los Gatos community, what new ideas or priorities do you suggest?
- 23. In terms of community health and senior services provided to the Los Gatos community, what are the service gaps that you see, if any?

Past Interactions with the Town of Los Gatos

- 24. Has your organization partnered/coordinated with the Town of Los Gatos on any programs, projects, and/or events?
- 25. Do you have comments/suggestions (constructive or positive) related to the partnership between your organization and the Town of Los Gatos?

Additional Comments

26. Do you have any additional comments to share?

MEETING DATE: 08/28/2025

ITEM NO: 4

DATE: August 12, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Receive and Approve for Submission the Housing Task Force's Edits to the

Housing Resource Guide

RECOMMENDATION:

Receive Housing Task Force's edits to the Housing Resource Guide and approve for submission to Town staff for consideration.

REMARKS:

Attached are the edits made by the Housing Task Force to the Housing Resource Guide for the Commission's review. If acceptable, the Commission can approve the draft edits for submission to Town staff for consideration.

ATTACHMENTS:

1. Commissioner Comments: Draft Housing Resource Guide Edits

PREPARED BY: Leif Christiansen

Senior Service Coordinator

JUNE 2025

Edited LG Housing Resource Guide Task Force Final Report

Community Health and Senior Services Commission (CHSSC)

CHSSC Task Force Members: Greg Gentile

Tom Picraux

Eleanor Yick

In 2024, the Community Health and Senior Services Commission (CHSSC) established the (Los Gatos) Housing Resource Guide Task Force Committee to update and edit the document. As best as could be determined, the current document was published in 2015.

The members of the Task Force were Commissioners Greg Gentile and Eleanor Yick. Tom Picraux, former CHSSC commissioner and current president of the Los Gatos Thrives Foundation, also volunteered to serve on the committee.

The original Housing Resource Guide was reviewed and edited in sections. Insertions and editing were highlighted in red. Each listing was reviewed and the data verified or corrected via internet research and/or phone calls. The Task Force also deleted those listings that were no longer active.

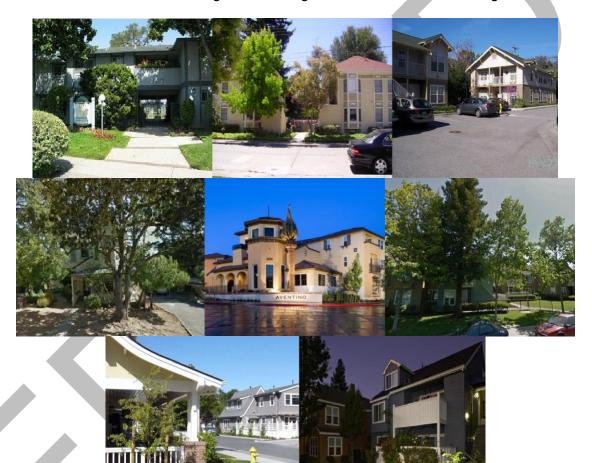
The Task Force identified some suggestions for Town Staff to consider as they finalize the documents:

- 1. The Task Force suggests that a new category be inserted for Senior Housing Communities that have an "initial buy in fee required" to join. Many times, these fees are very expensive and seniors need to be knowledgeable about this requirement as they research their options.
- 2. One recently opened Senior Community in Los Gatos (The Grove) has a minimal buy in fee of one month's rent.
- 3. The Task Force notes that the many corrections made to the original document have impacted pagination and placements.
- 4. The Task Force also notes that with the recent passage of new housing laws in California, this document should be reviewed on a regularly scheduled basis to maintain accuracy and the most current information.



Housing Resources Guide

A Guide to Housing Service Programs and Affordable Housing



Prepared by the Town of Los Gatos Community Development Department 110 E. Main Street Los Gatos, CA 95030 408-354-6874 http://www.losgatosca.gov

Updated: 2025

**The Town of Los Gatos makes no warranties or recommendations about any of the services or information contained in this guide. It is solely intended as a reference list of available resources for the public.

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HOUSING / RENTAL LIST

SENIOR RENTAL HOUSING (AFFORDABLE)

This is a list of affordable senior rental housing in the Town of Los Gatos. Please contact the individual property managers for unit availability and qualification requirements.





LOS GATOS FOURPLEX

Four 1-bedroom units for low and moderate income seniors

Must meet income eligibility.

Property listed and in process of being sold.

Remove – website now says permanently closed

TERRACES OF LOS GATOS, THE

29 Below Market Price units for seniors and persons with disabilities.

Must meet income eligibility.

221 - 227 Nicholson Avenue

Contact: Mid-Pen Housing Coalition Telephone: (650)-356-2900

Website: www.midpenhousing.org/

800 Blossom Hill Road

Contact: Director of Sales Linda Price 408-357-1121 Website: www.theterracesoflosgatos.com



VILLA VASONA

107 Below Market Price units for seniors and persons with disabilities

Must meet income eligibility.

626 West Parr Avenue

Contact: Property Manager Tina Kirk Wesson Website:www.mbspminc.com Email: mbspminc.com Telephone: (408) 370-9410

, ,



WALNUT GROVE

Senior Housing 55+ 49 Below Market Rate units 14235 Walker Street

Contact Eden Housing (408)790-8155
Website: www.housekeys.org/applicationprocess

Note to Los Gatos town staff: Housekeys website states that Town of Los Gatos has contracted with Housekeys to take over as the affordable Housing Program Administrator. Is there anything missing here related to those properties?

SENIOR HOUSING (MARKET RATE)

The following senior housing developments are available at open market rate pricing. Please contact the individual property managers for unit availability and unit lease rents.



BELLMONT VILLAGE LOS GATOS

Senior Retirement Community w/ Independent living to assisted living quarters.

5121 Union Avenue, San Jose

Contact: Property Manager Telephone: (408)559-3333

Website: www.belmontvillage.com/locations/los-gatos-san-jose-california/



THE GROVE AT LOS GATOS

Senior Retirement Community w/ independent living units to assisted living quarters to skilled nursing.

400 Blossom Hill Road

Contact: Resident Development

Director,

Taylor Wood Telephone: 408-315-2801

Email: taylor@groveseniorliving.com Website: https://groveseniorliving.com/



TERRACES OF LOS GATOS, THE

Senior Retirement Community w/ independent living units to assisted living quarters to skilled nursing.

800 Blossom Hill Road

Contact: Director of Sales Linda Price

Telephone: 408-357-1121

Website:

www.theterracesoflosgatos.com

RENTAL HOUSING (AFFORDABLE)

This is a list of affordable rental housing in the Town of Los Gatos.

Please contact the individual property managers for unit availability and qualification requirements.



FAIRVIEW PLAZA

Four-plex with studio, 1-bedroom, & 2-bedroom units

Must meet income eligibility.



Contact: Community Housing Developers

Telephone: (408) 279-7657

Website: www.communityhousingsv.org



AVENTINO APARTMENTS

51 Below Market Price units 1-bedroom & 2-bedroom units

Must meet income eligibility.

200 Winchester Circle

Contact: Property Manager Telephone: (408) 871-7200

Email:

aventino@newhome1.com

Website:

www.aventinogreystar.com



LOS GATOS CREEK APARTMENTS VILLAGE

12 studio units

Must meet income eligibility.

31 Miles Avenue

Contact: Community Housing Developers

Telephone: (408) 279-7657

Website: www.communityhousingsv.org



LOS GATOS OAKS APARTMENTS

2 Below Market Price units with 1 bedroom

Must meet income eligibility.

517 Blossom Hill Road

Contact: Property Manager Telephone: (408) 358-2900

(408) 858-3609



OPEN DOORS (MULTI-FAMILY)

64 units with on-site child care center 2. 3 & 4-bedroom units

Income must be less than 60% of County median.

634 West Parr Avenue

Contact: Property Manager

Adriana Garcia

Telephone: (408) 379-6119

Website: www.midpen-housing.org/



VIVERE APARTMENTS

25 Below Market Price units 1-bedroom & 2-bedroom units

Must meet income eligibility.

137 Riviera Drive

Contact: Property Manager

A. Lynn

Telephone: (408) 354-3177

Website: www.viverelosgatos.com

RENTAL HOUSING (AFFORDABLE)

continued



BOYER LANE 102-124 Boyer Lane

2 Below Market Price units

Must meet income eligibility.

Contact: Property Manager

Bob Granham

Telephone: (408) 395-0101



COTTAGE GLENN OF LOS GATOS

100 Naramore Lane

1 Below Market Price unit

Must meet income eligibility.

Contact: Property Manager Telephone: (408) 423-7150



TERRENO DE FLORES

195 Terreno de Flores

2 Below Market Price units

Must meet income eligibility.

Contact: HouseKeys

Email: programs@housekeys.org



FARLEY ROAD WEST

4 Below Market Price units.

Must meet income eligibility.

17435 Farley Road

Contact: HouseKeys

Email: programs@housekeys.org

RENTAL HOUSING (MARKET RATE)

The following housing developments offer rental apartment units at open market rate pricing. Please contact the individual property managers for unit availability and unit lease rents.



AVENTINO APARTMENTS

200 Winchester Circle

239 market rate units1-bedroom & 2-bedroom units

Telephone: (408) 871-7200 Email: aventino@greystar.com Web: www.aventinoapts.com

Contact: Property Manager



BLOSSOM HILL TERRACE APARTMENTS

110 Oak Rim Court

72 market rate units
1-bedroom & 2-bedroom units

Telephone: (408) 248-6300

Email:info@rodakproperties.com

Contact: Property Manager



CASA VASONA GARDEN APARTMENTS

859 University Avenue

33 market rate units Studio, 1, & 2-bedroom units

Telephone: (562) 742-3831 Email: info@rodakproperties.com

Contact: Property Manager



EL GATO PENTHOUSE APARTMENTS

20 East Main Street

81 market rate units
Contact: Property Manager
Telephone: (408) 354-3141

Website: www.elgatopenthouse.com



LAGOON APARTMENTS
RED BRANCH APARTMENTS

16945 Roberts Road

24 market rate units 2-bedroom units Contact: Property Manager Telephone: (408) 455-9159

Email:

redbranchapartments@eprodesse.com

Website:

www.redbranch.eprodesse.com



LANDMARK APARTMENTS

48 market rate units

14850 Oka Road

LOS GATOS GARDENS

Contact: Property Manager Telephone: (408) 358-1676

2-bedroom & 3-bedroom units

Email:

losgatosgardens@eprodesse.com www.losgatosgardens.eprodesse.com/



LIVE OAK APARTMENTS

615 Blossom Hill Road

54 market rate units 1 & 2-bedroom units Contact: Property Manager Telephone: (408) 356-1008

Email: manager.liveoak@gmail.com



LOS GATOS GARDENS

14850 Oka Road (office) & 14930 Oka Road Contact: Property Manager Telephone: (408) 438-7802

48 market rate units 2-bedroom & 3-bedroom units

Email: losgatosgardens@altosapartments.com Website: LosGatosGardens.eprodesse.com

(669) 271-8968



LOS GATOS HEIGHTS

226 Edelen Avenue

44 2-bedroom units

Contact: Property Manager Telephone: (408) 313-1017 Website: LosGatosheights.com Email:LosGatos@S101management.c

<u>om</u>



LOS GATOS OAKS APARTMENTS

515 & 517 Blossom Hill Road 517 Blossom Hill Road

13 market rate units 1 & 2-bedroom units

Contact: Property Manager Telephone: (408) 358-2900 (408) 858-3609



LOS GATOS OAKS APARTMENTS

517 Blossom Hill Road

13 market rate units
2-bedroom units
DUPLICATE
LISTING

Contact: Property Manager Telephone: (408) 358-2900 (408) 858-3609



LYON BAY TREE

56 market rate units 1-bedroom & 2-bedroom units 347 Massol Avenue

Contact: Property Manager Telephone: (866) 439-5127

(408) 354-7317 (OFFICE)

(408) 521-1416

Website:Lyonliving.com/bay-tree





MAISON MASSOL APARTMENTS

29 Massol Avenue

29 market rate units 1 bedroom & 2-bedroom units Contact: Property Manager Telephone: (408) 354-2902 (669)291-2326

(669) 232-8165

Email: maisonmassol@rentaladdress.com



MIRA LOMA OF LOS GATOS APARTMENTS

225 Avery Lane

31 market rate units
Studio, 1-bedroom & 2-bedroom units

Contact: Property Manager Telephone: (408)354-0827 (Valley Realty)

Web:www.apartment.com/losgatos



TAMARACK APARTMENTS

24 market rate units

1&2 bedroom units

570 University Avenue

Contact: Property Manager Telephone: (408) 395-6244

Email:

mgutierrez@spiekercompanies.com Web:100Oakrimapartments.com



THREE OAKS APARTMENTS

105 Forrest Avenue

27 market rate units
Contact: Property Manager
1-bedroom & 3-bedroom units
Telephone: (408) 354-7514
(no one answers this number)

Web. <u>www.apartments.com</u>



TWELVE OAKS APARTMENTS

107 Oak Rim Court

42 market rate units
Contact: Property Manager
Telephone: (669) 215-4514

Email:

MikeH@Pavicich.com

(No one answers this email)



UNIVERSITY TERRACE APARTMENTS

520 University Avenue

20 market rate units
1-bedroom & 2-bedroom units

Contact: Property Manager Telephone: (408) 912-0394 Telephone: (408) 354-2180

=no answer

Web. www.apartments.com

RENTAL HOUSING (MARKET RATE) continued



VALLEY OAKS APARTMENTS

100 Oak Rim Way

24 market rate units1-bedroom & 2-bedroom units

Contact: Property Manager Telephone: 669-215-4514

Email:mgutierrez@spiekercompamies.com

Web: 100oakrimapartments.com



VIVERE APARTMENTS

135 & 137 Riviera Drive

148 Market rate units
1-bedroom & 2-bedroom units

Contact: Property Manager Telephone: (669) 203-2914 (669) 291-2081

Email: viverelosgatos@wres.com

Website: www.viverelosgatos.com



HOUSING ASSISTANCE & PLACEMENT SERVICES

GOVERNMENT AGENCIES

These are government agencies that provide information for housing, and related services.





1490 El Camino Real, Santa Clara, CA 95050

Telephone: (408) 720-9888
Telephone: 800-339-6043
Website: housing.org
Email: info@housing.org

The Los Gatos Rental Dispute Ordinance was adopted by the Town in 2004 and helps stabilizes rents on properties with 3 or more units. Project Sentinel is the contract administrator for the program and provides conciliation, mediation, and arbitration services.



HOUSING CONSERVATION PROGRAM, OFFICE OF AFFORDABLE HOUSING

(Please call Santa Clara County of Affordable Housing)

Telephone: (408) 299-5765

Email: tracy.cunningham@pln.sscgov.org

Provides financial help with Home Repairs and Down Payment Assistance Programs for first time home buyers.

HOUSING AUTHORITY OF THE COUNTY OF SANTA CLARA (HACSC)



505 W. Julian Street, San Jose, CA 95110 Telephone: (408) 275-8770

Website:scchousingauthority.org

Provides a variety of resources for Section 8 housing, family self-sufficiency programs, shelter programs, and affordable multi-family rental apartments.



U.S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT

Website: www.hud.gov

Provides a variety of resources for housing, including information of 'Title VII: Fair Housing and Equal Opportunity', Affordable Apartment search, Fair Market rents, and Local Public Housing Agency (PHA) search.



CA DEPT. OF COMMUNITY SERVICES AND DEVELOPMENT, STATE OF CALIFORNIA

1445 Old Oakland Road, San Jose, CA 95112 2389 Telephone: (408) 971-2789 / 1-800-433-4327

2389 Gateway Oaks Dr. Ste. 100 Sacramento, Ca 95833

Tel: 916-263-1406 Toll Free: 866-675-6623 Website: www.csd.ca.gov

https://www.csd.ca.gov/Pages/Servces.aspx?ct=+scu

CSD administers federal programs to help low-income families achieve and maintain self-sufficiency, meet their home energy needs, and reside in housing free

from the dangers of lead hazards.



MOBILE HOME, STATE OF C.A. DIVISION OF CODES AND STANDARDS CA DEPT OF HOUSING & COMMUNITY DEVELOPMENT

P.O. Box 211, 651 Bannon St., Sacramento, CA 95812

Telephone: (916) 323-9224 / 1-800-952-8356 (this second # is ok)

Website: www.hcd.ca.gov

Provides occupational licensing information, state laws on housing and other helpful links.



SOCIAL SECURITY ADMINISTRATION

770 W Hamilton Avenue, Campbell, CA 95008

1480 Campbell Ave, Campbell, CA

National Toll-Free: 1-800-772-1213 / TTY: 1-800-325-0778

Website: www.ssa.gov

Provides new information on how to apply for retirement benefits, disability, and

Medicare as of April 25, 2025



SOCIAL SERVICES, COUNTY OF SANTA CLARA COUNTY OF SANTA CLARA SOCIAL SERVICES

333 West Julian Street, San Jose, CA 95110

Telephone: (408) 491-6300 Website: www.sccgov.org

County website with a variety of links for affordable housing, marriage licenses, travel

precautions and more.

EMERGENCY HOUSING ASSISTANCE

These organizations assist with short-term housing for special needs populations including homeless individuals and families. In addition, the programs also aid people in finding longer term housing arrangements, skills for living independently and job readiness.



BILL WILSON CENTER

3490 The Alameda, Santa Clara, CA 95050

Telephone: (408) 243-0222

Website: www.billwilsoncenter.org

Bill Wilson Center provides transitional housing programs for at risk youth.



HOME FIRST (FORMERLY EHC LIFE BUILDERS) (FORMERLY PRESERVING EXISTING AFFORDABLE HOUSING)

ALSO LISTED UNDER "CA DEPT OF HOUSING AND COMMUNITY DEVELOPMENT")

507 Valley Way, Milpitas, CA 95035

Telephone: (408) 539-2100

SCC HOTLINE: ere4You:408-385-2400

Website: www.homefirstscc.org

Provides a variety of housing and supportive service programs for homeless men,

women, and children and those at-risk of homelessness.



HOUSING INDUSTRY FOUNDATION

SOBRATO CENTER FOR NON PROFITS

3460 W..Bayshore Rd., Ste 101 Palo Alto, CA 94303

1845 South Bascom Avenue, Campbell, CA 95008

Telephone: (408) 935-9201 650-494-1618
Website: www.hifinfo.org/emergencygrants.html

Works to alleviate risks (medical bills, job loss, and death) by giving a lifeline to families in the form of emergency housing grants and by facilitating financially-efficient site renovation projects for the agencies that house and support them.



INNVISION: MONTGOMERY ST. INN & SHELTER (SO.BAY)

546 West Julian Street, San Jose, CA 95110

Telephone: (408) 271-0820 Website: www.ivsn.org/

358 N. Montgomery Street, Ste B Telephone: 408-271-5160

Telephone. 406-27 1-5 160

Website:Homeless.scc.org/agency/46innvision-montgomery-street-inn

INNVISION provides a continuum of services, including emergency shelter, meals, clothing, job development, vocational skills training, case management, and transitional housing.

LIFEMOVES: (NEW LISTING) JULIAN STREET INN

546 West Julian Street, San Jose, CA 95110

Telephone: (408) 271-0820 **OK**

Website: lifemoves.org

LIFEMOVES provides a continuum of services, including emergency shelter, meals, clothing, job development, vocational skills training, case management, and transitional housing.





ST. VINCENT DE PAUL SOCIETY (EMERGENCY ASSISTANCE)

P.O. Box 5579, San Jose, CA 95150

Telephone: (408) 249-2853 Website: svdp.org/santaclara/

Email: info@svdp.org

Offers a lifeline to those in want of food and clothing, rent assistance, medical aid, help with addiction or incarceration, employment and shelter.

(new logo)



UNITED WAY BAY AREASILICON VALLEY SOBRATO CENTER FOR NONPROFITS

1400 Parkmoor Avenue, Suite 250, San Jose, CA 95126-3429

Telephone: (408) 345-4300; 211

Website: www.uwsv.org www.uwba.org/

United Way Silicon Valley Bay Area funds the Emergency Assistance Network that provides: food assistance; utility assistance; rent and mortgage aid; medical and transportation aid.

RENTAL HOUSING REFERRAL SERVICES

These organizations offer rental assistance or rental housing related services.



SCC HOUSING SEARCH COMMUNITY TECHNOLOGY ALLIANCE HOUSING FOR INDEPENDENT PEOPLE

Website: www.scchousingsearch.org

A searchable internet database for subsidized housing in Santa Clara County.



SILICON VALLEY INDEPENDENT LIVING CENTER

2202 N 1st St, San Jose, CA 95131

25 N. 14th Street, Ste 1000

Telephone: (408) 894-9041 / TTY: 866-945-2205 Email: <u>info@svilc.org</u> / Website: <u>www.svilc.org</u>

Provides a wide range of services to individuals with disabilities in the Silicon Valley such as assistive technology, peer counseling, employment services and housing referral and placement. SVILC also offers a variety of classes, workshops, support groups, and recreational activities.

LEGAL ASSISTANCE: FAIR HOUSING SERVICES

These are non-profit organizations that provide information or legal services concerning fair housing or discrimination issues.



ASIAN LAW ALLIANCE

991 W. Hedding Street, SanJose, CA #202 95126 184 East Jackson Street, San Jose, CA 95112

Telephone: (408) 287-9710

Website: www.asianlawalliance.org

Asian Law Alliance is a member of the San Jose Fair Housing Consortium **and** South Bay Legal Immigration Services Network. Legal services in Asian/Pacific

Islander languages are available.



LAW FOUNDATION OF SILICON VALLEY

4 N.Second Street, Ste. 300 San Jose, CA 95112

Telephone: (408) 293-4790

Website: www.lawfoundation.org/fhlp.asp

Law Foundation of Silicon Valley has a Fair Housing Law Project that helps make housing available to everyone through community education and enforcing the fair housing laws.



LEGAL ADVICE LINE, BAY AREA LEGAL AID

BAY AREA LEGAL AID (Legal Advice Line)

2 West Santa Clara Street, 8th Floor, San Jose, CA 95113

4 North Second Street, Ste 600, San Jose, Ca 95113

Telephone: (408) 283-3700 / Legal Assistance Line: (408) 850-7066 / 800-551-5554

Toll Free Number: (800) 551-5554

Website: baylegal.org

"The Legal Advice Line (LAL) is a free legal hotline available to qualified low-income residents living in the Bay Area. The LAL provides immediate counsel and advice in all languages on a range of civil legal issues."



PROJECT SENTINEL

1490 El Camino Real, Santa Clara, CA 95050 Tel: (408) 720-9888 / Fax: (408) 216-9968 Tel: Toll Free 800-339-6043; 888-324-7468

Website: www.housing.org

Project Sentinel is a member of the San Jose Fair Housing Consortium.

Project Sentinel works with both tenants and landlords on housing disputes, and mediating Fair Housing or discrimination complaints. It is dedicated to safe guarding the availability and stability of housing.



SENIOR ADULTS LEGAL ASSISTANCE (S.A.L.A)

160 E Virginia St, Suite 260, San Jose, CA 95112 1425 Koll Circle, STE 109, San Jose, CA 95112

Telephone: (408) 295-5991

Toll free: North County: 650-969-8656 Toll free: South County:408-847-7252

Website: www.sala.org

Supports older persons in their efforts to live independently, non-institutionalized, and with dignity. It provides free legal services and community education to Santa Clara County residents who are age 60 or older. There is no income eligibility qualification to

use SALA's services.

FINANCIAL ASSISTANCE

Cash Assistance Program

for Immigrants (CAPI)

Social Services Agency

These service organizations have financial services for low-income persons and families throughout Santa Clara County. Services include emergency grants, security deposits, and counseling for loss of employment.

SERVICES AGENCY, COUNTY OF SANTA CLARA

591 N King Road, San Jose, CA 95133

Telephone: 1-877-962-3633

(Cannot confirm telephone or address)

Website:www.sccgov.org/sites/ssa/Pages/County-of-Santa-Clara-Social-Services-

CASH ASSISTANCE PROGRAM FOR IMMIGRANTS (CAPI), DEPT. OF SOCIAL

Agency.aspx

Provides cash assistance to aged, blind, and disabled legal non-citizens who are ineligible for Supplemental Social Security Income/State Supplemental Payment (SSI/SSP) due to their immigration status.

(new logo)



CONSUMER CREDIT COUNSELING SERVICE SAN FRANCISCO BALANCE FINANCIALLY EMPOWERING YOU

595 Market Street, 15th Floor, San Francisco, CA (Unable to confirm address)

(Telephone: (800) 777-7526, 866-456-2227 Website: <u>www.cccssf.org-www.balancepro.org</u>

Offers a variety of helpful financial services and programs, including budgeting, debt management, housing, general online counseling and bankruptcy services. Also provides an online personal finance education center as well as general advice in dealing with the financial crisis.

(new logo)



EARN SAVER LIFE

235 Montgomery Street, Suite 470, San Francisco, CA 94104 548 Market St, San Francisco, CA 94101-5401 Telephone: (415) 217-3660 N/A Website:

www.earn.org www.saverlife.org

A non-profit that gives low-income workers the opportunity to create economic prosperity for their families through innovative financial programs.

(new logo)



Accion Opportunity Fund: Working Capital for Working People (FORMERLY LENDERS FOR COMMUNITY DEVELOPMENT)

111 W. St. John Street, Suite 800, San Jose, CA 95113

Telephone: (408) 297-0204 888-720-3215

Website: www.opportunityfund.org www.aofund.org

Provides financial programs and training for hard-working people by navigating the financial mainstream and building a more inclusive financial system. Programs include financial education, microfinance loans, matched savings accounts, and affordable housing financing.

(new logo)





THE FINANCIAL STABILITY PARTNERSHIP, UNITED WAY SILICON VALLEY

1922 The Alameda, San Jose, CA 95126

1400 Parkmoor Ave., Ste 250, San Jose, CA 95126

Telephone: (408) 345-4300; 211

Website: www.uwsv.org www.unitedwaysca.org/financial-stability/

The Financial Stability Partnership "focuses on realistic solutions that increase financial stability and long-term economic independence for individuals and families."

AGENCIES PROVIDING OTHER HOUSING SERVICES

These are non-profit organizations that provide a variety of services in housing and placement.



AMERICAN RED CROSS

2731 North First Street, San Jose, CA 95134

Telephone: 877-727-6771 Website: www.redcross.org

Provides temporary housing and relief for families and individuals affected by natural disasters.



CATHOLIC CHARITIES - HOUSING SEARCH & STABILIZATION PROGRAM

2625 Zanker Road, San Jose, CA 95134

Telephone: (408) 468-0100

Fax: (408) 944-0275

Website: www.catholiccharitiesscc.org

Works to help individuals and families find safe, stable and appropriate housing.



COMMUNITY HOUSING DEVELOPERS

95 South Market Street, Suite 610, San Jose, CA 95113

Telephone: (408) 279-7657

Website: www.communityhousingsv.org

Offers services to increase and maintain the supply of quality, affordable housing in Santa Clara County to meet the needs of low-and moderate-income persons, particularly those with special needs such as: seniors, single-parent families and the physically disabled.



EDEN HOUSING, INC. (AFFORDABLE HOUSING IN SAN JOSE)

22645 Grand Street, Hayward, CA 94541

Telephone: (408) 291-8650 Website: <u>www.firsthousing.org</u>

Their purpose is to "build and maintain high-quality, well-managed, service-enhanced affordable housing communities that meet the needs of lower income families, seniors and persons with disabilities.".



FIRST COMMUNITY HOUSING (AFFORDABLE HOUSING IN THE BAY AREA)

75 East Santa Clara Street, Suite 1300, San Jose, CA 95113

Telephone: (408) 291-8650 Website: <u>www.firsthousing.com</u>

A nonprofit, community-based service organization whose primary purpose is to provide and develop decent, affordable housing for the community.



HOME REPAIR PROGRAM BY HABITAT FOR HUMANITY EAST BAY/SILICON VALLEY

513 Valley Way, Milpitas, CA 95035 Telephone: (866) 450-4432

Website:

www.habitatebsv.org/

Habitat for Humanity East Bay/Silicon Valley offers affordable home repairs to qualified families. *Eligibility required.



HOUSING FOR INDEPENDENT PEOPLE ABODE PROPERTY MANAGEMENT

40849 Fremont Blvd, Fremont, CA. 94538

Telephone: (510) 657-7409

Website: www.abode.org/property-management

Engages in property management.



HOUSING INDUSTRY FOUNDATION

3460 West Bayshore Rd. Ste 101, Palo Alto, CA 94303

Telephone: (650) 439-0049 Website: www.info@hifinfor.org

Provides services for affordable housing through emergency housing funds and renovation programs. Functions as a developer of Below Market Rate (BMR) homes and as a Designer/operator of a variety of affordable homeownership programs.



HELLO HOUSING

1970 Broadway Oakland, California, Ste 101, 94612 Telephone (510) 863-3036 Website: www.hellohousing.org

Functions as a developer of Below Market Rate (BMR) homes and as a Designer/operator of a variety of affordable homeownership programs. AAUW supports and advances equity for women and girls through advocacy, education, philanthropy and research.

COMMUNITY SUPPORT SERVICES/PROGRAMS

SERVICES FOR FAMILIES, SENIOR, CHILDREN & DISABILITIES

These organizations provide a variety of supportive services for women, children, and senior citizens.



AMERICAN ASSOCIATION OF UNIVERSITY WOMEN, LOS GATOS - SARATOGA

1165 Minnesota Avenue San Jose, CA. 95125

Telephone: (408) 294-2430

Website: https://sanjose-ca.aauw.net

AAUW supports and advances equity for women and girls through advocacy, education, philanthropy and research.

(new logo)



UNITED WAY BAY AREASILICON VALLEY SOBRATO CENTER FOR NONPROFITS

1400 Parkmoor Avenue, Suite 250, San Jose, CA 95126-3429

Telephone: (408) 345-4300; 211

Website: www.uwsv.org www.uwba.org/

United Way Silicon Valley Bay Area funds the Emergency Assistance Network that provides: food assistance; utility assistance; rent and mortgage aid; medical and transportation aid.

DELETE



UNITED WAY SILICON VALLEY

1922 The Alameda, San Jose, CA 95126 Telephone: (408) 345-4300; 211

Website: www.uwsv.org

Provides assistance to families recovering from emergency situations, provides food, shelter, rental and mortgage assistance.

(new logo)



WEST VALLEY COMMUNITY SERVICES

10104 Vista Drive, Cupertino, CA 95014

Telephone: (408) 255-8033

Website: www.wvcommunityservices.org

West Valley Community Services serves low income and unhoused individuals and encourages the sharing of community resources to provide basic human needs in a caring and dignified environment.



COMMUNITY CHILD CARE COUNCIL OF SANTA CLARA COUNTY, INC.

2515 N First Street, San Jose, CA 95131

Telephone: (408) 487-0747

Website: <u>www.findhelp.org/provider/community-child-care-council-of-santa-clara-county</u>

The Community Child Care Councils' mission is to "develop, implement and advance early care and education services, social services, health and human services, charter

schools and other programs benefiting children, youth and families."



COUNTY OF SANTA CLARA, DEPT. SOCIAL SERVICES, DEPARTMENT OF AGING AND ADULT SERVICES

353 West Julian Street, San Jose, Ca. 95110

Telephone 408-755-7600

Website: https://ssa.santaclaracounty.gov/home

County Adult Protective Services, senior nutrition program and in-home supportive services.



DISTRICT ATTORNEY OFFICE, FAMILY SUPPORT DIVISION, COUNTY OF SANTA CLARA

333 West Julian Street, San Jose, CA 95134 Telephone: 866-901-3212 Website: www.dcss.gov.santaclaracounty.gov

Family Violence Unit

70 W. Hedding Street, San Jose, CA 95110

Telephone: (408) 295-2656

Website: www.da.santaclaracounty.gov/prosecution/departments/family-violence-unit

County website that provides links to the district attorney, health care, and family support.



FIND THE CHILDREN

Telephone: 1-888-477-6721

Website: www.findthechildren.com

Dedicated to the recovery of missing children and to the prevention of the abuse and endangerment of children.

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LIVE OAK ADULT DAY SERVICES

111 Oak Street, Los Gatos, CA. 95030

Telephone: (408) 354-4782

Website: www.liveoakadultdaycare.org

Provides persons 60+ with physical exercise, music programs, art and craft projects, discussions on current topics and more. *Eligibility required.

DELETE



PARENTS WITHOUT PARTNERS, INC., MISSION COAST INTERACT COUNCIL

P.O. Box 28466, San Jose, CA 95159

Telephone: (408) 778-2128

Website: www.parentswithoutpartners.org

Provides single parents and their children with an opportunity for enhancing personal growth, self-confidence and sensitivity towards others by offering an environment for support, friendship and the exchange of parenting techniques.



PETS OF THE HOMELESS

website: www.petsofthehomeless.org

Provides pet food and veterinary care to the homeless in local communities across the United States.

SAN ANDREAS REGIONAL CENTER



6203 San Ignacio Ave. San Jose, CA 95119

Tel: (408) 281-6960 Website: <u>www.sarc.org</u>

San Andreas Regional Center is a community-based, private nonprofit corporation that is funded by the State of California to serve people with developmental disabilities as required by the Lanterman Developmental Disabilities Act.

SENIOR ADULTS LEGAL ASSISTANCE (S.A.L.A)



1425 Koll Circle, Ste 109 San Jose CA 95112

Telephone: (408) 847-7252 Website: www.sala.org

Supports older persons in their efforts to live independently, non-institutionalized, and with dignity. It provides free legal services and community education to Santa Clara County residents who are age 60 or older. There is no income eligibility qualification to use SALA's services.

SUPPORT NETWORK FOR BATTERED WOMEN



1257 Tasman Drive, Suite C, Sunnyvale, CA 94089 Telephone: 1-800-572-2782; (408) 541-6100

Website: www.supportnetwork.org

Provides crisis intervention, residential shelter, clinical counseling, legal advocacy, and support groups for battered women with a special program for Hispanic clients. In addition, they provide therapy for abused children and teen domestic violence situations.

YWCA GOLDEN GATE SILICON VALLEY



375 South Third Street San Jose, CA 95112

800-572-2782 (408) 295-4011 Website: <u>www.ywca-sv.org</u>

Provides services for battered women and children experiencing domestic violence.



VISITING ANGELS: IN HOME CARE

1090 Lincoln Ave #5D San Jose CA 95125

Telephone: (408) 610-9996

Website: <u>www.visitingangels.com</u>

Provides elderly residents with private home care and companion care.



DOMESTIC VIOLENCE SERVICES

These organizations offer information about services provided to women and children when they are in domestic violence. A variety of supportive services include crisis intervention, legal advocacy, youth programs and helpful housing services (emergency shelters).



SANTA CLARA COUNTY, DOMESTIC VIOLENCE COUNCIL

County Government Center, East Wing 70 West Hedding Street, 11th Floor, San Jose, CA 95110 Telephone: (408) 299-5152 / TDD (408) 993-8272

Website: www.sccgov.org

Their main goal is to improve coordination among agencies, departments, courts and members of the community in matters of family violence and abuse. Secondary, to promote effective prevention, intervention and treatment and to improve the response to domestic violence abuse.



ASIAN WOMEN'S HOME (AACI)

2400 Moorpark Avenue, San Jose, CA 95128

Telephone: (408) 975-2739 Website: <u>www.aaci.org</u>

A Domestic Violence Program and Shelter for Abused Asian Americans and their Children. Provides "linguistically competent and culturally sensitive services to abused Asian Americans." They help bridge the gap for abused Asian American adults and children.



CHILD PROTECTION SERVICES, COUNTY OF SANTA CLARA, DEPT. OF SOCIAL SERVICES

1725 Technology Drive, San Jose, CA 95110

Telephone: (408) 683-0601 (24-hr)

Operates a Child Abuse and Neglect Center (CANC) which screens calls 24 hours a day, seven days a week, 365 days a year.



COMMUNITY SOLUTIONS

5671 Santa Teresa Blvd., Suite 104, San Jose, CA 95123

1356 Ridder Park Dr, San Jose, CA 95131

Telephone: (408) 225-9163 Phone: (408) 225-9291

Website: www.communitysolutions.org Email: info@communitysolutions.org

Provides shelter to those in emergency situations; such as domestic violence cases and single parenting teenagers. Their main purpose is to provide "assistance, skills, and support" of their clients' needs to have successful lives and to give counseling services for abused victims.



NEXT DOOR SOLUTIONS TO DOMESTIC VIOLENCE

234 East Gish Road, Suite 200, San Jose, CA 95112 Telephone: (408) 279-2962 **This is the crisis 24/7**

hotline

MAIN OFFICE TELEPHONE: (408) 501-7550

Website: www.nextdoor.org
Email: info@nextdoor.org

Provides services to battered women and children through emergency shelter and education for both the victims and the community about domestic violence.



OTHER COMMUNITY SUPPORT PROGRAMS

These programs/organizations provide information on community resources in general.



211 SANTA CLARA COUNTY (UNITED WAY SILICON VALLEY)

NOW MERGED "UNITED WAY BAY AREA"

Telephone: 2-1-1

Website: www.211scc.org

www.uwba.org

2-1-1 is a hotline that provides callers with information and guidance concerning a variety of topics such as emergency services during a disaster; basic needs, criminal justice, legal services, income support and employment.



AMERICAN ASSOCIATION ON HEALTH AND DISABILITY

Website: www.aahd.us

AAHD is a non-profit organization to promote health and wellness for children and adults with disabilities. The website provides valuable information about multiple aspects of health promotion and wellness for people with disabilities.



AMERICAN RED CROSS

2731 North First Street, San Jose, CA 95134

Telephone: (408) 577-1000 Website: www.scv-redcross.org

Have the opportunity to donate blood, become a volunteer, take CPR classes, learn babysitting skills and other useful classes either on-line or in a classroom

setting.



CATHOLIC CHARITIES OF SANTA CLARA COUNTY

2625 Zanker Road, San Jose, CA 95134

Telephone: (408) 468-0100

Website: www.catholiccharitiesscc.org

Works to help individuals and families find safe, stable and appropriate housing.



LGS RECREATIONS

123 East Main Street, Los Gatos, CA 95030 Telephone: (408) 354-8700 Ext. 262

Website: www.lgsrecreation.org

Provides a variety of education/programs to all age groups, including seniors



COUNCIL OF CHURCHES

1710 Moorpark Avenue, San Jose, CA 95128

Telephone: (408) 297-2660

Website: www.councilofchurches-scc.org

Provides blogs on current human rights topics, environmental discussions and

health care reforms.

DELETE



THE SAN JOSE FURNITURE BANK

1020 South Spring Street, San Jose, CA Website:

www.sanjosepby.org/FurnitureBank.htm www.sanjosefb.org

A processing fee will be charged per piece of furniture and can be paid by the agency or the client. Furniture is on a first come first served basis. Delivery is available at a reasonable cost. They post all items to craigslist SF bay area. Search for "San Jose Furniture Bank" in quotes.

Operations seem to have ceased.

Sugest inserting BAY AREA FURNITURE BANK here

<u></u>COUTREACH

OUTREACH & ESCORT

97 East Brokaw Road, Suite 140, San Jose, CA 95112 Telephone: (408) 776-0111 / (408) 683-2688

Provides transportation assistance to Seniors, disabled and individuals who are making a transition into self-sufficiency.



PACIFIC GAS & ELECTRIC, CARE

111 Almaden Boulevard, San Jose, CA 95115

Telephone: 1-800-743-5000 Website: www.pge.com/care

Provides a monthly discount on energy bills for income-qualified households and housing facilities. * Eligibility required.



SACRED HEART COMMUNITY SERVICE

1381 South First Street (at Alma), San Jose, CA 95110

Telephone: (408) 283-5800 Website: www.sacredheartcs.org

"The vision statement places equal emphasis on the building and uniting of community and on the freedom from poverty. Neither objective can truly be fulfilled without the other."



SAINT LUKE'S PANTRY

20 University Avenue, Los Gatos, CA 95030

Tel: (408) 354-2195

Website: http://stlukeslg.org / Email: office@stlukeslg.org

An outreach program hosted by Saint Luke's Episcopal Church to serve the homeless in the Los Gatos area. The pantry is open in the Parish Hall at 10:00am on Tuesday mornings to provide food, companionship and clothing to those who need it most.



SALVATION ARMY

3090 Homestead Road, Santa Clara, CA

Tel: (408) 247-4588

Website: www.salvationarmy.org

Provides a variety of services for the local community such as after school programs, child care, summer day camp and a variety of other services. In addition, they have meals, shelter, and other adult related programs.

New logo



UNITED WAY SILICON VALLEY NOW MERGED UNITED WAY BAY AREA

1922 The Alameda, San Jose, CA 95126 1400 Parkmoor Ave, San Jose, CA

95126Telephone: (408) 345-4300; 211 Website: www.uwsv.org

www.uwba.org

Provides free summer meals for Santa Clara County children with their Earn it, Keep it, Save it program.

New logo



WEST VALLEY COMMUNITY SERVICES

10104 Vista Drive, Cupertino, CA 95014

Telephone: (408) 255-8033

Website: www.wvcommunityservices.org

West Valley Community Services is to encourage the sharing of community resources; to provide basic human needs in a caring and dignified environment.



YMCA OF SILICON VALLEY

South Valley Family Branch YMCA 5632 Santa Teresa Boulevard, San Jose, CA 95123

Telephone: (408) 226-9622 Website: www.ymcasv.org

Provides programs including fitness, wellness programs, youth programs, family activities, and other activities for people of all ages, incomes, and abilities.

Last Updated: 5/20/2022

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NAME	TELEPHONE	WEBSITE
211 Santa Clara County (United Way Silicon Valley Bay Area)	2-1-1	www. 211scc.org uwba.org
American Association Of University Women (AAUW)		www.aauw-lgs.org
American Association on Health and Disability (AAHD)		www.aahd.us
American Red Cross	408-577-1000	www.scv-redcross.org
Asian Law Alliance	408-287-9710	www.asianlawalliance.org
Asian Women's Home (AACI)	408-975-2739	www.aaci.org
Bill Wilson Center	408-243-0222	www.billwilsoncenter.org
Catholic Charities Of Santa Clara County	408-468-0100	www.catholiccharitiesscc.org
Child Protection Services	408-683-0601	www.dss.cahwnet.gov
Community Child Care Council of Santa Clara County, Inc.	408-487-0747	www.4c.org
Community Housing Developers	408-279-7676	www.communityhousingsv.org
Community Solutions	408-225-9291	www.communitysolutions.org
Consumer Credit Counseling Service San Francisco	1-800-777-7526	www.cccssf.org
Council Of Churches	408-297-2660	www.councilofchurches-scc.org
Council On Aging, Santa Clara County	408-296-8290	www.coasiliconvalley.com
Eden Housing, Inc.	510-582-1460	www.edenhousing.org
Find The Children	1-888-477-6721	www.findthechildren.com
First Community Housing	408-291-8650	www.firsthousing.com
Home First	408-539-2100	www.homefirstscc.org
Hello Housing	415-863-3036	www.hellohousing.org
Housing Authority Of Santa Clara County	408-275-8770	www.hacsc.org
Housing For Independent People	408-283-2200	www.hip4housing.org
Housing Industry Foundation	408-935-9201	www.housingindustryfoundation.org
Housing Search for Santa Clara County	1-877-428-8844	www.scchousingsearch.org
Housing and Urban Development (HUD), U.S. Dept.		www.hud.gov
nnVision	408-271-0820	www.innvision.org
aw Foundation Of Santa Clara	408-293-4790	www.lawfoundation.org/fhlp.asp
Legal Advice Line, Bay Area Legal Aid	408-283-3700	baylegal.org
LGS Recreations	408-354-8700	www.lgsrecreation.org
Live Oak Adult Day Services	408-847-5491	www.liveoakadultdaycare.org
Next Door Solutions To Domestic Violence	408-279-2962	www.nextdoor.org
Opportunity Fund	408-297-0204	www.opportunityfund.org
Outreach & Escort	408-776-0111 408-683-2688	www.outreach1.org
Pacific Gas & Electric, Care	1-800-743-5000	www.pge.com/care
Parents Without Partners, Inc., Mission Coast Interact Council	408-778-2128	www.parentswithoutpartners.org

NAME	TELEPHONE	WEBSITE						
Pets of The Homeless		www.petsofthehomeless.org						
Project Sentinel	408-287-4663	housing.org						
Sacred Heart Community Service	408-283-5800	www.sacredheartcs.org						
Saint Luke's Pantry	408-354-2195	Stlukeslg.org						
Salvation Army	408-247-4588	www.salvationarmy.org						
San Andreas Regional Center	408-374-9960	www.sarc.org						
Santa Clara County	408-299-5152 TDD 408-993-8272	www.sccgov.org						
Department of Housing & Community Development	916-323-9224	www.hcd.ca.gov						
··· Office Of Affordable Housing	408-299-5765	www.sccgov.org						
District Attorney Office, Family Support Division	408-433-9600 408-922-1400	www.sccgov.org						
: Social Services Agency	408-491-6300 1-877-962-3633	www.sccgov.org/sites/ssa						
Second Harvest Food Bank Of Santa Clara And San Mateo Counties	408-226-8866 1-800-984-3663	www.shfd.org						
Senior Adults Legal Assistance (S.A.L.A)	408 295-5991	www.sala.org						
Silicon Valley Independent Living Center	408-894-9041 TTY: 1-866-945-2205	www.svilc.org						
Social Security Administration	1-800-772-1213	www.ssa.gov						
St. Vincent de Paul Society	408-249-2853	www.svdp.org/santaclara						
State of California	916-323-9224 1-800-952-8356	www.ca.gov						
: Dept. of Community Services & Development	408-971-2789 1-800-433-4327	www.csd.ca.gov						
Support Network For Battered Women	1-800-572-2782 408-541-6100	www.supportnetwork.org						
The San Jose Furniture Bank	408-279-0220	www.sanjosepby.org/FurnitureBank.htm						
United Way Of Silicon Valley Bay Area	408-345-4300 Help Number: 2-1-1	www.uwsv.org www.uwba.org						
Visiting Angels: In Home Care	408-977-1133	www.visitingangels.com						
West Valley Community Services	408-255-8033	www.wvcommunityservices.org						
YMCA of Silicon Valley	408-226-9622	www.ymcasv.org						

Last Updated: 5/20/2022



<u>NOTE</u>



MEETING DATE: 08/28/2025

ITEM NO: 5

DATE: August 25, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Senior Services Roadmap Update

RECOMMENDATION:

Receive an update on the review of the Senior Services Roadmap.

REMARKS:

The Senior Services Coordinator will provide an update on their review of the Senior Services Roadmap and potential next steps. This review is still in progress and this is a preliminary update to receive the input and feedback from CHSSC.

ATTACHMENTS:

1. Senior Services Roadmap

PREPARED BY: Leif Christiansen

Senior Service Coordinator





Senior Services Roadmap for Los Gatos

A Report Prepared for the Town of Los Gatos by request of the Town Council







January 30, 2023

____1 ATTACHMENT 1

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Senior Services Roadmap for Los Gatos

A Report Prepared for the Town of Los Gatos by request of the Town Council

Senior Services Committee

Tom Picraux, Senior Community Leader, Chair Maureen Heath, Senior Community Leader, Vice Chair Matthew Hudes, Council Member Rob Rennie, Council Member & Mayor (Sept. 2021 - Apr. 2022) Maria Ristow, Mayor & Council Member (Apr. 2022 – Jan. 2023) Nancy Pearson, Service Clubs (Kiwanis) Catherine Somers, Los Gatos Chamber of Commerce Kathy Mlinarich, Service Provider (Live Oak Nutrition) Lisa Lenoci, Service Provider (Live Oak Adult Daycare) Diana Miller, County Department of Aging Representation Brennan Phelan, El Camino Hospital Dick Konrad, CHSSC (Chair in 2022) George Rossmann, CHSSC (Chair in 2021) Maia Bernholz/Arshia Mathur, CHSSC Youth Representatives Eleanor Yick, CHSSC Member Jeff Blum, CHSSC Member Pradeep Khanal, CHSSC Member Arn Andrews, Assistant Town Manager, Town Liaison

January 30, 2023



Executive Summary

The Senior Services Committee was created by the Town Council to study the needs of the older adult community. Issues laid bare by the pandemic and identified by the Community Health and Senior Services Commission (CHSSC) motivated this initiative. This Committee of stakeholders, including two Councilors and chair of CHSSC, was asked to prepare a roadmap for senior services, including a long-term vision and strategic plan. Over the past 15 months the Committee conducted extensive data gathering and outreach, including a survey of older households, stakeholder workshops, benchmarking of peer cities, and extensive engagement.

This Roadmap provides a 10-year plan for revitalizing senior services for the community atlarge in an age-friendly Los Gatos. Our vision is to create a community where older adults are engaged, valued and provided equitable opportunities to thrive in an environment that protects against isolation and promotes inclusion. Based on data, community input, and analysis, seven goals were chosen to achieve this vision:

- 1) Appealing & Inviting Facility (renovate or build);
- 2) Core Senior Services;
- 3) Communication & Engagement;
- 4) Volunteer Support & Engagement,
- 5) Enhanced Transportation Options for Older Adults;
- 6) Senior Housing Information on Approaches & Options;
- 7) Integrated Governance, Funding, & Accountability.

One, three, and 10-year activities were developed for each area as well as specific projects with milestones. By addressing these in priority order the goals can be achieved with sustainable Town investment and by engaging dedicated, talented members of our community. Significant leverage will be gained through community fundraising, volunteer engagement and government/foundation grants. At the end of 10 years our population of 55+ adults is anticipated to be nearly 1/3 of our Town. Our goal is to move from a Town with one of the regionally lowest, least-coordinated efforts for senior services to a thriving age-friendly Town where older adults provide substantial contributions and support. First steps to achieve these long-term objectives are:

- Engage Town commissions and boards to support Roadmap goals:
 - CHSSC (Communications & Engagement, Roadmap Tracking, Annual Assessment)
 - CSTC (Transportation Options for Older Adults)
 - Parks (Community Garden)
 - Other Commissions or Boards as appropriate
- Sustainably support core senior services:
 - Town: social, educational, healthy living activities provided by LGS Recreation;
 - O Community: grants to services (Live Oak Nutrition, WVCS, re-establish Adult Day Care, etc.);

- Create an Age-Friendly Coordinator position (0.2 FTE) as the central point of contact for coordination of Town and community older adult services, initiatives, and accountability.
- Recognize and encourage community-lead efforts to enhance support for senior services, including a planned 501(c)3 nonprofit Foundation (Friends of Los Gatos Seniors) to raise funds for senior programs and for a community facility with space for senior activities.
- Transition from planning to action by engaging the Senior Services Committee to assist the Town in publicizing and jump-starting year 1 projects and then sunset the Committee in 2023.

Other first year objectives include to engage volunteers and community organizations, and to enhance accountability by an annual assessment, and inventory senior housing opportunities.

Our study of peer cities indicates that this community Roadmap for senior services can bring substantial benefit to the Town of Los Gatos. The experience of Saratoga, Palo Alto, and Morgan Hill demonstrates that developing a robust senior services program through a city-community partnership can significantly increase resources for older adult programs without substantially increasing the cost to the city and with the benefits extending to all residents.

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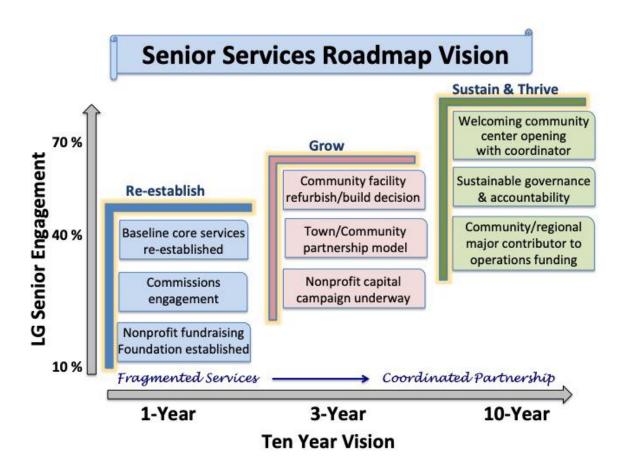
Overview

This section provides a high level overview of the Senior Services Roadmap for the Los Gatos community at large and the essential first steps required in year one to achieve the Roadmap's 10 year vision. It is a community plan, recognizing that the Town cannot provide all services.

Roadmap 1-3-10 Year Vision

The 1-3-10 year goals of the Roadmap supports the vision for Los Gatos fully participating as an age-friendly community.

Our Roadmap for Senior Services vision includes a transition from fragmented services to a coordinated partnership, including greater older adult community engagement over the one-three-ten year period.



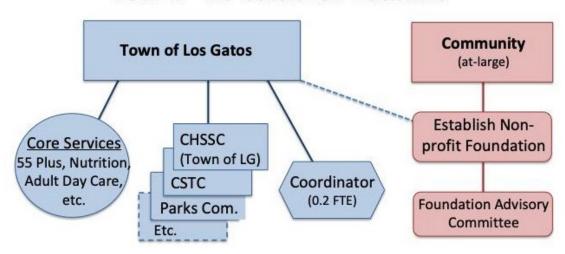
Year One Implementation

Much progress has been made over the last 15 months in planning, engaging the older adult population, and in gaining the enthusiastic support of community leaders. For this progress to not be lost there are several steps that the Committee recommends the Town Council take. Consistent with the Town's current financial environment these near term steps have been tailored to require limited financial investment to sustain the effort while beginning to put in place the community structure needed for future senior services support at the local, regional,

and state level. Our benchmarking studies have shown that resources supporting senior programs and facilities can be greatly increased through such community efforts that serve to supplement limited municipal resources. These resource additions will be essential to achieve the 10 year vision of the Roadmap. Key steps requested of the Town Council to achieve this progress are:

- 1) Engage commissions and ad hoc committees in support of the Roadmap goals (e.g., CHSSC for increased communication and engagement, CSTC for senior transportation, Parks Commission for Community Garden, etc.);
- 2) Sustainably support core senior services:
- Town: social, educational, healthy living activities provided by LGS Recreation,
- Community: grants to services (Live Oak Nutrition, WVCS, re-establish Adult Day Care, etc.);
- 3) Create an Age-Friendly Coordinator position (0.2 FTE) as the central point of contact for coordination of Town and community older adult services, initiatives, and accountability;
- 4) Recognize and encourage community-lead efforts to enhance senior services support, including a planned 501(c)3 nonprofit Foundation, Friends of Los Gatos Seniors, to raise funds for senior programs and a community facility with space for senior activities.;
- 5) Transition from planning to action by engaging the Senior Services Committee to jumpstart year 1 projects and then sunset the Committee.

The figure below provides a visual representation of these critical steps by the Town Council and the Community.



Year 1 - Re-establish Baseline

Actions to Date

<u>Background</u>

As part of the ongoing strategic priorities of the Los Gatos Town Council to enhance the lives of older adults, the Council committed \$500,000 in grants from ARPA (American Rescue Plan Act) funds in April 2021 to non-profits for revitalizing older adult programs. Part of these

proceeds were used for a first statistically valid survey of older adults, senior recreation and activity programs, and to support a community health fair.

On August 3, 2021 the Los Gatos Town Council established a Senior Services Committee (SSC) to examine in depth the longer-term senior services issues initially presented by the Community Health and Senior Service Commission (CHSSC) and develop a road map for revitalizing senior services in Los Gatos. Council Resolution 2021-035 provided the SSC's charter:

"The Committee should develop a long-term vision and strategic plan through extensive community outreach, including workshops, that would culminate in a comprehensive report of how best to serve the needs of the Town's older adult community. The Committee should leverage the breadth of Committee membership and existing coalitions in the identification and prioritization of needs and develop recommended solutions. The Committee should take into consideration the value proposition of recommendations, estimated level of effort, potential providers and service provision models, availability and timing of service delivery, and future funding requirements;"

The SSC members were subsequently appointed by the Council to represent the following areas:

- Community Health and Senior Service Commission Two (2) members Chair and Youth Commissioner
- o Councilmembers Two (2) Councilmembers
- o Service Club Representation One (1) member
- Chamber Representation One (1) member
- Service Provider Representation Two (2) members
- o Senior Community Leaders Two (2) members
- County Department of Aging Representation One (1) member
- o Healthcare Provider Representation One (1) member

In September the membership was expanded from 12 to 16 to include all members of the CHSSC. A list of the members and the groups they represent is given in Appendix A.

The SSC held its first meeting in September 2021 and has subsequently met on a monthly basis (except for December 2021). Tom Picraux was elected as chair and Maureen Heath as vice chair. Subcommittees were established by the SSC in compliance with the Brown Act on an asneeded basis to carry out its specific tasks. A list of the subcommittees appointed and their membership is given in Appendix B.

The Committee's initial action was to develop a plan to accomplish its tasks with an associated timeline. It then gathered the data necessary to make an assessment of the state of senior services in Los Gatos. This activity included supporting the first statistically valid survey of older adults in Los Gatos, holding workshops with community groups to hear input on unmet needs of older adults, and benchmarking senior services in Los Gatos relative to comparable towns and cities elsewhere. The resulting findings were then used to establish a set of seven goals for enhancing future senior services in Los Gatos. Activities needed to support these goals were subsequently identified and used to develop detailed projects for each goal, as well as the

requirements and resources needed to meet these goals. This information was then assembled into this Senior Services Roadmap for delivery to the Town Council in February 2023.

In all of the work of the Committee its considerations and recommendations have been guided by the Town's diversity, equity and inclusivity goals. The Committee is committed to all of these objectives in all our Roadmap goals, valuing all community members, regardless of religion, immigration status, ethnicity, race, disability, gender, sexual orientation or gender identity. The Committee strives to ensure all community members feel safe, respected and comfortable to be themselves and express all aspects of their identities and oppose any attempts to undermine the safety, security and rights of any members of our community. In addition the Committee has embraced the previous goals of Los Gatos in becoming an Age-Friendly City and the Committee has developed its recommendations consistent with the WHO and AARP Age-Friendly Cities initiative that encourages promoting opportunities for older people to participate fully in town life (active aging), to continue to live independently for as long as possible in their community, and to live in a community where people of all ages are engaged, valued and afforded equitable opportunities to thrive.

Throughout the work of the Committee, the Town Council has approved key milestones developed by the Committee to assure alignment with the Council's objectives. The following Section III.B. provides an overview of the key milestones accomplished by the Committee in developing the data needed to establish a long-term road map. In the course of the work of the Committee to develop long-term goals it became apparent that there were some short-term actions that could be taken immediately. These actions not only benefited older adults but also served to provide valuable insights in the development of the longer-term goals. They are summarized in Section III.B.6 below.

Key Milestones

During the fall of 2022 the Committee developed the following Vision and Mission for a Senior Services Roadmap. The Town Council approved these guiding principles in February 2022.

Vision

"CREATING A COMMUNITY WHERE OLDER ADULTS THRIVE

Our vision is to create a community where older adults are engaged, valued and provided equitable opportunities to thrive in an environment that protects against isolation and promotes inclusion."

The Committee Vision is illustrated visually in the graphic on the following page.

Mission

Our mission is to provide an age-friendly community that:

 Provides resources and facilities for older adults to live full and healthy lives with volunteer and leadership opportunities that provide a sense of purpose, connection and belonging.

- Promotes physical activity and physical, cognitive, mental and spiritual health for socially enriching lives.
- Promotes adequate and healthy nutrition through community programs.
- Embraces walkable spaces with safe, accessible and affordable transportation.
- Promotes increased participation and communication with the older adult community.
- Partners with local agencies that provide services and assistance for older adults, creating a network that supports public information that delivers services in a coordinated and collaborative manner.
- Ensures accountability by measuring and monitoring the results of efforts to provide services for older adults.

The Committee also developed a Work Plan for development of the road map, which is given in Appendix C.



Benchmarked Survey

The Saratoga Area Senior Coordinating Committee (SASCC) was funded to implement and manage the administration of this Community Assessment Survey for Older Adults (CASOA) by POLCO in partnership with the National Resource Center (NRC), and the Committee participated in that effort. SASCC previously worked with POLCO to conduct the CASOA survey in Saratoga. CASOA provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves. Aspects of livability are explored within six community dimensions: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality is assessed also. The report is intended to enable local governments, community-based organizations, the private sector, and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population.

The Committee worked with SASCC to develop the CASOA survey for Los Gatos and the survey was launched in early February 2022. The survey concluded in mid-March 2022. A total of 2,400 households with an adult member 60 years or older were randomly selected to receive the survey. Completed surveys from 529 older adults were obtained, providing an overall response rate of 22.0 % and a margin of error +/- 4.26%. An open participation survey was also

offered and a total of 102 additional surveys were received and found to be consistent with the statistically validated random survey.

The objectives of the survey were to determine Town strengths that support older adults, to determine needs or gaps in services and to determine potential future needs. Goals of this study were:

- Immediate: planning, resource allocation, advocacy, increased engagement.
- **Intermediate**: implement programs to meet needs, increase the number of quality programs, and implement effective policies.
- **Long Term**: foster a community of older adults that are healthier, engaged, empowered, independent, productive, and vibrant.

The Survey Report of Results consisting of 173 pages was received in April 2022. How older residents of Los Gatos viewed their community overall and how likely they are to recommend and remain in Los Gatos provides a high-level overview of the quality and livability of the community:

- Over 9 in 10 of older residents living in Los Gatos rated their overall quality of life as excellent or good. Most of the older residents surveyed scored the community positively as a place to live and would recommend the community to others. More than three-fourths said they planned to stay in the community throughout their retirement.
- Older residents tended to give lower scores to the community as a place to retire than they did to the overall quality of life in the community. About 7 in 10 respondents provided assessments of excellent or good to the community as a place to retire.

Overall Community Quality





Community readiness was assessed through a series of older resident ratings in the six different livability domains and the summarized ratings are given below. The areas of community livability found to be strongest in Los Gatos were Safety, Physical Health, Community Inclusivity, and Social Engagement, while the areas showing the largest need for improvement were Housing (affordability, options, and accessibility issues), Employment (opportunities and quality), Information on Older Adult Services (more than 50% reported lack of available information on older adult services, programs, and activities), Independent Living (ability to continue living in one's home), and Mental Health (depression, isolation, anxiety and memory loss). Also, there was a lower rating for "new urbanism", where older adults desire to live close to places where they can eat, shop, work and receive services. One more important gap was noted related to caregiving, where over 1/3 of respondents reported providing care for someone 55+: Los Gatos does

not have an adult day care service, and it was found that long-term care services information is lacking, and a future crunch is predicted for caregiving support.

Community Design







Employment and Finances



Employment 30 / 100



Finances 54 / 100

Equity and Inclusivity





Health and Wellness



Health Care 63 / 100



Independent Living 30 / 100







Information and Assistance





Productive Activities







The survey also assessed the economic contribution older adults make through employment and caregiving. It estimated that older residents in Los Gatos contribute \$188 million annually to their community through paid and unpaid work.

The complete survey can be found at $\frac{https://drive.google.com/file/d/1W8-VVqqF2FJckT8tQcC8lArka4e1L04M/view}{NtqqF2FJckT8tQcC8lArka4e1L04M/view}. An index detailing the areas covered by the survey is given in Appendix D.$

Community Workshops

During its formation the Senior Services Committee was encouraged to engage and 'energize' the Town regarding the future of Senior Services as it learned about the needs of older adults in Los Gatos. Community outreach subcommittee members determined that a series of Community Workshops to reach out to various older adult communities in Los Gatos would be a valuable form of engagement and learning about needs. The workshops were organized to increase awareness in the community of the efforts of the Committee and the official survey to boost response and at the same time to gain additional insights into specific local interests and concerns of our older adult residents. The responses to an open discussion of what people liked and what they felt was missing in a focus-group like setting helped add ideas and insights to the higher-level knowledge gained from our official survey findings. It was recognized that holding the workshops with existing groups meant that the sampling represented a particular demographic of an active and engaged older population. However, these participants are also more likely to be early adopters and engage in new programs as we seek to build senior services.

Members Nancy Pearson and Catherine Somers conducted the workshops. Using a theme of re-imagining senior services, the participants were asked to think about what things would enrich their lives and those of their friends, family, and neighbors. The Town's effort to revitalize senior services and to encourage participation in the survey was described. They were then asked to talk about the top three things that they would like to see the Town offer older adults and the three things that the Town needed to do better. Responses were noted and are summarized below. The workshops typically lasted 30 minutes.

Workshops were conducted between January and April with the following groups: Lions Club, Kiwanis Club, Los Gatos/Saratoga Service Providers, Democracy Tent, History Club, Live

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Oak Nutrition, El Sombroso Oaks (walking the community), Rotary (noon), Rotary (morning), 55 Plus Adult Rec., Terraces, and the Los Gatos Interfaith Council.

Key findings from the Workshops are:

<u>Communication</u>: with complaints ranging from having no communication during the pandemic to simply not knowing where to go or who to reach out to, it became apparent that communications to the older adult community was one of the biggest gaps. In addition, there were many requests for a 'one-stop-shop' hub of information. Needs ranged from how to find transportation, how to get a meal delivered, how to find a reliable handyman etc., to how to find out what is going on in Town and how to participate in group activities. Interest was also noted in the mountain communities with such residents asking that they be included in communications.

<u>Transportation</u>: older adults who no longer drive had many questions and concerns about transportation. These concerns were related to timing (e.g., last minute appointments needs) to coverage (e.g., does RYDE serve the mountain communities?) to cost (e.g., for just a needed short ride). One woman at the Terraces couldn't get a ride to her church in Saratoga, as it was outside the range served for their vehicles and she didn't know who to reach out to for help (which goes back to communication)

<u>Technology</u>: whenever we asked about email/internet ability, the response varied, generally based on age. Younger seniors were fine with being on email lists, while older seniors preferred print and regular mail. Many said that they would like to be taught how to use their mobile phones properly, as well as social media (especially Facebook) and devices for reading, such as Kindles. They expressed a desire for the younger generations to help them.

<u>Socialization</u>: older adults generally want a place to go, perhaps to share a meal, play a game, listen to music, or otherwise socialize. Many also expressed a desire to volunteer. Some notable quotes were:

"Everyone enjoys...everyone needs...a sense of belonging."

"Volunteering is better than working...and has other effects too, such as building friendships and keeping busy in mind and body..."

Cities Benchmarking

To better understand the status of senior services in Los Gatos, services and spending (mostly pre-pandemic) for Los Gatos older adults were benchmarked against seven other peer communities by a benchmarking subcommittee. The peer communities were the cities of:

- Campbell,
- Cupertino,
- Los Altos/Los Altos Hills,
- Morgan Hill,
- Palo Alto,
- Princeton (NJ),
- Saratoga.

Benchmarking areas were selected around four categories: 1) Environment; 2) Purpose, Connection and Belonging; 3) Healthy Living – Physical, Cognitive and Mental Health; and 4) Coordinated Network of Providers.

A summary overview of the cities benchmarking results is given below where green, yellow, and red indicate qualitative high, medium, and low scoring by the subcommittee. Total community older adult funding and the municipal component of that funding are given across the top of the chart for each city, as well as the senior 60+ total and percentage populations (based on census numbers). The AARP Senior Livability Index is also given. Results for Los Gatos are given with and without abatements provided during the pandemic. Services highlighted in pink (column on the left) are judged to be particularly important areas for older adults. Detailed benchmarking results for each of the cities studied are given in Appendix E.

		Los Gatos*	w/o abatement	Los Altos**	Palo Alto	Princeton NJ	Cuperl	ino	Morgan Hill	Saratoga	Campbell	Peer Avg
	Total Community Budget	\$ 610,000	\$ 360,000		\$ 1,664,645			9,451		\$ 1,370,000		
	Per Senior	\$87		\$0	\$125	\$149		\$162	\$93	\$192	\$91	\$116
	Municipal Portion of Budget	\$ 335,000	\$ 85,000	\$ 650	\$ 1,084,058	\$ 270,511	\$ 1,28	9,451	\$ 340,000	\$ 70,000	\$ 283,000	
	Per Senior			\$0	\$81			\$145	\$53	\$10	\$52	\$56
	Senior Population			6,101	13,303	5,208		3,876	6,368	7,142	5,489	
	Percentage	21%		20%				15%	14%	23%	13%	17%
Category	Service	* Includes :	\$250K Rent Ab	atement and a	does not includ	de \$500K one-i	ime ARPA	fund	ing			\$250,000
AARP Senior Livability Index			56	57	61	60	59		57	56	57	58.1
Environment	Safe, accessible and walkable space		Hi	Hi	Med	Hi	Hi		Med	Med	Med	
	Affordable Transportation		Med	Hi	Hi	Hi	Med	k	Hi	Hi	Hi	
	Senior Services Facility		Low	Hi	Hi	Hi	Med	1	Hi	Hi	Hi	
	Senior Services Staffing		Low	Hi	Hi	Hi	Med		Med	Hi	Hi	
	Available Parks, Open Space, and Public/Social Spaces, close location,		Hi	Hi	Hi	Hi	Med		Med	Med	Hi	
	Personal Safety, crime rate, home call programs, walking safety		Hi	Hi	Low	Hi	Low	′	Med	Hi	Med	
	Emergency and Disaster Preparedness		Hi	Hi	Hi	Med	Hi		Med	Med	Hi	
	Help in Home Maintenance		Med	Hi	Hi	Low	Low	/	Med	Med	Med	
Purpose, Connection, and Belonging	Participation and Communication with Older Adult Community		Low	Hi	Hi	Hi	Med	k	Med	Hi	Med	
	Network of Information/Hub		Low	Hi	Hi	Hi	Hi		Med	Hi	Med	
	Service Force and Volunteer Opportunities		Med	Hi	Hi	Hi	Мес	k	Med	Hi	Med	
	Opportunities for Education, Culture, Reading, and Arts		Med	Hi	Hi	Hi	Hi		Med	Hi	Med	
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc		Med	Hi	Hi	Hi	Hi		Med	Med	Hi	
	Technology Proficiency Assistance for Access to Internet for Social, Shopping, Entertainment, programs,		Med	Med	Hi	Hi	Hi		Med	Hi	Med	
	Employment Opportunities for 60+		Low	Hi	Med	Med	Low	′	Low	Med	Low	
	Promoting inclusivity in all of our 60+ programs (applies to all services)		Med	Hi	Hi	Hi	Med	t	Med	Med	Med	

Table III.1a. Summary overview of cities benchmarking comparison for the categories of Environment and Purpose and for Connection and Belonging.

		Los Gatos* w/o abatement		Los Altos**			Princeton NJ		Cupertino		organ Hill				Peer Avg
	Total Community Budget				\$ 1,664,645		778,000	\$ 1	,439,451	\$		\$ 1,370,000			
	Per Senior	\$87	\$52				\$149		\$162		\$93	\$19		\$91	\$116
	Municipal Portion of Budget					\$	270,511			\$	340,000			283,000	[
	Per Senior	\$48	\$12		701		\$52		\$145		\$53	\$1		\$52	\$56
	Senior Population		6,974	6,101	13,303		5,208		8,876		6,368	7,14		5,489	
	Percentage	21%	21%	20%			17%		15%		14%	23	%	13%	17%
Category	Service	* Includes \$		atement and o		de \$5	00K one-ti	me AF	RPA fund	ing					\$250,000
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.		Hi	Hi	Hi		Med		ow		Hi	Med		Med	
	Mental and Behavioral Health Programs		Med	Low	Hi		Hi		Hi		Low	Med		Med	
	Adult Day Care and Caregivers (Dementia Care)		Med	Med	Hi		Med		Hi		Low	Hi		Low	
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)		Med	Med	Hi		Hi		Hi		Med	Hi		Hi	
	Affordable Quality Housing - Seniors		Med	Med	Med		Low	Ν	led		Med	Low		Low	
	Continuing Living Facilities, different residence models		Med	Hi	Hi		Low	Ν	led		Med	Med		Med	
Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics		Low	Hi	Hi		Hi	L	ow		Med	Med		Hi	
	Participation in Publicly Available Senior Programs outside the city		Med	Med	Med		Low	Ν	led		Med	Med		Low	
	Volunteer coordinator		Low	Hi	Hi		Hi		Hi		Med	Hi		Med	
	Affordability of Membership/Event Cost		Low	Med	Med		Hi		led		Hi	Hi		Med	
		Includes \$2	50K Rent Abai	re frequently w tement and do tificially low du	oes not include	\$50	0K one-tim	ne ARP	A fundin	g					

Table III.1b. Summary overview of cities benchmarking comparison for the categories of Healthy Living and for Coordinated Network of Providers.

Observations based on these results and some of the key gaps they reveal for Los Gatos will be given in Section IV.G. Also, as part of the benchmarking studies and the subcommittees work on the Roadmap goals related to facilities and governance, several other city community centers with senior services facilities were visited.

Comparing Other City Community Centers and Governance Models

Facility and Governance subcommittee members made visits to community centers in Los Altos, Palo Alto (Avenidas), and Morgan Hill. The visits provided an opportunity to examine the uses of senior services space and to hold detailed discussions with local leaders on their governance, funding, and accountability processes. The discussions afforded an excellent opportunity to better understand facility utilization and to review the history, successes and issues in creating and managing new facilities and supporting senior services. The visits revealed three distinct operating models. The Los Altos facility is a newly completed community center with dedicated space for senior programs. It is a city-operated model with community input. The Palo Alto facility, Avenidas, is in a remodeled 1960s police station that has undergone three major renovations and has a substantial endowment seeded by two legacy donations of homes. It is a non-profit-operated model with city input and coordination. The Morgan Hill facility is a community center with dedicated space for senior programs that was built in the mid-2000's. It is a mixed model for operation and funding

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involving a partnership between nonprofits and the city. "Visiting these facilities really opened our eyes to what was possible and what it took to achieve new or remodeled facilities." M. Hudes.

Explore Selected New Initiatives and Community Engagement

As part of the Work Plan finalized in January 2022, the Committee planned to conduct several exploratory activities in the community to gain further insight into how to increase engagement. One long-standing need was for more convenient and better information on local senior services, one of the goals in Los Gatos' Age-Friendly Cities initiative. The Committee worked with the CHSSC to help support its 2022 goal to create an online information hub for senior services. The CHSSC and LGS Rec 55 Plus worked together and now have a first version of the online HUB. These results have demonstrated the clear benefit of continuing to refine the HUB as a valuable source of information for older adults and the entire community.

A second exploratory initiative was partnering with the service clubs in Town to work as a coordinated group of clubs to initiate events. One example was to explore opportunities to increase social activities of interest to older adults. Working with the Committee a monthly "First Fridays" social meet-up was initiated with the Palms restaurant on their patio in October 2022. The response was beyond expectations with about 50 seniors in attendance each month. The events also provided an opportunity for service club representatives to promote community volunteering.

A third successful effort to engage the community in a social setting for older adults was the Committee's reception held in partnership with the LGS Recreation in April 2022. The reception celebrated the completion of the benchmark survey, workshops and cities benchmarking and served as an outreach to inform the community about the Committee and the results of its data collection activities. "The ARC Bar" reception served to transform the Adult Recreation Center and make it a special evening of social engagement. The attendance was far larger than anticipated with nearly 150 people attending. Independent of the Committee but with its members supportive engagement LGS Recreation re-launched the 55 Plus program which had been shut down due to the pandemic with a Town Council 2022 ARPA grant. With the effective efforts of the new 55 Plus manager the program rapidly grew participation over the course of 2022 to 730 members, approximately twice pre-pandemic levels.

Another exploratory activity is The Producers program at KCAT TV, also funded by a Town Council 2022 ARPA grant. This program for 55+ volunteers trains participants in all aspects of TV and radio production and has had good response.

These exploratory efforts demonstrated that there is a tremendous appetite for social engagement, as well as recreational and learning activities, in the Los Gatos older adult community. Outreach also revealed a range of different socialization interests, with different groups seeking different venues and types of activities ("one size does not fit all"). Multiple future ideas came from this community engagement, including new social events, bringing service clubs into the mix, and finding new opportunities for volunteering and promoting senior

services. The results of the exploratory engagement efforts strongly confirmed the data collected from the surveys, workshops and cities benchmarking efforts.

Roadmap Goals

After gathering data from the array of sources summarized above, the Committee analyzed results and conducted a study session to discuss and reach a consensus on the critical goals the Roadmap needs to address to revitalize senior services and achieve its vision. These goals are:

- Goal 1. Appealing and Inviting Facility (Renovate or Build)
- Goal 2. Core Senior Services
- Goal 3. Communications and Engagement
- Goal 4. Volunteer Support and Engagement
- Goal 5. Enhanced Transportation Options for Older Adults
- Goal 6. Senior Housing Information on Approaches and Options
- Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

Studies by the Committee indicate a new community facility will enable the enhancing and energizing of all senior services. Second, core senior services are essential to senior programs. Third, the studies show that communications of needed information and engagement of the older adult community is essential to a successful senior services program. Fourth, a robust volunteering element provides for a vibrant community and greatly enhances engagement. Next, transportation and housing are of the utmost importance to older adults and the ability to age in place for an Age-Friendly City. Finally, governance, funding, accountability are necessary for a sustainable program.

The selected Roadmap goals were presented to Town Council and approved in June 2022. At that time Goal 2 and 3 were two separate goals, Communications and Information Access and Increased Engagement in Social, Educational and Healthy Living Activities. However, as the goals were studied further and Roadmap timelines and projects developed it was determined that there was considerable synergy and overlap between community and engagement, while core senior services were not well represented in a single goal. Thus the first two areas were merged and the latter area developed into a single goal. These goals will be described later in detail in Section V along with the projects proposed to implement the goals and the 1-3-10 year vision for their success.

<u>Development of Roadmap 1-3-10 Year Goals, Milestones and Timeline</u>

As a culmination of all the data gathering and analysis work the Committee completed its work in the second half of 2022 by developing and documenting the Senior Services Roadmap. Subcommittees were appointed for each Roadmap goal area and expert guest participants were invited to participate; guests included representation from the Complete Streets and Transportation and the Planning Commissions, the 55 Plus program, and Jewish Family Services. Each subcommittee developed detailed 1, 3, and 10-year milestones for their area. Bullet points were included for each milestone to provide clarifying background. These documents were then used to develop specific projects for each milestone objective to provide key elements that would need to be addressed for that milestone and the timescale for each of the elements. The work of the goals subcommittees was then integrated together by the roadmap writing

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committee. The intent of including specific milestones and projects for each goal was to provide a starting point for any future commission, committee, or ad hoc group to understand the Committee's thinking and to use as a starting point as they develop a plan for that goal area. The detailed 1-3-10 year milestones and project documents along with the timeline are presented in a subsequent section of the report.

Participation

The Committee acknowledges and expresses appreciation to the many people and commissions who have contributed valuable information to this report.

Tylor Taylor, Saratoga Area Senior Coordin. Comm.	Ellen Schwartz, Princeton, NJ
Lisanne Kennedy, LGS Recreation 55 Plus Manager	Lee Fagot, Democracy Tent
Bob Buxton, CST Commission	Vikki Pearce. History Club of Los Gatos
Jeff Thompson, CST Commission	Debbie Vasquez, Morgan Hill
Ali Miano, CST Commission	Cricket Rubino, Morgan Hill
Jeffrey Barnett, Planning Commission	John Sink, Avenidas, Palo Alto
Ann Peterson, Live Oak Adult Day Services	Bridget Matheson, Los Altos
	Mary Jo Price, Los Altos
Arn Andrews, Los Gatos, Committee Liaison	Laurel Prevetti, Los Gatos Town Manager

Senior Services Ecosystem in Los Gatos

Population

According to the US Census Bureau there were 6685 adults 65 or older in 2020 representing about 20.2 % of the Los Gatos population. For comparison there were only 15.2% 65+ in the state of California. The 65+ in Los Gatos was approximately 15% in 2000, 18% in 2010, 20% in 2020. The population of older adults is growing in Los Gatos and there have been projections that this demographic will reach 30% by 2030. This growth in the percentage of older adults suggests that by the end of this 10-year Roadmap plan for senior services the number of people over 55 could represent nearly 1/3 of the population of the Town.

Key Services and Communities

The Goal 2, Core Senior Services, of this Roadmap is focused on maintaining essential services in the Town for older adults. These services are provided by a community of providers that extend beyond the boundaries of Los Gatos. The Town's older adult community ranges from those who are in the upper income level to those who struggle to meet basic needs. Essential services are especially critical for those in the lower economic income range. Services address needs in the areas of nutrition and food security, transportation, housing, adult day care and caregiver support, information on available resources and social work support, and the availability of social, recreation, education, and healthy living activities.

Service Providers Directory

A listing of nonprofit and community organizations located locally and providing services that include older adults is given in Table 4. These groups provide essential core services to many of our older adults in Los Gatos. In many cases these local organizations work with and

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significantly extend the important benefits provided by county, state, and federal programs such as Meals on Wheels, Sourcewise (Santa Clara County Area Agency on Aging), county Nutrition Program, etc. During 2022 the Town of Los Gatos provided grant support to supplement the operations of: Live Oak Senior Nutrition Service Center, Next Door Solutions to Domestic Violence, and West Valley Community Services. The Town also provided contracts to SASCC (Outlook monthly newspaper and health fair), LGS Recreation (55 Plus senior program and rent relief) and KCAT TV (The Producers senior program) from federal ARPA funds during 2022.

Organization	Address	Website	Services
Addison-Penzak Jewish Community Center	14855 Oka Rd. Los Gatos	apjcc.org	Exercise, recreation, healthy living & wellness, arts & culture, community engagement
CADRE (Collaborating Agencies Disaster Relief Effort)	2731 North First St. San Jose	cadresv.org	Network of organizations that provide community emergency preparedness information
El Camino Health	815 Pollard Rd, Los Gatos & 2500 Grant Rd, Mountain View	www.elcaminoheal th.org	Hospital community programs, transportation services, mental health and addiction services
Embodied Recovery	20 S Santa Cruz Ave # 319, Los Gatos	embodiedrecovery. com	Outpatient mental health and addiction treatment services
Good Samaritan Hospital	2425 Samaritan Dr. Los Gatos, CA	goodsamsanjose.co m	Hospital community programs, addiction services, mental health
House of Hope – Calvary Church	16330 Los Gatos Blvd. Los Gatos. CA	www.calvarylg.com /local	Food bank, hot meals, legal counseling, financial aid, grief counseling
Jewish Family Services of Silicon Valley	14855 Oka Road #202 Los Gatos, CA	www.jfssv.org/serv ices.html	Food bank, financial aid, legal counseling, grief support, holocaust, refugee assistance, senior care
LDS Church	15985 Rose Ave. Los Gatos, CA	jesus-christ-of- latter-day-saints- churches.cmac.ws/c hurch-of-jesus- christ-of-latter-day- saints-los-gatos- ward/13755/	Refugee settlement, employment services, addiction programs, Bishop Storehouse food & grants, emergency preparedness

LGS Recreation	208 E. Main St. Los Gatos, CA	www.lgsrecreation. org	Community social, educational, and recreational activities through 55 Plus senior program
Live Oak Adult Day Care [currently closed]	111 Church St. Los Gatos, CA	liveoakadultdaycar e.org	Senior adults day programs, social, games, exercises
Live Oak Senior Nutrition Service Center	111 Church St. Los Gatos, CA	lgumc.org/live-oak- senior-nutrition- center/	60+ age, Lunches, Excess food availability, and social/emotional/healthy living supplemental support
Los Gatos Chamber of Commerce	10 Station Way Los Gatos, CA	www.losgatoscham ber.com	Programs/events to strengthen, promote businesses, enhance quality of life
Los Gatos Community Health and Senior Services Commission	110 East Main St. Los Gatos CA	www.losgatosca.go v/278/Community- Health-Senior- Services- Commission	Supporting and coordinating community health and senior services needs
Next Door Solutions to Domestic Violence	234 E. Gish Rd. #200, San Jose	www.nextdoorsolu tions.org	Supports victims of domestic violence and their families
S.A.I.L. Health Concierge		sailhealthconcierge. com	Aging in place services, concierge medicine, planning
Saratoga Area Senior Coord. Council (SASCC)	19655 Allendale Ave. Saratoga, CA	www.sascc.org	Senior center, RYDE transportation program, adult day program, Outlook community newspaper for seniors
St. Luke's Outreach Program	20 University Ave. Los Gatos, CA	stlukesig.org/pantr y/	Soup kitchen, spiritual, social, homeless showers, ministry
St. Mary's Immaculate Conception Church	219 Bean Ave. Los Gatos, CA	stmaryslg.org/los- gatos-homeless-st- luke	Spiritual, financial aid, home/hospital visitation
West Valley Community Services	10104 Vista Dr. Cupertino, CA	www.wvcommunity services.org	Food bank, case management, housing support, financial aid, social engagement

Table 2. Los Gatos Senior Service Providers Directory. (Courtesy of the West Valley Service Providers network, T. Picraux, coordinator, December 2022)

<u>Town Grants to Non-Profit Service Providers</u>

The Town has maintained a grant process for many years in support of local arts enrichment and core community services. The core services grants provide supplemental support to help maintain essential services in the community to residents in need by local non-

profit organizations. This program accepts grant opportunities for review and recommendation by the Arts Commission and Community Health and Senior Services Commission with final selection and approval by Town Council. During the FY 2022-23-year support was provided for non-profits with services which include in part older adults:

• Live Oak Senior Nutrition: \$22,000/yr

West Valley Community Services: \$20,000/yr

Next Door Solutions To Domestic Violence: \$10,000/yr

NAMI Santa Clara County (mental health services): \$7,500/yr

Bay Area Housing Corp (home modifications for disabilities): \$7,500/yr

During the FY 2021-22 support was also provided to the Live Oak Adult Day Services at \$13,000 but was not provided during FY 2022-23 due to continuing post-pandemic closure of the center. Also in FY 2021-22 one-time grants were provided to Parents Helping Parents (\$10,000), Methodist Church showers (\$10,000), and also to West Valley Community Services for \$10,000...

Special one-time ARPA Supplement grants for senior services post-pandemic recovery were provided by the Town Council during FY 2021-22 to:

• LGS Recreation 55 Plus: \$328,500

KCAT TV: \$100,000SASCC: \$71,500.

Provider to Service Matrix

The table below provides a matrix of main services to service providers for a partial listing of community service providers in Los Gatos. Note that Live Oak Day Services is listed but has not yet reopened. This matrix can serve to initiate a comprehensive directory of services and providers that our older adult community can access.

	Town of Los Gatos	LGS Recrea -tion	SAS CC	County of Santa Clara	Live Oak Nutri- tion	Live Oak Day Care	Meals on Wheels	Cham- ber of Com- merce	KC AT	West Valley Comm- unity Services
Case Management										0
Communi- cation		0		0				0		
Recreation		0			0			0		
Education										
Nutrition										0
Housing										0

Transporta- tion					
Adult Day Services					

Service Assessment

Cities strive to provide a set of core services to meet essential needs of older adults. For some residents these greatly enhance their quality of life while for others services may provide an essential safety net. While many services are provided or supplemented by regional, state, or federal sources, the extent and quality of these services often depend on local initiative. This qualitative assessment of our Town services has been based on our benchmarking of other cities in comparison to Los Gatos.

A particularly high area of services are our meals programs. These programs include the non-profit Live Oak Nutrition weekday lunches which also often include opportunities for socialization and exercise activities. The county-wide Meals on Wheels program is also available to all qualifying older adults and disabled residents. Other areas with strong Town engagement are emergency preparedness for meeting disaster events and personal safety for all residents. In addition, the Town Council has taken an active role in addressing senior services needs over the past year, however Town support of senior services or coordination staffing is lower than in peer cities.

In 2009, the Town restructured support for senior services through a Lease Agreement in which LGS Recreation was given rent relief in return for providing some specific services for older adults (Appendix G). LGS Recreation serves a broad community and range of age groups within Los Gatos and Saratoga. While LGS Recreation is currently providing a set of services for the Town's older adults, the actual services provided have evolved since the original agreement, and at times services have deteriorated when the financials of LGS Recreation have been insufficient to support those services. The three school boards that established LGS Recreation through a Joint Powers Authority, do not have an older adult constituency, rather a youth-oriented student constituency. Because of this structure, the relationship does not represent a strong alignment between the interests of the Town's older adult community and the governance of LGS Recreation. Transportation is an area that is at the mid-level of senior service provision, with the RYDE program providing scheduled weekday senior transportation at a sliding scale. Committee investigations indicate there is a need for weekend and evening ride programs, possibly served by an on-demand shuttle service. Areas that rank at a lower level include educational/technology/life skills training and employment opportunities. Caregiver support and adult day services also rank lower with adult day services not yet opened after the pandemic. Also, while mental health services for residents are provided primarily by local hospitals and non-profits, regional studies are showing that the community, including older adults, would greatly benefit from a nearby regional health clinic (for example in the West Valley) that provides additional services and a nearby source of support.

One area that ranked low at the beginning of our study but has been rapidly improving due to the use of \$500,000 investment in ARPA funds by the Town Council is social and recreational opportunities. As a result of this support the adult recreational program of LGS Recreation has increased its participation by over 100% compared to pre-pandemic levels. Combined with exploratory social events initiated by this Committee, such as First Fridays, it is estimated that engagement in social and recreational programs has reached over 10 % of the older adult population, demonstrating the possibilities of growth for senior engagement. Also, a new ARPA-supported program was initiated to teach TV and radio production by older adults. Another area which has shown improvement is that of information and communication targeted to older adults. The Outlook monthly newspaper provided by SASCC provides specific Los Gatos information. A Los Gatos weekly, the Los Gatan, provides community information. Also, efforts by the CHSSC in partnership with LGS Recreation 55 Plus and this Committee has resulted in the creation of an information HUB that is providing increased awareness of senior services, demonstrating the successes that can be achieved by revitalizing senior services in Los Gatos.

Gaps and Unmet Needs

Observations of key points learned for the peer cities from the Committee's city benchmarking work as given in Section III.B.5. are summarized below.

Los Altos/Los Altos Hills

- New \$35m facility funded by the City
- No membership fee
- Paid transportation
- Medium participation rate

Palo Alto

- Modern senior facility
- Wide range of choices of activities
- Organized and transparent about finances
- High participation rate

Princeton, NJ

- Provided by non-profit: 70% from contributions, 19% from City revenues and 11% fees
- City makes annual contribution
- High participation rate, including from surrounding communities

Cupertino

- Services differ because of higher homogeneity of ethnic population
- City budget is considerably higher within the peer group
- Medium participation rate

Morgan Hill

- Good integration of senior services and senior center into the city's community center
- Well organized community programs that supplement senior services
- City and charitable foundation funded through senior center with volunteers
- High participation rate

Saratoga

 Coordinated governance & management of programs with central accountability by local entity (SASCC)

- Services are funded primarily from outside grants and contributions
- Independent non-profit operates with small (5%) support from the City. Funding tripled since 2016
- City is actively informed & Council participates on Board of Directors of non-profit Strong board
- High participation rate

Campbell

- City converted high school into Community Center with pool & outdoor fitness area used by many LG residents
- Goals are set and measured on city website
- City funded and run through rec department with 3.5 employees supporting senior programs
- High participation rate

These observations can be contrasted to those for Los Gatos below.

Los Gatos

- Among the **highest** quality, walkability, parks, personal safety, emergency preparedness, and meals program for peer group
- Active engagement of Council in effort to improve senior services
- Unique arrangement: Services primarily provided by community education organization funded by in-kind facility use fee-relief from Town
- Secondarily provided by volunteers and nonprofits with some funding by Town grants
- Informal coordination of services through community grants with minimal direct governance
- Among the lowest senior staffing, participation rate, information availability, accountability, and volunteer coordination among peer group
- Least attractive and functional senior activity center of peer group
- Lowest per senior budget of peer group on both a total community basis and municipal spend basis
- Relatively high cost of individual events/programs combined with moderate cost annual fee
- Low participation rate

Some key gaps apparent from these observations have been the low participation rate of older adults in Los Gatos, low budget expenditures, inadequacy of the senior center, and lack of coordination or accountability of senior service programs. The Los Gatos 55+ program has achieved rapid improvement in enrollment during 2022 (from approximately 390 pre-pandemic levels to 730 participants at the conclusion of 2022). There is significant room for further improvement in senior program participation in Los Gatos, for example by increases in the current 55 Plus membership which now represents approximately 10% of older adults. Community response to the short term efforts of the Committee and CHSSC (the information Hub, First Fridays, engagement of groups) suggest that there is a large untapped potential in Los Gatos to enhance and expand opportunities for and participation by older adults.

Los Gatos One-Three-Ten Year Roadmap Goals, Projects, and Milestones

The Committee organized its seven goals into 1 year, 3 years, and 10 years activities and then used these activities to develop specific projects for each goal area with associated timelines and milestones. The projects are intended to serve as descriptive information and insight into learning by the Committee. These projects provide a starting point for consideration by commissions, committees and community non-profits in implementing the goals of the Roadmap. An overview of the seven goals, an overview for the 1-3-10 year activities, and the projects with milestones to accomplish these goals are presented below. The 1-3-10 year vision activities detail is presented in Appendix F.

Goal 1. Appealing and Inviting Facility (Renovate or Build)

Subcommittee - Heath (chair), Blum, Hudes, Lenoci, Picraux

This goal is to renovate or build a community facility including older adult space/services. develop plans, fund, and implement a revitalized community center with dedicated space for older adult programs. Currently, the ground floor of the building at 208 E. Main Street is being used for the older adult recreational/social programs by LGS Recreation. The facility and the space available are insufficient, as judged by the Committee and based on the feedback received in peer city reviews. The decision to renovate or build a new community facility that includes older adult space/services will be decided as part of this goal.

Age-friendly communities have spaces that are welcoming where residents can come together to engage in social, educational, and enriching activities. Community centers which either include or are dedicated to the needs of older adults provide an important focal point for residents and are found in all our benchmarked cities. Approaches to building or refurbishing facilities are many, but in every case the approaches have required a concerted, long-term effort with deliberate planning. This area would address:

- More welcoming building with adequate multipurpose space than currently exists. A
 portion of the facility dedicated to meet the needs of older adults
- A funding strategy, fund-raising mechanisms and a 501(c)(3) Friends of Seniors entity to provide long-term support
- Coordinated community strategy and support for development of senior facilities
- Intergenerational space for meetings, clubs, community events, recreational, cultural, educational, learning, health education and information services
- Deliberate evaluation of effectiveness and value of investment in existing facilities
- Evaluation of multiple use options and how Town assets might be utilized in the creation of a community facility

Goal 1. The 1-3-10 Year Activities Overview

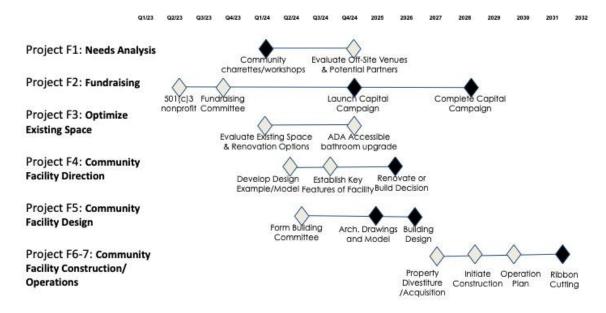
One Year - Form facilities advisory committee, explore fundraising options, establish a 501(c)3 non-profit for facilities and services, and optimize interim repairs to existing facility Three Year - Develop 3 models for community center, perform feasibility study, make, fix or build decision (selecting from 3 models), form building committee, and begin substantial fundraising

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Ten Year - Ensure ample quality space for older adult services and programs, provide a staffed welcome desk, and perform ribbon cutting of welcoming facility

Goal 1. Projects Overview

1. Appealing and Inviting Facility (Renovate or Build)



Goal 1. Projects

PROJECT F1 Needs Analysis

- Form an ad hoc group to conduct needs analysis. Q2/23
- Community input on needs and concepts. Q1/24
- Community charrettes/workshops (needs & conceptual plan). Q1/24
- Evaluate off-site venues and potential partners. Q4/24

PROJECT F2 Fundraising

- Establish a 501(c)3 non-profit to support fundraising for senior services. Q2/23
- Establish a fundraising committee. Q4/23
- Form board for the senior non-profit. Q1/24
- Launch capital campaign. Q4/24
- Partner with county supervisors and state legislature on funding plans. Q4/24
- Capital campaign consultant and develop annual targets. Q4/24
- Explore government grants local, state & federal. Q4/24
- Complete capital campaign. Q1/28

PROJECT F3 Optimize Existing Space

- Evaluate existing space & renovation options. Q1/24
- Track existing facility utilization. Continuing
- Ongoing projects- ADA accessible bathroom upgrade. Q4/24

PROJECT F4 Community Facility Direction

- Develop a design example/model. Q2/24
- Conduct feasibility study. Q2/24

- Define space alternatives. Q3/24
- Establish key features of the facility. Q3/24
 - Ability to rent
 - Host large community and county-wide events
 - Enhanced recreational and fitness activities
 - Educational and social activities
 - Accessible
- Identify the preferred alternative (renovate or build). Q2/25

PROJECT F5 Community Facility Design (Renovate or Build)

- Develop an implementation plan. Q3/25
- Form building committee. Q2/24
- Architectural drawings and a model to support fundraising. Q3/25
- Architect consultation. Q2/25
- Builder consultation. Q2/25
- Conceptual design. Q3/26

PROJECT F6: Community Facility Construction (Renovate or Build)

- Property divestiture and acquisition, if required. Q1/27
- Initiate facility construction. Q1/28
- Complete facility construction. Q2/30

PROJECT F7: Community Facility Operations

- Establish business support options how to run and operate a community center. Q1/29
- Operating model. Q1/29
- Sustainable financial plan. Q1/29
- Ensure ample quality space for older adult services & programs.
- Provide a staffed welcome desk to answer questions and accept volunteers. Q1/31
- Ribbon-cutting and opening. Q1/31

Goal 1. First Steps

- Form 501(c)3 non-profit
- Recruit fundraising committee
- Plan for community charrettes

Goal 2. Core Senior Services

Subcommittee - Pearson (chair), Khanal, Konrad, Lenoci, Mlinarich, Picraux

A thriving town needs to provide essential core services for older adults. These services cover such areas as support for social, educational, and healthy living activities. Also, it is essential to meet basic nutrition and health needs for the disadvantaged. Services for older adults are provided by a diversity of municipal, county, regional, and state organizations. The Town gains much leverage for this goal by encouraging and supporting the work of community nonprofits and organizations such as hospitals and health clinics that are essential to the Town's safety net. Provisions for physical and mental health, as well as support for caregivers and their loved ones, are also essential. The availability and use of community parks, gardens and open spaces provides significant core support, not only to older adults, but to all. Efforts to preserve and provide adequate core services include:

- Social, educational, and healthy living opportunities
- Funding and expanding essential services for all stages of aging including nutrition and adult day care programs
- Training and classes to enhance marketable and/or new skills
- Personal safety, scam avoidance, legal assistance awareness, etc.
- Promote food security and options
- Promotion of County mental/behavioral health offerings and the local availability of these services

Goal 2. The 1-3-10 Year Activities Overview

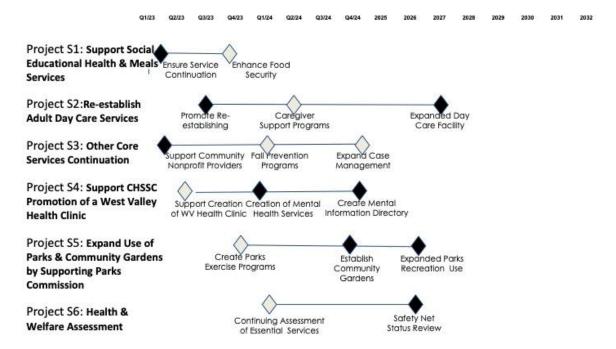
One Year - Continue to support essential services in Town.

Three Year - Re-establish adult day care services.

Ten Year - Promotion of mental health services in the West Valley.

Goal 2. Projects Overview

2. Core Senior Services



Goal 2. Projects

PROJECT S1 Support Continuation of Social, Educational, Healthy Living and Meal Services for Older Adults

- Ensure continuation of senior adult recreation, social, educational and healthy living provided by the 55 Plus program. $\underline{\text{Q1/23}}$
- Ensure continuation of the Live Oak Nutrition Program and funding to provide food security for older adults. Q1/23
- Promote and enhance food security and healthy options for older adults, including supplemental food collection and distribution, local food bank services, etc. <u>Q3/23</u>

PROJECT S2 Support Re-establishment of Adult Day Care Services

- Promote establishment, support, and use of adult day care services in Los Gatos Q3/23
- Establish facilitated caregiver support programs for families and family caregivers. Q2/24
- Promote caregiver respite programs. Q4/26
- Facilitate an expanded adult day care program with more space and a controlled-access outdoor area to provide services for future growth. $\underline{O4/27}$

PROJECT S3 Support Continuation of Other Core Services in Los Gatos by Community Organizations

- Advocate for support of community nonprofits that provide services and assistance to older adults in Los Gatos (WVCS, SASCC, Next Door Domestic Violence, Jewish Family Services, House of Hope, local hospitals, etc.). Q1/23
- Promote and advocate on behalf of services for older unhoused people and for those in danger of becoming unhoused. Q3/23
- Advocate for and seek to expand the availability of case management workers serving older adults in Los Gatos. Q4/24
- Establish an ongoing mentor program to enlist local organizations and seniors with special skills to provide social, educational & healthy living enrichment courses. Q2/24
- Promote County fall prevention programs. Q3/23
- Promote programs that provide information on personal safety devices, scam/fraud avoidance, and legal assistance. Q3/24

PROJECT S4 Support CHSS Commission Objectives to Establish a West Valley Health Clinic with Mental Health Services

- Support the Community Health and Senior Services Commission efforts, as well as those by community groups and the County to establish a health clinic in the West Valley. $\underline{O2/23}$
- Monitor and promote County initiatives and government grant opportunities to provide mental health services in the West Valley. *continuing*
- Promote establishment of a mental health task force in the West Valley. Q4/23
- Create a mental health information directory. Q4/24

PROJECT S5 Expand Use of Parks, Community Gardens, and Other Facilities

- Support the efforts of the Parks Commission as they relate to senior use of parks, community gardens and related facilities.
- Establish exercise programs in parks and on Town plaza. Q4/23
- Initiate a program to enhance cluster seating in parks for meet up areas. Q2/24
- Support and promote establishment and multigenerational use of community gardens (volunteer planning, landscape design, site plot layout). Q4/24
- Expand recreational use of existing parks and facilities (e.g., pickleball by striping to selected Town tennis courts, bocce ball facility renovation at Oak Meadow Park, establish lawn bowling site, etc.). Q1/26

PROJECT S6 Health and Welfare Assessment

- Provide a continuing assessment of community essential services for older adults in Los Gatos.
 Q1/24
- Review the welfare safety net status for older adults and the utilization and coordination of older adult services with County and community non-profit programs. Q1/26

Goal 2. First Steps

- Negotiate an agreement for continuation of 55 Plus social, educational, and healthy living program.
- Re-establish adult day care services.
- Continue support of community essential core services by non-profits.

Goal 3. Communications and Engagement

Subcommittee - Konrad & Pearson (co-chairs), Miller, Mlinarich, Picraux, Somers, Yick, Guest: Kennedy (LGS Rec 55 Plus)

Older adults and caregivers need ways to obtain information about available services, resources, and events in multiple formats. It is also essential that they have opportunities to engage in social, lifelong learning, and healthy living activities. Productive activities outside of work promote quality of life and contribute to active aging. Finding and engaging in social activity and volunteering in activities of interest becomes increasingly challenging as people age. Opportunities to participate and socialize with others, volunteer in meaningful and productive activities and engage in the community in which one lives contribute to a feeling of belonging and personal satisfaction. The survey and workshops point to these areas as critical elements to solve problems, participate in community activities and enhance quality of life. Benchmark results for other cities indicated that Los Gatos could offer more programs.. This goal helps residents age in place. Areas addressed would include:

- Availability of resources, activities, programs (clubs, local centers, and government supported services, etc.)
- Presented in the form of an Information Hub (trusted, well-curated content on services availability, activities pointer, events calendar, etc.) - short term. Includes web, mobile, and social network capabilities. Phone feature with live senior services and volunteer coordinator - longer term
- Navigation to services tools (medical, maintain physical health)
- Information included from other goals of transportation, volunteering, and housing (stay in home support options, wellness calls, assistive devices)
- Consistent availability, coordination, engagement, and age-friendly accessibility of weekly activities and monthly social events
- Promotion ranging from print to in-person engagement by going to where older adults live (ambassadors, volunteers, etc.)
- Finding ways to subsidize existing programs to expand reach to older adults medium to short term
- Enlisting local organizations and expertise to help enhance programming
- Highlight special events that are Age-Friendly

Goal 3. The 1-3-10 Year Activities Overview

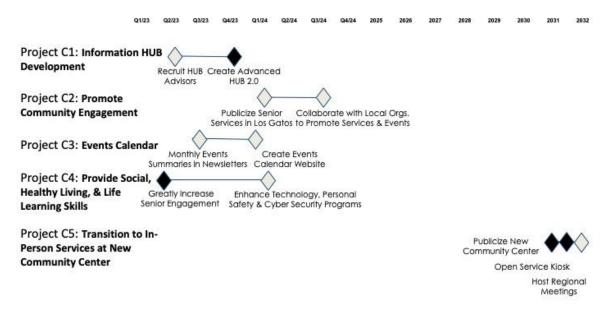
One Year - Provide older adults ways to easily learn information about available services and resources. Increase engagement in social, educational, and healthy living programs. Promote volunteering. Establish measurable goals.

Three Year - Partner with service providers to expand participation in events promoting social, educational and healthy lifestyle programs.

Ten Year - Move into a beautiful Community Center with dedicated space for senior programs.

Goal 3. Projects Overview

3. Communications and Engagement



Goal 3. Projects

PROJECT C1: Information HUB Development and Deployment

- Refine, edit, and broaden HUB 2.0 to make access to senior services much more intuitive and broaden HUB coverage to include other senior services in the local community: Q4/23
- Recruit and sustain a volunteer Hub advisory group to collect information on what's not available, help maintain the accuracy of the HUB information and promote HUB. Q2/23
- Develop a program with merchants to help promote Hub. Q2/23
- Identify a HUB administrator with technical skills to incorporate identified missing services and maintain the HUB advisory group. Q2/24
- Create conceptual design including master release schedule e.g., 2.0, 3.0, 4.0. Q2/24
- Evaluate the benefits of developing a mobile app. Q4/24
- Invite the creator of Cupertino Senior Services website to review and make suggestions. Q4/23
- Coordinate with government agencies to take advantage of resources. Q2/24
- Partner with District 5 County Supervisor to benefit other cities and offset costs. Q2/24
- Incorporate video tutorials into HUB (e.g., how to sign up for RYDE, etc.) and explore and utilize evolving technology tools Q4/24
- Use digital inclusion initiatives to teach people how to access information on the HUB, use QR codes, etc. Q4/23
- Utilize KCAT to advertise and to help develop videos for HUB. Q2/24
- Continue tracking HUB clicks and identify the most popular areas. Q1/23
- Continue tracking the number of calls that come into the office for older adult information from all sources (55 Plus; Chamber; Others). Q1/23
- Require Town participation and promotion to ensure success of objectives. Q1/23

PROJECT C2 Promotion of Community Awareness and Engagement in Services

- Publicize senior services available in Los Gatos. Q1/24
 - nutrition
 - adult day services
 - recreation and socialization opportunities
 - educational opportunities and health fairs
- Collaborate with other local organizations to promote Town and community events and services. Q3/24
- Join the AARP Network of Age-Friendly Communities. Q3/23
- Promote on-going awareness of HUB and Town senior events by Town in social media, website, and newsletter and in local newspapers with articles and ads. (Los Gatan, The Outlook, etc.). Q4/23
- Increase participation in Town events. Q2/23
- Establish an outreach ambassador volunteer program (go to where older adults live to promote awareness and participation). Q2/23
- Promote use of faith-based community services (e.g., Jewish Family Services of Silicon Valley's Aging with Dignity and Healthy Aging Programs. Q3/23

PROJECT C3 Events Calendar

- Initiate an events calendar website that includes Town meetings and special events. Q1/24
- Establish connectors (APIs) to various organization's information. Q2/24
- Include monthly events summary in the monthly older adult newsletters. Q3/23
- Assist with community holiday events and promotion. Q2/24
- Develop a mobile app. for smart phones to sign up for local events. Q4/24

PROJECT C4 Provide and Engage Older Adults in Social, Healthy Living, and Life Learning Skills Activities

- Promote monthly special social activities. Q1/23
- Organize First Friday monthly events. Q1/23
- Greatly increase engagement in ongoing LGS Rec. activities and classes (exercise, swimming, etc.), senior club activities, JCC exercise and other programs. Q1/23
- Promote programs with emphasis on multigenerational activities. Q1/23
- Establish diet, nutrition & healthy eating classes and programs. Q3/23
- Promote technology training programs (including library programs, etc.). Q1/24
- Promote personal safety and cyber security presentations and classes. Q1/24
- Develop training classes to enhance marketable skills. Q4/24
- Partnership with West Valley Community College to deliver local life-learning courses oriented to older adults. Q3/24
- Develop Distinguished Guest Lecture program. Q3/30

PROJECT C5 Transition to In-Person Services at New Community Center

- Publicize new dedicated senior facility space for senior programs. Q1/32
- Have an information kiosk near the entrance for verbal, posted and printed materials including volunteer information. Q2/32
- Central point of coordination for Senior Services including tech support. Q3/32
- Large room exercise classes and weekly dance in new community center Q2/32
- Host local community theater, music and dance group programs. Q3/32

- Promote engagement by organizing regional large group meetings (SCC Cities Association, SCC Seniors Agenda, Caregiver Conference, Aging Wisely Conference, etc.). Q4/32

Goal 3. First Steps

- Expand & promote information HUB.
- Expand engagement of the senior community by increasing participation in social, educational & healthy living activities.
- Engage volunteers to implement programs.

Goal 4. Volunteer Support and Engagement (be a volunteer/seek a volunteer)

Subcommittee - Pearson (chair), Picraux, Somers, Yick

Vibrant communities provide opportunities for older members to become volunteers and/or to find needed assistance from volunteers. Promoting and supporting volunteerism allows the community to marshal the expertise of older adults and to increase engagement of older adults for the benefit of the entire community. Our Committee found that many older adults want to volunteer, and many others need volunteers for help. With volunteer time in California currently estimated at \$29.95/hr. by the Independent Sector organization, the many 1000's of hours available locally represents an important resource for the Town to take advantage of as much as possible. The volunteer support and engagement goal would include:

- Develop and coordinate volunteer opportunity exchange (aggregated Town page of opportunities)
- Support connections between service providers, clubs and those interested in volunteering (consider holding volunteer fair)
- Support equitable and inclusive processes to engage older adult volunteers
- Consider a 'Community Unity' bulletin board approach for two-way volunteering as promoted in the past by former Mayor Wasserman

Goal 4. The 1-3-10 Year Activities Overview

One Year - Develop a process for older adults to become a volunteer or to find needed assistance from volunteers.

Three Year - Establish a volunteer corps with a coordinating team, tracking, a coordinator, and creation of an opportunity exchange.

Ten Year - Establish a volunteer station at the welcome desk in the new community center and provide regular volunteer socialization.

Goal 4.c. Projects Overview

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4. Volunteer Support and Engagement



Goal 4. Projects

PROJECT V1: Establish Volunteering Task Force

- Collaborate with the Community Health & Senior Services Commission and/or other commissions to form an ad hoc task force with Town liaison identified. Consider adding guest members. Q1/23
- Develop a list of groups needing volunteers for programs, events, and activities. Q2/23
- Establish a joint alliance of service clubs for volunteering composed of a designated person from each organization with an alliance representative on the ad hoc task force. Q4/23

PROJECT V2: Recruit and Build a Volunteer Community with the Ad Hoc Task Force

- Establish a process to coordinate between organizations needing volunteers. Q4/23
- Provide links on The HUB to organizations needing volunteers. Q2/24
- Establish methods for volunteers to connect to opportunities via print and electronic communications. Q2/24
- Include volunteer opportunities in local event calendars. Q3/24
- Publicize opportunities and recruit volunteers at community events (First Fridays, etc.).
 Q3/24
- Issue volunteer opportunity alerts. Q4/24
- Promote volunteerism and explore new ways to marshal the expertise of older adults in Los Gatos. *continuing*
- Ensure equitable and inclusive opportunities to increase engagement of older adult volunteers. *continuing*

PROJECT V3 Establish a Volunteer Corps

- Obtain part time staff support for coordinated volunteer intake and coordination of the Volunteer Core. Q1/25
- Establish a volunteer coordinating team with required service clubs representation. Q1/25
- Develop a method for volunteer tracking. Q3/25
- Provide periodic events for volunteers to socialize and exchange information on opportunities. Q3/25
- Establish a senior mentorship service that utilizes talents and skills that can be shared in a multigenerational setting. Q2/25

- Develop and coordinate volunteer opportunity exchanges (volunteer tables at Town events, bulletin boards, volunteer fair, etc.). Q4/25
- Develop an opportunities exchange site on The HUB. Q4/25
- Establish a referral process to support connections between those with needs for household chores and service providers, clubs (including high school and middle school), other groups interested in volunteering and local businesses. Q4/26
- Establish and support a volunteer information component to the welcome kiosk at the new community center. Q1/32

Goal 4. First Steps

- Establish an ad hoc volunteer task force.
- Create a listing of organizations needing volunteers.
- Engage service clubs in the initiative.

Goal 5. Enhanced Transportation Options for Older Adults

Subcommittee - Heath (chair), Khanal, Picraux, Ristow, CSTC member expert partners Buxton, Thompson, and Miano

Livable communities facilitate transportation options for older adults, including auto, bicycling, walking and public transportation. Older adults consider the need for flexible transportation options to be especially important as they age, including:

- Better information distribution on mobility options (e.g., VTA Senior Mobility Guide)
- RYDE awareness and enhancement
- VTA and VTA Access awareness
- Lyft/Uber supplemented programs
- In-Town shuttle provided by Town
- Last minute rides through volunteer network
- Options for mobility-challenged older adults

Goal 5. The 1-3-10 Year Activities Overview

One Year - Form senior transportation advisory committee (tracking, input, advocacy).

Promote availability of mobility options and information.

Increase use of existing Bus 27 and advocate for expanded local transit services.

Three Year - Implement a Town shuttle.

Expand mobility services - auto, bicycle, walking, & public transportation.

Add Age-Friendly accessible walking paths.

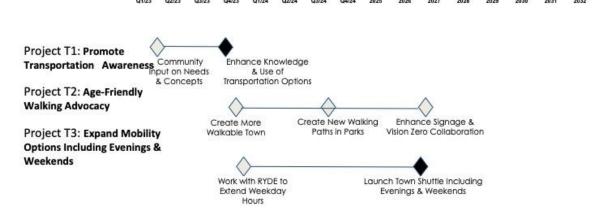
Ten Year - Create Age-Friendly accessible walking track.

Develop a door to door shuttle service.

Goal 5. Projects Overview

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Transportation Options for Older Adults



Goal 5. Projects

PROJECT T1: Implement and Promote Transportation Awareness and Use

- Collaborate with Complete Streets & Transportation Commission and Community Health & Senior Service Commission to form an ad hoc Senior Transportation Committee with Town liaison identified. Consider adding guest members. Q1/23
- Obtain community input on needs & concepts. Q3/23
- Seek grant opportunities in the transportation area. continuing
- Monitor General Plan 2040- Section 5- Mobility- Implementation Programs A-S. Q2/24
- Establish a mechanism for continuing assessment of Los Gatos, County, State and Federal master plans, laws and grants involving all forms of mobility impacting older adults for possible recommendation. Q4/24
- Explore wheelchair accessible parking needs. continuing
- Track VTA bus actions. continuing
- Enhance community knowledge and use of RYDE, VTA Access, and Santa Clara County Mobility Management Program (e.g., intro to use bus pass, low income senior passes, eligible registered dining participant passes). Q3/23
- Promote distribution and awareness of the VTA Senior Mobility Guide. continuing
- Link transportation information and new options to The HUB. continuing
- Promote use of bicycles through education, training and repair, safety programs and classes. Promote development and awareness of bike and pedestrian pathways, support for more bikeways, valet use for older adult events with secure bike parking facilities. *continuing*
- Achieve increased community use of existing Bus 27 and use data to advocate for expanded local VTA transit services. Q2/26
- Develop "Transportation Los Gatos" software that links all forms of mobility (FlexDenmark Model). Q1/32

PROJECT T2: Advocate for an Age-Friendly Walking Plan

- Coordinate with existing commissions and the General Plan to advocate for an Age-Friendly walking plan. *continuing*
- Create a more walkable Town through signage, increased benches, safer and more accessible sidewalks and crosswalks. Q4/23

- Create an Age-Friendly accessible walking track (Campbell Community Center track as a possible model) accessible to public at fixed hours, suitable for people with mobility limitations. Q2/26
- Add new walking paths in Town parks. Q3/24
- Conduct a senior safety zone study. Q2/25
- Enhance signage, pavement markings, evaluate extended traffic signal timing, and participate in a Vision Zero collaboration. Q4/26

PROJECT T3: Expand Mobility Options Including Evenings and Weekends

- Work with RYDE to extend weekday hours of service M: Q4/23
- Explore Town shuttle options and focus on the best option. Consider fixed+flexible Town shuttle: contract or volunteer based, collaboration with large scale developers and employers, cooperative programs with neighboring cities (e.g. Cupertino VIA shuttle), cooperative programs with new Town community developments, cooperative programs with local businesses or senior housing entities, and explore possible subsidies). M: Q4/24
- Launch a Town shuttle that provides or includes an evening and weekend older adult transportation service. $\underline{Q4/26}$
- Promote ride voucher programs with health care providers. Q3/25
- Create or expand existing programs to include a door-to-door shuttle service. M: Q1/32

Goal 5. First Steps

- Establish collaboration with Commissions and form a Senior Transportation Advisory Committee.
- Start exploring shuttle options.
- Expand community knowledge of available mobility options.
- Take action to create a more walkable Town.

Goal 6. Senior Housing - Information on Approaches and Options

Subcommittee Heath (chair), Miller, Picraux, Planning Commission Guest: Jeffrey Barnett Opportunities for older adults to continue to live in Los Gatos after retirement and to enjoy the community and friends as they age, with services that help older adults manage living situations and age in place including such things as service referrals, home maintenance helpers, and realtors.

Goal 6. The 1-3-10 Year Activities Overview

One Year - Form Housing Advisory Committee.

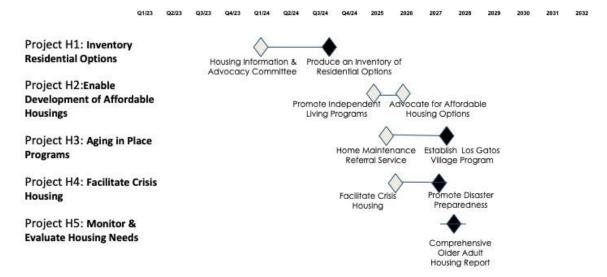
Identify and produce an inventory of residential options. Encourage development of housing options.

Three Year - Establish aging in place programs. Facilitate crisis housing and support. Support programs that help with home upkeep and accessibility.

Ten Year - Monitor housing while promoting opportunities for older adults to continue to live in Los Gatos after retirement and to enjoy the community and friends as they age.

Goal 6. Projects Overview

Senior Housing - Information on Approaches and Options



Goal 6. Projects

PROJECT H1 Identify and Inventory Residential Options for Older Adults

- Establish a committee for older adult housing information and advocacy in coordination with the Planning Commission and the Housing Element Advisory Board. Q1/24
- Support Los Gatos Housing Element as adopted by the Town Council as it relates to older adults. Q3/24
- Identify and produce an inventory of residential options for older adults. Q4/24
 - Encourage developers to consider the needs of older adults through all stages of aging including smaller units, one story units, housing close to accessible transportation and/or restaurants and stores,(new urbanism), walkable spaces and multi-residency units for caregivers. Q1/25
 - Advocate for legislation that supports quality care and services at local residential care facilities; promote culturally competent services. Q1/26

PROJECT H2 Enable Development of Affordable Housing for Older Adults

- Engage with local and state stakeholders to promote programs for older adults living independently, Q1/25
- Advocate for the development of housing options through all stages of aging as well as affordable housing for older adults. **Q3/25**
- Pursue potential funding (state & federal) for housing income support and housing modifications and repairs. Q4/25

PROJECT H3 Establish Aging in Place Programs (Including a Los Gatos Village)

- Develop infrastructure and programs for aging in place and establish a Los Gatos Village (subscription-based association based on Beacon Hill/Avenidas model). $\underline{\text{Q1/27}}$
- Develop a home maintenance (small job) helper referral service with volunteer coordinator (service clubs). Q1/25
- Support programs that provide help with modification and accessibility of homes. Q3/25
- Support older adults living independently in the community through down-sizing or step-down independent living options. Q1/25

PROJECT H4 Facilitate Crisis Housing

- Facilitate crisis housing for older adults. Q1/26
 - Promote disaster preparedness programs with focus on older adults including online information and the safety of older adults in residential care facilities during emergencies or disasters. Q4/26

PROJECT H5 Monitor and Evaluate Housing Needs and Stock

- Complete a comprehensive Older Adult Housing Report (for inclusion in the General Plan and Housing Element's 5-year update). <u>Q3/27</u>

Goal 6. First Steps

- Establish an older adult housing advisory committee for inventorying housing options and advocacy.
- Promote development of affordable housing for older adults.
- Advocate for older adults living independently in the community.

Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

Subcommittee - Hudes (chair), Blum, Heath, Miller, Phelan, Picraux, Rossmann
In this section there is first a description of the benefits and proposed elements that will be needed to achieve an integrated model for governance and accountability for senior services.

Second, the Committee proposes four recommended Town Council actions for the first year to achieve this model. Finally, a proposed approach is presented to sustain progress on the Roadmap in subsequent years. The Committee is of the opinion that these actions provide an essential component for achieving the 10-year vision of an affordable and sustainable Roadmap for senior services.

Integrated Governance Model

Currently our Town has a distributed model of senior services with minimal central planning, measurement, coordination, or accountability for maintaining and advancing services. Creating an integrated governance structure with accountability for services could result in significantly increased efficiencies, enhanced senior services leading to additional sources of support, and long-term stability of programs. A recommended governance model for Los Gatos includes:

- Distinct roles for non-profits, Town administration, and others serving older adults,
- A coordinated management model (accountability, metrics, oversight, etc.)
- Funding mechanisms to help support older adult programs and services
- Sustainable financial plan, including pro forma budgets for consideration by deciding bodies
- Methods for measurement, accountability and maintaining transparency
- Approaches to maintain Town oversight

The Committee analysis suggests that an integrated governance model will also lead to stronger community participation and will result in greater support for services, more successful funding initiatives, and greater transparency of senior services operations. The benchmarking survey of other cities and our assessment of services in Los Gatos show that Los Gatos currently has a fragmented model of service delivery coupled with little accountability. To enhance accountability, the Roadmap proposes and discusses below four key interrelated elements that will need to be developed for a future model of senior services governance:

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- One-Three-Ten-year fiscal planning
- Measurement and accountability tracking
- Roles and responsibilities decisions
- Roadmap maintenance and update process

One-Three-Ten Year Fiscal Planning

The Committee recommends that an integrated budget process for senior services be adopted. This financial plan would include:

- All of the entities providing services for older adults in Los Gatos;
- Establishing a comprehensive process for fiscal analysis and budget planning, including Town, county, state, and federal and third-party organizations;
- Annual budgets that would include:
 - Services provided and residents served
 - Capital and operating budgets (decoupled)
 - Planned and actual budgets
 - Sources, including grants and fundraising
- Timing would be coordinated with Town, area, and third-party budget processes.

Information assembled over the first year of the Roadmap is proposed to provide the basis for development of the fiscal plan under guidance of the Town Council. The plan is recommended to be developed during the first quarter of 2024 as part of a review of Roadmap progress, as discussed in the Roadmap Maintenance and Update Process section below.

Next steps:

- 1. Set schedule for subcommittees to provide resource estimates prior to Committee sunsetting;
- 2. Provide template and assistance in developing pro-forma financial estimates for key initiatives;
- 3. Involve Town staff in financial estimates and budgeting;
- 4. Create a budget model.

Measurement and Accountability Tracking

In order to make progress in delivering services in a sustainable manner to older adults there is a need to develop measures of the services provided and their impact. To best support integrated governance these measures would include the full range of senior service providers, including Town, regional, and third-parties. Measures of service would include the number of people served in a transparent and easily understood format. Much of the information would be obtained through a collaboration with the various service providers serving older adults. Recommended activities include:

- Determine what measures of effort are needed and how the results would ensure success of the Roadmap goals;
- Identify who would receive the reports and at what frequency;
- Establish a process to provide an annual report describing the State of Senior Services in Los Gatos based on an assessment of the measurements that are tracked and the services that are being provided to older adults.

Next CHSSC steps:

- 1. Establish a measurement and tracking process based on the above recommendations;
- 2. Review examples of annual senior services reports by other cities and the state to provide a starting point for an Annual Los Gatos Report;
- 3. Compile metrics from other communities and service providers on what data and rate of collection is most useful for an efficient accountability tracking process.

Roles and Responsibilities

The Committee recommends that for the changes proposed by this Roadmap in support of our older adult community to occur it will be important to define the roles and responsibilities, as existing organizations are modified, and new organizations are put in place. From a long term perspective it would be valuable for the Town to consider the following questions regarding roles and responsibilities:

- Given the goals and resources required, what oversight is appropriate to ensure success?
- Are new or re-comprised teams, committees, or roles required? If so, how should new and existing teams and roles be modified and participation encouraged?
- Are new or updated service agreements or contracts needed?

The Year 1 Actions proposed by the Committee below provide suggested approaches to these questions for the near term.

To transition from the decentralized, or what might be characterized as a fragmented delivery of services to our older adults, to a more reliable and sustainable means of providing these services in a coordinated community partnership, our Integrated Governance subcommittee realized that some changes would be helpful. This was further reinforced by site visits and fact-finding conversations with several other communities, especially with Palo Alto, Los Altos, and Morgan Hill. Also further considerations would be needed upon making a decision concerning facility direction in about 3 years' time.

For now, it appears that the Morgan Hill approach and governance model offers the most similar and promising starting point to address needs over the next several years. With the successful development of this approach over a 3- to 10-year period, a long-term model closer to that of Palo Alto's Avenidas, where even greater community contributions to support senior services as well as to initiate a "Village" concept for aging in place may become possible.

Why the Morgan Hill model in the near-term?

While there are demographic differences from Los Gatos, the provision of services to older adults in Morgan Hill offers some situational similarities. In Morgan Hill, recreation-oriented senior services were previously provided by the YMCA, which was serving a broad age-range of community members through fee for service as well as contracted services for seniors. The organization ran into financial constraints that challenged the provision of services for seniors. The community also embarked on the creation of a community recreation center that included space where older adults would participate. This required substantial fundraising as well as contribution of city-owned properties in order to build the new center, which was completed in the mid-2000's and is operated by the city. Later the community

established an independent 501(c)3 Friends of Morgan Hill Seniors Foundation to provide additional support for senior services, with a city representative participating on the Board of Directors. In addition, the city established an independently operated Senior Advisory Committee to sustain senior programs. This committee includes a city representative and representation from community leaders, service providers, the community center staff, and the Foundation and has subcommittees for transportation, life-long learning, endowment, and outreach. The city recreation center with its senior space provided the catalyst for these governance decisions.

As the transition to the new Morgan Hill community center and charitable foundation funded facilities and programs proceeded, some of the key personnel of the YMCA and predecessor organizations transitioned to the new organizations as well as to the city. Some of the best people are still serving Morgan Hill's older adult community, yet they transitioned to a new organization. Today, a vibrant senior services program is being provided in an excellent community center, funded significantly by charitable giving and grants, along with moderate city support. Los Gatos is facing similar constraints regarding Town finances and similar financial constraints faced by LGS Recreation in providing a recreation-oriented services program for older adults. Los Gatos can learn from the Morgan Hill story in developing a journey for enhancing senior services for the older adult community.

Proposed Year 1 Actions to Transition to Integrated Governance for Senior Services

To support the transition of this Senior Services Roadmap for revitalizing senior services from planning to action the Committee recommends the Town Council begin with the following roles and responsibilities for the first year of the Roadmap:

1. Engage Town Commissions and Boards

By expanding its role the Community Health and Senior Services Commission has suggested it would undertake the following three activities considered critical for maintaining Roadmap progress. The first area of communication and engagement represents the essential support for maintaining the momentum of the other Roadmap goals while the second and third activities address initial needs in the governance and accountability of senior services. Those activities include the following:

- i. <u>Communication and Engagement</u>: This activity is the portion of the Roadmap addressing Goal #3. It is suggested that the CHSSC create an ad hoc subcommittee from its membership to fulfill the tasks involved and to also consider adding a few community expert guests to help support the subcommittee and extend its reach.
- ii. <u>Roadmap Tracking</u>: In this activity the CHSSC would be responsible for tracking and assessing whether the goals of the Roadmap are being accomplished according to the timelines set forth in the Roadmap. This may be done via the necessary communication and annual or more frequent written assessments.
- iii. <u>Annual Senior Services Assessment</u>: In this activity the CHSSC would be responsible for assessing and reporting on the nature and quality of senior services in Los Gatos. This may be done via an annual State of Los Gatos Senior Services written report.

The CHSSC could consider creating subcommittees to assist in implementing activities ii) and iii) if needed. Similar to activity i), the CHSSC would be responsible for appointing the members of the subcommittees and could include expert guests as appropriate. Consideration could be given to requesting that the Town Council appoint a liaison from the Council to the CHSSC, to assist in the foregoing work and/or help with recruitment of people to serve on the CHSSC and its subcommittees.

Duties and responsibilities on issues relating to other Roadmap goals such as housing and transportation would remain with the Town boards and commissions currently responsible in those areas. However, in its role of Roadmap tracking the CHSSC would periodically meet with the boards and commissions responsible for these areas, to assess their progress and align goals with them related to these areas. Some examples found in the project proposals of this Roadmap include: 1) Parks Commission: the development of a Community Garden 2) Complete Streets and Transportation Commission: transportation options for older adults including walking paths and exploration of a shuttle 3) Planning Commission and/or Housing Element Advisory Board: creation and maintenance of an inventory and directory of housing options for seniors. These enhancements might include subcommittees or cross-commission ad hoc teams as well as specific older-adult-related tasks in the annual work plans of the Town Commissions and Boards, and could include issuing reports to the Town Council about progress on these items. Members of the Senior Services Committee could help organize these activities during the period before the sunset of the Senior Services Committee.

Next steps:

- CHSSC assigns members to coordinate each of the above three activities
- Town Age-Friendly Coordinator and/or CHSSC plans projects to be pursued with other Commissions or Boards

2. Appoint Town Age-Friendly Coordinator (0.2 FTE)

The Committee recommends the Town Council appoint a part time (0.2 FTE) Coordinator for senior services in Los Gatos. The Coordinator is envisioned to be a staff member within the town administration. Their allocated time would be dedicated to being a point of contact for senior services in Los Gatos. This position would provide an important step to realizing the Roadmap vision of a coordinated partnership for senior services between the Town, Town commissions and boards, the proposed Friends of Los Gatos Seniors Foundation, community service providers, and other nonprofits and regional providers. The Coordinator would also be a member of the Foundation advisory committee. Responsibilities for the Age-Friendly Coordinator might include:

- Act as the point of contact for the Commissions, Service Provider organizations,
 Foundation, and regional nonprofits providing services for Los Gatos older adults
- Be the point of contact for key provider of recreational services to older adults (currently LGS Recreation)
- Receive information from the three CHSSC activities coordinators involving Communication & Engagement, Roadmap Tracking, and Annual Assessment
- Serve as the point of contact for questions about volunteer opportunities as Roadmap projects advance in support of this goal

- Coordinate receipt of budget proposals to both the Town of Los Gatos as well as the Friends of Los Gatos Seniors Charitable Foundation
- Facilitate review and presentation to Town Council of the Annual Assessment of Senior Services provided by the CHSSC for receipt by Council
- Provide information and support for the Town Council review of the Roadmap progress and governance during the first quarter of 2024 and subsequently as discussed in the Roadmap maintenance section below.

As the Roadmap successes accrue in future years and senior services delivery advances, there may be considerable leverage gained by increasing the fractional 0.2 FTE allocation to the Town's Age-Friendly Coordinator. This graded approach could facilitate the transition of Los Gatos senior services governance from a fragmented model to an integrated partnership model.

Next steps:

- 1. Town appoints an Age-Friendly Coordinator
- 2. Ensure the Coordinator is brief on the senior services landscape.

3. Recognize and Encourage Community-Based Activities to Support Senior Services

It is recommended that the Town Council recognize and encourage community efforts in support of the Senior Services Roadmap. This support would include recognizing a community-planned 501(c)3 nonprofit Foundation that will be formed and having the Town Age-Friendly Coordinator participate in the nonprofit's Advisory Committee.

The community-based Friends of Los Gatos Seniors Foundation will be created for raising funds in support of senior programs and facilities to supplement Town funding, and establishing a sustaining endowment from individuals and corporate entities. The Foundation will explore options and funding mechanisms for a new or refurbished community facility with dedicated space for senior programs. It will also seek funds to supplement and enhance support for senior programs and activities. As an independent nonprofit entity it will have a Board of Directors and it is recommended that they appoint an Advisory Committee. The Advisory Committee may assist the Board in such areas as investigating community facility options, creating a capital facility fundraising campaign, seeking methods to raise funds for senior service activities, seeking grants to support these efforts, and, over time, establishing a sustaining endowment. It is recommended that the Foundation coordinate its activities with the Town.

- Next steps by the nonprofit:
 - 1. Establish a Board of Directors for the Friends of Los Gatos Seniors Foundation
 - 2. Apply for 501(c)3 status

4. Re-Establish Baseline Services

As part of an integrated governance model the Committee believes that sustainable support of core senior services is necessary to re-establish the pre-pandemic baseline in order to achieve the vision of the Roadmap. These services are considered to be essential to be maintained as a base of support for an important and often older segment of our senior population. There are two provider areas for these services:

Town: social, educational, healthy living activities provided by LGS Recreation,

 Community: grants to nonprofit community service providers to help supplement their services in Los Gatos (Live Oak Nutrition, West Valley Community Services, re-establish Live Oak Adult Day Care, etc.).

Role of Los Gatos-Saratoga Recreation

LGS Recreation has been providing services to the seniors of Los Gatos based under an agreement initiated in 2009. The 20-year lease agreement defines the scope of services that are to be provided in return for partial rent relief. After obtaining a better understanding of the services and associated funding of LGS Recreation, it appears this full suite of services currently (in 2022) being provided to the senior community cannot be sustained without an increase in funding. In fact, as of 2023, even baseline services are not funded given the direction of the LGS Recreation Board to no longer fund senior services with surpluses from other LGS Recreation programs. Additionally, services and governance aspects of the original 2009 Lease Agreement (see Appendix G) with LGS Recreation have changed.

The Committee has reviewed the base-line services that LGS Recreation is providing and recommends that the Town negotiate an acceptable one-year agreement to maintain essential services. Also, the Committee notes from its benchmarking studies of peer cities that essential services by nonprofits are not charged rent for the municipal facilities they occupy to provide the services, in contrast to the pre-pandemic practice in Los Gatos. For the following three-year period, it is recommended to re-evaluate the provision of services by LGS Recreation as circumstances change while also considering the ability of the newly formed Friends of Los Gatos Seniors Foundation to raise additional funds to provide supplemental support for these senior services. If LGS Recreation is able to provide an ongoing role in the delivery of services to the seniors of Los Gatos, it is important to re-evaluate and document changes to the services initially enumerated in the 2009 Lease Agreement. It could also be beneficial for collaboration to have a Town representative participate on the Board of LGS Recreation and have the Town's Age-Friendly Coordinator provide a point of contact for LGS Recreation services for older adults.

5. Sunset Senior Services Committee

The Committee recommends that the transition from planning to action be facilitated by engaging the Senior Services Committee to assist the Town in publicizing and jump-starting year 1 projects and then to sunset the Committee in 2023.

Roadmap Maintenance and Update Process

The Committee recommends that for the Roadmap to be of continuing value, both during its *implementation* and beyond, there needs to be a process for this document to evolve as circumstances change, as current needs are satisfied, and as new needs emerge in the community. Maintaining and updating the Roadmap will ensure that it is sustainable and of continuing value. Recognizing that the ultimate authority for the Roadmap implementation rests with the Town Council the Committee recommends the following process:

- During the first quarter of 2024 the Town Council would review the Roadmap progress over its first year and the effectiveness of its governance, making any needed modifications;
- The review would be informed by the tracking data and annual assessment of senior

- services provided by the CHSSC and any other information collected. The Age-Friendly Coordinator would facilitate this effort;
- During the proposed year 1 review it is recommended that the 1-3-10 year fiscal planning process also be completed;
- In the subsequent years two and three it is recommended that the Council repeat this
 process, ensuring that the Town continues to make progress in transitioning to an
 integrated governance model with community engagement, and address any issues as
 circumstances change;
- The review process for this 10-year Roadmap could thereafter be repeated only as needed, for example if plans are initiated for the renovation or construction of a new community center with space for senior programs.

Roadmap Communication

The Committee recommends that the Roadmap be communicated to both community leaders and the larger Los Gatos community. During the period of transition to implementation of the Roadmap the Committee members will participate in the following activities over the next couple of months through the direction of the Chair.

Roadmap Awareness

To increase community awareness the Committee will develop an action plan to promote the Roadmap and the proposed 1-3-10-year goals. In partnership with the Town administration, Town commissions, the Chamber of Commerce, service clubs and others, Committee members will promote the Roadmap via print, social media, email, and group presentations. Individuals and groups will be made aware of what they've already done to help and identify needs, emphasizing an opportunity to become involved. The objective will be for the community to become engaged in what the Roadmap proposes, to be aware of the benefits it can bring to older adults and the community at large, to plan for the next steps, and to get people excited about the future.

Tailored Messages to Request Participation

In coordination with the CHSSC, Committee members will meet with Town commissions such as CSTC, Planning Commission, and Parks Commission to present specific elements of the Roadmap 1-3-10-year goals and project ideas and to explore if they would be willing to lead those efforts within their area. Also, members will hold meetings with the Chamber of Commerce, SASCC, regional, county, state leader and other potential partners. The Committee hopes commissions and other groups that have participated in the development of the Roadmap plans will join forces in the proposed Roadmap effort so that the community moves toward a common goal.

Conduct Roadmap Town Halls

Launch Town halls similar to the original community workshops that were held during February – April 2022 with the objective of explaining the Roadmap content, reaching additional groups and individuals.

Conclusions

This Roadmap provides an actionable, community plan for revitalizing senior services in Los Gatos. It was developed by first creating a vision where older adults are engaged, valued, and provided equitable opportunities to thrive in an inclusive, Age-Friendly Town. The needs of Los Gatos older adults were then assessed and ways in which these needs were addressed in other communities were analyzed. Seven overall goals were developed and broken down into 1, 3, and 10-year plans for each goal. The work required to achieve these goals was structured into projects with quarterly milestones and these projects organized into programs. Finally, a plan to transition the governance and accountability of services to achieve these goals in a Town-community partnership was identified. To achieve this five "asks" of the Town Council were identified as detailed in Section II.B. Our objective is at the end of this 10-year Roadmap to have prepared our community for the next generation of older adults when it is estimated that those aged 55 or older in Los Gatos will approach 1/3 of the Town's population. The Committee respectfully submits that with a sustained, affordable commitment by the Town and with strong engagement and support by the community this 10-year Roadmap will provide a thriving Town environment where the entire community benefits.

_48 ATTACHMENT 1









MEETING DATE: 08/28/2025

ITEM NO: 6

DATE: August 12, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Discuss Reports from June 12, 2025, Complete Streets and Transportation

Commission Meeting that Relate to the Senior Services Roadmap Goals

RECOMMENDATION:

Discuss reports from the June 12, 2025, Complete Streets and Transportation Commission meeting that relate to the Senior Services Roadmap goals.

REMARKS:

On June 12, 2025, the Complete Streets and Transportation Commission Meeting considered the following reports:

- 1. <u>Item 5: Report from the Community Health and Senior Services Commission</u>¹
- 2. <u>Item 6.a: Beach Traffic Ad Hoc Committee Final Report</u>²
- 3. Item 6.b: VTA Bus Pass Ad Hoc Committee Final Report³

The CHSSC Chair requested that these be included on this agenda for the CHSSC's discussion to the extent that they relate to the goals in the Senior Services Roadmap.

PREPARED BY: Leif Christiansen

Senior Service Coordinator

¹ https://mccmeetingspublic.blob.core.usgovcloudapi.net/losgatos-meet-2aa078460e6343afbaad93542f6a9fca/ITEM-Attachment-001-ea57c68f31514bd6b0cdeb78d9fa26b8.pdf

² https://mccmeetingspublic.blob.core.usgovcloudapi.net/losgatos-meet-2aa078460e6343afbaad93542f6a9fca/ITEM-Attachment-001-ab481d2828894a78aa8ba48537e1d033.pdf

³ https://mccmeetingspublic.blob.core.usgovcloudapi.net/losgatos-meet-2aa078460e6343afbaad93542f6a9fca/ITEM-Attachment-001-902f92dfcdf84b5b99ed71d8573b64d6.pdf

MEETING DATE: 08/28/2025

ITEM NO: 7

DATE: August 25, 2025

TO: Community Health and Senior Services Commission

FROM: Leif Christiansen, Senior Service Coordinator

SUBJECT: Discuss CHSSC Work Plan to Identify Areas of Focus for the Remainder of the

Year

RECOMMENDATION:

Discuss CHSSC Work Plan to identify areas of focus for the remainder of the year.

REMARKS:

Commissioners will have the opportunity to discuss the CHSSC Work Plan to identify areas of focus for the remainder of the year.

ATTACHMENTS:

1. CHSSC Work Plan

PREPARED BY: Leif Christiansen

Senior Service Coordinator

2025 CHSSC Work Plan

No staff time allocated:

- Continue the implementation of the Projects identified in Goals 1 through 7 of the 10-year Senior Services Roadmap for Los Gatos unanimously endorsed by the Los Gatos Town Council in February 2023.
- 2. Expand Project S4 of Goal 2, Core Senior Services, to improve access to behavioral and mental health care in the West Valley to all the residents of Los Gatos, regardless of age.
- 3. Prepare a follow-on study of mental health services in the West Valley. (The original service assessment was done in 2023.) The key elements of this study will be education, outreach, and service integration.
- 4. Review the results pertaining to Los Gatos of both the current AARP senior survey and the CASOA senior survey concluded in March 2022 and provide input to both the Town Council and staff.

Page 106 Attachment 1