



**TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION
SEPTEMBER 24, 2026
110 EAST MAIN STREET
TOWN COUNCIL CHAMBERS
4:00 PM**

*Martha Sterne, Chair
Gregory Gentile, Vice Chair
Dick Konrad, Commissioner
Patricia Uro-May, Commissioner
Stewart Brewster, Commissioner
Elenor Yick, Commissioner
Shailaja Venkatsubramanayan, Commissioner
Matthew Hudes, Council Liaison*

IMPORTANT NOTICE

This meeting will be held in person at the location listed above. Members of the public may provide written or oral comments on agenda items by following the instructions listed at the end of the agenda.

CALL MEETING TO ORDER

ROLL CALL

CONSENT ITEMS *(Items appearing on the Consent are considered routine Town business and may be approved by one motion. Members of the public may provide input on any Consent Item(s) when the Chair asks for public comment on the Consent Items. Each speaker is limited to three minutes or such time as authorized by the Chair.)*

1. Approve the Minutes of the August 27, 2026, Regular Meeting

VERBAL COMMUNICATIONS *(Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda and is within the subject matter jurisdiction of the Commission. During special meetings, members of the public are welcome to address the Commission only on items listed on the agenda. Town resources may not be used to facilitate audio or visual presentations. To ensure all agenda items are heard, this portion of the agenda is limited to 30 minutes. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment. Each speaker is limited to three minutes or such time as authorized by the Chair.)*

OTHER BUSINESS *(Each speaker is limited to three minutes or such time as authorized by the Chair.)*

2. Receive an Update from Community Service Provider Next Door Solutions to Domestic Violence on Their Programs for Seniors
3. Receive Information Regarding the Launch of MyLosGatos311

- [4.](#) Receive an Update on the Adopt-A-Bench Program
- [5.](#) Discuss Older Adult Emergency Preparedness

COMMISSIONER/STAFF LIAISON REPORTS

ADJOURNMENT

ADA NOTICE - In compliance with the Americans with Disabilities Act, if you require special assistance to participate in this meeting, please contact the Clerk's Office at (408) 354-6834. Please notify the Clerk's Office at least two (2) business days prior to the meeting so that reasonable arrangements can be made to ensure accessibility in compliance with 28 CFR §35.102-35.104 and related provisions.

NOTICE REGARDING SUPPLEMENTAL MATERIALS - Materials related to an item on this agenda submitted to the Commission after initial distribution of the agenda packets are available for public inspection in the Clerk's Office at Town Hall, 110 E. Main Street, Los Gatos, and on the Town's website at www.losgatosca.gov. Town Commission agendas and related materials can be viewed online at <https://losgatos-ca.municodemeetings.com/>.

HOW TO PARTICIPATE

The Town of Los Gatos strongly encourages your active participation in the public process. If you are interested in providing oral comments during the meeting, you must attend in-person, complete a speaker's card, and return it to the staff. If you wish to speak to an item on the agenda, please list the item number on the speaker card. The time allocated to speakers may change to better facilitate the meeting. If you are unable to attend the meeting in-person, you are welcome to submit written comments via email to clerk@losgatosca.gov.

Public Comment During the Meeting:

When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting.

Speakers at public meetings may be asked to provide their name and to state whether they are a resident of the Town of Los Gatos. Providing this information is not required.

Deadlines to Submit Written Comments:

If you are unable to participate in person, you may email clerk@losgatosca.gov with the subject line "Public Comment Item #_" (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to the Commission must provide the comments as follows:

For inclusion in an addendum: by 3:00 p.m. the day before the Commission meeting.

For inclusion in a desk item: 11:00 a.m. the day of the Commission meeting.



Draft Minutes of the Community Health and Senior Services Meeting
August 27, 2026

MEETING CALLED TO ORDER AT APPROXIMATELY 4:00 P.M.

ROLL CALL

Present: Chair Sterne, Vice Chair Gentile, Commissioner Konrad, Commissioner Uro-May, Commissioner Brewster, Commissioner Yick, Commissioner Venkatsubramanayan. Council Liaison Hudes (arrived at approximately 4:09 p.m.).

Absent: None.

Staff Present: Assistant Town Manager Katy Nomura and Senior Service Coordinator Jen Fosco.

CONSENT ITEMS

1. Approve the Minutes of the June 9, 2026, Special Meeting.

MOTION: Motion by **Commissioner Brewster** to approve the minutes of the June 9, 2026, meeting. **Seconded** by **Commissioner Konrad**.

VOTE: Motion passed 7-0.

VERBAL COMMUNICATIONS

The following individuals spoke during verbal communications:

- 1) Member of the Public
- 2) Kiersten Shum

Commissioner Uro-May left the meeting at approximately 4:28 p.m.

OTHER BUSINESS

2. Los Gatos Monte Sereno Police Department Potential Service to Saratoga.

Police Chief Field gave a presentation regarding the Los Gatos Monte Sereno Police Department's potential service to the City of Saratoga.

The Commission discussed the item.

No one from the public spoke.3. Receive an Update from Community Service Provider
Jewish Family Services on Their Programs for Seniors

Debbie Michaels, the Vice President of Community Engagement for Jewish Family Services,
presented a general overview of their services.

The Commission discussed the item.

No one from the public spoke.

4. Discuss the CHSSC Meeting Schedule for the 2027 Calendar Year.

The Commission discussed the item.

No one from the public spoke.

MOTION: Motion by Commissioner Konrad to propose 2027 CHSSC meetings to be held on
the third Wednesday of every month at 4:00 p.m. **Seconded** by Vice Chair
Gentile.

VOTE: Motion passed 6-0. Commissioner Uro-May was absent.

5. Discuss the Distribution of the 2026 Service Provider Survey.

The Commission discussed the item.

No one from the public spoke.

6. Receive Information Regarding the Launch of MyLosGatos311.

Due to time constraints, item was moved to the next meeting.

ADJOURNMENT:

The meeting adjourned at 6:02 p.m.

Respectfully Submitted

/s/ Jen Fosco, Senior Service Coordinator



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 09/24/2026
ITEM NO: 2

DATE: September 24, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Services Coordinator
SUBJECT: Receive an Update from Community Service Provider Next Door Solutions to Domestic Violence on Their Programs for Seniors

RECOMMENDATION:

Receive an update from community service provider Next Door Solutions to Domestic Violence on their programs for seniors. This item is for discussion only.

REMARKS:

Relevant to the CHSSC work plan item to stay informed about community senior services, Commissioners will have the opportunity to receive an update from a Next Door Solutions to Domestic Violence representative.

A presentation prepared by Next Door Solutions to Domestic Violence is included as an attachment to this staff report as public comment.

ATTACHMENT:

1. Public Comment

PREPARED BY: Jen Fosco
Senior Service Coordinator

Next Door Solutions to Domestic Violence

Los Gatos Community Health &
Senior Services Commission Meeting

Afi Nkhume-Crecy

Pronouns: she/her
Community Engagement &
Volunteer Coordinator

Thursday, September 24th, 2026





Scope of the Problem

- 1:4 heterosexual/ lesbian women and over 1:2 of bisexual women experience DV in their lifetime.

- Nearly 1:2 of female murder victims and 1:20 male murder victims are killed by former or current intimate partners.

- 1:6 men have been severely physically abused by an intimate partner.

- Over 90% of abusive relationships involve financial abuse, forcing many to choose between homelessness and abuse.

- In the US, an average of 20 people are physically abused by an intimate partner every minute.

- 1:3 adolescents will experience violence in their dating relationships.



Scope of the Problem contd.

- 2.1% of adults 60+ experienced psychological aggression in the past year.

- 1.7% of adults 60+ experienced sexual violence.

- 0.8% of adults 60+ experienced physical violence.

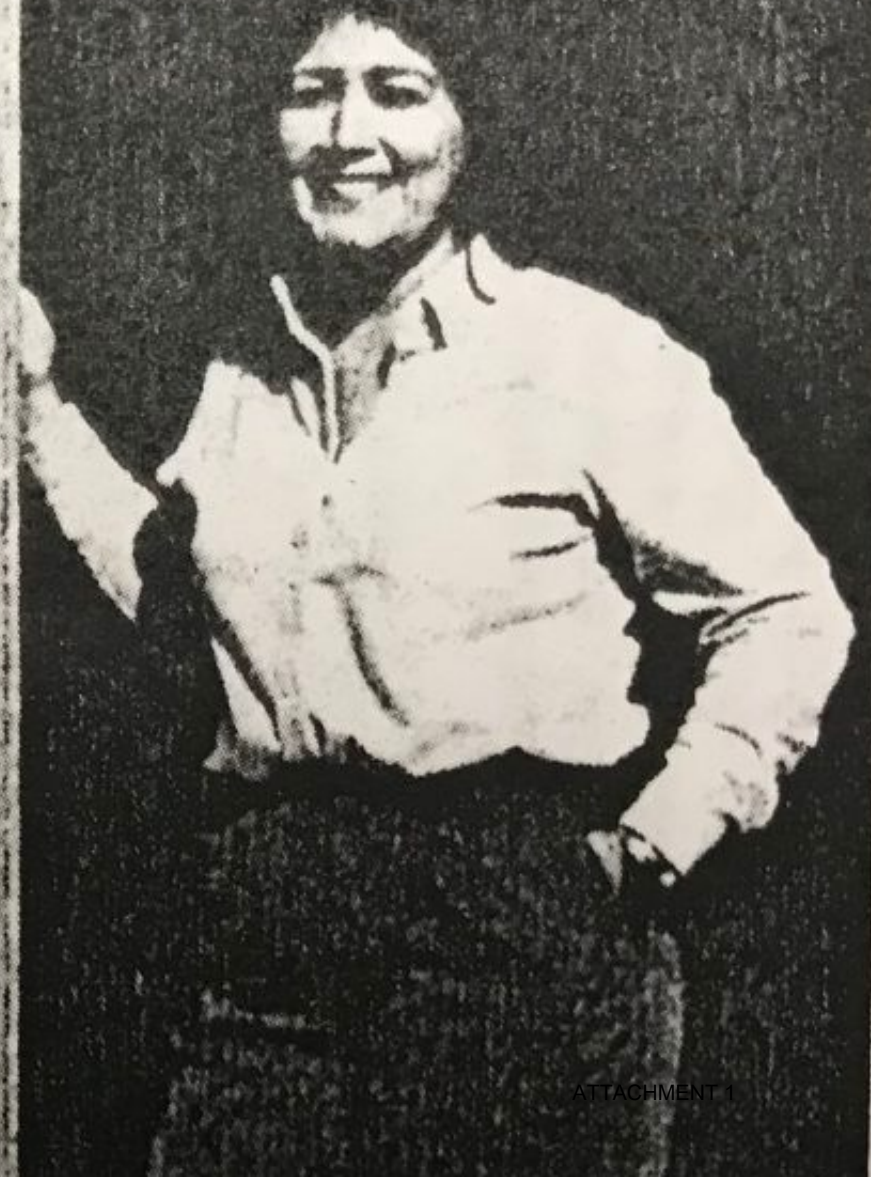
- Older adults with hearing or vision impairments faced greater odds of psychological and physical violence.

WOMAN

HOURS 8-5 MON - FRI
HORAS LU - VI

OFFICE 298-3505
OFICINA

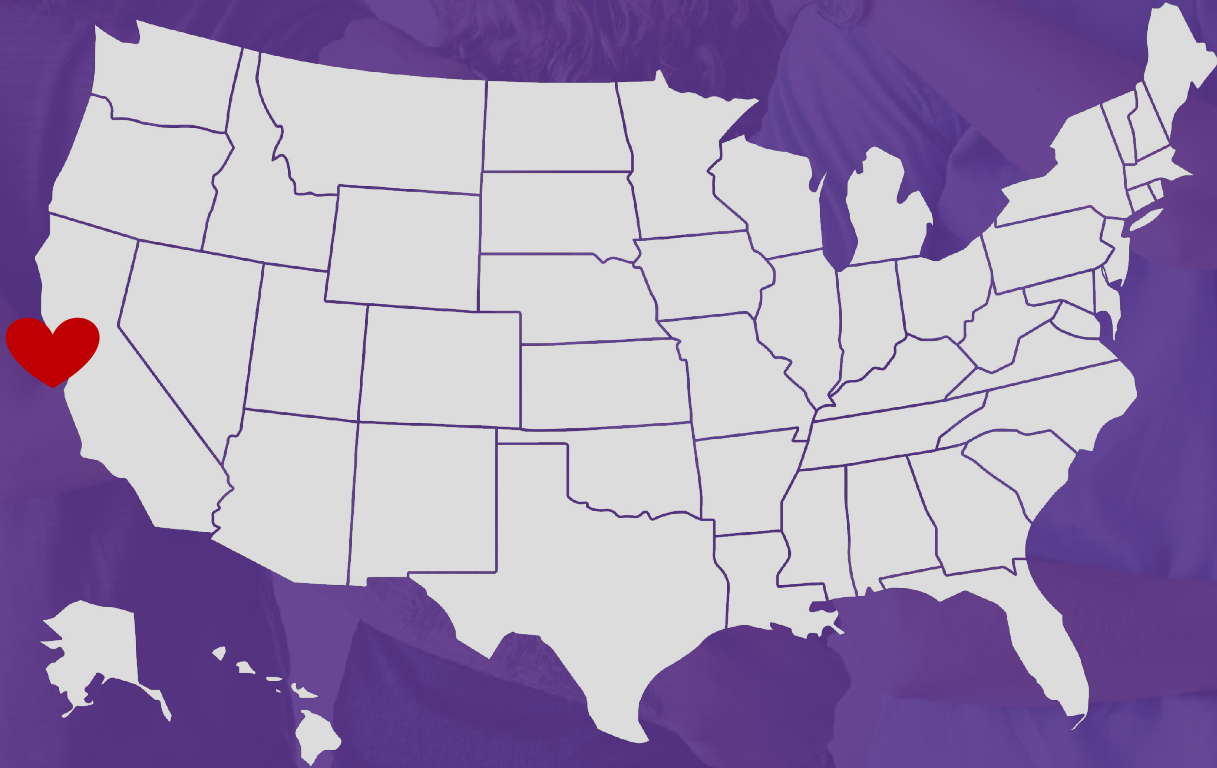
24 HR HOTLINE 279-2962
LINEA ABIERTA DE 24 HORAS



NEXT DOOR
SOLUTIONS TO
DOMESTIC VIOLENCE

Our History

Founded in 1971, Next Door Solutions was the **first** domestic violence shelter in the nation to offer bilingual **English-Spanish services** and only the **second** domestic violence agency in California



Mission & Vision



Our mission is *to end domestic violence in the moment and for all time.*

Mission

Vision

We will reduce and end domestic violence through comprehensive quality services, unwavering survivor defined advocacy and collaborative strategic initiatives that target individuals, relationships, community norms, and societal attitudes.

We seek a community environment that breaks the silence and makes domestic violence and other forms of gender-based violence unacceptable.



Our Programs and Services



24/7 Crisis
Hotline



Walk-in Crisis
Intervention
Counseling



Legal
Advocacy



Self-Sufficiency
Group



Emergency Shelter
& Housing
Services



15 Support
Groups in English
& Spanish



Kid's Club



Initiatives:
Domestic Violence &
Healthcare; Men, Boys &
Gender-based Violence



24/7 Crisis Hotline

01

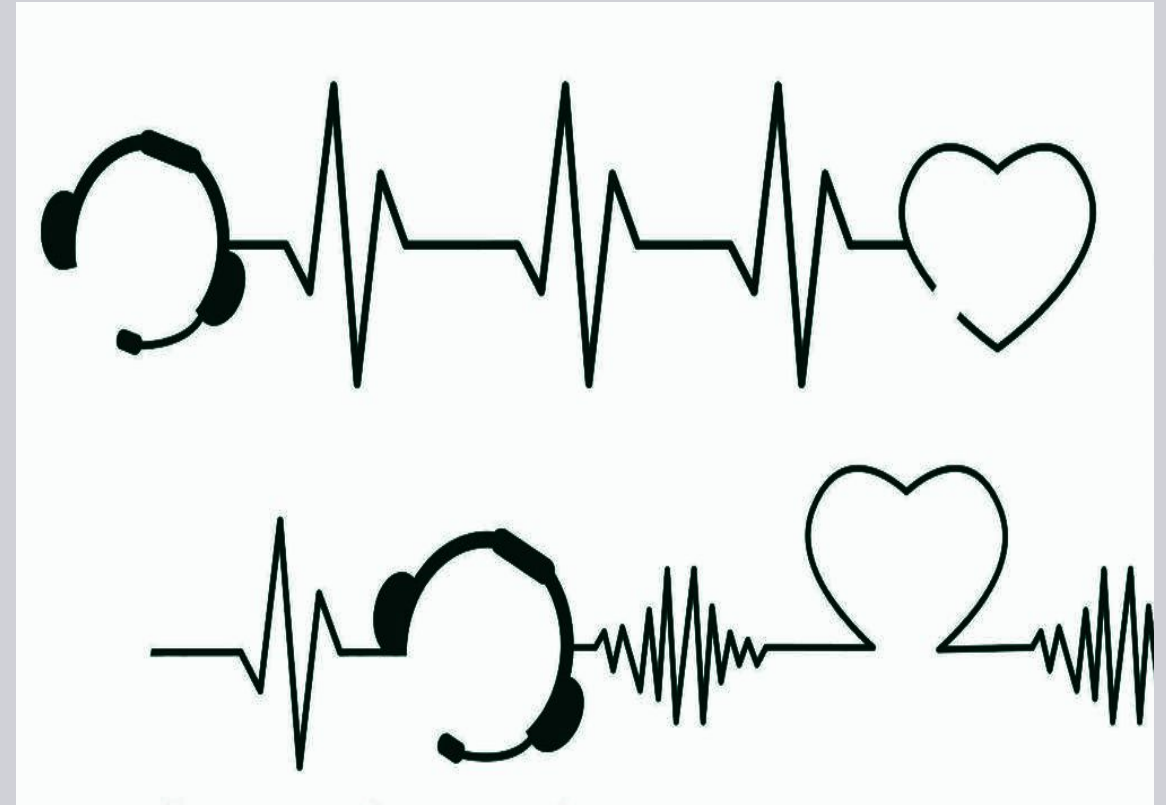
(408) 279-2962

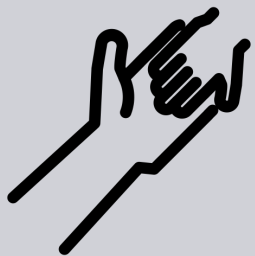
02

Answered out of our
Emergency Shelter

03

Answer SCC Adult Protective
Services crisis line after hours





Walk-in Crisis Services

01

Crisis Intervention,
Risk Assessments, and
Safety Planning

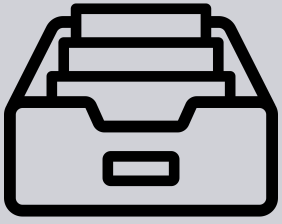
02

No appointment needed

03

Monday-Friday 9am-5pm





Legal Services

01

Document assistance and filing assistance for Civil DVRO's.

02

Court preparation and Court accompaniment

03

Virtual Legal Clinic





Emergency Shelter

01

Confidential location with 19 beds

02

Staffed 24/7 with Outside Entrance Surveillance

03

Initial Stay is 45 Days

04

Hoteling is another option we provide in case the Shelter is not an option.



**Emergency
Shelters**



Self-Sufficiency Support

Current Support Groups

1. Women's Support Groups (English & Spanish)
2. Men's Support Group (Bilingual)
3. LGBTQIAP+ Support Group (Virtual)
4. Men's Support Group at Elmwood Correctional Facility
5. Quilting Support Group (Art Therapy)
6. Teen Support Group (Currently on hold)

Coming Soon:

Women's Support Group at the Medium Security
Women's Correctional Facility

Common Discussion Topics

- Building self-efficacy, goal setting, and problem-solving skills
- Strengthening resilience, self-care, self-esteem, and personal growth
- Trauma-informed education and healing
- Parenting after experiencing violence
- Healthcare and health insurance navigation
- Expressive arts curriculum



Emergency Shelter

01

Confidential location with 19 beds

02

Staffed 24/7 with Outside Entrance Surveillance

03

Initial Stay is 45 Days

04

Hoteling is another option we provide in case the Shelter is not an option.



**Emergency
Shelters**

Latest Impact Report

**2000+
Clients Served**

**15,000+ Hotline
Calls Answered**

**1,295 Sessions w/
Housing Clients**

**10,526 Nights of
Emergency Safety:**

**> 7,063 Shelter Bed
Nights**

> 3,463 Hotel Nights

**466 Support Group
Attendees**

&

**5,057 Sessions
Provided**

**388 Legal Clients
&**

**1,839 Sessions
Provided**

Sharing our Resources

01

Hotline/ Walk-in Crisis Intervention

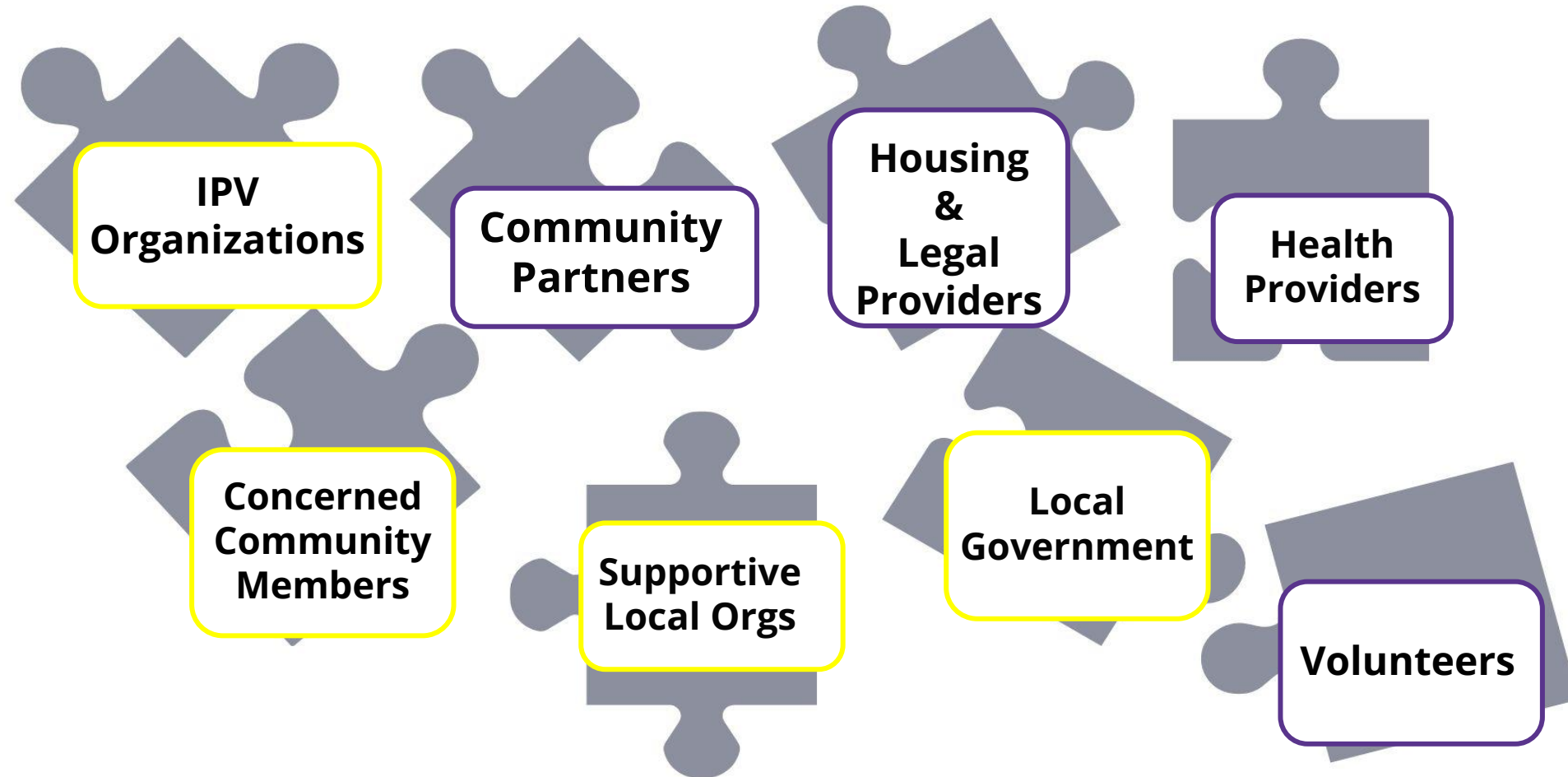
- **Ask the Question:** "Have you ever called any of these numbers to learn about what services are available?"
- **Normalize it:** "I've started handing out this information to all my community members so they know how to get help for themselves if they need it, and/or how to help a friend or family member"
- **Summarize:** "It talks about healthy & safe relationships, and how relationships affect your health."

02

Warm Referral | Coordinated Care and Safety Planning

"If you are comfortable with this idea, I would like to call my colleague, (fill in the person's name), she has helped many people who have been in similar situations, or I can pass along the information and when you are ready to call you can."

We Are All Collaborating!



Partnership Opportunities



- **For Local Organizations w/ Potential Clients:**
 - Presentations & Workshops
- **For Community Organizations: MOU**
 - Cross Staff Training: Site Visits
 - Consulting, Relying on Partner Expertise/ Protocol Recommendations
 - Mobile response: Transporting Survivors Between Agencies
- **Concerned Community Members: Get Involved!**
 - Donate
 - Volunteer
 - Host A Drive

Reach Out!

Afi Nkhume-Crecy

Volunteer & Community Engagement Coordinator

Acrecy@nextdoor.org

NEW ADDRESS:

**Sobrato Center for Nonprofits
1400 Parkmoor Ave. Suite 120
San Jose, CA 95126**

Community Office: 408.501.7550 | 24-Hour

Hotline: 408.279.2962

nextdoorsolutions.org



TOWN OF LOS GATOS

COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 09/24/26

ITEM NO: 3

DATE: September 24, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Service Coordinator
SUBJECT: Receive Information Regarding the Launch of MyLosGatos311

REMARKS:

The Town continues to focus on finding ways to modernize how people connect with local government, expand access, and improve the overall service experience.

On June 1, 2026, the Town launched MyLosGatos311, a free mobile community engagement application. This user-friendly app increases access to government services for community members and puts it in the palms of their hands. This new centralized platform makes it easier than ever for Los Gatos residents and community members to connect with the Town.

The community can now submit non-emergency service requests (e.g., potholes, graffiti, etc.), report concerns, and send messages to the appropriate Town department all through one convenient channel. Once someone submits a request, they will receive real-time status updates and automated notifications as their request is reviewed and resolved. The system enables direct, two-way messaging between community members and Town staff, so requestors are never left wondering about the status of their concern. Additionally, the MyLosGatos311 provides a significant amount of Town information, making it easier for the community to access information.

This level of transparency and responsiveness is a meaningful upgrade to the community experience and reflects the Town's commitment to open and accessible government. As always, Town staff continue to be available to serve and connect with the community by phone and in person.

The app is available for free download in the Apple App Store and Google Play by searching "MyLosGatos311."

For those who prefer not to download the app, service requests can still be submitted anytime through the Town website at www.LosGatosCA.gov/MyLosGatos311 or directly from the Town's homepage by clicking "Report A Concern."

PREPARED BY: Jen Fosco
Senior Service Coordinator

PAGE 2 OF 2

SUBJECT: MyLosGatos311

DATE: September 24, 2026

The Town appreciates Commissioners helping to spread the word about MyLosGatos311 in their personal capacities throughout their networks within the community. Business cards (Attachment 1) and flyers (Attachment 2) are available to be passed out if desired. The other side of the business cards contains important emergency preparedness information.

ATTACHMENT:

1. MyLosGatos311 Business Card
2. MyLosGatos311 Flyer

PREPARED BY:

Jen Fosco
Senior Service Coordinator



MyLosGatos311 App

- Submit a Request
- Report Concerns
- Access Quick Links
- Connect with the Town








www.LosGatosCA.gov/MyLosGatos311



www.LosGatosCA.gov/EmergencyPreparedness

Emergency Preparedness

Stay Informed - Sign up for Santa Clara County emergency alerts at AlertSCC.org



Sign up for news and updates from the Town at www.LosGatosCA.gov/NotifyMe

Download *MyLosGatos311*

**Got an issue or
request?**

Quickly send it to the
Town and stay
connected with your
community.



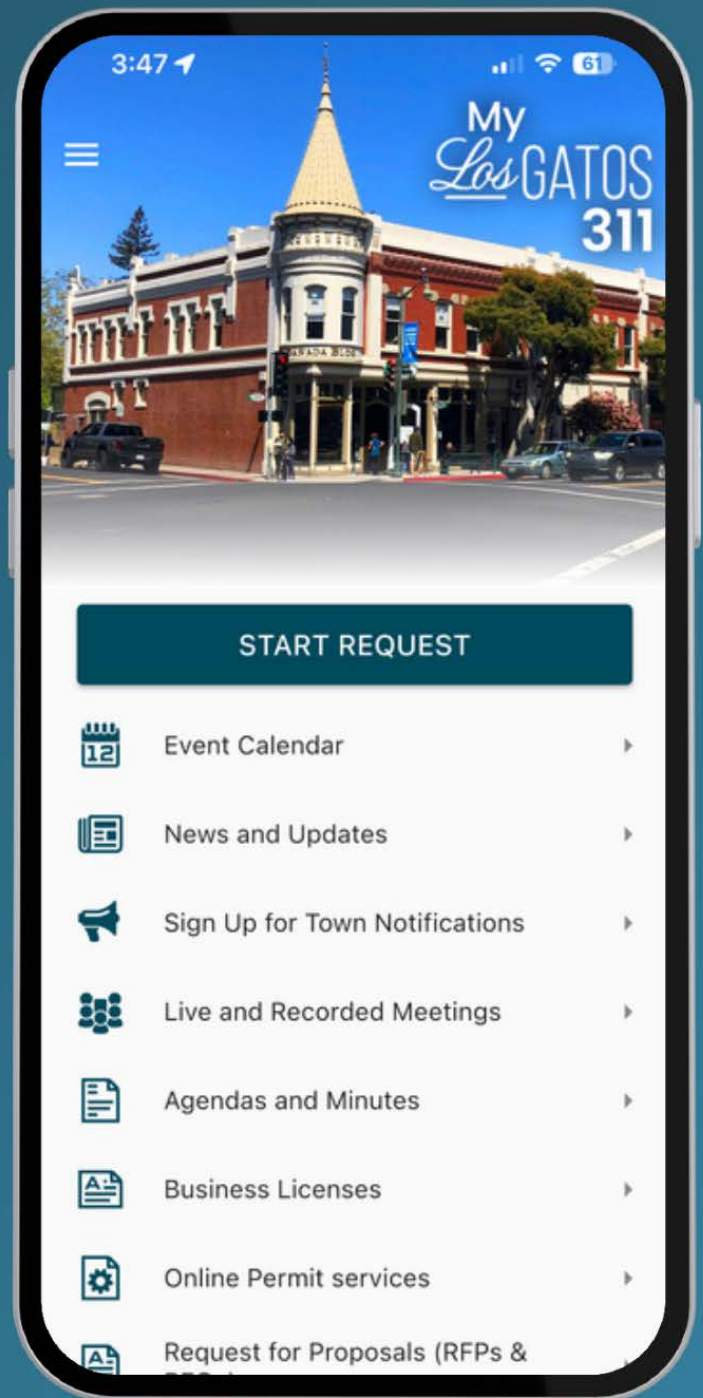
Download the MyLosGatos311 app
from the IOS App Store or Android
Play Store and **enable Notifications**.



Download on the
App Store



GET IT ON
Google Play





TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 09/24/2026
ITEM NO: 4

DATE: September 24, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Services Coordinator
SUBJECT: Receive an Update on the Adopt-A-Bench Program

REMARKS:

The Town is pleased to announce the re-launch of the Adopt-A-Bench Program. The Adopt-A-Bench program allows the public to honor individuals, families, or meaningful events while contributing to the beautification of Town-owned parks, trails, and public spaces throughout Los Gatos. The donation includes the purchase and installation of a bench and plaque, in accordance with the Town's Adoption of Assets on Town Owned Property policy. It is being brought to the attention of the CHSSC due to goals for increased seating in parks and public spaces for seniors.

The Adopt-A-Bench Program typically includes the following steps: Reviewing location (donor choosing a bench), staff review and approval, payment and ordering, and installation. The donation term for a bench is ten years, with an option for a 10-year renewal. All benches and plaques become Town assets upon installation. Final placement is determined by the Town based on safety, accessibility and maintenance needs. Donation does not grant ownership, reservation rights, or exclusive use.

The fee schedule is as follows:

- The initial 10 Year Term (inclusive of bench): \$7,517.00.
- Renewal Terms after Initial 10 Years for each subsequent 10-year renewal term: \$2,958.00
- Fee for a plaque on existing bench and initial 10-year maintenance period: \$3,638.00

The maps of available benches can be found here: [Los Gatos Public Benches](#).

More information on how to proceed can be found on the Town's website at [Adopt-A-Bench Program | The Los Gatos CA Official Site!](#).

PREPARED BY: Jen Fosco
Senior Service Coordinator



TOWN OF LOS GATOS
COMMUNITY HEALTH AND SENIOR
SERVICES COMMISSION AGENDA REPORT

MEETING DATE: 09/24/2026
ITEM NO: 5

DATE: September 24, 2026
TO: Community Health and Senior Services Commission
FROM: Jen Fosco, Senior Services Coordinator
SUBJECT: Discuss Older Adult Emergency Preparedness

REMARKS:

Commissioners will have the opportunity to discuss emergency preparedness for older adults.
This item is discussion only.

PREPARED BY: Jen Fosco
Senior Service Coordinator