

TOWN OF LOS GATOS COMMUNITY HEALTH AND SENIOR SERVICES COMMISSION SPECIAL MEETING AGENDA FEBRUARY 15, 2024 110 EAST MAIN STREET TOWN COUNCIL CHAMBERS 5:00 PM

Jeffrey P. Blum, Chair Eleanor Yick, Vice Chair Dick Konrad, Commissioner George Rossmann, Commissioner Pradeep Khanal, Commissioner Martha Sterne, Commissioner Lincoln Withrow, Youth Commissioner Matthew Hudes, Council Liaison

#### HOW TO PARTICIPATE

The Town of Los Gatos strongly encourages your active participation in the public process. If you are interested in providing oral comments during the meeting, you must attend in-person, complete a speaker's card, and return it to the staff. If you wish to speak to an item on the agenda, please list the item number on the speaker card. The time allocated to speakers may change to better facilitate the meeting. If you are unable to attend the meeting in-person, you are welcome to submit written comments via email to clerk@losgatosca.gov.

#### Public Comment During the Meeting:

When called to speak, please limit your comments to three (3) minutes, or such other time as the Chair may decide, consistent with the time limit for speakers at a Town meeting.

Speakers at public meetings may be asked to provide their name and to state whether they are a resident of the Town of Los Gatos. Providing this information is not required.

#### **Deadlines to Submit Written Comments:**

If you are unable to participate in person, you may email clerk@losgatosca.gov with the subject line "Public Comment Item #\_" (insert the item number relevant to your comment). Persons wishing to submit written comments to be included in the materials provided to the Commission must provide the comments as follows:

For inclusion in a desk item: 11:00 a.m. the day of the Commission meeting.

Persons wishing to make an audio/visual presentation on any agenda item must submit the presentation electronically, either in person or via email to clerk@losgatosca.gov by 3:00 p.m. the day of the meeting.

#### CALL MEETING TO ORDER

#### **ROLL CALL**

**CONSENT ITEMS** (Items appearing on the Consent are considered routine Town business and may be approved by one motion. Members of the public may provide input on any Consent Item(s) when the Chair asks for public comment on the Consent Items.)

- 1. Approve Minutes of the November 30, 2023 Meeting.
- 2. Approve Minutes of the December 15, 2023 Meeting.

**VERBAL COMMUNICATIONS** (Members of the public are welcome to address the Community Health and Senior Services Commission on any matter that is not listed on the agenda and is within the subject matter jurisdiction of the Commission. To ensure all agenda items are heard, this portion of the agenda is limited to 30 minutes. In the event additional speakers were not able to be heard during the initial Verbal Communications portion of the agenda, an additional Verbal Communications will be opened prior to adjournment. Each speaker is limited to three minutes or such time as authorized by the Chair.)

**OTHER BUSINESS** (Up to three minutes may be allotted to each speaker on any of the following items.)

- <u>3.</u> Discuss Public Input Received Regarding the Interim Community Center and Provide a Recommendation to Council. (Action Item)
- 4. Discuss Distribution of CHSSC Brochures. (Discussion Item)
- 5. Review Mission and Goals, and Discuss CHSSC Governance Pertaining to the Senior Roadmap Goals. (Discussion Item)

#### ADJOURNMENT

**ADA NOTICE** In compliance with the Americans with Disabilities Act, if you need special assistance to participate in this meeting, please contact the Clerk's Office at (408) 354- 6834. Notification at least two (2) business days prior to the meeting date will enable the Town to make reasonable arrangements to ensure accessibility to this meeting. [28 CFR §35.102-35.104]



Community Health and Senior Services Commission

#### DRAFT Minutes of the Community Health and Senior Services Meeting November 30, 2023

The Community Health and Senior Services Commission conducted a special meeting in person on Thursday, November 30, 2023, at 5:00 p.m.

#### MEETING CALLED TO ORDER 5:00 P.M.

#### ROLL CALL

Present: Chair Blum, Vice Chair Yick, Commissioner Konrad, Commissioner Rossmann, Youth Commissioner Withrow, Council Liaison Badame

Absent: Commissioner Khanal, Commissioner Norcia

Staff Present: Library Director Baker, Assistant Town Manager Nomura

**Change to order of the agenda:** Chair Blum moved Item 2 to after Item 3 to accommodate guest presenters.

#### **STAFF LIAISON REPORT**

Director Baker listed the items that would not fit on the agenda for the meeting, and will held for a special meeting in December.

#### **COMMISSIONER REPORTS**

- Chair Blum attended a West Valley service providers meeting, attended an LGFOAT meeting as the CHSSC liaison, met with his senior road map task force, wrote articles for local papers, met with AARP representatives, worked on the annual CHSSC report, met with Town staff, and attended a Town Council meeting.
- Vice Chair Yick met with Town staff, attended a West Valley service providers meeting, attended a LGFOAT meeting, attended a Town Council meeting, and worked on CHSSC brochures.
- Commissioner Konrad attended a Town Council meeting, attended a Sourcewise meeting, attended task force meetings, attended a SASSY health fair, met with Jewish Family Services representatives, attended a West Valley service provider meeting, attended a 55+ lunch program, arranged a monetary gift to Live Oak Nutrition, and visited a community center in Virginia.

#### PAGE 2 OF 3

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission Meeting of November 30, 2024

DATE: January 25, 2023

- Youth Commission Withrow invited commissioners to join the holiday parade float, and worked on fentanyl overdose prevention.
- Commissioner Rossmann submitted a proposal to service providers.

#### CONSENT ITEM

1. Approve Community and Senior Services Commission Meeting Minutes of October 26, 2023.

Chair Blum pointed out a typo in the spelling of a name on page 3 of the minutes.

No public comment.

MOTION: Motion by Vice Chair Yick to approve consent item 1 with the changes mentioned. Seconded by Commissioner Konrad.

#### VOTE: Motion passed 5-0.

#### VERBAL COMMUNICATIONS

Opened public comment.

Closed public comment.

#### **OTHER BUSINESS**

3. Receive a presentation by Rockwell Pacific and provide input on proposed community benefit programs for seniors as part of an application for redevelopment of a proposed senior living community.

Representatives from Rockwell Pacific and Front Porch gave a presentation on planned development for a senior living community. The CHSSC asked questions and gave suggestions for programs and services.

Opened public comment.

Closed public comment.

2. Provide a recommendation to Town Council on Expenditure of County Grant Funds for Either Case Management support and/or Adult Day Services.

The CHSSC discussed the item, with consensus of dividing the funds.

Opened public comment.

#### PAGE **3** OF **3**

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission Meeting of November 30, 2024

DATE: January 25, 2023

Anne Peterson spoke in support, and spoke regarding how funds would be used if received by Live Oak Day Services.

Tom Picraux spoke in support and emphasized the need for case management.

Closed public comment.

**MOTION:** Motion by Vice Chair Yick to recommend the funds be divided for a portion estimated to fund 1.0 FTE for Adult Day Service support, and .5FTE for contractual/hourly case management. Seconded by Chair Blum.

VOTE: Motion passed 4-1, Commissioner Rossmann opposing.

#### ADJOURNMENT

The meeting adjourned at 6:36 p.m.

Respectfully Submitted:

Ryan Baker, Library Director



Community Health and Senior Services Commission

#### DRAFT Minutes of the Community Health and Senior Services Meeting December 15, 2023

The Community Health and Senior Services Commission conducted a special meeting in person on Friday, December 15, 2023, at 5:00 p.m.

#### MEETING CALLED TO ORDER 5:00 P.M.

#### ROLL CALL

Present: Chair Blum, Vice Chair Yick, Commissioner Konrad, Commissioner Rossmann, Youth Commissioner Withrow

Absent: Commissioner Khanal, Commissioner Norcia, Council Liaison Badame

Staff Present: Library Director Baker

**Change to order of the agenda:** Chair Blum moved Item 1 to the end of the agenda.

#### VERBAL COMMUNICATIONS

Opened public comment.

Closed public comment.

#### **OTHER BUSINESS**

2. Receive an update on the Interim Community Center (Presentation Item)

Staff gave presented the next steps and timeline for CHSSC involvement in the interim community center project.

Opened public comment.

Darel Miller asked about the project and suggested Saratoga residents should also be involved.

Closed public comment.

#### PAGE 2 OF 3

- SUBJECT: Draft Minutes of the Community Health and Senior Services Commission Meeting of November 30, 2024
- DATE: January 25, 2023
  - Review and approve documents provided by the CHSSC Brochure Task Force (Action Item)

Opened public comment.

Closed public comment.

**MOTION:** Motion by Chair Blum to approve the two-panel brochure and allocate up to \$500 for printing. Seconded by Vice Chair Yick.

#### VOTE: Motion passed 5-0

4. Receive report on .2FTE absorption in Town staff (Presentation Item)

Staff gave a presentation on the .2FTE absorption of staffing for the Senior Road Map.

Opened public comment.

Closed public comment.

5. Receive Reports from the Senior Road Map Task Forces regarding progress on Senior Road Map goals (Discussion Item)

Item tabled.

6. Discuss report for public comment submission to Council (Discussion Item)

The CHSSC discussed minor revisions to the documents.

Opened public comment.

Closed public comment.

**MOTION:** Motion by Commissioner Konrad to present the report with revisions as discussed for dissemination to Council. Seconded by Vice Chair Yick.

#### VOTE: Motion passed 5-0

7. Appoint a Representative to the Diversity, Equity, and Inclusion Commission (Action Item, No Report)

Opened public comment.

PAGE **3** OF **3** 

SUBJECT: Draft Minutes of the Community Health and Senior Services Commission Meeting of November 30, 2024

DATE: January 25, 2023

Closed public comment.

**MOTION:** Motion by Commissioner Rossmann to appoint Commissioner Khanal as a representative to the DEI commission. Seconded by Commissioner Konrad.

VOTE: Motion passed 5-0

1. Election of Chair and Vice Chair for 2024

Opened public comment.

Closed public comment.

- MOTION: Motion by Commissioner Konrad to elect Commissioner Yick to Chair for 2024. Seconded by Chair Blum.
- VOTE: Motion passed 5-0
- MOTION: Motion by Vice Chair Yick to elect Commissioner Blum to Vice Chair for 2024. Seconded by Commissioner Withrow.

VOTE: Motion passed 5-0

#### ADJOURNMENT

The meeting adjourned at 5:59 p.m.

Respectfully Submitted:

Ryan Baker, Library Director



#### SERVICES COMMISSION AGENDA REPORT

DATE:	February 12, 2024
TO:	Community Health and Senior Services Commission
FROM:	Ryan Bake, Library Director
SUBJECT:	Discuss Public Input Received Regarding the Interim Community Center and Provide a Recommendation to Council. (Action Item)

#### **RECOMMENDATION:**

Discuss Public Input Received Regarding the Interim Community Center and Provide a Recommendation to Council. (Action Item)

#### BACKGROUND:

On January 25, 2024, the Town of Los Gatos, with the tremendous support of the CHSSC, held a Community Meeting to gather input on near-term improvements to the Adult Recreation Center (ARC) to transition it to an Interim Community Center by making the space more welcoming for all ages and creating opportunities for a variety of community partners to provide services to the community. The approximate 40 community members in attendance were divided into five (5) groups to discuss and respond to the following three (3) questions:

- 1. What near-term improvements would you like to see at the Adult Recreation Center/Interim Community Center to make the space more welcoming for all ages?
- 2. What types of community partners and services would you like to see at the Adult Recreation Center/Interim Community Center?
- 3. What criteria do you believe should be used when selecting community partners and services?

Additionally, one breakout group voluntarily discussed a question regarding funding allocation.

#### **DISCUSSION:**

The feedback from each group has been collated. At this stage, it would be helpful for the CHSSC to make a recommendation to Council regarding the types of community partners to solicit as part of a Request for Proposals (RFP) and what selection criteria to use.

The full list of the input recorded is provided in Attachment 1 in a single list verbatim. Additionally, comments as transcribed by the leaders of three of the break-out groups are attached for reference (Attachments 2, 3, and 4), which may give additional insight into

PREPARED BY:	Ryan Baker
	Library Director

#### PAGE 2 OF 4

SUBJECT: Discuss Public Input Received Regarding Improvements for the Interim Community Center and Provide a Recommendation to Council.

DATE: 02/15/2024

#### DISCUSSION (continued):

discussions of three of the breakout groups. Public comment received via email is also included for reference (Attachment 4).

Below are the verbatim comments from Questions 2 and 3 which are most relevant to the discussion today regarding community partners. This recommendation will be brought for Council's consideration when considering the community partner RFP. After the RFP concludes and community partners are selected, evaluation of potential physical near-term improvements will be considered in order to take into account any needs of the selected partners. This topic will return to the CHSSC for a recommendation to Council on the near-term improvements for the Interim Community Center/ARC.

2. What types of community partners and services would you like to see at the Adult Recreation Center/Interim Community Center?

- Ability for seniors to get together/talk
- West Valley Community Services Already serving LG, pantry, brown bag
- HUB model place to go
- Mental Health Service with CASSY
- Co-sharing space Day assignment to different organizations
- Life long learning LGS Rec
- Speaker series catering to community—Could also use LG Theater (Oshner)
- If \$866K is not used, donate to senior 501c3 as seed to get it started
- Live Oak Nutrition food scarcity "Food with a friend"
- "To good to go" app partner with them
- Dest for RYDE program (senior lobby)
- Sourcewise (house rich, cash poor)
- Fund grant writer
- Case manager/social worker
- Meeting place for other clubs/non-profits
- Mental health services
- Fundraisers
- Financial support for those who need it
- General place to enhance the quality of life for residents
- Plays the role of the Civic Center
- Navigator system (housing, youth and family, mental health) one stop shop
- Facilitate creation of new organizations
- West valley community services
- Rotation of different types of partners/non-profits
- A room dedicated to non-profits
- Plant-based Advocates non-profit (local in LG)

#### PAGE 3 OF 4

SUBJECT: Discuss Public Input Received Regarding Improvements for the Interim Community Center and Provide a Recommendation to Council.

DATE: 02/15/2024

#### DISCUSSION (continued):

- Health and nutrition education (esp. plant-based education) and how it relates to health/chronic illnesses
- Certain number of days allocated to community groups to host events at no charge
- Community discussion groups (where seniors feel safe, ADA accessibility, and can speak freely)
- Speaker series
- Mental health services CASSY, Navigators, County
- Medicare reps
- Veterans affairs Benefits
- Ombudsman
- Health care services
- Business mentoring (SCORE)
- Police dept fraud/scam prevention
- Transportation
- West Valley College
- Is the Town going to pay providers to staff the ARC, or do potential providers have to pay?
- Person to answer questions in the lobby
- Concierge
- Guidance for transportation
- Life issues Life and death
- Reference to transit agency
- Community meeting room (seniors) to discuss local issues
- True senior center
- 3. What criteria do you believe should be used when selecting community partners and services?
  - 501c3 or JPA (Joint Powers Authority)
  - Should already be service LG or close by South Bay community
  - Should they be financially solvent?
  - Are they going to pay?
  - Case manager/social worker could funnel ppl/issues to the right space
  - Create "volunteer support base" list helping to provide resources
  - Student nurses to do BP check, wellness check
  - Youth centric space/activities Hangout, game console, etc
  - Services
  - We should survey for services in demand

#### PAGE 4 OF 4

SUBJECT: Discuss Public Input Received Regarding Improvements for the Interim Community Center and Provide a Recommendation to Council.

DATE: 02/15/2024

#### DISCUSSION (continued):

- Check what other communities have
- Basic needs (housing, mental health, food, nutrition)
- Rideshare services (free/community organized)
- Intentional avoidance of duplication of services
- Maslow's hierarchy of needs
- Would providing this venue expand the capacity of organizations to provide services?
- Non-profit predominant (free/at cost)
- Non-profits as a priority (but not an absolute)
- Provide services for residents of Los Gatos
- Provide services that promote our health and wellness and benefit society (health, environment, humanity, social responsibility)
- Providers of social services (e.g. case management and other services that funds have been allocated to)
- Unduplicated services
- Reporting requirements (residency percent of service utilization, funding needs/use)
- Provider plan for space utilization
- Operational/administrative needs/footprint
- Non-commercial
- Responsive to community needs/alignment to senior roadmap
- Track record/community presence
- 55+ members have priority to set up meetings or any topic
- Local issues discussion
- A place for 55+ members to meet in a safe and accommodating space on Town owned property to have discussion on local regional and national topics, the intent is a forum with [non legible] behavior, where [non legible] can advocate their views, this should be easy to set up without lawyers and discouraging requirements

#### Attachments:

- 1. Input Received from January 25, 2024 Interim Community Center Community Meeting
- 2. Transcribed notes from breakout group leader 1
- 3. Transcribed notes from breakout group leader 2
- 4. Transcribed notes from breakout group leader 3
- 5. Public Comment

#### Input Received from January 25, 2024 Interim Community Center Community Meeting

1. What near-term improvements would you like to see at the Adult Recreation Center/Interim Community Center to make the space more welcoming for all ages?

- Ability for seniors to meet 2 hours/week Continuing, Large screen TVs/Internet for lounge, Earthquake compliance/retrofit, No improvements
- Sliding doors
- More storage in the conference room
- Enclose patio for storage, more usage
- AV upgrades -- current projectors flaky
- Noise abatement in large hall
- Commercial kitchen update
- Good to have in-wall sound system
- Lighting -- stretch down for better cleaning
- Water damage throughout the building
- Restroom, emergency lights upgrade
- Sensors in bathroom
- Restroom automatic door openers
- Uneven parking lots unsafe esp. for seniors –add handrails
- More lighting in parking lot
- Cover on the entrance for rain
- More cameras in the parking lot
- Cosmetic improvements (Ask Nancy and users)
- Play area for children
- Panic button (mental health)
- Well-defined purpose of rooms reconfiguration
- Survey of current users of this space and potential users and their road blocks to current use
- This building as a central hub to coordinate
- Upgrading tech to modernize
- Equipment/tech for hybrid/virtual meetings in several designated areas/rooms of various sizes (includes AV camera, OWL 360°, ADA compliant, etc)
- Better utilization of 2<sup>nd</sup> floor to maximize space, i.e. size of room, combine services, remediation
- Closet/storage space for non-profits
- Access to kitchen
- Food pantry for storage/food prep for unhoused individuals
- One room that service providers can use
- Translation services
- Minor repairs and upgrades (including entryway)
- Suggestion box in lobby somewhere easily accessible
- Make empty space more inviting
- Functional upgrades See LGS Rec list
  - LGS Rec List: Recommended ARC Building Improvements 2/13/2023

- Replace large hall dividing doors current divider door is broken
- Solution for table and chair storage possible partition wall in large hall for storage?
- AV upgrades in conference rooms / large hall
- ARC in-wall sound system in large hall
- Noise abatement in large hall wall or ceiling sound dampening?
- More secure storage in large hall repurpose large hall outside patio for storage?
- Deepen shelves in existing large hall locked cabinets
- Paint/refresh large hall kitchen cabinets and counter
- Pendant lighting in the lobby easier to clean and brighter light!
- Restroom upgrades emergency lights in restrooms during power outage, sensors on sinks/toilets/soap/towels so they are touchless
- Parking lot changes to increase safety
- More lighting, ramps, cameras, handrails
- Awning at entry to protect against rain
- Address water damage
- Welcoming entry sliding glass doors in north wall to a patio
- Electronic signage with activities and schedule
- Modern AV and IT upgrades local and remote capabilities
- Lighting External and emergency
- Improve lobby -- space decorate -- user friendly
- Lighting
- Better internet capability
- Zoom
- Microphone speaker unit
- More video screens adequate size
- Comfortable rooms for group meetings of 20 people
- Soung proofing enhancements
- Big room into 2 soundproof rooms
- Break room for staff
- Enhance kitchen
- Long term -- NUMU, police space could be repurposed
- Long term -- Use existing inventory of buildings for community usage
- How should the money be allocated? Initial improvements and reserve funds for future com. Center reconstruction/new center (i.e. \$300k saved for future plan/design for the new center); keep extra \$ in the community center fund

2. What types of community partners and services would you like to see at the Adult Recreation Center/Interim Community Center?

- Ability for seniors to get together/talk
- West Valley Community Services Already serving LG, pantry, brown bag

- HUB model place to go
- Mental Health Service with CASSY
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- If \$866K is not used, donate to senior 501c3 as seed to get it started
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- Plays the role of the Civic Center
- Navigator system (housing, youth and family, mental health) one stop shop
- Facilitate creation of new organizations
- West valley community services
- Rotation of different types of partners/non-profits
- A room dedicated to non-profits
- Plant-based Advocates non-profit (local in LG)
- Health and nutrition education (esp. plant-based education) and how it relates to health/chronic illnesses
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3. What criteria do you believe should be used when selecting community partners and services?

- 501c3 or JPA (Joint Powers Authority)
- Should already be serving LG or close by South Bay community
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- We should survey for services in demand
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- Provide services that promote our health and wellness and benefit society (health, environment, humanity, social responsibility)
- Providers of social services (e.g. case management and other services that funds have been allocated to)
- Unduplicated services
- Reporting requirements (residency percent of service utilization, funding needs/use)
- Provider plan for space utilization
- Operational/administrative needs/footprint
- Non-commercial
- Responsive to community needs/alignment to senior roadmap
- Track record/community presence

#### Input Received from January 25, 2024 Interim Community Center Community Meeting

- 55+ members have priority to set up meetings or any topic
- Local issues discussion
- A place for 55+members to meet in a safe and accommodating space on Town owned property to have discussion on local regional and national topics, the intent is a forum with [non legible] behavior, where [non legible] can advocate their views, this should be easy to set up without lawyers and discouraging requirements

## Feb. 4, 2024

To: Katy Nomura, Asst. Town Manager

Fr: Eleanor Yick

**Re: Community Feedback – purple group ( front group on the left)** 

Members of the group: Tom Picraux, Rob Moore, Darryl, friend of Darrly's, 2 women from Plant Based Advocates and Eleanor Yick. The top comments under each question are listed in order.

# **1.** Near term improvements to make the space more welcoming for all ages:

 Equipment (tech) for hybrid/virtual meetings in several designated areas/room of various sizes, particularly large room on main floor. (Includes 360 degree camera and meets all ADA regs for access, hearing, sight impaired, etc.
 Better utilization of second floor to maximize usage, i.e. size of room, remediation and combine some rooms. One room that service providers can use.

- 3. Minor repairs entering building and upgrades
- Closet space for storage for non-profits
- Translation services
- •Access to kitchen
- •Food pantry for storage, food prep for unhoused individuals
- •Suggestion box in lobby that is easily accessible
- Make entry space more inviting

### 2.What types of Community Partners and Services:

#### 1. West Valley Community Services

2 .Health and Nutrition education (i.e. plant based and how it relates to health and chronic illnesses)

**3.Community** Discussion Groups: where seniors feel safe and can speak freely. Space must be ADA compliant. Speaker series.

- •Rotation of different types of partners and non profits
- •A room dedicated to non-profits
- •Certain number of days allocated to community groups at no cost to host events

# **3. Criteria to select Community Partners:**

**1**. Non-profits as a priority but not a deal breaker.

**2.** Provide services to the residents of Los Gatos.

3.Provide services that promote our health and wellness and benefit society (health, environment, humanity, social responsibility. Provides social services, such as case management & other services that funds have been allocated to.

4. The Group also discussed how the money should be allocated and the idea of saving some funds for a dedicated new community center and agreed:

**1.**Initial improvements and reserve fund for future community centernew or remodeled (i.e. \$300K saved for planning, design, etc.

2. Keep saved/extra funds in a dedicated, restricted fund ( i.e. Community Center Fund.

#### **#1: Near Term Improvements:**

Functional upgrades: See LGS Rec. list

Welcoming Entry Way-sliding glass door in north wall to a patio

Electronic Signage with activities and schedule

Modern A/V & IT upgrades; local and remote capabilities

Lighting-external and emergency

#### **#2: Community Partners and Services:**

Mental Health Services

CASSY

Navigators

County

West Valley Community Services

West Valley College

Medicare Reps.

Veteran's affairs-Benefits

Ombudsman

Health Care Services

Business Mentoring (SCORE)

Police Department-Fraud/Scam prevention

Transportation

Question: Is the town going to pay providers to staff the space or do potential providers have to pay?

#### **#3:** Community Partner Priority Criteria:

Unduplicated service

Reporting requirements

Residency % of service utilization

Funding needs/use Provider plan for space utilization Operational/Administrative needs/Footprint Noncommercial Responsive to community needs/Alignment to Senior Road Map Track record/community presence

#### 1. What near-term improvements would you like to see at the Adult

**Recreation Center/Interim Community Center to make the space more welcoming for all ages?** Near-term improvements would be smaller-scale improvements such as improving signage or upgrading conference room technology for hybrid meetings. Larger-scale improvements would be more costly and would be reserved for the full remodel of the building in the future. Tonight's discussion will focus on near-term improvements. If you are not sure whether your idea falls into the "near-term" category, please share it, and we will do our best to determine whether it would be most appropriate for the near-term or future.

#### Some general improvement areas:

- Replace large hall dividing doors large hall space must be configurable (current door is reported to be broken)
- Solution for table and chair storage building partition wall in large hall for storage?
- AV upgrades in conference rooms / large hall
- Noise abatement in large hall
- More secure storage in large hall (repurpose patio for storage?)
- Paint/refresh kitchen cabinets and counter
- In-wall sound system in Large Hall
- Pendant lighting in the lobby easier to clean plus brighter light
- Look for and fix water damage
- Restroom upgrades emergency lights in restrooms for power outage, sensors on sinks, toilets, soap, towel holders
- Automatic door openers
- Parking lot changes focusing on safety lights, direction signs etc. currently parking lots are uneven and hence unsafe for seniors. Install cameras in the parking lot
- More lighting, ramps, install cameras and handrails
- Cover at the entry to protect against rain

#### 2. What types of community partners and services would you like to see at the

Adult Recreation Center/Interim Community Center? The Town is exploring providing space for community partners to provide services at the Adult Recreation Center in partnership with LGS Recreation. The intent would be to work with LGS Recreation to ensure there is minimal impact to existing programming, if any. This would mean there may be limited space available for community partners and the Town would appreciate feedback on which services should be prioritized. It is possible that multiple community partners could provide services on a rotation throughout the week to allow a variety of services using minimal space.

- Do not disrupt existing activities, esp for seniors. Maintain the ability for seniors to meet at least 2 hours per week.
- Partner with West valley Community Services already serving Los Gatos, Support services like pantry, brown bag lunch
- Envision it as a HUB place to go for everyone including seniors as well as youth. Co-sharing concept daily assignment to different organizations

- Partner with CASSY to provide mental health services
- Life-long learning opportunities via speaker series or specific keynotes
- Support Live Oak Nutrition "Food with a friend". leverage kitchen and relationship with West Valley Community Services to provide food/nutritions
- Potential partnership with "Too Good to go" App to provide food options to the needy at the center
- Desk for RYDE program providing both service/information
- Create Senior Lobby
- Fund GRANT writer to seek grants for the center
- Fund case manager/social worker
- Youth centric space/activities for youths to hangout, with game consoles etc
- Student nurses for basic health check like BP

#### 3. What criteria do you believe should be used when selecting community partners

and services? Since space will be limited, it is likely there will be more potential community partners than there is space available, even if they share the space on a rotational basis. Criteria will be used to evaluate community partners to select the top candidates. For example, criteria could include a requirement that they currently provide services to the Los Gatos community or that they are a nonprofit.

- 501c(3) or JPA (Joint Powers Authority)
- Prioritize if already serving Los Gatos or surrounding communities
- Financial sustainability/solvency and be able to pay for the usage
- Prioritize org with existing or commitment to create "Volunteer Support Base" to support services at the center

From:	
То:	Katy Nomura
Subject:	comments for interim community space in Los Gatos
Date:	Thursday, January 25, 2024 5:27:59 PM
Attachments:	image001.png
	PBA wishlist for community center.docx

#### [EXTERNAL SENDER]

#### Hello,

I will be attending tonight's meeting but wanted to share these comments with you (attached and pasted below).

Thank you, Karen Rubio



# Thank you for inviting us to share our vision for the Los Gatos Community Center.

My name is Karen Rubio and I am a co-founder of Plant-Based Advocates, a nonprofit here in town that promotes a plant-based diet and lifestyle for numerous benefits, including: improving human health, repairing our environment, eliminating cruelty to animals, and working towards social justice. Our group has been operating for nearly 5 years, and we have been a nonprofit for nearly 3 years. Together we have been able to achieve a lot of goals, including:

- Offering educational talks at the Los Gatos Library
- Film events, such as the recent showing of Eating Our Way to Extinction at the LG Theater
- Plant-Based meal outreach to unhoused communities during the pandemic
- Outreach at events such as Spring into Green and Stanford Hospital nutrition fairs
- Bringing nutritious plant-based meals and milk to kids in the Los Gatos School District
- Nutrition talks at Fisher Middle School in collaboration with Parenting Continuum
- Humane education at local schools and churches

We are very excited at the opportunity to have a community space for our nonprofit to use.

Specifically, we envision the following for the interim community center:

- Space for nonprofits such as ours to meet, hold meetings. An example of this is the Los Altos community center, which allows nonprofits to rent out rooms for free for their events
- Space to teach educational classes and even cooking classes, if a kitchen is included in the plans
- Ideally this space will serve as a place to address the needs of our most vulnerable residents
- Provide food for the community's underserved members via a community market similar to West Valley Community Services Market. This market could emphasize plant based options and promote healthy eating in town
- High on my list is having individual closets or cabinets for nonprofits to store their materials. As a CERT member, it's possible that local CERT groups could store their equipment there as well

From:	<u>Ulka Agarwal</u>
То:	Katy Nomura
Subject:	F/up from meeting last night re: Interim Community Center
Date:	Friday, January 26, 2024 8:38:02 AM

#### [EXTERNAL SENDER]

Good morning,

My name is Ulka Agarwal and I'm a local physician and nutrition researcher and educator, and a member of Plant-based Advocates. Last night I had the pleasure of joining other community members to voice our opinions on the Interim Community Center. In our breakout groups and others, a common theme was for non-profits focused on health and wellness, such as <u>Plantbased Advocates based in Los Gatos</u>, to utilize the community space to offer free education and resources.

We can prevent, treat and even reverse obesity, Type 2 diabetes, and heart disease simply by changing what we eat. But most health care professionals – including physicians – don't receive nutrition education, so many people, especially the elderly, needlessly suffer and die from these chronic illnesses. Plant-based Advocates works tirelessly to educate our community on the power of nutrition to help us take back control of our health. If we could use a community space like this, we could make sure every member of our community, especially the most vulnerable, has access to this life-saving information.

Thank you for your kind consideration.

Ulka Agarwal, M.D. Plant-Based Advocates



From:	Laurel Prevetti
То:	Rob Moore
Cc:	Katy Nomura; Ryan Baker
Subject:	RE: Interim Community Center Improvements Idea
Date:	Tuesday, February 13, 2024 3:52:55 PM

Thank you for this insight. We are typing up the notes now from the meeting so I am sharing this with the staff. Thank you!

From: Rob Moore <RMoore@losgatosca.gov>
Sent: Tuesday, February 13, 2024 3:42 PM
To: Laurel Prevetti <LPrevetti@losgatosca.gov>
Subject: Interim Community Center Improvements Idea

Hi Laurel,

I hope all is well! I wanted to reach out and update you on an idea West Valley Community Services has been floating that I'm interested in pursuing.

I just got out of a "West Valley Service Providers" Zoom meeting with folks like WVCS, Jewish Family Services, CASSY, LGS Rec, etc. Folks on the call like Jeffrey Blum and Tom Picraux asked Sujatha about her level of interest in space in the Rec Center. She reiterated how much she would like to have access to space in the building and how she'd like to potentially up WVCS's level of service (adding case managers to be stationed in Los Gatos, etc.) in Los Gatos were she to have space. Nothing particularly new there.

Sujatha also mentioned interest in opening a small free food market (perhaps as small as a few shelves) in the building. She mentioned this at the community meeting held a few weeks ago, but it seemed like her small group didn't speak to it in the share-out section of the meeting. I wanted to specifically call out this idea because I think it is a very good one and it seemed like a lot of community members were enthusiastic about it.

Just some "food" for thought! Thanks so much.

Take care,

Rob

#### Rob Moore

Councilmember, Los Gatos Town Council

To help avoid violations of the Brown Act, please refrain from forwarding this email.



DATE:	February 12, 2024
TO:	Community Health and Senior Services Commission
FROM:	Ryan Bake, Library Director
SUBJECT:	Discuss Distribution of CHSSC Brochures. (Discussion Item)

#### **RECOMMENDATION:**

Discuss distribution of CHSSC brochures. (Discussion item)

#### BACKGROUND:

The CHSSC has received the brochures, which were designed by the Commission, that will be used to develop more awareness of the commission and its work through distribution and Community Outreach meetings.

#### DISCUSSION:

The Chair requested that the distribution method be discussed.

PREPARED BY:



ITEM NO: 5

# DATE: February 12, 2024 TO: Community Health and Senior Services Commission FROM: Ryan Bake, Library Director SUBJECT: Review Mission and Goals, and Discuss CHSSC Governance Pertaining to the Senior Roadmap Goals. (Discussion Item)

#### **RECOMMENDATION:**

Review Mission and Goals, and Discuss CHSSC Governance Pertaining to the Senior Roadmap Goals. (Discussion Item)

#### BACKGROUND:

At its March 8, 2023 meeting, the Los Gatos Town Council added year-one priorities from the Senior Services Roadmap (Roadmap) to the CHSSC workplan. As part of this, the CHSSC has been working to encourage and support the work of non-profits serving our seniors. During the past year, Commissioners have contacted various Service Providers to learn about their programs, their progress, how they are voluntarily supporting the Roadmap Goals, and what is needed for continued sustainability. The CHSSC will be compiling that information in its report to the Town Council.

#### DISCUSSION:

The Chair requested that the Commission review and confirm this process.

PREPARED BY:

Ryan Baker Library Director