



SENIOR COMMISSION MEETING AGENDA

3:30 PM - Monday, February 03, 2025

Los Altos Community Center, Sequoia Room

Please Note: The Senior Commission will meet in person as well as via Telephone/Video Conference

Members of the Public may observe the Senior Commission meeting at...

<https://losaltosca.gov.zoom.us/j/86957407681?pwd=gFjaKcaNjXXlaQDjc2JuLyG8AgfQk6.1>

Webinar ID: 869 5740 7681 / Passcode: 172786

TO PARTICIPATE IN THE MEETING - Members of the public **MUST BE IN ATTENDANCE AT THE MEETING TO PARTICIPATE.**

Public testimony will be taken at the direction of the Chair and members of the public may only comment during times allotted for public comments. Once called to speak, speakers will be asked to state their name and place of residence. Providing this information is optional.

TO SUBMIT WRITTEN COMMENTS, prior to the meeting, on matters listed on the agenda email scpubliccomment@losaltosca.gov with the subject line in the following format:

PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE.

Emails sent to the above email address are sent to/received immediately by the Senior Commission. Correspondence submitted in hard copy/paper must be received by 2:00 p.m. on the day of the meeting to ensure it can be distributed prior to the meeting. Correspondence received prior to the meeting will be included in the public record.

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. [Minutes: Approve minutes of the regular Senior Commission meeting of January 6, 2025](#)
2. [Work Plan: Finalize FY 2024/25 work plan](#)
3. [City Council Joint Meeting Preparation: Determine and finalize topics for discussion, including past year's accomplishments and presentation of new work plan, for the joint meeting scheduled on February 25, 2025 at 6pm](#)

INFORMATIONAL ITEMS

4. [Flyers: Receive informational flyers](#)
5. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and city of Los Altos staff

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

6. **Future Agenda Items**
 - A. Work Plan
 - B. Health Fair
 - C. Fall Fling Collaboration with Club 55

ADJOURNMENT

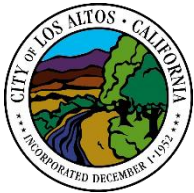
SPECIAL NOTICES TO PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with **10 copies** of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, JANUARY 6, 2025, AT 3:30 P.M. VIA VIDEO CONFERENCE AND IN PERSON.

CALL MEETING TO ORDER

At 3:30 P.M., Cohen called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Basiji, Cohen, Gallagher Thompson, Olson, and Trapnell

ABSENT: Buchholz, and Dixit

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

SPECIAL PRESENTATION

- 1. **2025 Commission Updates:** Received presentation

Public Comment: None

ITEMS FOR CONSIDERATION/ACTION

- 2. **Minutes:** Approve minutes of the regular Senior Commission meeting of November 4, 2024.

Public Comment: None

Action: Upon a motion by Trapnell, seconded by Gallagher Thompson, the Senior Commission approved the minutes of the regular meeting of November 4, 2024.

Approve: Basiji, Cohen, Gallagher Thompson, Olson, and Trapnell

Oppose: None

Absent: Buchholz, and Dixit

Abstention: None

Motion passed unanimously: 5-0-2-0

- 3. **Senior Commission Health Fair:** Discuss Senior Commission Health Fair and select Ad-Hoc Committee or working pairs to plan event logistics.

Public Comment: None

Action: Upon a motion by Basiji, seconded by Olson, the Senior Commission formed an Ad-Hoc Committee consisting of Commissioners Basiji, Buchholz, and Gallagher Thompson to work on the Senior Health Fair scheduled for Tuesday, September 9, 2025, from 12-3pm at the Los Altos Community Center.

Approve: Basiji, Cohen, Gallagher Thompson, Olson, and Trapnell

Oppose: None

Absent: Buchholz, and Dixit

Abstention: None

Motion passed unanimously: 5-0-2-0

4. **Work Plan:** Finalize FY 2024/25 Work Plan to present at the joint Commission/City Council meeting on February 25, 2025.

Public Comment: None

Action:

Upon a motion by Olson, seconded by Basiji, the Senior Commission formed an Ad-Hoc Committee consisting of Commissioners Olson, and Trapnell to organize an event in conjunction with Club 55, Adult 50+ Program on Friday, October 17, 2025 with a goal to host a Spring 2026 Spring Fling.

Approve: Basiji, Cohen, Gallagher Thompson, Olson, and Trapnell

Oppose: None

Absent: Buchholz, and Dixit

Abstention: None

Motion passed unanimously: 5-0-2-0

INFORMATIONAL ITEMS

5. **Age Friendly:** Receive staff report.

Public Comment: None

Basiji and Gallagher Thompson left the meeting at 4:32pm. No further action was taken by the commission due to lack of a quorum.

6. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and city of Los Altos staff.

Public Comment: None

7. **Flyers:** Informational flyers received.

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

8. **Future Agenda Items:**

A. Work Plan

Public Comment: None

ADJOURNMENT:

At 4:32 P.M., Monday, January 6, 2025, Cohen adjourned the meeting due to loss of a quorum.

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

Goals	Projects	Due Date	Priority/Source	Status	Assignment	Notes
Outdoor Spaces and Building						
Transportation	Write a letter to El Camino Healthcare District Board regarding the RoadRunner Program	November 2024	Community input	Completed	Buchholz, Gallagher Thompson	Individual letters were written in lieu of a formal letter due to Council being the legislative body that should approve a letter being sent by the city
Housing						
Social Participation	Collaborate with Adult 50+ staff to increase participation in programs and activities	October 2024		Completed	Nagao, Olson	
	Collaborate with Club 55 and Adult 50+ Program to expand the October Club 55 event to a Halloween themed Fall Fling	October 2025	Commission	In Progress	Olson, Trapnell	
	Collaborate with Club 55 and Adult 50+ Program to host a Spring Fling in April	April 2026	Commission			Planning of this event will be based upon the Fall Fling
Respect and Social Inclusion						
Civic Participation and Employment						
Communication and Information						

Senior Commission

2024 - 25 Work Plan

(October 2024 - September 2025)

Agenda Item 2.

Community Support and Health Care Services	Host a Health Fair	September 2025	Commission	In Progress	Basiji, Buchholz, Gallagher Thompson	
Emergency Preparedness						

Senior Commission 2024 - 25 Work Plan

Agenda Item 2.

(October 2024 - September 2025)

October 7, 2024	November 4, 2025	December - No Meeting	January 6, 2025	February 3, 2025	March 3, 2025
Reorganization	Work Plan		Work Plan	Work Plan	
Age Friendly Action Plan	Meeting Schedule		Health Fair		
Work Plan	Health Fair				
Transportation Alternative Options to RoadRunners	Age Friendly				

April 7, 2025	May 5, 2025	June 2, 2025	July - No Meeting	August 4, 2025	September 8, 2025
				Health Fair	Health Fair
				Fall Fling	Fall Fling



SENIOR COMMISSION AGENDA REPORT

Meeting Date: February 3, 2025

Subject: Joint City Council Meeting Preparation

Prepared by: Jaime Chew, Parks & Recreation Deputy Director

Initiated by: City Staff

Staff Recommendation

The staff recommends to receive the report and take action as appropriate.

Summary/Project Description:

Prepare for joint City Council and Senior Commission meeting.

Fiscal Impact: None

Background

Per the Commission Handbook:

When a commission work plan is necessary each commission shall discuss and prepare its annual work plan based upon the City Council annual priorities and budget, which shall be submitted and approved by the City Council. The work plan is a list of the anticipated topics, assignments and goals that the commission will focus on over a 12-month period. From time to time the City Council may amend the approved commission work plan in order to achieve the goals of the city. Any requested modifications should be in line with the goals and objectives of the commission and the city.

Discussion/Analysis

The Senior Commission will need to prepare for the joint City Council and Senior Commission meeting scheduled for Tuesday, February 25, 2025, at 6pm. Each commission will receive 10 minutes to review past accomplishments and present their drafted work plan for the October 2024 – September 2025 term.

SENIOR COMMISSION
2023-24 Work Plan
 (October 2023 to September 2024)

Goal	Projects	Ad-Hoc Assignments	Target Date	Status
Recertify Los Altos as an Age Friendly city	<ul style="list-style-type: none"> AARP Age Friendly Survey outreach 	<ul style="list-style-type: none"> Present AARP Age Friendly Survey to the multi-cultural group Ad-Hoc subcommittee: Dixit	January 2024	Completed
		<ul style="list-style-type: none"> Present AARP Age Friendly Survey to Adult 50+ lunch program (Community Center and Grant) Ad-Hoc subcommittee: O’Reilly & Nagao	January 2024	Completed
		<ul style="list-style-type: none"> Present AARP Age Friendly Survey to Los Altos Rotary Ad-Hoc subcommittee: Basiji	February 2024	Completed
	<ul style="list-style-type: none"> Participate in Age Friendly Task Force 	<ul style="list-style-type: none"> Work with Center for Age Friendly Excellence (CAFÉ) representatives to assist and support outreach and research Ad-Hoc subcommittee: Buchholz, Cohen, O’Reilly	September 2024	Completed
	<ul style="list-style-type: none"> Participate in Age-Friendly focus groups 	<ul style="list-style-type: none"> Participate in a focus group All Commissioners	April 2024	Completed
			<ul style="list-style-type: none"> Attend community focus group and town hall meeting 	April/May 2024
Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Grant Park Community Center 			

Transportation	<p>Improve Senior Transportation options</p> <ul style="list-style-type: none"> • Host a workshop connecting Adult 50+ to transportation options 			
	<ul style="list-style-type: none"> • Explore resources and options 			
Housing				
Social Participation	<ul style="list-style-type: none"> • Collaborate with Adult 50+ staff to increase participation in programs and activities 	<ul style="list-style-type: none"> • Meet with Recreation Coordinator to understand what programs and services are being offered, and determine recommended areas of improvement <p>Ad-hoc subcommittee: Nagao, Olson</p> <ul style="list-style-type: none"> • Assist Adult 50+ staff in an evaluation of various programs based upon attendance and findings from the Age Friendly action plan <p>Ad-hoc subcommittee: Nagao, Olson</p>	<p>March 2024</p> <p>October 2024</p>	<p>Completed</p>
	<ul style="list-style-type: none"> • Support and enhance community connections 			
Respect and Social Inclusion				

Civic Participation and Employment				
Communication and Information	<ul style="list-style-type: none"> • Improve outreach 			
	<ul style="list-style-type: none"> • Determine ways to reach isolated seniors 			
Community Support and Health Care Services	<ul style="list-style-type: none"> • Educate and connect seniors to resources to allow them to age in place 			
	<ul style="list-style-type: none"> • Host a Health Fair 	<ul style="list-style-type: none"> • Research ideas and options for hosting a health fair <p>Ad-hoc subcommittee: Dixit</p>	August 2024	Completed



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

FREE!

**10 AM -
1 PM**

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FEBRUARY

22

AROUND THE WORLD



APRIL

5

ECO EXPLORERS



JUNE

21

SUMMER KICKOFF

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



OPEN HOUSE

**Saturday, March 1
11 AM - 1:30 PM**

**Los Altos Community Center
97 Hillview Avenue**

Did you know that the city of Los Altos Parks & Recreation department has classes, programs, and spaces for all ages? Come meet our awesome instructors and learn about upcoming activities. Get early access to pre-register for Spring/Summer classes and camps, and participate in our drawing opportunities to win amazing prizes!

**For more information,
please call (650) 947-2790.**

LosAltosRecreation.org



Adult 50+ Program Mini-Trip

Agenda Item 4.



History and Art at Stanford University

THURSDAY, MARCH 20 • 10 AM-3 PM

Explore Stanford University's treasures! Visit Hoover Tower for stunning Bay Area views and the exhibition gallery, then enjoy the renowned Cantor Arts Center with its 38,000+ works of art, including famous Rodin bronze sculptures. After the tour, join us for a no-host lunch at Birdie's at Stanford Golf. Round-trip motorcoach transportation from the Los Altos Community Center is included. Moderate terrain walking involved.



Passport Members: \$48

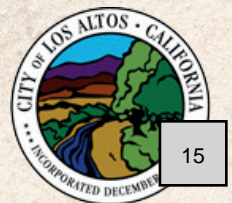
All Others: \$60

losaltosca.gov/parksrec

Questions?

(650) 947-2797

Rec-Info@losaltosca.gov



Drive-Thru Shred Event

Saturday, March 22nd, 2025

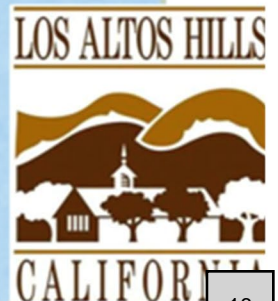
8 - 11 AM or until truck is full

Available to help residents destroy confidential documents. Residents may bring up to 15 standard file boxes to shred

Town Hall Parking Lot

26379 Fremont Road

Los Altos Hills, 94022





LOS ALTOS ADULT 50+ PROGRAM

NATIONAL WALKING DAY

Celebrate National Walking Day with the Adult 50+ Program! Join us for an age & ability inclusive walk, suitable for a variety of paces and stamina.

Please bring water, wear comfortable shoes, and get ready to enjoy the outdoors!



FREE

WEDNESDAY

APRIL 2 | 10:45 AM

GRANT PARK COMMUNITY CENTER

REGISTER TODAY!

LosAltosRecreation.org

(650) 947-2797



AARP TAX-AIDE PREPARATION

Appointments available Mondays
February 3-April 14

No appointments on President's Day



FREE!



Tax season is upon us and the Adult 50+ Program is here to assist with FREE tax preparation!

Those ages 50 and over with moderate income levels can prepare and e-file their California and Federal tax returns in-person with an IRS-certified volunteer.

Please bring a valid photo ID, Social Security card, 2023 tax return, 2024 tax documents, and health care coverage information (if available).

This service is by appointment only. To learn more and register, visit LosAltosRecreation.org or call (650) 947-2797.



WE'RE HIRING!

Join the city of Los Altos Parks & Recreation department in creating a vibrant and welcoming community! We're excited to announce that we are hiring for a variety of positions within our dynamic team.

- ★ Make a positive impact in the Los Altos community
- ★ Gain valuable experience in a fun environment
- ★ Flexible hours

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online
today!

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