

## **YOUTH COMMISSION SPECIAL MEETING AGENDA**

**4:30 PM - Wednesday, January 11, 2023**

*Via Telephone/Video Conference*

**Please Note: Per California Executive Order N-29-20, the City Council will meet  
via Telephone/Video Conference only:**

**Telephone: 1-669-444-9171 / Webinar ID: 867 5398 9542**

**<https://losaltosca.gov.zoom.us/j/86753989542?pwd=MTBRaklIY0VGOVRNVG5LNmRjT2svZz09>**

**Passcode: 997420**

**TO PARTICIPATE VIA VIDEO:** Follow the link above. Members of the public will need to have a working microphone on their device and **must have the latest version of ZOOM installed** (available at <https://zoom.us/download>). To request to speak, please use the “Raise hand” feature located at the bottom of the screen.

**TO PARTICPATE VIA TELEPHONE:** Members of the public may also participate via telephone by calling the number listed above. To request to speak, press \*9 on your telephone.

**TO SUBMIT WRITTEN COMMENTS:** Prior to the meeting, comments on matters listed on the agenda may be emailed to [arodriguez@losaltosca.gov](mailto:arodriguez@losaltosca.gov). Emails sent to this email address are sent to/received immediately by the City Council. Please include a subject line in the following format:

**PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE**

Correspondence submitted in hard copy/paper must be received by 2:00 PM on the day of the meeting to ensure distribution prior to the meeting. Correspondence received prior to the meeting will be included in the public record. Please follow this link for more information on submitting written comments: <https://www.losaltosca.gov/cityclerk/page/public-comments>.

*Public testimony will be taken at the direction of the Chair, and members of the public may only comment during times allotted for public comments.*

**CALL MEETING TO ORDER**

**ESTABLISH QUORUM**

**PLEDGE ALLEGIANCE TO THE FLAG**

**CHANGES TO THE ORDER OF THE AGENDA**

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Youth Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "The Brown Act") items must first be noted on the agenda before any discussion or action.

**ITEMS FOR CONSIDERATION/ACTION**

1. **Substance Abuse:** The dangers of illicit substances among teens
2. **School Year 2022-23 Work Plan:** Youth Commission Work Plan for 2022/2023

**INFORMATIONAL ITEMS**

3. Upcoming Events, opportunities and Updates

**COMMISSION/SUBCOMMITTEE/STAFF REPORTS AND REQUESTS FOR POTENTIAL FUTURE AGENDA ITEMS****ADJOURNMENT**SPECIAL NOTICES TO THE PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610. Please leave a voicemail should no one answer.

Agendas Staff Reports and some associated documents for City Council items may be viewed on the Internet at <https://www.losaltosca.gov/meetings>.

All public records relating to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act, and that are distributed to a majority of the legislative body, will be available for public inspection through the Commission Staff Liaison at the same time that the public records are distributed or made available to the legislative body.

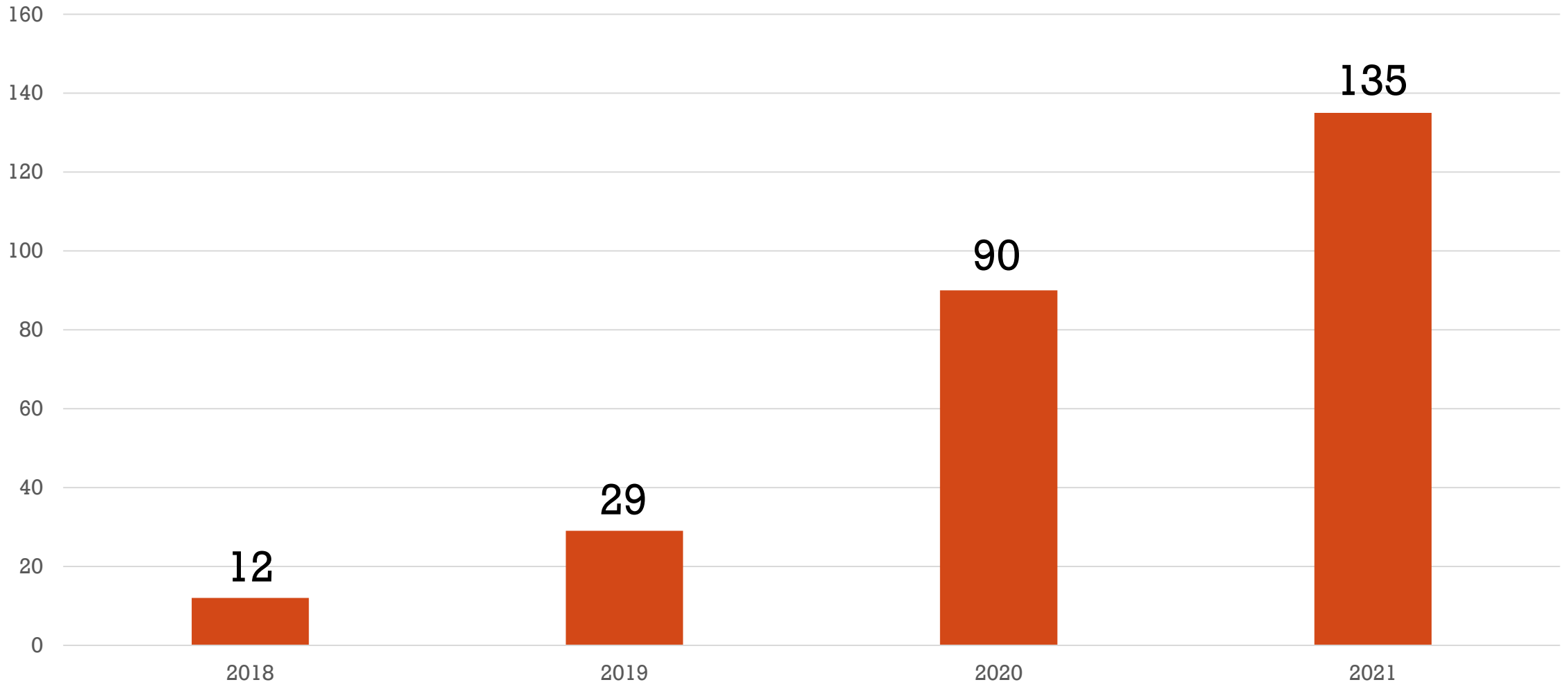
If you wish to provide written materials, please provide them to the Commission Staff Liaison 3 days prior to the scheduled meeting to ensure proper distribution and to be included with the public record.

# ONE PILL / CAN KILL

A Guide to Opioid / Fentanyl Safety



## Santa Clara County Fentanyl Related Overdose Deaths



■ Fentanyl Overdoses



# FACTS ABOUT FENTANYL

## Facts Fentanyl:

Fentanyl is a synthetic opioid that is approved for pharmaceutical use to treat pain.

Fentanyl is 50 to 100 times more potent than heroin.

Illegal manufacturers create counterfeit fentanyl.

Counterfeit fentanyl is manufactured in clandestine laboratories with no quality control oversight.

Counterfeit fentanyl is extremely dangerous due to not manufacturing quality control that results in varied potency.

Counterfeit fentanyl is easy and inexpensive to manufacture.

Counterfeit fentanyl is typically found in powder form and pill form.



Powder Fentanyl



Fentanyl Pills



Clandestine Lab

# FENTANYL IS EVERYWHERE

## Facts About Counterfeit Pills:

Criminal drug networks are mass-producing fake pills and falsely marketing them as legitimate prescription pills to deceive the American public.

Counterfeit pills are easy to purchase, widely available, often contain fentanyl or methamphetamine, and can be deadly.

Fake prescription pills are easily accessible and often sold on social media and e-commerce platforms, making them available to anyone with a smartphone, including minors.

Many counterfeit pills are made to look like prescription opioids such as oxycodone (Oxycontin®), Percocet®), hydrocodone (Vicodin®), and alprazolam (Xanax®); or stimulants like amphetamines (Adderall®).



Xanax®



Percocet®



Adderall®



Vicodin®



Oxycontin®

# LEGIT OR COUNTERFEIT?

## Authentic Oxycodone

Synthetic opioid drug prescribed for pain as OxyContin®, Tylox®, and Percodan®. These drugs are derived from one species of the poppy plant and have a high potential for abuse.



Authentic Oxycodone Front



Authentic Oxycodone Back



Authentic Oxycodone  
Side by Side

# LEGIT OR COUNTERFEIT?

## Counterfeit Oxycodone

**Street Names:** 30s; 40s; M30s; 512s; Beans; Blues; Buttons; Cotton; Greens; Hillbilly Heroin; Kickers; Killers; Muchachas; Mujeres; OC; Oxy; Oxy 80s; Roxy; Roxy Shorts; Whites



Counterfeit Oxycodone  
Front



Counterfeit Oxycodone Back



Counterfeit Oxycodone  
Side by Side



# LEGIT OR COUNTERFEIT?

## Authentic Alprazolam

Depressants that produce sedation, induce sleep, relieve anxiety and prevent seizures. Available in prescription pills, syrup and injectable preparation. Prescribed as Valium®, Xanax®, Restoril®, Ativan®, Klonopin®



Authentic Xanax® Back



Authentic Xanax® Front



Authentic Xanax®  
Side by Side

# LEGIT OR COUNTERFEIT?

## Counterfeit Alprazolam

**Street Names:** Bars; Benzos; Bicycle Handle Bars; Bicycle Parts; Bricks; Footballs; Handlebars; Hulk; Ladders; Planks; School Bus; Sticks; Xanies; Yellow Boys; Zanbars; Zannies; Z-Bars



Counterfeit Xanax® Front



Counterfeit Xanax® Back



Counterfeit Xanax®  
Side by Side

# LEGIT OR COUNTERFEIT?

## Authentic Amphetamine

Prescription stimulants used to treat Attention-Deficit / Hyperactivity Disorder (ADHD). Used as a study aid, to stay awake, and to suppress appetites. Prescribed as Adderall®, Concerta®, Dexedrine®, Focalin®, Metadate®, Methylin®, Ritalin®.



Authentic Adderall® Front



Authentic Adderall® Back



Authentic Adderall®  
Side by Side

# LEGIT OR COUNTERFEIT?

## Counterfeit Amphetamine

**Street Names:** A-Train; Abby; Addy; Amps; Christmas Trees; Co-Pilots; Lid Poppers; Smart Pills; Smarties; Study Buddies; Study Skittles; Truck Drivers; Zing



Counterfeit Adderall® Front



Counterfeit Adderall® Back



Counterfeit Adderall®  
Side by Side

# FENTANYL IS EVERYWHERE

## Fentanyl Laced Narcotics

There is significant risk that illegal drugs have been intentionally contaminated with fentanyl. Because of its potency and low cost, drug dealers have been mixing fentanyl with other drugs including heroin, methamphetamine, cocaine, ecstasy, and marijuana increasing the likelihood of a fatal interaction.

Cocaine



Heroin



Ecstasy



Methamphetamine



Marijuana

# FENTANYL USE

## How do people use fentanyl?

When prescribed by a doctor, fentanyl can be given as a shot, a patch that is put on a person's skin, or as lozenges that are sucked like cough drops.

The illegally used fentanyl most often associated with recent overdoses is made in labs. This synthetic fentanyl is sold illegally as a powder, dropped onto blotter paper, put in eye droppers and nasal sprays, or made into pills. Pills can be taken orally, smoked or ground up and snorted.

Orally



Snorting



Absorption



Smoking



Injecting

# FENTANYL OVERDOSE SYMPTOMS

Agenda Item 1.

Slow or slurred speech

Sleepiness

Difficulty holding body upright

Pale, clammy skin

Very small pupils

Unresponsive

Slow, shallow breathing

Uneven snoring

Lips, fingers, and toes turning blue

Unresponsive



Lips Turn Blue



Sleepiness



Constricted Pupils



Pale, Clammy Skin



# NALOXONE (NARCAN)

Naloxone is an FDA approved medication designed to rapidly reverse opioid overdose. Naloxone binds to opioid receptors and can reverse and block the effects of other opioids, such as heroin, morphine, oxycodone and fentanyl.

Most first responders (law enforcement, fire department and paramedics) carry Naloxone with them at all times.

Santa Clara County Opioid Overdose Prevention Project (SCCOOPP) will provide Naloxone free of charge (see handout)



Naloxone (Narcan)



# ONE PILL / CAN KILL

A Guide to Opioid / Fentanyl Safety

## QUESTIONS?

**YOUTH COMMISSION**  
**2022/2023 Work Plan**  
 (Adopted TBD – DRAFT)

IDEAS for WorkPlan

2022

- **Themed Movie Night [End of October] – Nightmare before Christmas? Advertise for little youth to come in costume 😊**
- **Thanksgiving Clothing/Food drive – Bola [November]**
- *Veteran’s Day event on 11/11* email out to ask for volunteers
- Teen game night – Talinn

2023

- Fentanyl awareness – Potential speaker to Youth Commission? Sander
  - Have the new Los Altos PD Chief speak on this topic
- **Teen Center Events at the Community Center – Aarthi Open Mic/Gallery/ Singing / ART performances – Talinn [January? Feb?]**
- Holiday themed movie night – Bola
- Activism – Aarthi
- Decisions affecting Youth – Aarthi
- Pre-registration events for youth – Juliana
- Seed Bombs of native plants – Humza
- Commission Community Services Event – Bola
- Explore ways to work with other youth commission – Sander
- Safe routes to school ap – Aarthi
- Teen Jobs/internships/ways to get involved with the local community
- Assist Youth Lead organizations in the Community – Serina

- Finalize set of guidelines to promote events and organizations – Sander
- Discount from local business to teens during finals week – Bola
- Stress Animals during Finals week (animals assistance happiness) – Aarthi
- Where we put flyers for local businesses – Humza
- Teen friendly business (by month???) – Juliana – AR TO FOLLOW UP

Goal	Projects	Assignments	Target Date	City Priority related to	Status
October <b>Movie Night with Park and Rec</b>					
November Thanksgiving Themed Movie Night					
December/January Open Mic/Talent show					
Increase Awareness on Issues Related to Teen Mental Health and Social Justice		•			
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Increase Awareness on Issues Related to the Environment		•				
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Assist with City Special Events and Host Commission Sponsored Events		•			
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Promote Youth-led Programs and Events		•			

Summer Project					
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