



SENIOR COMMISSION MEETING AGENDA

3:30 PM - Monday, November 07, 2022

Telephone/Video Conference Only

Please Note: Per California Executive Order N-29-20, the Senior Commission will meet via Telephone/Video Conference Only.

Telephone: 1-669-444-9171 / Meeting ID: 860 9064 5020

Members of the Public may join and participate in the Senior Commission meeting at <https://losaltosca.gov.zoom.us/j/86090645020?pwd=M21kYlNKZ3c1UFhBUFdKvJjA1SWZLQT09>
Passcode: 694009

TO PARTICIPATE VIA VIDEO: We have moved to **ZOOM!** Members of the public will need to have a working microphone on their device and must have the latest version of ZOOM installed (**available at <https://zoom.us/download>**). To request to speak, please use the "Raise hand" feature located at the bottom of the screen under the Reactions Icon.

TO PARTICIPATE VIA TELEPHONE: Members of the public may also participate via telephone by calling the number listed above. To request to speak, press *9 on your telephone.

TO SUBMIT WRITTEN COMMENTS, prior to the meeting, on matters listed on the agenda email SCpubliccomment@losaltosca.gov with the subject line in the following format:

PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE.

Emails sent to the above email address are sent to/received immediately by the Senior Commission. Correspondence submitted in hard copy/paper must be received by 2:00 p.m. on the day of the meeting to ensure it can be distributed prior to the meeting. Correspondence received prior to the meeting will be included in the public record.

Public testimony will be taken at the direction of the Chair and members of the public may only comment during times allotted for public comments. Once called to speak, speakers will be asked to state their name and place of residence. Providing this information is optional.

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission

is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as “the Brown Act”) items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. [Minutes: Approve minutes of the Senior Commission regular meeting of October 3, 2022](#)
2. **Outdoor Spaces and Buildings:** Receive update from Outdoor Spaces and Buildings Subcommittee (Basiji, Nagao) and take action as appropriate
3. [Transportation Subcommittee Goals: Receive update from Transportation Subcommittee \(Basiji, O'Reilly\) and take action as appropriate](#)
4. [Work Plan: Review recommended FY 2022/23 Work Plan and Subcommittees](#)
5. [Age Friendly: Discuss and finalize Age Friendly talking points](#)

INFORMATIONAL ITEMS

6. [Flyers: Recieve informational flyers](#)

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
 - A. Recertify Los Altos as an Age-Friendly City (Buchholz, Dixit, Li)
 - B. Social Participation (Buchholz, Cohen, Dixit)
 - C. Respect and Social Inclusion (Buchholz, Cohen, Dixit)
 - D. Civic Participation and Employment (Li)
 - E. Communication and Information (Basiji, Nagao)
 - F. Community Support and Health Care Services (Buchholz, Cohen)
8. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and City of Los Altos staff
9. **Future Agenda Items:**
 - A. Updates from Subcommittee: Housing (December)

ADJOURNMENT

SPECIAL NOTICES TO PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with **10 copies** of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, OCTOBER 3, 2022 AT 3:30 P.M. WITH REMOTE ACCESS VIA ZOOM

PRESENT: Vice Chair Li, Commissioners Buchholz, Dixit, Nagao, O'Reilly

ABSENT: Chair Cohen and Commissioner Basiji

LATE: None.

CALL MEETING TO ORDER

At 3:35 P.M., Vice Chair Li called the meeting to order.

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA - None.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the Senior Commission Special Meeting of September 12, 2022.

Public Comment: None.

Action: Upon a motion by Vice Chair Li, seconded by Commissioner Buchholz, the Commission approved the minutes of the meeting of September 12, 2022.

Approve: Vice Chair Li, Commissioners Buchholz, Dixit, Nagao.

Oppose: None.

Absent: Chair Cohen, Commissioner Basiji

Abstention: Commissioner O'Reilly

Motion passed unanimously: 4-0-2-1.

2. **Recertify Los Altos as an Age-Friendly City:** Receive update from Recertify Los Altos as an Age-Friendly City (Buchholz, Dixit, Li) and take action as appropriate.

Public Comment: None.

Action: Subcommittee members recommended bring talking points to the November Senior Commission meeting. Talking points will be used to create a flyer/topics for speaking engagements. Subcommittees should bring a list of locations/organizations to distribute the flyer or speak to regarding Age-Friendly.

3. **Outdoor Spaces and Buildings:** Receive update from Outdoor Spaces and Buildings Subcommittee (Basiji, Nagao) and take action as appropriate

Public Comment: None.

Action: Move update to November.

4. **Transportation Subcommittee Goals:** Receive update from Transportation Subcommittee (Basiji, O'Reilly) and take action as appropriate.

Public Comment: None.

Action: Move update to November.

5. **Housing Subcommittee Goals:** Receive update from Housing Subcommittee (Basiji, O'Reilly) and take action as appropriate

Public Comment: None.

Action: Move update to November.

6. **Civic Participation and Employment Subcommittee Goals:** Receive update from Civic Participation and Employment Subcommittee (Li) and take action as appropriate

Public Comment: None.

Action: Received update.

7. **Work Plan:** Review recommended FY 2022/23 Work Plan and Subcommittees.

Public Comment: None.

Action: Add two goals to work plan.

INFORMATIONAL ITEMS

8. **Cultural Events:** Receive information on cultural events around the City of Los Altos and Town of Los Altos Hills.

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

9. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
- A. Social Participation (Buchholz, Cohen, Dixit) – no report
 - B. Respect and Social Inclusion (Buchholz, Cohen, Dixit) – no report
 - C. Communication and Information (Basiji, Nagao) – no report
 - D. Community Support and Health Care Services (Buchholz, Cohen) – no report

10. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and City of Los Altos staff

11. **Future Agenda Items:**
- A. Age Friendly Talking Points
 - B. Subcommittee Reports – Outdoor Spaces and Buildings, Transportation, Housing

ADJOURNMENT

At 4:55 P.M., Monday, October 3, 2022, Vice Chair Li adjourned the meeting.

AGE FRIENDLY TRANSPORTATION STATUS

Public Transportation

Public Transportation options are limited for Los Altos/Los Altos Hills residents, typical of low density suburb communities.

While public transportation services that exist, provided by the Valley Transit Authority (VTA) are generally safe and affordable using modern equipment, coverage is limited and wait times are often long.

Many seniors depend upon personal automobiles for their daily needs. Paratransit VTA service is available for individuals with disabilities who cannot use public transport

Community Transportation

The City of Los Altos has instituted an On Demand Ride Reimbursement Program. This program, available to seniors, provides full reimbursement of the cost of using ride sharing systems such as Uber and Lyft and also local taxi services. The service covers all of Los Altos and a number of Hospitals and clinics outside of the city limits.

Another local service is the El Camino Hospital Road Runners who provide door to door services and covers a limited geographical area.

Transportation Information

Information regarding these services is made available through the City of Los Altos Parks and Recreation Department "Spotlight" newsletter and through periodic items in the local newspaper.

RECOMMENDATIONS

Information

Renew our efforts to publicize the On Demand Reimbursement Program.

Add Additional Services

Our community transportation services described above do not meet all of our senior's needs since coverage beyond our city borders is limited.

We should consider:

- Expanding the outside range of our Reimbursement Program.

- Investigating the possibility of joining a neighboring shuttle service.

SENIOR COMMISSION
FY 2022-23 Work Plan (May 2022 to May 2023)

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Recertify Los Altos as an Age-Friendly City	Action Plan	<ul style="list-style-type: none"> Engage CAFÉ (Center for Age Friendly Excellence) to create an Action Plan to recertify as an Age-Friendly City. Subcommittee: Buchholz, Dixit, Li	July 2022	Community Engagement	In progress
	Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Participate in Grant Park Master Plan committee. Recommend hot water, HVAC and electrical upgrade in Grant Park in the CIP budget. Work collaboratively with Parks & Recreation to support senior use/age friendly programming in public areas. Plan joint meeting with Parks and Recreation Commission. Subcommittee: Basiji, Nagao		Community Engagement	Pending Action Plan details
	Transportation	<ul style="list-style-type: none"> Explore resources and options (transportation studies). Recommend (evaluate, check-in) ridesharing and reimbursement program improvements. Explore outreach strategies. Consider COVID impacts. Subcommittee: Basiji, O'Reilly		Community Engagement	Pending Action Plan details
	Housing	<ul style="list-style-type: none"> Understand local senior housing issues. Understand how other Commissions have addressed the housing needs of seniors. Advocate for senior housing needs/projects. Support senior elements in Los Altos Housing Element. Subcommittee: O'Reilly, Basiji		Housing	Pending Action Plan details

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Maintain City/Town of Los Altos Age-Friendly status	Social Participation	<ul style="list-style-type: none"> Reach isolated seniors not online. Partner with Parks & Recreation Commission on Pop-Up Activities. <p>Subcommittee: Buchholz, Dixit, Cohen</p>		Community Engagement	Pending Action Plan details
	Respect and Social Inclusion	<ul style="list-style-type: none"> Reach isolated seniors not online and provide timely information. Address impacts of social isolation. Partner with Parks & Recreation Commission on Pop-Up Activities. <p>Subcommittee: Buchholz, Cohen, Dixit</p>		Community Engagement	Pending Action Plan details
	Civic Participation and Employment	<ul style="list-style-type: none"> Raise awareness regarding age discrimination in the workforce. Attract more employers while keeping the village feeling. <p>Subcommittee: Li</p>		Community Engagement	Pending Action Plan details
	Communication and Information	<ul style="list-style-type: none"> Develop strategies to promote senior programs and facilities including grassroots marketing. Meet with Marketing/Recreation staff. <p>Subcommittee: Basiji, Nagao</p>		Community Engagement	Pending Action Plan details
	Community Support and Health Care Services	<ul style="list-style-type: none"> Plan for next endemic and boosters. Keep those not on social media or using technology informed. <p>Subcommittee: Buchholz, Cohen</p>		Community Engagement	Pending Action Plan details

Suggested Talking Points for Age Friendly City Presentation

- The ultimate goal is to improve the Los Altos and Los Altos Hills communities.
- The World Health Organization (WHO) declared that senior wellbeing is an international issue as populations age.
- The WHO certifies Age Friendly cities when they begin and successfully accomplish specific goals in 8 general domains which include: Outdoor Spaces and Buildings, Transportation, Housing, Social Participation, Respect and Social Inclusion, Civic Participation and Employment, Communication and Information, and Community Support and Health Care Services.
- In 2011 the City of Los Altos became California's first Age Friendly City. City Council approved the submission of their application on September 27, 2011.
- Re-evaluation of Seniors' needs and a new work plan is required every 5 years.
- Focus groups representative of Los Altos/Los Altos Hills demographics will be interviewed to determine what are current unmet needs.
- CAFÉ (Center for Age-Friendly Excellence) in consultation with city administration develops an action plan to address these needs.
- A Re-evaluation in 5 years is needed to determine if these goals are met.
- Audiences
 - SIRS
 - Kiwanis
 - Senior sports associations like Pickleball
 - Others

Invite members of these groups to visit Community Center.

Give talks for these groups.

Discussions and contacts at houses of worship.



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS



Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE LOS ALTOS LIBRARY



JOIN US ONE SATURDAY A MONTH
FOR THEMED FAMILY FUN!



OCTOBER

22

HAPPY HALLOWEEN



NOVEMBER

19

GIVING THANKS



DECEMBER

10

WINTER WONDERLAND

Games • Crafts • Movies • Read Alouds



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org

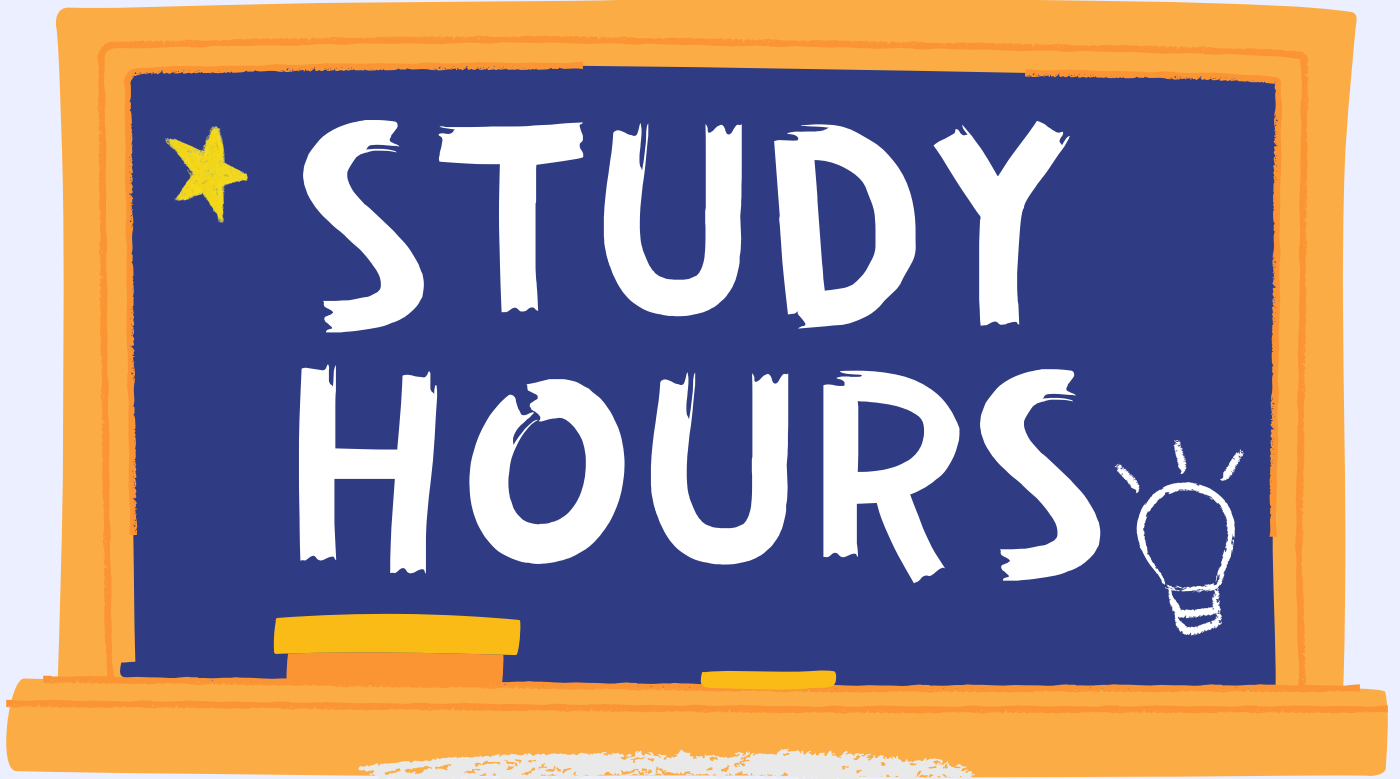




CITY OF LOS ALTOS PARKS & RECREATION

Agenda Item 6.

Life
Better!



**JUNIPER ROOM
LOS ALTOS COMMUNITY CENTER
97 HILLVIEW AVE.**

STARTS OCTOBER 11

**FREE TO
STUDENTS
GRADES 9 - 12**

**TUESDAYS &
THURSDAYS
6:30 - 9 PM**

QUESTIONS: WHANEL@LOSALTOSCA.GOV OR (650) 947-2727



LOS ALTOS TEEN CENTER

Juniper Room in Los Altos Community Center

Drop-in Hours Begin October 11

Tuesday-Friday from 3-6 PM.
Drop in is free for all students
in 6th-12th grade.

Amenities

- Video Game Console
- Outdoor Patio
- Ping Pong Table
- Study Area
- TV/Flat screen Monitor
- Space to Hold Club Meeting or Event



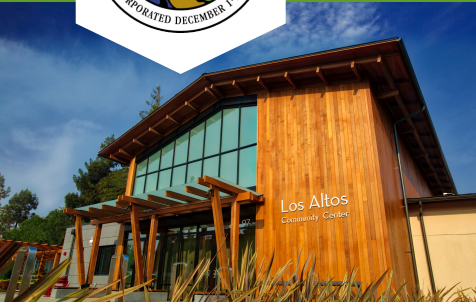
97 Hillview Ave, Los Altos, CA
Question? whanel@losaltosca.gov or (650) 947-2727



CITY OF LOS ALTOS

Parks & Recreation Department

Agenda Item 6.



WE'RE HIRING!

Current Opportunities

- PRESCHOOL TEACHER I/II
- RECREATION LEADER II
(ADULT & ADULT 50+)

apply
online
today!

Scan Me!



www.losaltosca.gov

14 bs

hr@losaltosca.gov

TED^x Los Altos Hills

x = independently organized TED event



tedxlosaltoshills.com

JOIN US IN THIS INAUGURAL
TEDXLOSALTOSHILLS TO HEAR
IDEAS WORTH SPREADING TO
IMPROVE OUR COMMUNITY.
WE AIM TO CREATE THE
DIALOGUE AMONG RESIDENTS,
COMMUNITY LEADERS, AND
PARTNERS TO CATALYZE CHANGE.

POWER OF Creativity & Innovation in Silicon Valley

January 28th, 2023

2:00 - 5:00 pm

Los Altos Hills Town Hall

Ticket and information: www.TEDxLosAltosHills.com

TECHNOLOGY FOR SENIORS

Saturday, January 14, 2023

Need a tutorial on technology? Community volunteers are joining forces to answer your questions. For more information and to register losaltoshills.ca.gov/techtutoring.

Led by the Los Altos Hills Youth Commission



Agenda Item 6.

BARN LIGHTING



SUNDAY, DECEMBER 4
2:00 - 5:00 PM



WESTWIND COMMUNITY BARN
27210 ALTAMONT ROAD