



SENIOR COMMISSION MEETING AGENDA

3:30 PM - Monday, June 03, 2024

Los Altos Community Center, Sequoia Room

PARTICIPATION: Members of the public may participate by being present at the Los Altos Community Center, Sequoia Room, 97 Hillview Ave, Los Altos, CA 94022. Public comment is accepted in person at the physical meeting location, or via email to SCPUBLICCOMMENT@LOSALTOSCA.GOV.

RULES FOR CONDUCT: Pursuant to Los Altos Municipal Code, Section 2.05.010 "Interruptions and rules for conduct": Understanding that the purpose of the commission meetings is to conduct the people's business for the benefit of all the people, in the event that any meeting of the commission is willfully interrupted by a person or group of persons so as to render the orderly conduct of the meeting impossible, the chair, vice chair, or any other member of the commission acting as the chair may order the removal of the person or persons responsible for the disruption and bar them from further attendance at the commission, or otherwise proceed pursuant to Government Code Section 54957.0 or any applicable penal statute or city ordinance.

REMOTE MEETING OBSERVATION: Members of the public may view the meeting via the link below, but will not be permitted to provide public comment via Zoom or telephone. Public comment will be taken in-person, and members of the public may provide written public comment by following the instructions below.

https://losaltosca-gov.zoom.us/j/82391779881?pwd=wtPkicapIcHqAa-I-mf0it7RNN7_Og.ehEqi6YcRCPy_fFr

Telephone: 1-669-444-9171 / Webinar ID: 823 9177 9881 / Passcode: 502016

SUBMIT WRITTEN COMMENTS: Prior to the meeting, comments on matters listed on the agenda may be emailed to SCpubliccomment@losaltosca.gov.

Please note: Personal information, such as email addresses, telephone numbers, home addresses, and other contact information are not required to be included with your comments. If this information is included in your written comments, they will become part of the public record. Redactions and/or edits will not be made to public comments, and the comments will be posted as they are submitted. Please do not include any information in your communication that you do not want to be made public.

The chair will open public comment and will announce the length of time provided for comments during each item.

CALL MEETING TO ORDER

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. [Minutes: Approve minutes of the Senior Commission meeting of May 6, 2024](#)
2. [Work Plan: Review FY 2023/24 Work Plan](#)

INFORMATIONAL ITEMS

3. [Flyers: Recieve informational flyers](#)
4. [Age Friendly: Receive update from city staff](#)

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

5. **Age Friendly Task Force Ad Hoc Subcommittee:** Recieve report
6. **Adult 50+ Programming Ad Hoc Subcommittee:** Receive report
7. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and city of Los Altos staff
8. **Future Agenda Items**
 - A. Work Plan

ADJOURNMENT**SPECIAL NOTICES TO PUBLIC**

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with **10 copies** of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, MAY 6, 2024, AT 3:30 P.M. VIA VIDEOCONFERENCE AND IN PERSON

CALL MEETING TO ORDER

At 3:30 P.M., Cohen called the meeting to order.

ESTABLISH QUORUM:

PRESENT: Basiji, Cohen, Nagao, Olson, O’Reilly

ABSENT: Dixit, Buchholz

LATE: None

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

- 1. Written Public Comments

SPECIAL PRESENTATIONS

- 2. **Choice in Aging:** Received presentation by Debbie Toth, President and CEO of Choice in Aging, a non-profit corporation
- 3. **Parks & Recreation Update:** Received verbal presentation by Parks & Recreation Director Manny Hernandez

ITEMS FOR CONSIDERATION/ACTION

- 4. **Minutes:** Approve minutes of the Senior Commission regular meeting of March 4, 2024
Approve minutes of the Senior Commission special meeting of April 8, 2024

Public Comment: None

Action: Upon a motion by O’Reilly, seconded by Olson, the Commission approved the minutes of the regular meeting of March 04, 2024 with an update of the spelling of Debbie Toth.

Approve: Cohen, Nagao, Olson, O’Reilly
Oppose: None
Absent: Buchholz, Dixit
Abstention: Basiji
Motion passed unanimously: 4-0-2-1

Action: Approve minutes of the Senior Commission special meeting of April 8, 2024.

Approve: Cohen, Nagao, Olson, O'Reilly

Oppose: None

Absent: Buchholz, Dixit

Abstention: Basiji

Motion passed unanimously: 4-0-2-1

5. **Sourcewise Representative:** Select and recommend a representative to serve on the Sourcewise Advisory Council for a three year term, beginning on July 1, 2024, to City Council for consideration and appointment

Public Comment: None

Action: Upon a motion by O'Reilly, seconded by Basiji, the Senior Commission recommends City of Los Altos City Council consider and appoint Vice-Chair Cohen as a representative to serve on the Sourcewise Advisory Council for a three year term, beginning on July 1, 2024

Approve: Basiji, Cohen, Nagao, Olson, O'Reilly

Oppose: None

Absent: Buchholz, Dixit

Abstention: None

Motion passed unanimously: 5-0-2-0

6. **Work Plan:** Create FY 2023/24 Work Plan.

Public Comment: None

Action: Review FY 2023/24 Work Plan

INFORMATIONAL ITEMS

7. **Flyers:** Receive informational flyers.

Public Comment: None

Action: Received verbal update from Jaime Chew, Senior Commission liaison.

8. **Age Friendly:** Receive update from city staff

Public Comment: None.

Action: Received update from Jaime Chew, Senior Commission liaison.

9. **Caregiver Support Information:** Receive information on caregiver support services as provided by Commissioner Buchholz

Public Comment: None.

Action: Received information on caregiver support services as provided by Commissioner Buchholz

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

10. **Adult 50+ Programming Ad Hoc Subcommittee:** Received report

Public Comment: None.

Action: Received written information on Adult 50+ Programming Ad Hoc Subcommittee as provided by Commissioners Nagao and Olson.

11. **Age Friendly Task Force Ad Hoc Subcommittee:** Received report

Public Comment: None.

Action: Received verbal information on Age Friendly Task Force Ad Hoc Subcommittee by Commissioner O'Reilly.

12. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and City of Los Altos staff.

Public Comment: None.

Action: Received update from Jaime Chew, Senior Commission liaison and Chris Knopf, city of Los Altos Recreation Coordinator.

13. **Future Agenda Items:**

Public Comment: None

Action:

A) Work Plan

B) Consider the addition of caregiver resources, support, education and services

C)

ADJOURNMENT:

At 5:15 P.M., Monday, May 6, 2024, Cohen adjourned the meeting.

SENIOR COMMISSION
2023-24 Work Plan
 (October 2023 to September 2024)

Goal	Projects	Ad-Hoc Assignments	Target Date	Status
Recertify Los Altos as an Age Friendly city	<ul style="list-style-type: none"> AARP Age Friendly Survey outreach 	<ul style="list-style-type: none"> Present AARP Age Friendly Survey to the multi-cultural group Ad-Hoc subcommittee: Dixit Present AARP Age Friendly Survey to Adult 50+ lunch program (Community Center and Grant) Ad-Hoc subcommittee: O’Reilly & Nagao Present AARP Age Friendly Survey to Los Altos Rotary Ad-Hoc subcommittee: Basiji 	January 2024	Completed
	<ul style="list-style-type: none"> Participate in Age Friendly Task Force 	<ul style="list-style-type: none"> Work with Center for Age Friendly Excellence (CAFÉ) representatives to assist and support outreach and research Ad-Hoc subcommittee: Buchholz, Cohen, O’Reilly 	September 2024	
	<ul style="list-style-type: none"> Participate in Age-Friendly focus groups 	<ul style="list-style-type: none"> Participate in a focus group All Commissioners Attend community focus group and town hall meeting 	April 2024	Completed
Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Grant Park Community Center 			

Transportation	<p>Improve Senior Transportation options</p> <ul style="list-style-type: none"> • Host a workshop connecting Adult 50+ to transportation options 			
	<ul style="list-style-type: none"> • Explore resources and options 			
Housing				
Social Participation	<ul style="list-style-type: none"> • Collaborate with Adult 50+ staff to increase participation in programs and activities 	<ul style="list-style-type: none"> • Meet with Recreation Coordinator to understand what programs and services are being offered, and determine recommended areas of improvement Ad-hoc subcommittee: Nagao, Olson • Assist Adult 50+ staff in an evaluation of various programs based upon attendance and findings from the Age Friendly action plan Ad-hoc subcommittee: Nagao, Olson 	<p>March 2024</p> <p>October 2024</p>	<p>Completed</p>
	<ul style="list-style-type: none"> • Support and enhance community connections 			
Respect and Social Inclusion				

Civic Participation and Employment				
Communication and Information	<ul style="list-style-type: none"> • Improve outreach 			
	<ul style="list-style-type: none"> • Determine ways to reach isolated seniors 			
Community Support and Health Care Services	<ul style="list-style-type: none"> • Educate and connect seniors to resources to allow them to age in place 			

CATALYZE SV



Designing for Seniors

How Silicon Valley Communities Prioritize Seniors

A conversation with developers, architects, service providers, and community members about what makes projects welcoming and accessible for seniors.

Thursday, June 13

3 - 6pm PDT
76 South 1st St.
San Jose, CA

Free Event!

Register Here →



SCAN ME

AGENDA

- 3:00 PM - 3:15 PM Registration & Welcome
- 3:15 PM - 3:30 PM Speaker: Don Weden, Retd. Principal Planner, Santa Clara County
- 3:30 PM - 4:00 PM Small Group Discussion & Report Back
- 4:00 PM - 4:30 PM Roundtable / Fireside Chat #1: (Architect & Developers)
- 4:30 PM - 5:20 PM Visioning & Food Break
- 5:20 PM - 5:45 PM Roundtable / Fireside Chat #2 (Service Providers)
- 5:45 PM - 6:00 PM Q&A for all Panelists / Closing

Light dinner will be provided.

Sponsored by:



Contact:
shalini@catalyzesiliconvalley.org

Learn More & Register:
catalyzesiliconvalley.org/design-for-seniors

CITY OF LOS ALTOS
Summer
CONCERT SERIES
A FAMILY & PICNIC-FRIENDLY EVENT

7 FREE SHOWS

Thursday* | **6:30-8:00PM**
*One Special Sat. Performance

LosAltosRecreation.org or (650) 947-2790 for more information

June / Grant Park Soccer Field
1575 Holt Ave

- 8** *Peninsula Symphony
Symphony Magic at Dusk
- 13** Aju Vu
Steely Dan & Chicago Tribute
- 20** Groove Foundation
Top 40, R&B, Funk, Rock
- 27** Sinister Dexter
Horn-driven Funk & Soul

July / Hillview Soccer Field
97 Hillview Ave

- 11** Mercy & The Heartbeats
70s to Now Dance Band
- 18** Pop Fiction
Pop Dance Hits
- 25** House Rockers
Rock & Soul



Summer 2024 Concert Series

Hands Up for our Generous Sponsors

Bronze Birch
SPONSORS



KAREN DRUKER

Edward Jones
Cynthia A. Wernys, CFP®, ChFC®



Brasserie
SPONSOR
DESIGN
Specialty Interiors for Greater Los Angeles

Thursday* | **6:30-8:00PM**
 *One Special Sat. Performance

LosAltosRecreation.org or (650) 947-2790 for more information

June / Grant Park Soccer Field
 1575 Holt Ave

July / Hillview Soccer Field
 97 Hillview Ave

8 *Peninsula Symphony
 Symphony Magic at Dusk

11 Mercy & The Heartbeats
 70s to Now Dance Band

13 Aju Vu
 Steely Dan & Chicago Tribute

18 Pop Fiction
 Pop Dance Hits

20 Groove Foundation
 Top 40, R&B, Funk, Rock

25 House Rockers
 Rock & Soul

27 Sinister Dexter
 Horn-driven Funk & Soul

Los Altos Recreation Summer Concert Series



Hands Up for our Generous Sponsors

Bronze Birch SPONSORS



KAREN DRUKER



Brass Buckeye
 SPONSOR





CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

10 AM -
1 PM

JOIN US ON SELECT SATURDAYS
FOR TOTAL FAMILY FUN!

FREE!

FEBRUARY

10

SPORTS SPECTACULAR

APRIL

13

SPACE EXPLORATION

JUNE

8

DINOSAUR DISCOVERY

Games • Crafts • Movies • More



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



Meet-Up at Los Altos Summer Concert Kickoff

Calendar Date:

Thursday, June 13, 2024 - 5:00pm

Add to your calendar:

[Outlook \(iCal\)](#) [1] - [Google](#) [2]
[Back to calendar](#) [3]

Join Adult 50+ for an exclusive pre-concert experience. Registered participants will have access to a vibrant pre-concert ice cream social & coffee bar lounge hosted by the Adult 50+ Program. Comfortably savor your sweet treats as we prepare to enjoy the jazzy rock of Aja Vu.

Date: 6/13

Day: Thursday

Time: 5:00 – 6:30 pm

Age: 50+ Required to participate

Location: Grant Park Community Center – Multipurpose Room

Fee: Free, \$5 optional donation suggested

Advanced Registration Required, Sign Up Here: [Catalog - Los Altos Parks & Recreation \(rec1.com\)](#) [4]

Source URL: <https://www.losaltosca.gov/parksrec/page/meet-los-altos-summer-concert-kickoff>

Links

[1] <https://www.losaltosca.gov/calendar/ical/node/85367/calendar.ics> [2] <http://www.google.com/calendar/render?cid=webcal%3A//www.losaltosca.gov/calendar/ical/node/85367/calendar.ics> [3] <https://www.losaltosca.gov/calendar> [4] <https://secure.rec1.com/CA/LosAltosRecreation/catalog/index/f3a426f1d0db15e317796ae0143d4d9f?filter=c2VhcmNoPSZjYXRIZ29yeSU1QjMxOTcyJTVEPTE=>

International Yoga Day

Calendar Date:

Thursday, June 20, 2024 - 1:00pm

Add to your calendar:

[Outlook \(iCal\)](#) ^[1] - [Google](#) ^[2]
[Back to calendar](#) ^[3]

Join the Adult 50+ Program for a celebration of yoga! The gathering will feature Adult 50+ Program's volunteer instructor Vijay Dhir leading age-friendly yoga demonstrations, presentation & discussion, and a general celebration of the yoga lifestyle! Vijay will emphasize simple seated (chair yoga) adaptations to make yoga more age-friendly & inclusive!

Date: 6/20

Day: Thursday

Time: 1:00 - 2:00 PM

Location: Grand Oak - Los Altos Community Center

Source URL: <https://www.losaltosca.gov/parksrec/page/international-yoga-day>.

Links

[1] <https://www.losaltosca.gov/calendar/ical/node/85411/calendar.ics> [2] <http://www.google.com/calendar/render?cid=webcal%3A//www.losaltosca.gov/calendar/ical/node/85411/calendar.ics> [3] <https://www.losaltosca.gov/calendar>

Adult 50+ Mini Trip – Wells Fargo Museum & Ferry Building

Calendar Date:

Wednesday, August 7, 2024 - 10:00am

Add to your calendar:

[Outlook \(iCal\)](#) ^[1] - [Google](#) ^[2]

[Back to calendar](#) ^[3]



[4]

Located in the heart of San Francisco's financial district, the museum depicts Wells Fargo's important role in the California Gold Rush, San Francisco history, stagecoach travel in early California and the settlement of the American West. Participants will receive a short docent-led presentation highlighting the history of Wells Fargo and be given the chance to freely explore the museum with staff available for questions. Following the museum experience, participants will relocate by bus to the San Francisco Ferry Building for diverse no-host lunch options & window shopping. Moderate mobility will be required of participants.

Chartered Bus departs from and returns to the Los Altos Community Center.

Date: 8/7

Day: Wednesday

Time: 10 AM – 4:00 PM

Fee: \$61 fee* at [Catalog - Los Altos Parks & Recreation](#) ^[5]

or call the center at 650-947-2797 .



LOS ALTOS PARKS & RECREATION

REDWOOD GROVE SUMMER CAMP



ADVENTURE
THROUGH REDWOOD GROVE

**JUNE 17 -
AUGUST 5**

**REGISTER
HERE!**



**AGES
3.5 - 11
YEARS**



**OUTDOOR GAMES | STORYTELLING | MUSIC
CRAFTS | NATURED-BASED ACTIVITIES**

QUESTIONS?

(650) 947-2790

rec-info@losaltosca.gov

**Parks
Make
Life
Better!**





CITY OF LOS ALTOS

Parks & Recreation Department

Agenda Item 3.



WE'RE HIRING!

SUMMER RECREATION LEADERS

- CAMP COUNSELORS (RECREATION LEADERS I/II)
- CAMP DIRECTORS (RECREATION LEADER III)

JOIN OUR TEAM:

Looking for an exciting and fun summer job that allows you to make a difference in the lives of children? City of Los Altos is currently seeking experienced and enthusiastic camp counselors and directors to join our team and help create an unforgettable summer camp experience for our young campers!

apply
online
today!

Scan Me!



www.losaltosca.gov/jobs
hr@losaltosca.gov | 650-790-1790

**AGES
3.5 - 4
YEARS**

CAMP JELLY BEAN

Camp Jelly Bean is an introductory day camp specially designed for our youngest adventurers! This charming camp provides a natural and secure storybook setting for our littlest campers.



**6/17 - 6/21 | Sand & Surf
7/1 - 7/5 | Superheroes & Tutus
7/15 - 7/19 | Pirates & Princesses
7/29 - 8/2 | ABC Dinosaur**



WE'RE HIRING!

Current Opportunities

FULL TIME:

- ASSISTANT/ASSOCIATE ENGINEER
- POLICE OFFICER (TRAINEE, LATERAL, ACADEMY GRAD)

PART-TIME:

- SUMMER CAMP COUNSELOR
- SUMMER CAMP DIRECTOR
- RECREATION LEADER II (PICKLEBALL PROGRAM)
- FACILITY ATTENDANT
- ADULT 50+/SPORTS PROGRAM RECREATION LEADER II
- TEEN PROGRAM RECREATION LEADER II/III
- PART-TIME DISPATCHER

apply
online
today!

Scan Me!



www.losaltosca.gov/jobs

hr@losaltosca.gov

LOS ALTOS PARKS & RECREATION

BECOME A VOLUNTEER!




OPPORTUNITIES

- ✔ Adult 50+ Program
- ✔ Drop-in Pickleball
- ✔ Marketing Material Distribution
- ✔ Special Events

INTERESTED?

rec-info@losaltosca.gov 

(650) 947-2790 

LosAltosRecreation.org 

**Parks
Make
Life
Better!**





SENIOR COMMISSION AGENDA REPORT

Meeting Date: June 3, 2024

Subject: Age Friendly

Prepared by: Jaime Chew, Deputy Director

Initiated by: City Staff

Staff Recommendation

The staff recommends to receive the report.

Summary/Project Description:

Age Friendly Recertification Project

Fiscal Impact:

The Age Friendly recertification project will cost \$30K.

- Breakdown of funds to be used:
 - o \$30K General Fund
- Amount approved at mid-year by City Council on February 14, 2023

Background

At its regular meeting on June 28, 2011, the Senior Commission proposed that City Council consider applying, on behalf of Los Altos, to join the World Health Organization (WHO) Network of Age-Friendly Cities. City Council supported the efforts and directed the Senior Commission to draft the application for Council's review. Staff was directed to provide an estimate regarding the number of anticipated staff hours required during years 1 and 2 of the planning phase.

On September 27, 2011, City Council approved the Los Altos application to the WHO Network of Age-friendly Cities with an amendment that included the removal of the proposed Senior Commission recommendations from the application to allow the process to be more aspirational in nature.

On June 7, 2021, Anabel Pelham, PhD and Founding Director for the Center for Age-Friendly Excellence (CAFÉ), gave a presentation to the Senior Commission on Age-Friendly Community Sustainability Principles from Grantmakers in Aging. CAFÉ was created to capture all the knowledge, capacity, experience, expertise, and process to become an Age-Friendly City and is currently working with 21 cities. Dr. Pelham has works closely with the California AARP who assists with the process to create a 5-year Age-Friendly Action Plan, as required by the program. On December 6, 2021, the Senior Commission approved the recommendation to pursue Dr. Pelham and CAFÉ to assist the City of Los Altos to update its Age Friendly status and create an Action Plan for the WHO.



Subject: Age Friendly

On February 14, 2023, the Los Altos City Council approved the mid-year budget request of \$30K to fund the Age Friendly Recertification Project.

City staff met with CAFÉ on March 23, 2023, to discuss next steps. Dr. Pelham has recommended that the City of Los Altos conduct the American Association of Retired Persons (AARP) survey first to gain statistical data. This will provide metrics to compliment and compare the information to be gathered in the focus groups. City staff has already initiated outreach to AARP to start the process.

The Recertification Subcommittee met with Dr. Pelham on April 18, 2023, to learn about the recertification process and discuss next steps. In addition, City staff met with AARP representatives to discuss the survey process.

City staff submitted the application to AARP to set up the survey. The City's PIO team is currently working on an outreach plan to inform the Los Altos community of this opportunity to provide feedback.

Staff met with an AARP representative on August 3, 2023, to discuss the survey process. Staff had a follow up meeting with the AARP research and development team on August 31, 2023, to finalize the set up of the online survey link. The research and development team recommended a minimum target of 300 respondents with an ultimate goal of 500.

Staff received the live survey link from the AARP research and development team, and worked with the Public Information Officer (PIO) team to create and release a press announcement which was published in early November 2023. Since then, ad hoc subcommittees have shared and presented information to various community groups which include: cultural exchange group, Los Altos Community Center lunch group, Grant Park Community Center lunch group, and Rotary.

The survey was open through January 29, 2024. A total of 316 completed surveys were received – 248 online and 68 hard copy. Survey data was distributed to the Senior Commission in the April 8, 2024, meeting packet.

All 3 focus groups have been completed – Task Force, Senior Commission, and the community group identified by the Senior Commission. A Town Hall meeting was held on Thursday, May 23 at 1pm at the Los Altos Community Center in the Sequoia Room. There were approximately 35 community members in attendance.

Discussion/Analysis



Subject: Age Friendly

In mid-June, CAFÉ will conduct interviews with staff representing the following departments or services: City Manager, Development Services, Fire, Library, Parks & Recreation, Police, and Public Works. Completion of this task will mark the conclusion of the data collection phase.

The first draft of the action plan will be presented and reviewed by the Task Force in late September. The Senior Commission is anticipated to review the action plan at their October 7, 2024 meeting. City Council review and adoption is anticipated for November.

No discussion or analysis is required at this time. Staff recommendation is to receive the report.