



YOUTH COMMISSION REGULAR MEETING AGENDA

6:30 PM - Monday, November 06, 2023

Via Telephone/Video Conference and In Person

**Please Note: The Youth Commission will meet
via Telephone/Video Conference and In-Person:**

Telephone:1-669-444-9171 / Webinar ID: 869 1071 6289 / Passcode: 552421

https://losaltosca.gov.zoom.us/j/86910716289?pwd=hwmCsm-a-If9DoJLvpmkXAef3avHkg.CAk_7Jt4DAsIBZ0T

TO PARTICIPATE IN-PERSON: Members of the public may also participate in person by being present at the Teen Center located in the Juniper Room of the Los Altos Community Center located at 97 Hillview Ave, Los Altos, CA 940221.

TO PARTICIPATE VIA VIDEO: Follow the link above. Members of the public will need to have a working microphone on their device and must have the latest version of ZOOM installed (available at <https://zoom.us/download>). To request to speak, please use the “Raise hand” feature located at the bottom of the screen.

TO PARTICIPATE VIA TELEPHONE: Members of the public may also participate via telephone by calling the number listed above. To request to speak, press *9 on your telephone.

TO SUBMIT WRITTEN COMMENTS: Prior to the meeting, comments on matters listed on the agenda may be emailed to whanel@losaltosca.gov. Emails sent to this email address are sent to/received immediately by the City Council. Please include a subject line in the following format:

PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE

Correspondence submitted in hard copy/paper must be received by 2:00 PM on the day of the meeting to ensure distribution prior to the meeting. Correspondence received prior to the meeting will be included in the public record. Please follow this link for more information on submitting written comments:<https://www.losaltosca.gov/cityclerk/page/public-comments> .

Public testimony will be taken at the direction of the Chair, and members of the public may only comment during times allotted for public comments.

CALL MEETING TO ORDER

ESTABLISH QUORUM**PLEDGE ALLEGIANCE TO THE FLAG****CHANGES TO THE ORDER OF THE AGENDA****PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Youth Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "The Brown Act") items must first be noted on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve the Minutes of the Regular meeting of the October 2, 2023 meeting
2. **Work Plan:** Draft the Work Plan for the 2023/2024 year

INFORMATIONAL ITEMS**COMMISSION/SUBCOMMITTEE/STAFF REPORTS AND REQUESTS FOR POTENTIAL FUTURE AGENDA ITEMS****ADJOURNMENT****SPECIAL NOTICES TO THE PUBLIC**

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610. Please leave a voicemail should no one answer.

Agendas Staff Reports and some associated documents for City Council items may be viewed on the Internet at <https://www.losaltosca.gov/meetings>.

All public records relating to an open session item on this agenda, which are not exempt from disclosure pursuant to the California Public Records Act, and that are distributed to a majority of the legislative body, will be available for public inspection through the Commission Staff Liaison at the same time that the public records are distributed or made available to the legislative body.

If you wish to provide written materials, please provide them to the Commission Staff Liaison 3 days prior the scheduled meeting to ensure proper distribution and to be included with the public record.



YOUTH COMMISSION SPECIAL MEETING MINUTES

6:30 PM - Monday, September 11, 2023

Via Telephone/Video Conference and In Person

CALL MEETING TO ORDER

Liaison Will Hanel called the meeting to order at 6:40 pm.

ESTABLISH QUORUM

PRESENT: Chair Venkatraman, Vice Chair Vonk, Commissioners Dalal, Cao, Hatti, Dhakal, Bengani, Chen, Lever, Sobel

ABSENT: Commissioner Ma

PLEDGE ALLEGIANCE TO THE FLAG

CHANGES TO THE ORDER OF THE AGENDA

No changes were made.

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

None.

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve Draft Minutes from September 11, 2023

Public Comment: None.

Action: Chair Venkatraman motioned to approve the chair. Second by Commissioner Dalal to approve the minutes as is. A unanimous vote conducted by the commission.

2. **Presentation by HAERT:** Presentation by Happiness (Self) Awareness and Emotional Resilience Training and discussion of future workshops.

Public Comment: None.

Action: Bill and Barabra (CEO partners of HAERT) provided a presentation for the Youth Commission (what their company provides, discussion of workshop topics, etc.) Commission voted to work with and host workshops regarding teen mental health in January 2024. 7 topics were discussed and voted on to present as workshops; academic stress (received 7 votes), developing motivation (received 4 votes), & crisis survival (received 7 votes).

- 3. Commission and Commission Handbook Updates:** Presentation on the changes to Commissions and Commission Handbook.

Public Comment: None.

- 4. Brown Act:** Presentation on Brown Act Requirements.

Public Comment: None.

- 5. 2023/2024 Work Plan:** Continue drafting Work Plan for 2023/2024 School Year.

Public Comment: None.

Action: Commissioner Dalal motioned to create a subcommittee focusing on Public Engagement and Policy (PEP). Commissioner Dhakal seconded the motion; vote unanimous.

INFORMATIONAL ITEMS

- 6. Upcoming Events and Opportunities**

- Halloween Movie Night
- Family Fun Day

COMMISSION/SUBCOMMITTEE/STAFF REPORTS AND REQUESTS FOR POTENTIAL FUTURE AGENDA ITEMS

- N/A

ADJOURNMENT

Chair Venkatraman adjourned the meeting at 8:10 pm.