



## **SPECIAL SENIOR COMMISSION MEETING AGENDA**

**3:30 PM - Monday, January 09, 2023**

***Telephone/Video Conference Only***

**Please Note: Per California Executive Order N-29-20, the Senior Commission will meet via Telephone/Video Conference Only.**

**Telephone: 1-669-444-9171 / Meeting ID: 860 9064 5020**

Members of the Public may join and participate in the Senior Commission meeting at <https://losaltosca.gov.zoom.us/j/86090645020?pwd=M21kYlNKZ3c1UFhBUFdKvJjA1SWZLQT09>  
**Passcode: 694009**

**TO PARTICIPATE VIA VIDEO:** We have moved to **ZOOM!** Members of the public will need to have a working microphone on their device and must have the latest version of ZOOM installed (**available at <https://zoom.us/download>**). To request to speak, please use the "Raise hand" feature located at the bottom of the screen under the Reactions Icon.

**TO PARTICPATE VIA TELEPHONE:** Members of the public may also participate via telephone by calling the number listed above. To request to speak, press \*9 on your telephone.

**TO SUBMIT WRITTEN COMMENTS,** prior to the meeting, on matters listed on the agenda email [SCpubliccomment@losaltosca.gov](mailto:SCpubliccomment@losaltosca.gov) with the subject line in the following format:

**PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE.**

Emails sent to the above email address are sent to/received immediately by the Senior Commission. Correspondence submitted in hard copy/paper must be received by 2:00 p.m. on the day of the meeting to ensure it can be distributed prior to the meeting. Correspondence received prior to the meeting will be included in the public record.

*Public testimony will be taken at the direction of the Chair and members of the public may only comment during times allotted for public comments. Once called to speak, speakers will be asked to state their name and place of residence. Providing this information is optional.*

**CALL MEETING TO ORDER**

**ESTABLISH QUORUM**

**PLEDGE OF ALLEGIANCE**

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission

is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as “the Brown Act”) items must first be noticed on the agenda before any discussion or action.

### ITEMS FOR CONSIDERATION/ACTION

1. [Minutes: Approve minutes of the Senior Commission regular meeting of December 5, 2022](#)
2. **Outdoor Spaces and Buildings:** Receive update from Outdoor Spaces and Buildings Subcommittee (Basiji, Nagao) and take action as appropriate
3. [Transportation Subcommittee Recommendations: Discuss and recommend adjustments to the On the Move ride share program, and explore alternative shuttle options](#)
4. [2023 Senior Commission Meeting Schedule: Approve the 2023 Senior Commission meeting schedule](#)
5. [Work Plan: Review recommended FY 2022/23 Work Plan and Subcommittees](#)

### INFORMATIONAL ITEMS

6. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
  - A. Transportation (Basiji, O'Reilly)
  - B. Housing (O'Reilly, Basiji)
  - C. Social Participation (Buchholz, Cohen, Dixit) - no report
  - D. Respect and Social Inclusion (Buchholz, Cohen, Dixit) - no report
  - E. Civic Participation and Employment (Li)
  - F. Communication and Information (Basiji, Nagao)
  - G. Community Support and Health Care Services (Buchholz, Cohen)
7. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and City of Los Altos staff
8. [Flyers: Recieve informational flyers](#)

### COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

### ADJOURNMENT

#### SPECIAL NOTICES TO PUBLIC

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at [https://www.losaltosca.gov/meetings?field\\_microsite\\_tid\\_1=2321](https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321).

If you wish to provide written materials, please provide the Commission Staff Liaison with **10 copies** of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



**MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, DECEMBER 5, 2022 AT 3:30 P.M. WITH REMOTE ACCESS VIA ZOOM**

PRESENT: Chair Cohen, Vice Chair Li, Commissioners Basiji, Buchholz, Dixit, O'Reilly

ABSENT: Commissioner Nagao

LATE: None.

**CALL MEETING TO ORDER**

At 3:30 P.M., Chair Cohen called the meeting to order.

**ESTABLISH QUORUM**

**PLEDGE OF ALLEGIANCE**

**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

**ITEMS FOR CONSIDERATION/ACTION**

1. **Minutes:** Approve minutes of the Senior Commission regular meeting of November 7, 2022.

**Public Comment:** None.

**Action:** Upon a motion by Buchholz, seconded by Commissioner O'Reilly, the Commission approved the minutes of the meeting of November 7, 2022.

Approve: Chair Cohen, Vice Chair Li, Commissioners Buchholz, Dixit and O'Reilly.

Oppose: None.

Absent: Commissioner Nagao.

Abstention: Commissioner Basiji.

Motion passed unanimously: 5-0-1-1.

2. **Outdoor Spaces and Buildings:** Receive update from Outdoor Spaces and Buildings Subcommittee (Basiji, Nagao) and take action as appropriate.

**Public Comment:** None.

**Action:** Moved update to January.

3. **Housing Subcommittee Goals:** Receive update from Housing Subcommittee (Basiji, O'Reilly) and take action as appropriate.

**Public Comment:** Gary Hedden, announced the Los Altos Community Coalition (LACC) virtual

meeting scheduled for Friday December 16, 2022, 8:30 a.m.: Los Altos Housing Element – What’s Next? With Nick Zornes, Los Altos Development Services Director.

Join Zoom Meeting <https://us02web.zoom.us/j/86060832407>

Meeting ID: 860 6083 2407

One tap mobile +16699009128,,86060832407# US (San Jose)

**Action:** Upon a motion by Commissioner O’Reilly, seconded by Commissioner Buchholz, the Commission approved the following recommendations to be forwarded to City staff for consideration for the Housing Element...

- 1) City of Los Altos provide funds to assist low-income seniors with home maintenance, repairs and necessary adaptive modifications to their living spaces as they age in place.
- 2) Include a category of, “low-income seniors” in addition to, “low-income” that qualify for housing and rent assistance, in approved multifamily projects.
- 3) Collect data on low-income seniors, homeowners or renters, who are most likely to need services.
- 4) Reinstatement of the in-home repair program.

Approve: Chair Cohen, Vice Chair Li, Commissioners Basiji, Buchholz, Dixit, O’Reilly.

Oppose: None.

Absent: Commissioner Nagao.

Abstention: None.

Motion passed unanimously: 6-0-1-0

4. **Work Plan:** Review recommended FY 2022/23 Work Plan and Subcommittees.

**Public Comment:** None.

**Action:** Review Respect and Social Inclusion and Social Participation subcommittee assignments and update at the January meeting. Add sunshine calls to Community Support and Health Care Services to subcommittee assignments.

## INFORMATIONAL ITEMS

5. **Senior Membership:** Receive update from City of Los Altos staff

**Public Comment:** None

**Action:** Manager, Jaime Chew updated the Commission on the return of an Adult membership program including membership incentives in January, 2023. Commissioners recommended See’s Candies discount cards, copies and sunshine calls as membership incentives.

6. **Flyers:** Receive informational flyers

**Public Comment:** None.

**Action:** Received informational flyers.

## COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
  - A. Age Friendly City Recertification (Buchholz, Dixit, Li) – Received written and verbal report.
  - B. Transportation (Basiji, O’Reilly) – No report.
  - C. Social Participation (Buchholz, Cohen, Dixit) – No report.
  - D. Respect and Social Inclusion (Buchholz, Cohen, Dixit) – No report.
  - E. Civic Participation and Employment (Li)-No report.
  - F. Communication and Information (Basiji, Nagao) – Updated work plan assignments.
  - G. Community Support and Health Care Services (Buchholz, Cohen) – No report.
  
8. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and City of Los Altos staff.

**Public Comment:** None.

**Action:** Received informational flyers.

9. **Future Agenda Items:**
  - A. Age Friendly Talking Points
  - B. Subcommittee Reports –Outdoor spaces, buildings and transportation
  - C. January 2, 2023 meeting moved to January 9, 2023
  - D. Caregiver outreach support/referral/information
  - E. Sandwich generation

## **ADJOURNMENT**

At 4:50 P.M., Monday, November 7, 2022, Chair Cohen adjourned the meeting.

## AGE FRIENDLY TRANSPORTATION STATUS

### **Public Transportation**

Public Transportation options are limited for Los Altos/Los Altos Hills residents, typical of low density suburb communities.

While public transportation services that exist, provided by the Valley Transit Authority (VTA) are generally safe and affordable using modern equipment, coverage is limited and wait times are often long.

Many seniors depend upon personal automobiles for their daily needs. Paratransit VTA service is available for individuals with disabilities who cannot use public transport

### **Community Transportation**

The City of Los Altos has instituted an On Demand Ride Reimbursement Program. This program, available to seniors, provides full reimbursement of the cost of using ride sharing systems such as Uber and Lyft and also local taxi services. The service covers all of Los Altos and a number of Hospitals and clinics outside of the city limits.

Another local service is the El Camino Hospital Road Runners who provide door to door services and covers a limited geographical area.

### **Transportation Information**

Information regarding these services is made available through the City of Los Altos Parks and Recreation Department "Spotlight" newsletter and through periodic items in the local newspaper.

## RECOMMENDATIONS

### **Information**

Renew our efforts to publicize the On Demand Reimbursement Program.

### **Add Additional Services**

Our community transportation services described above do not meet all of our senior's needs since coverage beyond our city borders is limited.

We should consider:

- Expanding the outside range of our Reimbursement Program.

- Investigating the possibility of joining a neighboring shuttle service.

## On the Move (Ridecare Program)

Stay connected to your community!

Beginning July 1, 2019, the city of Los Altos provided a ride reimbursement program for participants of the Parks & Recreation Adult 50+ Program. This program was created to aid local mature adults in being more mobile within the Los Altos and Los Altos Hills community.

### Requirements for Reimbursement

To be eligible for ON THE MOVE ride reimbursement, you must meet ALL of the following criteria.

1. Ride services must take place between July 1, 2021 and June 30, 2023
2. You must **create an account** on CIVIC Rec.
3. This program is for ages 50 years and older.
4. Ride must begin and end within the city of Los Altos, Town of Los Altos Hills, El Camino Hospital Complex including North Dr., South Dr., Hospital Dr., and Solace Pl., Kaiser Mountain View (555 Castro St., Mountain View), Satellite Healthcare (247 El Camino Real, Mountain View), Palo Alto Medical Foundation in Palo Alto and Mountain View, Palo Alto VA Hospital and all VA associated facilities located on Miranda Ave. and Loop Road, Stanford Hospital and associated facilities on Jordan, Pasteur and Blake Wilber with no stops outside those areas.
5. Now accepting COVID-19 related trips and other trips that meet guidelines listed in #4.
6. You must use an on-demand ride company that can provide official verification of ride cost and transportation start and finish points.
7. Full cost of ride and up to \$3 driver gratuity will be reimbursed, any additional gratuity given will not be reimbursed.

### Process for reimbursement is as follows:

1. Complete reimbursement form.
2. Print a copy of ride receipt from your rider history.
3. Submit completed reimbursement form and ride receipt to the Parks & Recreation front office, 97 Hillview Avenue, Los Altos, CA 94022 (**within 90 days**). Make sure the ride receipt includes beginning and end points.
4. Consolidate reimbursements to one or two months at a time.
5. Wait for Approval by Recreation and Finance Departments.
6. Look for reimbursement in your mail (2-3 weeks).



# ON THE MOVE (RIDE CARE PROGRAM) REIMBURSEMENT FORM



Please mail receipts and this form to The Adult 50+ Program  
97 Hillview Avenue, Los Altos, CA 94022

Rider/Requester Information

Name: \_\_\_\_\_ Client # \_\_\_\_\_

Address: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

DATE	AMOUNT	RIDE COMPANY	ORIGIN (Address)	DESTINATION
TOTAL AMOUNT DUE				

- \*Please attach ride log receipts for amounts requested.
- \*Checks will be issued according to the Finance Department check run schedule.

Requester Signature \_\_\_\_\_

***Rider/Reimbursement requester acknowledges that the City of Los Altos is in no way affiliated with or working in conjunction with any on-demand ride service company. Rider/Reimbursement requester further acknowledges and agrees to hold harmless the City of Los Altos, its officers and employees against all liabilities, claims of liability, or loss (including attorneys' fees, court costs, and expenses) because of death, personal injury, or property damage arising or resulting from any On the Move ride requested through the On the Move ride reimbursement program, including death, personal injury, or property damage arising or resulting from the fault or negligence of any driver providing an on-demand ride or the on-demand ride service company.***

Department Approval \_\_\_\_\_

Senior Member Verification \_\_\_\_\_

# LOS ALTOS/LOS ALTOS HILLS

## 50+ PROGRAMS

Uber, Lyft, & Taxi  
Reimbursement Program  
(Homebound & Active)

# ON THE MOVE



# RIDECARE PROGRAM

Visit us at [LosAltosRecreation.org](http://LosAltosRecreation.org)  
(650) 947-2797

**Parks  
Make  
Life  
Better!**



## SENIOR COMMISSION AGENDA REPORT

**Meeting Date:** January 9, 2023

**Subject:** 2023 Senior Commission Meeting Schedule

**Prepared by:** Jaime Chew, Recreation manager

**Initiated by:** Staff

**Attachment(s):** None

### Staff Recommendation

The staff recommends approval of the 2023 Senior Commission meeting schedule

### Environmental Review:

Not applicable

### Summary:

- The Senior Commission regularly meets on the first Monday of each month at 3:30pm.

### Fiscal Impact:

None

### Background

The Senior Commission regularly meets on the first Monday of each month at 3:30pm.

### Discussion/Analysis

The proposed 2023 Senior Commission schedule can be referenced below.

Monday, January 2, 2023 – Cancelled due to observed holiday  
Monday, January 9, 2023 – Special Meeting  
Monday, February 6, 2023  
Monday, March 6, 2023  
Monday, April 3, 2023  
Monday, May 1, 2023  
Monday, June 5, 2023  
Monday, July 3, 2023 – Recommend cancellation due to holiday  
Monday, July 10, 2023 – Special Meeting  
Monday, August 7, 2023  
Monday, September 4, 2023 – Cancelled due to observed holiday  
Monday, September 11, 2023 – Special Meeting  
Monday, October 2, 2023  
Monday, November 6, 2023  
Monday, December 4, 2023

**SENIOR COMMISSION**  
**FY 2022-23 Work Plan (May 2022 to May 2023)**

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Recertify Los Altos as an Age-Friendly City	Action Plan	<ul style="list-style-type: none"> <li>Engage CAFÉ (Center for Age Friendly Excellence) to create an Action Plan to recertify as an Age-Friendly City.</li> </ul> <b>Subcommittee: Buchholz, Dixit, Li</b>	July 2022	Community Engagement	In progress
	Outdoor Spaces and Buildings	<ul style="list-style-type: none"> <li>Participate in Grant Park Master Plan committee.</li> <li>Recommend hot water, HVAC and electrical upgrade in Grant Park in the CIP budget.</li> <li>Work collaboratively with Parks &amp; Recreation to support senior use/age friendly programming in public areas.</li> <li>Plan joint meeting with Parks and Recreation Commission.</li> </ul> <b>Subcommittee: Basiji, Nagao</b>		Community Engagement	Pending Action Plan details
	Transportation	<ul style="list-style-type: none"> <li>Explore resources and options (transportation studies).</li> <li>Recommend (evaluate, check-in) ridesharing and reimbursement program improvements.</li> <li>Explore outreach strategies. Consider COVID impacts.</li> </ul> <b>Subcommittee: Basiji, O'Reilly</b>		Community Engagement	Pending Action Plan details
	Housing	<ul style="list-style-type: none"> <li>Understand local senior housing issues.</li> <li>Understand how other Commissions have addressed the housing needs of seniors.</li> <li>Advocate for senior housing needs/projects.</li> <li>Support senior elements in Los Altos Housing Element.</li> </ul> <b>Subcommittee: O'Reilly, Basiji</b>		Housing	Pending Action Plan details

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Maintain City/Town of Los Altos Age-Friendly status	Social Participation	<ul style="list-style-type: none"> <li>Reach isolated seniors not online.</li> <li>Partner with Parks &amp; Recreation Commission on Pop-Up Activities.</li> </ul> <p><b>Subcommittee: Buchholz, Dixit, Cohen</b></p>		Community Engagement	Pending Action Plan details
	Respect and Social Inclusion	<ul style="list-style-type: none"> <li>Reach isolated seniors not online and provide timely information.</li> <li>Address impacts of social isolation.</li> <li>Partner with Parks &amp; Recreation Commission on Pop-Up Activities.</li> </ul> <p><b>Subcommittee: Buchholz, Cohen, Dixit</b></p>		Community Engagement	Pending Action Plan details
	Civic Participation and Employment	<ul style="list-style-type: none"> <li>Raise awareness regarding age discrimination in the workforce.</li> <li>Attract more employers while keeping the village feeling.</li> </ul> <p><b>Subcommittee: Li</b></p>		Community Engagement	Pending Action Plan details
	Communication and Information	<ul style="list-style-type: none"> <li>Develop strategies to promote senior programs and facilities including grassroots marketing.</li> <li>Widely distribute Spotlight newsletter and flyers.</li> <li>Meet with Marketing/Recreation staff.</li> </ul> <p><b>Subcommittee: Basiji, Nagao</b></p>		Community Engagement	Pending Action Plan details
	Community Support and Health Care Services	<ul style="list-style-type: none"> <li>Plan for next endemic and boosters.</li> <li>Keep those not on social media or using technology informed.</li> <li>Support sunshine calls</li> </ul> <p><b>Subcommittee: Buchholz, Cohen</b></p>		Community Engagement	Pending Action Plan details

# TECHNOLOGY FOR SENIORS

Saturday, January 14, 2023

Need a tutorial on technology? Community volunteers are joining forces to answer your questions. For more information and to register [losaltoshills.ca.gov/techtutoring](https://losaltoshills.ca.gov/techtutoring).

Led by the Los Altos Hills Youth Commission



Agenda Item 8.

# CHESS

COMMUNITY EXPO



[losaltoshills.ca.gov](https://losaltoshills.ca.gov)

**SATURDAY**

JANUARY, 21 2023

**9:00 - 11:30 AM**

LOS ALTOS HILLS TOWN HALL



# Senior Scam Stoppers



The Contractors State License Board (CSLB), Department of Consumer Affairs; California Department of Financial Protection & Innovation (DFPI); and the California Department of Insurance will be teaming up with our own Santa Clara County Sheriff to deliver pertinent information to keep our residents safe and scam-free! For more information about Senior Scam Stoppers visit [www.cslb.ca.gov/consumers/senior\\_scam\\_stoppers/](http://www.cslb.ca.gov/consumers/senior_scam_stoppers/).

**Date:** 1/11

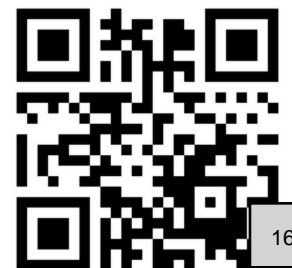
**Day:** Wednesday

**Time:** 11:00 am - Noon

**Location:** Virtual Meeting, SCAN QR

or call 650-947-2506 for more information.

**Fee:** Free





# TED<sup>x</sup> Los Altos Hills

**x** = independently organized TED event



[tedxlosaltoshills.com](https://tedxlosaltoshills.com)

JOIN US IN THIS INAUGURAL  
TEDXLOSALTOSHILLS TO HEAR  
IDEAS WORTH SPREADING TO  
IMPROVE OUR COMMUNITY.  
WE AIM TO CREATE THE  
DIALOGUE AMONG RESIDENTS,  
COMMUNITY LEADERS, AND  
PARTNERS TO CATALYZE CHANGE.

## **POWER OF** Creativity & Innovation in Silicon Valley

**January 28th, 2023**

**2:00 - 5:00 pm**

**Los Altos Hills Town Hall**

Ticket and information: [www.TEDxLosAltosHills.com](https://www.TEDxLosAltosHills.com)

# Chamber Music Concert

Agenda Item 8.



**Telegraph Quartet**, an internationally recognized ensemble, brings a uniquely intimate and immersive concert experience to Los Altos Hills. The ensemble has devoted their lives to chamber music and is eager to share this performance with the people of Los Altos Hills.

**Date:** Sunday, February 12th  
**Time:** 7:00 - 8:30 pm

**Location:** Los Altos Hills Town Hall  
**Fee:** \$20 at [losaltoshills.ca.gov/register](https://losaltoshills.ca.gov/register)