



SENIOR COMMISSION MEETING AGENDA

3:30 PM - Monday, March 06, 2023

Los Altos Community Center, Sequoia Room

Please Note: The Senior Commission will meet in person as well as via Telephone/Video Conference

Telephone: 1-669-444-9171 / Meeting ID: 818 0891 3468

Members of the Public may join and participate in the Senior Commission meeting at
<https://losaltosca-gov.zoom.us/j/81808913468?pwd=VUxaK08wR05qN2Y4VUxtNU5YeVVpQT09>

Passcode: 423291

TO PARTICIPATE IN-PERSON: Members of the public may also participate in person by being present at the Los Altos Community Center Sequoia Room located at 97 Hillview Avenue, Los Altos, CA 94022

TO PARTICIPATE VIA VIDEO: Follow the link above. Members of the public will need to have a working microphone on their device and **must have the latest version of ZOOM installed** (available at <https://zoom.us/download>). To request to speak, please use the “Raise hand” feature located at the bottom of the screen under the Reactions Icon.

TO PARTICPATE VIA TELEPHONE: Members of the public may also participate via telephone by calling the number listed above. To request to speak, press *9 on your telephone.

TO SUBMIT WRITTEN COMMENTS, prior to the meeting, comments on matters listed on the agenda may be emailed to **SCpubliccomment@losaltosca.gov**. Emails sent to this email address are sent to/received immediately by the Senior Commission. Please include a subject line in the following format:

PUBLIC COMMENT AGENDA ITEM ## - MEETING DATE.

Correspondence submitted in hard copy/paper must be received by 2:00 p.m. on the day of the meeting to ensure it can be distributed prior to the meeting. Correspondence received prior to the meeting will be included in the public record.

Public testimony will be taken at the direction of the Chair and members of the public may only comment during times allotted for public comments. Once called to speak, speakers will be asked to state their name and place of residence. Providing this information is optional.

ESTABLISH QUORUM

CALL MEETING TO ORDER

PLEDGE OF ALLEGIANCE**PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA**

Members of the audience may bring to the Commission's attention any item that is not on the agenda. Please complete a "Request to Speak" form and submit it to the Staff Liaison. Speakers are generally given two or three minutes, at the discretion of the Chair. Please be advised that, by law, the Commission is unable to discuss or take action on issues presented during the Public Comment Period. According to State Law (also known as "the Brown Act") items must first be noticed on the agenda before any discussion or action.

ITEMS FOR CONSIDERATION/ACTION

1. [Minutes: Approve minutes of the Senior Commission regular meeting of February 6, 2023](#)
2. [Work Plan: Review recommended FY 2022/23 Work Plan and Subcommittees](#)

INFORMATIONAL ITEMS

3. [Age Friendly: Receive update from City staff](#)
4. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
 - A. Age Friendly City Recertification (Buchholz, Li)
 - B. Outdoor Spaces and Buildings (Basiji, Nagao)
 - C. Transportation (Basiji, O'Reilly)
 - D. Housing (Basiji, O'Reilly)
 - E. Social Participation (Buchholz, Cohen)
 - F. Respect and Social Inclusion (Buchholz, Cohen)
 - G. Civic Participation and Employment (Li)
 - H. Communication and Information (Basiji, Nagao)
 - I. Community Support and Health Care Services (Buchholz, Cohen)
5. **Staff Oral Reports:** Receive information and announcements from Town of Los Altos Hills and City of Los Altos staff
6. [Flyers: Recieve informational flyers](#)
7. [Senior Services Roadmap: Requested and received by the Senior Commission](#)

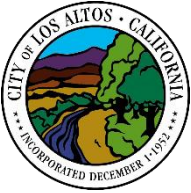
COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS**ADJOURNMENT****SPECIAL NOTICES TO PUBLIC**

In compliance with the Americans with Disabilities Act, the City of Los Altos will make reasonable arrangements to ensure accessibility to this meeting. If you need special assistance to participate in this meeting, please contact the City Clerk 72 hours prior to the meeting at (650) 947-2610.

Agendas, Staff Reports and some associated documents for Senior Commission items may be viewed on the Internet at https://www.losaltosca.gov/meetings?field_microsite_tid_1=2321.

If you wish to provide written materials, please provide the Commission Staff Liaison with **10 copies** of any document that you would like to submit to the Commissioners in order for it to become part of the public record.

For other questions regarding the meeting proceedings, please contact the City Clerk at (650) 947-2720.



MINUTES OF THE REGULAR MEETING OF THE SENIOR COMMISSION OF THE CITY OF LOS ALTOS AND TOWN OF LOS ALTOS HILLS, HELD ON MONDAY, FEBRUARY 6, 2023 AT 3:30 P.M. WITH REMOTE ACCESS VIA ZOOM

PRESENT: Chair Cohen, Vice Chair Li, Commissioners Buchholz, Dixit, O'Reilly.

ABSENT: Commissioners Basiji and Nagao.

LATE: None.

CALL MEETING TO ORDER

At 3:30 P.M., Chair Cohen called the meeting to order.

ESTABLISH QUORUM

PLEDGE OF ALLEGIANCE

PUBLIC COMMENTS ON ITEMS NOT ON THE AGENDA

ITEMS FOR CONSIDERATION/ACTION

1. **Minutes:** Approve minutes of the Senior Commission regular meeting of December 5, 2022.

Public Comment: None.

Action: Upon a motion by Vice Chair Li, seconded by Commissioner Buchholz, the Commission approved the minutes of the special meeting of January 9, 2023.

Approve: Chair Cohen, Vice Chair Li, Commissioners Buchholz, Dixit and O'Reilly.

Oppose: None.

Absent: Commissioners Basiji and Nagao.

Abstention: None.

Motion passed unanimously: 5-0-2-0.

2. **Sunshine Calls:** Discuss support and/or options for sunshine calls and take action as appropriate.

Public Comment: None.

Action: Discussed support and options for sunshine calls.

3. **Work Plan:** Review recommended FY 2022/23 Work Plan and Subcommittees.

Public Comment: None.

Action: Reviewed recommended FY 2022/23 Work Plan and Subcommittees.

INFORMATIONAL ITEMS

4. **Grant Park Current Programming:** Receive update from Adult 50+ staff.

Public Comment: None.

Action: Received update from Adult 50+ staff.

5. **Grant Park Improvements:** Receive update from City staff.

Public Comment: None.

Action: Received update from City staff.

6. **Flyers:** Receive informational flyers.

Public Comment: None.

Action: Received informational flyers.

COMMISSION/SUBCOMMITTEE/STAFF ORAL REPORTS AND REQUESTS FOR FUTURE AGENDA ITEMS

7. **Commission/Subcommittee Reports:** Receive updates from Commission/Subcommittees
- A. Age Friendly City Recertification (Buchholz, Dixit, Li) – No report.
 - B. Outdoor Spaces and Buildings (Basiji, Nagao) – No report.
 - C. Transportation (Basiji, O'Reilly) – No report.
 - D. Housing (O'Reilly, Basiji) – No report.
 - E. Social Participation (Buchholz, Cohen, Dixit) - No report.
 - F. Respect and Social Inclusion (Buchholz, Cohen, Dixit) - No report
 - G. Civic Participation and Employment (Li) – No report.
 - H. Communication and Information (Basiji, Nagao) – Verbal report.
 - I. Community Support and Health Care Services (Buchholz, Cohen) - No report.

Public Comment: None.

Action: Received updates from Commission/Subcommittees.

8. **Staff Oral Reports:** Received information and announcements from Town of Los Altos Hills and City of Los Altos staff.

Public Comment: None.

Action: Received information and announcements from Town of Los Altos Hills and City of Los Altos staff.

9. **Future Agenda Items:**

- A. Future Use/Programming at Grant Park
- B. Age Friendly Cities funding
- C. Physical meeting layout

ADJOURNMENT

At 4:36 P.M., Monday, February 6, 2023, Chair Cohen adjourned the meeting.

SENIOR COMMISSION
FY 2022-23 Work Plan (May 2022 to May 2023)

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Recertify Los Altos as an Age-Friendly City	Action Plan	<ul style="list-style-type: none"> Engage CAFÉ (Center for Age Friendly Excellence) to create an Action Plan to recertify as an Age-Friendly City. Subcommittee: Buchholz, Li	July 2022	Community Engagement	In progress
	Outdoor Spaces and Buildings	<ul style="list-style-type: none"> Participate in Grant Park Master Plan committee. Recommend hot water, HVAC and electrical upgrade in Grant Park in the CIP budget. Work collaboratively with Parks & Recreation to support senior use/age friendly programming in public areas. Plan joint meeting with Parks and Recreation Commission. Subcommittee: Basiji, Nagao		Community Engagement	Pending Action Plan details
	Transportation	<ul style="list-style-type: none"> Explore resources and options (transportation studies). Recommend (evaluate, check-in) ridesharing and reimbursement program improvements. Explore outreach strategies. Consider COVID impacts. Subcommittee: Basiji, O'Reilly		Community Engagement	Pending Action Plan details
	Housing	<ul style="list-style-type: none"> Understand local senior housing issues. Understand how other Commissions have addressed the housing needs of seniors. Advocate for senior housing needs/projects. Support senior elements in Los Altos Housing Element. Subcommittee: O'Reilly, Basiji		Housing	Pending Action Plan details

Goal	Projects	Assignments	Target Date	City Priority related to	Status
Maintain City/Town of Los Altos Age-Friendly status	Social Participation	<ul style="list-style-type: none"> Reach isolated seniors not online. Partner with Parks & Recreation Commission on Pop-Up Activities. Subcommittee: Buchholz, Cohen		Community Engagement	Pending Action Plan details
	Respect and Social Inclusion	<ul style="list-style-type: none"> Reach isolated seniors not online and provide timely information. Address impacts of social isolation. Partner with Parks & Recreation Commission on Pop-Up Activities. Subcommittee: Buchholz, Cohen		Community Engagement	Pending Action Plan details
	Civic Participation and Employment	<ul style="list-style-type: none"> Raise awareness regarding age discrimination in the workforce. Attract more employers while keeping the village feeling. Subcommittee: Li		Community Engagement	Pending Action Plan details
	Communication and Information	<ul style="list-style-type: none"> Develop strategies to promote senior programs and facilities including grassroots marketing. Widely distribute Spotlight newsletter and flyers. Meet with Marketing/Recreation staff. Subcommittee: Basiji, Nagao		Community Engagement	Pending Action Plan details
	Community Support and Health Care Services	<ul style="list-style-type: none"> Plan for next endemic and boosters. Keep those not on social media or using technology informed. Support sunshine calls Subcommittee: Buchholz, Cohen		Community Engagement	Pending Action Plan details



SENIOR COMMISSION AGENDA REPORT

Meeting Date: March 6, 2023

Subject: Age Friendly

Prepared by: Jaime Chew, Recreation Manager

Initiated by: City Staff

Staff Recommendation

The staff recommends to receive the report

Summary/Project Description:

Age Friendly Recertification Project

Fiscal Impact:

The Age Friendly recertification project will cost \$30K.

- Breakdown of funds to be used:
 - o \$30K General Fund
- Amount approved at mid-year by City Council on February 14, 2023

Background

At its regular meeting on June 28, 2011, the Senior Commission proposed that City Council consider applying, on behalf of Los Altos, to join the World Health Organization (WHO) Network of Age-Friendly Cities. City Council supported the efforts and directed the Senior Commission to draft the application for Council's review. Staff was directed to provide an estimate regarding the number of anticipated staff hours required during years 1 and 2 of the planning phase.

On September 27, 2011, City Council approved the Los Altos application to the WHO Network of Age-friendly Cities with an amendment that included the removal of the proposed Senior Commission recommendations from the application to allow the process to be more aspirational in nature.

On June 7, 2021, Anabel Pelham, PhD and Founding Director for the Center for Age-Friendly Excellence (CAFÉ), gave a presentation to the Senior Commission on Age-Friendly Community Sustainability Principles from Grantmakers in Aging. CAFÉ was created to capture all the knowledge, capacity, experience, expertise, and process to become an Age-Friendly City and is currently working with 21 cities. Dr. Pelham has works closely with the California AARP who assists with the process to create a 5-year Age-Friendly Action Plan, as required by the program.



Subject: Age Friendly

On December 6, 2021, the Senior Commission approved the recommendation to pursue Dr. Pelham and CAFÉ to assist the City of Los Altos to update its Age Friendly status and create an Action Plan for the WHO.

On February 14, 2023, the Los Altos City Council approved the mid-year budget request of \$30K to fund the Age Friendly Recertification Project.

Discussion/Analysis

Upon approval of the mid-year budget request, City staff has engaged Dr. Pelham and CAFÉ to execute a professional services agreement to facilitate CAFÉ coordinating the City of Los Altos' efforts to create an action plan to recertify as an Age Friendly City for the WHO. City staff is also working on the project timeline.



CITY OF LOS ALTOS ADULT 50+ PROGRAM

PREMIERE PASSPORT MEMBERSHIP

MEMBERSHIP PERKS

- ✓ Free Sports Program
- ✓ Free Equipment Loan Program
- ✓ Free Drop-In Programs
- ✓ Discounts on Events/Programs
- ✓ More!

\$48/year
RESIDENTS & NON-RESIDENTS

Register online at LosAltosRecreation.org



Questions? Call the Adult 50+ Program at (650) 947-2797

PREMIERE PASSPORT MEMBERSHIP PERKS

The City of Los Altos Adult 50+ Program is excited to introduce the Premiere Passport Membership. Check out what's included below!

EQUIPMENT LOAN PROGRAM

- ✓ Pickleball @ Grant Park
- ✓ Mah Jongg Sets @ Grant + LACC
- ✓ DMV Packets @ Grant + LACC
- ✓ Bocce Ball @ LACC

EQUIPMENT LOAN PROGRAM

- ✓ Indoor Pickleball @ Egan Gym
- ✓ Members Pickleball @ Grant
- ✓ Ping Pong @ LACC + Grant
- ✓ Bocce Ball @ LACC

OTHER

- ✓ Member Meet-Ups
- ✓ Free Birthday Lunch
- ✓ Free 3rd Thursday Movie Admission

DISCOUNTS

- ✓ Adult 50+ Classes
- ✓ Special Events
- ✓ Discounted SEE's Gift Certificates

NOTARY SERVICES

- ✓ Discounted Notary Services*
 - \$2 per signature for members

*Services are by appointment only.
Available on Thursdays, between 9 AM - 12 PM.



Questions? Call the Adult 50+ Program at (650) 947-2797



CITY OF LOS ALTOS PARKS & RECREATION PRESENTS

Parks
Make
Life
Better!

Family Fun Days

AT THE LOS ALTOS COMMUNITY CENTER
CO-SPONSORED BY THE FRIENDS OF THE LIBRARY OF LOS ALTOS

FREE!

10 AM -
1 PM

JOIN US FOR THEMED FAMILY FUN!

MARCH

4

CELEBRATING
STORY BOOKS



MAY

20

FLOWER POWER



JUNE

17

SUMMER KICKOFF

Games • Crafts • Movies • And More.



97 Hillview Avenue
(650) 947-2790 | LosAltosRecreation.org



CITY OF LOS ALTOS
PARKS & RECREATION

RAIN
OR SHINE

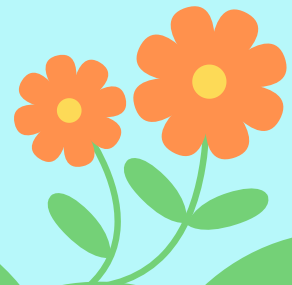
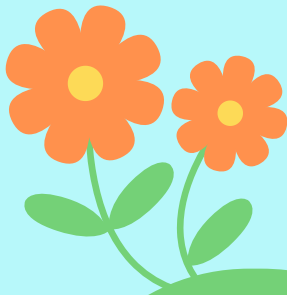
Agenda Item 6.

FREE
ENTRY

SPRING • EGG HUNT •

SATURDAY
APRIL 8

CO-SPONSORED
BY THE FRIENDS
OF THE LIBRARY



9:30 AM

CARNIVAL GAMES

10:00 AM

EGG HUNT BEGINS

10:20 AM

**PERFORMANCE BY
ANDY Z**

BRING YOUR OWN BASKET, 5 EGGS MAXIMUM

AGES: WALKING TO 10 YEARS

**Parks
Make
Life
Better!**

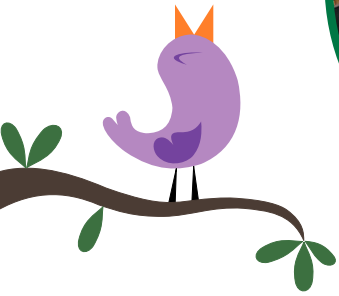
**Hillview Soccer Field
97 Hillview Ave.**

**rec-info@losaltosca.gov
(650) 947-2790**



NOW HIRING! APPLY TODAY

LEAD OUR CAMPERS IN
CRAFTS, GAMES, AND
NATURE-BASED ACTIVITIES



CAMP DIRECTOR

(RECREATION LEADER III)

MUST BE 18+ TO APPLY

\$18.75 - \$21.75*

RECREATION LEADER I/II

MUST BE 16+ TO APPLY

STARTING \$17.20*

*PAY BASED ON EXPERIENCE

SCAN ME



ADDED BONUS: FREE CPR TRAINING

APPLY ONLINE AT [LOSALTOSCA.GOV/HR](https://www.losaltosca.gov/hr)

FOR MORE INFO: (650) 947-2790 OR REC-INFO@LOSALTOSCA.GOV

**Parks
Make
Life
Better!**

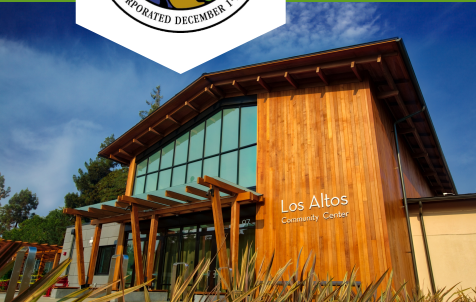




CITY OF LOS ALTOS

Parks & Recreation Department

Agenda Item 6.



WE'RE HIRING!

Current Opportunities

- FACILITY ATTENDANT
- PRESCHOOL TEACHER I/II
- RECREATION LEADER II (ADULT 50+)
- RECREATION LEADER I/II (SUMMER CAMPS)
- RECREATION LEADER III - CAMP DIRECTOR (SUMMER CAMPS)

apply
online
today!



SCAN ME

www.losaltosca.gov hr@losaltosca.gov

Drive-Thru Shred Event

Agenda Item 6.

SECURE, CONVENIENT, AND ENVIRONMENTALLY RESPONSIBLE

Available to help residents responsibly destroy confidential documents. Residents are invited to bring up to 5 standard file boxes or paper bags of documents to shred.
100% of the shredded paper is **recycled**.

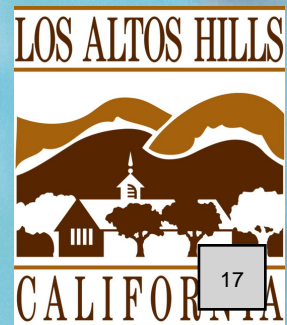
Date: 3/18

Day: Saturday

Time: 8:00 – 11:00am (or until truck is full)

Location: Town Hall Parking Lot

Fee: Free



CHESS

COMMUNITY EXPO

SATURDAY

MARCH, 18 2023

2:00 - 4:00 PM

LOS ALTOS HILLS TOWN HALL



Chamber Music Concert

Agenda Item 6.



Telegraph Quartet, an internationally recognized ensemble, brings a uniquely intimate and immersive concert experience to Los Altos Hills. The ensemble has devoted their lives to chamber music and is eager to share this performance with the people of Los Altos Hills.

Date: Friday, March 31st
Time: 7:30 - 9:30 pm

Location: Los Altos Hills Town Hall
Fee: \$20 at losaltoshills.ca.gov/register

Hoppin' Hounds

Biscuit Hunt



Learn more at



losaltoshills.ca.gov/register

Saturday, April 8

9:00-10:30 AM

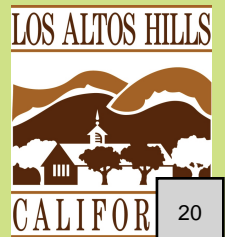
It's the twentieth annual Hoppin' Hounds Biscuit Hunt! You and your dog will hunt through Byrne Preserve in search of dog-healthy treats.

\$10 per entry to support Pets In Need's Palo Alto Animal Shelter.

Byrne Preserve at Westwind Community Barn

27210 Altamont Road, Los Altos Hills

For more info, contact 650-947-2518
or srobustelli@losaltoshills.ca.gov
losaltoshills.ca.gov/register



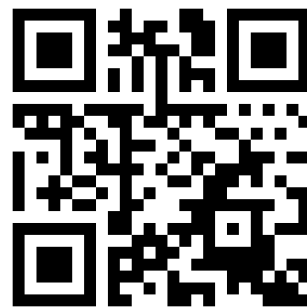
PATHWAYS RUN/WALK

Saturday, May 13th, 9:00 am
Westwind Community Barn



This annual event begins at the Westwind Community Barn, travels through the Byrne Preserve and extends into the Los Altos Hills Pathways system. The run features a hilly and challenging 5K and 10K Pathways Run/Walk, plus a 1-Mile Fun Run. To learn more visit the event website at lahpathwaysrun.org.

SIGN UP TODAY



losaltoshills.ca.gov/register



LAHPATHWAYSRUN.ORG
650-947-2506
srobustelli@losaltoshills.ca.gov



2023 Theme:
RUN WILD!



Senior Services Roadmap for Los Gatos

A Report Prepared for the Town of Los Gatos
by request of the Town Council



January 30, 2023

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Senior Services Roadmap for Los Gatos

A Report Prepared for the Town of Los Gatos
by request of the Town Council

Senior Services Committee

- Tom Picraux, Senior Community Leader, Chair
- Maureen Heath, Senior Community Leader, Vice Chair
- Matthew Hudes, Council Member
- Rob Rennie, Council Member & Mayor (Sept. 2021 - Apr. 2022)
- Maria Ristow, Mayor & Council Member (Apr. 2022 – Jan. 2023)
- Nancy Pearson, Service Clubs (Kiwanis)
- Catherine Somers, Los Gatos Chamber of Commerce
- Kathy Mlinarich, Service Provider (Live Oak Nutrition)
- Lisa Lenoci, Service Provider (Live Oak Adult Daycare)
- Diana Miller, County Department of Aging Representation
- Brennan Phelan, El Camino Hospital
- Dick Konrad, CHSSC (Chair in 2022)
- George Rossmann, CHSSC (Chair in 2021)
- Maia Bernholz/Arshia Mathur, CHSSC Youth Representatives
- Eleanor Yick, CHSSC Member
- Jeff Blum, CHSSC Member
- Pradeep Khanal, CHSSC Member
- Arn Andrews, Assistant Town Manager, Town Liaison

January 30, 2023



Executive Summary

The Senior Services Committee was created by the Town Council to study the needs of the older adult community. Issues laid bare by the pandemic and identified by the Community Health and Senior Services Commission (CHSSC) motivated this initiative. This Committee of stakeholders, including two Councilors and chair of CHSSC, was asked to prepare a roadmap for senior services, including a long-term vision and strategic plan. Over the past 15 months the Committee conducted extensive data gathering and outreach, including a survey of older households, stakeholder workshops, benchmarking of peer cities, and extensive engagement.

This Roadmap provides a 10-year plan for revitalizing senior services for the community at-large in an age-friendly Los Gatos. Our vision is to create a community where older adults are engaged, valued and provided equitable opportunities to thrive in an environment that protects against isolation and promotes inclusion. Based on data, community input, and analysis, seven goals were chosen to achieve this vision:

- 1) Appealing & Inviting Facility (renovate or build);
- 2) Core Senior Services;
- 3) Communication & Engagement;
- 4) Volunteer Support & Engagement,
- 5) Enhanced Transportation Options for Older Adults;
- 6) Senior Housing – Information on Approaches & Options;
- 7) Integrated Governance, Funding, & Accountability.

One, three, and 10-year activities were developed for each area as well as specific projects with milestones. By addressing these in priority order the goals can be achieved with sustainable Town investment and by engaging dedicated, talented members of our community. Significant leverage will be gained through community fundraising, volunteer engagement and government/foundation grants. At the end of 10 years our population of 55+ adults is anticipated to be nearly 1/3 of our Town. Our goal is to move from a Town with one of the regionally lowest, least-coordinated efforts for senior services to a thriving age-friendly Town where older adults provide substantial contributions and support. First steps to achieve these long-term objectives are:

- Engage Town commissions and boards to support Roadmap goals:
 - CHSSC (Communications & Engagement, Roadmap Tracking, Annual Assessment)
 - CSTC (Transportation Options for Older Adults)
 - Parks (Community Garden)
 - Other Commissions or Boards as appropriate
- Sustainably support core senior services:
 - Town: social, educational, healthy living activities provided by LGS Recreation;
 - Community: grants to services (Live Oak Nutrition, WVCS, re-establish Adult Day Care, etc.);

- Create an Age-Friendly Coordinator position (0.2 FTE) as the central point of contact for coordination of Town and community older adult services, initiatives, and accountability.
- Recognize and encourage community-lead efforts to enhance support for senior services, including a planned 501(c)3 nonprofit Foundation (Friends of Los Gatos Seniors) to raise funds for senior programs and for a community facility with space for senior activities.
- Transition from planning to action by engaging the Senior Services Committee to assist the Town in publicizing and jump-starting year 1 projects and then sunset the Committee in 2023.

Other first year objectives include to engage volunteers and community organizations, and to enhance accountability by an annual assessment, and inventory senior housing opportunities.

Our study of peer cities indicates that this community Roadmap for senior services can bring substantial benefit to the Town of Los Gatos. The experience of Saratoga, Palo Alto, and Morgan Hill demonstrates that developing a robust senior services program through a city-community partnership can significantly increase resources for older adult programs without substantially increasing the cost to the city and with the benefits extending to all residents.

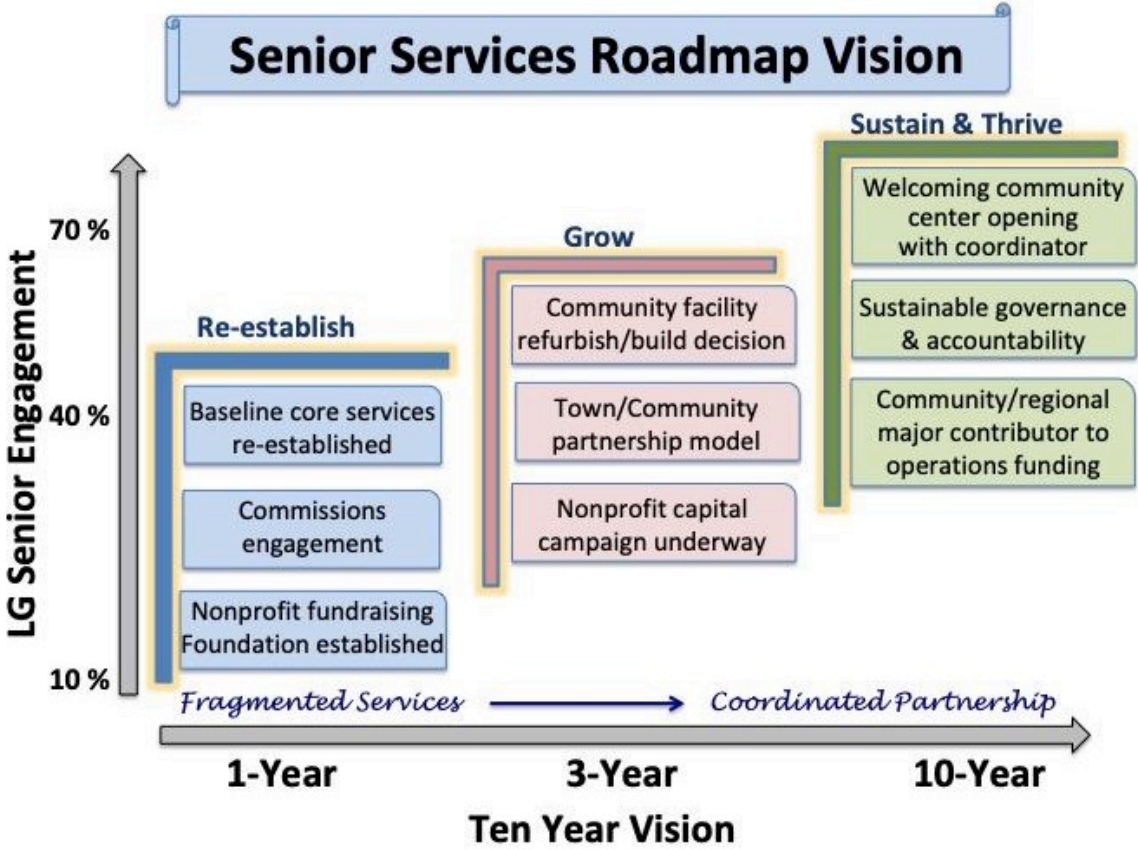
Overview

This section provides a high level overview of the Senior Services Roadmap for the Los Gatos community at large and the essential first steps required in year one to achieve the Roadmap’s 10 year vision. It is a community plan, recognizing that the Town cannot provide all services.

Roadmap 1-3-10 Year Vision

The 1-3-10 year goals of the Roadmap supports the vision for Los Gatos fully participating as an age-friendly community.

Our Roadmap for Senior Services vision includes a transition from fragmented services to a coordinated partnership, including greater older adult community engagement over the one-three-ten year period.



Year One Implementation

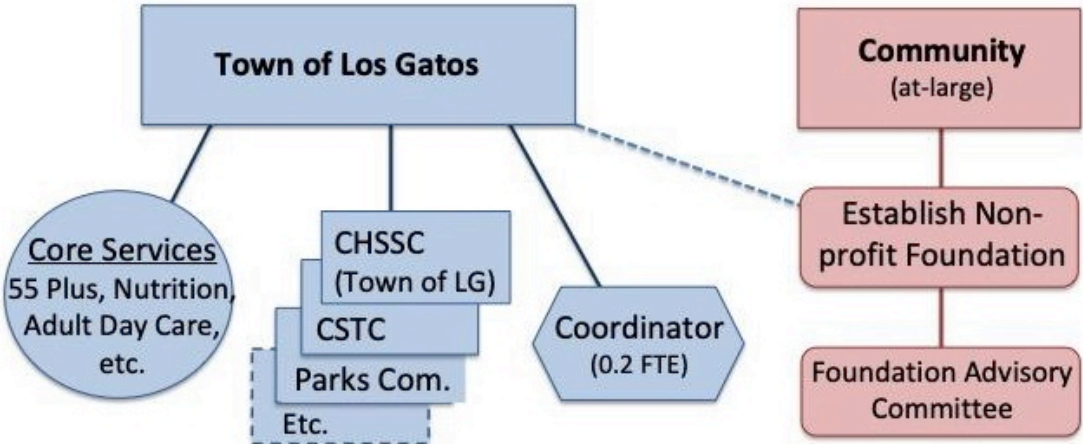
Much progress has been made over the last 15 months in planning, engaging the older adult population, and in gaining the enthusiastic support of community leaders. For this progress to not be lost there are several steps that the Committee recommends the Town Council take. Consistent with the Town’s current financial environment these near term steps have been tailored to require limited financial investment to sustain the effort while beginning to put in place the community structure needed for future senior services support at the local, regional,

and state level. Our benchmarking studies have shown that resources supporting senior programs and facilities can be greatly increased through such community efforts that serve to supplement limited municipal resources. These resource additions will be essential to achieve the 10 year vision of the Roadmap. Key steps requested of the Town Council to achieve this progress are:

- 1) Engage commissions and ad hoc committees in support of the Roadmap goals (e.g., CHSSC for increased communication and engagement, CSTC for senior transportation, Parks Commission for Community Garden, etc.);
- 2) Sustainably support core senior services:
 - Town: social, educational, healthy living activities provided by LGS Recreation,
 - Community: grants to services (Live Oak Nutrition, WVCS, re-establish Adult Day Care, etc.);
- 3) Create an Age-Friendly Coordinator position (0.2 FTE) as the central point of contact for coordination of Town and community older adult services, initiatives, and accountability;
- 4) Recognize and encourage community-lead efforts to enhance senior services support, including a planned 501(c)3 nonprofit Foundation, Friends of Los Gatos Seniors, to raise funds for senior programs and a community facility with space for senior activities.;
- 5) Transition from planning to action by engaging the Senior Services Committee to jump-start year 1 projects and then sunset the Committee.

The figure below provides a visual representation of these critical steps by the Town Council and the Community.

Year 1 - Re-establish Baseline



Actions to Date

Background

As part of the ongoing strategic priorities of the Los Gatos Town Council to enhance the lives of older adults, the Council committed \$500,000 in grants from ARPA (American Rescue Plan Act) funds in April 2021 to non-profits for revitalizing older adult programs. Part of these

proceeds were used for a first statistically valid survey of older adults, senior recreation and activity programs, and to support a community health fair.

On August 3, 2021 the Los Gatos Town Council established a Senior Services Committee (SSC) to examine in depth the longer-term senior services issues initially presented by the Community Health and Senior Service Commission (CHSSC) and develop a road map for revitalizing senior services in Los Gatos. Council Resolution 2021-035 provided the SSC's charter:

“The Committee should develop a long-term vision and strategic plan through extensive community outreach, including workshops, that would culminate in a comprehensive report of how best to serve the needs of the Town's older adult community. The Committee should leverage the breadth of Committee membership and existing coalitions in the identification and prioritization of needs and develop recommended solutions. The Committee should take into consideration the value proposition of recommendations, estimated level of effort, potential providers and service provision models, availability and timing of service delivery, and future funding requirements;”

The SSC members were subsequently appointed by the Council to represent the following areas:

- Community Health and Senior Service Commission – Two (2) members Chair and Youth Commissioner
- Councilmembers – Two (2) Councilmembers
- Service Club Representation – One (1) member
- Chamber Representation – One (1) member
- Service Provider Representation – Two (2) members
- Senior Community Leaders – Two (2) members
- County Department of Aging Representation – One (1) member
- Healthcare Provider Representation – One (1) member

In September the membership was expanded from 12 to 16 to include all members of the CHSSC. A list of the members and the groups they represent is given in Appendix A.

The SSC held its first meeting in September 2021 and has subsequently met on a monthly basis (except for December 2021). Tom Picraux was elected as chair and Maureen Heath as vice chair. Subcommittees were established by the SSC in compliance with the Brown Act on an as-needed basis to carry out its specific tasks. A list of the subcommittees appointed and their membership is given in Appendix B.

The Committee's initial action was to develop a plan to accomplish its tasks with an associated timeline. It then gathered the data necessary to make an assessment of the state of senior services in Los Gatos. This activity included supporting the first statistically valid survey of older adults in Los Gatos, holding workshops with community groups to hear input on unmet needs of older adults, and benchmarking senior services in Los Gatos relative to comparable towns and cities elsewhere. The resulting findings were then used to establish a set of seven goals for enhancing future senior services in Los Gatos. Activities needed to support these goals were subsequently identified and used to develop detailed projects for each goal, as well as the

requirements and resources needed to meet these goals. This information was then assembled into this Senior Services Roadmap for delivery to the Town Council in February 2023.

In all of the work of the Committee its considerations and recommendations have been guided by the Town’s diversity, equity and inclusivity goals. The Committee is committed to all of these objectives in all our Roadmap goals, valuing all community members, regardless of religion, immigration status, ethnicity, race, disability, gender, sexual orientation or gender identity. The Committee strives to ensure all community members feel safe, respected and comfortable to be themselves and express all aspects of their identities and oppose any attempts to undermine the safety, security and rights of any members of our community. In addition the Committee has embraced the previous goals of Los Gatos in becoming an Age-Friendly City and the Committee has developed its recommendations consistent with the WHO and AARP Age-Friendly Cities initiative that encourages promoting opportunities for older people to participate fully in town life (active aging), to continue to live independently for as long as possible in their community, and to live in a community where people of all ages are engaged, valued and afforded equitable opportunities to thrive.

Throughout the work of the Committee, the Town Council has approved key milestones developed by the Committee to assure alignment with the Council’s objectives. The following Section III.B. provides an overview of the key milestones accomplished by the Committee in developing the data needed to establish a long-term road map. In the course of the work of the Committee to develop long-term goals it became apparent that there were some short-term actions that could be taken immediately. These actions not only benefited older adults but also served to provide valuable insights in the development of the longer-term goals. They are summarized in Section III.B.6 below.

Key Milestones

During the fall of 2022 the Committee developed the following Vision and Mission for a Senior Services Roadmap. The Town Council approved these guiding principles in February 2022.

Vision

“CREATING A COMMUNITY WHERE OLDER ADULTS THRIVE

Our vision is to create a community where older adults are engaged, valued and provided equitable opportunities to thrive in an environment that protects against isolation and promotes inclusion.”

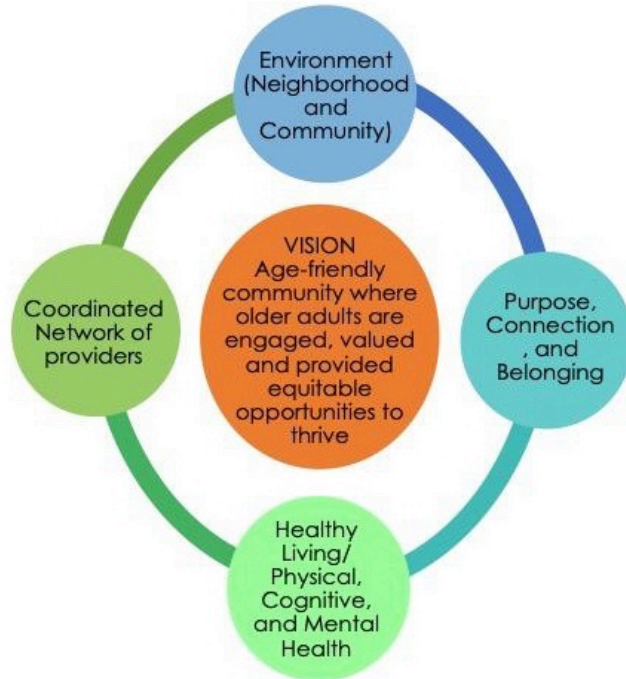
The Committee Vision is illustrated visually in the graphic on the following page.

Mission

Our mission is to provide an age-friendly community that:

- Provides resources and facilities for older adults to live full and healthy lives with volunteer and leadership opportunities that provide a sense of purpose, connection and belonging.

- Promotes physical activity and physical, cognitive, mental and spiritual health for socially enriching lives.
- Promotes adequate and healthy nutrition through community programs.
- Embraces walkable spaces with safe, accessible and affordable transportation.
- Promotes increased participation and communication with the older adult community.
- Partners with local agencies that provide services and assistance for older adults, creating a network that supports public information that delivers services in a coordinated and collaborative manner.
- Ensures accountability by measuring and monitoring the results of efforts to provide services for older adults.



The Committee also developed a Work Plan for development of the road map, which is given in Appendix C.

Benchmarked Survey

The Saratoga Area Senior Coordinating Committee (SASCC) was funded to implement and manage the administration of this Community Assessment Survey for Older Adults (CASOA) by POLCO in partnership with the National Resource Center (NRC), and the Committee participated in that effort. SASCC previously worked with POLCO to conduct the CASOA survey in Saratoga. CASOA provides a statistically valid survey of the strengths and needs of older adults as reported by older adults themselves. Aspects of livability are explored within six community dimensions: Community Design, Employment and Finances, Equity and Inclusivity, Health and Wellness, Information and Assistance, and Productive Activities. Overall community quality is assessed also. The report is intended to enable local governments, community-based organizations, the private sector, and other community members to understand more thoroughly and predict more accurately the services and resources required to serve an aging population.

The Committee worked with SASCC to develop the CASOA survey for Los Gatos and the survey was launched in early February 2022. The survey concluded in mid-March 2022. A total of 2,400 households with an adult member 60 years or older were randomly selected to receive the survey. Completed surveys from 529 older adults were obtained, providing an overall response rate of 22.0 % and a margin of error +/- 4.26%. An open participation survey was also

offered and a total of 102 additional surveys were received and found to be consistent with the statistically validated random survey.

The objectives of the survey were to determine Town strengths that support older adults, to determine needs or gaps in services and to determine potential future needs. Goals of this study were:

- **Immediate:** planning, resource allocation, advocacy, increased engagement.
- **Intermediate:** implement programs to meet needs, increase the number of quality programs, and implement effective policies.
- **Long Term:** foster a community of older adults that are healthier, engaged, empowered, independent, productive, and vibrant.

The Survey Report of Results consisting of 173 pages was received in April 2022. How older residents of Los Gatos viewed their community overall and how likely they are to recommend and remain in Los Gatos provides a high-level overview of the quality and livability of the community:

- Over 9 in 10 of older residents living in Los Gatos rated their overall quality of life as excellent or good. Most of the older residents surveyed scored the community positively as a place to live and would recommend the community to others. More than three-fourths said they planned to stay in the community throughout their retirement.
- Older residents tended to give lower scores to the community as a place to retire than they did to the overall quality of life in the community. About 7 in 10 respondents provided assessments of excellent or good to the community as a place to retire.

Overall Community Quality



Community readiness was assessed through a series of older resident ratings in the six different livability domains and the summarized ratings are given below. The areas of community livability found to be strongest in Los Gatos were Safety, Physical Health, Community Inclusivity, and Social Engagement, while the areas showing the largest need for improvement were Housing (affordability, options, and accessibility issues), Employment (opportunities and quality), Information on Older Adult Services (more than 50% reported lack of available information on older adult services, programs, and activities), Independent Living (ability to continue living in one's home), and Mental Health (depression, isolation, anxiety and memory loss). Also, there was a lower rating for “new urbanism”, where older adults desire to live close to places where they can eat, shop, work and receive services. One more important gap was noted related to caregiving, where over 1/3 of respondents reported providing care for someone 55+: Los Gatos does

not have an adult day care service, and it was found that long-term care services information is lacking, and a future crunch is predicted for caregiving support.

Community Design



Employment and Finances



Equity and Inclusivity



Health and Wellness



Information and Assistance



Productive Activities



The survey also assessed the economic contribution older adults make through employment and caregiving. It estimated that older residents in Los Gatos contribute \$188 million annually to their community through paid and unpaid work.

The complete survey can be found at <https://drive.google.com/file/d/1W8-VVqqF2FJckT8tQcC8lArka4e1L04M/view> . An index detailing the areas covered by the survey is given in Appendix D.

Community Workshops

During its formation the Senior Services Committee was encouraged to engage and ‘energize’ the Town regarding the future of Senior Services as it learned about the needs of older adults in Los Gatos. Community outreach subcommittee members determined that a series of Community Workshops to reach out to various older adult communities in Los Gatos would be a valuable form of engagement and learning about needs. The workshops were organized to increase awareness in the community of the efforts of the Committee and the official survey to boost response and at the same time to gain additional insights into specific local interests and concerns of our older adult residents. The responses to an open discussion of what people liked and what they felt was missing in a focus-group like setting helped add ideas and insights to the higher-level knowledge gained from our official survey findings. It was recognized that holding the workshops with existing groups meant that the sampling represented a particular demographic of an active and engaged older population. However, these participants are also more likely to be early adopters and engage in new programs as we seek to build senior services.

Members Nancy Pearson and Catherine Somers conducted the workshops. Using a theme of re-imagining senior services, the participants were asked to think about what things would enrich their lives and those of their friends, family, and neighbors. The Town’s effort to revitalize senior services and to encourage participation in the survey was described. They were then asked to talk about the top three things that they would like to see the Town offer older adults and the three things that the Town needed to do better. Responses were noted and are summarized below. The workshops typically lasted 30 minutes.

Workshops were conducted between January and April with the following groups: Lions Club, Kiwanis Club, Los Gatos/Saratoga Service Providers, Democracy Tent, History Club, Live

Oak Nutrition, El Sombroso Oaks (walking the community), Rotary (noon), Rotary (morning), 55 Plus Adult Rec., Terraces, and the Los Gatos Interfaith Council.

Key findings from the Workshops are:

Communication: with complaints ranging from having no communication during the pandemic to simply not knowing where to go or who to reach out to, it became apparent that communications to the older adult community was one of the biggest gaps. In addition, there were many requests for a ‘one-stop-shop’ hub of information. Needs ranged from how to find transportation, how to get a meal delivered, how to find a reliable handyman etc., to how to find out what is going on in Town and how to participate in group activities. Interest was also noted in the mountain communities with such residents asking that they be included in communications.

Transportation: older adults who no longer drive had many questions and concerns about transportation. These concerns were related to timing (e.g., last minute appointments needs) to coverage (e.g., does RYDE serve the mountain communities?) to cost (e.g., for just a needed short ride). One woman at the Terraces couldn’t get a ride to her church in Saratoga, as it was outside the range served for their vehicles and she didn’t know who to reach out to for help (which goes back to communication)

Technology: whenever we asked about email/internet ability, the response varied, generally based on age. Younger seniors were fine with being on email lists, while older seniors preferred print and regular mail. Many said that they would like to be taught how to use their mobile phones properly, as well as social media (especially Facebook) and devices for reading, such as Kindles. They expressed a desire for the younger generations to help them.

Socialization: older adults generally want a place to go, perhaps to share a meal, play a game, listen to music, or otherwise socialize. Many also expressed a desire to volunteer. Some notable quotes were:

“Everyone enjoys...everyone needs...a sense of belonging.”

“Volunteering is better than working...and has other effects too, such as building friendships and keeping busy in mind and body...”

Cities Benchmarking

To better understand the status of senior services in Los Gatos, services and spending (mostly pre-pandemic) for Los Gatos older adults were benchmarked against seven other peer communities by a benchmarking subcommittee. The peer communities were the cities of:

- Campbell,
- Cupertino,
- Los Altos/Los Altos Hills,
- Morgan Hill,
- Palo Alto,
- Princeton (NJ),
- Saratoga.

Benchmarking areas were selected around four categories: 1) Environment; 2) Purpose, Connection and Belonging; 3) Healthy Living – Physical, Cognitive and Mental Health; and 4) Coordinated Network of Providers.

A summary overview of the cities benchmarking results is given below where green, yellow, and red indicate qualitative high, medium, and low scoring by the subcommittee. Total community older adult funding and the municipal component of that funding are given across the top of the chart for each city, as well as the senior 60+ total and percentage populations (based on census numbers). The AARP Senior Livability Index is also given. Results for Los Gatos are given with and without abatements provided during the pandemic. Services highlighted in pink (column on the left) are judged to be particularly important areas for older adults. Detailed benchmarking results for each of the cities studied are given in Appendix E.

	Los Gatos*	w/o abatement	Los Altos**	Palo Alto	Princeton NJ	Cupertino	Morgan Hill	Saratoga	Campbell	Peer Avg
Total Community Budget	\$ 610,000	\$ 360,000		\$ 1,664,645	\$ 778,000	\$ 1,439,451	\$ 591,000	\$ 1,370,000	\$ 498,000	
Per Senior	\$87	\$52	\$0	\$125	\$149	\$162	\$93	\$192	\$91	\$116
Municipal Portion of Budget	\$335,000	\$ 85,000	\$ 650	\$ 1,084,058	\$ 270,511	\$ 1,289,451	\$ 340,000	\$ 70,000	\$ 283,000	
Per Senior	\$48	\$12	\$0	\$81	\$52	\$145	\$53	\$10	\$52	\$56
Senior Population	6,974	6,974	6,101	13,303	5,208	8,876	6,368	7,142	5,489	
Percentage	21%	21%	20%	19%	17%	15%	14%	23%	13%	17%
Category	Service	* Includes \$250K Rent Abatement and does not include \$500K one-time ARPA funding								
AARP Senior Livability Index		56	57	61	60	59	57	56	57	58.1
Environment	Safe, accessible and walkable space	Hi	Hi	Med	Hi	Hi	Med	Med	Med	
	Affordable Transportation	Med	Hi	Hi	Hi	Med	Hi	Hi	Hi	
	Senior Services Facility	Low	Hi	Hi	Hi	Med	Hi	Hi	Hi	
	Senior Services Staffing	Low	Hi	Hi	Hi	Med	Med	Hi	Hi	
	Available Parks, Open Space, and Public/Social Spaces, close location,	Hi	Hi	Hi	Hi	Med	Med	Med	Hi	
	Personal Safety, crime rate, home call programs, walking safety	Hi	Hi	Low	Hi	Low	Med	Hi	Med	
	Emergency and Disaster Preparedness	Hi	Hi	Hi	Med	Hi	Med	Med	Hi	
	Help in Home Maintenance	Med	Hi	Hi	Low	Low	Med	Med	Med	
	Participation and Communication with Older Adult Community	Low	Hi	Hi	Hi	Med	Med	Hi	Med	
	Network of Information/Hub	Low	Hi	Hi	Hi	Hi	Med	Hi	Med	
	Service Force and Volunteer Opportunities	Med	Hi	Hi	Hi	Med	Med	Hi	Med	
	Opportunities for Education, Culture, Reading, and Arts	Med	Hi	Hi	Hi	Hi	Med	Hi	Med	
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc	Med	Hi	Hi	Hi	Hi	Med	Med	Hi	
	Technology Proficiency Assistance for Access to Internet for Social, Shopping, Entertainment, programs,	Med	Med	Hi	Hi	Hi	Med	Hi	Med	
Purpose, Connection, and Belonging	Employment Opportunities for 60+	Low	Hi	Med	Med	Low	Low	Med	Low	
	Promoting inclusivity in all of our 60+ programs (applies to all services)	Med	Hi	Hi	Hi	Med	Med	Med	Med	

Table III.1a. Summary overview of cities benchmarking comparison for the categories of Environment and Purpose and for Connection and Belonging.

	Los Gatos*	w/o abatement	Los Altos**	Palo Alto	Princeton NJ	Cupertino	Morgan Hill	Saratoga	Campbell	Peer Avg	
Total Community Budget	\$ 610,000	\$ 360,000		\$ 1,664,645	\$ 778,000	\$ 1,439,451	\$ 591,000	\$ 1,370,000	\$ 498,000		
Per Senior	\$87	\$52	\$0	\$125	\$149	\$162	\$93	\$192	\$91	\$116	
Municipal Portion of Budget	\$ 335,000	\$ 85,000	\$ 650	\$ 1,084,058	\$ 270,511	\$ 1,289,451	\$ 340,000	\$ 70,000	\$ 283,000		
Per Senior	\$48	\$12	\$0	\$81	\$52	\$145	\$53	\$10	\$52	\$56	
Senior Population	6,974	6,974	6,101	13,303	5,208	8,876	6,368	7,142	5,489		
Percentage	21%	21%	20%	19%	17%	15%	14%	23%	13%	17%	
Category	Service * Includes \$250K Rent Abatement and does not include \$500K one-time ARPA funding \$250,000										
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.	Hi	Hi	Hi	Med	Low	Hi	Med	Med		
	Mental and Behavioral Health Programs	Med	Low	Hi	Hi	Hi	Low	Med	Med		
	Adult Day Care and Caregivers (Dementia Care)	Med	Med	Hi	Med	Hi	Low	Hi	Low		
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Med	Med	Hi	Hi	Hi	Med	Hi	Hi		
	Affordable Quality Housing - Seniors	Med	Med	Med	Low	Med	Med	Low	Low		
	Continuing Living Facilities, different residence models	Med	Hi	Hi	Low	Med	Med	Med	Med		
	Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	Low	Hi	Hi	Hi	Low	Med	Med	Hi	
		Participation in Publicly Available Senior Programs outside the city	Med	Med	Med	Low	Med	Med	Med	Low	
		Volunteer coordinator	Low	Hi	Hi	Hi	Hi	Med	Hi	Med	
		Affordability of Membership/Event Cost	Low	Med	Med	Hi	Med	Hi	Hi	Med	
	= Essential services that are frequently within the scope of senior services programs *Los Gatos Includes \$250K Rent Abatement and does not include \$500K one-time ARPA funding **Los Altos We think the budget is artificially low due to availability of financial reporting										

Table III.1b. Summary overview of cities benchmarking comparison for the categories of Healthy Living and for Coordinated Network of Providers.

Observations based on these results and some of the key gaps they reveal for Los Gatos will be given in Section IV.G. Also, as part of the benchmarking studies and the subcommittees work on the Roadmap goals related to facilities and governance, several other city community centers with senior services facilities were visited.

Comparing Other City Community Centers and Governance Models

Facility and Governance subcommittee members made visits to community centers in Los Altos, Palo Alto (Avenidas), and Morgan Hill. The visits provided an opportunity to examine the uses of senior services space and to hold detailed discussions with local leaders on their governance, funding, and accountability processes. The discussions afforded an excellent opportunity to better understand facility utilization and to review the history, successes and issues in creating and managing new facilities and supporting senior services. The visits revealed three distinct operating models. The Los Altos facility is a newly completed community center with dedicated space for senior programs. It is a city-operated model with community input. The Palo Alto facility, Avenidas, is in a remodeled 1960s police station that has undergone three major renovations and has a substantial endowment seeded by two legacy donations of homes. It is a non-profit-operated model with city input and coordination. The Morgan Hill facility is a community center with dedicated space for senior programs that was built in the mid-2000's. It is a mixed model for operation and funding

involving a partnership between nonprofits and the city. “Visiting these facilities really opened our eyes to what was possible and what it took to achieve new or remodeled facilities.” M. Hudes.

Explore Selected New Initiatives and Community Engagement

As part of the Work Plan finalized in January 2022, the Committee planned to conduct several exploratory activities in the community to gain further insight into how to increase engagement. One long-standing need was for more convenient and better information on local senior services, one of the goals in Los Gatos’ Age-Friendly Cities initiative. The Committee worked with the CHSSC to help support its 2022 goal to create an online information hub for senior services. The CHSSC and LGS Rec 55 Plus worked together and now have a first version of the online HUB. These results have demonstrated the clear benefit of continuing to refine the HUB as a valuable source of information for older adults and the entire community.

A second exploratory initiative was partnering with the service clubs in Town to work as a coordinated group of clubs to initiate events. One example was to explore opportunities to increase social activities of interest to older adults. Working with the Committee a monthly “First Fridays” social meet-up was initiated with the Palms restaurant on their patio in October 2022. The response was beyond expectations with about 50 seniors in attendance each month. The events also provided an opportunity for service club representatives to promote community volunteering.

A third successful effort to engage the community in a social setting for older adults was the Committee’s reception held in partnership with the LGS Recreation in April 2022. The reception celebrated the completion of the benchmark survey, workshops and cities benchmarking and served as an outreach to inform the community about the Committee and the results of its data collection activities. “The ARC Bar” reception served to transform the Adult Recreation Center and make it a special evening of social engagement. The attendance was far larger than anticipated with nearly 150 people attending. Independent of the Committee but with its members supportive engagement LGS Recreation re-launched the 55 Plus program which had been shut down due to the pandemic with a Town Council 2022 ARPA grant. With the effective efforts of the new 55 Plus manager the program rapidly grew participation over the course of 2022 to 730 members, approximately twice pre-pandemic levels.

Another exploratory activity is The Producers program at KCAT TV, also funded by a Town Council 2022 ARPA grant. This program for 55+ volunteers trains participants in all aspects of TV and radio production and has had good response.

These exploratory efforts demonstrated that there is a tremendous appetite for social engagement, as well as recreational and learning activities, in the Los Gatos older adult community. Outreach also revealed a range of different socialization interests, with different groups seeking different venues and types of activities (“one size does not fit all”). Multiple future ideas came from this community engagement, including new social events, bringing service clubs into the mix, and finding new opportunities for volunteering and promoting senior

services. The results of the exploratory engagement efforts strongly confirmed the data collected from the surveys, workshops and cities benchmarking efforts.

Roadmap Goals

After gathering data from the array of sources summarized above, the Committee analyzed results and conducted a study session to discuss and reach a consensus on the critical goals the Roadmap needs to address to revitalize senior services and achieve its vision. These goals are:

- Goal 1. Appealing and Inviting Facility (Renovate or Build)
- Goal 2. Core Senior Services
- Goal 3. Communications and Engagement
- Goal 4. Volunteer Support and Engagement
- Goal 5. Enhanced Transportation Options for Older Adults
- Goal 6. Senior Housing - Information on Approaches and Options
- Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

Studies by the Committee indicate a new community facility will enable the enhancing and energizing of all senior services. Second, core senior services are essential to senior programs. Third, the studies show that communications of needed information and engagement of the older adult community is essential to a successful senior services program. Fourth, a robust volunteering element provides for a vibrant community and greatly enhances engagement. Next, transportation and housing are of the utmost importance to older adults and the ability to age in place for an Age-Friendly City. Finally, governance, funding, accountability are necessary for a sustainable program.

The selected Roadmap goals were presented to Town Council and approved in June 2022. At that time Goal 2 and 3 were two separate goals, Communications and Information Access and Increased Engagement in Social, Educational and Healthy Living Activities. However, as the goals were studied further and Roadmap timelines and projects developed it was determined that there was considerable synergy and overlap between community and engagement, while core senior services were not well represented in a single goal. Thus the first two areas were merged and the latter area developed into a single goal. These goals will be described later in detail in Section V along with the projects proposed to implement the goals and the 1-3-10 year vision for their success.

Development of Roadmap 1-3-10 Year Goals, Milestones and Timeline

As a culmination of all the data gathering and analysis work the Committee completed its work in the second half of 2022 by developing and documenting the Senior Services Roadmap. Subcommittees were appointed for each Roadmap goal area and expert guest participants were invited to participate; guests included representation from the Complete Streets and Transportation and the Planning Commissions, the 55 Plus program, and Jewish Family Services. Each subcommittee developed detailed 1, 3, and 10-year milestones for their area. Bullet points were included for each milestone to provide clarifying background. These documents were then used to develop specific projects for each milestone objective to provide key elements that would need to be addressed for that milestone and the timescale for each of the elements. The work of the goals subcommittees was then integrated together by the roadmap writing

committee. The intent of including specific milestones and projects for each goal was to provide a starting point for any future commission, committee, or ad hoc group to understand the Committee’s thinking and to use as a starting point as they develop a plan for that goal area. The detailed 1-3-10 year milestones and project documents along with the timeline are presented in a subsequent section of the report.

Participation

The Committee acknowledges and expresses appreciation to the many people and commissions who have contributed valuable information to this report.

Tylor Taylor, Saratoga Area Senior Coordin. Comm.	Ellen Schwartz, Princeton, NJ
Lisanne Kennedy, LGS Recreation 55 Plus Manager	Lee Fagot, Democracy Tent
Bob Buxton, CST Commission	Vikki Pearce. History Club of Los Gatos
Jeff Thompson, CST Commission	Debbie Vasquez, Morgan Hill
Ali Miano, CST Commission	Cricket Rubino, Morgan Hill
Jeffrey Barnett, Planning Commission	John Sink, Avenidas, Palo Alto
Ann Peterson, Live Oak Adult Day Services	Bridget Matheson, Los Altos
	Mary Jo Price, Los Altos
Arn Andrews, Los Gatos, Committee Liaison	Laurel Prevetti, Los Gatos Town Manager

Senior Services Ecosystem in Los Gatos

Population

According to the US Census Bureau there were 6685 adults 65 or older in 2020 representing about 20.2 % of the Los Gatos population. For comparison there were only 15.2% 65+ in the state of California. The 65+ in Los Gatos was approximately 15% in 2000, 18% in 2010, 20% in 2020. The population of older adults is growing in Los Gatos and there have been projections that this demographic will reach 30% by 2030. This growth in the percentage of older adults suggests that by the end of this 10-year Roadmap plan for senior services the number of people over 55 could represent nearly 1/3 of the population of the Town.

Key Services and Communities

The Goal 2, Core Senior Services, of this Roadmap is focused on maintaining essential services in the Town for older adults. These services are provided by a community of providers that extend beyond the boundaries of Los Gatos. The Town’s older adult community ranges from those who are in the upper income level to those who struggle to meet basic needs. Essential services are especially critical for those in the lower economic income range. Services address needs in the areas of nutrition and food security, transportation, housing, adult day care and caregiver support, information on available resources and social work support, and the availability of social, recreation, education, and healthy living activities.

Service Providers Directory

A listing of nonprofit and community organizations located locally and providing services that include older adults is given in Table 4. These groups provide essential core services to many of our older adults in Los Gatos. In many cases these local organizations work with and

significantly extend the important benefits provided by county, state, and federal programs such as Meals on Wheels, Sourcewise (Santa Clara County Area Agency on Aging), county Nutrition Program, etc. During 2022 the Town of Los Gatos provided grant support to supplement the operations of: Live Oak Senior Nutrition Service Center, Next Door Solutions to Domestic Violence, and West Valley Community Services. The Town also provided contracts to SASCC (Outlook monthly newspaper and health fair), LGS Recreation (55 Plus senior program and rent relief) and KCAT TV (The Producers senior program) from federal ARPA funds during 2022.

Organization	Address	Website	Services
Addison-Penzak Jewish Community Center	14855 Oka Rd. Los Gatos	apjcc.org	Exercise, recreation, healthy living & wellness, arts & culture, community engagement
CADRE (Collaborating Agencies Disaster Relief Effort)	2731 North First St. San Jose	cadresv.org	Network of organizations that provide community emergency preparedness information
El Camino Health	815 Pollard Rd, Los Gatos & 2500 Grant Rd, Mountain View	www.elcaminohealth.org	Hospital community programs, transportation services, mental health and addiction services
Embodied Recovery	20 S Santa Cruz Ave # 319, Los Gatos	embodiedrecovery.com	Outpatient mental health and addiction treatment services
Good Samaritan Hospital	2425 Samaritan Dr. Los Gatos, CA	goodsamsanjose.com	Hospital community programs, addiction services, mental health
House of Hope – Calvary Church	16330 Los Gatos Blvd. Los Gatos. CA	www.calvarylg.com/local	Food bank, hot meals, legal counseling, financial aid, grief counseling
Jewish Family Services of Silicon Valley	14855 Oka Road #202 Los Gatos, CA	www.jfssv.org/services.html	Food bank, financial aid, legal counseling, grief support, holocaust, refugee assistance, senior care
LDS Church	15985 Rose Ave. Los Gatos, CA	jesus-christ-of-latter-day-saints-churches.cmac.ws/church-of-jesus-christ-of-latter-day-saints-los-gatos-ward/13755/	Refugee settlement, employment services, addiction programs, Bishop Storehouse food & grants, emergency preparedness

LGS Recreation	208 E. Main St. Los Gatos, CA	www.lgsrecreation.org	Community social, educational, and recreational activities through 55 Plus senior program
Live Oak Adult Day Care [currently closed]	111 Church St. Los Gatos, CA	liveoakadultdaycare.org	Senior adults day programs, social, games, exercises
Live Oak Senior Nutrition Service Center	111 Church St. Los Gatos, CA	lgumc.org/live-oak-senior-nutrition-center/	60+ age, Lunches, Excess food availability, and social/emotional/healthy living supplemental support
Los Gatos Chamber of Commerce	10 Station Way Los Gatos, CA	www.losgatoschamber.com	Programs/events to strengthen, promote businesses, enhance quality of life
Los Gatos Community Health and Senior Services Commission	110 East Main St. Los Gatos CA	www.losgatosca.gov/278/Community-Health-Senior-Services-Commission	Supporting and coordinating community health and senior services needs
Next Door Solutions to Domestic Violence	234 E. Gish Rd. #200, San Jose	www.nextdoorsolutions.org	Supports victims of domestic violence and their families
S.A.I.L. Health Concierge		sailhealthconcierge.com	Aging in place services, concierge medicine, planning
Saratoga Area Senior Coord. Council (SASCC)	19655 Allendale Ave. Saratoga, CA	www.sascc.org	Senior center, RYDE transportation program, adult day program, Outlook community newspaper for seniors
St. Luke's Outreach Program	20 University Ave. Los Gatos, CA	stlukeslg.org/pantry/	Soup kitchen, spiritual, social, homeless showers, ministry
St. Mary's Immaculate Conception Church	219 Bean Ave. Los Gatos, CA	stmaryslg.org/los-gatos-homeless-st-luke	Spiritual, financial aid, home/hospital visitation
West Valley Community Services	10104 Vista Dr. Cupertino, CA	www.wvcommunityservices.org	Food bank, case management, housing support, financial aid, social engagement

Table 2. Los Gatos Senior Service Providers Directory. (Courtesy of the West Valley Service Providers network, T. Picraux, coordinator, December 2022)

Town Grants to Non-Profit Service Providers

The Town has maintained a grant process for many years in support of local arts enrichment and core community services. The core services grants provide supplemental support to help maintain essential services in the community to residents in need by local non-

profit organizations. This program accepts grant opportunities for review and recommendation by the Arts Commission and Community Health and Senior Services Commission with final selection and approval by Town Council. During the FY 2022-23-year support was provided for non-profits with services which include in part older adults:

- Live Oak Senior Nutrition: \$22,000/yr
- West Valley Community Services: \$20,000/yr
- Next Door Solutions To Domestic Violence: \$10,000/yr
- NAMI Santa Clara County (mental health services): \$7,500/yr
- Bay Area Housing Corp (home modifications for disabilities): \$7,500/yr

During the FY 2021-22 support was also provided to the Live Oak Adult Day Services at \$13,000 but was not provided during FY 2022-23 due to continuing post-pandemic closure of the center. Also in FY 2021-22 one-time grants were provided to Parents Helping Parents (\$10,000), Methodist Church showers (\$10,000), and also to West Valley Community Services for \$10,000..

Special one-time ARPA Supplement grants for senior services post-pandemic recovery were provided by the Town Council during FY 2021-22 to:

- LGS Recreation 55 Plus: \$328,500
- KCAT TV: \$100,000
- SASCC: \$71,500.

Provider to Service Matrix

The table below provides a matrix of main services to service providers for a partial listing of community service providers in Los Gatos. Note that Live Oak Day Services is listed but has not yet reopened. This matrix can serve to initiate a comprehensive directory of services and providers that our older adult community can access.

	Town of Los Gatos	LGS Recreation	SAS CC	County of Santa Clara	Live Oak Nutrition	Live Oak Day Care	Meals on Wheels	Chamber of Commerce	KCAT	West Valley Community Services
Case Management										✓
Communication	✓	✓	✓	✓				✓	✓	
Recreation		✓			✓			✓		
Education		✓							✓	
Nutrition				✓	✓		✓			✓
Housing										✓

Transportation			✓							
Adult Day Services						✓				

Service Assessment

Cities strive to provide a set of core services to meet essential needs of older adults. For some residents these greatly enhance their quality of life while for others services may provide an essential safety net. While many services are provided or supplemented by regional, state, or federal sources, the extent and quality of these services often depend on local initiative. This qualitative assessment of our Town services has been based on our benchmarking of other cities in comparison to Los Gatos.

A particularly high area of services are our meals programs. These programs include the non-profit Live Oak Nutrition weekday lunches which also often include opportunities for socialization and exercise activities. The county-wide Meals on Wheels program is also available to all qualifying older adults and disabled residents. Other areas with strong Town engagement are emergency preparedness for meeting disaster events and personal safety for all residents. In addition, the Town Council has taken an active role in addressing senior services needs over the past year, however Town support of senior services or coordination staffing is lower than in peer cities.

In 2009, the Town restructured support for senior services through a Lease Agreement in which LGS Recreation was given rent relief in return for providing some specific services for older adults (Appendix G). LGS Recreation serves a broad community and range of age groups within Los Gatos and Saratoga. While LGS Recreation is currently providing a set of services for the Town’s older adults, the actual services provided have evolved since the original agreement, and at times services have deteriorated when the financials of LGS Recreation have been insufficient to support those services. The three school boards that established LGS Recreation through a Joint Powers Authority, do not have an older adult constituency, rather a youth-oriented student constituency. Because of this structure, the relationship does not represent a strong alignment between the interests of the Town’s older adult community and the governance of LGS Recreation. Transportation is an area that is at the mid-level of senior service provision, with the RYDE program providing scheduled weekday senior transportation at a sliding scale. Committee investigations indicate there is a need for weekend and evening ride programs, possibly served by an on-demand shuttle service. Areas that rank at a lower level include educational/technology/life skills training and employment opportunities. Caregiver support and adult day services also rank lower with adult day services not yet opened after the pandemic. Also, while mental health services for residents are provided primarily by local hospitals and non-profits, regional studies are showing that the community, including older adults, would greatly benefit from a nearby regional health clinic (for example in the West Valley) that provides additional services and a nearby source of support.

One area that ranked low at the beginning of our study but has been rapidly improving due to the use of \$500,000 investment in ARPA funds by the Town Council is social and recreational opportunities. As a result of this support the adult recreational program of LGS Recreation has increased its participation by over 100% compared to pre-pandemic levels. Combined with exploratory social events initiated by this Committee, such as First Fridays, it is estimated that engagement in social and recreational programs has reached over 10 % of the older adult population, demonstrating the possibilities of growth for senior engagement. Also, a new ARPA-supported program was initiated to teach TV and radio production by older adults. Another area which has shown improvement is that of information and communication targeted to older adults. The Outlook monthly newspaper provided by SASCC provides specific Los Gatos information. A Los Gatos weekly, the Los Gatan, provides community information. Also, efforts by the CHSSC in partnership with LGS Recreation 55 Plus and this Committee has resulted in the creation of an information HUB that is providing increased awareness of senior services, demonstrating the successes that can be achieved by revitalizing senior services in Los Gatos.

Gaps and Unmet Needs

Observations of key points learned for the peer cities from the Committee’s city benchmarking work as given in Section III.B.5. are summarized below.

Los Altos/Los Altos Hills

- New \$35m facility funded by the City
- No membership fee
- Paid transportation
- **Medium participation rate**

Palo Alto

- Modern senior facility
- Wide range of choices of activities
- Organized and transparent about finances
- **High participation rate**

Princeton, NJ

- Provided by non-profit: 70% from contributions, 19% from City revenues and 11% fees
- City makes annual contribution
- **High participation rate**, including from surrounding communities

Cupertino

- Services differ because of higher homogeneity of ethnic population
- City budget is considerably higher within the peer group
- **Medium participation rate**

Morgan Hill

- Good integration of senior services and senior center into the city's community center
- Well organized community programs that supplement senior services
- City and charitable foundation funded through senior center with volunteers
- **High participation rate**

Saratoga

- Coordinated governance & management of programs with central accountability by local entity (SASCC)

- Services are funded primarily from outside grants and contributions
- Independent non-profit operates with small (5%) support from the City. Funding tripled since 2016
- City is actively informed & Council participates on Board of Directors of non-profit
Strong board
- **High participation rate**

Campbell

- City converted high school into Community Center with pool & outdoor fitness area - used by many LG residents
- Goals are set and measured on city website
- City funded and run through rec department with 3.5 employees supporting senior programs
- **High participation rate**

These observations can be contrasted to those for Los Gatos below.

Los Gatos

- Among the **highest** quality, walkability, parks, personal safety, emergency preparedness, and meals program for peer group
- Active engagement of Council in effort to improve senior services
- Unique arrangement: Services primarily provided by community education organization funded by in-kind facility use fee-relief from Town
- Secondarily provided by volunteers and nonprofits with some funding by Town grants
- Informal coordination of services through community grants with minimal direct governance
- Among the lowest senior staffing, participation rate, information availability, accountability, and volunteer coordination among peer group
- **Least attractive** and functional senior activity center of peer group
- **Lowest per senior budget** of peer group on both a total community basis and municipal spend basis
- Relatively high cost of individual events/programs combined with moderate cost annual fee
- **Low participation rate**

Some key gaps apparent from these observations have been the low participation rate of older adults in Los Gatos, low budget expenditures, inadequacy of the senior center, and lack of coordination or accountability of senior service programs. The Los Gatos 55+ program has achieved rapid improvement in enrollment during 2022 (from approximately 390 pre-pandemic levels to 730 participants at the conclusion of 2022). There is significant room for further improvement in senior program participation in Los Gatos, for example by increases in the current 55 Plus membership which now represents approximately 10% of older adults. Community response to the short term efforts of the Committee and CHSSC (the information Hub, First Fridays, engagement of groups) suggest that there is a large untapped potential in Los Gatos to enhance and expand opportunities for and participation by older adults.

Los Gatos One-Three-Ten Year Roadmap Goals, Projects, and Milestones

The Committee organized its seven goals into 1 year, 3 years, and 10 years activities and then used these activities to develop specific projects for each goal area with associated timelines and milestones. The projects are intended to serve as descriptive information and insight into learning by the Committee. These projects provide a starting point for consideration by commissions, committees and community non-profits in implementing the goals of the Roadmap. An overview of the seven goals, an overview for the 1-3-10 year activities, and the projects with milestones to accomplish these goals are presented below. The 1-3-10 year vision activities detail is presented in Appendix F.

Goal 1. Appealing and Inviting Facility (Renovate or Build)

Subcommittee - Heath (chair), Blum, Hudes, Lenoci, Picraux

This goal is to renovate or build a community facility including older adult space/services. develop plans, fund, and implement a revitalized community center with dedicated space for older adult programs. Currently, the ground floor of the building at 208 E. Main Street is being used for the older adult recreational/social programs by LGS Recreation. The facility and the space available are insufficient, as judged by the Committee and based on the feedback received in peer city reviews. The decision to renovate or build a new community facility that includes older adult space/services will be decided as part of this goal.

Age-friendly communities have spaces that are welcoming where residents can come together to engage in social, educational, and enriching activities. Community centers which either include or are dedicated to the needs of older adults provide an important focal point for residents and are found in all our benchmarked cities. Approaches to building or refurbishing facilities are many, but in every case the approaches have required a concerted, long-term effort with deliberate planning. This area would address:

- More welcoming building with adequate multipurpose space than currently exists. A portion of the facility dedicated to meet the needs of older adults
- A funding strategy, fund-raising mechanisms and a 501(c)(3) Friends of Seniors entity to provide long-term support
- Coordinated community strategy and support for development of senior facilities
- Intergenerational space for meetings, clubs, community events, recreational, cultural, educational, learning, health education and information services
- Deliberate evaluation of effectiveness and value of investment in existing facilities
- Evaluation of multiple use options and how Town assets might be utilized in the creation of a community facility

Goal 1. The 1-3-10 Year Activities Overview

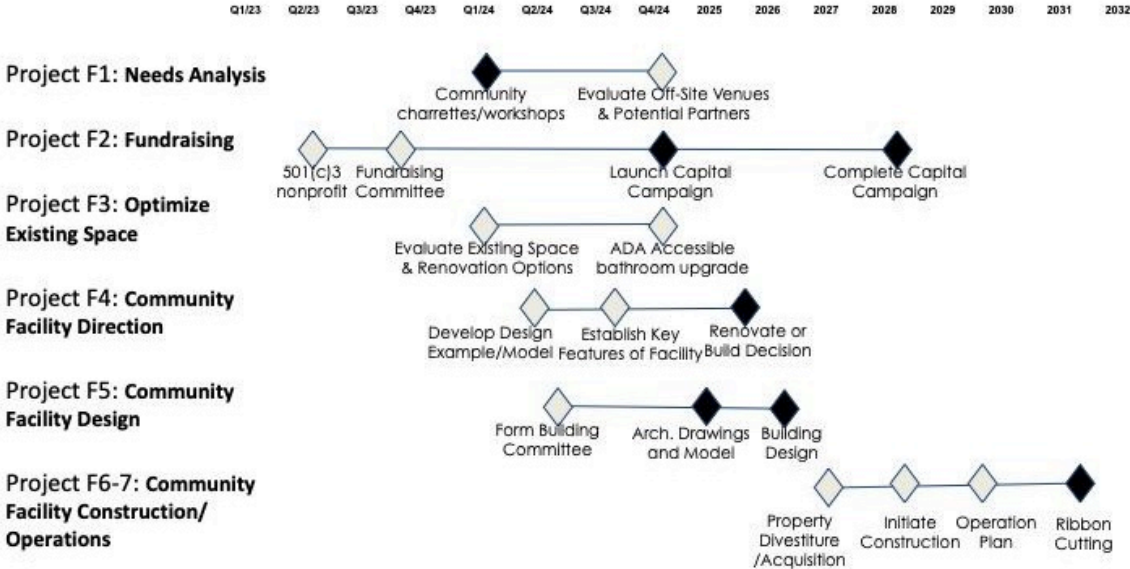
One Year - Form facilities advisory committee, explore fundraising options, establish a 501(c)3 non-profit for facilities and services, and optimize interim repairs to existing facility

Three Year - Develop 3 models for community center, perform feasibility study, make, fix or build decision (selecting from 3 models), form building committee, and begin substantial fundraising

Ten Year - Ensure ample quality space for older adult services and programs, provide a staffed welcome desk, and perform ribbon cutting of welcoming facility

Goal 1. Projects Overview

1. Appealing and Inviting Facility (Renovate or Build)



Goal 1. Projects

PROJECT F1 Needs Analysis

- Form an ad hoc group to conduct needs analysis. Q2/23
- Community input on needs and concepts. Q1/24
- Community charrettes/workshops (needs & conceptual plan). Q1/24
- Evaluate off-site venues and potential partners. Q4/24

PROJECT F2 Fundraising

- Establish a 501(c)3 non-profit to support fundraising for senior services. Q2/23
- Establish a fundraising committee. Q4/23
- Form board for the senior non-profit. Q1/24
- Launch capital campaign. Q4/24
- Partner with county supervisors and state legislature on funding plans. Q4/24
- Capital campaign consultant and develop annual targets. Q4/24
- Explore government grants - local, state & federal. Q4/24
- Complete capital campaign. Q1/28

PROJECT F3 Optimize Existing Space

- Evaluate existing space & renovation options. Q1/24
- Track existing facility utilization. Continuing
- Ongoing projects- ADA accessible bathroom upgrade. Q4/24

PROJECT F4 Community Facility Direction

- Develop a design example/model. Q2/24
- Conduct feasibility study. Q2/24

- Define space alternatives. Q3/24
- Establish key features of the facility. Q3/24
 - Ability to rent
 - Host large community and county-wide events
 - Enhanced recreational and fitness activities
 - Educational and social activities
 - Accessible
- Identify the preferred alternative (renovate or build). Q2/25

PROJECT F5 Community Facility Design (Renovate or Build)

- Develop an implementation plan. Q3/25
- Form building committee. Q2/24
- Architectural drawings and a model to support fundraising. Q3/25
- Architect consultation. Q2/25
- Builder consultation. Q2/25
- Conceptual design. Q3/26

PROJECT F6: Community Facility Construction (Renovate or Build)

- Property divestiture and acquisition, if required. Q1/27
- Initiate facility construction. Q1/28
- Complete facility construction. Q2/30

PROJECT F7: Community Facility Operations

- Establish business support options - how to run and operate a community center. Q1/29
- Operating model. Q1/29
- Sustainable financial plan. Q1/29
- Ensure ample quality space for older adult services & programs.
- Provide a staffed welcome desk to answer questions and accept volunteers. Q1/31
- Ribbon-cutting and opening. Q1/31

Goal 1. First Steps

- Form 501(c)3 non-profit
- Recruit fundraising committee
- Plan for community charrettes

Goal 2. Core Senior Services

Subcommittee - Pearson (chair), Khanal, Konrad, Lenoci, Mlinarich, Picraux

A thriving town needs to provide essential core services for older adults. These services cover such areas as support for social, educational, and healthy living activities. Also, it is essential to meet basic nutrition and health needs for the disadvantaged. Services for older adults are provided by a diversity of municipal, county, regional, and state organizations. The Town gains much leverage for this goal by encouraging and supporting the work of community nonprofits and organizations such as hospitals and health clinics that are essential to the Town’s safety net. Provisions for physical and mental health, as well as support for caregivers and their loved ones, are also essential. The availability and use of community parks, gardens and open spaces provides significant core support, not only to older adults, but to all. Efforts to preserve and provide adequate core services include:

- Social, educational, and healthy living opportunities
- Funding and expanding essential services for all stages of aging including nutrition and adult day care programs
- Training and classes to enhance marketable and/or new skills
- Personal safety, scam avoidance, legal assistance awareness, etc.
- Promote food security and options
- Promotion of County mental/behavioral health offerings and the local availability of these services

Goal 2. The 1-3-10 Year Activities Overview

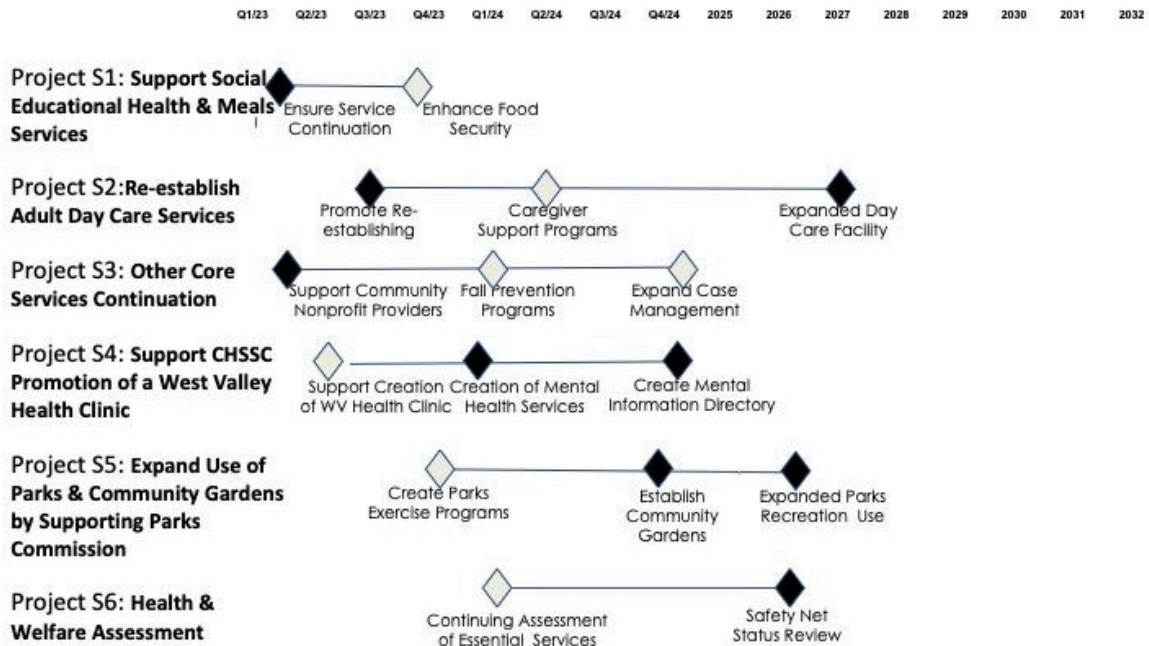
One Year - Continue to support essential services in Town.

Three Year - Re-establish adult day care services.

Ten Year - Promotion of mental health services in the West Valley.

Goal 2. Projects Overview

2. Core Senior Services



Goal 2. Projects

PROJECT S1 Support Continuation of Social, Educational, Healthy Living and Meal Services for Older Adults

- Ensure continuation of senior adult recreation, social, educational and healthy living provided by the 55 Plus program. Q1/23
- Ensure continuation of the Live Oak Nutrition Program and funding to provide food security for older adults. Q1/23
- Promote and enhance food security and healthy options for older adults, including supplemental food collection and distribution, local food bank services, etc. Q3/23

PROJECT S2 Support Re-establishment of Adult Day Care Services

- Promote establishment, support, and use of adult day care services in Los Gatos Q3/23
- Establish facilitated caregiver support programs for families and family caregivers. Q2/24
- Promote caregiver respite programs. Q4/26
- Facilitate an expanded adult day care program with more space and a controlled-access outdoor area to provide services for future growth. Q4/27

PROJECT S3 Support Continuation of Other Core Services in Los Gatos by Community Organizations

- Advocate for support of community nonprofits that provide services and assistance to older adults in Los Gatos (WVCS, SASCC, Next Door Domestic Violence, Jewish Family Services, House of Hope, local hospitals, etc.). Q1/23
- Promote and advocate on behalf of services for older unhoused people and for those in danger of becoming unhoused. Q3/23
- Advocate for and seek to expand the availability of case management workers serving older adults in Los Gatos. Q4/24
- Establish an ongoing mentor program to enlist local organizations and seniors with special skills to provide social, educational & healthy living enrichment courses. Q2/24
- Promote County fall prevention programs. Q3/23
- Promote programs that provide information on personal safety devices, scam/fraud avoidance, and legal assistance. Q3/24

PROJECT S4 Support CHSS Commission Objectives to Establish a West Valley Health Clinic with Mental Health Services

- Support the Community Health and Senior Services Commission efforts, as well as those by community groups and the County to establish a health clinic in the West Valley. Q2/23
- Monitor and promote County initiatives and government grant opportunities to provide mental health services in the West Valley. *continuing*
- Promote establishment of a mental health task force in the West Valley. Q4/23
- Create a mental health information directory. Q4/24

PROJECT S5 Expand Use of Parks, Community Gardens, and Other Facilities

- Support the efforts of the Parks Commission as they relate to senior use of parks, community gardens and related facilities.
- Establish exercise programs in parks and on Town plaza. Q4/23
- Initiate a program to enhance cluster seating in parks for meet up areas. Q2/24
- Support and promote establishment and multigenerational use of community gardens (volunteer planning, landscape design, site plot layout). Q4/24
- Expand recreational use of existing parks and facilities (e.g., pickleball by striping to selected Town tennis courts, bocce ball facility renovation at Oak Meadow Park, establish lawn bowling site, etc.). Q1/26

PROJECT S6 Health and Welfare Assessment

- Provide a continuing assessment of community essential services for older adults in Los Gatos. Q1/24
- Review the welfare safety net status for older adults and the utilization and coordination of older adult services with County and community non-profit programs. Q1/26

Goal 2. First Steps

- Negotiate an agreement for continuation of 55 Plus social, educational, and healthy living program.
- Re-establish adult day care services.
- Continue support of community essential core services by non-profits.

Goal 3. Communications and Engagement

Subcommittee - Konrad & Pearson (co-chairs), Miller, Mlinarich, Picraux, Somers, Yick, Guest: Kennedy (LGS Rec 55 Plus)

Older adults and caregivers need ways to obtain information about available services, resources, and events in multiple formats. It is also essential that they have opportunities to engage in social, lifelong learning, and healthy living activities. Productive activities outside of work promote quality of life and contribute to active aging. Finding and engaging in social activity and volunteering in activities of interest becomes increasingly challenging as people age. Opportunities to participate and socialize with others, volunteer in meaningful and productive activities and engage in the community in which one lives contribute to a feeling of belonging and personal satisfaction. The survey and workshops point to these areas as critical elements to solve problems, participate in community activities and enhance quality of life. Benchmark results for other cities indicated that Los Gatos could offer more programs.. This goal helps residents age in place. Areas addressed would include:

- Availability of resources, activities, programs (clubs, local centers, and government - supported services, etc.)
- Presented in the form of an Information Hub (trusted, well-curated content on services availability, activities pointer, events calendar, etc.) - short term. Includes web, mobile, and social network capabilities. Phone feature with live senior services and volunteer coordinator - longer term
- Navigation to services tools (medical, maintain physical health)
- Information included from other goals of transportation, volunteering, and housing (stay in home support options, wellness calls, assistive devices)
- Consistent availability, coordination, engagement, and age-friendly accessibility of weekly activities and monthly social events
- Promotion ranging from print to in-person engagement by going to where older adults live (ambassadors, volunteers, etc.)
- Finding ways to subsidize existing programs to expand reach to older adults - medium to short term
- Enlisting local organizations and expertise to help enhance programming
- Highlight special events that are Age-Friendly

Goal 3. The 1-3-10 Year Activities Overview

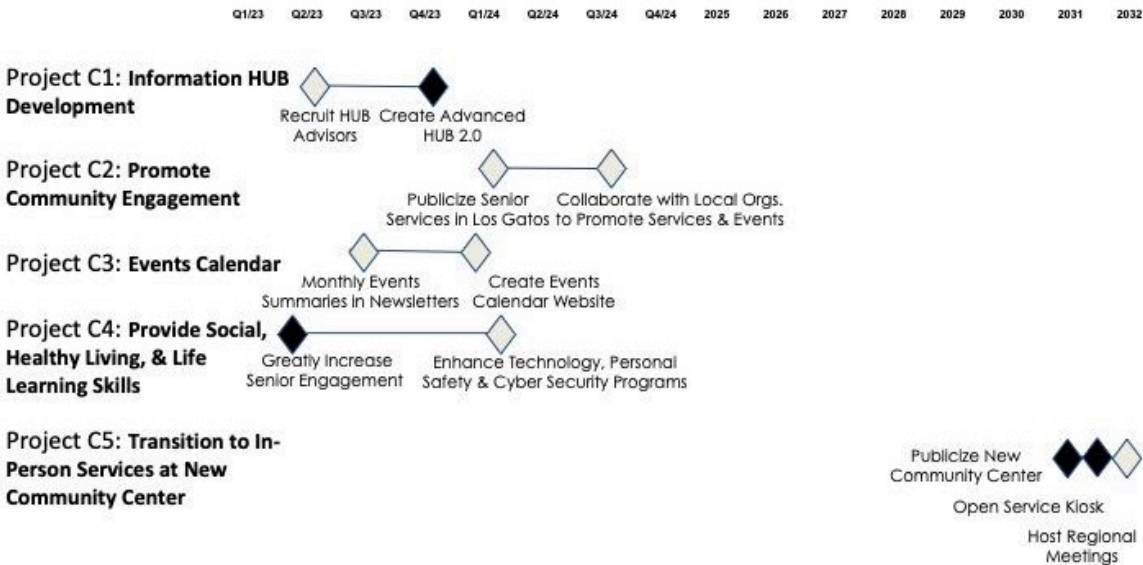
One Year - Provide older adults ways to easily learn information about available services and resources. Increase engagement in social, educational, and healthy living programs. Promote volunteering. Establish measurable goals.

Three Year - Partner with service providers to expand participation in events promoting social, educational and healthy lifestyle programs.

Ten Year - Move into a beautiful Community Center with dedicated space for senior programs.

Goal 3. Projects Overview

3. Communications and Engagement



Goal 3. Projects

PROJECT C1: Information HUB Development and Deployment

- Refine, edit, and broaden HUB 2.0 to make access to senior services much more intuitive and broaden HUB coverage to include other senior services in the local community: Q4/23
- Recruit and sustain a volunteer Hub advisory group to collect information on what's not available, help maintain the accuracy of the HUB information and promote HUB. Q2/23
- Develop a program with merchants to help promote Hub. Q2/23
- Identify a HUB administrator with technical skills to incorporate identified missing services and maintain the HUB advisory group. Q2/24
- Create conceptual design including master release schedule e.g., 2.0, 3.0, 4.0. Q2/24
- Evaluate the benefits of developing a mobile app. Q4/24
- Invite the creator of Cupertino Senior Services website to review and make suggestions. Q4/23
- Coordinate with government agencies to take advantage of resources. Q2/24
- Partner with District 5 County Supervisor to benefit other cities and offset costs. Q2/24
- Incorporate video tutorials into HUB (e.g., how to sign up for RYDE, etc.) and explore and utilize evolving technology tools Q4/24
- Use digital inclusion initiatives to teach people how to access information on the HUB, use QR codes, etc. Q4/23
- Utilize KCAT to advertise and to help develop videos for HUB. Q2/24
- Continue tracking HUB clicks and identify the most popular areas. Q1/23
- Continue tracking the number of calls that come into the office for older adult information from all sources (55 Plus; Chamber; Others). Q1/23
- Require Town participation and promotion to ensure success of objectives. Q1/23

PROJECT C2 Promotion of Community Awareness and Engagement in Services

- Publicize senior services available in Los Gatos. Q1/24
 - nutrition
 - adult day services
 - recreation and socialization opportunities
 - educational opportunities and health fairs
- Collaborate with other local organizations to promote Town and community events and services. Q3/24
- Join the AARP Network of Age-Friendly Communities. Q3/23
- Promote on-going awareness of HUB and Town senior events by Town in social media, website, and newsletter and in local newspapers with articles and ads. (Los Gatos, The Outlook, etc.). Q4/23
- Increase participation in Town events. Q2/23
- Establish an outreach ambassador volunteer program (go to where older adults live to promote awareness and participation). Q2/23
- Promote use of faith-based community services (e.g., Jewish Family Services of Silicon Valley's Aging with Dignity and Healthy Aging Programs. Q3/23

PROJECT C3 Events Calendar

- Initiate an events calendar website that includes Town meetings and special events. Q1/24
- Establish connectors (APIs) to various organization's information. Q2/24
- Include monthly events summary in the monthly older adult newsletters. Q3/23
- Assist with community holiday events and promotion. Q2/24
- Develop a mobile app. for smart phones to sign up for local events. Q4/24

PROJECT C4 Provide and Engage Older Adults in Social, Healthy Living, and Life Learning Skills Activities

- Promote monthly special social activities. Q1/23
- Organize First Friday monthly events. Q1/23
- Greatly increase engagement in ongoing LGS Rec. activities and classes (exercise, swimming, etc.), senior club activities, JCC exercise and other programs. Q1/23
- Promote programs with emphasis on multigenerational activities. Q1/23
- Establish diet, nutrition & healthy eating classes and programs. Q3/23
- Promote technology training programs (including library programs, etc.). Q1/24
- Promote personal safety and cyber security presentations and classes. Q1/24
- Develop training classes to enhance marketable skills. Q4/24
- Partnership with West Valley Community College to deliver local life-learning courses oriented to older adults. Q3/24
- Develop Distinguished Guest Lecture program. Q3/30

PROJECT C5 Transition to In-Person Services at New Community Center

- Publicize new dedicated senior facility space for senior programs. Q1/32
- Have an information kiosk near the entrance for verbal, posted and printed materials including volunteer information. Q2/32
- Central point of coordination for Senior Services including tech support. Q3/32
- Large room exercise classes and weekly dance in new community center Q2/32
- Host local community theater, music and dance group programs. Q3/32

- Promote engagement by organizing regional large group meetings (SCC Cities Association, SCC Seniors Agenda, Caregiver Conference, Aging Wisely Conference, etc.). Q4/32

Goal 3. First Steps

- Expand & promote information HUB.
- Expand engagement of the senior community by increasing participation in social, educational & healthy living activities.
- Engage volunteers to implement programs.

Goal 4. Volunteer Support and Engagement *(be a volunteer/seek a volunteer)*

Subcommittee - Pearson (chair), Picraux, Somers, Yick

Vibrant communities provide opportunities for older members to become volunteers and/or to find needed assistance from volunteers. Promoting and supporting volunteerism allows the community to marshal the expertise of older adults and to increase engagement of older adults for the benefit of the entire community. Our Committee found that many older adults want to volunteer, and many others need volunteers for help. With volunteer time in California currently estimated at \$29.95/hr. by the Independent Sector organization, the many 1000's of hours available locally represents an important resource for the Town to take advantage of as much as possible. The volunteer support and engagement goal would include:

- Develop and coordinate volunteer opportunity exchange (aggregated Town page of opportunities)
- Support connections between service providers, clubs and those interested in volunteering (consider holding volunteer fair)
- Support equitable and inclusive processes to engage older adult volunteers
- Consider a 'Community Unity' bulletin board approach for two-way volunteering as promoted in the past by former Mayor Wasserman

Goal 4. The 1-3-10 Year Activities Overview

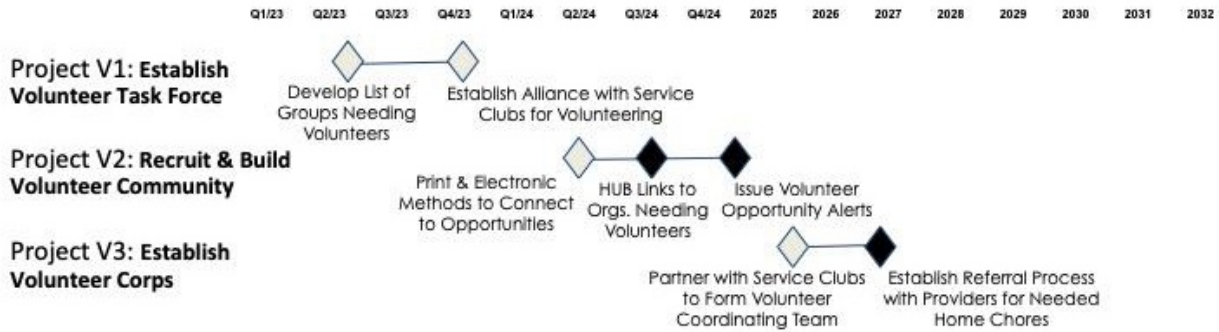
One Year - Develop a process for older adults to become a volunteer or to find needed assistance from volunteers.

Three Year - Establish a volunteer corps with a coordinating team, tracking, a coordinator, and creation of an opportunity exchange.

Ten Year - Establish a volunteer station at the welcome desk in the new community center and provide regular volunteer socialization.

Goal 4.c. Projects Overview

4. Volunteer Support and Engagement



Goal 4. Projects

PROJECT V1: Establish Volunteering Task Force

- Collaborate with the Community Health & Senior Services Commission and/or other commissions to form an ad hoc task force with Town liaison identified. Consider adding guest members. Q1/23
- Develop a list of groups needing volunteers for programs, events, and activities. Q2/23
- Establish a joint alliance of service clubs for volunteering composed of a designated person from each organization with an alliance representative on the ad hoc task force. Q4/23

PROJECT V2: Recruit and Build a Volunteer Community with the Ad Hoc Task Force

- Establish a process to coordinate between organizations needing volunteers. Q4/23
- Provide links on The HUB to organizations needing volunteers. Q2/24
- Establish methods for volunteers to connect to opportunities via print and electronic communications. Q2/24
- Include volunteer opportunities in local event calendars. Q3/24
- Publicize opportunities and recruit volunteers at community events (First Fridays, etc.). Q3/24
- Issue volunteer opportunity alerts. Q4/24
- Promote volunteerism and explore new ways to marshal the expertise of older adults in Los Gatos. *continuing*
- Ensure equitable and inclusive opportunities to increase engagement of older adult volunteers. *continuing*

PROJECT V3 Establish a Volunteer Corps

- Obtain part time staff support for coordinated volunteer intake and coordination of the Volunteer Core. Q1/25
- Establish a volunteer coordinating team with required service clubs representation. Q1/25
- Develop a method for volunteer tracking. Q3/25
- Provide periodic events for volunteers to socialize and exchange information on opportunities. Q3/25
- Establish a senior mentorship service that utilizes talents and skills that can be shared in a multigenerational setting. Q2/25

- Develop and coordinate volunteer opportunity exchanges (volunteer tables at Town events, bulletin boards, volunteer fair, etc.). Q4/25
- Develop an opportunities exchange site on The HUB. Q4/25
- Establish a referral process to support connections between those with needs for household chores and service providers, clubs (including high school and middle school), other groups interested in volunteering and local businesses. Q4/26
- Establish and support a volunteer information component to the welcome kiosk at the new community center. Q1/32

Goal 4. First Steps

- Establish an ad hoc volunteer task force.
- Create a listing of organizations needing volunteers.
- Engage service clubs in the initiative.

Goal 5. Enhanced Transportation Options for Older Adults

Subcommittee - Heath (chair), Khanal, Picraux, Ristow, CSTC member expert partners Buxton, Thompson, and Miano

Livable communities facilitate transportation options for older adults, including auto, bicycling, walking and public transportation. Older adults consider the need for flexible transportation options to be especially important as they age, including:

- Better information distribution on mobility options (e.g., VTA Senior Mobility Guide)
- RYDE awareness and enhancement
- VTA and VTA Access awareness
- Lyft/Uber supplemented programs
- In-Town shuttle provided by Town
- Last minute rides through volunteer network
- Options for mobility-challenged older adults

Goal 5. The 1-3-10 Year Activities Overview

One Year - Form senior transportation advisory committee (tracking, input, advocacy).

Promote availability of mobility options and information.

Increase use of existing Bus 27 and advocate for expanded local transit services.

Three Year - Implement a Town shuttle.

Expand mobility services - auto, bicycle, walking, & public transportation.

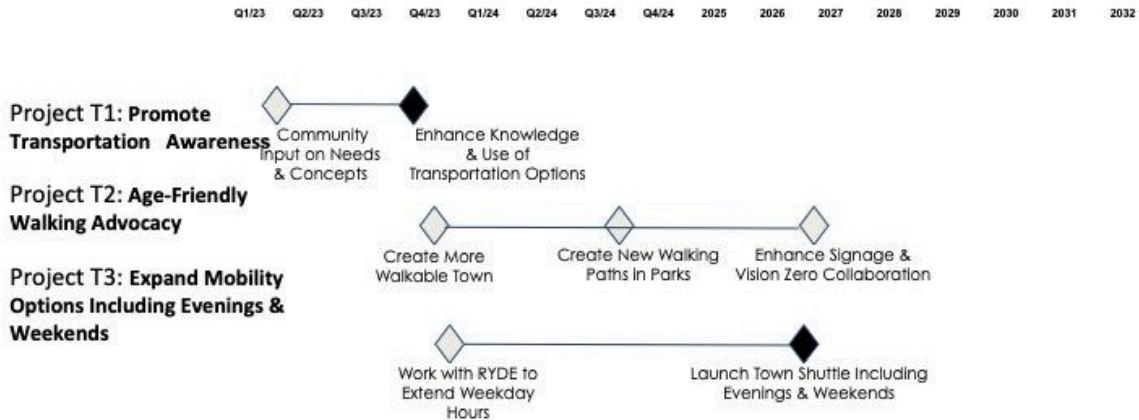
Add Age-Friendly accessible walking paths.

Ten Year - Create Age-Friendly accessible walking track.

Develop a door to door shuttle service.

Goal 5. Projects Overview

5. Transportation Options for Older Adults



Goal 5. Projects

PROJECT T1: Implement and Promote Transportation Awareness and Use

- Collaborate with Complete Streets & Transportation Commission and Community Health & Senior Service Commission to form an ad hoc Senior Transportation Committee with Town liaison identified. Consider adding guest members. Q1/23
- Obtain community input on needs & concepts. Q3/23
- Seek grant opportunities in the transportation area. *continuing*
- Monitor General Plan 2040- Section 5- Mobility- Implementation Programs A-S. Q2/24
- Establish a mechanism for continuing assessment of Los Gatos, County, State and Federal master plans, laws and grants involving all forms of mobility impacting older adults for possible recommendation. Q4/24
- Explore wheelchair accessible parking needs. *continuing*
- Track VTA bus actions. *continuing*
- Enhance community knowledge and use of RYDE, VTA Access, and Santa Clara County Mobility Management Program (e.g., intro to use bus pass, low income senior passes, eligible registered dining participant passes). Q3/23
- Promote distribution and awareness of the VTA Senior Mobility Guide. *continuing*
- Link transportation information and new options to The HUB. *continuing*
- Promote use of bicycles through education, training and repair, safety programs and classes. Promote development and awareness of bike and pedestrian pathways, support for more bikeways, valet use for older adult events with secure bike parking facilities. - *continuing*
- Achieve increased community use of existing Bus 27 and use data to advocate for expanded local VTA transit services. Q2/26
- Develop "Transportation Los Gatos" software that links all forms of mobility (FlexDenmark Model). Q1/32

PROJECT T2: Advocate for an Age-Friendly Walking Plan

- Coordinate with existing commissions and the General Plan to advocate for an Age-Friendly walking plan. *continuing*
- Create a more walkable Town through signage, increased benches, safer and more accessible sidewalks and crosswalks. Q4/23

- Create an Age-Friendly accessible walking track (Campbell Community Center track as a possible model) accessible to public at fixed hours, suitable for people with mobility limitations. Q2/26
- Add new walking paths in Town parks. Q3/24
- Conduct a senior safety zone study. Q2/25
- Enhance signage, pavement markings, evaluate extended traffic signal timing, and participate in a Vision Zero collaboration. Q4/26

PROJECT T3: Expand Mobility Options Including Evenings and Weekends

- Work with RYDE to extend weekday hours of service M: Q4/23
- Explore Town shuttle options and focus on the best option. Consider fixed+flexible Town shuttle: contract or volunteer based, collaboration with large scale developers and employers, cooperative programs with neighboring cities (e.g. Cupertino VIA shuttle), cooperative programs with new Town community developments, cooperative programs with local businesses or senior housing entities, and explore possible subsidies). M: Q4/24
- Launch a Town shuttle that provides or includes an evening and weekend older adult transportation service. Q4/26
- Promote ride voucher programs with health care providers. Q3/25
- Create or expand existing programs to include a door-to-door shuttle service. M: Q1/32

Goal 5. First Steps

- Establish collaboration with Commissions and form a Senior Transportation Advisory Committee.
- Start exploring shuttle options.
- Expand community knowledge of available mobility options.
- Take action to create a more walkable Town.

Goal 6. Senior Housing - Information on Approaches and Options

Subcommittee Heath (chair), Miller, Picraux, Planning Commission Guest: Jeffrey Barnett
Opportunities for older adults to continue to live in Los Gatos after retirement and to enjoy the community and friends as they age, with services that help older adults manage living situations and age in place including such things as service referrals, home maintenance helpers, and realtors.

Goal 6. The 1-3-10 Year Activities Overview

One Year - Form Housing Advisory Committee.

Identify and produce an inventory of residential options. Encourage development of housing options.

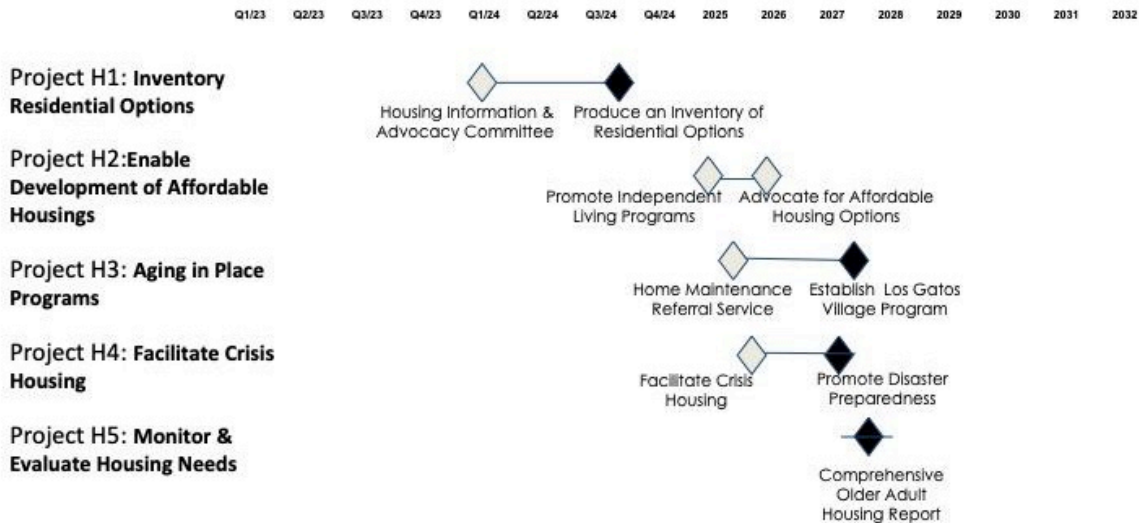
Three Year - Establish aging in place programs. Facilitate crisis housing and support.

Support programs that help with home upkeep and accessibility.

Ten Year - Monitor housing while promoting opportunities for older adults to continue to live in Los Gatos after retirement and to enjoy the community and friends as they age.

Goal 6. Projects Overview

6. Senior Housing - Information on Approaches and Options



Goal 6. Projects

PROJECT H1 Identify and Inventory Residential Options for Older Adults

- Establish a committee for older adult housing information and advocacy in coordination with the Planning Commission and the Housing Element Advisory Board. Q1/24
- Support Los Gatos Housing Element as adopted by the Town Council as it relates to older adults. Q3/24
- Identify and produce an inventory of residential options for older adults. Q4/24
- Encourage developers to consider the needs of older adults through all stages of aging including smaller units, one story units, housing close to accessible transportation and/or restaurants and stores,(new urbanism), walkable spaces and multi-residency units for caregivers. Q1/25
- Advocate for legislation that supports quality care and services at local residential care facilities; promote culturally competent services. Q1/26

PROJECT H2 Enable Development of Affordable Housing for Older Adults

- Engage with local and state stakeholders to promote programs for older adults living independently. Q1/25
- Advocate for the development of housing options through all stages of aging as well as affordable housing for older adults. Q3/25
- Pursue potential funding (state & federal) for housing income support and housing modifications and repairs. Q4/25

PROJECT H3 Establish Aging in Place Programs (Including a Los Gatos Village)

- Develop infrastructure and programs for aging in place and establish a Los Gatos Village (subscription-based association based on Beacon Hill/Avenidas model). Q1/27
- Develop a home maintenance (small job) helper referral service with volunteer coordinator (service clubs). Q1/25
- Support programs that provide help with modification and accessibility of homes. Q3/25
- Support older adults living independently in the community through down-sizing or step-down independent living options. Q1/25

PROJECT H4 Facilitate Crisis Housing

- Facilitate crisis housing for older adults. Q1/26
- Promote disaster preparedness programs with focus on older adults including online information and the safety of older adults in residential care facilities during emergencies or disasters. Q4/26

PROJECT H5 Monitor and Evaluate Housing Needs and Stock

- Complete a comprehensive Older Adult Housing Report (for inclusion in the General Plan and Housing Element’s 5-year update). Q3/27

Goal 6. First Steps

- Establish an older adult housing advisory committee for inventorying housing options and advocacy.
- Promote development of affordable housing for older adults.
- Advocate for older adults living independently in the community.

Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

Subcommittee - Hudes (chair), Blum, Heath, Miller, Phelan, Picraux, Rossmann

In this section there is first a description of the benefits and proposed elements that will be needed to achieve an integrated model for governance and accountability for senior services. Second, the Committee proposes four recommended Town Council actions for the first year to achieve this model. Finally, a proposed approach is presented to sustain progress on the Roadmap in subsequent years. The Committee is of the opinion that these actions provide an essential component for achieving the 10-year vision of an affordable and sustainable Roadmap for senior services.

Integrated Governance Model

Currently our Town has a distributed model of senior services with minimal central planning, measurement, coordination, or accountability for maintaining and advancing services. Creating an integrated governance structure with accountability for services could result in significantly increased efficiencies, enhanced senior services leading to additional sources of support, and long-term stability of programs. A recommended governance model for Los Gatos includes:

- Distinct roles for non-profits, Town administration, and others serving older adults,
- A coordinated management model (accountability, metrics, oversight, etc.)
- Funding mechanisms to help support older adult programs and services
- Sustainable financial plan, including pro forma budgets for consideration by deciding bodies
- Methods for measurement, accountability and maintaining transparency
- Approaches to maintain Town oversight

The Committee analysis suggests that an integrated governance model will also lead to stronger community participation and will result in greater support for services, more successful funding initiatives, and greater transparency of senior services operations. The benchmarking survey of other cities and our assessment of services in Los Gatos show that Los Gatos currently has a fragmented model of service delivery coupled with little accountability. To enhance accountability, the Roadmap proposes and discusses below four key interrelated elements that will need to be developed for a future model of senior services governance :

- One-Three-Ten-year fiscal planning
- Measurement and accountability tracking
- Roles and responsibilities decisions
- Roadmap maintenance and update process

One-Three-Ten Year Fiscal Planning

The Committee recommends that an integrated budget process for senior services be adopted. This financial plan would include:

- All of the entities providing services for older adults in Los Gatos;
- Establishing a comprehensive process for fiscal analysis and budget planning, including Town, county, state, and federal and third-party organizations;
- Annual budgets that would include:
 - Services provided and residents served
 - Capital and operating budgets (decoupled)
 - Planned and actual budgets
 - Sources, including grants and fundraising
- Timing would be coordinated with Town, area, and third-party budget processes.

Information assembled over the first year of the Roadmap is proposed to provide the basis for development of the fiscal plan under guidance of the Town Council. The plan is recommended to be developed during the first quarter of 2024 as part of a review of Roadmap progress, as discussed in the Roadmap Maintenance and Update Process section below.

Next steps:

1. Set schedule for subcommittees to provide resource estimates prior to Committee sunseting;
2. Provide template and assistance in developing pro-forma financial estimates for key initiatives;
3. Involve Town staff in financial estimates and budgeting;
4. Create a budget model.

Measurement and Accountability Tracking

In order to make progress in delivering services in a sustainable manner to older adults there is a need to develop measures of the services provided and their impact. To best support integrated governance these measures would include the full range of senior service providers, including Town, regional, and third-parties. Measures of service would include the number of people served in a transparent and easily understood format. Much of the information would be obtained through a collaboration with the various service providers serving older adults.

Recommended activities include:

- Determine what measures of effort are needed and how the results would ensure success of the Roadmap goals;
- Identify who would receive the reports and at what frequency;
- Establish a process to provide an annual report describing the State of Senior Services in Los Gatos based on an assessment of the measurements that are tracked and the services that are being provided to older adults.

Next CHSSC steps:

1. Establish a measurement and tracking process based on the above recommendations;
2. Review examples of annual senior services reports by other cities and the state to provide a starting point for an Annual Los Gatos Report;
3. Compile metrics from other communities and service providers on what data and rate of collection is most useful for an efficient accountability tracking process.

Roles and Responsibilities

The Committee recommends that for the changes proposed by this Roadmap in support of our older adult community to occur it will be important to define the roles and responsibilities, as existing organizations are modified, and new organizations are put in place. From a long term perspective it would be valuable for the Town to consider the following questions regarding roles and responsibilities:

- Given the goals and resources required, what oversight is appropriate to ensure success?
- Are new or re-comprised teams, committees, or roles required? If so, how should new and existing teams and roles be modified and participation encouraged?
- Are new or updated service agreements or contracts needed?

The Year 1 Actions proposed by the Committee below provide suggested approaches to these questions for the near term.

To transition from the decentralized, or what might be characterized as a fragmented delivery of services to our older adults, to a more reliable and sustainable means of providing these services in a coordinated community partnership, our Integrated Governance subcommittee realized that some changes would be helpful. This was further reinforced by site visits and fact-finding conversations with several other communities, especially with Palo Alto, Los Altos, and Morgan Hill. Also further considerations would be needed upon making a decision concerning facility direction in about 3 years' time.

For now, it appears that the Morgan Hill approach and governance model offers the most similar and promising starting point to address needs over the next several years. With the successful development of this approach over a 3- to 10-year period, a long-term model closer to that of Palo Alto's Avenidas, where even greater community contributions to support senior services as well as to initiate a "Village" concept for aging in place may become possible.

Why the Morgan Hill model in the near-term?

While there are demographic differences from Los Gatos, the provision of services to older adults in Morgan Hill offers some situational similarities. In Morgan Hill, recreation-oriented senior services were previously provided by the YMCA, which was serving a broad age-range of community members through fee for service as well as contracted services for seniors. The organization ran into financial constraints that challenged the provision of services for seniors. The community also embarked on the creation of a community recreation center that included space where older adults would participate. This required substantial fund-raising as well as contribution of city-owned properties in order to build the new center, which was completed in the mid-2000's and is operated by the city. Later the community

established an independent 501(c)3 Friends of Morgan Hill Seniors Foundation to provide additional support for senior services, with a city representative participating on the Board of Directors. In addition, the city established an independently operated Senior Advisory Committee to sustain senior programs. This committee includes a city representative and representation from community leaders, service providers, the community center staff, and the Foundation and has subcommittees for transportation, life-long learning, endowment, and outreach. The city recreation center with its senior space provided the catalyst for these governance decisions.

As the transition to the new Morgan Hill community center and charitable foundation funded facilities and programs proceeded, some of the key personnel of the YMCA and predecessor organizations transitioned to the new organizations as well as to the city. Some of the best people are still serving Morgan Hill’s older adult community, yet they transitioned to a new organization. Today, a vibrant senior services program is being provided in an excellent community center, funded significantly by charitable giving and grants, along with moderate city support. Los Gatos is facing similar constraints regarding Town finances and similar financial constraints faced by LGS Recreation in providing a recreation-oriented services program for older adults. Los Gatos can learn from the Morgan Hill story in developing a journey for enhancing senior services for the older adult community.

Proposed Year 1 Actions to Transition to Integrated Governance for Senior Services

To support the transition of this Senior Services Roadmap for revitalizing senior services from planning to action the Committee recommends the Town Council begin with the following roles and responsibilities for the first year of the Roadmap:

1. Engage Town Commissions and Boards

By expanding its role the Community Health and Senior Services Commission has suggested it would undertake the following three activities considered critical for maintaining Roadmap progress. The first area of communication and engagement represents the essential support for maintaining the momentum of the other Roadmap goals while the second and third activities address initial needs in the governance and accountability of senior services. Those activities include the following:

- i. Communication and Engagement: This activity is the portion of the Roadmap addressing Goal #3. It is suggested that the CHSSC create an ad hoc subcommittee from its membership to fulfill the tasks involved and to also consider adding a few community expert guests to help support the subcommittee and extend its reach.
- ii. Roadmap Tracking: In this activity the CHSSC would be responsible for tracking and assessing whether the goals of the Roadmap are being accomplished according to the timelines set forth in the Roadmap. This may be done via the necessary communication and annual or more frequent written assessments.
- iii. Annual Senior Services Assessment: In this activity the CHSSC would be responsible for assessing and reporting on the nature and quality of senior services in Los Gatos. This may be done via an annual State of Los Gatos Senior Services written report.

The CHSSC could consider creating subcommittees to assist in implementing activities ii) and iii) if needed. Similar to activity i), the CHSSC would be responsible for appointing the members of the subcommittees and could include expert guests as appropriate. Consideration could be given to requesting that the Town Council appoint a liaison from the Council to the CHSSC, to assist in the foregoing work and/or help with recruitment of people to serve on the CHSSC and its subcommittees.

Duties and responsibilities on issues relating to other Roadmap goals such as housing and transportation would remain with the Town boards and commissions currently responsible in those areas. However, in its role of Roadmap tracking the CHSSC would periodically meet with the boards and commissions responsible for these areas, to assess their progress and align goals with them related to these areas. Some examples found in the project proposals of this Roadmap include: 1) Parks Commission: the development of a Community Garden 2) Complete Streets and Transportation Commission: transportation options for older adults including walking paths and exploration of a shuttle 3) Planning Commission and/or Housing Element Advisory Board: creation and maintenance of an inventory and directory of housing options for seniors. These enhancements might include subcommittees or cross-commission ad hoc teams as well as specific older-adult-related tasks in the annual work plans of the Town Commissions and Boards, and could include issuing reports to the Town Council about progress on these items. Members of the Senior Services Committee could help organize these activities during the period before the sunset of the Senior Services Committee.

Next steps:

1. CHSSC assigns members to coordinate each of the above three activities
2. Town Age-Friendly Coordinator and/or CHSSC plans projects to be pursued with other Commissions or Boards

2. Appoint Town Age-Friendly Coordinator (0.2 FTE)

The Committee recommends the Town Council appoint a part time (0.2 FTE) Coordinator for senior services in Los Gatos. The Coordinator is envisioned to be a staff member within the town administration. Their allocated time would be dedicated to being a point of contact for senior services in Los Gatos. This position would provide an important step to realizing the Roadmap vision of a coordinated partnership for senior services between the Town, Town commissions and boards, the proposed Friends of Los Gatos Seniors Foundation, community service providers, and other nonprofits and regional providers. The Coordinator would also be a member of the Foundation advisory committee. Responsibilities for the Age-Friendly Coordinator might include:

- Act as the point of contact for the Commissions, Service Provider organizations, Foundation, and regional nonprofits providing services for Los Gatos older adults
- Be the point of contact for key provider of recreational services to older adults (currently LGS Recreation)
- Receive information from the three CHSSC activities coordinators involving Communication & Engagement, Roadmap Tracking, and Annual Assessment
- Serve as the point of contact for questions about volunteer opportunities as Roadmap projects advance in support of this goal

- Coordinate receipt of budget proposals to both the Town of Los Gatos as well as the Friends of Los Gatos Seniors Charitable Foundation
- Facilitate review and presentation to Town Council of the Annual Assessment of Senior Services provided by the CHSSC for receipt by Council
- Provide information and support for the Town Council review of the Roadmap progress and governance during the first quarter of 2024 and subsequently as discussed in the Roadmap maintenance section below.

As the Roadmap successes accrue in future years and senior services delivery advances, there may be considerable leverage gained by increasing the fractional 0.2 FTE allocation to the Town’s Age-Friendly Coordinator. This graded approach could facilitate the transition of Los Gatos senior services governance from a fragmented model to an integrated partnership model.

Next steps:

1. Town appoints an Age-Friendly Coordinator
2. Ensure the Coordinator is briefed on the senior services landscape.

3. Recognize and Encourage Community-Based Activities to Support Senior Services

It is recommended that the Town Council recognize and encourage community efforts in support of the Senior Services Roadmap. This support would include recognizing a community-planned 501(c)3 nonprofit Foundation that will be formed and having the Town Age-Friendly Coordinator participate in the nonprofit’s Advisory Committee.

The community-based Friends of Los Gatos Seniors Foundation will be created for raising funds in support of senior programs and facilities to supplement Town funding, and establishing a sustaining endowment from individuals and corporate entities. The Foundation will explore options and funding mechanisms for a new or refurbished community facility with dedicated space for senior programs. It will also seek funds to supplement and enhance support for senior programs and activities. As an independent nonprofit entity it will have a Board of Directors and it is recommended that they appoint an Advisory Committee. The Advisory Committee may assist the Board in such areas as investigating community facility options, creating a capital facility fundraising campaign, seeking methods to raise funds for senior service activities, seeking grants to support these efforts, and, over time, establishing a sustaining endowment. It is recommended that the Foundation coordinate its activities with the Town.

Next steps by the nonprofit:

1. Establish a Board of Directors for the Friends of Los Gatos Seniors Foundation
2. Apply for 501(c)3 status

4. Re-Establish Baseline Services

As part of an integrated governance model the Committee believes that sustainable support of core senior services is necessary to re-establish the pre-pandemic baseline in order to achieve the vision of the Roadmap. These services are considered to be essential to be maintained as a base of support for an important and often older segment of our senior population. There are two provider areas for these services:

- Town: social, educational, healthy living activities provided by LGS Recreation,

- Community: grants to nonprofit community service providers to help supplement their services in Los Gatos (Live Oak Nutrition, West Valley Community Services, re-establish Live Oak Adult Day Care, etc.).

Role of Los Gatos-Saratoga Recreation

LGS Recreation has been providing services to the seniors of Los Gatos based under an agreement initiated in 2009. The 20-year lease agreement defines the scope of services that are to be provided in return for partial rent relief. After obtaining a better understanding of the services and associated funding of LGS Recreation, it appears this full suite of services currently (in 2022) being provided to the senior community cannot be sustained without an increase in funding. In fact, as of 2023, even baseline services are not funded given the direction of the LGS Recreation Board to no longer fund senior services with surpluses from other LGS Recreation programs. Additionally, services and governance aspects of the original 2009 Lease Agreement (see Appendix G) with LGS Recreation have changed.

The Committee has reviewed the base-line services that LGS Recreation is providing and recommends that the Town negotiate an acceptable one-year agreement to maintain essential services. Also, the Committee notes from its benchmarking studies of peer cities that essential services by nonprofits are not charged rent for the municipal facilities they occupy to provide the services, in contrast to the pre-pandemic practice in Los Gatos. For the following three-year period, it is recommended to re-evaluate the provision of services by LGS Recreation as circumstances change while also considering the ability of the newly formed Friends of Los Gatos Seniors Foundation to raise additional funds to provide supplemental support for these senior services. If LGS Recreation is able to provide an ongoing role in the delivery of services to the seniors of Los Gatos, it is important to re-evaluate and document changes to the services initially enumerated in the 2009 Lease Agreement. It could also be beneficial for collaboration to have a Town representative participate on the Board of LGS Recreation and have the Town’s Age-Friendly Coordinator provide a point of contact for LGS Recreation services for older adults.

5. Sunset Senior Services Committee

The Committee recommends that the transition from planning to action be facilitated by engaging the Senior Services Committee to assist the Town in publicizing and jump-starting year 1 projects and then to sunset the Committee in 2023.

Roadmap Maintenance and Update Process

The Committee recommends that for the Roadmap to be of continuing value, both during its *implementation* and beyond, there needs to be a process for this document to evolve as circumstances change, as current needs are satisfied, and as new needs emerge in the community. Maintaining and updating the Roadmap will ensure that it is sustainable and of continuing value. Recognizing that the ultimate authority for the Roadmap implementation rests with the Town Council the Committee recommends the following process:

- During the first quarter of 2024 the Town Council would review the Roadmap progress over its first year and the effectiveness of its governance, making any needed modifications;
- The review would be informed by the tracking data and annual assessment of senior

services provided by the CHSSC and any other information collected. The Age-Friendly Coordinator would facilitate this effort;

- During the proposed year 1 review it is recommended that the 1-3-10 year fiscal planning process also be completed;
- In the subsequent years two and three it is recommended that the Council repeat this process, ensuring that the Town continues to make progress in transitioning to an integrated governance model with community engagement, and address any issues as circumstances change;
- The review process for this 10-year Roadmap could thereafter be repeated only as needed, for example if plans are initiated for the renovation or construction of a new community center with space for senior programs.

Roadmap Communication

The Committee recommends that the Roadmap be communicated to both community leaders and the larger Los Gatos community. During the period of transition to implementation of the Roadmap the Committee members will participate in the following activities over the next couple of months through the direction of the Chair.

Roadmap Awareness

To increase community awareness the Committee will develop an action plan to promote the Roadmap and the proposed 1-3-10-year goals. In partnership with the Town administration, Town commissions, the Chamber of Commerce, service clubs and others, Committee members will promote the Roadmap via print, social media, email, and group presentations. Individuals and groups will be made aware of what they've already done to help and identify needs, emphasizing an opportunity to become involved. The objective will be for the community to become engaged in what the Roadmap proposes, to be aware of the benefits it can bring to older adults and the community at large, to plan for the next steps, and to get people excited about the future.

Tailored Messages to Request Participation

In coordination with the CHSSC, Committee members will meet with Town commissions such as CSTC, Planning Commission, and Parks Commission to present specific elements of the Roadmap 1-3-10-year goals and project ideas and to explore if they would be willing to lead those efforts within their area. Also, members will hold meetings with the Chamber of Commerce, SASCC, regional, county, state leader and other potential partners. The Committee hopes commissions and other groups that have participated in the development of the Roadmap plans will join forces in the proposed Roadmap effort so that the community moves toward a common goal.

Conduct Roadmap Town Halls

Launch Town halls similar to the original community workshops that were held during February – April 2022 with the objective of explaining the Roadmap content, reaching additional groups and individuals.

Conclusions

This Roadmap provides an actionable, community plan for revitalizing senior services in Los Gatos. It was developed by first creating a vision where older adults are engaged, valued, and provided equitable opportunities to thrive in an inclusive, Age-Friendly Town. The needs of Los Gatos older adults were then assessed and ways in which these needs were addressed in other communities were analyzed. Seven overall goals were developed and broken down into 1, 3, and 10-year plans for each goal. The work required to achieve these goals was structured into projects with quarterly milestones and these projects organized into programs. Finally, a plan to transition the governance and accountability of services to achieve these goals in a Town-community partnership was identified. To achieve this five “asks” of the Town Council were identified as detailed in Section II.B. Our objective is at the end of this 10-year Roadmap to have prepared our community for the next generation of older adults when it is estimated that those aged 55 or older in Los Gatos will approach $\frac{1}{3}$ of the Town’s population. The Committee respectfully submits that with a sustained, affordable commitment by the Town and with strong engagement and support by the community this 10-year Roadmap will provide a thriving Town environment where the entire community benefits.

Senior Services Roadmap for Los Gatos Appendices

Appendix A

Los Gatos Senior Services Committee Membership

Original Appointed Membership	CHSSC Added Membership (September 2022)
Dick Konrad, CHSSC Chair	George Rossmann, CHSSC Member (CHSSC Chair in 2021)
Maia Bernholz, CHSSC Youth Representative Arshia Mathur (Sept. – Dec. 2021)	Eleanor Yick, CHSSC Member
Matthew Hudes, Council Member Rob Rennie (Sept. 2021 - Apr. 2022)	Jeff Blum, CHSSC Member
Maria Ristow, Council Member	Pradeep Khanal, CHSSC Member
Nancy Pearson, Service Clubs (Kiwanis)	Arn Andrews, Assistant Town Manager, Town Liaison
Catherine Somers, Los Gatos Chambers	
Kathy Mlinarich, Service Provider (Live Oak Nutrition)	
Lisa Lenoci, Service Provider (Live Oak Adult Daycare)	
Tom Picraux, Senior Community Leader, committee chair	
Maureen Heath, Senior Community Leader, committee vice chair	
Diana Miller, County Department of Aging Representation	
Brennan Phelan, El Camino Hospital	

**Appendix B
Subcommittees and Membership During Studies**

Roadmap Goals Subcommittees:

Goal 1. Communications and Engagement

Konrad (Chair), Miller, Mlinarich, Pearson, Picraux, Somers, Yick, Guest: Kennedy, Guest: Hall

Goal 2. Appealing and Inviting Facility (Renovate or Build)

Heath (Chair), Bernholz, Blum, Hudes, Lenoci, Picraux,

Goal 3. Core Senior Services

Pearson (Chair), Khanal, Konrad, Lenoci, Mlinarich, Somers,

Goal 4. Enhance Transportation Options for Older Adults

Heath (Chair), Khanal, Ristow, Picraux, Guests: CSTC members Buxton, Thompson, Miano

Goal 5. Volunteer Support and Engagement

Pearson (Chair), Picraux, Khanal, Somers, Yick, Guest: Kaczmarski

Goal 6. Senior Housing – Information on Approaches and Options

Heath (Chair), Miller, Picraux, Ristow, Guest: Planning Commission member: Barnett

Goal 7. Develop Integrated Governance, Funding, and Accountability for Senior Services

Hudes (Chair), Blum, Heath, Miller, Phelan, Picraux, Rossmann,

Roadmap Drafting Subcommittee

Picraux (Chair), Heath, Hudes, Konrad, Pearson

Cities Benchmarking Subcommittee

Hudes (Chair), Konrad, Mlinarich, Picraux

Los Gatos Survey Subcommittee

Heath, Lenoci, Miller, Benlice

Communication and Community Engagement Subcommittee

Pearson (Chair), Mathur, Rennie, Somers

Vision, Mission, and Workplan Subcommittee

Hudes (Chair), Mlinarich, Picraux, Rossmann

**Appendix C
Work Plan**

1. Develop Vision, Mission and Workplan
2. Conduct Needs Assessments
 - a. Benchmarking survey (CASOA) of Los Gatos 60+ adults
 - b. Workshops to assess needs in-depth ← **Council Checkpoint Feb, 2022**
 - c. Benchmark comparisons to neighboring cities
3. Conduct analysis of assessment results, gaps, needs
4. Develop roadmap for older adult services
 - a. Goals - align each element with mission objectives
 - b. Validate identified goals ← **Council Checkpoint June 21, 2022**
 - i. Town Halls
 - ii. Opinion leaders
 - iii. Community outreach feedback
 - c. Develop preliminary financial and operational estimates
 - d. Initiate study of long term facility needs
 - e. Initiate study of governance
 - f. Measure results for accountability
5. Conduct ongoing outreach and engagement activities
 - a. Media – print, email, web, KCAT, 55 Plus, ...
 - b. Presentations – service clubs, organizations, Town events
6. Explore selected new initiatives for older adult services ← **Council Checkpoint October 18, 2022**
 - a. Volunteer club; Expanded volunteer coordination and postings
 - b. Social clubs expansion
 - c. Service providers information network
7. Prepare Senior Services Annual Report and Develop Year 2 funding proposal ← **Council Checkpoint December 20, 2022**

Appendix D
CASOA Los Gatos Report Index - 2022



Los Gatos, CA
Survey Report of Results
April 2022



8001 Terrace Ave Middleton, WI 53562
info.polco.us • 608-709-8683

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Appendix E Detailed Cities Benchmarking Los Gatos

Municipality		Los Gatos, CA								
Prepared by:		Tom Picraux								
Date:		3/21/2022								
Population:		33,529		Calculated 65+ Population						
65+ Population %:		21%		6,974						
Demographics:										
Median income:		\$ 155,863								
Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population			
Environment	Safe, accessible and walkable space	Extensive downtown walkable areas	Local Municipal Gov't. -	Hi -						
	Affordable Transportation	RYDE, one VTA bus line, VTA Access	Adjacent or Regional C -	Med -						
	Senior Services Facility	Adult rec. center (large hall is 2580 sq.ft., 4 rooms downstairs and 2 upstairs with room size from 245 to 450)	Local Municipal Gov't. -	Low -	4612	sq.ft.				
	Senior Services Staffing	LGS Rec. manages, some town support in 2022	Local Agency within CI -	Low -		1	Staff Full-Time Equiv (FTE)	0.0001		
	Available Parks, Open Space, and Public/Social Spaces, close location,	Extensive system with 15 parks including the well used Oak Meadow city and Vasona Lake county park and with the Los Gatos creek trail.	Local Municipal Gov't. -	Hi -			Number of Parks			
	Personal Safety, crime rate, home call programs, walking safety	Streets are walkable and safe. Crime rates are well below national average		Hi -	0.66	Violent Crime rate per 1,000				
Purpose, Connection and Belonging	Emergency and Disaster Preparedness	Town provides strong support and multiple wildfire abatement programs	Local Municipal Gov't. -	Hi -						
	Help in Home Maintenance	Provide information on nonprofits in area and services across county	Adjacent or Regional C -	Med -						
	Participation and Communication with Older Adult Community	Low participation with 55Plus, good participation in service clubs	Local Agency within CI -	Low -						
	Network of Information/Hub	service provider groups have their individual volunteer lists	Local Agency within CI -	Low -						
	Service Force and Volunteer Opportunities	Four very active service clubs. Volunteer opportunities with service clubs, nutrition program and 55Plus Senior Rec Center	Local Agency within CI -	Med -						
	Opportunities for Education, Culture, Reading, and Arts	Cultural opportunities through Town music programs & events and Town Library. Some classes via 55 Plus programs.	Local Municipal Gov't. -	Med -						
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc	Available through clubs including History Club, Democracy Tent, Service Clubs	Local Agency within CI -	Med -						
	Technology proficiency assistance	Internet service providers and access through Town library	Local Municipal Gov't. -	Med -						
	Employment Opportunities for 60+	Limited opportunities	Adjacent or Regional C -	Low -						
	Promoting Inclusivity in all of our 60+ programs (applies to all services)	Extensive Town efforts to promote inclusivity	Local Municipal Gov't. -	Med -						
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.	Live Oak Nutrition meal service 5 days/week (1200 monthly) and meals on wheels	Adjacent or Regional C -	Hi -	60	Clients served (average monthly)	0.86%			
	Mental and Behavioral Health Programs	Two local hospitals with programs	Local Agency within CI -	Med -						
	Adult Day Care and Caregivers (Dementia Care)	Live Oak Adult Day Care (5 days/week) currently closed due to staffing shortages	Adjacent or Regional C -	Med -						
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	LG Rec. 55 Plus programs currently being rebuilt with Town grant	Local Municipal Gov't. -	Med -	110	Members or Participants	1.58%			
	Affordable Quality Housing - Seniors	Some senior housing across financial spectrum: Villa Vasona, the Commons, Terraces, Belmont Village, etc.	Local Agency within CI -	Med -		Housing Units	0.00%			
	Continuing Living Facilities, different residence models	Cedar Creek Alzheimers Assisted Living, Terraces, Blossom Hill Gardens assisted living	Local Agency within CI -	Med -		Housing Units	0.00%			
	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	Information available from LG Rec. 55 Plus program, LG Community Health and Senior Services Commission and the Senior Services Providers Network maintain selected information on programs.	Local Agency within CI -	Low -						
	Program Governance	Split between LG Rec, Town	Local Agency within CI -	Med -						
	Professional, legal, estate, insurance, investment, etc.	County support nonprofits such as Sourcewise and AARP provide services such as SALA, for legal, tax prep., HICAP for insurance	Adjacent or Regional C -	Med -						
	Participation in Publicly Available Senior Programs outside the city	West Valley Community Services, Campbell and other senior centers.	Adjacent or Regional C -	Med -						
Coordinated Network of providers	Volunteer coordinator	No single coordination. LG Rec. 55 Plus program, Live Oak Nutrition, Service Clubs, Library maintain individual volunteer lists	Local Agency within CI -	Low -						
	Affordable membership cost	\$25 for LG Rec. 55 Plus program, free activities are increasing recently but most activities bundled in series of 5 to 10 classes with costs of \$75 to \$200	Local Agency within CI -	Low -	\$ 25.00	Annual fee \$				
	Community Budget for Senior Services (total)	\$285,000 provided by Live Oak Nutrition and Day Care adjacent agencies.	Adjacent or Regional C -	Low -	\$ 360,000	Annual budget \$	\$ 51.62			
	Municipal Budget for Senior Services	Pre-pandemic budget listed. In 2022 \$500,000 one time funds from ARPA recovery money provided.	Local Municipal Gov't. -	Low -	\$ 85,000	Annual budget \$	\$ 12.19			
	Observations	Similarity to Los Gatos								
		Differences from Los Gatos								
		Service delivery capability	Limited							
		Other								
			Los Gatos has a unique arrangement whereby a rent abatement is given to LGS Rec in return for certain services				\$ 250,000			
						\$ 610,000	Annual budget \$	\$ 87.47		
		Rent abatement			\$ 335,000	Annual budget \$	\$ 48.04			

Campbell

Municipality: Campbell, CA										
Prepared by: Dick Konrad										
Date: 3/9/2022										
Population: 42,221		Calculated 65+ Population								
65+ Population %: 13%		5,489								
Demographics: 50.8% White, 21.4% Asian, 8.7% Hispanic, 7.8% Black, 1.3% Other										
Median Income: \$ 124,525										
Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population			
Environment	Safe, accessible and walkable space			Med						
	Affordable Transportation	Use Ryde, VTA		Hi						
	Senior Services Facility	Excellent Community Center houses senior activities and recreation. It is a converted high school and has a pool and outdoor fitness facilities - separate senior area?		Hi						
	Senior Services Staffing	3 FTE pre-covid (now 2), .5 Nutrition manager, .3 case manager	Local Municipal Gov't.	Hi	3.6	Staff Full-Time Equiv (FTE)	0.0007			
	Available Parks, Open Space, and Public/Social Spaces, close location.	Parks, dog park, Los Gatos Creek Trail		Hi	5	Number of Parks				
	Personal Safety, crime rate, home call programs, walking safety	Crime below national average, property crime is higher - use niche Grade Capus for public safety		Med		Violent Crime rate per 1,000				
	Emergency and Disaster Preparedness			Hi						
	Help in Home Maintenance	Refer to Rebuilding Together and Heart of the Valley (don't want liability)		Med						
	Purpose, Connection and Belonging	Participation and Communication with Older Adult Community	e-Mail newsletter, recreation has published guide		Med					
		Network of Information/Hub	Senior coordinator is hub		Med					
Service Force and Volunteer Opportunities		Website for volunteers		Med						
Opportunities for Education, Culture, Reading, and Arts		Heritage Theater, 2-Santa Clara County public libraries, Campbell Historical Museum, Ainsley House, Book Club, Community Garden, Winchester Mystery House	Local Municipal Gov't.	Med						
Participation in Current Affairs, Politics, and Civic Groups, History club, etc		Historic Preservation Group, Book Club, Country Women's Club, Busy Hands/Caring Hearts		Hi						
Technology proficiency assistance		Holiday party, lunar new year party, library access to internet, summer concerts		Med						
Employment Opportunities for 60+		None		Low						
Promoting Inclusivity In all of our 60+ programs (applies to all services)				Med						
Healthy Living/Physical, Cognitive, and Mental Health		Nutrition, meals, meals on wheels, etc.	Catered meals for 90 served M-F for \$3, take out available, not delivery	Local Municipal Gov't.	Med	90	Clients served (average monthly)	1.64%		
		Mental and Behavioral Health Programs	Public awareness healthy workshops, referrals for dementia		Med					
	Adult Day Care and Caregivers (Dementia Care)	No day care		Low						
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Membership fee \$25 pre-covid, 1,100 current senior programs, fee-based but subsidized, average price \$5-\$10. Have pool and outdoor exercise facilities, offer trips and other rec programs are at cost. Free card games and movies		Hi	1100	Members or Participants	20.04%			
	Affordable Quality Housing - Seniors	Have case manager to help in housing, financial, health and transportation		Low		Housing Units	0.00%			
	Continuing Living Facilities, different residence models	Merrill Gardens, Campbell Village, Princess Lodge, Bed of Roses, Ambrosia Home		Med		Housing Units	0.00%			
	Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	Goals are set, measurements tracked on city website	Local Municipal Gov't.	Hi					
		Program Governance								
		Professional, legal, estate, insurance, investment, etc.								
		Participation in Publicly Available Senior Programs outside the city			Low					
Volunteer coordinator		Senior Services Supervisor		Med						
Affordable membership cost				Med	\$ 25.00	Annual fee \$				
Community Budget for Senior Services (total)		\$283,000 Expense - \$180,000 Revenue			\$ 498,000	Annual budget \$	\$ 90.73			
Municipal Budget for Senior Services					\$ 283,000	Annual budget \$	\$ 51.56			
Observations		Similarity to Los Gatos	Some basic services are similar							
		Differences from Los Gatos	1) Some subsidized programs for seniors 2) Have a case manager 3) Probably not as safe 4) Dedicated facility with pool and outdoor fitness activity 5) Senior services funded by city, more staff 6) Senior coordinator has more tenure in job 7) Maintained communications with seniors during covid 8) Volunteers help with senior programs 9) Senior coordinator provides hub information							
	Service delivery capability	Excellent								
	Other	It starts with facility, and dedicated staff								

Cupertino

Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population
Municipality: Cupertino, CA Prepared by: Kathy Mharich Date: 3/8/2022 Population: 60,381 65+ Population %: 14.7% Demographics: Asian 67%, white 26% foreign born 53% Median income: \$ 171,917							
		Calculated 65+ Population					
		8,876					
Environment	Safe, accessible and walkable space			Hi			
	Affordable Transportation	RYDE, city-funded on-demand community shuttle pilot, VTA paratransit	Local Agency within C	Med			
	Senior Services Facility	21251 Stevens Creek Blvd \$40M	Local Municipal Gov't.	Med			
	Senior Services Staffing	Case manager, 1.9 FTEs (recently eliminated); recreation coordinator 2.7 FTEs; and supervisor 0.25 FTE	Local Municipal Gov't.	Med	4.65	Staff Full-Time Equiv (FTE)	0.0005
	Available Parks, Open Space, and Public/Social Spaces, close location,	Blackberry farm park/golf course, Mcellan ranch, and numerous local parks	Local Municipal Gov't.	Med	24	Number of Parks	
	Personal Safety, crime rate, home call programs, walking safety			Low	3.2	Violent Crime rate per 1,000	
	Emergency and Disaster Preparedness	Cupertino's office of emergency and West Valley Community Services	Local Agency within C	Hi			
	Help In Home Maintenance	Provide information on nonprofits in area and services across county		Low			
Purpose, Connection, and Belonging	Participation and Communication with Older Adult Community	yes, with various senior home facilities; newsletter to all of community		Med			
	Network of Information/Hub	yes	Local Municipal Gov't.	Hi			
	Service Force and Volunteer Opportunities	Volunteer opportunities offered with on line sign up, paid volunteer coordinator	Local Municipal Gov't.	Med			
	Opportunities for Education, Culture, Reading, and Arts	Extensive range of educational and cultural courses; coordinate with strong library system of programs	Local Municipal Gov't.	Hi			
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc	US History and Citizenship preparation classes offered, active TV production engagement by seniors in club	Local Municipal Gov't.	Hi			
	Technology proficiency assistance	Classes for digital devices and cyber security	Local Municipal Gov't.	Hi			
	Employment Opportunities for 60+			Low			
	Promoting inclusivity in all of our 60+ programs (applies to all services)			Med			
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.	Do not have a Senior Nutrition Program, once a month birthday event		Low	590	Clients served (average monthly)	6.65%
	Mental and Behavioral Health Programs	yes, services list provided by city	Local Agency within C	Hi			
	Adult Day Care and Caregivers (Dementia Care)	yes, Live Oak Adult Day Care program (well subscribed with waiting list)	Adjacent or Regional C	Hi			
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Senior Center offers sports, dancing, and other classes, use of De Anza for some activities such as swimming	Local Municipal Gov't.	Hi		Members or Participants	0.00%
	Affordable Quality Housing - Seniors	Below Market Rate (BRM) housing program, wait list for 2022 closed		Med	127	Housing Units	1.43%
	Continuing Living Facilities, different residence models	Cupertino@risehouses.com		Med	2	Housing Units	0.02%
Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	City managed, reporting of budgets, no annual senior report, Senior Center revitalizing Advisory Board, no separate city senior commission	Local Municipal Gov't.	Low			
	Program Governance	City managed	Local Municipal Gov't.	Med			
	Professional, legal, estate, insurance, investment, etc.			Hi			
	Participation in Publicly Available Senior Programs outside the city			Med			
	Volunteer coordinator	yes see website, new volunteer orientation course provided	Local Municipal Gov't.	Hi			
	Affordable membership cost	\$30, \$25 for residents, many clubs free, 8-12 week series of classes \$15-68	Local Municipal Gov't.	Med	25	Annual fee \$	
	Community Budget for Senior Services (total)	Live Oak Adult Day Care provides services in Cupertino		Med	1,439,451	Annual budget \$	\$ 162.17
	Municipal Budget for Senior Services	FY20 total expenditures with \$363K from fees, City also provides community funding grants with \$144K provided in 2021-22 for local festivals	Local Municipal Gov't.	Med	1,289,451	Annual budget \$	\$ 145.27
Observations	Similarity to Los Gatos	Major employer does not provide support except for community where benefits employees (e.g, bike lanes)					
	Differences from Los Gatos	City run					
	Service delivery capability						
	Other	West Valley Community Services located in Cupertino independently provides extensive services to the disadvantaged					

Los Altos/ Los Altos Hills

Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population
Municipality: Los Altos-Los Altos Hills Prepared by: Dick Konrad Date: 3/8/2022 Population: 30,504 65+ Population %: 20% Demographics: 72% White, 31% Asian, .5% Black, 6.5% Other Median Income: \$ 235,276		Calculated 65+ Population					
							6,101
Environment	Safe, accessible and walkable space	Yes		Hi			
	Affordable transportation	On the Move. Fully reimbursed +\$3 tip (Reimbursement of Uber, Lyft, taxi through July 2022)		Hi			
Facility	Community Center	Los Altos Community Center	Local Municipal Govt.	Hi			
	Basic facilities	For whole City. Largely senior usage. 1.5% dedicated senior space		Hi			
	Advanced features	24,500 sq. ft., 12 community rooms, commercial kitchen. No pool		Hi			
	Location	Front desk for the City, flat screens/ internet throughout, assisted listening devices, sound system w/mic, courtyard, bocce ball courts, multi-use fields, public art, LEED Gold, architectural merit		Hi			
	Capital Funding	Central location, access from lobby or directly to rooms, ample parking, walking to library, park, garden house, nature preserve, gym, tots club room		Hi			
	Operating funding	\$30M CIP plus \$10M loan		Hi			
	Staffing	Substantial room rentals, Muni budget through Park and Rec, limited non-profit fee waivers, one room free		Hi			
	Hours	1 FT + 3 PT + 3 Volunteers - also administer senior programs		Hi			
	Overall Impression	Senior 8-3PM daily		Hi			
	Challenges	Spectacular space, beautiful and inviting, light and connected to nature		Hi			
	Senior Services Staffing	Hiring staff, capital funding process	Local Municipal Govt.	Med		1.75 Staff Full-Time Equiv (FTE)	0.0003
	Available Parks, Open Space, and Public/Social Spaces, close location.	Parks plus redwood forest reserve		Hi		10 Number of Parks	
	Personal Safety, crime rate, home call programs, walking safety	Sunshine home call program. 35 safest small city in America		Hi			Violent Crime rate per 1,000
	Emergency and Disaster Preparedness			Hi			
Purpose, Connection, and Belonging	Help in Home Maintenance	Hesitant to do referrals		Low			
	Participation and Communication with Older Adult Community	Spotlight is emailed once pre month, and mailed for \$6 charge. Event inclusive during past year, pre-covid 650 for seniors and recreation programs. Currently 350 and do not count seniors independently		Med			
	Network of Information/Hub	Senior coordinator provides hub services		Med			
	Service Force and Volunteer Opportunities	Town website for volunteers		Med			
	Opportunities for Education, Culture, Reading, and Arts	Foothill College and 2 libraries		Hi			
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc.	Talks by community leaders Volunteer theater summer concerts		Hi			
	Technology proficiency assistance			Low			
	Employment Opportunities for 60+			Low			
	Promoting inclusivity in all of our 60+ programs (applies to all services)	none		Med			
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.	Prior to Covid lunch at 2 locations for 60 people, other services referred to Community Service Agency (CSA) in Mt. View	Adjacent or Regional C	Hi		60 Clients served (average monthly)	0.98%
	Mental and Behavioral Health Programs	No programs, referrals to CSA (Community Services Mt. View)	Adjacent or Regional C	Med			
	Adult Day Care and Caregivers (Dementia Care)			Low			
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Free card games, book club and some fitness programs. All else fee-based or not subsidized.		Hi		650 Members or Participants	10.65%
	Affordable Quality Housing - Seniors	32 Rental units and 45 second living units monitored by Alta housing		Med		77 Housing Units	1.26%
Coordinated Network of providers	Continuing Living Facilities, different residence models	The Terraces, Bridgepoint, and Hidden Lane Villa		Med		Housing Units	0.00%
	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	1 Councilmember on Parks and Rec Commission		Hi			
	Program Governance	Fund by city					
	Professional, legal, estate, insurance, investment, etc.	AARP, SALA					
	Participation in Publicly Available Senior Programs outside the city	CSA and VTA		Med			
	Volunteer coordinator	Senior coordinator plus use of volunteers		Med			
	Affordable membership cost	No cost for membership		Med	\$ -	Annual fee \$	
	Community Budget for Senior Services (total)	Rec \$141K, Senior \$158K, to Covid \$392K for seniors and recreation			\$ 343,000	Annual budget \$	\$ 56.22
	Municipal Budget for Senior Services		Local Municipal Govt.		\$ 343,000	Annual budget \$	\$ 56.22
Observations	Similarity to Los Gatos	A few basic recreational services and an e-mail information brochure					
	Differences from Los Gatos	1) Senior coordinator has a long-tenure in job 2) Many services are referred to outside agency 3) Funding comes from the city 4) no membership fee for seniors 5) a new dedicated community center that cost \$35M 6) Many talks by community providers					
	Service delivery capability						
	Other						

Morgan Hill

Municipality: Morgan Hill, CA									
Prepared by: Tom Picraux									
Date: 3/15/2022									
Population: 45,483		Calculated 65+ Population		6,368					
65+ Population %: 14%									
Demographics: white 73%, hispanic 31%, asian 14%, black 2%, foreign born 18%, bachelors+ degrees 44%, poverty 4% (ISSUE HERE), broadband 92%.									
Median Income: \$ 124,000									
Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population		
Purpose, Connection, and Belonging	Emergency and Disaster Preparedness	Emergency Operations Plan, CERT basic training, Ham radio, disaster supply kit & planning information, emergency call center, lot of volunteer participation	Local Municipal Gov't.	Med					
	Help In Home Maintenance	Provide information from list of known trusted local resources		Med					
	Participation and Communication with Older Adult Community	1900 members/month 55+ (pre-COVID) using center; total community center members ~13000 (preCOVID) now ~9000 with ~1600 55+. Communication by paper for older seniors placed in lunch bags, handed out by drivers, in senior center, by email list to ~2000, by website each month, by social media, by posting, and by marketing senior services in recreation program emails.	Local Municipal Gov't.	Med					
	Network of Information/Hub	Info provided by brochures, list of known trusted resources in community, couple volunteers answer questions		Med					
	Service Force and Volunteer Opportunities	Volunteer intake and coordination for senior center and city managed by part-time senior center welcome desk.		Med					
	Opportunities for Education, Culture, Reading, and Arts	Senior center provides opportunities through classes		Med					
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc	Senior center classes.		Med					
Healthy Living/Physical, Cognitive, and Mental Health	Technology proficiency assistance	Computer lab, Wed. 12:30-3:00 digital device help by volunteers on drop in basis (very popular)		Med					
	Employment Opportunities for 60+	Sourcewise county program		Low					
	Promoting Inclusivity in all of our 60+ programs (applies to all services)	Appears to be the case.	Local Municipal Gov't.	Med					
	Nutrition, meals, meals on wheels, etc.	Senior lunches M-F (currently boxed) operated by YMCA of Silicon Valley and supported by county nutrition program and Y's (\$250,000/yr.). Meals on Wheels (Sourcewise).	Adjacent or Regional C	Hi	75	Clients served (average monthly)	1.18%		
	Mental and Behavioral Health Programs	Community Solutions La Casa Del Puente Treatment Center, Psynergy Nueva Vista psychiatric hospital.	Local Agency within C	Low					
	Adult Day Care and Caregivers (Dementia Care)	Monthly caregiver support group by Alzheimer's Association	Adjacent or Regional C	Low					
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Senior center, aquatic center, classes, e.g., art, Tai Chi	Local Municipal Gov't.	Med	1900	Members or Participants	29.84%		
	Affordable Quality Housing - Seniors	Various affordable rental apartments		Med		Housing Units	0.00%		
	Continuing Living Facilities, different residence models	4 assisted living facilities, 2 retirement facilities, 2 nursing homes		Med		Housing Units	0.00%		
	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	Detailed monthly tracking of membership, participation in programs by member type, meals program, member demographics, volunteer hours, and performance measures. Nutrition survey for nutrition program and program and services survey annually. Periodic press releases on program impact with some date on # people served, etc.		Med					
Coordinated Network of providers	Program Governance	City governs facility and programs through the Recreation Department.		Med					
	Professional, legal, estate, insurance, investment, etc.	Case Management for seniors (Sourcewise), SALA free legal advice for 60+, AARP tax prep for low/middle income, Health Insurance Counseling.	Adjacent or Regional C	Med					
	Participation in Publicly Available Senior Programs outside the city	Location makes external programs inconvenient to use		Med					

Morgan Hill (cont.)

Observations

Volunteer coordinator	Yes. Senior center welcome desk (part-time) person is gatekeeper, complete form, maintain list (one-time vs. ongoing where fingerprint & backgnd check), act as a resource for city volunteers in addition. Have 50 volunteers in senior center, also have meals and wellness calls volunteers. (Had no organized volunteer effort before 2015).	Local Municipal Gov't. ▾	Med ▾			
Affordable membership cost	No annual fee. Some classes (like art) have fees, like \$2/class or \$58/session of classes.	Local Municipal Gov't. ▾	Hi ▾	\$ -	Annual fee \$	
Community Budget for Senior Services (total)	Sources are city (\$260K), program fees (\$33K), and donations (\$48K). Nutrition program funded by county + YMCA (\$186K+\$64K). Local donation sources are: weekly bingo program (\$30K/yr.), Friends of Morgan Hill Senior Center that provides grant program (\$20K/yr.). Friends has established an endowment (\$300,000) with \$1.5M goal that started with \$45K gift. Transportation receives some RYDE support. Sourcewise supports some Morgan Hill/Gilroy programs. (\$590,000 total includes city part of \$340,000.)	▾	Med ▾	\$ 591,000	Annual budget \$	\$ 92.81
Municipal Budget for Senior Services	Staffing: \$232,000. Supplies & Services: \$13,000. Facility Costs: \$47,000.	▾	▾	\$ 340,000	Annual budget \$	\$ 53.40
Similarity to Los Gatos	Makes use of services provide by county programs.	▾	▾			
Differences from Los Gatos	Community, aquatic & senior center with modern facilities and ample parking away from downtown area. City support and coordination of senior center and greater engagement of community in support of senior services.	▾	▾			
Service delivery capability	Senior Center Lobby/Reception/hallways 1127 sq ft, Senior Center Coordinator Office 132 sq ft, Activity Rms #1&2 772 sq ft, Computer room 277 sq ft, SC restrooms 112 sq ft, Senior Center MPR Room 1796 sq ft, Kitchen 623 sq ft, Teen Center on off hours 1401 sq ft. Total Community Center 56,000 sq ft.	▾	▾			
Other		▾	▾			

Palo Alto

Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population
Municipality: Palo Alto, CA Prepared by: Kathy Milnarich Date: 3/7/2022 Population: 68,572 65+ Population %: 19.40% Demographics: 58% White, 33% Asian, AfAm 2% NatAm 0.5% Hispanic 6.4% Pac/Isle .1% Median income: \$ 158,271		Calculated 65+ Population					
		13,303					
Environment	Safe, accessible and walkable space	Walkable Downtown		Med			
	Affordable Transportation	Avenidas door-to-door OUTREACH Star	Local Agency within CA	Hi			
	Senior Services Facility	Avenidas Village, 450 Bryant, non profit.	Local Municipal Govt.	Hi			
	Senior Services Staffing			Hi		Staff Full-Time Equiv (FTE)	0.0000
	Available Parks, Open Space, and Public/Social Spaces, close location,	4,000 acres of open spaces and parks 1.62 acres of urban park area, over 20 parks		Hi		Number of Parks	
	Personal Safety, crime rate, home call programs, walking safety		2 Local Municipal Govt.	Low		Violent Crime rate per 1,000	
	Emergency and Disaster Preparedness	Office of Emergency Preparedness. Comprehensive list of services, communication and advice.	Local Municipal Govt.	Hi			
Purpose, Connection, and Belonging	Help In Home Maintenance	Home Efficiency Genie, Consultation	Local Agency within CA	Hi			
	Participation and Communication with Older Adult Community	Online "public letters to city council"		Hi			
	Network of Information/Hub	Avenidas.org		Hi			
	Service Force and Volunteer Opportunities	May be accessed through City of Palo Alto website		Hi			
	Opportunities for Education, Culture, Reading, and Arts	Avenidas.org Many programs available for Seniors		Hi			
	Participation in Current Affairs, Politics, and Civic Groups, History club, etc	Variety of classes ranging from cooking, dancing, to Karate and Yoga		Hi			
	Technology proficiency assistance	yes, have internet workshops		Hi			
	Employment Opportunities for 60+			Med			
	Promoting Inclusion in all of our 60+ programs (applies to all services)	Office of Human Services website (all of the following "Healthy Living" segments have extensive information and referral services.		Hi			
Healthy Living/Physical, Cognitive, and Mental Health	Nutrition, meals, meals on wheels, etc.	La Comida, 455 E Charleston. Senior Nutrition Program. Served 2,700 meals in February, 2022.		Hi	4513	Clients served (average monthly)	33.92%
	Mental and Behavioral Health Programs	Office of Human Services website		Hi			
	Adult Day Care and Caregivers (Dementia Care)	Rose Klein Center		Hi			
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	Avenidas, Cubberly & Mitchel Park - Annual fees are higher but classes are lower and flexible		Hi		Members or Participants	0.00%
	Affordable Quality Housing - Seniors	29 complexes	Local Municipal Govt.	Med	1,123	Housing Units	8.44%
	Continuing Living Facilities, different residence models	27,983		Hi	7	Housing Units	0.05%
Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	website		Hi			
	Program Governance			Hi			
	Professional, legal, estate, insurance, investment, etc.	Palo Alto Mediation Program. Provides assistance for various legal disputes, ranging from tenant/landlord to small business/consumer disputes. A large selection of banks and insurance/investment firms and trust and estates legal services		Hi			
	Participation in Publicly Available Senior Programs outside the city	Stanford University, Menlo College.		Med			
	Volunteer coordinator			Hi			
	Affordable membership cost	\$60 to \$250 per year		Med	\$ 60.00	Annual fee \$	
	Community Budget for Senior Services (total)	1,664,645			\$ 1,664,645	Annual budget \$	\$ 125.13
	Municipal Budget for Senior Services	1,084,058			\$ 1,084,058	Annual budget \$	\$ 81.49
Observations	Similarity to Los Gatos	Cubberly Center host the broadest amount of general community activities. From dance classes and karate to other 1 time large events.					
	Differences from Los Gatos	Palo Alto has a broad revenue base, including d					
	Service delivery capability	Strong capability to deliver services. However the city's budget appears to be primarily focused on improvements to infrastructure and less so to community programs.					
	Other	\$20 million dollar, \$5 million from city of PA					

Princeton, NJ

Municipality: Princeton, NJ							
Prepared by: Ellen Schwartz							
Date: 3/7/2022							
Population: 31,000		Calculated 65+ Population		5,208			
65+ Population: 17%							
Demographics: white 73%, asian 17%, black 6%, hispanic 8%, foreign-born 29%, bachelors+ degr. 81%, poverty 6%, broadband 90%.							
Median income: \$ 138,000		per household					
Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population
Purpose, Connection, and Belonging	Senior Services Facility	2or 3: Primary is used most- newly Converted office building (12,000 sq. ft) in wooded setting (2021 moved in). 2nd (the original building near downtown) still used a little & rent space to others. 3rd small building, they don't own, but they have small program there. Is near low-cost housing. New building (12,000 sq ft), bought in Dec 2020, moved into in 2021, has \$5-million capital campaign, kicked off with 1 donor giving \$1.3million.	Local Agency within City	Hi			
	Senior Services Staffing	7 full-time, 8 part-time 50 instructors (at least some are volunteer). https://www.princetonjnj.org/wp-content/uploads/2022/03/RS-990-2020.pdf		Hi	16	Staff Full-Time Equiv (FTE)	0.0031
	Available Parks, Open Space, and Public/Social Spaces, close location.			Hi	20	Number of Parks	
	Personal Safety, crime rate, home call programs, walking safety	violent crime 3,270,000, property crime 75/10,000. https://www.princetonjnj.org/wp-content/uploads/2022/03/RS-990-2020.pdf		Hi	0.32	Violent Crime rate per 1,000	
	Emergency and Disaster Preparedness	PSRC responded to Covid with vaccine fairs (118 volunteers helped 687 seniors get appts.), converted to Zoom, increased meals on wheels		Med			
	Help in Home Maintenance	Social worker will refer to someone. PSRC has HomeFRIENDS volunteers whose primary role is visiting home-bound but could help with minor things.		Low			
	Participation and Communication with Older Adult Community	PSRC montly newsletter by email (if mail=\$10/yr) and excellent website		Hi			
	Network of Information/Hub	maintained by PSRC	Local Municipal Govt.	Hi			
	Service Force and Volunteer Opportunities	PSRC volunteer coordinator & separate GrandPais coordinator (130 grandpais reading to 300 Knowledge@Work); Evergreen forum is part of psrc that is volunteer-led classes (1300 students); they told me that while many retired professors volunteer, also many instructors are just knowledgeable (not professors); Corporations do community service @PSRC. for example 90 @combining employees and retirees' get appt.		Hi			
	Opportunities for Education, Culture, Reading, and Arts	PSRC has classes in this category as part of Evergreen Forum, but beyond PSRC, because of presence of Univ., there is Theater, Concerts, Museum, univ. courses to audit. Also: local choral groups, local orchestra, local theater group, art org. classes, Adult Ed.adult rec., Y programs	Local Agency within City	Hi			
Healthy Living/Physical, Cognitive, and Mental Health	Participation in Current Affairs, Politics, and Civic Groups, History club, etc.	Histor.Society, NewComers-interest groups, activities (attracts newly retired, not just newcomers)		Hi			
	Technology proficiency assistance	PSRC's Tech labopenM-ft had 633 client visits in 2021.Also virtual appts. for tech assistance. In general in town, 2020 census says 50% residents have broadband, New-ish library in center of town		Hi			
	Employment Opportunities for 60+	just provides links to listings & programs		Med			
	Promoting inclusivity in all of our 60+ programs (applies to all services)	Didn't find an official statement, fall fundraising event speaker was Dr. Bernice King (MLK's daughter); hold some activities in low-cost housing neighborhood		Med			
	Nutrition, meals, meals on wheels, etc.	Various agencies, religious orgs., county government. Not clear if anything implemented by town itself. Some specific to seniors. On these 2 charts, show Meals on wheels and other services. https://www.princetonjnj.org/wp-content/uploads/2022/01/Princeton-Area-Food-Resources-PCF.pdf https://www.princetonjnj.gov/DocumentCenter/View/10271/Food-Resource-Calendar-2022-PCF-Foodie	Local Agency within City	Med		Clients served (average monthly)	0.00%
	Mental and Behavioral Health Programs	PSRC has Social workers. Offer discussion &support groups, total of 997 participants, 926 hours of case-management and counseling. Other agencies that offer services include other non-profits, Y, hospitals.		Hi			
	Adult Day Care and Caregivers (Dementia Care)	Adult day care by private businesses in surrounding towns. PSRC has support groups including a group for dementia (early stage), a group for caregivers; & a group for children of aging parents	Adjacent or Regional City	Med			
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	PSRC, Y, adult ed, adult rec, private gyms, yoga, etc. (PSRC had 197 virtual fitness participants in 2021). Value in quantitative column of 1300 represents the total		Hi	1300	Members or Participants	24.94%
	Affordable Quality Housing - Seniors	1) Princeton Housing Auth. owns and manages 236 family and senior/disabled apartments within five developments throughout Princeton. 2) Princeton Community Housing provides and manages 464 affordable rental homes for individuals, families, seniors, and people with disabilities with very low-, and moderate- incomes. More than 1,000 residents - about 3% of the Princeton population - reside in PCH homes at communities...		Low		Housing Units	0.00%
	Continuing Living Facilities, different residence models	a little in town, much more in adjacent towns		Low		Housing Units	0.00%
Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	PSRC is a Nonprofit. Puts links on its website (for download) to its annual Director's Report, IRS 990, Publishes annual financial statement. If I read it correctly, in 2021, expenses were \$778,000, got \$143,000(2018) from munl.contract, lots of donations (&endowment). https://www.princetonjnj.org/reports/rs-990/ has info on finances		Hi			
	Program Governance	PSRC formed as a non-profit in 1979. Now Board of Directors(17 people) & Advisory Council (13 people). Person I spoke to does not believe Town picks any for board of council(will get back to me if she learns otherwise).					
	Professional, legal, estate, insurance, investment, etc.						
	Participation in Publicly Available Senior Programs outside the city	While lots of programs avail, outside of Princeton, Princeton has most comprehensive offerings		Low			
	Volunteer coordinator	1-5 coordinators		Hi	1.5	people	
	Affordable membership cost	0 -if want them to mail the monthly newsletter(instead of email), it's \$10/yr		Hi	\$ -	Annual fee	
	Community Budget for Senior Services (total)	778,000 is what psrc spent in 2018;(2020 70% of spending comes from contrib., 19% from municipal contracts & rentals, 11% from program revenues). Note these values refer to the spending by only the senior center itself. The figures do not include any other services that seniors benefit from like the free bus, health dept., food bank, library programs, adult ed., Y, University, etc.		Hi	\$ 778,000	Annual budget \$	\$ 149.39
	Municipal Budget for Senior Services	\$271,000 is amount town allocated to PSRC for 2021. Although for 2020, they had allocated a similar 253,000, they only actually disbursed 172,000. \$67 million is total town budget(2021). In 2018 PSRC said town gave them 143,000; 778,000 is what psrc spent in 2018: Town 2021 budget says Contribution to Senior Resource Center= 10,000 in salaries and 260,511.00 in "other expenses". Total is 270,511. Note that all of these dollar amounts refer to the senior center itself . The figures do not include any other services that seniors benefit from like the free bus, health dept., food bank, library programs, adult ed., Y, University, etc.			\$ 270,511	Annual budget \$	\$ 51.94
	Similarity to Los Gatos	socioeconomic, strong town identity, downtown important to identity, natural beauty & historic is valued					
	Differences from Los Gatos	Princeton is a hub(culturally) for surrounding towns. Has Princeton U., some seniors may not be there in the winters					
Observations	Service delivery capability	5213 total constituents served in 2021, focus is 55+, but some people under since offers refir, planning & caregiver support. Programs are open to anyone in the greater Princeton area, and attracts residents from surrounding counties About 50% are from out-of-town. During covid even had people from out of state. Some of out-of-staters are people who leave in winter but loved ability to stay connected while away, will likely continue beyond covid. During Covid, everything was on zoom, but will keep some zoom aspects going forward because some people prefer it. ~1,300 people attend classes and > 75 receive assistance weekly. PSRC's 60 collaborative partners and 375 volunteers help make this all possible.					
	Other	PSRC Uses Zoom extensively. No fee to join. Activities like films, PPT's-time vs. instructor talks, & Ted talks are free. (overall Funding is only 15% from fees). Classes like art, exercise, writing have fee to "break even" to cover cost of instructor; Evergreen forum -\$95 for 8wks of 2hr classes. Have "senior scholarships" - To apply, participant talks to one of PSRC social workers about "what comfortable paying". Is Not a formal "prove-financial-need" process. Can take 1-evergreen-class per session this way.Lots of fundraising and donors, 50% non-res participants, 1300 people attending classes, 375 volunteers for senior center. Funding comes from a wide range of sources: Individual donors (37%), Municipality of Princeton (19%), program fees (15%), corporations (10%) and foundations (4%).					

Saratoga

Municipality		Saratoga, CA								
Prepared by:		Tom Picraux								
Date:		2/18/2022								
Population:		31,051		Calculated 65+ Population		7,142				
65+ Population %:		23%								
Demographics:		48% Asian, 48% white, 4% Hispanic								
Median income:		\$ 191,677								
Category	Service	Notes	Primarily Provided by (select)	Qualitative Assessment	Quantitative Value	Units	Per 65+ Population			
Environment	Safe, accessible and walkable space	Walkable downtown	Local Municipal Govt. -	Med -						
	Affordable Transportation	RYDE program: VTA Access: VTA limited bus route	Adjacent or Regional C -	Hi -						
	Senior Services Facility	Saratoga Senior Center (managed by SASCC) next to LGS Rec. SASCC brought land in 1971, built community senior center, sold to city in 1987 and established public-private partnership. Facility provided and property managed rent-free by city. Facility remodeled at SASCC expense in ~2019.	Local Agency within C -	Hi -	6286	sq.ft.				
	Senior Services Staffing	Staffing in 4 areas: Senior center; adult day care; RYDE; Outlook monthly, 15 full time & 3 part time staff	Local Agency within C -	Hi -	15	Staff Full-Time Equiv (FTE)	0.0021			
	Available Parks, Open Space, and Public/Social Spaces, close location.	City parks: 14 parks totalling 111 acres [range from <1 to 64 acres] outside venues, Hakone, Montalvo, Mt. Winery	-	Med -	14	Number of Parks				
	Personal Safety, crime rate, home call programs, walking safety	Safe walkable area around downtown. Crime rates are well below national average.	-	Hi -	0.61	Violent Crime rate per 1,000				
	Emergency and Disaster Preparedness		-	Med -						
	Help in Home Maintenance	Provide information on nonprofits operating in area and services across county	-	Med -						
	Purpose, Connection, and Belonging	Participation and Communication with Older Adult Community	Senior Center has 2500 members paying annual fee with ~30% of members/month participating in center programs. Outlook - monthly newspaper for seniors [print & online]	-	Hi -	2500	members			
		Network of Information/Hub	SASCC: Outlook paper, social media postings, senior center staff feedback	-	Hi -					
Service Force and Volunteer Opportunities		Saratoga city volunteer website, SASCC volunteer opportunities handled by managers of 4 areas: RYDE, Senior Center, Adult Day Care, Outlook newspaper with operations manager providing overall coordination; do not use software.	Local Agency within C -	Hi -						
Opportunities for Education, Culture, Reading, and Arts		SASCC talks by community leaders, West Valley College, Saratoga Civic Theatre, Hakone Gardens, Mountain Winery, Villa Montalvo	Local Agency within C -	Hi -						
Participation in Current Affairs, Festivals, and Civic Groups, History club, etc.		SASCC: traders, quilting, karaoke, mahjong, spanish class, art, memoir writing, Chinese chamber music, book club, Anandvan social group	Local Agency within C -	Med -						
Technology proficiency assistance		SASCC senior center computers, weekly tech drop-in classes	Local Agency within C -	Hi -						
Employment Opportunities for 60+		Saratoga County Library, Sourcewise county program	Adjacent or Regional C -	Med -						
Promoting inclusivity in all of our 60+ programs (applies to all services)		SASCC volunteer program opportunities, Sourcewise and other county programs	Local Agency within C -	Med -						
Healthy Living/Physical, Cognitive, and Mental Health		Nutrition, meals, meals on wheels, etc.	Meals on wheels, Wed. Senior lunch program at Senior Center (Pre-Covid)	Local Agency within C -	Med -		Clients served (average monthly)	0.00%		
		Mental and Behavioral Health Programs	Saratoga Adult Care Center, SASCC programs (e.g., meditation)	Local Agency within C -	Med -					
	Adult Day Care and Caregivers (Dementia Care)	Adult day care 5 days/week with meals, fully licensed	Local Agency within C -	Hi -						
	Fitness/Recreational Facilities & Programs (exercise, meditation, wellness, healthy living, etc.)	1) SASCC: fitness classes, Tai-Chi, ping-pong, yoga, Feldenkrais, line dance, bocce ball, dancercise, chair exercise 2) Los Gatos Saratoga Recreation: recreational classes	Local Agency within C -	Hi -	2500	Members or Participants	35.01%			
	Affordable Quality Housing - Seniors	Limited affordable housing: Saratoga Retirement Community at high end	-	Low -		Housing Units	0.00%			
	Continuing Living Facilities, different residence models	1) Saratoga Retirement Community: Retirement community (Includes assisted living, memory support, skilled nursing & rehabilitation support) 2) Our Lady of Fatima Villa: Assisted living 3) Bon Home Saratoga: Assisted living facility facility 4) Carthagen Care Center: Assisted living facility	-	Med -		Housing Units	0.00%			
	Coordinated Network of providers	Accountability and Measurement, annual report on senior services, surveys, etc., transparency in plans and results, metrics	Provided by SASCC: Board of Directors with City leaders via public meetings, Saratoga senior surveys, annual senior report not published	Local Agency within C -	Med -					
		Program Governance	City has outsourced senior program governance to nonprofit SASCC which is managed independently with agreement for rent-free use and SASCC maintenance of city facilities	Local Agency within C -	Hi -					
		Professional, legal, estate, insurance, investment, etc.	County support nonprofits such as Sourcewise and AARP provide services such as SALA for legal, tax prep., HICAP for insurance	Adjacent or Regional C -	Med -					
		Participation in Publicly Available Senior Programs outside the city	West Valley Community Services, Campbell and other senior centers.	-	Med -					
Volunteer coordinator		Supervisors of 4 SASCC programs: RYDE, Senior Center, Adult Day Care, and Outlook newspaper intake volunteers for their programs, with overall coordination provided by operations manager; software not used.	-	Hi -						
Affordable membership cost		Annual fee is \$30/yr/person with 2500 members; ~30%/month participate in activities. SASCC classes free (80%) or fee is collected by teacher at their discretion (20%) (no contractor issues for SASCC), LGS Rec charges for their classes, SASCC is partnering with West Valley Colleges to provide free classes for seniors (WVC gets to count enrollment and use SASCC facilities)	-	Hi -	\$ 30.00	Annual fee \$				
Community Budget for Senior Services (total)		Revenues are from Foundation support, govt grants/contracts, individual contributions, Outlook ads; fees for external services (35-40%). Recent growth: in 2016 ex:cl; Taylor hired, staff was 7, budget \$475K; since then membership revitalized, senior center remodeled at SASCC expense, and budget tripled.	Local Agency within C -	Hi -	\$ 1,370,000	Annual budget \$	\$ 1,300,000			
Municipal Budget for Senior Services		City provides to help support senior center and adult day care center	Local Municipal Govt. -	-	\$ 70,000	Annual budget \$	\$ 70,000.00			
Observations		Similarity to Los Gatos	Size, population, density, transportation	-	-					
		Differences from Los Gatos	Extent and completeness of senior program handling by outsourced nonprofit. Strong partnership and communication between the operating nonprofit and City	-	-					
	Service delivery capability	More mature, efficient, extensive, and less fragmented	Local Agency within C -	Hi -						
	Other	Community Center facility (10,217 sq. ft.) is used by LGS Rec for providing recreational programs and is next to the Senior Center	Local Agency within C -	-						

Appendix F

Goals 1-3-10 Year Vision Activities Detail

Goal 1 Appealing and Inviting Facility (Renovate or Build)

ONE YEAR

1. Form Facilities Advisory Committee

- Community charrettes/workshops (needs & conceptual plan).
- Community input on needs & concepts.

2. Interim Repairs

- Track existing facility utilization. *continuing*
- Ongoing projects - ADA accessible bathroom upgrade.

3. Fundraising Options

- Establish a 501(c)3 nonprofit to support fundraising for senior services.
- Form board for the senior nonprofit.
- Establish a fundraising committee.

THREE YEARS

1. Develop 3 Models of Center - Look, Cost, Operation

(Palo Alto, Los Altos, Morgan Hill)

- Evaluate existing space and renovation options.
- Evaluate off-site venues and potential partners.
- Conduct feasibility study.
- Develop a design example/model.
- Define space alternatives.
- Establish key features of the facility.
 - Ability to rent.
 - Host large community and county-wide events.
 - Enhanced recreational and fitness activities.
 - Educational and social activities.
 - Accessible.
- Identify the preferred alternative (renovate or build).

2. Fix or Build Decision

- Architect consultation.
- Builder consultation.
- Conceptual design.
- Form a building committee.
- Develop an implementation plan.
- Architectural drawings and model to support fundraising.

3. Fundraising

- Partner with County Supervisors and State Legislatures on funding plans.
- Explore government grants- local, state and federal.
- Capital campaign consultant and develop annual targets.
- Launch capital campaign.
- Complete capital campaign.

TEN YEARS

1. Ribbon Cutting of Welcoming Facility

- Operating model.
- Sustainable financial plan.
- Establish business support options - how to run and operate a community center.
- Provide a staffed welcome desk to answer questions and accept volunteer applications.
- Ensure ample quality space for older adult services and programs.
- Ribbon cutting and opening.

Goal 2. Core Senior Services

ONE YEAR

1. Support Continuation of Programs That Provide Older Adults with Adequate Social, Educational, Healthy Living and Adequate Diet Options

- Maintain programs for social engagement, educational enrichment and healthy living guidance for older adults with limited resources.
- Ensure continuation of a nutrition program that supports food security through a low cost meals program.
- Promote availability of food through food bank services, collecting and making available excess groceries, etc.

2. Support Re-establishment of Adult Day Services

- Re-establish an adult day care services program in Los Gatos.
- Promote programs that provide caregiver support groups with facilitators.

3. Ensure Safety Net for Older Adults

- Advocate for support of community nonprofits that provide essential services used by older adults.
- Seek ways to increase the availability of case management support.
- Support programs that provide services for the unhoused and those seeking housing.
- Promote county fall prevention programs.
- Promote personal safety and security information for older adults.
- Support daily telephone check-ins for older adults.

4. Support the Community Health and Senior Services Commission in Promoting the Formation of a Health Clinic with Mental Health Services in the West Valley

- Establish a liaison or mental health task force to monitor opportunities for a health clinic and mental health services in the West Valley.
- Monitor county initiatives on establishing a health clinic including mental health access in the West Valley.
- Create a mental health information directory.

THREE YEAR

1. Enhance Facilities and Utilization of Community Parks

- Enhance seating and meet up areas in Town parks.
- Establish exercise programs in parks & on the Town plaza.
- Increase the opportunity for outdoor recreational activities in Town parks.

2. Support Enhancement of Caregiver and Adult Day Services

- Promote caregiver family respite programs.

- Plan for programs and facilities that can meet the increased needs of families and clients due to the projected growth in people with dementia.

3. Promote Community Gardens

- Promote completion of a community garden near Union.
- Expand the community garden concept to other locations.

TEN YEAR

1. Ongoing Health and Welfare Assessment of Essential Needs

- Analyze and re-assess essential core services and adjust or add as needed.
- Develop an annual review of the local community welfare and safety net resources.

Goal 3. Communications and Engagement

ONE YEAR

1. Create Information HUB 2.0 and Promote Its Effectiveness

- Refine HUB to make access to senior services much more intuitive and broaden coverage to include additional services in the community.
- Recruit a specific, volunteer group of HUBBIES to help maintain the accuracy of the HUB information.
- Schedule feedback sessions to teach older adults how to access information.
- Promote on-going awareness of the HUB through articles and advertising in local newspapers (Los Gatan, The Outlook), KCAT TV, newsletters (Town, Chamber, 55 Plus, etc.).
- Create and distribute a HUB promotional sticker for display in the windows of Town businesses.
- Track HUB clicks and number of calls that request information for older adults; identify most popular areas.

2. Promote Community Services Awareness and Engagement

- Establish an outreach ambassador volunteer program to go to where older adults live.
- Establish a network for mutual awareness with other community programs (Jewish Silicon Valley Healthy Aging, local nonprofits, etc.).
- Promote county and state government resources and assistance programs available locally to older adults.
- Establish participation metrics, both goals and actuals for all programs.

3. Promote Engagement in Social, Educational, and Healthy Living Activities

- Hold monthly special activities to promote social engagement.
- Support First Friday monthly social event.
- Promote ongoing senior recreation club activities.
- Promote technology training, educational, personal safety and cyber security, etc. presentations and classes programs (including library programs).
- Promote LGS Rec., JCC exercise and other programs.
- Establish a local events calendar with website and monthly summaries in print.
- Promote and assist with holiday events and their promotion.
- Engage children of older adults and other community members in promoting participation.

THREE YEAR

1. Update Information HUB and Create Mobile App.

- Mobile app. optimized for smart phone information navigation.

- Partner with District 5 county supervisor on HUB to benefit other cities and offset costs.
- Have fully in place a dedicated volunteer team of HUBBIES to maintain accuracy of HUB.
- Incorporate senior community events calendar into HUB.
- Adapt HUB access and design features to changing times and needs (videos, new AI developments, holographic developments, etc.).

2. Expand Breadth and Reach of Engagement in Social, Educational, and Healthy Living Programs

- Develop a community outreach information campaigns
- Initiate a faith-based community outreach initiative.
- Enhance and expand social, educational & healthy living programs.
 - Diet, nutrition & healthy eating classes program.
 - Training classes to enhance marketable skills.
 - Add new programs by enlisting expertise of older adults.
 - Enhance participation in Town events.
- Partner with West Valley Community College to deliver senior-oriented courses in Town.

3. Establish Staff Position for Communication, Engagement and Volunteering

- Central point of coordination for senior services including tech support.
- Add a case manager as part of social center and support for older adults with needs.
- Establish a fully staffed independent organization to encompass all senior committee goals.

TEN YEAR

1. Welcoming Community Center Opening

- Move into new community center and publicize new dedicated senior facility space for senior programs.
- Have an information kiosk near the entrance for verbal, posted and printed materials.
- Include volunteer intake and information at the kiosk.

Goal 4. Volunteer Support and Engagement (be a volunteer/seek a volunteer)

ONE YEAR

1. Establish an ad hoc Task Force to Identify and Illuminate Volunteer Opportunities

- Establish an ad hoc task force to identify volunteer opportunities.
- Create a listing of organizations needing volunteers.
- Develop methods to promote volunteerism.
- Learn from new resources developed during the pandemic (Mon Ami, etc.)

2. Develop Methods to Recruit and Build a Volunteer Community

- Create on The Hub links to organizations needing volunteers.
- Engage service clubs in recruiting community volunteers.
- Explore new ways to marshal the expertise of older adults in Los Gatos.
- Establish a process to coordinate between organizations needing volunteers.
- Establish methods for volunteers to connect to opportunities via print and web.
- Use community events for volunteer recruitment (e.g., First Fridays, health fairs, etc.).
- Establish a working relationship with service clubs and their high school affiliates for volunteers.
- Support equitable and inclusive processes to engage senior volunteers.

THREE YEAR

1. Volunteer Corps

- Establish a volunteer corps coordinating team.
- Develop a method for volunteer tracking.
- Engage service clubs in planning and implementation.
- Establish periodic volunteer socializing events.
- Support connections between those with needs and service providers, clubs (including high school and middle school) and other groups interested in volunteering.
- Hold a volunteer fair.

2. Establish a Volunteer Coordinator

- Part time staff person to work with volunteers corps and support coordinated intake of volunteers for service providers and for Town.

3. Create a Volunteer Needs and Opportunities Exchange

- Initiate a volunteer opportunity exchange process with the service clubs.
- Develop and coordinate periodic volunteer opportunity exchanges (volunteer tables at Town events, bulletin boards, special events, etc.).
- Issue volunteer opportunity alerts.
- Include volunteer opportunities in an events calendar.

TEN YEAR

1. Establish a Volunteer Station in New Community Center

- Set up a volunteer station as part of the welcome desk in the atrium in the new community center.
- Publicize and solicit volunteers at community center events.
- Provide events for volunteers to socialize and exchange information on opportunities on a regular basis in the new community center.

Goal 5. Enhanced Transportation Options for Older Adults

ONE YEAR

1. Form Senior Transportation Advisory Committee (Ad Hoc) For Tracking and Advocacy

- Obtain community input on needs & concepts.
- Monitor General Plan 2040- Section 5- Mobility- Implementation Programs A-S.
- Establish a mechanism for continuing assessment of Los Gatos, county, state and federal master plans, laws and grants involving all forms of mobility impacting older adults for possible recommendations.
- Explore wheelchair accessible parking needs. *continuing*
- Collaborate with Complete Streets & Transportation Commission, & Community Health & Senior Service Commission.

2. Information Distribution of Mobility Options

- Enhance community knowledge and use of RYDE, VTA Access, Santa Clara County Mobility Management Program (eligible registered dining participants – bus passes, etc.). *continuing*
- Promote distribution and awareness of the VTA Senior Mobility Guide. *continuing*
https://www.vta.org/sites/default/files/2022-05/Senior_ENG_Final_2022_0.pdf

- Promote use of bicycles through education, training & repair, safety programs and classes, development and awareness of bike and pedestrian pathways, support for more bikeways, valet use for older adult events with secure bike parking facilities. *continuing*
- Create a more walkable Town through signage, increased benches, more comfortable sidewalks, and safer crosswalks. *continuing*

3. Increase Community Use of Existing Bus 27 and Advocate for Expanded Local Transit Services

- Provide information, incentives, and friendly outreach.
- Regularly track VTA bus actions. *continuing*

THREE YEARS

1. Expand Mobility Services

- Promote ride voucher programs with health care providers.
- Study options to extend RYDE or other programs for evening and weekend senior transportation (e.g. “Last Minute Ride Services”- volunteer based, “Essential Deliveries Program”, Cupertino on demand shuttle, Los Altos Lyft partnership, Milpitas shuttle).
- Explore Town shuttle options and focus on the best option (e.g., test shuttle service to special Town events, Fri. evening to Sun. weekend shuttle, cooperative programs with neighboring cities (e.g. Cupertino VIA shuttle), cooperative programs with new Town community developments, cooperative programs with local businesses or senior housing entities, explore possible subsidies, etc.).

2. Senior Safety Zone Study

- Enhance signage, pavement markings, evaluate extended traffic signal timing.
- Participate in Vision Zero collaboration.

3. Age-Friendly Accessible Walking Track

- Campbell Community Center track as a possible model.
- Accessible to the public at fixed hours.
- Explore developing walking paths suitable for people with mobility limitations.
- New walking paths in Town parks.

TEN YEARS

1. Age-Friendly Accessible Walking Track (FlexDenmark Model)

2. Modify or expand existing programs to include door to door shuttle service

Goal 6. Senior Housing - Information on Approaches and Options

ONE YEAR

1. Form an Senior Housing (Ad Hoc) Advisory Committee for Inventorying Housing Options and Advocacy

- Identify and produce an inventory of residential options for older adults.
- Support Los Gatos Housing Element as adopted by the Town Council as it relates to older adults.
- Support fair housing policies that include the DEI Policy of Los Gatos and culturally competent services.
- Advocate for legislation that supports quality care & services at local residential care facilities and promotes culturally competent services.

2. Promote Development of Affordable Housing for Older Adults

- Encourage developers to consider the needs of older adults through all stages of aging including smaller units, one story units, housing close to accessible transportation and/or restaurants & stores,(new urbanism), walkable spaces and multi-residency units for caregivers.
- Encourage expansion of housing options for older adults that include services & amenities.
- Advocate for older adults living independently in the community through support for affordable down-sizing or step-down independent living options.
- Hold annual meetings with interested parties including stakeholders, local & state officials & organizations.
- Identify housing options for older adults by participating in local, state and federal housing symposiums.

THREE YEARS

1. Establish Aging in Place Programs

- Establish Los Gatos Villages based on Beacon Hill/Avenidas Model (subscription-based association)
- Support programs that provide help with maintenance, modification and accessibility of homes and develop a home maintenance helper referral service.
- Establish a “Helping Seniors Live Independently Program” through local service organizations.
- Investigate potential government funding for housing income support, housing modifications and repairs.

2. Facilitate Crisis Housing Options and Support for Older Adults

- Support disaster preparedness programs with focus on older adults including online information.
- Promote improving the safety of older adults in residential care facilities during emergencies or disasters.

TEN YEARS

1. Monitor and Evaluate Housing Needs and Stock

- Complete a comprehensive Older Adult Housing Report (for inclusion in the General Plan and Housing Element’s 5-year update).

Goal 7. Integrated Governance, Funding, and Accountability for Senior Services

See main text for detail.

Appendix G

Original 2009 Agreement Between the Town of Los Gatos and LGS Recreation



MEETING DATE: 12/7/09

ITEM NO: 9

COUNCIL AGENDA REPORT

DATE: December 1, 2009

TO: MAYOR AND TOWN COUNCIL

FROM: GREG LARSON, TOWN MANAGER *[Signature]*

SUBJECT: ADOPT A RESOLUTION AUTHORIZING THE TOWN MANAGER TO EXECUTE THE LEASE AGREEMENT BETWEEN TOWN OF LOS GATOS AND LOS GATOS-SARATOGA COMMUNITY EDUCATION AND RECREATION

RECOMMENDATION:

Adopt a resolution authorizing the Town Manager to execute the "Lease Agreement Between Town of Los Gatos and Los Gatos-Saratoga Community Education and Recreation" (Exhibit A to Attachment 2).

BACKGROUND:

The Town launched its pilot senior services program approximately eight years ago, through a dedicated Senior Center and a Senior Coordinator staff position. This program has been a great success, both providing directly and supporting the provision of services to local seniors. Recently an opportunity has arisen to expand the Town's partnership with Los Gatos-Saratoga Community Education and Recreation (LGS Recreation) to enhance the delivery of senior services.

LGS Recreation is a non-profit agency that was formed in 1956 through a joint powers agreement with the local school districts in Los Gatos and Saratoga. Its mission is to help build a healthy community by providing a wide range of education, recreation, and enrichment programs to the citizens of Los Gatos, Saratoga, Monte Sereno, and neighboring mountain communities. The agency is funded through user fees and donations, and receives no tax revenue. Its governing board includes representatives of the Los Gatos-Saratoga Joint Union High School District, the Los Gatos Union School District, and the Saratoga Union School District, and members of the community. Its headquarters is located at 123 E. Main Street, across the street

PREPARED BY: Regina A. Falkner *[Signature]*
Community Services Director

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Reviewed by: *[Signature]* Assistant Town Manager _____ Town Attorney
 _____ Clerk Administrator *[Signature]* Finance _____ Community Development

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SUBJECT: LEASE AGREEMENT BETWEEN TOWN OF LOS GATOS AND LOS GATOS-SARATOGA COMMUNITY EDUCATION AND RECREATION

December 1, 2009

from the Civic Center; classes are held at 19 locations throughout the community, including the Neighborhood Center.

DISCUSSION:

In August 2009, the Town Council authorized staff to enter into negotiations with LGS Recreation to explore the possibilities that an expanded partnership in the area of senior services could offer. At least three key goals for this partnership drove these negotiations, as follow:

1. **Improve services to seniors.** As noted earlier, the Town has had a successful senior services program over the last eight years. LGS Recreation also has a successful track record in providing services to seniors. Its 55+ program focuses on life-long education for older adults, helping them to continue their personal growth and enrichment. Combining the proven abilities of these two agencies is an effective way to improve services to Los Gatos seniors while eliminating duplication and redundancy. In addition, LGS Recreation will be able to dedicate more staff resources to senior services than the Town can alone. Currently, the Town has one staff position dedicated to senior services, the Senior Coordinator; the staff person in this position is scheduled to retire at the end of this calendar year. LGS Recreation has a number of staff positions dedicated to and experienced in senior-related programming.
2. **Maximize the benefit of the Neighborhood Center facility to the community.** LGS Recreation has expressed a need for more administrative and program space than it has available currently. The Neighborhood Center, while used by many community groups during the year, including LGS Recreation, is not at capacity. It is a mutually beneficial situation to provide LGS Recreation with the space it needs, across the street from its existing headquarters, and thereby maximizing the use of the facility by the community through expanded education and recreation programming. For seniors, the Neighborhood Center could serve as a one-stop shop, where they could both register and attend LGS Recreation programs, and access support services.
3. **Address future budget deficits.** The Town organization is facing a budget deficit of at least \$1.5 million for the next fiscal year. It is important that every opportunity to restructure the provision of services, and to maximize the benefits provided by existing assets, be explored. The proposed partnership between the Town and LGS Recreation, as outlined below, would include a long-term lease of the Neighborhood Center, representing new revenue to the Town. At the same time, senior services would be expanded, benefitting local seniors.

Facility Lease

Negotiations with LGS Recreation have focused on a long-term lease of the Neighborhood Center, with the accompanying responsibility to provide senior services. The proposed terms of the facility lease are as follow:

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- a. LGS Recreation will pay rent to the Town at 25% of assessed fair market rent in the first year of the lease. Each subsequent year of the lease, the rent paid will increase by 5% (30% of assessed fair market rent in year 2, 35% in year 3, etc.) until it reaches 45% in year 5, and will then remain at 45% of assessed fair market rent for the remainder of the lease term.
- b. The initial fair market rent was assessed at \$2.50 per square foot. This base fair market rent will be adjusted by CPI each year, and a new appraisal of fair market rent will be made once every 5 years.
- c. The initial term of the lease is 20 years. Two 5-year extensions will be included, and will go into effect automatically unless one of the parties objects.
- d. All facility improvements must be approved in advance by the Town. The Town will pay back any remaining value to LGS Recreation only if the Town takes back the facility early. The cost of any approved improvements will be evenly distributed over the remaining term of the lease.
- e. The Town will maintain the facility structure, including the roof, HVAC, plumbing, and electrical systems, and provide for all exterior landscaping.
- f. LGS Recreation will pay all utility and custodial costs.
- g. The Town will rent back 1262 square feet of office space, paying rent at the same rate paid by LGS Recreation. The Town will also share the retention room on the second floor. The Town will vacate this space no later than December 31, 2013.
- h. LGS Recreation will continue to rent out meeting rooms in the facility, based on the current Los Gatos Neighborhood Center Policies and Procedures. The current fee schedule will also be adopted and will be evaluated after the first year.
- i. The Town will have free use of meeting rooms for Town business for no more than 700 hours per year, until December 31, 2013. Beginning on January 1, 2014, the Town may have no more than 500 hours of free use per year.
- j. AA and NA may continue to use the meeting rooms at their current use rate of approximately 1,500 hours per year, until December 31, 2013, though room availability during regular business hours may be limited. Beginning January 1, 2014, the number of hours per year may be reduced to 1,000.
- k. SJSU may no longer have a dedicated office space. It may rent meeting rooms as needed, and may share office space with LGS Recreation.
- l. The Town will remove the EOC equipment from the Large Hall by June 30, 2010. The Town may continue to use the Large Hall as an EOC in emergencies and for training.
- m. The Town logo will be included with the LGS Recreation logo on all senior service marketing items, and there will be LGS Recreation inclusion on appropriate Town collateral.
- n. The Town will retain the right to rename the building. LGS Recreation has requested that the building would be known as the "Los Gatos Senior and Adult Recreation Center."
- o. In recognition of the Town's provision of significantly discounted administrative and program space, the Town will be given a non-voting seat on the LGS Recreation Board.

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Senior Services

As part of the proposed lease agreement, the Town would require that LGS Recreation maintain and expand senior services at the Neighborhood Center, and also that it support the provision of senior services by other agencies. LGS Recreation would ensure the provision of services/programs to include services/programs similar to the following list in scope and participation using its own staff or via contract:

- a. Wednesday afternoon movies (once per month)
- b. Wednesday games program (weekly)
- c. Senior Center dances (once per quarter)
- d. Bus trips (once per quarter)
- e. Senior Thanksgiving dinner (once per year)
- f. Senior Picnic (once per year)
- g. Senior show (once per year)
- h. Senior Center newsletter (bi-monthly)
- i. Information and referral to other agencies (ongoing)
- j. Recreation classes will be expanded significantly as demand warrants. Classes may include language, arts and crafts, computer, and other special interest classes.

LGS Recreation would provide appropriate facility space and administrative support as needed for the following services, to be provided by outside agencies. It would be under no obligation to provide these services directly.

- a. Health presentations (once per month)
- b. 55-Alive driving classes
- c. Grief support group
- d. Blood pressure screenings
- e. Brown Bag grocery distribution (once per week)
- f. Live Oak Senior Nutrition Program lunchtime meal services (once per week)
- g. Happy Hoofers walking group
- h. Older Women's group
- i. HICAP insurance counseling (by appointment)
- j. Income tax preparation (by appointment)
- k. BART ticket sales (ongoing)
- l. Hosting and organizing new groups and affiliates as interests warrant, such as a computer club, genealogy club, or bridge club.

The Town will remain responsible for case management services. They have been provided in the past through the Senior Coordinator position. As the staff person in this position will be retiring at the end of this calendar year, staff is researching options for contracting out for these services. Monte Sereno staff has indicated interest in potentially partnering with the Town to

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contract for case management services. In the interim, local and county social service agencies will be called on for assistance.

Reception and Administrative Support

In addition to the lease agreement, the Town and LGS Recreation would sign a separate Letter of Agreement under which LGS Recreation would reimburse the Town one-half of its actual costs for a Secretary II position, from January through June 2010. This Secretary II position is currently assigned to receptionist and related administrative duties at the Neighborhood Center. Under the proposed arrangement, the position would be assigned half-time to Neighborhood Center scheduling and basic information and referral duties, under the supervision of LGS Recreation. The other half of the position's time would be assigned to support the Community Services Department.

Because the amount of reimbursement contemplated under this agreement would be under the Town Manager's signatory authority, no resolution is required to authorize his execution of this Letter of Agreement.

Transition and Outreach Plans

Staff has met with LGS Recreation staff to begin to develop a transition plan. Staff believes that it will be key for the transition to be transparent to seniors who use the facility, in order to minimize confusion and potential dissatisfaction with the process. It is very important to ensure that seniors are and feel heard during the process of change, and that they get to know all the players on a personal, face-to-face level. The Town's goal is for seniors to know that they are receiving the same services they are receiving now, in the same place, just from different staff people. With these considerations in mind, an Outreach Plan has been developed to ease the transition from Town to LGS Recreation staff.

1. First, key stakeholders have been identified. This list includes the Town Council, the Community Services Commission, the Senior Consortium, regular patrons of the Senior Nutrition Program, regular patrons of the Brown bag program, members of the Happy Hoofers, and Senior Center volunteers.
2. Next, a one-page fact sheet has been developed that clearly explains the changes contemplated, their benefits, and information about key LGS Recreation personnel. This fact sheet includes both the Town and LGS Recreation logos, underlining the partnership between the two agencies. LGS Recreation has written an introductory letter that will be used along with the fact sheet. Both documents are attached to this report (Attachment 1).
3. Third, Town and LGS Recreation staff will meet together with the key stakeholders during the first two weeks of December. During these information presentations, the fact sheet will be distributed and the expanded senior services program will be explained.

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Most important to these meetings will be a question/comment period, during which the stakeholders can ensure their views are being heard by both agencies, as well as get any of their questions answered.

Community Services Commission

The Community Services Commission considered the proposed terms of the lease agreement at its November 19 meeting. The Commission unanimously adopted a recommendation that Council approve the agreement, with the understanding that the Town would continue to monitor and address senior needs.

123 E. Main Street

With regard to the building that LGS Recreation rents from the Town at 123 E. Main Street, LGS Recreation has requested a 1 to 3 year extension with the same lease terms as the current lease agreement. The fair market rent would be increased to the assessed value of \$2.50 per square foot, resulting in approximately \$4,400 in new revenue to the Town annually. Staff supports this approach for this facility. The resolution adopted by Council to authorize the Town Manager to sign the lease agreement also authorizes signature of amendments to the lease agreement; under this authority the Town Manager will sign an amendment extending the term of the lease and adjusting the fair market rent.

CONCLUSION:

This is a unique opportunity to provide expanded senior and community services at lower cost during these difficult economic and budgetary times. Staff recommends that the Council adopt a resolution authorizing the Town Manager to execute the "Lease Agreement Between Town of Los Gatos and Los Gatos-Saratoga Community Education and Recreation." Once the agreement is executed, LGS Recreation is prepared to occupy the Neighborhood Center and to begin its services as of January 2010.

ENVIRONMENTAL ASSESSMENT:

The recommended action is not a project defined under CEQA, and no further action is required.

FISCAL IMPACT:

The proposed partnership between the Town and LGS Recreation would result in annual savings to the Town in FY 2009/10 of approximately \$160,000, and increased revenue of approximately \$62,000, a total benefit to the Town of approximately \$222,000.

In following fiscal years, the benefit to the Town will be in the range of \$250,000 to \$300,000 and will be a factor of several issues, including the adjustment of the lease amount by CPI, and whether the reimbursement arrangement for the Secretary II position is continued. Rent revenue will increase from \$90,000 in year 1 to approximately \$162,000 in year 5.

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The extension of the lease agreement for 123 E. Main Street would result in new revenue of approximately \$4,400 per year.

There are some rental monies that have been paid in advance to the Town for use of the Neighborhood Center, for the period January 1, 2010 to June 30, 2010, that would be transferred to LGS Recreation, as the new administrator of the facility. The total amount is approximately \$800.

Attachments:

- 1. Draft fact sheet and introductory letter
- 2. Draft Resolution of the Town Council of the Town of Los Gatos authorizing the Town Manager to execute the "Lease Agreement Between Town of Los Gatos and Los Gatos-Saratoga Community Education and Recreation" (with Exhibit A).

Distribution:

- Steve Rauwolf, Los Gatos-Saratoga Community Education and Recreation
- Avital Agam, Jewish Family Services
- Barbara Smith, Ask Barbara
- Bob Campbell, Sr. Housing Solutions
- Eliana Brown, Live Oak Senior Nutrition and Services
- Glenda Cresap, Heart of the Valley
- Jane Doherty, The Los Gatos Meadows
- Julie Groves, Therapy in Your Home
- Karen Sepamansour, Santa Clara County Senior Care Commission
- Linda Gallo, Town of Los Gatos
- Lisa Rauch, San Jose State University- The Health Place
- Lori Mathis, Second Harvest Food Bank
- Mary Kelley, Live Oak Adult Day Services
- Pam Bancroft, The Terraces
- Tim Dupic, The Health Trust
- Wanda Hale, Catholic Charities of San Jose



LGS RECREATION

DRAFT



Date: November 23, 2010

We are pleased to announce a new collaboration between LGS Recreation and the Town of Los Gatos to expand the programming, services and operation of the Neighborhood Center beginning January 2010. As part of this joint venture we are excited to continue the support of the current senior activities, user groups and participants using the NHC and we're looking forward to the endless possibilities of new programming that we can provide the community in this facility.

LGS Recreation will continue to offer all current senior services and programs and work toward expanding all senior and adult services to meet the desires and needs of the community. The Town of Los Gatos will provide support of LGS Recreation efforts and continue to support those with extraordinary needs through an effective individual case management program. All current hourly rental and user groups utilizing the facility will continue to be supported and we will work toward strengthening those relationships to collaborate and provide a comprehensive level of service to the community.

The LGS Recreation and Town staffs are working closely together to insure a positive and smooth transition from not only the programming level of service but also the personal service that you receive. LGS Recreation and the Town staff are excited and enthusiastic about this new partnership and the opportunities for expanding services into the future as the adult and senior population continues to grow. We are looking forward to meeting with you and the individuals in your group in the near future!

We value your support and input on the programs and activities you are involved with. If you have and concerns or comments please feel free to contact us or stop by our offices in the NHC beginning January 4th, 2010. If you need to contact us before that time please call the LGS Recreation office at 408-354-8700 or Cindy McCarthy at 408-691-0309. For additional information please see the attached fact sheet.

Thank you for your Support

Cindy McCarthy
Director of Recreation Services
LGS Recreation

Regina Falkner
Community Services Director
Town of Los Gatos

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The Town of Los Gatos
and
Los Gatos-Saratoga Community Education and Recreation
are pleased to present

DRAFT



The Los Gatos Senior and Adult Recreation Center
208 E. Main Street, Los Gatos

What?

The Neighborhood Center is about to get a new name – and a whole new lease on life! Thanks to a partnership between the Town of Los Gatos and Los Gatos-Saratoga Community Education and Recreation (LGS Recreation), the new Los Gatos Senior and Adult Recreation Center will be open to the Los Gatos community beginning January 1, 2010. It will house the Los Gatos Senior Center and related support services for seniors, as well as expanded educational and recreational programs for seniors. The Town will still own the building, but LGS Recreation will be responsible for managing all of the services.

Why?

Why make a change to a successful senior services program in Los Gatos? Here are some reasons we think are important:

Improve services to seniors. The Town has had a successful senior services program over the last eight years. LGS Recreation also has a successful track record in providing services to seniors. Combining the proven ability of these two agencies is an effective way to improve services to Los Gatos seniors.

Maximize the benefit of the Neighborhood Center facility to the community. LGS Recreation needs more space; the Neighborhood Center, while well-used, is not at capacity. It's a win-win situation to provide LGS Recreation with the space it needs, and at the same time maximize the use of the facility for expanded education and recreation programming. For seniors, the Neighborhood Center will serve as a one-stop shop, where they can register for and attend LGS Recreation programs, and access supportive services.

Address future budget deficits. The Town organization is facing a budget deficit of approximately \$1.5 million in the next fiscal year. It is important that we explore every opportunity to provide services in new and more efficient ways. The partnership between the Town and LGS Recreation will result in significant cost savings to the Town. At the same time, senior services will be expanded, benefitting local seniors.

Who?

Who is LGS Recreation? It is a non-profit agency that was formed in 1956 through a joint powers agreement with the local school districts in Los Gatos and Saratoga. Its mission is to help build a healthy community by providing a wide range of education, recreation, and enrichment programs to the citizens of Los Gatos, Saratoga, Monte Sereno, and neighboring mountain communities.

How?

How do you get more information? Contact LGS Recreation at (408) 354-8700. Or, just stop by the Adult Recreation Center, 208 E. Main Street. We'll be happy to take you on a tour of the facility, and answer any questions you may have.

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RESOLUTION 2009-

**RESOLUTION OF THE TOWN COUNCIL OF THE TOWN OF LOS GATOS
AUTHORIZING THE TOWN MANAGER TO EXECUTE THE
LEASE AGREEMENT BETWEEN TOWN OF LOS GATOS
AND LOS GATOS-SARATOGA COMMUNITY EDUCATION AND RECREATION**

WHEREAS, the Town of Los Gatos owns and operates the property located at 208 E. Main Street, Los Gatos; and

WHEREAS, the Town desires to enter into a long-term lease for this property with Los Gatos-Saratoga Community Education and Recreation, a local non-profit agency, for the purposes of operating a community center for adults and seniors; and

WHEREAS, Los Gatos-Saratoga Community Education and Recreation also desires to enter into a long-term lease for the property, and accepts the accompanying responsibility for providing services to adults and seniors.

RESOLVED, by the Town Council of the Town of Los Gatos, County of Santa Clara, State of California, that the Town of Los Gatos Town Manager is authorized to execute:

- 1. A Lease Agreement Between Town of Los Gatos and Los Gatos-Saratoga Community Education and Recreation substantially in the term of Exhibit A; and
- 2. Future amendments to the Agreement so long as they conform to the adopted Town budget.

PASSED AND ADOPTED at a regular meeting of the Town Council of the Town of Los Gatos, California, held on the 7th day of December, 2009 by the following vote:

COUNCIL MEMBERS:

AYES:

NAYS:

ABSENT:

ABSTAIN:

SIGNED:
MAYOR OF THE TOWN OF LOS GATOS
LOS GATOS, CALIFORNIA

ATTEST:

CLERK ADMINISTRATOR OF THE TOWN OF LOS GATOS
LOS GATOS, CALIFORNIA

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