



## Senior Center and LINX Transit

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### ADVISORY BOARD MEETING

February 21, 2024

## MINUTES

Members Present: Marlene Flyer, Sherry Liest, Joli Root & Kindra Oliver

Absent: Cody Wack and Linda Meredith

#### 1. WELCOME:

Kindra opened the meeting at 10:00 a.m.

#### 2. MINUTES:

*Marlene moved to approve the minutes from the October 18, 2023 Advisory Board meeting; Sherry seconded; motion passed unanimously.*

#### 3. Advisory Board Vacancies:

- Board members reviewed the five applications submitted for the two vacancies on the board. The applicants had relevant experience, were passionate about seniors and most of them currently involved at the Senior Center. The board could only recommend two at this time, but hoped others would reapply once more openings became available in the future. Recommendations will be forwarded to City Council, to be considered for appointment on March 13<sup>th</sup>.

#### 4. REPORTS:

##### Meal Site:

- Tori is always looking for substitute drivers to help deliver meals in the community.
- Cascades West Council of Governments (COG) has rolled out their new program concept, Connection Café, in efforts to create the warm, inviting environment to connect with neighbors and friends, while dining at the meal site eating a nutritious meal.
- Most of us know Andy, long-time volunteer for the Senior Center and COG Meals-on-Wheels program. Andy will be “retiring” in June and traveling with his family. His Mom is going to host a party for Andy, toward the end of June.
- The group had a few questions about the meal program. The food for the meal site and Meals-on-Wheels is brought to the Senior Center already cooked. Once it

arrives, food is packaged to be sent out with volunteer drivers to deliver up to 175 meals for home bound seniors in our community. Seniors enjoy lunch at the Senior Center at noon, each week day. Local farmers usually bring in produce and berries to the Senior Center when they are harvesting.

#### Senior Center:

- The Senior Center larger events have been well received, with lots of participants and positive feedback about how much people enjoy the social gatherings. We had a great turn out for our Veterans Recognition Reception and Thanksgiving Banquet. We are currently planning put on a Spring Tea and Luau beachy event. Senior Center staff is working on an annual program/event planning calendar.
- The Senior Center ipads are now available for seniors to check out during our operating hours, for use in the library area. We are also offering various ipad classes, as we can.
- The Senior Center has added a fourth evidence-based program, Tai Ji Quan: Moving for Better Balance.
- Senior Center stats are up to date and our participation levels are at and above where they were pre-Covid.

#### LINX Transit:

- LINX Transit continues to see increases in ridership and call volume in the office.
- LINX Transit has the engineering design for the LINX fleet parking, at the Maintenance Shops, on Oak Street. Site improvements have started and they hope to be complete this summer and we'll start parking our fleet at that location.
- LINX staff is working with our Maintenance Department for the Park and Oak Street bus stop improvements. We hope to have a design plan in the next couple of months.
- Kindra is working on a Request for Information for the scheduling and dispatching software, in efforts to gain efficiencies and address

### **5. CONTINUING BUSINESS:**

- Senior Center staff has been looking for potential speakers to present on various topics, much like we used to do with our Lunch and Learn series years ago. Topics could include history, homesteading, wellness, motivational speakers, etc..

### **6. DISCUSSION / NEW BUSINESS:**

- Senior Center staff has been discussing potential changes with newsletter and promoting activities and programs. One consideration is creating a bi-monthly newsletter which will save staff time and money for supplies and postage. We also have the option of emailing the newsletter, for those who don't want to pay the subscription fee and have it mailed.
- The group inquired about a survey to provide another option to find out what seniors would like to see offered at the Senior Center. We haven't put out a formal survey for a number of years, but staff does regularly solicit feedback for desired programming. We can discuss at our next staff meeting.

### **7. ADJOURNMENT**