



Kenai Council on Aging Commission

Regular Meeting

July 10, 2025 - 3:00 PM

Kenai Senior Center

361 Senior Ct., Kenai, AK 99611

Telephonic/Virtual Information on Page Below

Agenda

A. CALL TO ORDER

1. Pledge of Allegiance
2. Roll Call
3. Agenda Approval

B. SCHEDULED PUBLIC COMMENTS *(Public comments limited to ten (10) minutes per speaker)*

C. UNSCHEDULED PUBLIC COMMENT *(Public comments limited to three (3) minutes per speaker; thirty (30) minutes aggregated)*

D. APPROVAL OF MINUTES

1. June 12, 2025 Regular Meeting Minutes

E. UNFINISHED BUSINESS

F. NEW BUSINESS

1. **Discussion** - 2025 Client Satisfaction Survey Results.

G. REPORTS

1. Senior Center Director
2. Commission Chair
3. City Council Liaison

H. ADDITIONAL PUBLIC COMMENTS *(Public comments limited to five (5) minutes per speaker)*

I. NEXT MEETING ATTENDANCE NOTIFICATION - August 14, 2025

J. COMMISSIONER COMMENTS AND QUESTIONS

K. ADJOURNMENT

L. INFORMATION ITEMS

Join Zoom Meeting:

Using the following link:

<https://us02web.zoom.us/j/85081299992?pwd=cX7e7B50T4eIldmX147qcdvXL7JRXU.1>

OR

Call in by dialing: (253) 215-8782 or (301) 715-8592

Meeting ID: 850 8129 9992

Passcode: 997664

The agenda and agenda items are posted on the City's website at www.kenai.city. Copies of the agenda items are available at the City Clerk's Office or at the Kenai Senior Center prior to the meeting. Please contact the Senior Services Director at 907-283-4156 for additional details.

****COMMISSIONERS, PLEASE CONTACT US IF YOU WILL NOT BE ABLE TO ATTEND THE MEETING****

**KENAI COUNCIL ON AGING – REGULAR MEETING
JUNE 12, 2025 – 3:00 P.M.
KENAI SENIOR CENTER
361 SENIOR CT., KENAI, AK 99611
CHAIR CRAIG, PRESIDING**

MINUTES

A. CALL TO ORDER

A Regular Meeting of the Council on Aging Commission was held on June 12, 2025, at the Kenai Senior Center, Kenai, AK. Chair Craig called the meeting to order at approximately 3:00 p.m.

1. Pledge of Allegiance

Chair Craig led those assembled in the Pledge of Allegiance.

2. Roll Call

There were present:

Rachael Craig, Chair

Velda Geller

Gina Kuntzman

Jim Glendening, Vice Chair

William Sadler

Barbara Modigh

Kit Hill

A quorum was present.

Also in attendance were:

Kathy Romain, Senior Center Director

Red Piersee, Senior Center Administrative Assistant

Henry Knackstedt, City Council Liaison

3. Agenda Approval

MOTION:

Vice Chair Glendening **MOVED** to approve the agenda as presented. Commissioner Kuntzman **SECONDED** the motion.

VOTE: There being no objection; **SO ORDERED.**

B. SCHEDULED PUBLIC COMMENTS - None.

C. UNSCHEDULED PUBLIC COMMENTS - None.

D. APPROVAL OF MINUTES

1. April 10, 2025 Regular Meeting Minutes

MOTION:

Vice Chair Glendening **MOVED** to approve the April 10, 2025 Council on Aging minutes. Commissioner Kuntzman **SECONDED** the motion.

VOTE: There being no objection; **SO ORDERED.**

E. UNFINISHED BUSINESS - None.

F. NEW BUSINESS

1. **Discussion/Recommendation** - Emergency Training Dates.

It was reported that this would be a half-day of in person training; the first draft of the Emergency Operations Plan had not yet been provided by the contractor; and the continuity of operations plan should arrive in the next few weeks.

2. Discussion/Recommendation - Update on Work Plan Goals.

Work Plan Goal 1 - Identify Opportunities for Intergenerational Programs. A draft letter and questionnaire were provided to the commission; and it was reported that a list of schools and organizations to send the questionnaire to was in development.

Work Plan Goal 2 - Review Emergency Plan for the Kenai Senior Center. No new information was provided.

Work Plan Goal 3 - Identify Programs & Activities for Health & Wellness. Documentation was provided showing the resources being utilized for ideas on how to promote health aging programs; implantation methods were now under review.

3. Discussion/Recommendation - Encouraging Consistent Sign-In for Lunch and Activities

It was reported that changes in State reporting requirements resulted in less grant funding availability; due, to the number of seniors not registered or signing in.

There was discussion regarding volunteer at the door encouraging sign in; a second sign in screen; and providing reminders when meals were served.

G. REPORTS

1. Senior Center Director - Director Romain reported on the following:

- NTS Grant RFP was submitted.
- Upcoming Old Timers Luncheon on August 15, 2025.
- Update on the Farmers Market.
- Planting completed by volunteers.

2. Commission Chair - Chair Craig reported that she was now a tenant at Vintage Pointe Manor.

3. City Council Liaison - Council Member Knackstedt reported on the recent actions of the City Council.

H. ADDITIONAL PUBLIC COMMENTS - None.

I. NEXT MEETING ATTENDANCE NOTIFICATION - July 10, 2025

Vice Chair Glendening absent in September and October.

J. COMMISSION QUESTIONS AND COMMENTS

Appreciation was stated for the report and time of the Council Liaison.

K. ADJOURNMENT

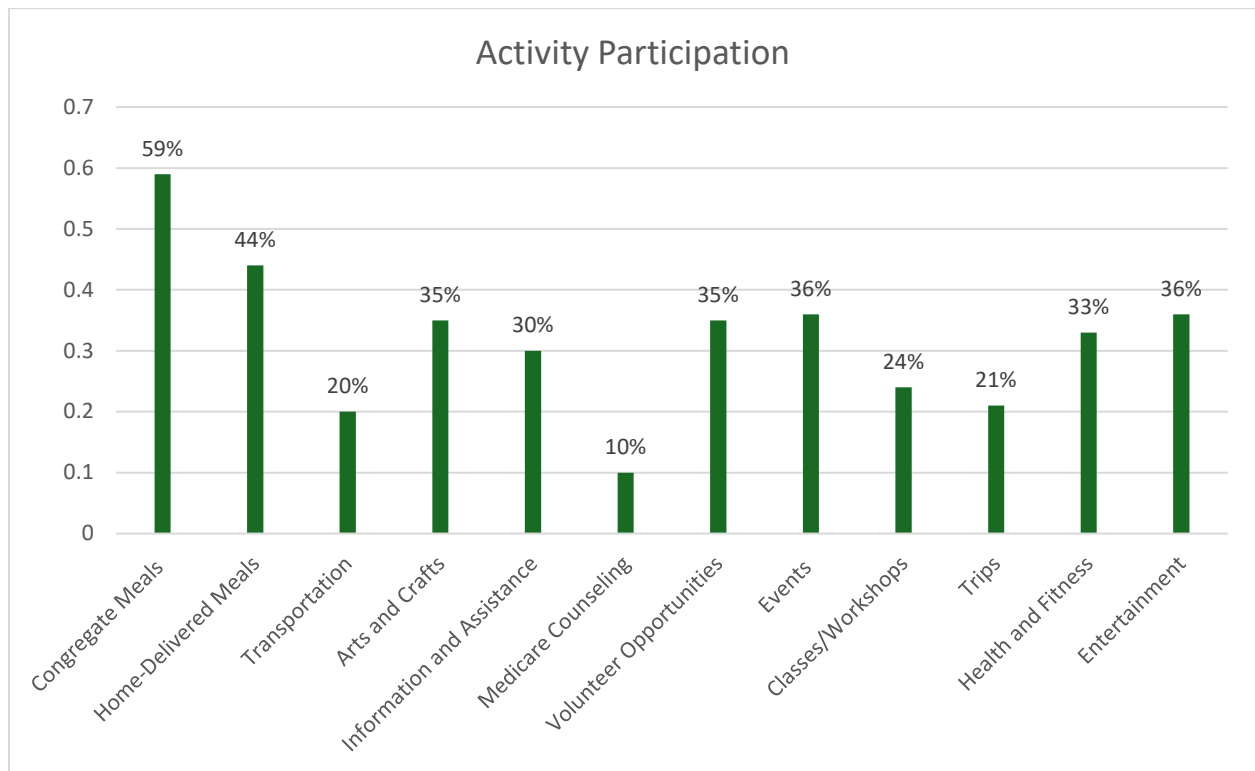
L. INFORMATIONAL ITEMS - None.

There being no further business before the Council on Aging, the meeting was adjourned at 4:37 p.m.

I certify the above represents accurate minutes of the Council on Aging meeting of June 12, 2025.

Shellie Saner, MMC, City Clerk

Kenai Senior Center 2025 Client Satisfaction Survey



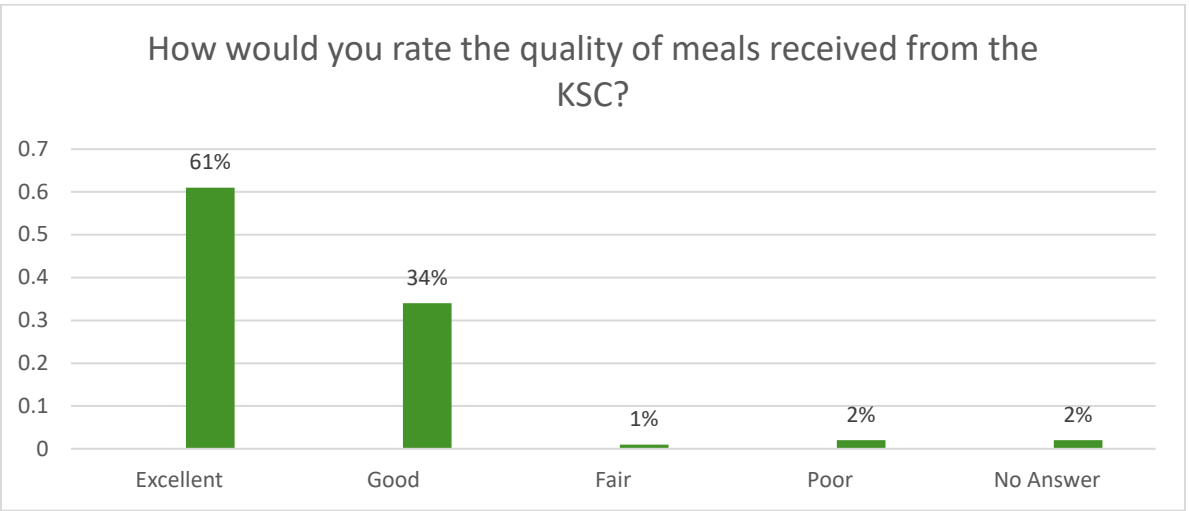
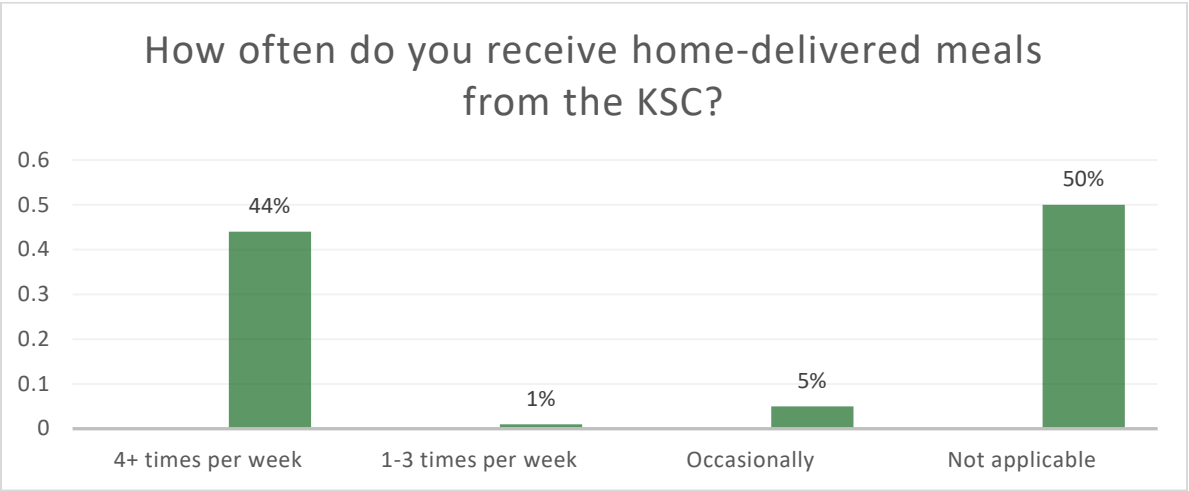
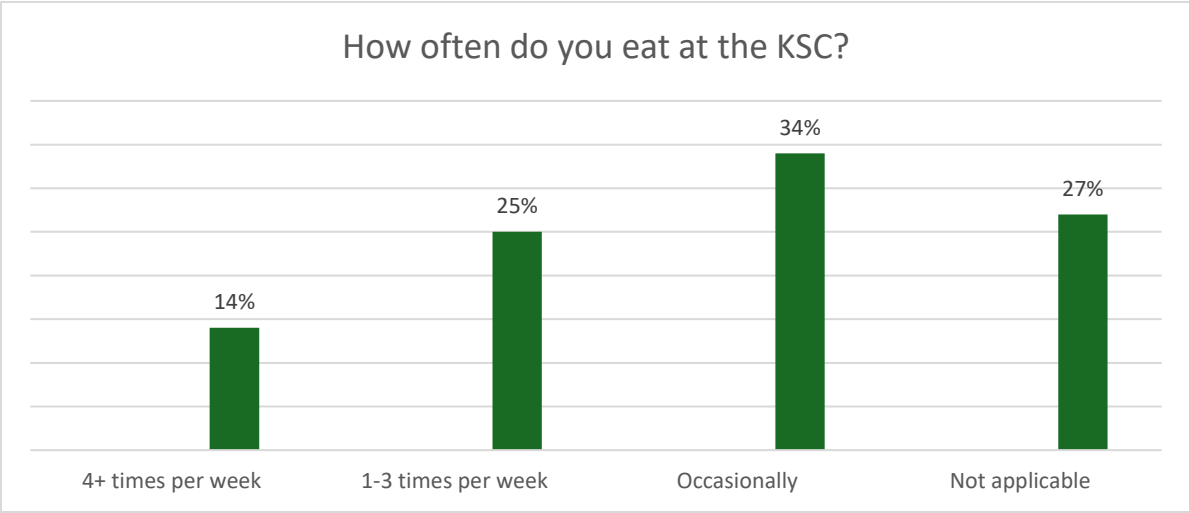
83 Client Satisfaction Surveys were returned this year. 95% of those surveyed were over the target age of 60, 20% of those surveyed were over the age of 85 and 5% of those surveyed did not report their age. 99% of the individuals surveyed were registered members of the Kenai Senior Center.

Are you aware of the programs and services the KSC offers?

- 81% responded yes
- 19% responded no

Are you interested in being a volunteer?

- 22% reported yes
- 46% reported no
- 32% reported they were already a volunteer at the center

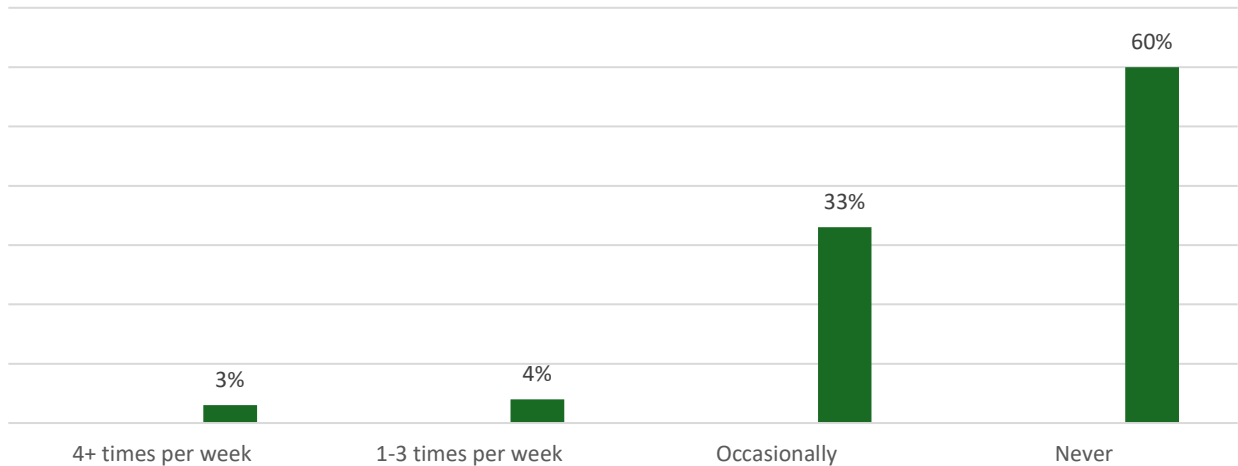


What is your favorite meal at the KSC?

- 81% report its Liver and onions
- 10% report its Fried Chicken
- 9% report it's the Baked Potato

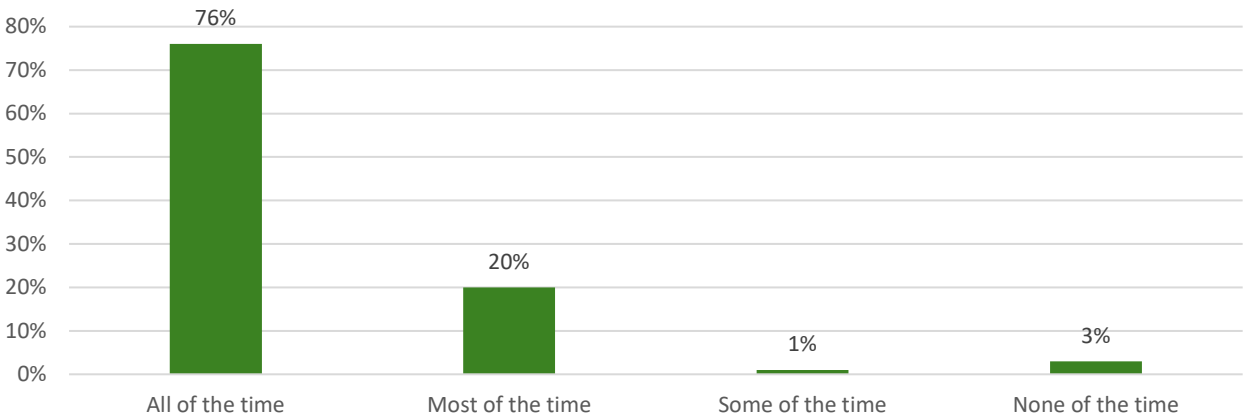
Other honorable mentions: Clam Chowder, Meatloaf, Breakfast, Taco Salad, Turkey with all the fixings, and the Ham dinner.

How often do you use KSC transportation services?



Of the individuals polled regarding how they utilize transportation services through the KSC, 29% report they use services to access the community while 24% report they utilize services to access the center itself.

Do you feel that services provided by the KSC help maintain or increase the quality of life and the ability to age in place?



How would you rate your overall quality of services received from the KSC?

- 84% of those polled answered services received were excellent.
- 16% of those polled answered services received were good.

What activities do you enjoy most at the KSC?

Music classes and Choir; Tai Chi, Chair Yoga, Exercise Class; Arts and Crafts and Paint by Number; TOPS, No-Host Dinners; Cards, Dominoes, and Bingo; Fellowship.

What activities would you like to see offered at the KSC?

- Add the card game “Spades”
- Information on Wills and Trusts
- Disease discussion: Q&A by a healthcare professional
- Square dancing or line dancing
- Longer Bingo time
- Information on social media, computer classes, and how to use an I-phone
- Book Club
- More crafts

Do you have any cost-saving ideas for the KSC?

- Turn down the heat in the Winter and install Solar Panels
- Fundraiser – garage sale with the proceeds going to the senior center.
- Smaller meal portions

Comments:

- Keep up the great food and your care for all.
- Love this place.
- A BEAUTIFUL place for us and the rest of the community.
- You folks are the kindest- nicest most loving people. We are blessed to have you all here. Please thank the city for their generous support of the KSC.
- Great staff!
- Keep up the good work!
- Love this place - the environment is friendly and positive.
- August 1st will be 5 years I've lived at Vintage Pointe and wouldn't want to live anywhere else and to be connected to the senior center is truly a blessing!
- The KSC operates very well. Staff and volunteers are always nice and very polite.
- I thoroughly enjoy coming and participating at the Kenai Senior Center. I also enjoy all the helpful staff.
- I would participate more but I am busy doing other things as well.
- The cooks prepare excellent meals.
- Pleased with staff and employees
- I love the Center- many helpful activities and learning, meeting and making friends.
- Consider myself to be very fortunate to be involved with meals on wheels. Excellent meals, great cooks, and great drivers.
- Our home meal delivery driver is awesome!
- A big thank you from my wife and me.
- The KSC is a wonderful and happy place to be. The staff go out of their way to make each one of us feel special and that's so appreciated.
- I am thankful to have this active happening center here in Kenai.
- I only have home meals delivered two days per week.
- Thank you so much for your services, your drivers are very helpful.
- More days of breakfast.
- The meals are great I just wish they were on Friday too. Your delivery drivers are the very best. You and my chore worker services are what keep me out of a nursing home. Thank you so much.
- Thank you for all the things you do for us.
- I think everyone at the center is wonderful and helpful.
- Great Place
- We are extraordinarily privileged to have this beautiful, well-maintained facility.
- Excellent service