



**Kenai Council on Aging Commission**

**Work Session**

**September 11, 2025 - 3:00 PM**

**Kenai Senior Center**

**361 Senior Ct., Kenai, AK 99611**

**\*Telephonic/Virtual Information Below\***

**Agenda**

**A. CALL TO ORDER**

**B. INTRODUCTION - Kathy Romain, Senior Center Director**

**C. COMMISSION DISCUSSION**

1. Work Plan Updates and Discussion ..... Pg 2

**D. PUBLIC COMMENTS *(limited to three (3) per speaker)***

**E. ADJOURNMENT**

**Join Zoom Meeting:**

Using the following link:

<https://us02web.zoom.us/j/87253557972?pwd=YzVER1RqOVU2OXdqRWRNZU13R0ROUT09>

**OR**

Call in by dialing: (253) 215-8782 or (301) 715-8592

**Meeting ID:** 872 5355 7972      **Passcode:** 209020

*The agenda and agenda items are posted on the City's website at [www.kenai.city](http://www.kenai.city). Copies of the agenda items are available at the City Clerk's Office or at the Kenai Senior Center prior to the meeting. Please contact the Senior Services Director at 907-283-4156 for additional details.*

**\*\*COMMISSIONERS, PLEASE CONTACT US IF YOU WILL NOT BE ABLE TO ATTEND THE MEETING\*\***

## INTRODUCTION

This area should include the advisory body's missions' statement and include a brief description of the overall purpose of the commission.

The Mission of the Council on Aging Commission is to advise the Mayor, the City Council, the Senior Center Director, and the city of Kenai of the needs of the elderly in the area of seniors, support the programs which enable the continued independence of senior citizens and serve as an advisory committee.

*Note: Work plans developed by the advisory body will be submitted to the City Council for approval; therefore, it is a good idea to align the goals and objectives with city code, policy and the City of Kenai Comprehensive Plan.*

**Instructions:** In the space provided below, identify an issue or goals (objective) your commission would like to address in the upcoming year, the information provided should include plans on how to address those issues. This item should include information regarding additional staff resources and/or community volunteers needed; funding resources, are funds available in the budget if not are you proposing council include funding in the upcoming budget cycle; and how long is it expected to obtain the objective. Please prioritize the objectives of your group with number one (1) being the top priority (objective number).



Objective No. **1**      Objective: **Identify Opportunities for Intergenerational Programs**      Estimated Time to Complete: **2025**

Strategy: *(Provide a summary of tasks which need to be done to obtain the objective.)*

1. Identify existing programs within the Senior Center and evaluate how they serve the senior community.
2. Develop and distribute a letter and survey to youth and college-age community groups to gather input on Senior Center programs.
3. Collect data on intergenerational programs offered by other community groups and assess potential participation based on the best interests of seniors.
4. Connect with senior centers across Alaska to learn about their intergenerational program offerings.

Narrative: *(Describe the benefits to the residents and visitors of the City.)*

Engaging younger generations with the Senior Center fosters a deeper understanding of its role in the community, helping to break down stereotypes about aging. By increasing awareness of how the center operates and the programs it offers, more meaningful connections can be formed between seniors and younger individuals. These intergenerational interactions not only help reduce loneliness among older adults but also enhance their sense of purpose and value. At the same time, mentoring opportunities allow youth to gain valuable life skills, guidance, and a sense of connection, creating positive outcomes for both generations.

Collaboration: *(Who needs to be involved to obtain the objective?)*

Seniors, Schools, Colleges, and the Council on Aging Commission

Funding: *(Are funds available, or is funding needed in a future budget?)*

N/A

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Objective No. **2**      Objective: **Review Emergency Plan for the Kenai Senior Center**      Estimated Time to Complete: **Fall 2025**

Strategy: *(Provide a summary of tasks which need to be done to obtain the objective.)*

1. Review the Emergency Plan and give feedback accordingly.
2. Attend the Emergency Operations Plan training prior to implementation.
3. Put forth a recommendation to the City Council for acceptance of the completed Emergency Plan.

Narrative: *(Describe the benefits to the residents and visitors of the City.)*

Ensuring the safety of the senior population requires careful planning and preparedness. The commission aims to review the Senior Center's emergency plan, provide valuable input, and participate in training to enhance readiness. By developing a proactive group focused on senior support during emergencies, the commission will help strengthen the City's overall emergency response. This initiative not only contributes to a safer environment for older adults but also ensures that the Senior Center is well-equipped to handle emergencies, providing peace of mind for seniors, their families, and the broader community.

Collaboration: *(Who needs to be involved to obtain the objective?)*

Senior Center staff  
City Employees  
Council on Aging Commission

Funding: *(Are funds available, or is funding needed in a future budget?)*

N/A The Senior Center received a grant to develop the emergency plan.

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Objective No. **3**      Objective: **Identify Programs & Activities for Health & Wellness**      Estimated Time to Complete: **2025**

Strategy: *(Provide a summary of tasks which need to be done to obtain the objective.)*

1. Explore methods for gathering feedback on the current needs of the senior population in Kenai.
2. Identify and promote Senior Center programs to increase awareness and engagement among Kenai residents.

Narrative: *(Describe the benefits to the residents and visitors of the City.)*

Promoting health and wellness among the senior population is essential to enhancing their quality of life. By identifying programs and activities that support physical, mental, and social well-being, the Senior Center can better meet the diverse needs of older adults. These efforts extend beyond those who actively participate in the center, reaching a broader population and ensuring that more seniors have access to resources that contribute to their overall wellness.

Collaboration: *(Who needs to be involved to obtain the objective?)*

Senior Center Staff  
Council on Aging Commission

Funding: *(Are funds available, or is funding needed in a future budget?)*

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