



JUNEAU COMMISSION ON AGING AGENDA

May 20, 2025 at 3:00 PM

Zoom Webinar

<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Present:

Absent:

Others Present:

B. APPROVAL OF AGENDA

C. APPROVAL OF MINUTES

1. April 15, 2025 JCOA Regular Meeting Minutes - Draft

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS

E. AGENDA TOPICS

2. Standing JCOA Agenda Topics - Main Projects/Subcommittee Updates

1. Housing Updates
2. Recreation & Wellness Updates
3. Planning Workgroup Updates

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS

G. NEXT MEETING DATES - at 3pm via Zoom (check top of agenda for correct Zoom link)

May 27, 2025 JCOA Workgroup Meeting

June 10, 2025 JCOA Workgroup Meeting

June 17, 2025 Regular JCOA Meeting

June 24, 2025 JCOA Workgroup Meeting

H. SUPPLEMENTAL MATERIALS

I. ADJOURNMENT

ADA accommodations available upon request: Please contact the Clerk's office 36 hours prior to any meeting so arrangements can be made for closed captioning or sign language interpreter services depending on the meeting format. The Clerk's office telephone number is 586-5278, e-mail: city.clerk@juneau.gov.

JUNEAU COMMISSION ON AGING MINUTES - **DRAFT**

April 15, 2025 at 3:00 PM

Zoom Webinar



<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL— *Chair Craig called the JCOA meeting to order at 3PM via Zoom*
Present: Chair Deborah Craig, Carol Ende, Jennifer Garrison, Chris Schapp, Barb Murray, Linda Kruger,
Absent: Diane Kyser, Ann Stepetin, and Kimberly Adkison
Others Present: JCOA Assembly Liaison Maureen Hall, absent

B. APPROVAL OF AGENDA – agenda approved as presented

C. APPROVAL OF MINUTES – minutes approved as presented

1. March 18, 2025 JCOA Meeting Minutes
2. March 25, 2025 JCOA Workgroup Meeting Minutes

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS - None

E. AGENDA TOPICS

Standing JCOA Agenda Topics - Main Projects/Subcommittee Updates

1. Housing - The Chair introduced a letter that past member Kathleen Samalon shared with us with suggestions on housing – there is a new development in town that could benefit from Universal Housing information – **Deb and Linda will make contact with the Contractor.** We discussed housing as a priority in the Age-Friendly Juneau Plan and coordinating with AARP and their work with RL Mace Universal Design Institute to present information and possibly webinars on universal design for new homes and renovations. **Carol and Barb and Linda will work on housing suggestions for the plan.**

2. Recreation & Wellness - There is continuing interest in a Juneau Community Senior Activity Center. CBJ Assembly and all Department staffs are under-staffed and have overflowing plates with budgeting, the flood, and other significant issues. Parks and Rec and other city entities haven't had much time to work with us. We will continue to develop ideas and incorporate them into the Age-Friendly Plan along with ideas from SAIL/ADRC, CCS/Senior Services, Bartlett, SEARHC, CBJ Libraries and UAS. Discussed waiting until the Budget cycle is complete for CBJ before approaching again with regard to use of the Marie Drake Complex for a Senior Center.

3. Age-Friendly Community Planning- Linda, Barb and Chair Craig met to work on the Age-Friendly Plan and made significant progress. They will continue to work on the plan and invite others who have ideas about any of the 8 Domains of Livability - housing, outdoor spaces and building, transportation, communication and information, civic participation and employment (including volunteerism), respect and inclusion (including redefining aging and seniors), health services and community supports (health and wellness), and social participation. Deb talked through the layout of the plan and draft language. We don't have to address all eight, but we received comments in surveys and listening sessions that populate every domain. We will be working to put together suggestions for projects, partners, and steps forward. **We will also interact with the Comprehensive Plan Update process that is just beginning and coordinate recommendations with the CBJ 2025 goals using materials the JCOA has provided in the past.**

<https://juneau.org/community-development/our-juneau-comp-plan> (info for CBJ Planning)

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS -

Jennifer commented that housing is a big issue for the seniors served by CCS. The wait lists are long for existing subsidized housing. Temporary arrangements are needed for people who are evicted or otherwise lose their housing. More beds and housing opportunities are needed. Chair Craig inquired as to the SREC grant that was intended to provide Home Health Care Staff that would enable people to stay in their homes rather than have to move due to non-age friendly aspects of their housing. There have been two trainings thus far for Home Health Care staff but outcomes are unknown. Jennifer didn't know but mentioned that SREC money went into training provided in Sitka and senior centers around Southeast.

Jennifer also mentioned that an Adopt a Senior Program like Friends of Seniors would be helpful – this led to a discussion of using the monthly Juneau Afternoon slot on KTOO and that she could talk about ideas of how to get together with friends and neighbors.

The next Juneau Afternoon featuring content specifically for seniors will be May 1. In addition to getting together with friends and neighbors, information will be shared on Parks and Rec's Walk Southeast, and Bartlett Hospital's Coffee, Tea and Story time at the Bartlett Hospital Cafeteria 5/7, 6/4, and 7/2 from 10:00-11:00.

Jennifer and Chris will provide information for the Juneau Afternoon Update with regards to activities of the Senior Services of CCS.

G. NEXT MEETING DATES - at 3pm via Zoom (check top of agenda for correct Zoom link)

April 22 JCOA Workgroup – Recreation and Wellness - Alphabet Group (JCOA, CCS, SEARHC, Bartlett,)

May 13 JCOA Workgroup – Age Friendly Planning

May 20 JCOA Regular Meeting – Presentation of Draft Age Friendly Plan

May 27 JCOA Workgroup – TBD

June 10 JCOA Workgroup – TBD

June 17 JCOA Regular Meeting

June 24 – JCOA Workgroup TBD

H. SUPPLEMENTAL MATERIALS - posters for Walk Southeast and Coffee and Conversation at Bartlett will be shared.

I. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 4:03.

Juneau Commission on Aging

Section E, Item 2.

Dear Assembly Members,
Thank you for your service to our community. The Juneau Commission on Aging is charged with advising the Assembly on matters related to seniors. Seniors over 55 now comprise **30% of Juneau's population**. Juneau's elders buy goods and services, volunteer extensively, and provide support to family members in our community. Many are retired with good benefits and a desire to remain in our community while contributing to its well-being. During your upcoming retreat, may we respectfully suggest that the following items be included in CBJ Assembly Priorities.

Juneau Commission On Aging 2020 Senior Survey Findings

Seniors are healthier and better off than in previous survey years:

- 28.7% of Juneau residents are 55 and older**
- 84% own their own homes and pay taxes
- 80-90% (depending on age) drive their own cars
- 63% volunteer in the community
- 95% over 65 have Medicare Insurance
- 66% over 65 have State of Alaska Retirement
- 40% have Long Term Care Insurance
- 42-46% (depending on age) take continuing education classes (UAS/CS)
- 72 – 84% (depending on age) recreate weekly (walking, hiking, swimming, biking, gyms, skiing)

** AKDOL has updated this figure to 30% in 2023



Assembly Goals 2025

Assembly Goals 2025			
Assembly Goals Approved at the JUNE/2025 Assembly Meeting			
1. Housing - Assure adequate and affordable housing for all CBJ residents			
Item	Implementing Actions	Responsibility	Notes
A1	After completion of A10, create a new 'Housing Plan' with project. Include project funding & PPA budget. Recommendation: create a new 'Housing Plan' to coordinate the Housing Plan with the existing 'Housing Plan' and public engagement.	Assembly, Manager's Office, CBO	
B1	Hold a meeting to review and track progress towards the goals of the Housing Plan. Recommendation: create a new 'Housing Plan' to coordinate the Housing Plan with the existing 'Housing Plan' and public engagement.	Assembly, Manager's Office	
C1	Continue to support the use of the Affordable Housing Fund, but also support other non-profit and private housing development. Recommendation: create a new 'Housing Plan' to coordinate the Housing Plan with the existing 'Housing Plan' and public engagement.	Assembly, Manager's Office	
D1	Continue to support the use of the Affordable Housing Fund, but also support other non-profit and private housing development. Recommendation: create a new 'Housing Plan' to coordinate the Housing Plan with the existing 'Housing Plan' and public engagement.	Assembly, Manager's Office	
E1	Continue to support the use of the Affordable Housing Fund, but also support other non-profit and private housing development. Recommendation: create a new 'Housing Plan' to coordinate the Housing Plan with the existing 'Housing Plan' and public engagement.	Assembly, Manager's Office	

Item 1: Housing: Include Universal

Design as a preferred priority for building age friendly housing for people of all ages. 84% of Seniors own their own homes in Juneau. Many would downsize if more age friendly housing were available - potentially opening up more housing units for working age families. The JCOA continues to promote the concept of Universal Design that meets the needs of community members of all ages and abilities, while allowing aging at home and in community with minimal assistance.

Item 4: Promoting Community Wellness, Safety and healthy aging for all ages by supporting a CBJ Community Center. This year, JCOA actively promoted the concept of a CBJ Community Center using the Marie Drake

Complex to provide recreational opportunities, wellness classes, informational courses and other resources to ensure seniors living in Juneau are able to continue to contribute to the community. While the Marie Drake Complex remains in question, the concept of a multi-generational CBJ Community Center remains a viable mechanism to support healthy maturing for people of all ages, while targeting our elders. Seniors contribute significantly and want to continue to live in the community we love. People of all ages are enabled to continue to contribute by striving to be as healthy as possible.

Assembly Goals Approved at the JUNE/2025 Assembly Meeting			
4. Community, Wellness, and Public Safety - Juneau is safe and welcoming for all citizens			
Item	Implementing Actions	Responsibility	Notes
A1	Address and honor Juneau's Indigenous culture and place names. Develop a naming policy. Consider the impacts of recognizing additional and/or repeated holidays, including Elizabeth Peckhous Day, Indigenous People's Day, and Juneteenth.	Assembly, Manager's Office, Human Resources Committee	JCOA evaluated JCOA's developed naming policy. Holiday discussions are anticipated to take place during collective bargaining.
B1	Explore government to government relations with tribes, working on projects meant to grow effective communication, trust, and partnerships. Create an Assembly lesson to tribal meetings.	Assembly, Manager's Office	Public Safety and Solid Waste MOA amendments signed.
5. Sustainable Community - Juneau will maintain a resilient social, economic, and environmental habitat for existing population and future generations.			
Item	Implementing Actions	Responsibility	Notes
A1	Implement a zero waste or waste reduction plan, including development of the Zero Waste Subdivision.	Assembly, Manager's Office, EPW, Finance	Waste characterization and solid waste flows (i.e. transfer station, landfill, or incinerator) studies are underway. Anticipated reports next year.
B1	Identify and prioritize the most cost effective energy efficiency and electrification upgrades in CBJ facilities. Recommendation: removal.	Assembly, Manager's Office, all departments	Ongoing: multiple grants in process. Significant facilities maintenance integration.
C1	Implement projects and strategies that advance the goal of reliance on 80% of renewable energy sources by 2045. Recommendation: change. Identify the next major step to achieving the goal of reliance on 80% of renewable energy sources by 2045.	Assembly, Manager's Office, all departments	Incremental progress towards fleet electrification - new vehicle purchases are assessed for EV options.
D1	Develop mitigation and resilience strategies aimed at reducing community risk and helping Juneau adapt to climate-related hazards that have been identified in the T22 ADRIC Report. Recommendation: change. Continue developing GLOF mitigation and resilience strategies with partner agencies.	Assembly, Manager's Office, EPW	
E1	Develop strategy to reduce abandoned/unused vehicles.	Assembly, Manager's Office, EPW, Law, P&S, O&M	Ongoing, code revisions underway.

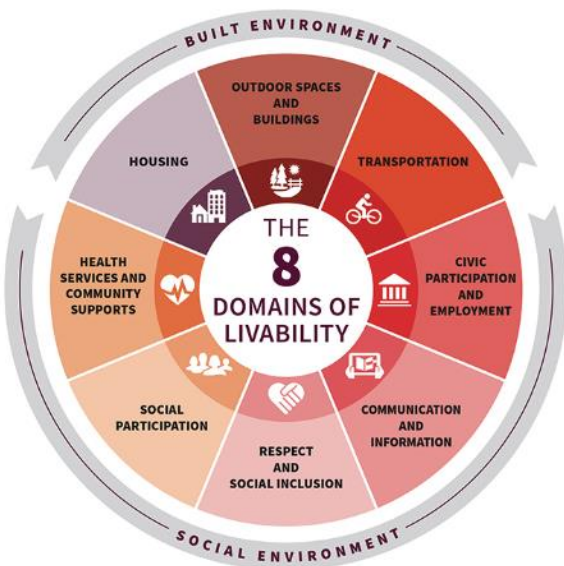
Assembly Action to Move Forward: P = Policy Development, F = Funding, S = Support, O = Operational Issue

Item 5: Sustainable and Age-Friendly Community Planning. The CBJ Assembly joined the *Age-Friendly Network* in 2023 and the next step is to engage in the planning process. Age-Friendly Community Planning was developed by the World Health Organization and has been utilized throughout the world. This planning tool looks at eight (8) domains of livability that make a community viable for all ages, as well as aging in place. It is a tried-and-true mechanism that allows for comparability with other communities, as well as determining areas for improvement. The JCOA recommends that the CBJ join the JCOA and AARP in implementing this AARP planning process as a mechanism to determine how Juneau could be more "livable" for people of all ages.

Thank you for your consideration of our recommendations. The JCOA will present our annual update at the CBJ Assembly Meeting January 6, 2025 and will be able to answer more of your questions at that time.

Deborah Craig, Chair
Juneau Commission on Aging

<https://juneau.org/clerk/boards-committees/jcoa>



Aging! So cool, everyone is doing it!



JUNEAU AGE FRIENDLY COMMUNITY PLANNING JUNE 2025

EXECUTIVE SUMMARY

Following is phase one of the Age Friendly Community Plan for Juneau, Alaska. We joined the Age Friendly Network in late 2023 and are submitting our plan after a 6-month extension. The plan has been prepared as a joint effort of the AARP Community Action Team of Juneau and the Juneau Commission on Aging, as well as engaging community partners. This plan will also be submitted to the City and Borough of Juneau for consideration during their five-year Comprehensive Planning process that began this year. Our goal is to weave senior/elder issues into all phases of our community planning processes as we develop our Age Friendly Plan.

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA
LETTER OF SUPPORT FROM MAYOR

Section E, Item 2.

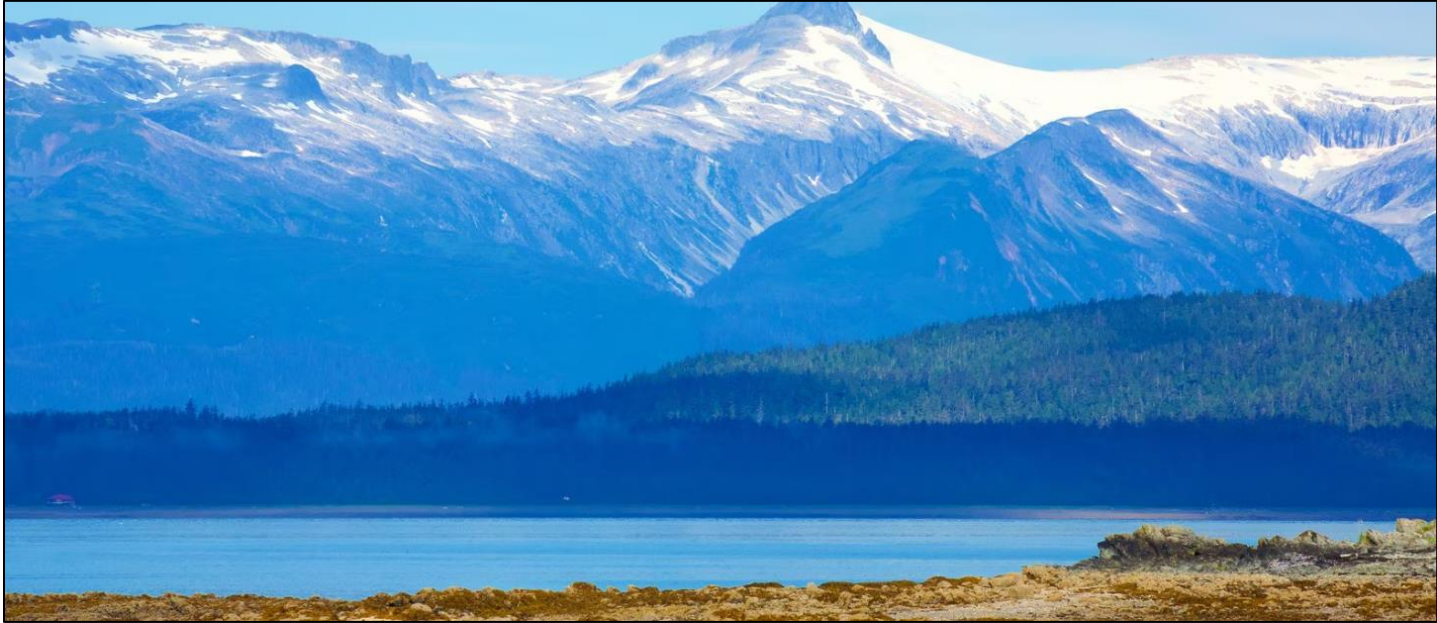
DRAFT

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

WELCOME TO JUNEAU

Alaska's capital is a land locked southeast coastal rainforest community located in a unique geographical area surrounded by glaciers, mountains, and tidal waters.

The Tlingit people and their clans were well established and actively trading in Southeast Alaska when European explorers made their first advances into the Gastineau Channel in the 1700s. The A'akw and T'aakú Kwáan maintained thriving villages in the Juneau, Auke Bay, Douglas and Taku River area for over 750 years.



In the late 1800s rumors of gold findings lured prospectors to the Gastineau Channel and in 1880 and 1881 Juneau and Douglas were founded as townships. Soon Douglas was operating one of the world's largest hard rock gold mines. By the mid-1900s, the Juneau was operating three mines and became the capital of the territory. It was also a travel and trading hub in and out of Alaska with regular Canadian Pacific Steamship arrivals and departures. In the 1920s Filipino workers were brought to Juneau to work in the mines, and the canneries and many stayed and married contributing to our community and cultural fabric.



Alaska achieved statehood in 1959 and Juneau became the capitol of the 49th state. Today, the City and Borough of Juneau is the second largest (square miles) municipality in the United States and is a vibrant and diverse multicultural city of about 32,000 people. Our Capitol conducts state business and houses the legislature from January-May.

Alaska has always experienced surging economic periods: fur trade, gold, fisheries, military, oil and gas and now tourism. Over a million summer visitors

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

contribute to the tourism industry and experience our rich wilderness and cultural experiences. Regional and local Native Corporations headquartered in Juneau benefit tribal citizens and share native culture and history. Two productive mines operate outside the city. The University of Alaska Juneau offers advanced education with about 3000 students actively attending classes. Additionally, Juneau has an active parks and recreation program and a robust boating community with four harbors and houses the third largest fishing fleet in Southeast Alaska.

Juneau continues to be home to a strong community of Alaska



Native, Filipino, South Pacific Islanders, African American, as well as a magnet for young people seeking adventure and has become the home of a high number of active, healthy seniors: almost 30% of Juneau's residents are over 55. Juneau's seniors tend to be homeowners, active in the community and contributors both financially and as volunteers.



CITY AND BOROUGH OF JUNEAU
ALASKA'S CAPITAL CITY

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JUNEAU COMMISSION ON AGING – JCOA

Empowering Juneau's Seniors

JCOA's mandate is to advise the CBJ Assembly on actions and policies that improve the quality of life for seniors. Our mission is to provide CBJ with proactive, coordinated, culturally sensitive and holistic strategies to support Juneau seniors' unique needs as we age in this community we love and call home.

- SENIOR SERVICES IN ALASKA & JUNEAU
- JCOA PRIORITIES
- JUNEAU SENIOR SURVEY
- AGE-FRIENDLY PLANNING
- SENIOR PROFILES
- COMMISSIONERS
- CALENDAR / CONTACT US
- VOLUNTEERS
- ACTIVITIES

Get out and play! Visit a friend!

Aging! So cool, everyone is doing it!

The City and Borough of Juneau reinstated the Juneau Assembly appointed Commission on Aging (JCOA) in 2017 to continue the early work of advocating for Seniors within the community and have an established website for disseminating news:

<https://juneau.org/clerk/boards-committees/jcoa>

The JCOA also provides monthly updates to the community on the local Public Radio Station during "Juneau Afternoon" Radio show.

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

MISSION, VISION AND VALUES



MISSION STATEMENT: Our mission is to support a community where all people live with dignity and purpose and are able to fulfill their goals and dreams in an inclusive, equitable, age and ability friendly Juneau. (Seniors on Mt. Juneau, Alaska)

VISION: Juneau is a livable vibrant community that is safe and accessible, and supports age and ability friendly actions by empowering residents, fostering collaboration, and implementing innovative strategies that enhance accessibility, social connection, and quality of life for individuals of all ages and abilities.



VALUE STATEMENTS

1. Inclusion: We value our community's diversity and strive to create a welcoming environment where all residents, regardless of age or ability, can thrive.
2. Equity: We are committed to addressing systemic disparities and ensuring that resources, opportunities, and programs are accessible to all, particularly marginalized and underserved groups.
3. Collaboration: We believe in the power of partnerships and work collectively with residents, organizations, and policymakers to create sustainable solutions.

4. Empowerment: We aim to empower individuals through education, resources, and opportunities, enabling them to lead fulfilling, independent, and connected lives.

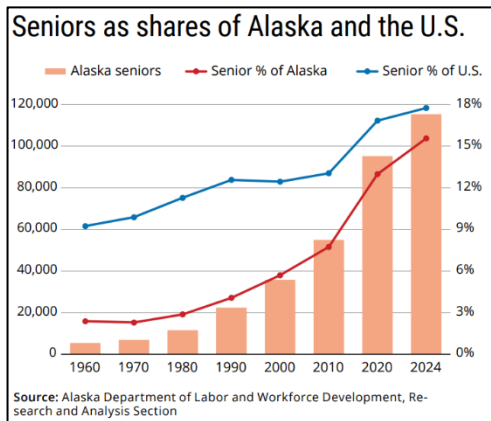
5. Innovation: We embrace creative approaches and adaptive strategies to address the evolving needs of our community.

6. Sustainability: We prioritize long-term impact and resilience, ensuring the success of age & ability-friendly initiatives for generations to come.



AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

COMMUNITY PROFILE



The number of Alaskans 65 or older has skyrocketed over the last decade and a half, continuing to rise even as youth and working-age populations have declined. Today, seniors play a bigger role in Alaska than they ever have. As Alaska has always been a young state, this shift toward an older population is one of the ways Alaska has begun to look more like the rest of the country. The highest concentration of seniors are in Southeast Alaska, of which Juneau is the largest community. Juneau's Senior population (60+) has steadily grown 39% (3.3% annually) between 2012 and 2021. There are 11,494 seniors 50+ living in Juneau. 3,997 are AARP members.

Juneau Commission On Aging

2020 Senior Survey Findings

Seniors are healthier and better off than in previous survey years:

- 28.7% of Juneau residents are 55 and older**
- 84% own their own homes and pay taxes
- 80-90% (depending on age) drive their own cars
- 63% volunteer in the community
- 95% over 65 have Medicare Insurance
- 66% over 65 have State of Alaska Retirement
- 40% have Long Term Care Insurance
- 42-46% (depending on age) take continuing education classes (UAS/CS)
- 72 – 84% (depending on age) recreate weekly (walking, hiking, swimming, biking, gyms, skiing)

** AKDOL has updated this figure to 30% in 2023

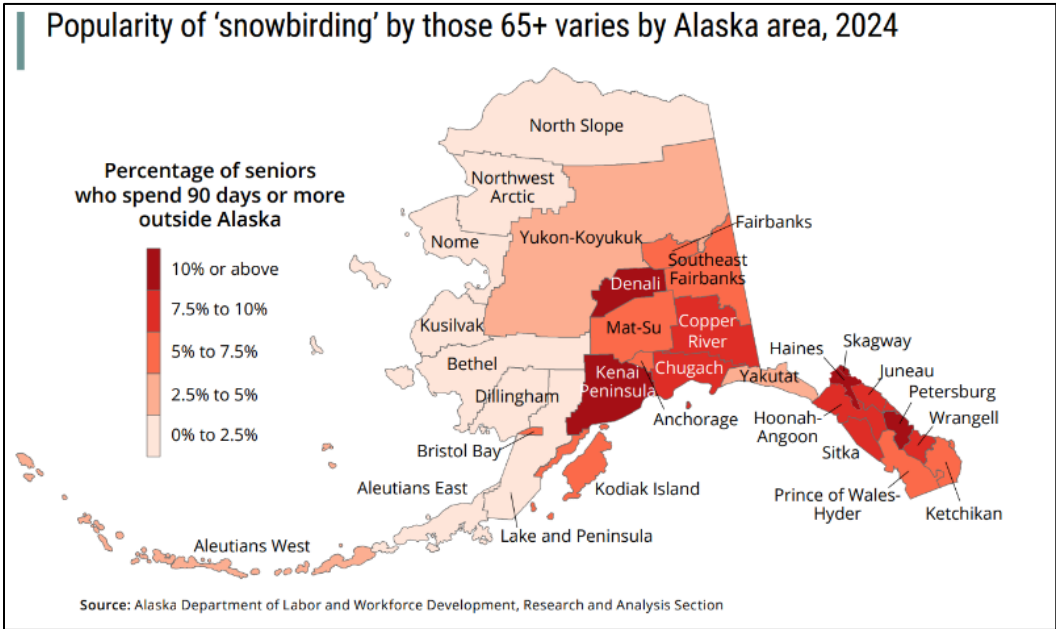


The City and Borough of Juneau facilitates a Senior Survey every decade via the Juneau Commission on Aging. In 2020, the JCOA reached out to a broad swath of the community for the fourth Senior Survey in 40 years and found that seniors are a growing demographic that is doing generally well due to a number of factors.

“It’s a common perception that Alaska retirees move south for warmer weather or the services they can’t get in Alaska. The massive growth in the 65-plus population puts to rest the idea that they all flee after retirement — but given Alaska’s 12-year streak of negative net migration, that raises the question: How much has the larger elder population contributed to the overall outflow? People

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

relocate less as they get older and while seniors have always been a low percentage of movers, they have increasingly influenced net migration numbers in recent years.” (AK DOLWD)



Even though outflow continues to increase, the senior population continues to grow in Alaska, particularly Southeast but senior outflow has “created an undertow to the state’s migration numbers that didn’t exist before, which has baked in a steady net loss”. SE Seniors continue to bring significant value to the community and

are a resource that the Juneau Commission on Aging has focused on ensuring the community recognizes and works to keep Seniors in community. This will be accomplished by ensuring Age Friendly Community values are recognized and promoted.

AARP PUBLIC POLICY INSTITUTE LIVABILITY SCORES FOR JUNEAU AREA

Characteristics of Juneau Borough, Alaska

Demographics

Total Population: **32,108**

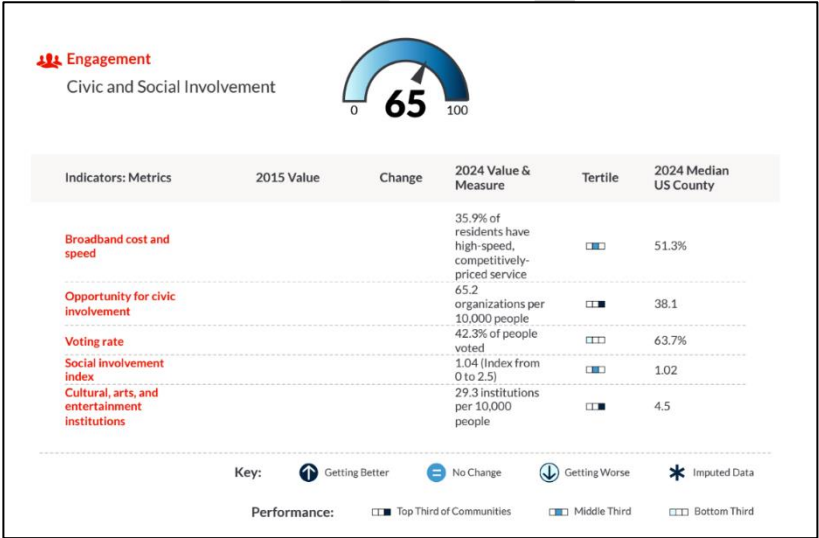
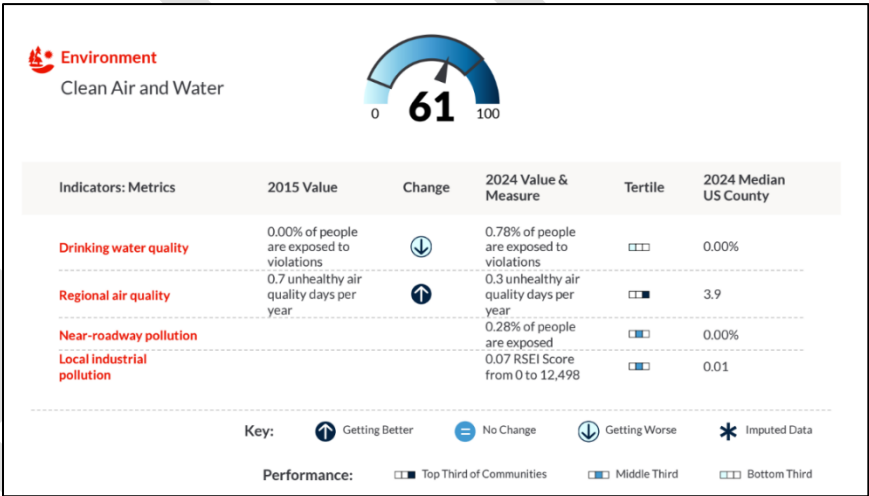
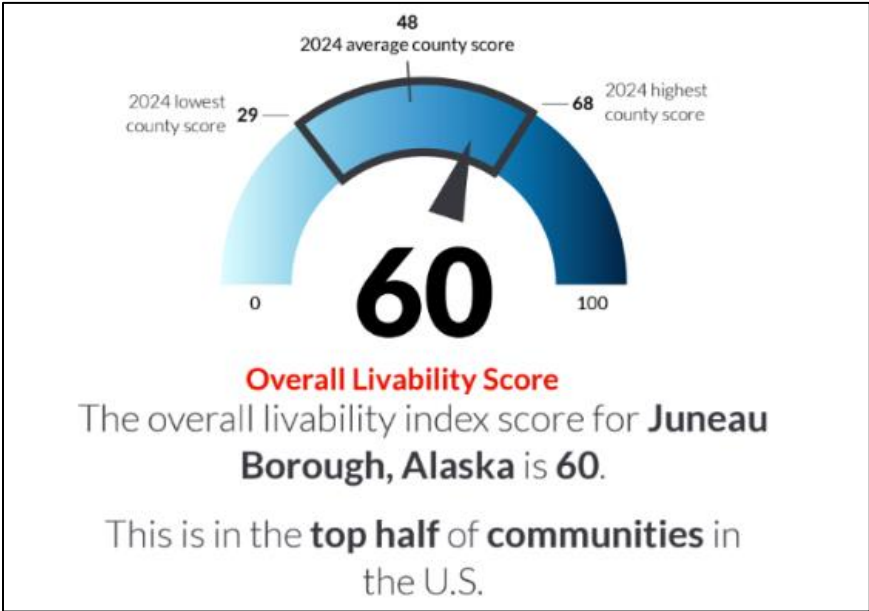
Black/African American: 1%
Asian American: 7%
Hispanic/Latino: 7%
White: 64%
American Indian/Alaska Native: 9%
Hawaiian: 1%
Two or More Races: 15%
Some Other Race: 2%

Age 50+: 35%
Age 65+: 15%
% of the population with a disability: 12%
Life Expectancy: 81 years old
Households Without a Vehicle: 9%
Median Household Income: \$98,191
% of the population with income below poverty: 7%
Upward Mobility : 76

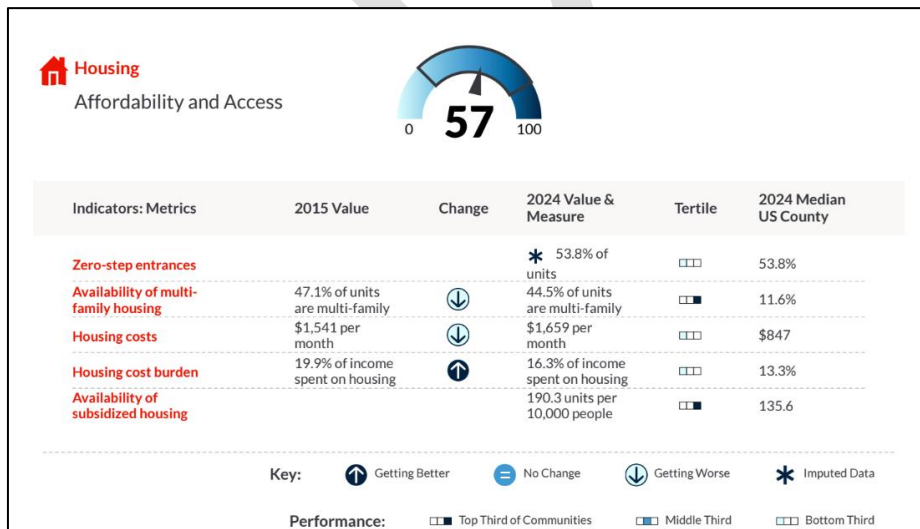
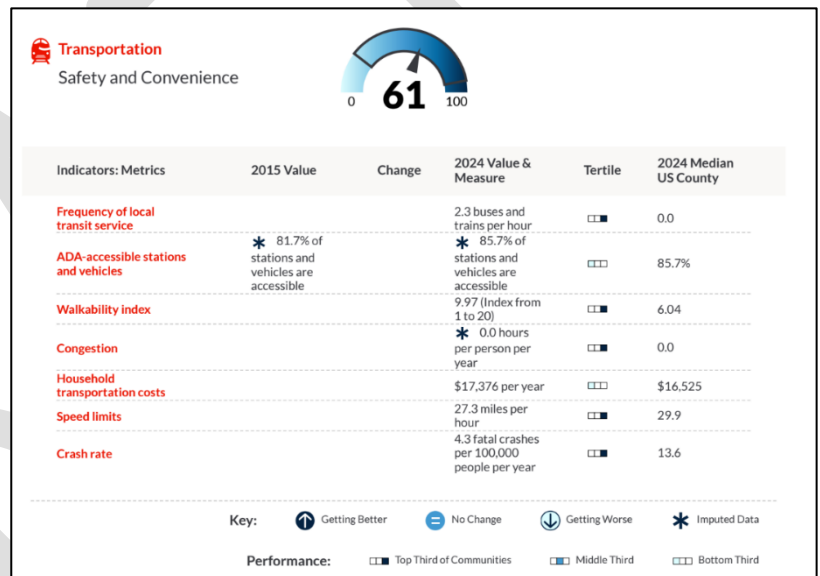
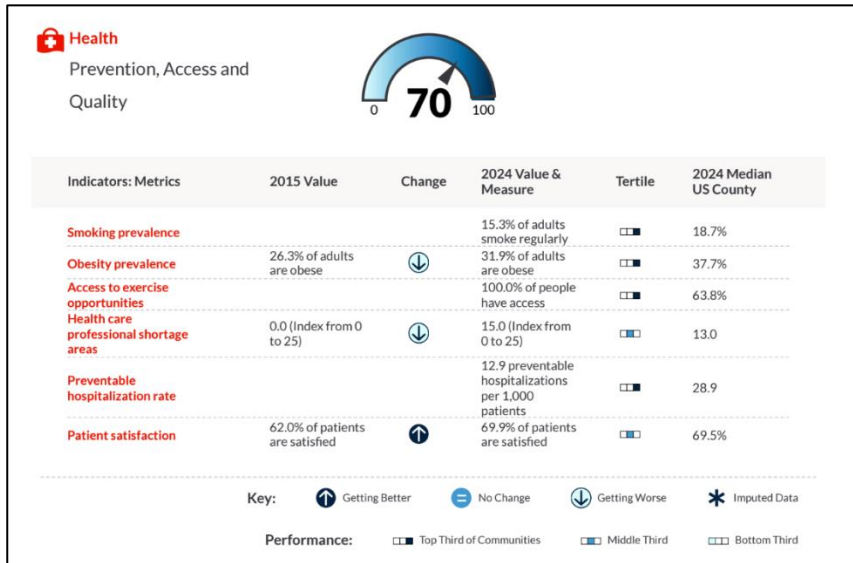
Climate

2023 Temperature	January	July	2023 Avg. Precipitation	January	July
Lowest	21°	43°		19"	4"
Average	26°	50°			
Highest	30°	57°			

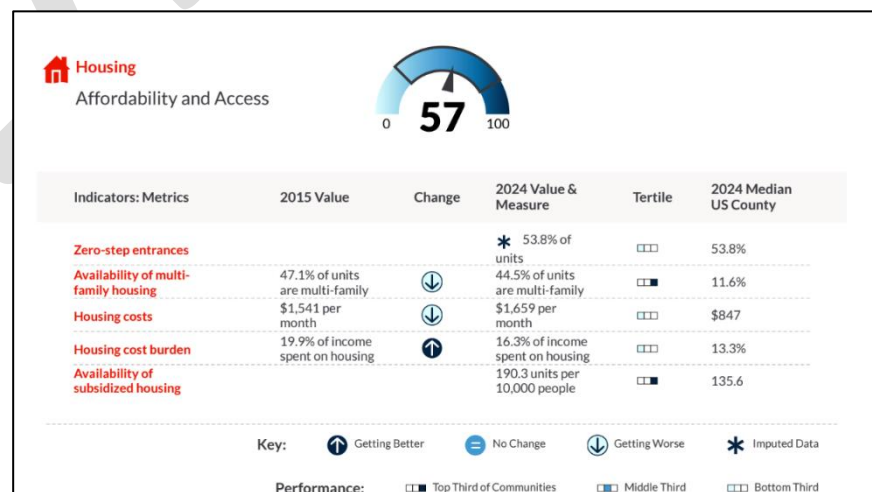
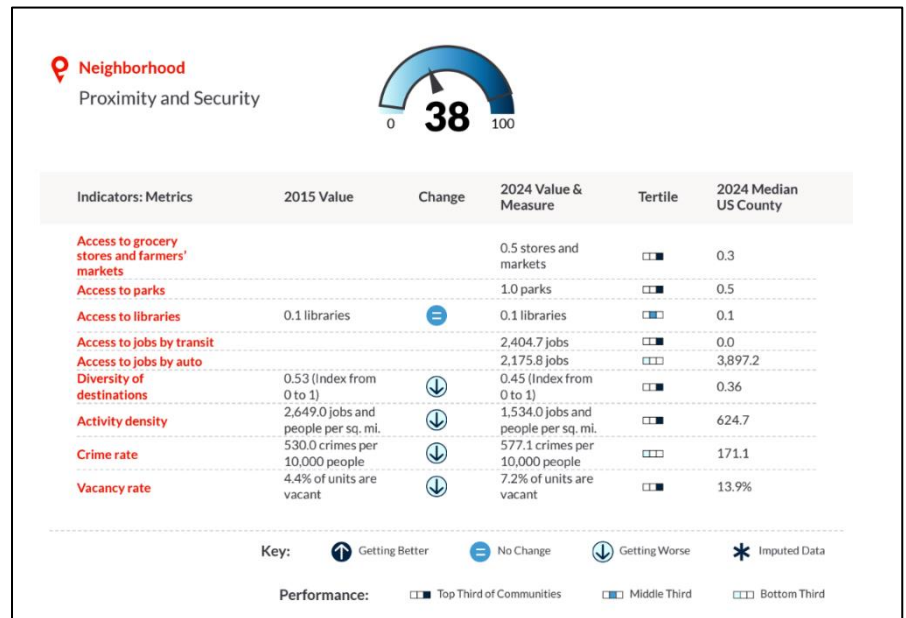
AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA



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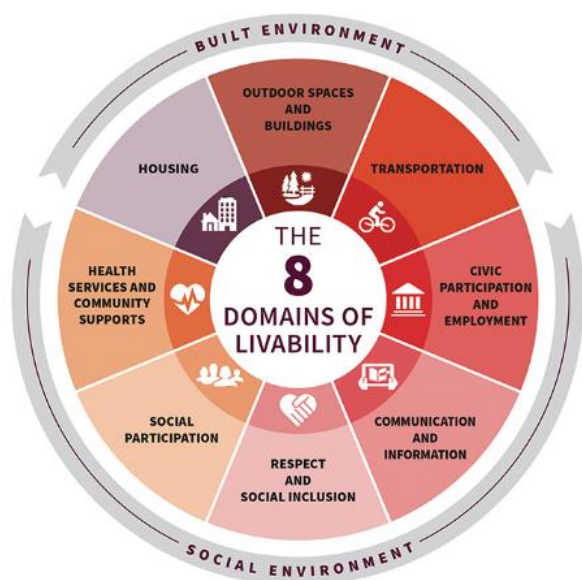


AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

SUMMARY OF COMMUNITY ASSESSMENTS

Survey and Listening Sessions 2023 and 2025

In celebration of National Older Americans Month in **May 2023**, the Juneau AARP Community Action Team (CAT) and the Juneau Commission on Aging (JCOA) co-sponsored three listening sessions to gather information for Age-Friendly Juneau planning. In early 2023 Juneau became the second Age-Friendly community in Alaska. The co-chairs of Age-Friendly Juneau at the time, Dr. Emily Kane (Chair of the Juneau Commission on Aging) and Linda Kruger (Lead for the AARP Juneau CAT), announced the kick-off of Age-Friendly Juneau and the listening sessions on KTOO Radio's Juneau Afternoon program. The listening sessions were held on consecutive Tuesdays at the three local libraries.



Eight flip charts, representing each of the Age-Friendly domains, were posted around the room. A ninth flip chart welcomed comments that didn't fit any of the eight categories or applied to more than one. Participants wrote comments and suggestions on post-it notes and posted them on the appropriate flip chart pages. Several participants completed a long questionnaire providing detailed suggestions for improving Juneau for seniors.

In addition to JCOA and CAT members (who had lots of ideas!) around twenty-five members of the public participated in the sessions. Several people who could not attend in person submitted comments by email.

After a short introduction about the AARP Age-Friendly Network, the AARP-CAT and Juneau COA, there were lively discussions of what could help Juneau become more Age-Friendly. Comments and suggestions from the listening sessions, completed questionnaires (hard copies and online), and other comments that are received will be compiled into a report and provide the background for a five-year plan for moving Age-Friendly Juneau forward. Suggestions included: a dedicated senior center for presentations, information (with a navigator), social events and games, and senior exercise classes; transportation to senior events and congregate meals and provision of transportation services out past the ferry terminal; an affordable, pedestrian friendly, small-scale co-housing village for seniors; CBJ support for home modifications to help seniors stay in their homes; senior specific exercise classes; more in-person social activities and programs for seniors; an Age-Friendly Day; Hospice and Homecare services; and additional affordable and accessible senior apartments.

To be more inclusive the Age-Friendly Juneau co-chairs reached out to groups in the community who may not have participated in the listening sessions. Several individuals completed an online or paper questionnaire. The most responses that were received related to the Age-Friendly Domains of Social Participation, Communication and Information, Outdoor Spaces and Buildings, Civic Participation and Employment, and Health Services and Community Supports. Housing and

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

Transportation were close behind leading us to include each of these domains in our workplan. We decided it is also important to include Respect and Social Inclusion since these are key foundations of whatever is implemented. We also recommend working with other community groups to address Community Emergency Preparedness.

Additionally, AARP held additional listening sessions in **February of 2025** using a similar model of data gathering. The following represents the input first from the 2023 Listening Sessions, then input updated from the 2025 Listening Sessions.

Outdoor Spaces and Buildings

Concept: Availability of safe and recreational facilities.

2023: Community members expressed a desire for a Community Senior Activity Center with fitness center/gym and meeting spaces for classes and gatherings in a central location; community gardens – Mendenhall Valley Library; group walks and socials; indoor and outdoor walking opportunities (recovery from surgeries, fitness, socializing); complete Brotherhood Bridget Trail look through Vintage Park; publish a directory of places people with limited mobility can connect with nature/accessible trails; more trails for seniors and mobility impaired people, and more benches on trails; improve rain canopies (2nd and Seward, St., by the courthouse on Seward St.), add lights on walking trails near Thunder Mountain Middle School, Vintage Park – Brotherhood Bridge Trail; add indoor senior walking hours at area schools, walking track downstairs around the turf at Dimond Park.

2025: Community members expressed interest in the Park Fieldhouse and use of the Marie Drake Gym, safe and accessible public spaces, especially more covered areas (corner of 2nd and Seward, next to the Court House, etc., more indoor meeting spaces - (community center), more community gardens (near the Valley Library), more indoor and outdoor walking opportunities for all abilities and completion of the Brotherhood Bridge Trail Loop.

Transportation

Concept: Safe and affordable modes of private and public transportation.

2023 Community members expressed a desire for improved cross walk safety - need more flashing cross walk lights (like at the Egan Drive-- Glacier Ave access to Juneau Seawalk); bus stop needed near Global CU and Petro One Station; more weatherproof bus shelters; transportation for events such as the Juneau Symphony, Perseverance Theatre, etc.; improve Capital AKcess (Care-A-Van) and bus service for seniors, including past DeHarts and Lena Loop; easier access to obtain a senior pass; Senior Day with bus service to pools, libraries, grocery stores, Bartlett, etc.; Improve sidewalks and crossings, especially around Riverview Senior Living, Trillium Landing and Vintage Park; help with snow removal on sidewalks and driveways.

2025 Community members expressed interest in: safe and accessible public spaces, especially more covered areas, “Make all buses on Mendenhall Loop go the same way”, many crosswalks need flashing lights (like the Egan to Sea walk crossing) - at 4 Points Hotel, Cordova and Douglas Highway and others, bus stop is needed near the Global Credit Union and Petro Gas Station across from Fred Meyers and transportation to events similar to a Senior Uber/Lyft Service, especially for community events like concerts and plays

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

Housing

Concept: Availability of home modification programs for aging in place as well as range of age-friendly housing options.

2023: Community members expressed a desire for: Affordable, first floor senior units are needed; update code to include universal design features; tiny homes, cottages, or apartments for homeless; small scale affordable co-housing, apartments, and cottages for seniors; (Riverview is “too expensive for many” and Fireweed Place and Trillium Landing are “too industrial.”) Lower property taxes, grandfather in lower tax rates, or have a ceiling for seniors; home modifications are needed- SAIL has done home evaluations for senior safety features; home modification stipends are desired.

2025 Community members expressed interest in: Affordable, accessible senior housing.

Social participation

Concept: Access to leisure and cultural activities, including opportunities for older residents to socialize and engage with their peers as well as with younger people.

2023: Community members expressed a desire for: Community Senior Activity Center; Geocaching, movies for grown-ups, share your love and talents campaign, senior activity center with movie nights, music nights, game nights, daytime events for seniors who don’t drive at night, card game clubs, senior lunches, transportation to events, book clubs, partner with senior living facilities for events, art classes, music events; JACC hosted senior events; senior movies at Goldtown Theater; tiny homes or cottages would promote social engagement; AARP driver’s safety and other classes; a dedicated senior activity center and scheduled activities at public libraries; arts and craft classes, AARP events, community gatherings and celebrations, counseling services.

2025 Community members expressed interest in: a Community Senior Activity Center with art classes, exercise, movie nights, card and game nights, music nights and events during the day for seniors who don’t drive at night, free senior lunch programs, book clubs, group walks, multicultural events and celebrations, geocaching for seniors, movies for grownups, share your love and talents campaign, publish (print and online) a directory of places people with mobility challenges can experience nature

Respect & Inclusion

Concept: Programs that promote ethnic and cultural diversity, as well as multigenerational interaction and dialogue.

Community members expressed a desire for: Community Senior Activity Center open to all with regular schedule of activities; flowers for homebound residents, like meals on wheels; safe and accessible public spaces for walking and gathering; multi-cultural events and celebrations like Festival of Holi in March; Social events; Age- Friendly Days; work across community groups; support prison-release programs to support re-entry, voting, healthy life-practices, housing. OFFICE OF AGING

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

Communication and Information

Concept: Access to communications technology and other resources so older residents can connect with their community, friends and family.

Community members expressed a desire for: Juneau Seniors Facebook Page; semi-annual senior expo; online senior events calendar, also posted around town; fliers for concerts and other events posted at senior living facilities; share information on seniors' contributions to the community; Age-Friendly Juneau webpage; write articles for Senior Voice and AARP publications. Emergency Directory.

2025 Community members expressed interest in: Facebook posts for seniors, semi-annual expo highlighting senior oriented information, monthly fliers for concerts, plays, other events (online calendar)

Community and Health Services

Concept: Access to home based care services, health clinics and programs that promote wellness and active aging.

Community members expressed a desire for: Community Senior Activity Center; group workshops and information sessions; geriatric care (encourage Bartlett to recruit a gerontologist, rheumatologist, cardiologist, gastroenterologist, and neurologist), Meals-on Wheels and congregate meals at Senior activity centers, encourage CAN and nursing programs at UAS, Friends of Seniors - help with small projects like changing smoke alarm batteries, etc., support Bartlett Home Health and Hospice, develop a directory of Medicare/Medicaid providers, promote wellness talks and activities (libraries, Bartlett, and senior housing).

2025 Community members expressed interest in: group informational sessions and workshops on health-related topics; flowers for the homebound (like Meals on Wheels).

Work and Civic Engagement

Concept: Paid work and volunteer activities for older residents and opportunities to engage in formulation of policies relevant to their lives.

2023 Community members expressed a desire for: Community Senior Activity Center, financial assistance (car maintenance, banking, bill paying, household chores, senior-helper/Friends of Seniors Program), share information on the Dept. of Labor "Return to Work Programs", directory of volunteer opportunities.

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

AGE FRIENDLY PLANNING TEAM MEMBERS

Linda statement

Linda Kruger,
Juneau Community Action Team Leader
Jane Lindsey
AARP Community Action Team
Deborah Craig,
Chair Juneau Commission on Aging
Barbara Murray,
Juneau Commission on Aging

AGE FRIENDLY COMMUNITY PARTNERS

1. City and Borough of Juneau
 - a. Assembly
 - b. City Manager's Office
 - c. Bartlett Regional Hospital
 - d. Parks and Recreation
2. Catholic Community Services - Senior Services Southeast
3. SE Regional Health Consortium
4. University of Alaska Southeast
5. Local Community Organizations (KTOO, Rotary, etc)

DATA SOURCES

Age-Friendly Juneau Data Sources (4/10/25)

2019-2021 Community Needs Assessment Six Month Update, Rural Alaska Community Action Program, Inc.

Juneau Assembly Goals 2025 (Approved 2/3/2025)

Alaska's Community Capacity Review: 2019 Statewide Public Health System Assessment, Alaska Department of Health & Social Services

Juneau Surveys and Listening Sessions

2020 Juneau Senior Needs Survey (include link in Age-Friendly Plan)

2023 Listening Sessions: 5/9 Downtown Library; 5/16 Valley Library; 5/23 Douglas Library

Participants and other residents also were encouraged to submit written comments.

2/25/25 Juneau AARP Reception Listening Session

Other References

Making our Roads Safer, US Department of Transportation, October 2012

AGE FRIENDLY COMMUNITY PLANNING – JUNEAU ALASKA

AGE AND ABILITY FRIENDLY PRIORITY AREA ACTION ITEMS

The attached matrices provide input on all of the Eight Domains of Livability but we are focused on Housing, Outdoor Spaces and Buildings, Respect and Social Inclusion as our first priorities.

Housing Action Plan Matrix

Vision for this Domain: Assure adequate and affordable housing for all CBJ residents

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Information packet to CBJ planning staff: AARP Home Fit Guide JCOA-Building Age Friendly Housing in Juneau	Chair Craig Linda Kruger JCOA and AARP CAT	July 2026	Resources developed CBJ Planning Dept Local Builders	Packets made for distribution	Resistance to current practices	Regulation changes	Awareness: Community Assy Planning Comm Realtors Developers Support development of the CBJ Comp Plan	Improved building design and regulations in support of universal age friendly housing
AARP Homefit Guide to Public	Linda Kruger AARP CAT	July 2026 ongoing	Contact AARP	Need to order additional materials	None	Community Awareness	Community awareness Information for development of CBJ Comprehensive Plan	Support for universal design and age friendly home environs.
Develop team of Lifelong Housing Certificate Reviewers Using Home Fit Guide	CBJ JCOA Experienced community members to be trained as reviewers	April 2026	Affordable Housing Fund Tax abatement Other loan and grant programs	Experienced Community members to be trained Oversite of the project	Think differently about home design Resources CBJ support	Low, no cost & cost effective measures to ensure most homes are accessible for all ages and mobility needs	Certificate holders assess homes to ensure they are free of common barriers to mobility for everyone from toddlers to seniors.	Juneau will develop a Lifelong Housing Certificate training program.

Explore code/ regulations that could be modified to have an impact on universal, age friendly housing	AARP Grant funded MACE Inc Assembly Planning Commission Realtors Designers Builders Community	June 2026	Explore current regulations to identify those that can be enhanced to be more age friendly.	Collaboration to review and modify regulations	Potential cost Resistance to change	Housing is safe and convenient for everyone of all ages.	Collaborative meetings between community, builders, designers and CBJ on regulation changes.	<div>Section E, Item 2.</div> regulations to positively impact movement to universal, age friendly housing.
Coordinate current 911 support system to support seniors living at home Check Alert One availability	CCS Fire Department Police	April 2026	911 system currently in place	Develop protocol and support for individuals who have mobility issues in their home.	cost coordination	With CCS the team identifies individuals who call 911 due to in home fall.	Identify individuals in need of home modifications to keep them safe from falls.	People of all ages can live in their homes safe from falls.
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Who is responsible for maintaining and updating information: Office of Aging Coordinator in concert with AARP and JCOA

Frequency of Meetings: Standing JCOA Monthly Committee Meeting

Health Services and Community Supports Action Plan Matrix

Vision for this Domain: Improve Community Health Opportunities for those over 50

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Promote an Office of Aging with an OA Coordinator to represent Seniors in Juneau	JCOA and AARP	FY27	CBJ, JCF	Community Support	Cost of Coordinator	Oversee advocacy for Seniors and Activities of the Office of Aging	Improved Senior Services	Improved Senior Services
Work toward Age-Friendly status for Bartlett Hospital	Rhonda Ward	2027	Bartlett Board and Staff	Community Support	Time to process	Age-Friendly recognition and implementation of processes	Improved senior services	Improved Senior Services
Reduce preventable/avoidable mortality Measured via State Statistics	BRH, SEARHC, ACOA, Local Medical Providers	2028	Bartlett Staff and Community Members	Community Support and engagement	Competition for time	Reduction in mortality related to social determinants of health and lack of community preparedness	Focused efforts: improve awareness of and actions toward improving social determinants of health and community preparedness	Reduction in preventable/a avoidable mortality
Provide resources and classes	Bartlett Hospital Staff, UAS,	2025-ongoing	Bartlett Hospital Staff,	Community support and participation	Lack of imagination	Educational programs	Improved knowledge and individual	Improved community

through partnerships	AARP, CCS, SEARHC, ACOA, others		AARP Volunteers,		for what could be		and community action	Section E, Item 2. well-being
Encourage recreational and social programs and outdoor opportunities	Bartlett Hospital, Juneau Parks and Recreation, AARP, UAS, CCS, SAIL, SEAHRC and others	2025-ongoing	Staff at Bartlett Hospital, Juneau Parks & Rec, AARP, UAS, others	Community engagement	Shortage of creative ideas and community engagement	Increased cultural and recreational opportunities and programs	Increased participation by older adults	Improved health and longevity
Identify community health risks	Bartlett Hospital, UAS, AARP, CBJ, CCS, SAIL	2025-ongoing	Bartlett Hospital, AARP, Alaska Public Health, Community Groups	Community Engagement	Lack of understanding /knowledge	Listing of health risks	Efforts to address risks	Reduced Risk
Fall prevention/ Better Bones and Balance Classes	UAF, community instructors, SEARHC,	2025-ongoing	UAF Cooperative Extension, Juneau Parks and Recreation, community instructors	Community Engagement	Lack of knowledge, interest	Community classes	Reduced injuries from falls	Reduced injuries from falls
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Who is responsible for maintaining and updating information: Office of Aging in concert with AARP and JCOA

Frequency of Meetings: Monthly Meetings

Transportation Action Plan Matrix

Vision for this Domain: Promote safe and affordable transportation

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Encourage public transportation use	City and Borough of Juneau	ongoing	AARP, federal and state funding	Publicity of available options	Reluctance or lack of knowledge	Increased use of services	More seniors ride buses AKcess	Better services and increased ridership
Additional bus stops and improved facilities	City and Borough	ongoing	Federal, state and local funding	Community engagement	Lack of understanding of what is needed	Improved service	Weatherproof bus stop shelters	Routes convenient to services for seniors
Vintage Park Trail Improvements	Southeast Alaska Land Trust, Trail Mix, local businesses and residents	2026	Community support, willing partners	Funding for purchase of land and trail renovation and development	Funding, permitting, river course changing	2 miles of improved trail	Transfer of land to SEALT and work with Trail Mix to improve the trail	Loop trail is used by all-ages to access local facilities and for recreation
Improve sidewalks, crossings, parking, etc at Vintage Park	Alaska Department of Transportation and CBJ	2025-26	Funding is available, planning is underway	Community Support	River flooding, changing course	Improved traffic flow, parking, pedestrian crossings and sidewalks	Increased, safe pedestrian use of area	Increased pedestrian use of the area and safety for all users
Improved crossings throughout the City and Borough	CBJ and DOT-PF	ongoing	DOT and CBJ have highway/road funds for improvements	Community support to help identify needs	Continued funding	Safe streets	Safe pedestrian and car access	Safe pedestrian and car access

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Who is responsible for maintaining and updating information: Office of Aging, AARP and JCOA

Frequency of Meetings: Monthly JCOA Meeting Standing Agenda Item

Buildings and Outdoor Spaces Action Plan Matrix

Vision for this Domain: Create availability for those over 50 to engage socially, physically and to obtain information.

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Promote development of a Senior Community Center (proposed use of Marie Drake Gym/complex)	CBJ, JCOA, AARP and interested community orgs	FY 2026	CBJ Marie Drake Complex via Parks and Recs	Support to use space – Juneau Empire, KTOO	Support and funding	A Senior Center open for use year round.	Determine availability of space for 2026	Space open and usable
Ensure outreach regarding Outdoor Space Availability	JCOA, AARP, CBJ P&R	FY25 Ongoing	CBJ P&R Web and JCOA Web senior specific activities	More resources JCOA Website	Funding	Websites	More Senior use of available resources	More Senior use of available resources
Support Thunder Mt Bike Park	CBJ	Trail Mix	Trail Mix	Community support	None	Under Thunder Bike trail	Bike Trail	Bike Trail
Support Pickle Ball Court at Jackie Renninger Park	JCOA, AARP, CBJ P&R	FY25 Ongoing	CBJ P&R, Pickleball Community	Outreach and community understanding of need	Funding	Pickleball Opptys	More Senior use of available resources	More Senior use of available resources
Disc Golf capacity at Sandy Beach	JCOA, AARP, CBJ P&R	FY25 Ongoing	CBJ P&R, Disc Golf Community	Outreach and community understanding of need	Funding	Disc Golf Oppotys	More Senior use of available resources	More Senior use of available resources
Indoor Walking Track Availability	National Guard, UAS	FY25 Ongoing	Natl Guard and UAS	Natl Guard and UAS	Public Awareness	Click here to enter text.	Click here to enter text.	Click here to enter text.

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Who is responsible for maintaining and updating information: Office of Aging, AARP and JCOA

Frequency of Meetings: Monthly JCOA Meetings Ongoing Agenda Item

Communication and Information Action Plan Matrix

Vision for this Domain: Improve Communication and Information for and about those over 50

“Do the best you can until you know better. Then when you know better, do better.” -Maya Angelou

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Improve communication of senior events and services	Juneau Commission on Aging and AARP Juneau	2025-ongoing	Juneau Empire, JCOA Web, KTOO, and other radio stations, postering	Community Support	Time to administer efforts	Distribution of information on a regular basis	Improved access to senior information	Improve access to info important to Seniors resulting in increased engagement
Expand partnerships with organizations and businesses serving seniors	JCOA, AARP Juneau	2025-ongoing	Existing groups	Collaboration plans	Competition for time, lack of understanding of benefits	Focused efforts to improve awareness of information important to seniors	Improved access to senior information and understanding of senior needs	Improved Info/outreach of important info for Seniors & understanding of senior needs
Expand understanding of what seniors add to the community	JCOA and AARP Juneau	2025-ongoing	JCOA & AARP and other resources	Attention to getting materials out into the community	Competition for time	Materials to describe benefits seniors contribute	Increased understanding of the benefits seniors bring to the community	Increased appreciation of benefits seniors bring to the community
Provide classes for seniors	UAS, BRH Juneau Parks and Rec, Juneau Public	2025-ongoing	AARP classes, Senior Planet, UAS curriculum,	Understanding of what information is needed/helpful	Time, commitment	Increased understanding, actionable information	Click here to enter text.	Click here to enter text.

	Libraries, others		Cooperative Extension					Section E, Item 2.
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Who is responsible for maintaining and updating information: Click here to enter text.

Frequency of Meetings: Click here to enter text.

Social Participation and Inclusion Action Plan Matrix

Vision for this Domain: Improve Opportunities for and Actual Community Engagement

Objectives/Actions	By Whom	By When	Resources and Support		Potential barriers or resistance	Outputs	Outcomes - Impact	
			Available	Needed			Short- and Medium-Term	Long-Term
Increase opportunities for senior engagement & awareness of opportunities	Juneau Commission on Aging & AARP Juneau	2027	Jnu Public Libraries, Juneau Parks & Recreation, UAS, Community Schools, Cooperative Extension,	Community Support Creative ideas	Creativity, facilities	Age-Friendly activities	Increased information about senior activities & new offerings	Increased participation in senior activities
Host more senior events - music events, art classes, senior movies, book clubs, walks, arts & crafts classes	CBJ Parks & Recreation, UAS, Community Schools, Cooperative Extension, Juneau Public Libraries, Bartlett Hospital,	2025-ongoing	Existing programs, New Programs, Community Members, AARP, UAS/UAF	Community Support & engagement	Competition for time, facilities	Reduction in mortality related to social determinants of health; reduction in isolation	Focused efforts to improve social determinants of health & provide more opportunities for seniors	Reduction in preventable/avoidable mortality & isolation
Coordinate efforts to establish a Community Senior Activity Center	Juneau Commission on Aging, AARP	2025-ongoing	Enthusiastic support	A physical space & funding	Funding, lack of available space	A location to have movie nights, daytime events, social lunches, music	Increased social engagement, more	Improved mental & physical health

<i>See Outdoor Space & Buildings</i>	Juneau, CBJ, others					events, classes, physical activities like yoga & tai chi,	active seniors	Section E, Item 2.
Reach out to Tlingit & Haida, the Filipino Community & others	Juneau Commission on Aging & AARP Juneau	2025-ongoing	Interest	Interest	Lack of interest, already overcommitted	More inclusive events	More diverse offerings & participants	Greater variety of programming
Partner with senior living facilities & agencies for events & classes	Riverview Senior Living, Juneau Pioneer Home, others	2025-ongoing	Interest in working together with all providers in Juneau	Time & attention, ideas	Funding, ideas for collaboration	More offerings reaching more people in varied locations	Increased engagement	Increased services & participation
Establish a Senior Legacy Project	UAS, AARP, JCOA, others	2025-ongoing	Framework & interest	Time, coordination & interest	Fear of the unknown or of working with others	Increased understanding across generations	Increased socializing	Improved mental health, reduced isolation
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Who is responsible for maintaining and updating information: Office of Aging, AARP and JCOA

Frequency of Meetings: Monthly JCOA Meetings Standing Agenda Item