



JUNEAU COMMISSION ON AGING AGENDA

June 18, 2024 at 3:00 PM

Zoom Webinar

<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazi0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Present:

Absent:

Others Present:

B. APPROVAL OF AGENDA

C. APPROVAL OF MINUTES

[1.](#) May 14, 2024 JCOA Regular Meeting Minutes - Draft

[2.](#) June 11, 2024 JCOA Workgroup Committee Minutes - Draft

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS

E. AGENDA TOPICS

[3.](#) Update on JCOA Proposal to CBJ Regarding Senior Recreation & Wellness Center

4. Update on Office of Aging Proposal and Age-Friendly Planning

[5.](#) Website Inclusion of Housing Information

Previously approved information attached and also included on JCOA webpage under:

<https://juneau.org/clerk/boards-committees/jcoa-priorities>

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS

G. NEXT MEETING DATES

JCOA Workgroup Subcommittee Meeting - June 25, 2024 at 3pm via Zoom

JCOA Workgroup Subcommittee Meeting - July 9, 2024 at 3pm via Zoom

JCOA Regular Commission Meeting - July 16, 2024 at 3pm via Zoom

JCOA Workgroup Subcommittee Meeting - July 23, 2024 at 3pm via Zoom

H. SUPPLEMENTAL MATERIALS

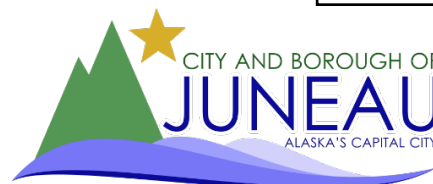
I. ADJOURNMENT

ADA accommodations available upon request: Please contact the Clerk's office 36 hours prior to any meeting so arrangements can be made for closed captioning or sign language interpreter services depending on the meeting format. The Clerk's office telephone number is 586-5278, TDD 586-5351, e-mail: city.clerk@juneau.gov.

JUNEAU COMMISSION ON AGING REGULAR MEETING MINUTES

May 14, 2024 at 3:00 PM

Zoom Webinar



<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Chair Craig called the Juneau Commission on Aging meeting to order at 3:00 p.m.

Present: Deborah Craig, Emily Kane, Linda Kruger, Kimberly Adkison, Jennifer Carson, Carol Ende, Ann Stepetin

Absent: Jennifer Garrison, JCOA Assembly Liaison 'Wáahlaal Gídaag

Others Present: none

B. APPROVAL OF AGENDA

Agenda approved as presented.

C. APPROVAL OF MINUTES

Minutes approved as presented:

1. April 16, 2024 JCOA Minutes
2. May 7, 2024 JCOA Workgroup Committee Minutes

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS

None.

E. AGENDA TOPICS

3. **JCOA Website** - Final Approval. The website is live. Chair Craig already received comments on the page. There was a concern about including information about other communities outside of Juneau. Linda commented that it is nice to see how Juneau compares with other communities in Southeast as well as other the other Alaska Age-Friendly Communities – Anchorage and Fairbanks. Members of the Assembly who were at the Human Resources Committee meeting last night also had positive comments about the web site and the proactive stance of the JCOA. Laurie Berg offered to help with background information.

Deb asked for a volunteer web manager to coordinate changes and updates. Di actually makes the changes/updates but we need to supply her with information. Emily suggested that we each take on 2 months but said she couldn't take it on until fall-winter. Kimberly said she didn't have time to take it on. **Carol offered to take the lead on the website with assistance from other members to nominate a person of the month and make other suggestions. Linda offered to edit/review submissions. Ann will submit names of Native elders to be highlighted. One possible focus is a member of the elder dance group. Roberta Dundas is a dance group leader.**

Website Link: <https://juneau.org/clerk/boards-committees/jcoa>

4. **JCOA's Proposal to CBJ** – The proposal has been shared with everyone. **All members are requested to review the document and send recommendations for changes or additions to Chair Craig by cob this Friday 5/17. The proposal for Marie Drake is due 5/20.** Kimberly asked why we are submitting a proposal and whether this was in line with our mission. Carol responded that she felt we are helping CBJ

achieve their goals. Chair Craig responded that this question had arisen with the CBJ Deputy Municipal Clerk Di Cathcart. As we had met with the Acting Mayor and City Manager and they encouraged submitting a proposal, it was suggested we follow that lead. The Acting Mayor and City Manager supported collaborations with other groups: SAIL, Bartlett Regional Hospital and others. The proposal includes a request for establishment of an Office of Aging, with a full time Coordinator, a Senior Recreation and Wellness Center, proposed to be located at Marie Drake, and potentially operated by CBJ Parks and Rec, and a halftime Recreation-Wellness Coordinator who would work onsite at the Wellness Center.

5. Report from Deb Craig & Linda Kruger re: 5/13/2024 Assembly HRC Meeting Recap – Chair Craig presented the proposal (via PowerPoint and emailed/printed copies). Anyone who missed the meeting and would like a recap can watch/listen to the recording of the meeting available at the CBJ Assembly website. Committee members asked some good questions and offered supportive comments. Greg Smith, Chair and Waahlaal Gidaag/ Barbara Blake, Wade Bryson, and Ella Adkison participated in the meeting. Chair Craig described the components of the proposal and the proposed partnership with other groups (AEYC, MakerSpace, Friends of the Library, and the Planetarium) for use of city owned space. Kimberly responded to a comment about the Juneau Animal Rescue reported that they are not interested in either school facility. Chair Craig reported that the Juneau Parks and Recreation Commission (PRAC) Chair is interested in a JCOA presentation. They meet on the first Tuesday's at 5:30 PM. The group discussed the importance of reviewing documents to assure inclusion of all groups and abilities.

6. Planning for Next Steps – see instructions included in the notes in BOLD. Linda suggested we need to consider grantwriting and fundraising to support the positions and the Center we are proposing.

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS - none

G. NEXT MEETING DATE

JCOA Subcommittee Planning Workgroup – May 21, 2024 @ 3pm via Zoom

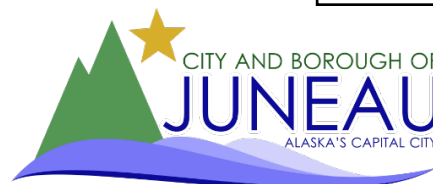
H. SUPPLEMENTAL MATERIALS

I. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 4:04 p.m.

JUNEAU COMMISSION ON AGING WORKGROUP SUBCOMMITTEE MINUTES

June 11, 2024 at 3:00 PM



Zoom Webinar

A. CALL TO ORDER/ROLL CALL – JCOA Chair Deb Craig called the meeting to order at 3:00 p.m.

Present: Deborah Craig, Linda Kruger, Kimberly Adkison, Carol Ende

Absent:

Others Present: Sue Nielson, AARP

B. APPROVAL OF AGENDA – Agenda was approved as amended.

Chair Craig mentioned that agendas and supplemental materials must be submitted to CBJ one week in advance of meetings.

C. APPROVAL OF MINUTES – Minutes were tabled until the next meeting.

May 21, 2024 JCOA Workgroup Subcommittee Meeting Minutes - Draft

D. AGENDA TOPICS

Community Center Working Group – Marie Drake Proposal

Chair Craig described the ongoing situation with community (and CBJ) proposals for the use of Marie Drake. Chair Craig has been engaged in a collaborative effort to see how groups can work together to make the best use of the facility. Parks and Rec and the Juneau Arts and Culture Center are both interested in working with JCOA on programming for seniors. Chair Craig emphasized that JCOA isn't interested in managing the facility but rather is interested in maximizing programming for senior activities. Other interested parties include the Association for the Education of Young Children (AEYC), Makerspace, the Planetarium, Friends of the Library, and Juneau Arts and Culture Center. The JCOA and AARP would like access to office space, classroom space for programs and classes and use of the gym for senior programming like indoor walking, pickleball, etc. Parks and Rec is interested in storage and workshop space to replace the City Shop at Mt. Jumbo Gym. The Mt. Jumbo Gym location could be used for housing. Carol suggested we support universal building design so that housing would be senior and disability friendly.

Work on JCOA Brochure for Public Dissemination –

Chair Craig acknowledged that our draft brochure was already outdated. She offered to update it and asked for ideas and suggestions. The group suggested adding the logo and website address. An updated draft will be sent to everyone to review. Chair Craig suggested using the brochure to highlight JCOA priorities: recreation and socialization; universal housing; and Age-Friendly planning. Sue mentioned she is especially interested and concerned with social isolation following COVID. It seems like many people haven't come back into being interactive in the community.

Carol has been updating the JCOA website. Chair Craig thanked Carol for stepping up to take on the website. She added a new Senior highlight and info on senior housing. Carol expressed appreciation for the work Kathleen Samalon did on writing up the housing information. Carol asked Sue to review the Resources that are listed and make suggestions. Sue agreed to do that. The Senior Resource Guide will have a home on the JCOA webpage where it is accessible and can be kept up.

E. NEXT MEETING DATES

JCOA Regular Commission Meeting - June 18, 2024 at 3pm via Zoom

JCOA Workgroup Subcommttee Meeting - June 25, 2024 at 3pm via Zoom

JCOA Workgroup Subcommttee Meeting - July 9, 2024 at 3pm via Zoom

JCOA Regular Commission Meeting - July 16, 2024 at 3pm via Zoom

JCOA Workgroup Subcommttee Meeting - July 23, 2024 at 3pm via Zoom

F. SUPPLEMENTAL MATERIALS –

G. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 3:40 p.m.

CBJ Draft Proposal May 14, 2024

Organization Name(Juneau Commission on Aging)
Organization Phone(CBJ City Clerk Ph)
Organization Email(CBJ City Clerk Email)
Submitter Name(Deborah Craig, JCOA Chair)
Submitter Phone(907-209-0520)
Submitter Email(deborahlc11@gmail.com)
Proposal Name(CBJ Office of Aging and Senior Recreation and Wellness Center)

Which schools are you proposing to use?(Marie Drake Middle School)The Valley has an array of community oriented facilities that have ample space and good parking (the library, the Fieldhouse, the Swimming Complex, the Wrestling Center, school gyms, etc.) This proposal is intended to serve the entire community with an added benefit for downtown, Douglas and North Douglas.

If you chose more than one school, which is your first choice and which is second? N/A

Are you proposing to rent or buy the building(s)?(Nominal Rent) Rent Buy

Proposed Use: Seniors over age 55 now represent 30% of CBJ’s population (AKDOLWD 2023). The JCOA is proposing establishment of an Office of Aging, housed within the Marie Drake Complex in addition to the SEnior Recreation and Wellness Center (see details below) to represent the significant and valuable senior population in Juneau and to work directly with JCOA and the AARP Community Action Team in facilitating Age-Friendly Community Planning. The fully functioning CBJ Office of Aging will be staffed by a fulltime Coordinator whose duties consist of the following:

1. Facilitate the Age-Friendly Community Planning Process for Juneau using the AARP Guidelines and coordinating with the AARP Juneau Community Action Team
2. Oversee the promotion of age-friendly housing policies
3. Oversee the Senior Wellness and Recreation Center (see proposal below) including but not limited to Gym Space and shared spaces with other organizations
4. Work directly with JCOA regarding planning and priority projects to manifest the goals and objectives of the JCOA.
5. Work directly with BRH and SEARHC to ensure that all program elements result in a benefit to seniors throughout Juneau via their Wellness Programs
5. Supervise a Wellness Recreational Coordinator who will work on-site at the Senior Recreation and Wellness Center, as well as with other associated organizations.

JCOA further proposes the allocation of space for a Senior Recreation and Wellness Center using space in the current Marie Drake Complex that is identified as the Gym/multi-purpose room, male and female locker rooms, storage, kitchen, and Office of Aging office space on the northern end of the complex. While identified as the Senior Recreation and Wellness Center, we intend to ensure the gym space is multi-purpose, multigenerational, and available to other community groups yet has a primary focus on healthy aging activities that improve the health and well-being of all who are aging in our community. This offers the opportunity for current groups/organiazations serving Elders to have a place host their events, education offerings, etc that have limited space in their current location. This space would include:

- * Multi-Sport Gymnasium for pickleball, group sports, and an indoor walking track with accessibility already available
- * Multi-purpose fitness room(s) for yoga, Tai chi, dance, or other classes

- * Activity Space for small group meetings or classes, navigational services for seniors, book clubs, gardening clubs, cooking classes, training;
- * Game Room(s) for chess, board games, or other activities to stimulate the brain;
- * Lifelong learning: computer, financial, active aging planning, use of community resources, etc.
- * Cultural Arts; small music events, art classes, language arts, etc.
- * Companionship and Quiet Space: where people of all ages can gather to enjoy a cup of coffee, share stories, find solitude, read a book, and enjoy some quiet time.
- * A place for groups/organizations serving Elders to host their events, education offerings, etc that have limited space in their current location

On a larger scale, the JCOA would recommend that the entire Marie Drake Complex be dedicated to a CBJ Community Center with multiple organizations that serve the community co-locating to provide an array of services in a one-stop setting. Please see the Map Proposal sent to all Assembly members from the JCOA.

Please state which Assembly priority/goal this proposal fills -OR- what benefit your proposed use would bring to the community *(Required)*

See Assembly priorities/goals [here](#).

1. Housing – C: Office of Aging Coordinator will assist in promoting age-friendly housing that meets the needs of the community regardless of age or ability
2. Economic Development - C: providing an enhancement to the Capitol Civic Center with implementation of the CBJ Community Center
3. Community, Wellness, and Public Safety – A: Ensuring all members of the community are represented in planning activities using the Age-Friendly Community Planning process. B. Ensuring community access to Wellness and indoor recreational activities. C. Enhancing access to Childcare and multigenerational opportunities
4. CBJ's 10-year fiscal plan states that a top priority is to "grow the senior economy". In support of this goal, the JCOA seeks CBJ's assistance in addressing the distinct needs of Juneau seniors to enable healthy aging in the community we call home. The JCOA believes that promoting the well-being and vitality of Juneau's aging population, through the implementation of Juneau's Age-Friendly Planning and a Senior Recreation and Wellness Center will serve all ages and promote 'livability' concepts that emphasize health and well-being. This proposal recognizes the valuable benefit of keeping seniors in Juneau, as well as ensuring that those of us who have lived here most of our lives can continue aging in the community we love. CBJ has engaged in an array of diverse planning activities that have been issue or location-specific but our community would benefit from a long-range, comprehensive plan of action. AARP's comprehensive livability planning tools under the Age-Friendly Community Planning process have been utilized around the world and are a tried and tested mechanism to move through a planning process efficiently while engaging all age groups. This is an extremely efficient mechanism to ensure a robust process that will result in broad benefits for all.

What impact would your proposal have on the CBJ budget? *(Required)*

The JCOA's mandate is to provide recommendations to the CBJ Assembly regarding issues of importance to Seniors. Nothing is more important than remaining healthy as we age and having the ability to remain in our homes and community. That said, the JCOA is also proactive and exciting to seek funding for our proposals from other sources and we have already reached out to local Non Profits to partner. If this proposal is deemed viable, we would assist in facilitating our vision via grant writing, memorandum's of understanding, etc.

CBJ Draft Proposal May 14, 2024

Our proposal requests the use of the Marie Drake Complex for the CBJ Community Center (including the Senior REcreation and Wellness Center) and specific to our request, use of the gym, locker rooms, kitchen, storage spaces and offices in the north end of the building. Please See MAP
Our proposal also requests funding for 1FTE – Office of Aging Coordinator (host organization TBD) and .5 FTE – CBJ Community Center Coordinator to be housed within the CBJ Parks and Recreation and in the CBJ Community Complex while working extensively with the JCOA, AEYC and other partners within the complex.

Would you be willing to pay fair market value for rent/lease?(No)

How much space are you proposing to use?(Please see Map)

The JCOA is an advisory entity whose previously allocated small budget has been reabsorbed into the CBJ Budget. We would nonetheless be willing to seek funding for the use of this space. We propose use of Boys Locker 402 Storage 423 Girls Locker 412 Multipurpose Room 424 Storage 425 Platform 426 Storage 427 Storage 430, 436. 450, 451, Music 452, Classroom 439 And Shop 438. The JCOA has also conferred with the Planetarium, Maker Space and others who may wish to coordinate use of space.

What level of retrofit would be needed for your proposal? Who would pay for that work?(Required)

Office space for the Office of Aging would be a matter of furnishings rather than retrofitting. As the desired Senior Recreation and Wellness Center is currently identified as a gym, locker space, offices, kitchen, and storage, very little retrofit is needed. The School District is vacating the building on July 1 at which time, it will be more apparent what is needed to enhance the gym space for recreational activities (walking path, pickleball courts, yoga mats, etc).

How long do you anticipate you would occupy the building(s)? (Required) We anticipate occupying the building in perpetuity. Seniors over age 55 now represent a major demographic in Juneau. The dynamic of aging has changed considerably in the last few decades and Juneau seniors reflect that trend. Seniors are healthier and better off (income, insurance, healthcare) than previous generations. Seniors are living longer, healthier lives, and bring an array of “silver dividends” to our community: retirement income, home ownership, and property taxes, and a willingness to volunteer and contribute to the community’s rich social, outdoor, and cultural arts opportunities. Many communities are recognizing the benefit of keeping seniors in the community to maintain cultural vibrance and economic stimulation.

CBJ’s 10-year fiscal plan states that a top priority is to “grow the senior economy”. In support of this goal, the JCOA seeks CBJ’s assistance in addressing the distinct needs of Juneau seniors to enable healthy aging in the community we call home. The JCOA believes that promoting the well-being and vitality of Juneau’s aging population, through the implementation of Juneau’s Age-Friendly Planning will serve all ages and promote ‘livability’ concepts that emphasize health and wellbeing. This proposal recognizes the valuable benefit of keeping seniors in Juneau, as well as ensuring that those of us who have lived here most of our lives can continue aging in the community we love. Describe parking needs associated with your proposed use. (Required) The 45 spaces allocated to Marie Drake and identified as the current parking options appear to be adequate for our use.

Will you be requesting CBJ operating funds for your use?(Yes)

CBJ Draft Proposal May 14, 2024

If your organization already receives CBJ operating funds, will you be requesting an increase to support this proposal? If so, by how much? *(Required)*

The CBJ previously allocated \$15,000 per year for clerical support of the Juneau Commission on Aging. Those funds remain available but have not been allocated to an organization for FY24.

For FY25, JCOA is requesting adequate funding for an Office of Aging Coordinator (housed in the Senior Recreation and Wellness Center) and responsible for facilitating Age Friendly Community Planning, assisting in making age friendly recommendations regarding housing to the CBJ, ensuring proper use of the Senior Recreation and Wellness Center and supporting the JCOA.

Juneau Commission on Aging - Office of Aging	
FY 25 Budget Request	
FTE - Office of Aging Coordinator \$40 per hour	\$83,200.00
Benefits - 30% of Salary	\$24,960.00
.5FTE - Snr Rec & Wellness Center Coordinator \$25 per hr	\$26,000.00
Benefits - 30% of Salary	\$7,800.00
Equipment (Computer, printer, etc)	\$3,000.00
Travel (one Conference)	\$4,000.00
JCOA Materials and Supplies	\$5,000.00
JCOA Events	\$10,000.00
Total Requested	\$163,960.00

What other uses would be compatible with your proposed use?

JCOA proposes using the entire Marie Drake Complex for a CBJ Community Center to serve the entire community including a Senior Wellness and Recreation Center, the AEYC Child Care Facility, the Planetarium, and with the added benefit of proximity to the Augustus Brown Pool. Additional desirable partners include MakerSpace and the Friends of the Library.

JCOA strongly supports the AEYC Child Care Center which includes facilities uniquely suited to serve the CBJ as a community child care center with the added benefit of multi-generational activities between seniors and children, a well-documented benefit to both age groups and the community at large. AEYC has already agreed to fully furnish this space to ensure it is warmly welcoming to people of all ages and amenable to activities such as Elder/Child Story Time, multigenerational arts and culture activities, etc.

The JCOA strongly supports expanded use of the Planetarium for educational and community activities, as well as embracing Friends of the Library as a welcome addition to a Community Center. MakerSpace would literally be the icing on the Community Center cake in terms of providing already established services related to carpentry/shop space, cooking and art classes, etc. CBJ's Community Center would be a model for other communities to serve citizens of all ages.

What other uses would not be compatible with your proposed use?

It was also suggested that Juneau Animal Rescue would be an appropriate CBJ Community Center partner. While this could be an enhancement to a child care and senior focused center, it is unclear if the noise level generated by an Animal Shelter and their parking needs comport with the other uses contained in this proposal.



Juneau Commission on Aging

Can You Support Age Friendly Construction in Proactive Ways?

What if all homes in Juneau could be suitable for anyone regardless of a person's age or physical ability?

What if a person who wants to live within their community regardless of his or her age or physical ability, could do just that?

These are questions being asked by other municipalities that, like Juneau, are also members of the AARP Network of Age-Friendly States and Communities. CBJ needs to work towards moving the city to a well-designed, age-friendly community with housing that allows elders to continue to spend their retirement years and money in Juneau. Your support is necessary to make this goal a reality.

The fact is that nearly 30% of the Juneau population is over 55. Aging in place is a personal objective of most Juneau Elders as indicated by the CBJ 2020 Senior Survey. Unfortunately, their homes generally were not built in the past taking into consideration an owner's probable future limitations.

That needs to change and CBJ can help. Whatever your role in government, look for ways to facilitate age friendly housing, homes that are attractive to 1st time buyers as well as those residents who need to downsize ... universal design. Ask this question *"What kind of housing do you imagine needing and wanting for your well-being as you move towards Elderhood?"*

Requirements to make this happen are not onerous. To make this point here are examples of what the Juneau Commission on Aging is asking developers to voluntarily adopt as construction best practices in all new housing construction. The list was created from recommendations included in the Fair Housing Act Design and Construction Requirements, AARP HomeFit Guide, and other sources. Basically, we are just asking that all new housing and remodels be user-friendly for everybody, regardless of their age.

Promote universal construction design

1. Apartment & condo units that are single story within a multi-story building
2. Homes have an accessible living space including master bedroom/bath + laundry on at least one floor
3. Doorways (interior/exterior) that are at least 36" wide or made that wide by installing swing-away or swing-clear hinges to make use of entire doorway opening
4. Elevators in multi-family buildings of 3 floors or more
5. One bathroom with a walk-in shower, a built-in bench seat and grab-bars
6. Phone jacks in the master bedroom and kitchen
7. Zero step entrances/ramps into the building and zero step thresholds
8. Electrical outlets (above 18") and light switches and thermostats (below 48")
9. Pocket doors where practical in small spaces

Encourage feature friendly selections

Entrances and Exits

- Exterior lightening at all entrances with sensors
- Doors have lever-style handles

Kitchen

- Cabinetry is easy to access with pull-out cabinetry
- Suitable lighting over sink, stove, and other work area
- Easy to grasp D-shaped pulls and handles
- Stove and cooktop controls are near the front
- Area where a person can work while seated

Steps and Stairways

- Stairway lights can be turned off and on at both the top and bottom of the stairs
- Non-slip surface on steps
- Handrails on both sides of stairs

Living Room and Bedroom

- Light switches are rocker-style and installed between 36" and 44" from the floor
- Easy access to electrical and phone outlet
- Closets have interior lights and adjustable rods and shelves
- Room for the bed to place in a location that allows for easy access to the bathroom

Bathroom

- Raised or high-profile "comfort" toilet
- Easy to use lever handles for sink, bathtub, and shower faucets
- Walls are reinforced with blocking so grab bars can be installed in the bathtub, shower and adjacent to the toilet
- Shower has a no-step entry and seating
- The shower features a hand-held or adjustable showerhead

What could you do in your job role to increase age-friendly housing?

- Within your role at CBJ, we ask you to explore ways the city can incentivize developers to include age-friendly features.
- Could the Planning Commission, Zoning Commission give credit/points to developers who demonstrate their willingness to help make Juneau an Age Friendly Community - such as including mini pocket exercise areas within their development, etc.?
- As was done to create accessory apartments, can a new program be created that would make grants available to seniors to help cover the cost of retrofitting a multi-story home with an elevator or other senior friendly requirements.
- Look for ways to encourage or approve the building of tiny homes and other small residential models suitable for elders. Possible examples include adjusting the city code to not require streets but rather covered walkways. Could these walkways even be in a CBJ Right of Way? Could public water and sewer also be there and CBJ maintain the covered walkways instead of a street?
- Could the Juneau Economic Development Council provide developers loans for senior specific housing? The support could be in the form of loans, or a guarantee to the bank of a portion of the loan, or interim financing for the construction loan.
- Could the city sponsor or work with local builders to develop the Certified Aging-in-Place Specialist (CAP) designation? This is a National Association of Home Builders Certification.
- Could the city continue to refine current senior population numbers for Juneau to aid in better projections of senior housing needs, specifically how many senior housing units are required of each type?
- Could the city consider codifying any of the requests that we are asking developers to do as a best practice?
- Could select Americans with Disabilities Act (ADA) and Fair Housing Act (FHA) recommendations be formally adopted by CBJ?
- Could the city land code be modified to allow developers to build affordable, small one-level homes on smaller lots than are currently permitted? Could parking requirements be reduced as often senior couples only have one car?

Be creative in supporting diversity in innovative housing options

It is recognized that Juneau does have land availability issues that impacts the type of housing that can be constructed profitably. Today, however, there are evolving housing types that could diversify options for Elders beyond what is currently available: house/condo/apartment complexes.

What is necessary for this to happen is CBJ supporting these new innovative approaches and removing obstacles to their development. Consider the possibilities.

- Tiny Homes
- Village Model
- Cottage Communities
- Accessory Dwelling Units
- Multigenerational Living Concept
- Etc.

Links for additional information

- 2020 Juneau Senior Survey <https://juneau.org/clerk/boards-committees/jcoa>
- Fair Housing Act Design Manual: <https://www.huduser.gov/portal/publications/destech/fairhousing.html>
- The Americans with Disabilities Act (ADA): <https://www.ada.gov/>
- AARP HomeFit Guide: <https://www.aarp.org/livable-communities/housing/info-2020/homefit-guide.html>
- National Association of Home Builders Certified Aging-in-Place Specialist (CAPS): <https://www.nahb.org/Education%20and%20Events/Education/Designations/Certified%20Aging-in-Place%20Specialist%20CAPS>
- Example of Tiny House Cottage Community: <https://tinyhousetalk.com/tiny-cottage-community-in-bend-oregon/>
- Example of the Multigenerational Living Concept: <https://seniorhousingnews.com/2021/05/05/bill-thomas-colleagues-unveil-kallimos-communities-multigenerational-living-concept/>
- Universal Design: <http://universaldesign.com/what-is-ud/>
- AARP Network of Age-Friendly States and Communities: <https://www.aarp.org/livable-communities/network-age-friendly-communities/>

Just as Juneau's developers will need to be creative and flexible to see how these types of age friendly housing can fit into the land they own, so does CBJ need to see how city practices can be changed to accommodate new housing models. Everybody wins.

Contact: City Clerk's Office city.clerk@juneau.gov 907-586-5278



Juneau Commission on Aging

Building Age Friendly Housing in Juneau

What if all homes in Juneau could be suitable for anyone regardless of a person's age or physical ability?

What if a person who wants to live within their community regardless of his or her age or physical ability, could do just that?

These are questions being asked by governing agencies and individuals who are working towards moving Juneau to be a well-designed, age-friendly community that allows elders to continue to spend their retirement years and money in Juneau. Your support is necessary to make this goal a reality.

The fact is that nearly 30% of the Juneau population is over 55. Aging in place is a personal objective of most Juneau Elders as indicated by the 2020 Senior Survey. Unfortunately, their homes generally built in the 70's and 80's, did not take into consideration an owner's probable future limitations. Going forward, we hope you see the importance of building new residences of all types that integrate age-friendly features into the design, regardless of the age of the targeted buyer today.

These universal design features are not onerous. They already are recommendations made by the Fair Housing Act Design and Construction Requirements, International Building Code, and the AARP Home Fit Guide and other entities.

Could you voluntarily adopt these choices as construction best practices in all new housing construction as well as consider building smaller houses specifically for those Juneau residents who want and still can live independently?

Basically, we are just asking that all new housing and remodels be user-friendly for everybody, regardless of their age.

When designing/constructing new residences ...

1. Elevators in multi-family buildings of 3 floors or more
2. Apartment & condo units that are single story within a multi-story building
3. Zero step entrances/ramps into the building and zero step thresholds
4. Homes have an accessible living space including master bedroom/bath + laundry on one floor
5. Master bath with a walk-in shower, a built-in bench seat and grab-bars
6. Master bath large enough and laid out to handle wheelchair maneuverability and additional person
7. Doorways (interior/exterior) that are at least 36" wide or made that wide by installing swing-away or swing-clear hinges to make use of entire doorway opening
8. Pocket doors where practical in small spaces
9. Phone jacks in the master bedroom and kitchen
10. Electrical outlets (above 18") and light switches and thermostats (below 48")

When choosing features, select options ...

Entrances and Exits

- Exterior lightening at all entrances with sensors
- Doors have lever-style handles

Kitchen

- Cabinetry is easy to access with pull-out cabinetry
- Suitable lighting over sink, stove, and other work area
- Easy to grasp D-shaped pulls and handles

Steps and Stairways

- Stairway lights can be turned off and on at both the top and bottom of the stairs
- Non-slip surface on steps
- Handrails on both sides of stairs

Living Room and Bedroom

- Light switches are rocker-style and installed between 36" and 44" from the floor
- Easy access to electrical and phone outlet
- Closets have interior lights and adjustable rods and shelves
- Room for the bed to place in a location that allows for easy access to the bathroom

Master Bathroom

- Raised or high-profile "comfort" toilet
- Easy to use lever handles for sink, bathtub, and shower faucets
- Walls reinforced with blocking so grab bars can be installed in the bathtub, shower and adjacent to the toilet if not initially installed
- Shower has a no-step entry and seating
- The shower features a hand-held or adjustable showerhead

There is a new variety of creative housing options to consider

It is recognized that Juneau does have land availability issues that impacts the type of housing that can profitably be constructed. Today, however, there are evolving housing types that could diversify options for Elders beyond what is currently available, the house/condo/apartment complexes. Consider the possibilities.

- Tiny Homes
- Village Model
- Cottage Communities
- Accessory Dwelling Units
- Multigenerational Living Concept

Links for additional information

- 2020 Juneau Senior Survey <https://juneau.org/clerk/boards-committees/jcoa>
- Fair Housing Act Design Manual: <https://www.huduser.gov/portal/publications/destech/fairhousing.html>
- The Americans with Disabilities Act (ADA): <https://www.ada.gov/>
- AARP HomeFit Guide: <https://www.aarp.org/livable-communities/housing/info-2020/homefit-guide.html>
- National Association of Home Builders Certified Aging-in-Place Specialist (CAPS): <https://www.nahb.org/Education%20and%20Events/Education/Designations/Certified%20Aging-in-Place%20Specialist%20CAPS>
- Example of Tiny House Cottage Community: <https://tinyhousetalk.com/tiny-cottage-community-in-bend-oregon/>
- Example of the Multigenerational Living Concept: <https://seniorhousingnews.com/2021/05/05/bill-thomas-colleagues-unveil-kallimos-communities-multigenerational-living-concept/>
- Universal Design: <http://universaldesign.com/what-is-ud/>
- AARP Network of Age-Friendly States and Communities: <https://www.aarp.org/livable-communities/network-age-friendly-communities/>

Ask this question *“What kind of housing do you imagine needing and wanting for yourself as you move towards Elderhood?”* Whether your preference is an age friendly house/condo/apartment or one of the newer housing models based on smaller size and larger community, there will be plenty of grateful people that will want to live in what you build.

Contact: City Clerk’s Office city.clerk@juneau.gov 907-586-5278