



JUNEAU COMMISSION ON AGING AGENDA

March 18, 2025 at 3:00 PM

Zoom Webinar

<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Present:

Absent:

Others Present:

B. APPROVAL OF AGENDA

C. APPROVAL OF MINUTES

1. February 18, 2025 JCOA Regular Meeting Minutes - Draft

2. March 11, 2025 JCOA Workgroup Meeting Minutes - Draft

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS

E. AGENDA TOPICS

3. Standing JCOA Agenda Topics - Main Projects/Subcommittee Updates

1. Housing Subcommittee Updates

2. Recreation/Fitness Subcommittee Updates

3. Plannig Workgroup Updates

4. Juneau Afternoon Presentation March 20

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS AND QUESTIONS

G. NEXT MEETING DATE

H. SUPPLEMENTAL MATERIALS

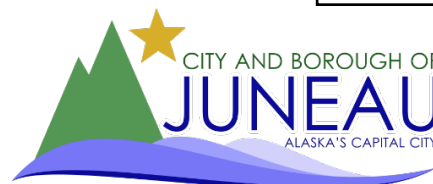
I. ADJOURNMENT

ADA accommodations available upon request: Please contact the Clerk's office 36 hours prior to any meeting so arrangements can be made for closed captioning or sign language interpreter services depending on the meeting format. The Clerk's office telephone number is 586-5278, e-mail: city.clerk@juneau.gov.

JUNEAU COMMISSION ON AGING MINUTES - **DRAFT**

February 18, 2025 at 3:00 PM

Zoom Webinar



<https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09>

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Chair Craig called the Juneau Commission on Aging to order at 3:01 p.m. via Zoom

Present: Chair Deborah Craig, Linda Kruger, Carol Ende, Ann Stepetin, Jennifer Garrison, Kimberly Adkison, Barb Murray, and Chris Schaap

Absent: Diane Kyser, JCOA Assembly Liaison Maureen Hall

Others Present: Fred Hiltner

B. APPROVAL OF AGENDA – Agenda approved as presented

C. APPROVAL OF MINUTES - Minutes approved as presented

1. January 21, 2025 JCOA Regular Meeting Minutes

D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS - moved to Recreation/Wellness discussion.

E. AGENDA TOPICS

1. Senior oriented information presented for the Juneau Commission on Aging on KTOO Juneau Afternoon Feb. 6, 2025 - Linda Kruger coordinated information on Age-Friendly Community Planning, Better Bones and Balance Classes with Sarah Lewis, UAF Cooperative Extension & Senior Tech Classes with Melinda Sandkam at the Mendenhall Valley Library. March 6 topics might include the CCS Pancake event and/or Alzheimer's Association online delivery classes.
2. JCOA and AARP Age-Friendly Planning Efforts - Linda Kruger - continuing to gather info and develop plan.
3. 2/11 JCOA Workgroup Meeting on Housing - Deb Craig – this meeting was cancelled due to a family emergency for Chair Craig – meeting will be rescheduled. Linda Kruger commented that the Juneau AARP has received a technical assistance grant with a focus on senior housing and universal design. Carol, Deb, Barb and Linda are on the housing committee.
4. 2/25 JCOA Workgroup Meeting on Recreation/Wellness - All Members of Workgroup
 - a. Marie Drake Gym Status – According to Chair Craig from the last PW&F meeting, it was recommended to the CBJ that the Marie Drake Complex retain the gym, planetarium, and a few classrooms while tearing down a portion of the two-story part of the building and putting in a parking lot. Deb is working on an AARP Community Challenge Grant asking for pickleball equipment, yoga mats and a walking track for installation at Marie Drake when it becomes available in July/August. Staffing at Parks and Rec continues to be an issue. Fred Hiltner attended the meeting to represent the pickleball community and advocate enthusiastically for support. He commented that there are currently few winter options for pickleball. They have tapes three courts at Floyd Dryden for Valley users and would like to use the Marie Drake Gym. Using volunteers as staff would help create this opportunity. Linda mentioned previous interest in creating a senior

volunteer corps to staff these kinds of activities. Liability is always a concern but working with CBJ there might be a way to come up with a workable solution. Carol mentioned that UAS has equipment at the Rec Center, but she was unsure of fees for seniors who aren't students. Deb said that in her informal survey of pickleball players a downtown location was important to serve North Douglas, Douglas, the downtown and Lemon Creek corridor. Driving to the valley in winter and inclement weather is difficult for seniors.

- b. AARP Challenge Grant - Parks and Rec staff are unavailable to help with the grant. Deb will reach out to Phil Huebschen at the JACC to see if he could apply for the AARP Community Challenge Grant and manage the equipment. The application is due 3/5. The motion for Chair Craig to move ahead with the grant in collaboration with the JAHC passed with no objections.

F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS & QUESTIONS - none

G. NEXT MEETING DATES - 3:00 p.m. via Zoom (check top of agenda for correct Zoom link)

Tuesday, February 25, 2025 - JCOA Workgroup Meeting

Tuesday, March 11, 2025 – JCOA Workgroup Meeting

Tuesday, March 18, 2025 – Regular JCOA Meeting

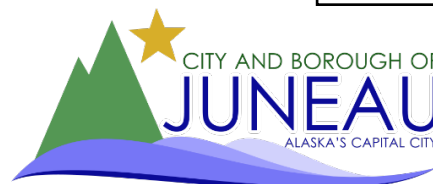
Tuesday, March 25, 2025 – JCOA Workgroup Meeting

H. SUPPLEMENTAL MATERIALS

I. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 3:55 p.m.

JUNEAU COMMISSION ON AGING WORKGROUP SUBCOMMITTEE MINUTES - **DRAFT**



March 11, 2025 at 3:00 PM

Zoom Webinar

<https://juneau.zoom.us/j/82442177751?pwd=Y4xxvhXb6L2fFmL2IDkWD9aTw9H1wn.1>

Or Call In: 1-253-215-8782 Meeting ID: 824 4217 7751 Passcode: 111520

Please note, this Zoom link is different from Regular JCOA meeting Zoom link

A. CALL TO ORDER/ROLL CALL

Present: Deborah Craig, Linda Kruger, Diane Kyser, Chris Schapp, and Barb Murray

Absent: Ann Stepetin, Kimberly Adkison, and Jennifer Garrison

Others Present: None

B. APPROVAL OF AGENDA – agenda approved as presented.

C. AGENDA TOPICS

1. Alphabet Group Recreation & Wellness - Status of Marie Drake Gym

After hearing that Parks and Rec we unable to assist with the AARP Community Challenge Grant requesting funding for recreational equipment for the MD Gym when it opened, the JCOA pivoted to a former MD Partner, JAHC, who were extremely helpful and willing to submit the grant in their name, accept the equipment purchased by the grant and donate it to the CBJ. Two conditions needed to be met – assurance that the CBJ had Liability Insurance for the facility and that the CBJ would accept the donation of the recreational equipment. Several communications occurred with the CBJ Attorney who later indicated staffing issues prevented the CBJ sending a letter of support and acceptance of the equipment for the AARP Challenge Grant.

2. AARP Community Challenge Grant Application

The grant was due March 5, and the deadline expired before any further action could be taken. Chair Craig informed all the partners in an email. Chair Craig met with CBJ Assembly Liaison Maureen Hall yesterday March 10 who encouraged the JCOA to not be discouraged by recent events as the CBJ is understaffed and may not be able to open the MD Gym as planned this summer. Linda Kruger reiterated that the grant will be available next fall and the JCOA could apply again. Kudos were offered to the JAHC for their exceptional effort in helping the JCOA.

3. Regroup on Recreation/Wellness, Planning & Housing Workgroups

- a. Senior Wellness and Recreation facility - Commission discussed alternative options. Carol Ende commented that this appears to be an ongoing and growing concern – capacity on any level for senior services whether it be recreational, housing, etc. The group recommended not abandoning the MD Complex for future use as it meets the needs identified in the previous AARP/JCOA Listening Sessions of a Recreational Facility for seniors that was more accessible to the downtown corridor, Douglas and Lemon Creek, as well as being unaffiliated with a religious group.
 - (i) Chris Schapp commented on various outdoor opportunities such as facilitating covering an outdoor space for use and signage (similar to AARP's work on Trail signs).
 - (ii) Diane Kyser commented on having attended multiple workshops related to use and expansion of the Skate Park such as indoor/outdoor pickleball, picnic areas, etc.

- (iii) Linda Kruger commented on several other activities that are occurring to keep in mind: the Library successfully held IT Classes, BRH is embracing Age Friendly Planning concepts and using meeting rooms and spaces for workshops, the Cooperative Extension is offering Better Bones and Balance for Arthritis at the pool on Tues and Thurs – session is closed but a new session will open next fall.
- (b) Housing: Linda Kruger applied for an AARP Grant to facilitate a better understanding of Universal Housing. The Grant is with RLMace Planners who will facilitate meetings and webinars in the summer or fall – Linda has already reached out to CBJ Planners, local architects and others interested in better understanding Universal Housing. The grant can assist with outreach.
- (i) Carol Ende suggested using the JCOA for promotion and including Age Friendly Planning in the discussion. Who else can we engage in this process.

4. Other Topics

- a. KTOO Afternoon was moved from March 6 to 20th due to Deb's travel schedule. Events to share: Library IT Sessions, Coop Ext Better Bones and Balance Tues/Thurs 5:30-6:30PM AB Pool no fee pool pass only, CCS Tai Chi Zoom Level 1&2 start up (Chris will send flyer), Widow and Widowers (Diane sent flyer), Update on Pickleball Efforts, DOT Public Safety Meetings (emphasis on Seat Belt Use in Juneau - LINDA do you have any more on this?
- b. Linda will reach out to SAIL ADRC ED regarding activities of interest and connectivity.

D. NEXT MEETING DATES - at 3pm via Zoom (check top of agenda for correct Zoom link)

March 18 – Full JCOA Regular Meeting– *Barb Murray will fill in for Secretary Kruger*

March 25 – JCOA Workgroup Meeting – Housing – *Invite Kathleen Samalon and Carol Ende as primary contributors to housing issues in the past.*

April 8 – JCOA Workgroup Meeting - AARP Age Friendly Planning – *Linda Kruger will provide an overview of age friendly planning. Deb and Linda will provide a draft overview of our plan.*

April 15 - Full JCOA Regular Meeting

April 22 – JCOA Workgroup Meeting - Content TBD

E. SUPPLEMENTAL MATERIALS

F. ADJOURNMENT

There being no further business to come before the committee meeting adjourned at 4:02 p.m.



AN EDUCATIONAL VIDEO WILL BE
PRESENTED - TOPICS VARIES

LIGHT REFRESHMENTS AND
SNACKS PROVIDED

QUESTIONS?
CALL
907.789.3133

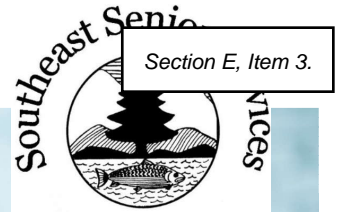
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REGISTRATION REQUIRED

This program is made possible by a grant from the Alaska Department of Health and Social Services, through Southeast Se