JUNEAU COMMISSION ON AGING MINUTES



February 18, 2025 at 3:00 PM

Zoom Webinar

https://juneau.zoom.us/j/81491760970?pwd=bkFwWk42Mllmazl0aFdMS3ArTG5qZz09

Or Call In: 1-253-215-8782 Meeting ID: 814 9176 0970 Passcode: 858248

A. CALL TO ORDER/ROLL CALL

Chair Craig called the Juneau Commission on Aging to order at 3:01 p.m. via Zoom

Present: Chair Deborah Craig, Linda Kruger, Carol Ende, Ann Stepetin, Jennifer Garrison, Kimberly Adkison, Barb Murray, and Chris Schaap

Absent: Diane Kyser, JCOA Assembly Liaison Maureen Hall

Others Present: Fred Hiltner

- B. APPROVAL OF AGENDA Agenda approved as presented
- C. APPROVAL OF MINUTES Minutes approved as presented
 - 1. January 21, 2025 JCOA Regular Meeting Minutes
- D. PUBLIC PARTICIPATION ON NON-AGENDA ITEMS moved to Recreation/Wellness discussion.

E. AGENDA TOPICS

- 1. Senior oriented information presented for the Juneau Commission on Aging on KTOO Juneau Afternoon Feb. 6, 2025 Linda Kruger coordinated information on Age-Friendly Community Planning, Better Bones and Balance Classes with Sarah Lewis, UAF Cooperative Extension & Senior Tech Classes with Melinda Sandkam at the Mendenhall Valley Library. March 6 topics might include the CCS Pancake event and/or Alzheimer's Association online delivery classes.
- 2. JCOA and AARP Age-Friendly Planning Efforts Linda Kruger continuing to gather info and develop plan.
- 3. 2/11 JCOA Workgroup Meeting on Housing Deb Craig this meeting was cancelled due to a family emergency for Chair Craig meeting will be rescheduled. Linda Kruger commented that the Juneau AARP has received a technical assistance grant with a focus on senior housing and universal design. Carol, Deb, Barb and Linda are on the housing committee.
- 4. 2/25 JCOA Workgroup Meeting on Recreation/Wellness All Members of Workgroup
 - a. Marie Drake Gym Status According to Chair Craig from the last PW&F meeting, it was recommended to the CBJ that the Marie Drake Complex retain the gym, planetarium, and a few classrooms while tearing down a portion of the two-story part of the building and putting in a parking lot. Deb is working on an AARP Community Challenge Grant asking for pickleball equipment, yoga mats and a walking track for installation at Marie Drake when it becomes available in July/August. Staffing at Parks and Rec continues to be an issue. Fred Hiltner attended the meeting to represent the pickleball community and advocate enthusiastically for support. He commented that there are currently few winter options for pickleball. They have tapes three courts at Floyd Dryden for Valley users and would like to use the Marie Drake Gym. Using volunteers as staff would help create this opportunity. Linda mentioned previous interest in creating a senior

volunteer corps to staff these kinds of activities. Liability is always a concern but working with CBJ there might be a way to come up with a workable solution. Carol mentioned that UAS has equipment at the Rec Center, but she was unsure of fees for seniors who aren't students. Deb said that in her informal survey of pickleball players a downtown location was important to serve North Douglas, Douglas, the downtown and Lemon Creek corridor. Driving to the valley in winter and inclement weather is difficult for seniors.

- b. AARP Challenge Grant Parks and Rec staff are unavailable to help with the grant. Deb will reach out to Phil Huebschen at the JACC to see if he could apply for the AARP Community Challenge Grant and manage the equipment. The application is due 3/5. The motion for Chair Craig to move ahead with the grant in collaboration with the JAHC passed with no objections.
- F. COMMITTEE MEMBER / ASSEMBLY LIAISON COMMENTS & QUESTIONS none
- **G. NEXT MEETING DATES** 3:00 p.m. via Zoom (check top of agenda for correct Zoom link)

Tuesday, February 25, 2025 - JCOA Workgroup Meeting

Tuesday, March 11, 2025 – JCOA Workgroup Meeting

Tuesday, March 18, 2025 – Regular JCOA Meeting

Tuesday, March 25, 2025 – JCOA Workgroup Meeting

- H. SUPPLEMENTAL MATERIALS
- I. ADJOURNMENT

There being no further business to come before the commission, meeting adjourned at 3:55 p.m.