Work Session Meeting Agenda
2 Park Drive South, Great Falls, MT
Virtual Meeting by Zoom
February 16, 2021
5:30 PM

Due to the COVID-19 health concerns, the format of the City Commission meeting will be held in a virtual video-conferencing environment. City Commission members and City staff will attend the meeting via a remote location, using a virtual meeting method.

In order to honor the Right of Participation and the Right to Know (Article II, Sections 8 and 9 of the Montana Constitution), modifications have also been made for public participation. Public participation is welcome in the following ways:

- Attend the virtual meeting utilizing Zoom Webinar. Attendees must register in advance for the Commission Meeting: https://us02web.zoom.us/webinar/register/WN_nhZaRkdjR0uziOiG-uaFhg After registering, you will receive a confirmation email containing information about joining the webinar by Zoom.

- Participate by phone. Attendees must register in advance for the Commission Meeting using the link above. After registering, you will receive a confirmation email containing information about joining the webinar by phone. If you do not have internet access you may contact the Great Falls Public Library prior to the meeting at 453-9706 and they can assist with registration. The Mayor will provide direction during the meeting on how to alert staff that you have comments for the agenda item.

- Attend in person. The City will be following the Current Governor's Directives and the Public Health Officer Orders regarding public meetings conducted by, staffed by or held in the facilities of the city. Masks will be required, social distancing will be enforced, and the total number of persons in the meeting room will be limited to a maximum of 50. Public following these directives may view and participate in the meeting from the Gibson Room. Please refrain from attending in person if you are not feeling well.

- Provide public comments in writing. Comments may be sent via mail to City Clerk, PO Box 5021, Great Falls MT 59403 or by email to: commission@greatfallsmt.net. Include the agenda item or agenda item number in the subject line, and include the name of the commenter and either an address or whether the commenter is a city resident. Please ensure that comments arrive before 12:00 PM on Tuesday, February 16, 2021. Due to tracking and dissemination requirements, written communication must be received by that time in order to be shared with the City Commission and appropriate City staff for consideration during the agenda item and will be so noted in the official record of the meeting.

CALL TO ORDER

PUBLIC COMMENT
(Public comment on agenda items or any matter that is within the jurisdiction of the City Commission. Please keep your remarks to a maximum of five (5) minutes. Speak into the microphone, and state your name and either your address or whether you are a city resident for the record.)

WORK SESSION ITEMS

1. Golf Course Update from CourseCo - Michael Sharp. (15 Minutes)

2.   AARP's Livable Communities Program - Nancy Andersen, Outreach Director. (45 Minutes)

DISCUSSION POTENTIAL UPCOMING WORK SESSION TOPICS

ADJOURNMENT

City Commission Work Sessions are televised on cable channel 190 and streamed live at https://greatfallsmt.net. Work Session meetings are re-aired on cable channel 190 the following Thursday morning at 10 a.m. and the following Tuesday evening at 5:30 p.m.

UPCOMING MEETING SCHEDULE

Work Session -- Tuesday March 2, 2021 5:30 p.m.

Commission Meeting -- Tuesday March 2, 2021 7:00 p.m.

AARP's Livable Communities Program &
AARP Network of Age-Friendly Communities

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Livable communities is in AARP's DNA

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Demographic tipping point

JANUARY 1, 2035
There will be more people age 65+ than children under age 18.

Source: US Census Bureau

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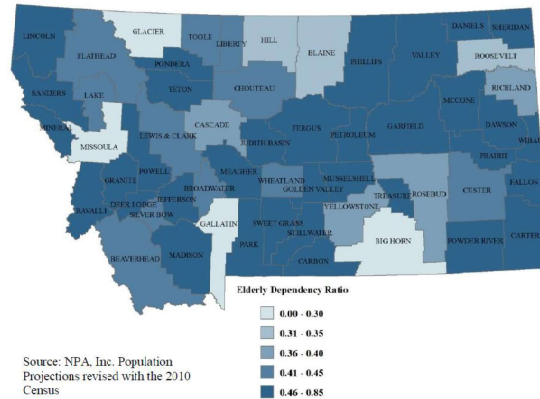AARP
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Figure 6: 2010 EDR Montana Counties Distribution Map

Elderly Dependency Ratio
- 0.00 - 0.30
- 0.31 - 0.35
- 0.36 - 0.40
- 0.41 - 0.45
- 0.46 - 0.85
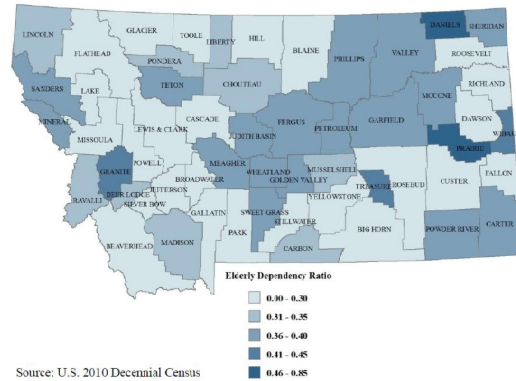
Source: U.S. 2010 Decennial Census

Figure 7: 2030 EDR Montana Counties Distribution Map

Elderly Dependency Ratio
- 0.00 - 0.30
- 0.31 - 0.35
- 0.36 - 0.40
- 0.41 - 0.45
- 0.46 - 0.85

Source: NPA, Inc. Population Projections revised with the 2010 Census

Source: Project 2030: Montana's Ageing Population

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www.montana.edu/extensioneco n/project2030.pdf

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Trends that matter

Older Adults Want to Stay Where They Live

8 in 10 people 50+ expect to stay in their community.

Grappling With our Past

Homes have traditionally been built for able-bodied 35 year olds.

Communities have been developed around cars as the principal form of transportation.

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Current Patterns Are Not Positive

HOUSING + **MOBILITY** + **PUBLIC SPACES** → **ISOLATION**

More than **50% of renters** 65+ are rent-burdened

Less than **1% of homes** have features needed to support aging in the home

The average American outlives their ability to drive by **6-10** years

People 65+ were over-represented in pedestrian fatalities **in 35 states**

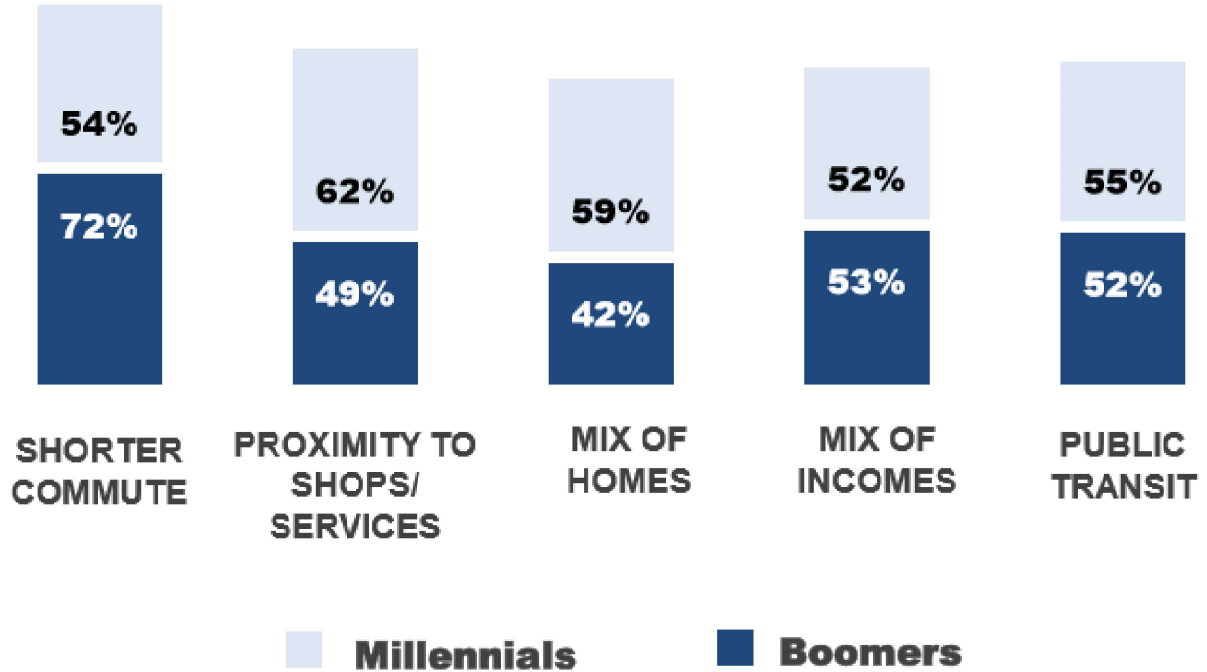Seniors comprise **20% of population** but only **4% of park users**

The health risks of prolonged isolation = **smoking 15 cigarettes a day**

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We all Want the Same Things

SHORTER COMMUTE	PROXIMITY TO SHOPS/ SERVICES	MIX OF HOMES	MIX OF INCOMES	PUBLIC TRANSIT
54% (Millennials)	62% (Millennials)	59% (Millennials)	52% (Millennials)	55% (Millennials)
72% (Boomers)	49% (Boomers)	42% (Boomers)	53% (Boomers)	52% (Boomers)

Millennials   Boomers

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Livable Communities

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What is a Livable Community?

A place where people of all ages can…

Go for a walk

Cross the street

Ride a bike

Get around without a car

Live Safely and Comfortably

Work and volunteer

Age Friendly

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AARP Livable Communities Approach

aka our "Age-Friendly" Approach

We support communities and local leaders to think differently about their

housing, transportation and public spaces
to create great places for
all people of **all ages**.

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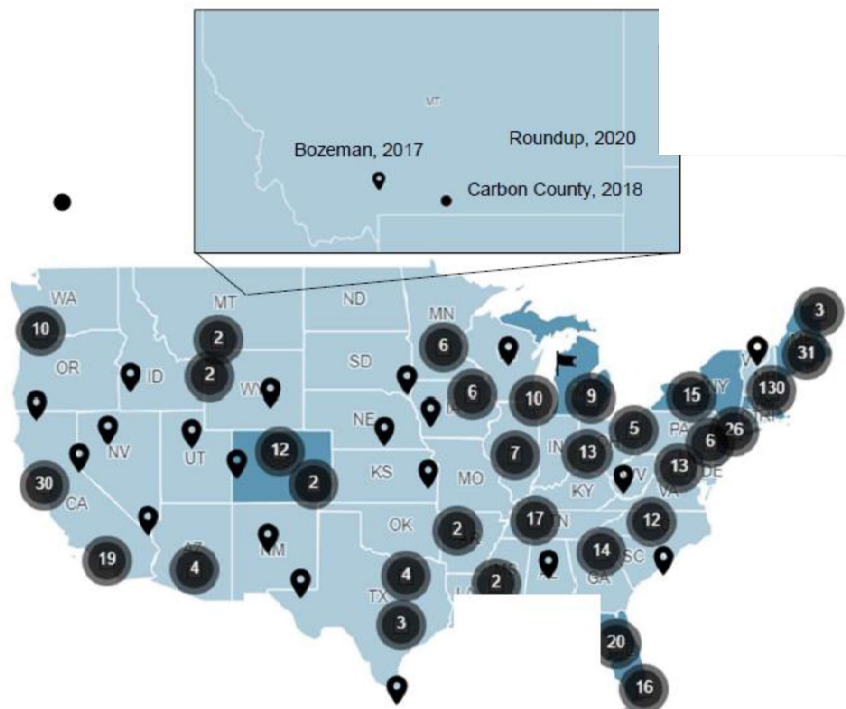## AARP Network of Age-Friendly States and Communities

Nearly 500 communities + 6 states

Nearly 200 of those are <25,000 pop
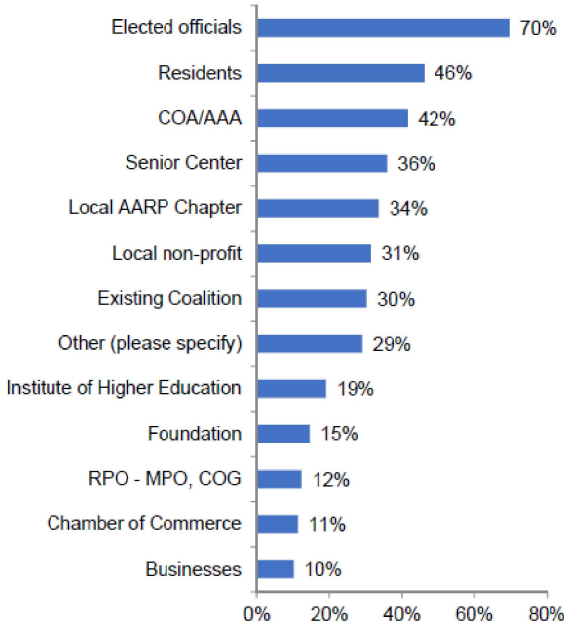
Voluntary, flexible

Five-year cycle

Over 100 million US residents live in an age-friendly community

Bozeman, 2017

Roundup, 2020

Carbon County, 2018

Search for a community like yours at https://livablemap.aarp.org/
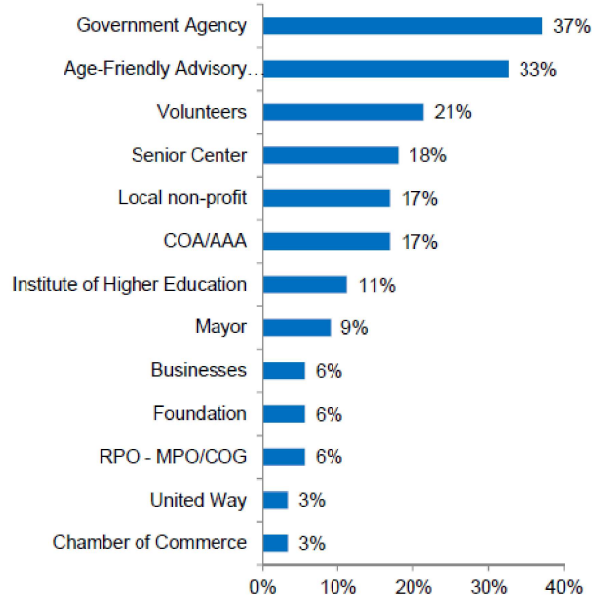
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Age-friendly champions (pre- and during)

Who were the major champions that supported enrollment? Check all that apply.

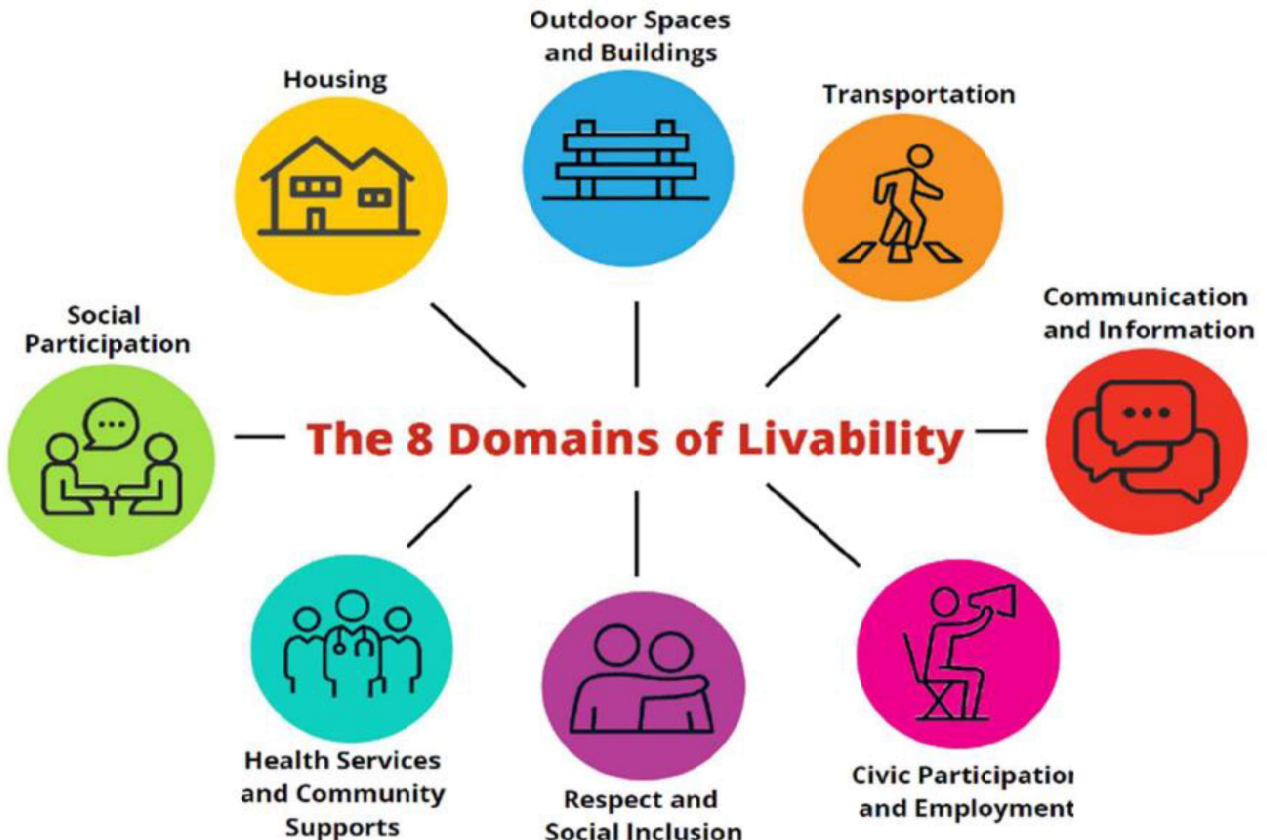| Champion	Percentage
Elected officials	70%
Residents	46%
COA/AAA	42%
Senior Center	36%
Local AARP Chapter	34%
Local non-profit	31%
Existing Coalition	30%
Other (please specify)	29%
Institute of Higher Education	19%
Foundation	15%
RPO - MPO, COG	12%
Chamber of Commerce	11%
Businesses	10%

Who serves as the lead organization(s) to coordinate the age-friendly work? Check all that apply.

Organization	Percentage
Government Agency	37%
Age-Friendly Advisory...	33%
Volunteers	21%
Senior Center	18%
Local non-profit	17%
COA/AAA	17%
Institute of Higher Education	11%
Mayor	9%
Businesses	6%
Foundation	6%
RPO - MPO/COG	6%
United Way	3%
Chamber of Commerce	3%

COA/AAA: Council on/Area Agency on Aging
RPO: Regional Planning Organization
MPO: Metropolitan Planning Organization
COG: Council of Government

AARP Network of Age-Friendly States and Communities

The 8 Domains of Livability

Housing
Outdoor Spaces and Buildings
Transportation
Communication and Information
Social Participation
Health Services and Community Supports
Respect and Social Inclusion
Civic Participation and Employment

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AARP Network of Age-Friendly States and Communities

Assess the Community's Needs

⬇

Develop an Action Plan

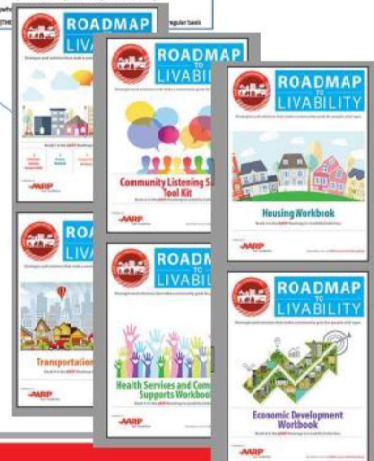⬇

Implement the Plan

⬇

Assess Progress + Repeat

Who are the champions for this work?

- City or state officials/staff
- City/county/state departments
- Regional planning/transportation agencies
- Foundations/funders
- Higher education
- Nonprofit sector
- Private sector groups incl Chambers of Commerce
- Community residents
- Volunteers

Often serve as Age-Friendly "core team"

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AARP Network of Age-Friendly States and Communities

Assess the Community's Needs

⬇

Develop an Action Plan

⬇

Implement the Plan

⬇

Assess Progress + Repeat

Age Friendly Complements Other Plans

Existing Community Plans that Support Age Friendly Plans

Only **7%** of enrolled communities did <u>not</u> have existing plans that support their Age Friendly plans.
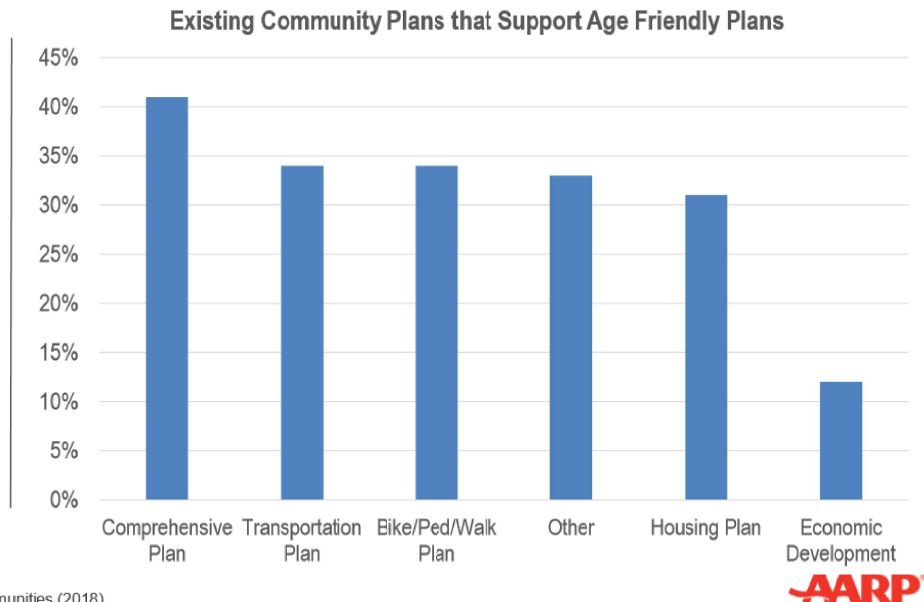
Source: AARP Survey of Age Friendly Communities (2018)

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Impact of Age-Friendly Network

60% achieved a change in public policy

34% achieved a private sector investment or action

85% described "other successes"

- Integrating the age-friendly lens into strategic planning
- Increased awareness of livable issues
- Increased collaboration within community
- Enacting programs in accordance with Action Plan

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Livability Domains and Community Responses to COVID-19

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LEARN MORE: AARP.org/Livable

The **AARP Network of Age-Friendly States and Communities** informs and inspires local leaders to implement the types of polices and improvements that make communities more livable for people of *all* ages — especially older adults. Many of the towns, cities, counties and states enrolled in the network use the **8 Domains of Livability** framework to organize and prioritize their work. In response to the global coronavirus pandemic, communities in the network are applying their existing plans, programs and partnerships to all of the domains (along with commitments to emergency preparedness) in order to protect and assist older residents and other high-risk individuals. The following examples, shared with us by the communities themselves, show how the use of best practices, creativity and the power of volunteers can spark innovative ideas and achievable solutions that effectively meet community needs.

Respect and Social Inclusion

- Create online programming for schools and senior care facilities on topics of shared interest to students and older adults
- Ask children to make and deliver greeting cards to Meals on Wheels recipients and people in senior care facilities

Transportation

- Modify transit schedules, stations and seating to enable social distancing
- Provide specialized services for essential workers
- Suspend transit fares
- Increase paratransit services
- Enlist volunteers to deliver needed items to people who can't leave their homes or use their usual modes of transportation

Outdoor Spaces and Buildings

- Close streets to motor vehicle traffic so people can safely walk and bicycle while social distancing
- Automate crossing signals so pedestrians won't need to touch the crosswalk buttons

Housing

- Provide 24/7 services and shelter for individuals and families experiencing homelessness
- Work with local leaders and legislators to enact and enforce a moratorium on evictions
- Capitalize on relationships with funding sources to provide financial assistance to older adults and others struggling with housing costs
- Create a housing grant program for people with low-incomes and/or a job loss due to COVID-19

Social Participation

- Start a daily, community-wide "appreciation clap" for health care workers and first responders
- Create a drive-in theater by projecting a movie onto a wall near a parking lot
- Host a "dragging Main" event so residents can get out and see other people by driving slowly along their community's main roadway
- Ask local entertainers to perform online or outside of their homes

Communication and Information

- Work with businesses and internet service providers to expand access to affordable high-speed internet
- Create a "friendly voice" call program for checking on people who live alone
- Establish information hotlines and distribute "necessity bags" that contain needed supplies

Health Services and Community Supports

- Work with municipal offices, houses of worship and first responders to coordinate deliveries and visits to people who can't go out
- Provide vouchers for groceries and household goods to residents in need
- Expand where SNAP (supplemental nutrition assistance program) benefits can be used
- Conduct wellness checks and implement quarantine measures in senior care facilities
- Prioritize assistance to people with underlying medical conditions
- Stock book-swap boxes (such as Little Free Libraries) with needed items
- Improve access to fresh foods from farm stands, farmers' markets or community supported agriculture (CSA) harvests by enabling pre-orders and providing free or low-cost grab-and-go and home delivery options

Civic Participation and Employment

- Connect people with educational and social opportunities through online "virtual" academies
- Promote online volunteerism for advocacy or service campaigns
- Foster local economic assets, such as maker spaces or by adapting commercial properties for needed but temporary uses

Emergency Preparedness

- Add safety resources and tips to utility bills and local government mailings
- Create tool kits that can help older adults manage in the event of a power outage, food shortages or other disruptions
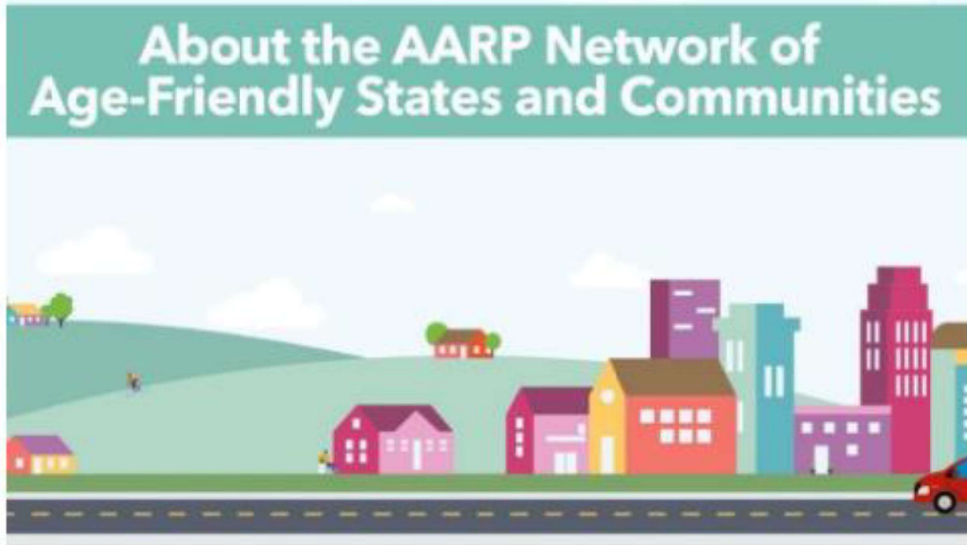- Use or adapt existing emergency plans and resources

Illustrations from iStock.

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Resources

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AARP Age-Friendly Communities Training Videos - Six-Part Series

https://www.aarp.org/livable-communities/network-age-friendly-communities/age-friendly-training-videos/

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Information and tools you can use: aarp.org/Livable

Free publications

Free practitioner-oriented publications
in print and via download on:

- Rural livability (including broadband, economic development)
- Housing (home modification, ADUs, diversity)
- Transportation (including walk audit)
- Placemaking and parks (including park audit)
- Community engagement

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Tools: LivIndex, map and newsletter

Livability Index
https://livabilityindex.aarp.org/

Searchable map
https://livablemap.aarp.org

Free weekly e-newsletter
Text LIVABLE to 50757

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Community Challenge Grant Program

Grants to make communities livable for people of all ages
aarp.org/CommunityChallenge

58%	28%	7%	5%	3%
PUBLIC SPACES	**TRANSPORTATION**	**HOUSING**	**OTHER**	**SMART CITIES**
Making enhancements to parks and gathering places.	Increasing connectivity, walkability, bikeability and safety.	Encouraging the availability of housing that's affordable and age-friendly.	Addressing important needs identified by the community.	Engaging residents and using data to improve quality of life.

2020: $2.4 million in grants awarded to 184 communities (to date >$6 million in 4 years)

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Community Challenge Grant Program

Blackfeet Eagle Shield Center, 2018
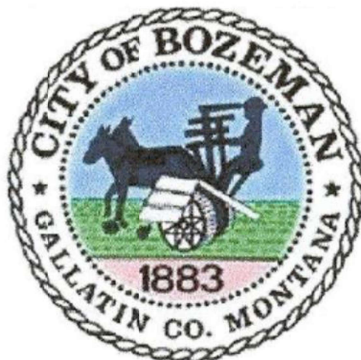
Missoula Parks & Rec. 2018

Western Transportation Inst. 2017

Nearly 20 grants made to communities across MT totaling >$150k

Congrats to 2020 winners: Bozeman, Cascade, Missoula, and Headwaters Trail System (+ others funded by AARP MT)
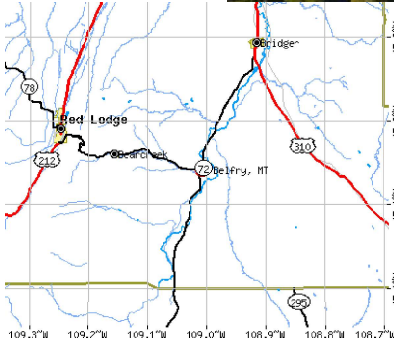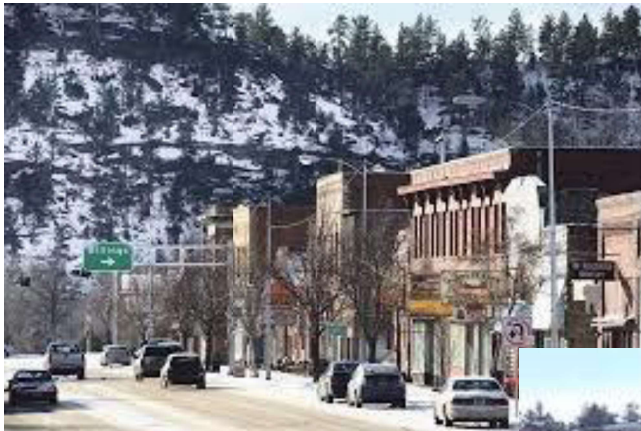
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The MONTANA Experience: Bozeman

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The MONTANA Experience: Carbon County

The MONTANA Experience: Roundup

The MONTANA Experience: Great Falls
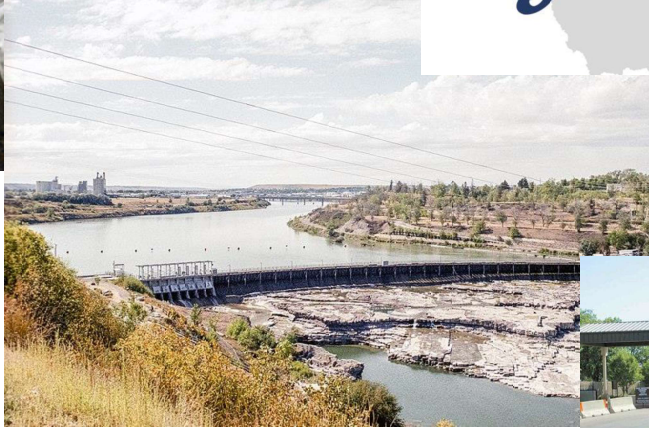
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For more information:

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AARP Livable Communities www.aarp.org/livable

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THANK YOU!