Deschutes CCBHC-Expansion Grant: Year 3 NCE Evaluation Highlights

BHAB Meeting
October 15, 2021
Portland State



Increased access to collaborative, integrated services for priority populations

Increased capacity of workforce

Improved quality of care

Goals of the Expansion grant evaluation

Monitor and report on progress made toward grant goals & objectives

Help DCHS identify and understand areas of strength and opportunities for growth

Things to keep in mind when looking at the data

The data reflect what's happening with people

Findings may not be generalizable to the entire CCBHC or expansion-grant populations – and can still be useful

Findings are important to understand within context, which we may be missing pieces of

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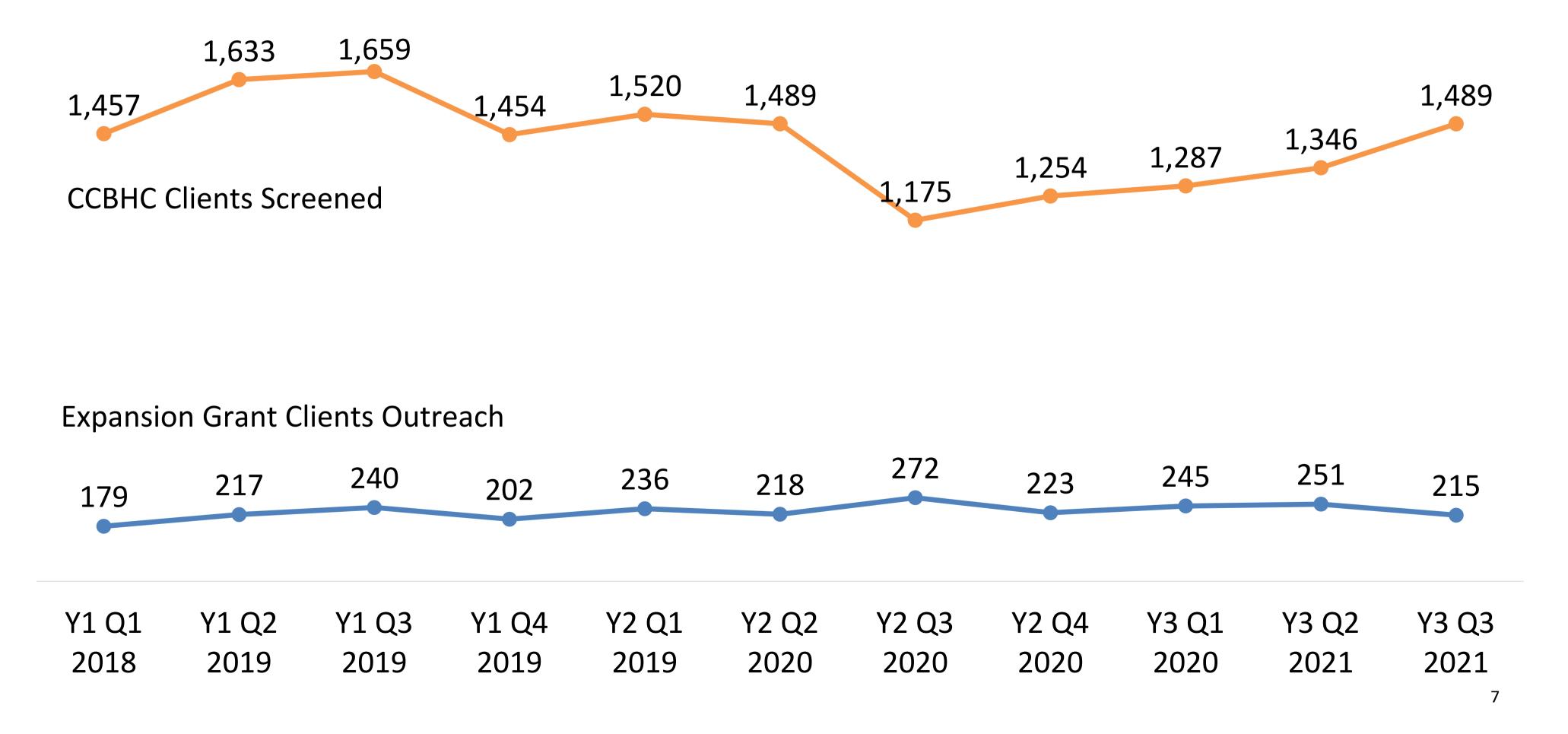
Data Highlights:

Service Access

Number of clients contacted through expansion grant outreach activities, and screened by CCBHC providers

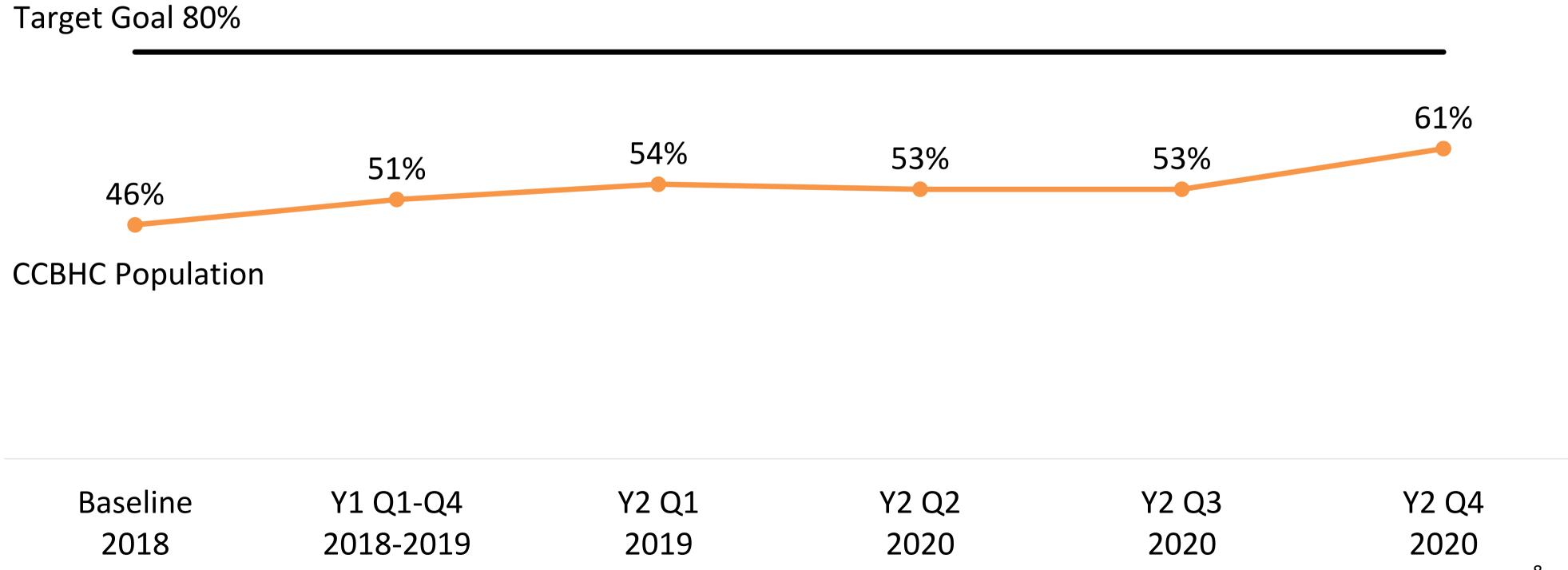
Percent of CCBHC clients with hypertension who have evidence of being connected with a primary care provider

CCBHC screens approximately 6,000 individuals each year, with Expansion grant staff reaching out to nearly 1,000 people over the past year.



CCBHC clients increasingly have evidence of enrollment with a primary care provider, approaching the **target goal** of 80% of all clients.

However, among clients with hypertension, 83% had at least one co-located visit.



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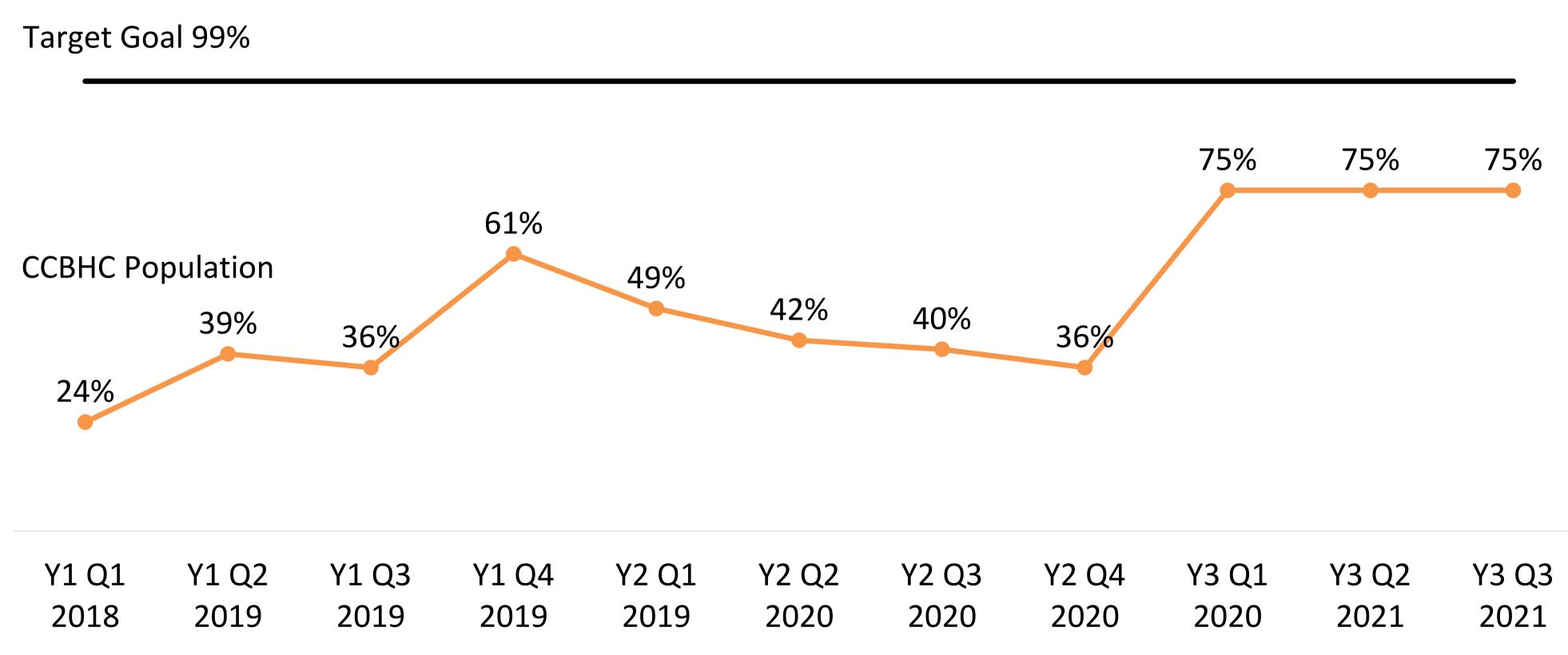
Improved quality of care

Data Highlights: Quality of Care

Percent of CCBHC clients with evidence of being involved in service planning

Experiences of staff and clients with the Stabilization Center

CCBHC clients increasingly have evidence of their participation in service planning, approaching the **target goal** of 99% of all clients.



Stabilization Center Journey Maps

- Interviews with 7 DCHS staff, 4 additional community partners, and 2 clients
- Diversion from emergency department and law enforcement involvement

"Before the Stabilization Center, it usually meant that one of three things was possible: a person goes to jail, they go to the hospital, or you leave them alone. None of those are ideal for many of the people who are in crisis enough to need to talk to someone right away."

- Provider perspective

"I got to vent. I needed that. Kept me from being suicidal. I needed someone to listen and hear me. Tell me I'm not crazy."

- Client perspective

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Data Highlights:

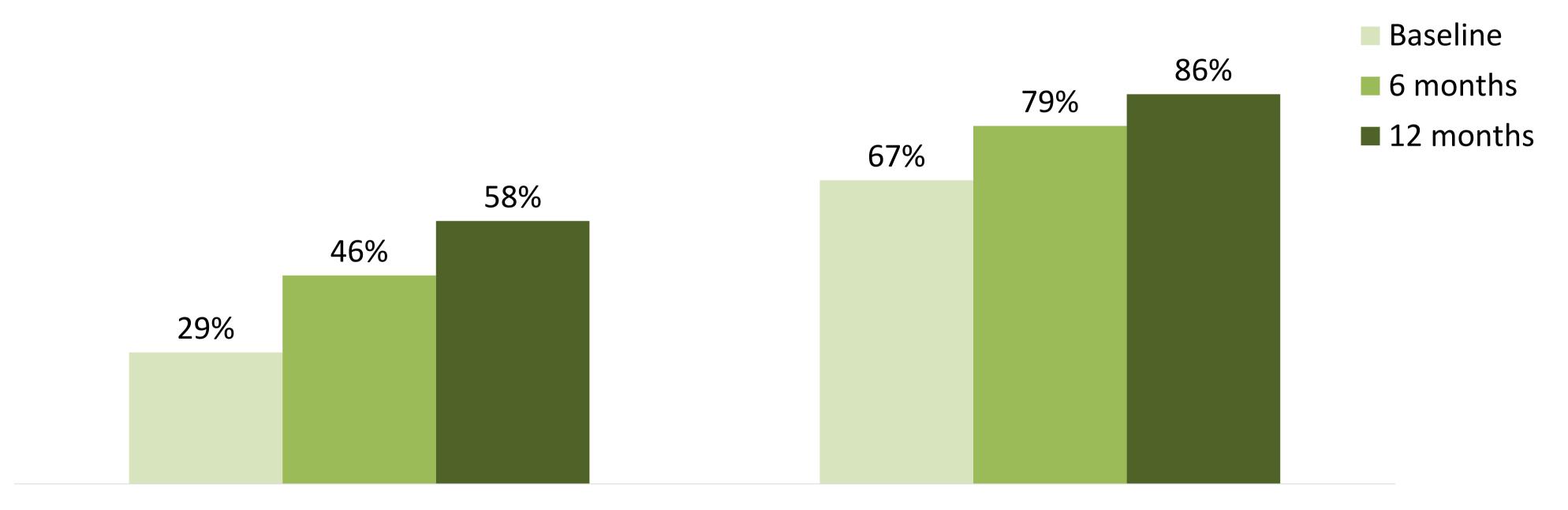
Indicators of Client Well-Being & Health

Client rating of coping skills
Client rating of social connectedness

Client rating of depression and anxiety

Client hypertension (blood pressure) health outcomes

CCBHC expansion grant-served clients who participated in outcome surveys over time, report improved coping skills and network of support at 6 and 12 months after engaging in CCBHC services.



I am able to deal effectively with my problems

(n=48)*

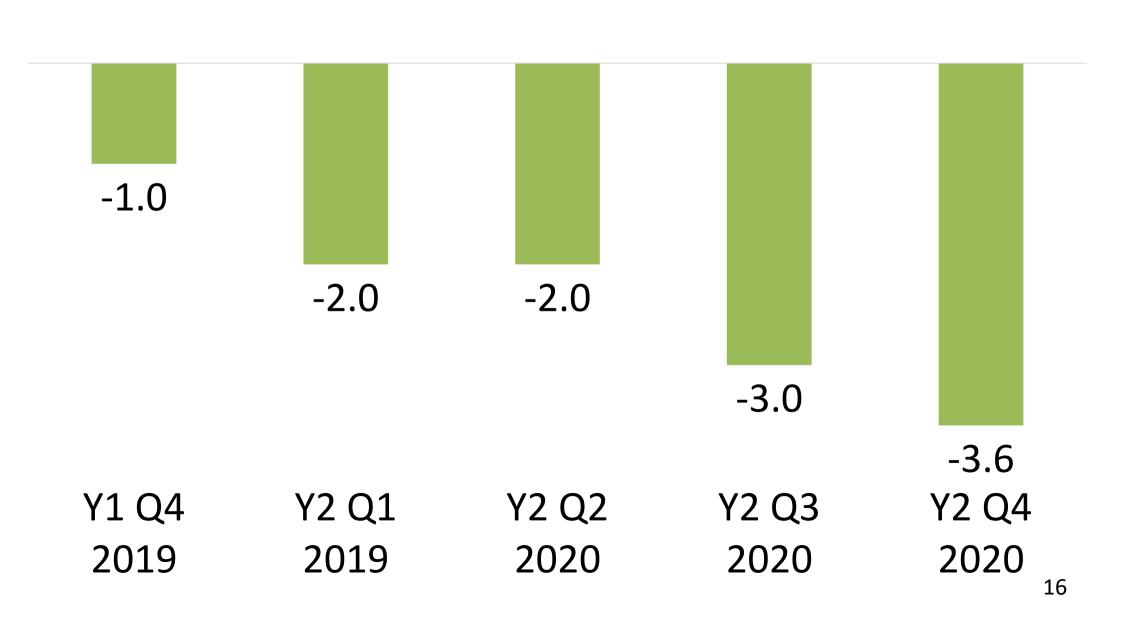
(n=48)*

(n=42)

% Strongly Agree or Agree

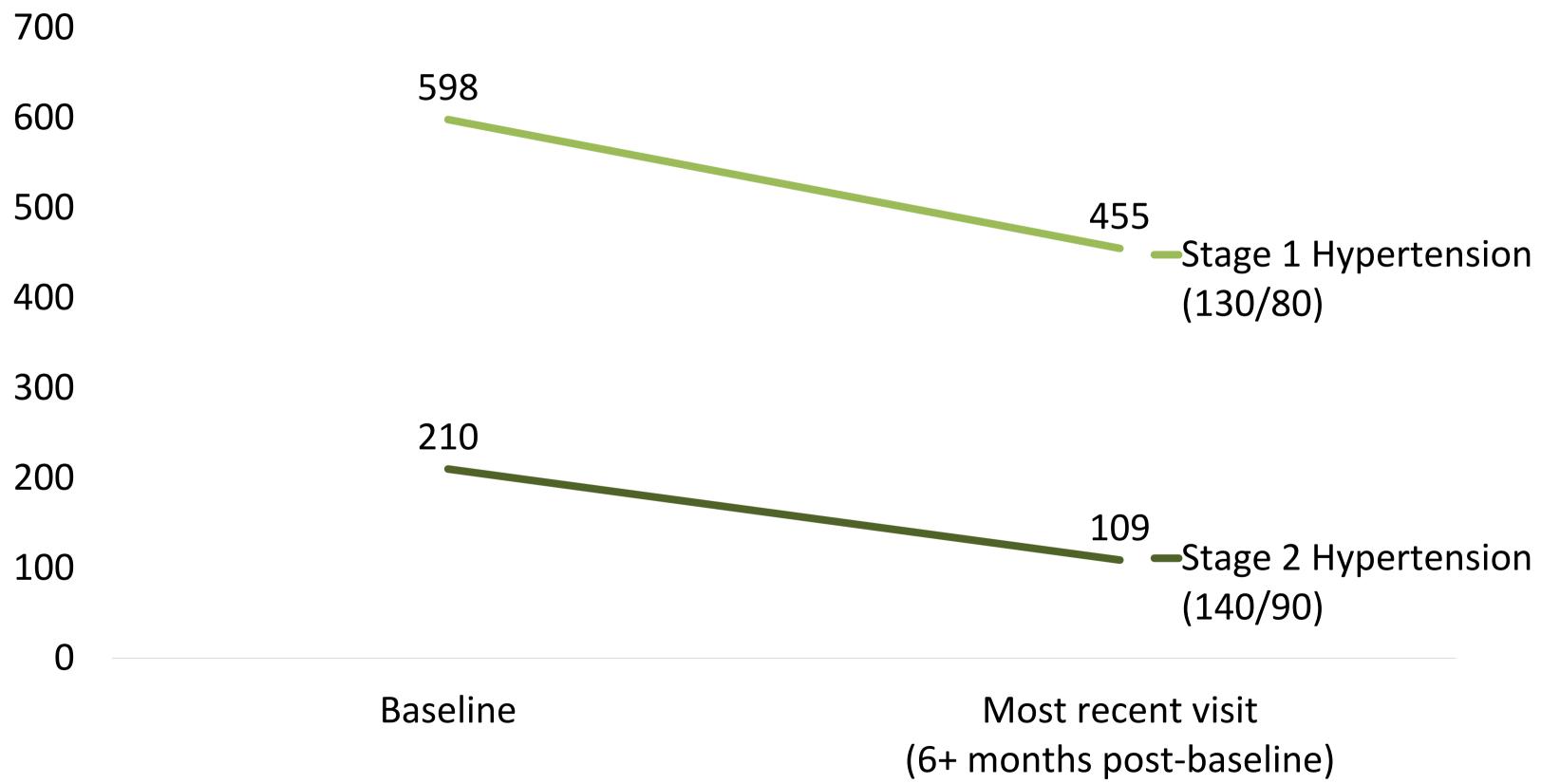
CCBHC clients with at least 6 months of services and completed a Patient Health Questionnaire (PHQ-9) at least 6 months apart, showed a growing pattern of improvement over time.

Each quarter, clients with 6 or more months of service, were on average, reporting *decreased* depression and anxiety.



Of the 598 clients with **Stage 1** hypertension (130/80) at baseline, almost one quarter no longer had hypertension after 6+ months of services.

Of the 210 clients with **Stage 2** hypertension (140/90) at baseline, only about half had hypertension at their last visit.



Reflect & Share:

Small breakout groups

When you reflect on the data from clients, what are possible implications for:

- You
- Your family, or
- Your work?

Planned CCF/PSU & DCHS analytics evaluation activities for the coming year

Summarize quarterly program data Summarize outcome surveys

Reports back to DCHS/CCBHC leadership and data analytics team on progress towards indicators

Additional qualitative data gathering with consumers, providers

Working with DCHS analytics team to report on progress made toward serving priority populations



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