



# HEALTH SERVICES

2577 NE Courtney Drive, Bend, Oregon 97701  
 Public Health (541) 322-7400, FAX (541) 322-7465  
 Behavioral Health (541) 322-7500, FAX (541) 322-7565  
[www.deschutes.org](http://www.deschutes.org)

## Behavioral Health Advisory Board

Date: Friday, July 15<sup>th</sup>, 2022

Time: 12:00pm – 1:15pm

Location:

Virtual – Zoom Meeting

<https://us06web.zoom.us/j/89661572865?pwd=SlN1WUFTYmNEeUxzZGJlWlFqMHRKUT09>

**Attendees:** Julie McFarlane, Roger Olsen, Lorelei Kryzanek, Jessica Vierra, Robert Cervelli, Stephanie Utzman, Christina Lee, Peter Boehm, Cameron Fischer, Patti Adair, Jill Adams

**Support:** Dana Murray

<u>Agenda Items</u>		
12:00PM - 12:10PM	<ul style="list-style-type: none"> <li>• Welcome and introductions</li> <li>• Approval of the June 17, 2022 BHAB Meeting Minutes               <ul style="list-style-type: none"> <li>○ Christina Lee motioned to approve meeting minutes as written; Stephanie second this motion.</li> </ul> </li> </ul>	Roger Olson
12:10PM – 12:20PM	<ul style="list-style-type: none"> <li>• Updates and Announcements</li> <li>• Agenda Building               <ul style="list-style-type: none"> <li>○ Moving back to in-person/hybrid meetings</li> <li>○ What other boards or committees are members on?</li> <li>○ 2 additional members for OHA CCBHC site visit.</li> </ul> </li> </ul>	All
12:20PM- 12:55PM	<ul style="list-style-type: none"> <li>• Brainstorm: Community engagement in Board and other community input opportunities. E.g. Underserved Populations, Youth, Intellectual Developmental Disabilities (IDD).               <ul style="list-style-type: none"> <li>○ Health Services in Redmond is expanding and Roger was curious as to why we didn't hear it from them directly.</li> </ul> </li> </ul>	All



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	<ul style="list-style-type: none"><li>▪ Patti Adair responded that they are still under construction from purchase last year.</li><li>▪ She also shared New Priority Family Services group will be up to 21 employees. They do Mental Health and SUD work.</li><li>▪ She also spoke about the unfortunate jumps off the Crooked River Bridge and stated that she has asked someone in the parks department to get some signage that is kind and warm with the number to call if they are there at the bridge experiencing a mental health crises and need help.</li><li>○ Christina Lee discussed that many clinicians have been leaving the public sector for private practice in recent years and through the pandemic. There used to only be 100 private clinicians and now there are over 400.<ul style="list-style-type: none"><li>▪ Suggested inviting some of the larger private practice agencies: New Priorities, Brightways, Thrive Mental, Juniper Mountain, Rimrock Trails, all of which provide telehealth.</li><li>▪ Pattie Adair shared the message she has been hearing which is that going back to in person services is more valuable and better for clients.</li></ul></li><li>○ There has been question from OHA around the board's role and engagement or lack of engagement with the board from community members and/or those currently utilizing our services. We brainstormed ways to engage the community members:</li></ul>	
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	<ul style="list-style-type: none"><li>▪ Public meetings (perhaps at the library) to gather public input.</li><li>▪ Get some publicity/visibility out about what the board does- radio, public meeting, subcommittee, etc.</li><li>▪ Volunteering a BHAB member at a booth at a local area such as grocery store, schools, parks, community center.<ul style="list-style-type: none"><li>• Ask members of the community if they're satisfied, ask for suggestions, ask if they're aware of resources and what they board does. If we did booths, it would be best to have a mental health professional and a board member.</li><li>• Roger mentioned the OSU Cascades Mental Health Fair as a possibility to have a booth.</li></ul></li><li>▪ Peter discussed how the old model of 'waiting until someone is sick before getting help' approach doesn't work anymore and that we're now taking a more proactive approach to identify people who need help in advance. So asking for community input supports this proactive approach.</li><li>○ Christina wanted to be sure that we aren't duplicating what the Health Council is doing and suggested that we connect with them to identify any gaps and combine forces.</li><li>○ Robbie suggested trying to create more of a social media presence.</li></ul>	
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	<ul style="list-style-type: none"> <li>▪ We could reach providers, create polls of what is of interest.</li> <li>▪ The youth that we are trying to reach are more active on Instagram, TikTok. There is a lot of positive mental health info on these platforms so we wouldn't need to reinvent the wheel.</li> <li>▪ We would need someone who is able to navigate these platforms.</li> <li>▪ Robbie has also offered to get something in the bulletin or The Source for older generations/the parents of youth.</li> <li>▪ Subcommittee may be a good idea for this.             <ul style="list-style-type: none"> <li>○ Meet with Public Health Advisory Board to see how they're handling media/publicity about the board.</li> </ul> </li> <li>• Discussion around our mission statement and definition of what we do and who we are before we reach out for engagement and input. What is the clear and specific goal?             <ul style="list-style-type: none"> <li>○ Dana will send the bylaws to everyone for reference.</li> </ul> </li> </ul>	
12:55 PM-1:05PM	<ul style="list-style-type: none"> <li>• Brainstorm Recap</li> </ul>	Jessica and Dana
1:05PM – 1:15PM	<ul style="list-style-type: none"> <li>• Topics Requested in Agenda Building:</li> <li>• In-Person/Hybrid Meeting             <ul style="list-style-type: none"> <li>○ Jessica asked for count of who would like to move back to in-person meetings.                 <ul style="list-style-type: none"> <li>▪ Reasonable accommodations were asked such as social distancing, a large room and masking.</li> </ul> </li> </ul> </li> </ul>	Roger



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	<ul style="list-style-type: none"><li>▪ Hybrid was proposed as an option for every meeting, with in person occurring every other month, which most people agreed to.<ul style="list-style-type: none"><li>• Jessica Vierra made a motion to begin in person every other month with hybrid as an option each month, with first in-person meeting occurring in September.</li></ul></li><li>• Committees/Boards that members are affiliated with<ul style="list-style-type: none"><li>○ Please send Dana a list of boards and committees that you're members of</li></ul></li><li>• OHA CCBHC Volunteers<ul style="list-style-type: none"><li>○ OHA will visit Deschutes County August 22<sup>nd</sup> - 24<sup>th</sup> and will want to speak with members of the board. We will have a more defined schedule once we're closer to those dates.</li><li>○ Roger, Jessica, and Lorelei have volunteered to be available to speak with OHA during site visit on August 23<sup>rd</sup> and 24<sup>th</sup>- we need two additional people<ul style="list-style-type: none"><li>▪ Julie McFarland and Peter Boehm have volunteered to be available, but would like more specified times when made available.</li></ul></li></ul></li><li>• <b>Future Agenda Topics:</b><ul style="list-style-type: none"><li>○ Health Council Meeting</li><li>○ Housing/Homeless</li><li>○ What other board members are on other boards and committees.</li><li>○ Create a script that outlines what we would like guests to speak about.</li></ul></li></ul>	
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**Parking Lot:**