

2577 NE Courtney Drive, Bend, Oregon 97701 Public Health (541) 322-7400, FAX (541) 322-7465 Behavioral Health (541) 322-7500, FAX (541) 322-7565 www.deschutes.org

#### **Behavioral Health Advisory Board**

Date: Friday, January 17th, 2024

Time: 12:00pm – 1:30pm

Location: Stan Owen, 2577 NE Courtney Dr. Bend, OR 97701

**Attendees:** Paul Partridge, Michael Shults, Lee Butler, Amber Clegg, Julie McFarlane, Melinda Thomas, Jessica Woodmansee, Dana Murray, Linda Nolte, Shannon Brister, Stephanie Utzman,

Kristin Mozzochi, Peter Boehm, Callie Rumley, Lorelei,

Agenda Items				
12:00 PM – 12:10 PM	Welcome and introductions Approval of November Meeting Minutes	Melinda Thomas		
12:10PM – 12:20PM	<ul> <li>▶ IDD Foster Home</li> <li>○ Paul will be going to BOCC next week.         Commissioner Adair is aware.</li> <li>○ IDD in collaboration with MH- using HB5202 funding Holly was able to obtain.</li> <li>○ Strategies- County would purchase and remodel a home in Redmond. House would hold 3-5 individuals, which is only about 10 percent of what the county needs.</li> <li>○ Will be an RFP with residential providers in Oregon to respond to operate the home.</li> <li>○ This would be long term housing.</li> <li>○ Paul applauded Holly's commitment to this work.</li> <li>○ The alternative to this work is that these clients go to OSH. Shults stated that when people can get into OSH, there is a positive change, but it can be difficult to get in and it's very expensive.</li> <li>○ Paul also stated it hasn't been an option for the people his program serves.</li> <li>○ There would be 24/7 staffing model with shift staffing.</li> <li>○ No timelines at this time- will be dependent on contractors and construction.</li> </ul>	Paul Partridge		



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12:20PM- 12:40PM	<ul> <li>Appointment of Officers</li> <li>Chair Position and Co-Chair Position         <ul> <li>Michael made a motion to appoint Melinda to Chair; Stephanie second.</li> <li>Motion passed</li> <li>Julie made a motion to appoint Lee Butler as Co-Chair, and Michael second</li> <li>Motion passed</li> </ul> </li> </ul>	Melinda Thomas
12:40PM- 1:00PM	Board Priorities, Strategies, Intentions  Linda has experience working with corporations on creating a mission statements and identifying priorities and has offered to help BHAB with this.  Cameron expressed concerned about the role of the advisory board. Wants to be sure BHAB doesn't step on the toes of county employees doing this work (helping clients find services). Paul suggested that it should be in lockstep with county staff.  DCBH is working on a lot of systemic/process changes at the moment. What staff would like see from the board is the advisory part- what do we see as community members. A lot of what DCBH does is law and rule lead, but the board has room for creativity. The board's perspective could shed light on some blind spots that maybe we're not aware of.  Advising and Identity  To bridge the communication from the community to the board of county commissioners.  What is our role? We have Patti and that is great, but we don't' get to get to hear from the other commissioners.  Perhaps BHAB can talk to Patti about best time to communicate with the other commissioners.  Lee and Danielle mentioned that both having presentations and going out to the community would be beneficial.  Deschutes County is well represented on the board, but would love to see Summit and other health services.  Christina was on from St. Charles, and now Molly from St. Charles is interested.	Melinda Thomas



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- Shannon suggested that we elaborate on CCBHC and that we're required to have a board.
- Perhaps we could meet with other boards to see how they function. Lee looked up Multnomah County which looked similar to us.

Here is another BH advisory board example: <a href="https://www.co.lincoln.or.us/573/Behavioral-Health-Advisory-Committee">https://www.co.lincoln.or.us/573/Behavioral-Health-Advisory-Committee</a>

- Paul shared that this is the third community mental health organization he's worked under. All of them had an advisory board which operated similarly, and that this is the most robust at least in terms of membership. They've all had similar questions and conversations around identity.
- Linda asked for a definition of Behavioral Health;
   Shannon provided the following:

"Behavioral Health means the spectrum of behaviors and conditions comprising mental health, substance use disorders, and problem gambling.

Community behavioral health in Oregon is a system of services that help people with mental health and addiction issues, as well as developmental disabilities. The goal is to help people achieve physical, mental, and social well-being"

- Melinda asked the group if they would be interested in a longer meeting for a retreat to have a bigger discussion around purpose and goals.
  - Could be challenging as many people work and may not be able to accommodate a longer meeting over the lunch hour.
- o How does the board know what Behavioral Health need?
  - Letters?
  - Go go salem?
- Do we have a list of bills and who is sponsoring them?
   Holly would likely have the list.
- Next steps: Melinda, Lee, Holly and Dana to meet



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	Committee Membership		
	Membership and Onboarding Committee		
	Cameron Fischer (Lead)		
	o Peter Boehm		
	<ul> <li>Stephanie Utzman</li> </ul>		
	<ul> <li>Will create Application and onboarding</li> </ul>		
	materials		
	<ul> <li>Should onboarding information have short</li> </ul>		
	bios about membership. There was		
	concern for confidentiality, however, this		
	would all be self-disclosure so members		
	would only include the information they		
	wanted to.		
	<ul><li>Putting a hold on transitional age member</li></ul>		
	<ul> <li>Community Outreach</li> </ul>		
	<ul> <li>Julie McFarlane</li> </ul>		
	<ul> <li>Mike Shults</li> </ul>		
1:00PM-	<ul> <li>Jill Adams</li> </ul>	Melinda	
1:20PM	<ul><li>Julie will be setting up a tour with</li></ul>	Thomas	
	Shepherd's House for late March.		
	Members encouraged to join, but she will		
	also report back to the board.		
	<ul> <li>Community flow chart of resources would</li> </ul>		
	be nice.		
	<ul> <li>A NAMI guest speaker to share their story</li> </ul>		
	was suggested, but only if they were		
	connected to Oregon resources so that it's		
	relevant.		
	What was the best and worst part		
	of navigating services		
	<ul> <li>Mike Shults suggested a tour of the jail.</li> </ul>		
	Julie will reach out to Mike directly to		
	organize.		
	<ul> <li>Letters of support subcommittee renames to Advocacy Committee</li> </ul>		
	Removed calendar committee		
	Agenda Building		
1:20 PM-	If any committee member has something they'd like to	Melinda and	
1:30 PM	add to the agenda, please send an email to Melinda and	Dana	
1.55 1 141	CC Dana.	20110	
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Subcommittee	Members
Membership and	Cameron Fischer
Onboarding Committee	Peter Boehm
	Stephanie Utzman
<b>Community Outreach</b>	Julie McFarlane
	Michael Shults
Advocacy Committee	Danielle McBain
	Lee Butler