

2577 NE Courtney Drive, Bend, Oregon 97701 Public Health (541) 322-7400, FAX (541) 322-7465 Behavioral Health (541) 322-7500, FAX (541) 322-7565 www.deschutes.org

### **Behavioral Health Advisory Board**

Date: Friday, November 16th, 2023

Time: 12:00pm - 1:15pm

Location: Stan Owen, 2577 NE Courtney Dr. Bend, OR 97701

Agenda Items			
12:00PM - 12:30PM	Foreshadowing Internal and Regional Next Steps for Fentanyl Overdose Response  Launched by problematic prescribing and pharmaceutical practices. (about 70% report their first use being a prescription)  Katie Plumb crook received a grant to create dashboard of get real time information on overdoses such as where and on what. Currently under construction.  We are distributing Naloxone out into the community.  Emergency Prep- COOPR and surveillance to develop health alerts.  Deschutes County Harm Reduction Program (HRP) has added Hep. C outreach and testing and doubled the distribution of Naloxone. An enormous amount of people reporting they recovered from OD due to Naloxone.  Postvention, which is how to reach out to the community around the person who has died. Often times more suicides and OD's will occur following a death.  Tracking system DOMS- Struggling to get EMS to put information in the system. Starting with Medical Examiner for fatalities, then will work with EMS.  Opiod Settlement Dollars- submitted application in partnership with probation and parole for funds.  Anne Linton- Psychiatry, MD, SUD certificate.  Psychiatry team exploring providing MAT for those who won't go to primary care, but may be interested in services. The percent of clientele that report opioids as their first substance of choice is very low, its meth and alcohol that were they're first choice.	Janice Garceau	



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#### Q&A:

**Q:** Are we making progress on getting more robust testing in post mortal Toxicity testing?

**A:** There are so many more emerging drugs. Want to make this a requirement on suspected ODs. This will need to be Tri-County. It's important to know what substances are causing OD in the community.

Q: Is there anecdotal data that will be reflected in statewide statistics? The information that HRP is getting from clients, is it recorded?

A: Historically Public Health has been hesitant to record anecdotal data, so they don't anticipate that this data will show up in an OHA report, however part of the work they've done is create tri-country coordinators and a lot of this information is shared between them, which helps them to get ahead of trends and respond appropriately.

- The HRP was asked by the BOCC to provide a report of information they collect such as OD, self-reported OD rates, naloxone and fentanyl test strip distribution.
- Ana Woodburn is working on completing a template for this, and it will be available quarterly.

Q: When is the settlement funding coming?

**A:** Unsure at this time. However, Captain Shultz commented that there is more money coming into the system now and spoke about how law enforcement used to focus a lot on mentally ill individuals and divert them from incarceration, but now what is mostly talked about is drug addiction.

Janice commented that one of the most unfortunate things to happen in treatment is separation of Mental Illness and Addiction. No therapists thinks these are separate, yet it's been treated separately, which is a disservice. Law enforcement agreed that these are not separate issues. Shame response for addiction vs help and recovery for mental health. Help and recovery should be the response for addiction as well.

70% - 90% of our clients that we treat for behavioral health are struggling with substance use either in their own life or someone in their life.

HRP and Homeless Outreach Team connect with about 30 people a day in their work.



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	<ul> <li>Q: Are we moving towards a regional response or is it still county by county?</li> <li>A: Currently in the process of hiring a county OD coordinator to get all of systems up and running. To do the legwork of reaching out to EMS to be sure we can track their data. The goal is to expand services and naloxone beyond the houselessness community and to other people who use substances and aren't being helped. They will also work on communication such as social media campaigns. They will be working on DC coordination and be our point person for the tri-county area.</li> <li>We have a lot of resources but we also have a larger population. There are pros and cons, a pro is that we have the ability to create an infrastructure and make things happen quickly and share with our tri county partners.</li> <li>Q: How receptive have schools been to having Narcan?</li> <li>A: It's a requirement for schools to have Narcan in the nurse's office. It has been a mixed reaction, depending on the school. Haven't received much pushback. We have a great relationship with our schools already</li> </ul>	
	due to the Healthy Schools program so this was helpful. Unaware of other places than RN office and School health centers where Narcan is stored. It is required in all high schools, but unsure of middle schools.	
12:30PM - 12:55PM	<ul> <li>Welcome and introductions         <ul> <li>Approval of October 20<sup>th</sup> Meeting Minutes</li> <li>Stephanie moved to approve and Michael Shults second.</li> </ul> </li> <li>Announcements         <ul> <li>Cancelling December – Will go over the year in review in January</li> </ul> </li> <li>Shannon received the keys this week to NOCO Drop-in Center. Redmond campus is almost completely done. Kristen and Shannon will plan something for everyone to come and see it in January.</li> </ul>	Roger Olson



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### Any updates on youth campus residential?

- There is a new contractor that they are looking at, but nothing to report on. St. Charles. PacificSource, Dr. Haffner all in involved so there is some momentum.
- Sent proposal to governor's office, but they felt we weren't far enough along to receive funds at this time.

#### Holding Hope monthly newsletter from OHA

- It has a lot of information for youth and families.
- Click on the link below to subscribe: https://public.govdelivery.com/accounts/ORHA/signup/37675