



**CHILDREN'S TRUST**  
OF ALACHUA COUNTY

## **CHILDREN'S TRUST REGULAR BOARD MEETING AGENDA**

September 25, 2023 at 4:30 PM

CTAC, 802 NW 5th Ave, Gainesville, FL 32601

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### **Call to Order**

### **Roll Call**

### **Agenda Review, Revision, and Approval**

Approval of the agenda also approves all of the items on the consent agenda.

### **Consent Agenda**

1. [Board Attendance YTD](#)
2. [9.13.23 First TRIM Hearing - Minutes](#)
3. [8.14.23 Board Meeting Evaluation - Survey Results](#)

### **General Public Comments**

### **Chair's Report**

### **Executive Director's Report**

### **Committee Updates**

### **Presentations**

4. [Healthy Start of North Central Florida, Inc. Data Review and Update on NewboRN Home Visiting Program \(NHVP\) and Maternal Family Partner \(Mia Jones\)](#)

### **Old Business**

### **New Business**

### **Board Member Comments**

### **For Your Information**

### **Next Meeting Date**

Regular Board Meeting - Monday, October 9th, 2023 @ 4:00 PM

Children's Trust of Alachua County, 802 NW 5th Ave, Gainesville, FL 32601

### **Adjournment**

## **Virtual Meeting Information**

View or listen to the meeting: [https://www.youtube.com/channel/UCpYNq\\_GkjCo9FQo3qR5-SOw](https://www.youtube.com/channel/UCpYNq_GkjCo9FQo3qR5-SOw)  
Public Comments: Submit online at <http://www.childrenstrustofalachuacounty.us/commentcard>.

## **Guidelines for Public Comments**

Public comments can be made in person at Children’s Trust Board Meetings. We will no longer take comments by Zoom or by phone. If you would like to submit a written comment or a written transcript of your public comment before or after the meeting, these will be provided to Board Members prior to the next Board Meeting.

Any member of the public wishing to be heard either under the agenda section “General Public Comments” or on a specific agenda item shall approach the podium at the appropriate time.

Members of the public recognized by the Chair will have three (3) minutes to speak on a single subject matter. If an individual seeks to be heard on more than one agenda item, the Chair shall determine the amount of time allotted to the speaker. However, such time shall not exceed ten (10) minutes without the approval of the Board or Committee. The Clerk of the Trust is the official timekeeper.

Public members may not share or transfer all or part of their allotted time to any other person or agenda item, except as permitted by this Policy. To the extent a speaker has previously addressed a Board or Committee on the same subject, the Board Chair may limit repeat comments at the Board meeting by the same speaker.

**File Attachments for Item:**

1. Board Attendance YTD

2023 Board Member Attendance

Item 1.

Regular Meetings	1/9/2023	2/13/2023	3/20/2023	4/3/2023	5/8/2023	6/12/2023	7/10/2023	8/14/2023	9/13/2023	9/25/2023	10/9/2023	11/13/2023	12/11/2023
Labarta	P	P	P	P	absent	P	P	absent	P				
Certain	P	P	P	P	P	P	P	P	P				
Pinkoson	P	P	P	P	P	P	P	P	P				
Andrew	P	P	P	P	P	P	P	P	V				
Chance	N/A	N/A	N/A	N/A	N/A	N/A	P	P	P				
Cole-Smith	P	N/A	N/A	N/A	N/A	N/A	N/A	N/A	N/A				
Cornell	P	P	P	P	P	P	P	P	P				
Ferrero	P	P	P	P	P	P	P	P	P				
Hardt	P	P	P	P	P	V	V	V	V				
Snyder	P	P	P	P	absent	P	N/A	N/A	N/A				
Twombly	P	P	P	P	V	P	P	P	V				

Special Meetings	Workshop Listening Project 4/3/2023	Joint with Board of County Commissioners 4/24/2023	Workshop Strategic Plan 6/12/2023	Workshop Fund Balance 8/14/2023	First TRIM FY2024 9/13/2023	Final TRIM FY2024 9/25/2023	Joint with City of Gainesville 11/6/2023
Labarta	P	P	P	absent	P		
Certain	P	P	P	P	P		
Pinkoson	P	P	P	P	P		
Andrew	P	P	P	absent	V		
Chance	N/A	N/A	N/A	P	P		
Cornell	P	P	P	P	P		
Ferrero	P	P	P	P	P		
Hardt	P	P	P	absent	V		
Snyder	P	P	P	N/A	N/A		
Twombly	P	P	P	P	V		

V = Virtual Attendance  
P = Physical Attendance

**File Attachments for Item:**

2. 9.13.23 First TRIM Hearing - Minutes



**CHILDREN'S TRUST**  
**OF ALACHUA COUNTY**

## **FIRST TRIM HEARING**

### **MINUTES**

September 13, 2023 at 5:01 PM

CTAC, 802 NW 5th Ave, Gainesville, FL 32601

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#### **Call to Order**

**Chair Tina Certain called the meeting to order at 5:01 PM.**

#### **Roll Call**

##### **PRESENT**

Chair Tina Certain

Vice Chair Lee Pinkoson

Treasurer Ken Cornell

Member Shane Andrew – attended virtually (Non-Voting)

Member Mary Chance

Member Judge Denise R. Ferrero

Member Nancy Hardt – attended virtually (Non-Voting)

Member Maggie Labarta

Member Cheryl Twombly – attended virtually (Voting)

**Motion made by Vice Chair Pinkoson, Seconded by Member Chance to allow Member Twombly the right to vote due to an extraordinary circumstance.  
A physical quorum of five members voted on this motion.**

Motion was unanimously approved by voice vote.

#### **Agenda Review, Revision and Approval**

**Motion to approve the agenda made by Vice Chair Pinkoson, Seconded by Member Labarta.**

Motion was unanimously approved by voice vote.

**Discussion**

1. FY24 Tentative Budget

**Motion made by Member Cornell, Seconded by Vice Chair Pinkoson to approve Resolution 2023-15 Tentative Millage.**

Voting Yea: Chair Certain, Vice Chair Pinkoson, Member Cornell, Member Chance, Member Labarta, Member Twombly

Not Voting: Member Judge Denise R. Ferrero

**Motion made by Member Cornell, Seconded by Vice Chair Pinkoson to approve Resolution 2023-16 Tentative Budget.**

Voting Yea: Chair Certain, Vice Chair Pinkoson, Member Cornell, Member Chance, Member Labarta, Member Twombly

**Board Member Comments**

**General Public Comments**

**Next Meeting Dates**

Regular Board Meeting - Monday, September 25th, 2023 @ 4:00 PM  
Children’s Trust of Alachua County, 802 NW 5th Ave, Gainesville, FL 32601

Final TRIM Hearing - Monday, September 25th, 2023 @ 5:01 PM  
Children’s Trust of Alachua County, 802 NW 5th Ave, Gainesville, FL 32601

**Adjournment**

**Chair Certain adjourned the meeting at 5:12 PM.**

**File Attachments for Item:**

3. 8.14.23 Board Meeting Evaluation - Survey Results





**Summary of Board Meeting Evaluation Surveys**

Per Board Policy 1.15, each meeting Board members will have the opportunity to evaluate the effectiveness and efficiency of meetings and provide suggestions on how to improve and best use time during Board meetings. The following is a summary of the input Board members provided for review by the Board, CTAC staff, and members of the public regarding the most recent Board meeting.

<b><u>Date of Meeting:</u></b>	<b>September 13, 2023</b>
<b><u>Completion Rate:</u></b>	<b>56% of Board members completed (5 of 9)<sup>1</sup></b>

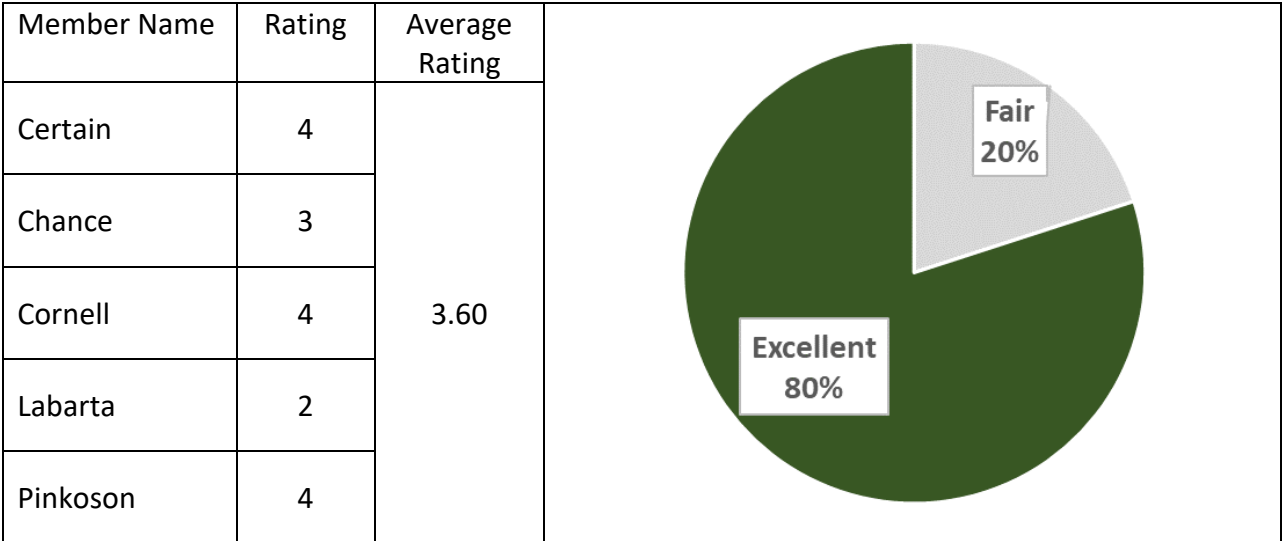
**Evaluation of Meeting Components:**

Board members rate the effectiveness and efficiency of four meeting components from 1 to 4. A rating of 1 = “poor”, 2 = “fair”, 3 = “good”, and 4 = “excellent”. Almost all meeting components received favorable ratings of either “good” or “excellent”. The meeting components - “Meeting Facilitation”, “CTAC Staff” and “Presentations” each received higher-than-average ratings. “Materials Provided” had a lower-than-average rating. Board member feedback was received regarding the length of the board packet due to the inclusion of the RFP applications in full and instead would prefer summarized results.

Date of Meeting	Meeting Component			
	Materials Provided	Meeting Facilitation	CTAC Staff	Presentations
September 13, 2023	3.60 ↓	4.00 ↑	4.00 ↑	4.00 ↑
<b>Average Rating (Cumulative to Date)</b>	<b>3.69</b>	<b>3.80</b>	<b>3.81</b>	<b>3.76</b>

<sup>1</sup> Nine Board members attended in-person or virtually on 9/13/2023, five (5) of which completed a survey.

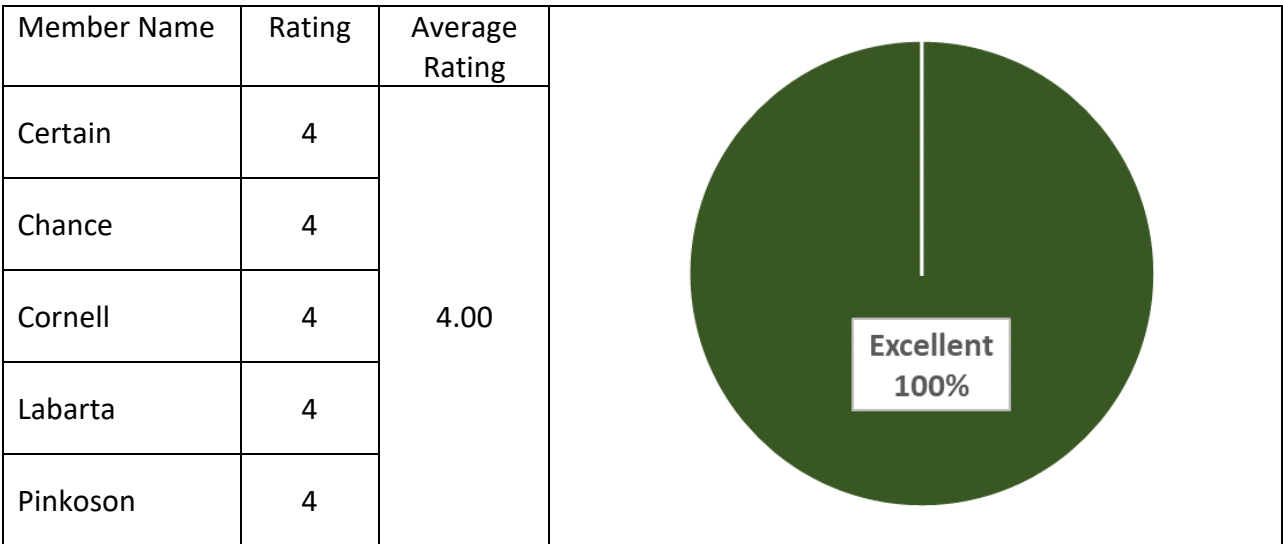
**Materials Provided** (The Board packet was received in a timely fashion and provided the information needed to prepare for the meeting)



**Comments:**

- Too much!!! I'd like RFP scores - total & subscales for each section - along with a brief narrative of strengths & weakness, but NOT the whole application. (Labarta).


**Meeting Facilitation** (The Chair ensured Board members and members of the public who wanted to speak had the opportunity to be heard)



**Comments:** None Received.

**CTAC Staff** (CTAC staff were knowledgeable on their agenda items and prepared to address questions, or provide a plan for follow-up)


Member Name	Rating	Average Rating
Certain	4	4.00
Chance	4	
Cornell	4	
Labarta	4	
Pinkoson	4	



**Comments:** None Received.

**Presentations** (Presentations were helpful in providing information on programs and policies to guide decision-making and allow for input and transparency)

Member Name	Rating	Average Rating
Certain	4	4.00
Chance	4	
Cornell	4	
Labarta	4	
Pinkoson	4	



**Comments:** None Received.

Finally, Board members can provide general comments on the meeting overall as well as topics they'd like to see addressed on future agendas. These comments are listed below.

**General Comments:**

- None Received.

**Items, Presentations, or other Information for future Board agendas:**

- None Received.

**File Attachments for Item:**

4. Healthy Start of North Central Florida, Inc. Data Review and Update on NewboRN Home Visiting Program (NHVP) and Maternal Family Partner (Mia Jones)



**CHILDREN'S TRUST**  
OF ALACHUA COUNTY

**Item:**

Healthy Start of North Central Florida, Inc. Data Review and Update on NewboRN Home Visiting Program (NHVP) and Maternal Family Partner (Mia Jones)

**Requested Action:**

The Board is asked to fund NewboRN Home Visiting Program (NHVP) and Maternal Family Partner for a year starting October 1, 2023 to September 30, 2024.

**Background:**

The purpose of the Healthy Start program is to improve health outcomes before, during, and after pregnancy, and reduce racial/ethnic differences in rates of infant death and adverse perinatal outcomes. Supported by Federal and a State office, there is a Healthy Start for every county in the state of Florida. With their array of services for birth and postpartum families it is an essential part of our community. Through a Community Consortium Healthy Start fosters community, state, and federal partnerships to improve health care quality and access. This includes:

- Addressing gaps in service
- Co-creating services that consider different cultures and languages.
- Increasing awareness of maternal and infant health issues
- Focusing on factors that affect health with Community Partners
- Community education
- Collecting community data
- Building community collaborations

In partnership with community partners like Healthy Start of North Central Florida Inc., the Children's Trust of Alachua County is working to transform early childhood care and education in Alachua County.

The Children's Trust of Alachua County fully funds two programs with Healthy Start of North Central Florida Inc., NewboRN Home Visiting Program (NHVP) and the Maternal Family Partner.

- Alachua County's NHVP was created in 2018 to offer every Alachua County family giving birth the opportunity to have a nurse home visit within 7 days following delivery. Partnering with both hospitals, a local birthing center, and the Florida School of Midwifery, the NHVP engages with new families to obtain consent for a home visit.

- In fiscal year 2021-2022, a pilot program consisting of a Maternal Family Partner located at a local OB/GYN Office, Comprehensive Women’s Health, was created to work in collaboration with the Connect program, home visiting programs, and the prenatal care provider to build a relationship with families earlier in the prenatal period. Newly pregnant women are assessed for strengths and needs and connected to services in Alachua County that will help support healthy pregnancy and birth outcomes.

This report will provide a data review and update on NewboRN Home Visiting Program and the Maternal Family Partner administered by Healthy Start.

The Trust staff is requesting both programs be funded for 1 year versus 6 months. Continued partnership will help the Trust staff to co-design maternal and child health funding opportunities for FY 2025 alongside Healthy Start and other maternal and child health community partners. To get there we have asked the following of NewboRN Home Visiting Program and Maternal Family Partner position:

- To reestablish old and create new collaborations with community partners. This means they will be identifying and convening grassroot local leaders and champions; seeking partnership with community health worker programs and resource centers; and building a stronger re-collaboration with UF Health and HCA North Florida Hospitals and clinics who specifically focus on maternal child and community health.
- To float and integrate the Maternal Family Partner position between two to three offices to address gaps, reach more high-risk clients, and target more Alachua County families. The Maternal Family Partner has been piloted in 2 different clinics since 2021. It was originally approved with the hope of expansion.

**Programmatic Impact:**

Goal 1- Children and youth are healthy and have nurturing caregivers and relationships.

**Fiscal Impact:**

\$442,624 (NHVP) and \$82,992 (Maternal Family Partner) for FY 2023-2024  
Account number 001.15.1500.569.82.00

**Recommendation:**

The Board is asked to fund NewboRN Home Visiting Program and Maternal Family Partner for a fiscal year.



# Family Partner

at Prenatal Care Practice







# Purpose of the Program

The family partner works in collaboration with the prenatal care providers, Connect and home visiting programs to expand the integrated system already in place through the NewboRN Home Visiting program into the prenatal period.

Newly pregnant women are assessed for strengths and needs and connected to services in Alachua County that will help support healthy pregnancy and birth outcomes.



# Purpose of the Program

## **Connect Initial Intake**

Initial Intake is conducted on the pregnant woman to identify risks and strengths. The family partner discusses these with the patient and evaluates the patient's service needs by determining their assets, strengths, and resources.

## **Referral to Home Visiting Program and Community Resources**

Information about how the risk factors can be addressed, and what types of services are available in the community to improve the chances of a healthy outcome, are discussed with the patient. The patient is connected to the home visiting program that best meets her needs.

## **Education and Information**

The family partner will provide education on WIC benefits, Medicaid insurance benefits, family planning, safe sleep, infant safety, benefits of breastfeeding, and community resources. New OB patients will also receive educational information that the family partner reviews with them.



# Program Data

Alachua County Residents	FY 2022 (CWH)	FY 2023* (WG)
Pregnant women who met with the Family Partner	400	329
Pregnant women who completed the coordinated intake for home visiting	395 (98.7%)	328 (99.7%)
Pregnant women seen by the Family Partner who registered for the NHVP	157 (39.3%)	286 (87.2%)
Pregnant women who were connected to a home visiting program	80 (20.0%)	246 (75.1%)

\*October 2022 – September 8, 2023



# NewboRN Home Visiting



Collaborative Partners:



Supported by the Children's Trust of Alachua County.



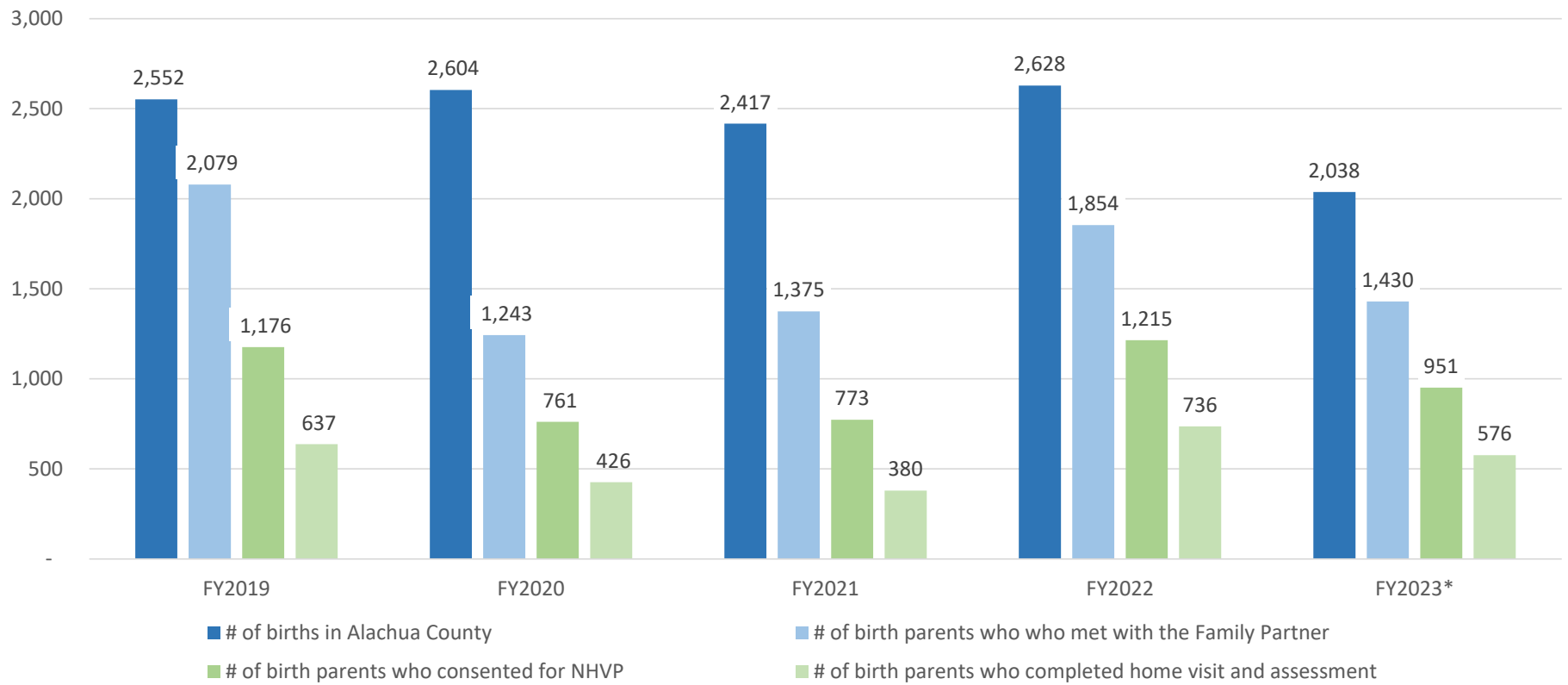
# Purpose of the Program

World Health Organization (WHO) promotes newborn home visitation as an effective strategy to deliver newborn care and improve newborn survival. A single in-home visit by a nurse offers parents useful information about existing community services and resources, provides parents with an opportunity to ask questions regarding their infant's health needs, and identifies families or infants in need of greater assistance. In addition, offering services in home has a number of advantages. It allows the nurse to assess the safety of the infant's living environment and to work with parents in an individualized way to improve parent-infant interactions. Furthermore, newborn home visiting can connect high-risk families to on-going home visitation programs, which have been found to produce significant and substantial impacts on parenting behavior and child health and well-being.

- NewboRN Home Visiting was developed following an evidence-based model:
  - ✓ Greater community connections
  - ✓ Better utilization of higher quality childcare
  - ✓ Higher-quality parenting behaviors
  - ✓ Enhanced home environments
  - ✓ Improved mother (and father) mental health
  - ✓ Reduced emergency medical care for infants
  - ✓ Return on Investment



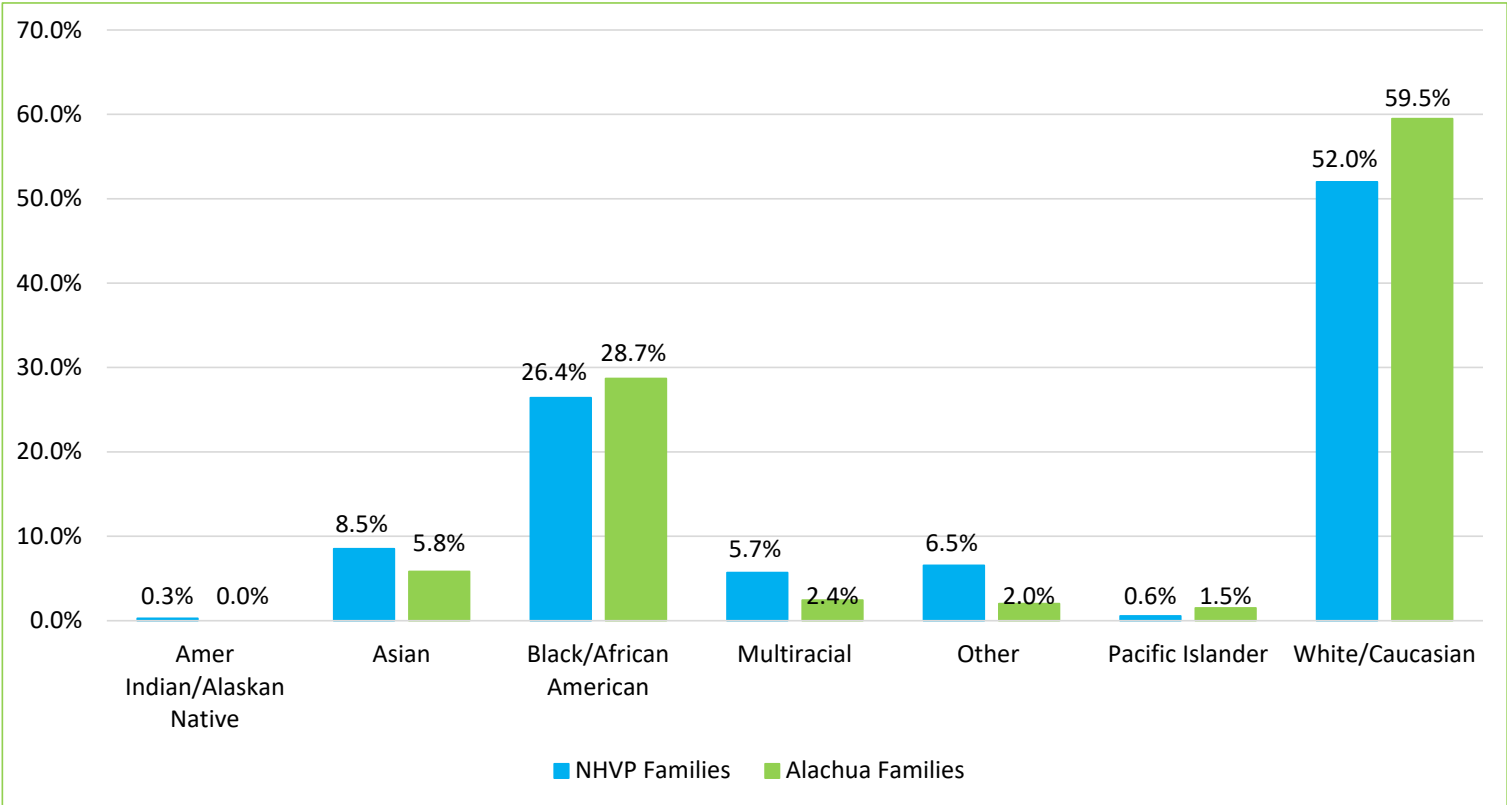
# Program Participation



\*October 2022 – August 2023 (partial, some data pending for August)



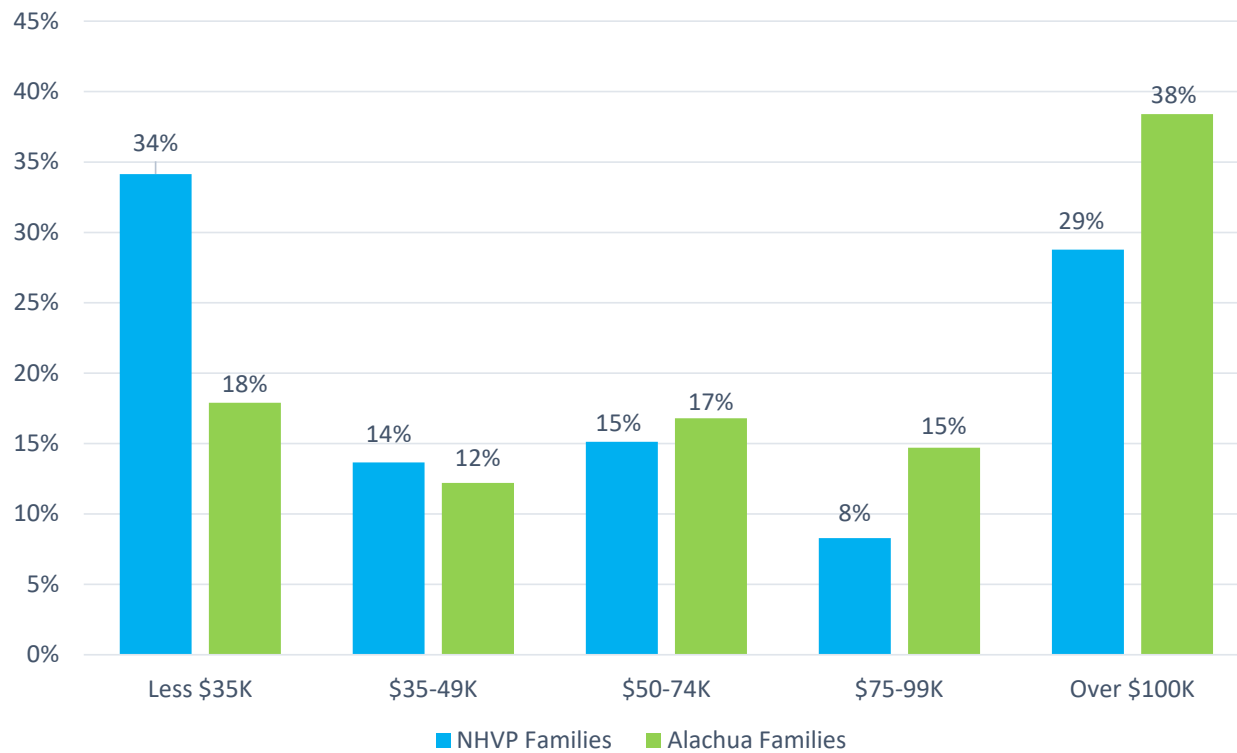
# Births Served by Race



Source: FL Charts – Births 2022



# Births Served by Household Income



Source: American Community Survey 5 Year, 2017-2021, US Census; Table B19101.





# Performance Measures

How Well?	FY23 Target	YTD (10/22–8/23)
Parents/caregivers who were offered the NHVP	70%	63.4%
Parents/caregivers who consented to participate in NHVP	65%	66.5%
Parents/caregivers who completed a home visit and assessment	65%	60.6%
Families identified as not being in a home visiting program who will be referred to home visiting coordinated intake and referral (i.e., Connect)	90%	95.4%
Parents/caregivers who received home visit that reported being satisfied with home visiting program as measured by satisfaction survey	85%	100%



# Performance Measures

Better Off?	FY23 Target	YTD (10/22–8/23)
Participants voice understanding of Maternal Health Needs as measured by nurse assessment	80%	100%
Participants voice understanding of Infant Health and Development as measured by nurse assessment	80%	100%
Participants voice understanding of Infant Safety as measured by nurse assessment	80%	100%
Participants voice understanding of Environmental Safety Education as measured by nurse assessment	80%	100%



# Education and Resources Provided

- **Safe Sleep**
  - 100% of families received safe sleep education
  - 40 families that did not have a safe place for their baby to sleep were provided a pack n play
  - 36 families were provided fitted sheets
  - 107 families provided sleep sacks
- **Car Seat Checks**
  - 100 car seat checks conducted
  - 18 car seats provided
- **Home Safety Check**
  - Home safety checklist completed with each of the 535 families
  - 30 First aid kits provided
  - 300 Safety outlet plugs provided
  - 30 Cabinet locks provided
- **Newborn care**
  - 181 thermometers provided to families that did not have a thermometer
  - 10 Bulb syringes provided
  - 200 Diaper rash ointment provided
- **Parent-Child Interaction and Brain Development**
  - Every family receives a book
  - 128 Developmental toys





# Education and Resources Provided

- **Identify Medical Concerns**
  - Checks mothers blood pressure
    - Identified cases of postpartum preeclampsia resulting in immediate hospitalization (one of the leading causes of maternal mortality)
  - Checks incision for infection and educates on proper care
  - Checks for pain and fever
- **Conduct Edinburgh Postpartum Depression Screening**
  - Identified severe cases of postpartum depression resulting in client receiving services through a perinatal partial hospitalization program and/or intensive outpatient program
- **Provide breastfeeding support to moms who are having challenges with baby latching and thriving**
  - 202 families were provided breastfeeding supplies
- **100% of participants interviewed completed their postpartum checkup;** according to ACOG, as many as 40% of women do not attend a postpartum visit
- **Educated on family planning and birth spacing to reduce preterm births** (Alachua County has a March of Dimes grade of an F on the 2022 Preterm Birth Report Card)



# Education and Resources Provided

- **Welcome Baby Bags (English and Spanish)**

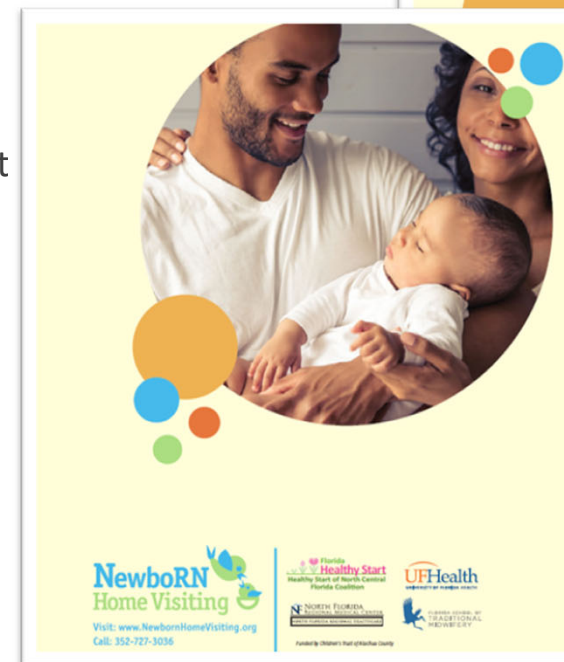
- Indestructible book
- NHVP onesie or burp cloth
- Parent magazine
- Poison Control Information
- Saving Smiles Dental Care flyer
- 2-1-1
- Peaceful Paths
- Family Planning Clinic
- Baby Shots
- WIC

- **NHVP folder**

- Developmental Milestones
- Urgent Maternal Warning Signs
- Healthy vs Unhealthy Foods
- Alachua County Perinatal Mental Health
- Postpartum Depression – Healthy Start Tip Sheet
- Home Safety Checklist – Healthy Start Tip Sheet
- Infant Safety – Healthy Start Tip Sheet
- Coping with Crying – Healthy Start Tip Sheet
- Help from Friends and Family
- How Long Should You Wait Before Getting Pregnant Again?
- Birth Control Guide
- What Does a Safe Sleep Environment Look Like?
- Better Sleep for You and Your Baby
- Breastfeeding Your Baby – Healthy Start Tip Sheet
- Bottle Feeding Like Breastfeeding
- Formula Feeding
- Feeding Your Baby in the First Year
- Tummy Time to Walking
- Creating a Loving Bond with Your Baby

# Education and Resources Provided

- **Father Involvement (English and Spanish)**
  - Depression Screening and referrals for mental health counseling
  - Father Folder – provided to 226 fathers (42% of families)
    - Bonding with Your Baby
    - Safe to Sleep Dad Infographic
    - Dad Tips
    - Adjusting to Being a New Dad
    - Be there... Be a Dad!
  - Referral to T.E.A.M. Dad for ongoing parenting support
- **Teen Focused Materials (English and Spanish)**
  - TAP Brochure
  - Teen Parents, You're Not Alone
  - Young Dads Tip Sheet
  - Young Adolescent Birth Control Guide
  - Am I In A Healthy Relationship (for Teens)
  - GED Alachua County Information





# Education and Resources Provided

Community Referrals	
Connect-Home Visiting	482
Mental Health	52
WIC/Food stamps/Asst.	51
Childcare	18
Lactation consult	61
Financial Assistance	28
Housing/Rent, Elec Asst.	6
Diapers	127
CPR	330
Transportation	6
ESOL	19
Medicaid	11

Medical Referrals	
Mother - High Blood Pressure	14
Mother - Rash	1
Mother - High Mental Health Risk	17
Mother - Incision Care	1
Mother - Blood Clot	1
Infant- Illness	1
Infant- Weight Concerns	6
Infant- Heart Murmur	1
Infant- Jaunice	1
Infant- No Stool	1
Infant- Umbilical Cord	2



# Satisfaction Surveys

- Satisfaction Survey response rate = 39% (187 responses)
  - **How Well #5: 100% of parents/caregivers who received home visit that reported being satisfied with home visiting program as measured by satisfaction survey (Goal = 85%).**
  - 96% of families stated that the NewboRN Home Visiting Program was helpful.
  - 100% of families stated that they would recommend the NewboRN Home Visiting Program to a friend.
  - 100% of families felt the information they received was helpful.





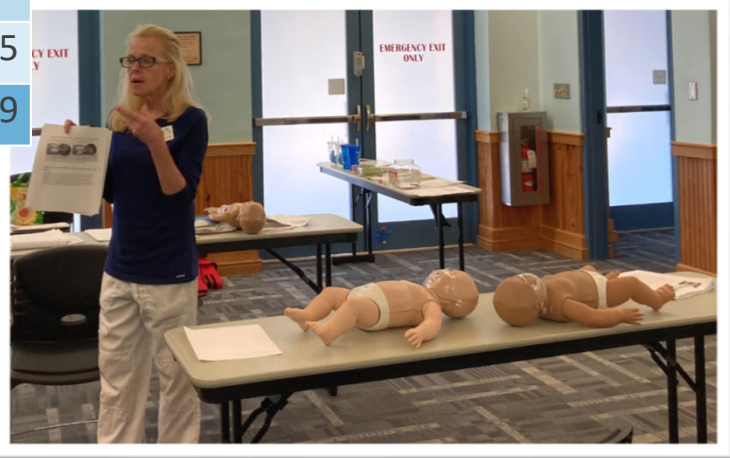
# Impact Interviews

- **Impact Interview responses (11 interviews completed)**
  - 100% of participants interviewed felt that participation in the NHVP has given them more confidence as a parent.
  - 100% of participants interviewed felt that participation in the NHVP has eased their stress about parenting a newborn.
  - 100% of participants interviewed felt that participation in the NHVP initiated breastfeeding.
  - At 3 months of age, 82% of participants infants are still eating breastmilk. 18% are formula only.
  - What did you learn from participating in the NHVP?
    - How to efficiently pump to increase my milk supply.
    - Caring for incision
    - Help with breastfeeding, tummy time and help finding a therapist.
    - How to take care of my baby and it eased my concerns about being a new parent
    - Which bottles are better for breastfed babies, how to burp, tummy time, etc. The nurse answered all of our questions and took her time with us. I wish everyone could experience this program.
    - I learned how to breastfeed by son and his dad learned how to bottle feed him. He was not latching or taking bottles and the nurse came and showed us how to help him eat safely and comfortably. The nurse taught my husband how to hold, feed, change, and swaddle baby so I could get some rest.
    - Car seats, Dolly Parton Imagination Library, breastfeeding
    - Car seat installation



# Community Outreach and Education

Infant CPR and Infant Safety Community Classes				
Date	Location	Moms	Dads	Total Attendees
10/14/2022	Millhopper Library	9	5	14
12/8/2022	Millhopper Library	9	5	14
2/10/2023	Millhopper Library	12	4	16
4/14/2023	Millhopper Library	7	5	12
6/16/2023	Library Partnership	5	3	8
7/27/2023	Millhopper Library	11	4	15
<b>Total Attendees</b>		<b>53</b>	<b>26</b>	<b>79</b>



9/15/2023 class had 21 registered

- Prenatal Care Providers
- Hospitals
- Pediatricians
- Community Agencies



# Home Visiting Participation

Home Visiting Program	FY 2021	FY 2022	FY 2023*
Healthy Start	565	546	481
Healthy Families	349	346	221
Nurse-Family Partnership	5	64	72
Parents as Teachers	98	99	83
T.E.A.M. Dad	0	0	9
NewboRN Home Visiting	380	736	524
<b>Total HV Participants</b>	<b>1397</b>	<b>1791</b>	<b>1390</b>

\*October 2022 – August 2023 (partial, some data pending for August)



# Community Support

Greater Good Video Link:

<https://www.youtube.com/watch?v=W41tdjQvmlI>

Letters of Support:

- UF Health Shands
- HCA Florida North Florida Hospital
- Women's Group of North Florida
- All About Women Obstetrics and Gynecology



# NewboRN Home Visiting



Thank you for your support!



**CHILDREN'S TRUST**  
OF ALACHUA COUNTY

