



Parks and Recreation Commission Meeting Agenda
Wednesday, July 23, 2025, 5:00 PM
Hybrid Meeting - Zoom & Council Chambers, 616 NE
4th AVE

NOTE: The City welcomes public meeting citizen participation. TTY Relay Service: 711. In compliance with the ADA, if you need special assistance to participate in a meeting, contact the City Clerk's office at (360) 834-6864, 72 hours prior to the meeting so reasonable accommodations can be made (28 CFR 35.102-35.104 ADA Title 1)

To Participate Remotely:

OPTION 1 -

1. Go to www.zoom.us and download the app or click "Join A Meeting" and use Meeting ID – 837 8418 6531
2. Or, from any device click <https://zoom.us/j/83784186531>

OPTION 2 - Join by phone (audio only):

Dial 877-853-5257 and enter meeting ID# 837 8418 6531

For Public Comment:

Click the raise hand icon in the app or by phone, hit *9 to "raise your hand" (or email to parks@cityofcamas.us)

CALL TO ORDER

ROLL CALL

PUBLIC COMMENTS

APPROVAL OF MINUTES

1. [Approve Minutes of Parks & Recreation Commission Meeting – June 25, 2025](#)
[Presenter: Ellen Burton, Chair](#)
[Time Estimate: 5 Minutes](#)

MEETING ITEMS

2. **City Council Water Safety Committee & Commission Volunteer Request (Discussion)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 15 minutes
3. **Parks Usage Counts (Update)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 10 minutes

4. **National Fitness Campaign (Discussion)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 15 minutes
5. **Special Events (Discussion)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 10 minutes
6. **Staffing Update (Update)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 10 minutes

PROJECT UPDATES

7. **Parks Projects Updates (Update)**
Presenter: Chris Witkowski, Parks & Recreation Director
Time Estimate: 20 minutes

OTHER ITEMS

8. **Commissioners Updates**
Presenter: Round Table
Time Estimate: Remainder of Time

CLOSE OF MEETING



Parks and Recreation Commission Meeting Minutes
Wednesday, June 25, 2025, 5:00 PM
Zoom & Council Chambers, 616 NE 4th AVE

CALL TO ORDER

The meeting was called to order at 5 PM

ROLL CALL

Present: Alicia Brazington, Chair Ellen Burton, Katy Daane, David Dewey, Bud Henson, Vice Chair Jason Irving

Excused: Jenny Wu, Council Liaison Tim Hein

Press: Kelly Moyer, Camas-Washougal Post Record

Staff: Susan Palmer, Chris Witkowski

PUBLIC COMMENTS

Camas resident Cassi Marshall provided an update on the Camas Parks Foundation.

APPROVAL OF MINUTES

1. Approve Minutes of Parks & Rec Commission Meeting – May 28, 2025

Presenter: Ellen Burton, Chair

Time Estimate: 5 Minutes

A motion made by Dewey, seconded by Henson, and passed unanimously to approve the Parks & Recreation Commission Minutes of May 28, 2025, as written.

MEETING ITEMS

2. Vision & Mission Statement Review (Update)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 10 minutes

Witkowski reviewed the current Parks & Recreation Vision & Mission Statement. Discussion ensued.

3. July Parks & Recreation Month (Update)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 5 minutes

Witkowski stated that July is Parks & Recreation month, which is sponsored by NRPA. He has asked a few of the Camas Parks Foundation members to attend the City Council meeting on July 7th when the mayor presents the proclamation for Parks & Recreation month. Discussion ensued.

4. Mid-Cycle Director's Updates (Discussion)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 10 minutes

Witkowski stated that Trang Lam provided updates to the Parks Commission every month, and he would like to continue this tradition by providing updates bi-weekly. Discussion ensued.

5. Staffing Update (Update)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 10 minutes

Witkowski stated that Metro Watch Security has been hired this summer to monitor the Heritage Park parking lot. They will be on site every weekend through Labor Day.

The Recreation Coordinator position is in process and interviews will be held in August.

6. Leadbetter Walk & Roll Event (Discussion)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 10 minutes

Witkowski presented his proposal for a Leadbetter Walk & Roll Event in mid-September on a Sunday. Discussion ensued.

PROJECT UPDATES

7. Parks Projects Updates (Discussion)

Presenter: Chris Witkowski, Parks & Recreation Director

Time Estimate: 20 minutes

Witkowski provided the following updates: Legacy Lands open house, Crown Park project, 3rd Avenue trailhead bathrooms, sport fields assessment, summer special events, Hometown Holidays. Discussion ensued on tree pruning at Crown Park.

OTHER ITEMS

8. Commissioner's Updates

Presenter: Ellen Burton, Chair

Time Estimate: Remainder of Time

The Commissioners provided updates on Grass Valley Park, Louis Bloch Park, Klickitat Park and Ostenson Canyon Trail.

CLOSE OF MEETING

The meeting closed at 6:26 pm.



NATIONAL FITNESS CAMPAIGN CAMPAIGN BRIEFING



AMERICA'S LARGEST PUBLIC-PRIVATE WELLNESS PARTNERSHIP

CELEBRATING 750TH
Healthy Community this Year

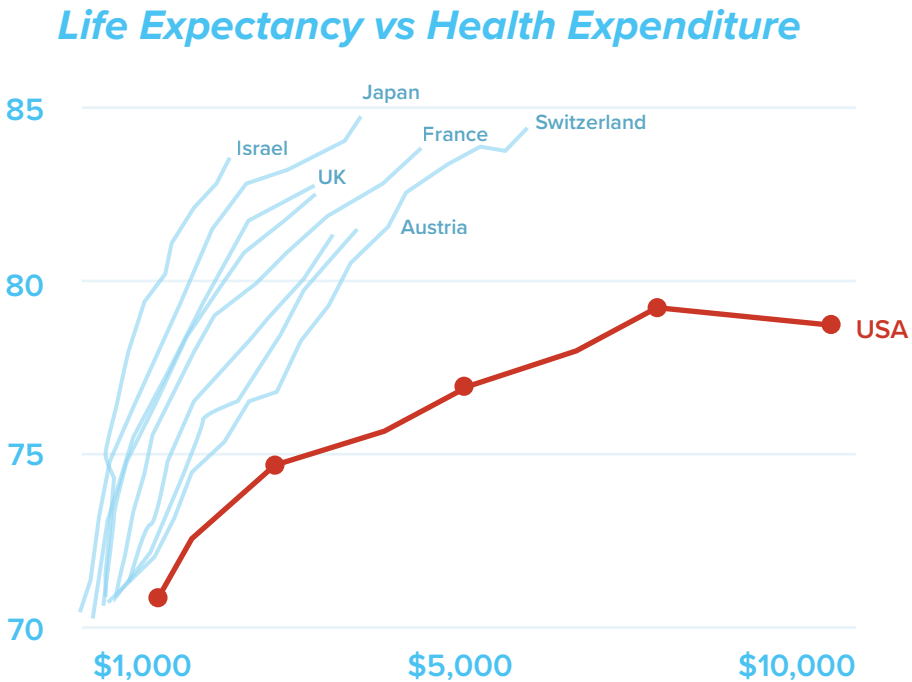


NOW FUNDED
to welcome 1000 Healthy
Communities by 2026

OUR MISSION : to Build Healthy Communities

WHY WE DO IT

TO MAKE WORLD CLASS FITNESS FREE



UNDERSTANDING THE PROBLEM

AMERICA IS FACING A HEALTH CRISIS CAUSED BY SEDENTARY LIFE-
STYLES AND CITIES DESIGNED FOR CARS. USA SPENDS MORE MONEY
THAN ANY OTHER ON HEALTHCARE WITH POOR RESULTS.



BECOMING THE SOLUTION

WHEN COMMUNITIES ARE DESIGNED TO SUPPORT WELL-
BEING, HEALTH OUTCOMES CHANGE!



BROUGHT TO YOU BY





FITNESS COURT

HEALTHY INFRASTRUCTURE PLANNING

MULTI-SITE FUNDING FOR HEALTH IMPACT

Item 4.

78%
HEALTHY
SITE SCORE



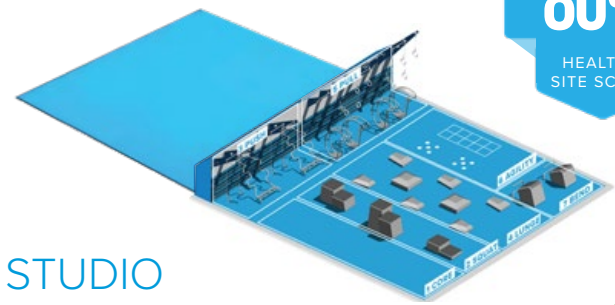
84%
HEALTHY
SITE SCORE



92%
HEALTHY
SITE SCORE



80%
HEALTHY
SITE SCORE



STUDIO

BUILDING HEALTHY COMMUNITIES
MULTI-SITE PHASING FOR HEALTH IMPACT
HEALTHY SITE SCORE (HSS)



PLANNING



PHASING



LAYOUTS



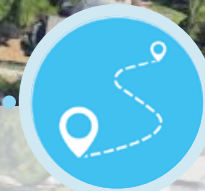
PROJECTIONS



SCORES



MAPPING



TRAILS



CAMPAIGN OVERVIEW

WHAT WE DO

A COMPREHENSIVE COMMUNITY WELLNESS PROGRAM

DESIGN & PLANNING

LAUNCH & PRESS

SPONSOR SUPPORT

PUBLIC ART

GRANT FUNDING

AMBASSADOR TRAINING

INSTALLATION

MOBILE APP





FITNESS COURT

COMMUNITY WELLNESS HUB

STUDIO

Item 4.



COMMUNITY WELLNESS PROGRAMMING

WELCOMES ENTIRE COMMUNITY
MAYORS WELLNESS SERIES



HIIT



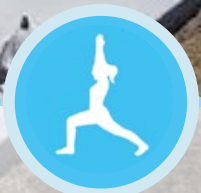
YOGA



ZUMBA



DANCE



STRETCH



KICKBOXING



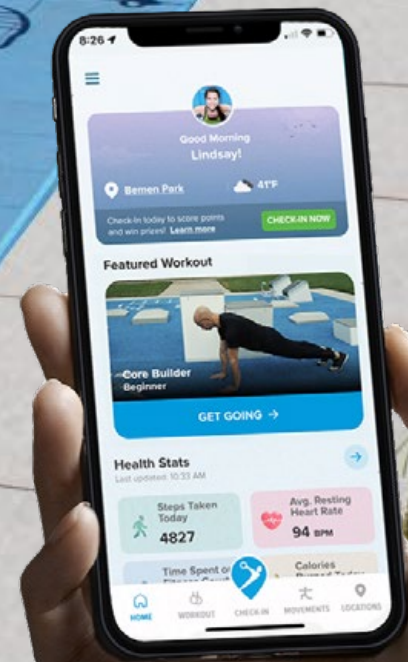
TAI-CHI



FITNESS COURT

WORLDS BEST OUTDOOR GYM

Item 4.



7 MOVEMENT FULL BODY WORKOUT
FUNCTIONAL TRAINING SYSTEM
DIGITALLY ACTIVATED | COACH IN YOUR POCKET



CORE



SQUAT



PUSH



LUNGE



PULL



AGILITY



BEND



FITNESS COURT | ART

Item 4.

EVERY FITNESS COURT IS A WORK OF ART



WORK WITH LOCAL ARTISTS
NFC DESIGN STUDIO



WORLD RENOWN ARTIST GALLERY
KEITH HARING | JEAN MICHEL BASQUIAT

FITNESS COURT ART OFFERINGS

Local Artist Invite a Local Artist to create a mural that represents your community!

Support your Local Artist Community with a **\$5,000 Grant to the Artist** provided by NFC!

Additional Funding Required. Example Art: Will be customized for your city

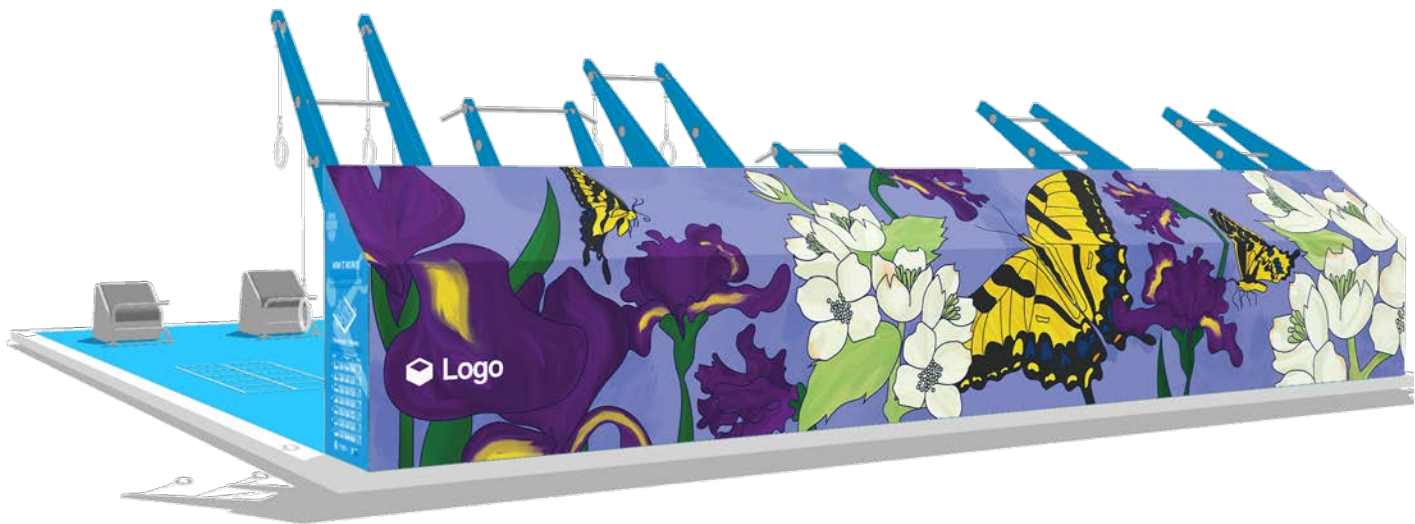


Front Wall Unlocked for Additional Artwork



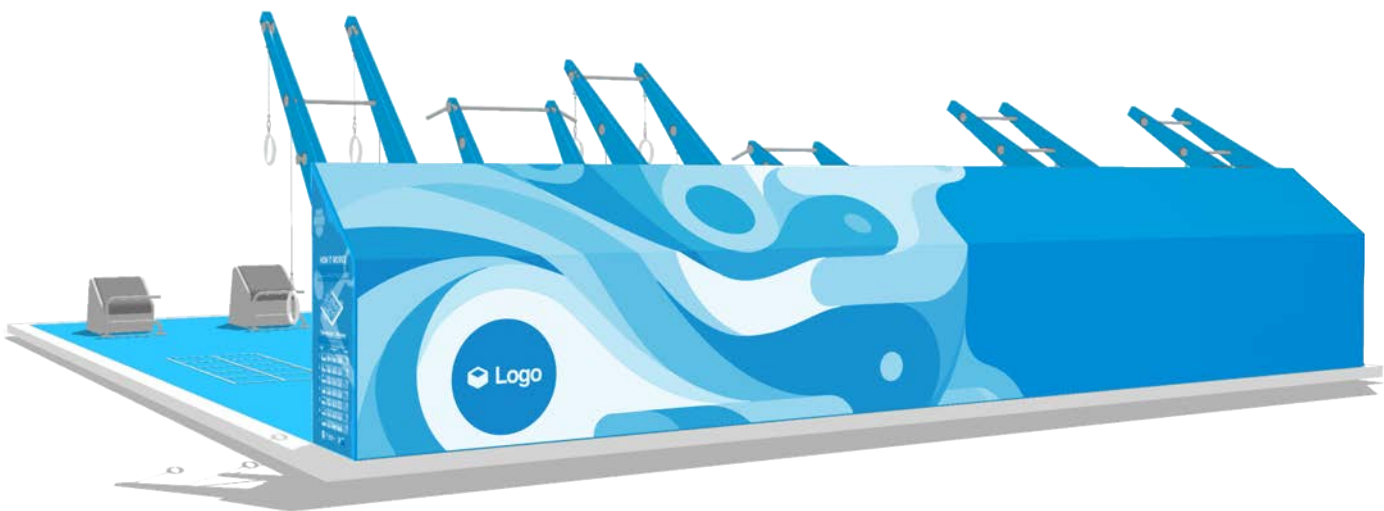
Custom Art Work with the in-house NFC Art Studio Team

Additional Funding Required. Example Art: Will be customized for your city



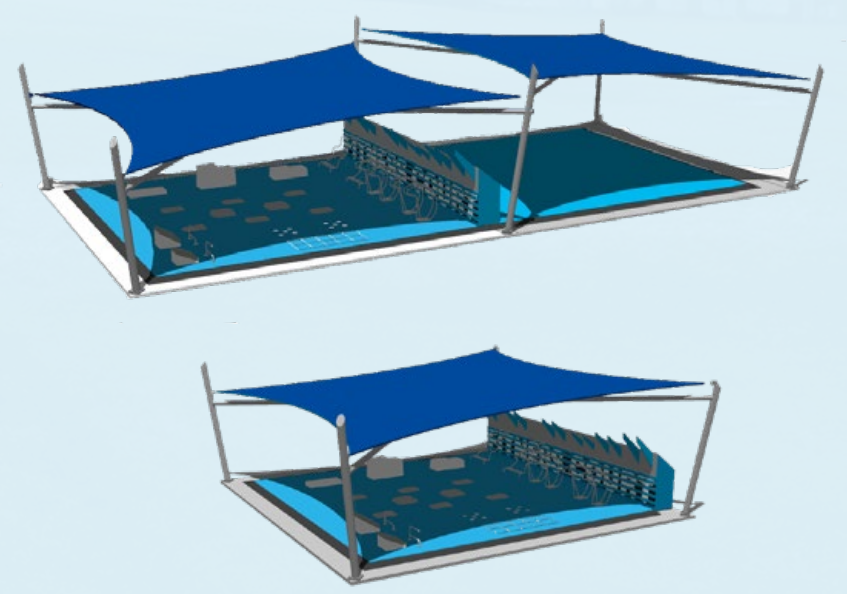
Fitness Court Art Unique design included in your state campaign

Example Art: to be confirmed at Award



NEW FOR 2025

NOW AVAILABLE FOR
**FITNESS COURTS &
FITNESS COURT STUDIOS**



FITNESS COURT | SHADE
WORLDS BEST OUTDOOR GYM JUST GOT COOLER

Item 4.



EXTENDED
SEASONAL USE



UV & SUN
PROTECTION



INTEGRATED
DESIGN



ENHANCED
AESTHETICS



MADE IN
USA



LONG LASTING
MATERIALS



1. BE A PART OF THE NATIONAL FITNESS CAMPAIGN

AMERICA'S LARGEST PUBLIC PRIVATE WELLNESS PARTNERSHIP

2. HEALTH BENEFITS

MORE TIME OUTDOORS, IMPROVED MENTAL & PHYSICAL WELLBEING

3. HEALTHY INFRASTRUCTURE

PLACES DESIGNED FOR PEOPLE NOT CARS

4. BUILDING COMMUNITY

CREATING A WELLNESS CULTURE THAT IS SOCIAL, CONNECTED AND FUN!

5. REDUCED HEALTHCARE COSTS

HEALTHIER, HAPPIER, PEOPLE



2025 STATEWIDE CAMPAIGN



NATIONAL FITNESS CAMPAIGN

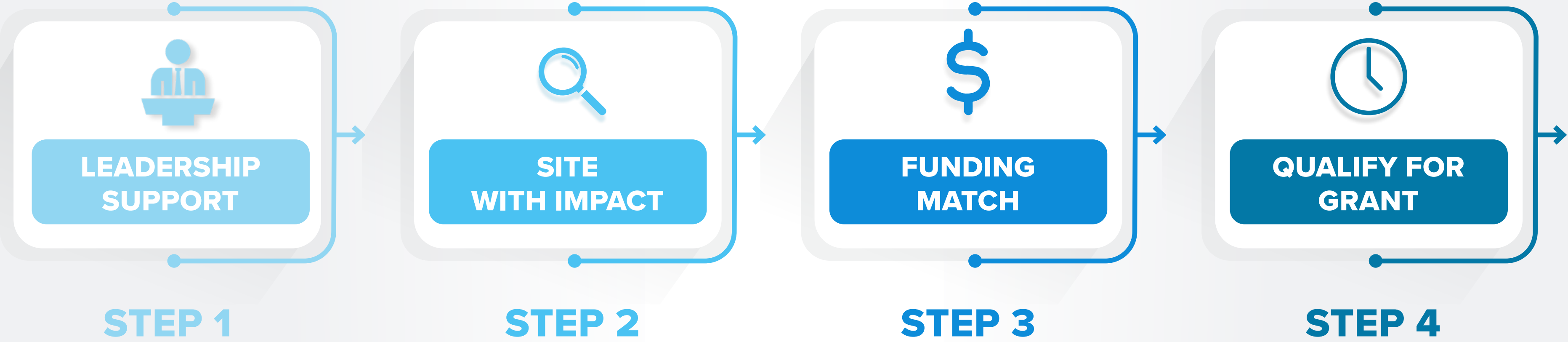
2025

200 NEW PARTNERS

WE'RE PLEASED TO ANNOUNCE THE 2025 CAMPAIGN

NFC Grant Requirements

Program Qualification



JOIN THE CAMPAIGN



STEP 1

LEADERSHIP SUPPORT

BUILD CONSENSUS / CONFIRM FEASIBILITY
MUNICIPAL LEADER SUPPORT

SHARE 3 MINUTE VIDEO





STEP 2 SITES WITH IMPACT

Supported by NFC's Expert Consulting Services, Identify Site Locations that Meet Criteria for Funding Qualification & Health Impact

HEALTHY INFRASTRUCTURE PLANNING
• VISIBLE • CONNECTED • ACCESSIBLE •

Participate in Virtual Workshop led by NFC Expert Consultants to receive data & qualification information regarding your public spaces. See how your municipality or school benchmarks vs national averages.



POWERED BY

HSS

HEALTHY
SITE SCORE

**NFC HEALTHY SITE
SCORE**

NATIONAL INDEX & DATASET
EXPERT CONSULTING FOR
LOCATING SUCCESSFUL
OUTDOOR WELLNESS HUBS



STEP 3
FUNDING MATCH

*NFC GUIDES FUNDING PLAN
CIP • STATE/NATIONAL • LOCAL SPONSORS*

**GRANT FUNDING AVAILABLE:
\$30,000-\$50,000 PER SITE**

PROGRAM FUNDING REQUIREMENT

\$150,000-\$260,000

*PER SITE PENDING PROGRAM CONFIGURATION AND
INSTALLATION METHOD*





STEP 4 QUALIFY FOR GRANT

- A. PRE-APPLICATION PHASE
- B. GRANT AWARD
- C. BUILD/SITE PLAN
- D. LAUNCH LOCAL CAMPAIGN

**SUBMIT GRANT
APPLICATION**



NEXT STEP



**SCHEDULE VIRTUAL SITE
REVIEW WORKSHOP LED BY
NFC EXPERT CONSULTANTS TO
EXPLORE FEASIBILITY**



JOIN US

LET'S BUILD HEALTHY COMMUNITIES
TOGETHER



DISCUSSED AT NEXT STEP:

- 1. SITE WORKSHOP & HEALTHY SITE SCORE REVIEW**
- 2. FEASIBILITY & ALIGNMENT WITH LOCAL PRIORITIES**
- 3. FUNDING REQUIREMENT DETAILS AND GRANT PROGRAM & AVAILABILITY FOR YOUR STATE**
- 4. NON-BINDING GRANT QUALIFICATION PROCESS**

Discussion - Q&A

Parks Operations Completed Projects (as of July 11, 2025)

Oak Park

- Trim Trees From Three Point Shooting Range
- Blow Off Entire Basketball Court
- Replace Basketball Net

Goot

- Aerate Entire Field
- Paint Bleachers
- Remove Weeds From Backstop Area
- Replace Home Plate / Pitching Rubber
- Blow Off Parking Area / Replace Basketball Net
- Fertilize Turf

Babe Ruth / Louis Bloch

- Aerate Outfield
- Mow Outfield Bank
- Spray Blackberries On Outfield Bank
- Spray Weeds In Bullpen
- String Trim Outfield Fenceline
- Blow Off Basketball Court And Replace Net
- Blow Off Inside Fenced Area
- Paint Dugout And Restroom Building
- Install Hose Hanger
- Trim Trees By Bleachers
- Repair Restroom Doors
- Fertilize Turf

Forrest Home

- Spray Fence Lines (Inside Ballfields Also) Account For Sedge
- Replace Bleacher 'D' Backboard Frame
- Blow Off Sidewalks
- Fertilize Turf

Fallen Leaf Softball

- Aerate Entire Field
- Remove Damaged Picnic Tables And Replace With Rebuilt Tables – 6 For Gigi & 6 For Softball Tournament – 12 Total
- Replace Home Plate / Pitching Rubber / Bases
- Pressure Wash Sidewalks / Bleachers / Orange Graffiti
- Fertilize Turf

Dorothy Fox

- Aerate Entire Soccer Field
- Fertilize Turf

Grass Valley

- Rebuild / Repaint Playback Wall
- Repair Asphalt By Restroom Building
- Aerate Ballfield
- Fertilize Turf

Prune Hill

- Aerate Entire Field
- String Trim / Spray Fence Lines
- Trim Trees By Sidewalk To 10 Feet
- Fill In Mole Holes
- Spot Spray
- Fertilize Turf

Klickitat

- Rebuild / Repaint Playback Wall
- Replace Basketball Nets