



CITY OF ANGLETON
SENIOR CITIZEN COMMISSION AGENDA
120 S CHENANGO STREET, ANGLETON, TEXAS 77515
MONDAY, DECEMBER 04, 2023 AT 11:30 AM

Members | Pat Aschenbeck, Sherri Phillips, Sarah McDaniel, Archie Milam, Janie Schwartz-Shaw

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, DECEMBER 4, AT 11:30 A.M., AT THE CITY OF ANGLETON COUNCIL CHAMBERS LOCATED AT 120 S. CHENANGO STREET ANGLETON, TEXAS 77515.

DECLARATION OF A QUORUM AND CALL TO ORDER

REGULAR AGENDA

1. Discussion and possible action on the minutes of the Senior Citizen Commission meeting of August 7, 2023.
2. Discussion and possible action on a Senior Citizen Commission chair.
3. Discussion on Strategic Plan updates.

ADJOURNMENT

CERTIFICATION

I, Geri Gonzales, Recreation Superintendent, do hereby certify that this Notice of a Meeting was posted on the City Hall bulletin board, a place convenient and readily accessible to the general public at all times and to the City's website, www.angleton.tx.us, in compliance with Chapter 551, Texas Government Code. The said Notice was posted on the following date and time: Friday, December 1, 2023, by 11:30 a.m. and remained so posted continuously for at least 72 hours preceding the scheduled time of said meeting.

/S/ Geri Gonzales

Recreation Superintendent

Public participation is solicited without regard to race, color, religion, sex, age, national origin, disability, or family status. In accordance with the Americans with Disabilities Act, persons with disabilities needing special accommodation to participate in this proceeding, or those requiring language assistance (free of charge) should contact the City of Angleton ADA Coordinator, Colleen Martin, no later than seventy-two (72) hours prior to the meeting, at (979) 849-4364 ext. 2132, email: cmartin@angleton.tx.us.



AGENDA ITEM SUMMARY FORM

MEETING DATE: 12/04/2023

PREPARED BY: Geri Gonzales, Recreation Superintendent

AGENDA CONTENT: Discussion and possible action on the minutes of the Senior Citizen Commission meeting of August 7, 2023.

AGENDA ITEM SECTION: Regular

BUDGETED AMOUNT: NA

FUNDS REQUESTED: NA

FUND: NA

EXECUTIVE SUMMARY:

Approval of the minutes of the Senior Citizen Commission meeting on August 7, 2023.

RECOMMENDATION:

Staff recommends the Senior Citizen Commission approve the minutes of the Senior Citizen Commission meeting on August 7, 2023.



CITY OF ANGLETON
SENIOR CITIZEN COMMISSION MINUTES
1601 N VALDERAS, ANGLETON, TEXAS 77515
MONDAY, AUGUST 7, 2023 AT 11:30 AM

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, AUGUST 7, 2023, AT 11:30 A.M., AT THE CITY OF ANGLETON COUNCIL CHAMBERS LOCATED AT 120 S. CHENANGO STREET ANGLETON, TEXAS 77515.

DECLARATION OF A QUORUM AND CALL TO ORDER

With a quorum present, Member Aschenbeck called the Senior Citizen Commission meeting to order at 11:30 A.M

PRESENT

Commission Member Patricia Aschenbeck
 Commission Member Sara McDaniel
 Commission Member Archie Milam
 Commission Member Dawn Hill

REGULAR AGENDA

1. Approve the minutes of the Senior Citizen Commission meeting of June 5, 2023.

Upon a motion by Member McDaniel and seconded by Member Hill, the Commission approved the minutes from the June 5, 2023, meeting. The motion passed with a vote of 4-0.

2. Discussion on Senior Programming budget for fiscal year 2023 - 2024.

The commission discussed the Senior Programming budget for fiscal year 2023 - 2024.

3. Discussion and possible action on the Jan 2024 – September 2024 Senior Lunch & Trip Plan

The commission discussed the Jan 2024 – September 2024 Senior Lunch & Trip Plan. Recommendations were made for staff to look into facilities that may be closed. Upon a motion by Member Hill and seconded by Member McDaniel, the Commission approved the Jan 2024 – September 2024 Senior Lunch & Trip Plan. The motion passed with a vote of 3 – 1.

ADJOURNMENT

The meeting was adjourned at 12:04 P.M.

These minutes were approved by the Senior Citizen Commission on this the 4th day of August 2023.

CITY OF ANGLETON, TEXAS

Geri Gonzales
Recreation Superintendent



AGENDA ITEM SUMMARY FORM

MEETING DATE: 12/04/2023
PREPARED BY: Geri Gonzales, Recreation Superintendent
AGENDA CONTENT: Discussion on Strategic Plan updates.
AGENDA ITEM SECTION: Regular

BUDGETED AMOUNT: NA **FUNDS REQUESTED:** NA

FUND: NA

EXECUTIVE SUMMARY:

Staff will provide an update on the Annual Strategic plan strategies outlined for the given goals and will provide an update on the plan to date.

RECOMMENDATION:

NA

2023 STRATEGIC PLAN
City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.

COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1. Housing	A. Cost of Housing B. Need of Senior Communities C. Housing Amenities for Seniors	Educate and gather resources of existing services. Gather information from Development Services Department regarding Planning and Zoning housing issues and educate the seniors. Allow Senior Citizen Commission to give information and feedback to city council and planning and zoning. Work with Development Services Department on ADA guidelines, housing amenities, concerns, and future communities.	12/4 Recreation Specialist is in communication with Developemnt Services to have a representative from the department do Lunch & Learn on the new developments. Plan could include a bus tour around Angleton to see the new subdivisions, take a home tour, and give status updates on all things housing.
2. Transportation	A. Continue to educate the public on BC Connects & ActionS services B. Community Transportation Campaign	Educate the public on the BC Connect routes and ActionS existing services. Create a campaign to get information out to seniors regarding community transportation services.	12/4 Due to the Recreation Specialist obtaining her CDL, Lunch Bunch is now offered on a monthly basis.
3. Healthcare	A. Continue to provide education on Medicare and local services B. Health Assessments	Continue to provide education to seniors on Medicare and local services. Continue Coffee Chats that share information about local senior services. Continue partnership with Walgreens for flu shots. Work with ActionS and local partners to provide free or minimal health assessments through the Angleton Rec Center.	12/4 Kroger provided vaccines on Oct. 12. There were 11 participants. Lunch & Learn will host C.A.R. E.S from the Brazoria County Sheriff's Dept. on Jan. 25 to discuss how the Sheriff's Dept. is bridging the gap between first responders and individuals with disabilities, for when an emergency arises.
4. Legislative	A. Get to know State Representatives B. Get to know local elected and non-elected officials	Invite State Representatives to provide information about senior related legislation. Invite local elected and non-elected officials to provide community updates.	12/4 Mayor John Wright will be the guest speaker for Lunch & Learn on Thursday, Dec. 7. There are currently 18 participants registered. The Angleton City Manager is a scheduled guest for Lunch & Learn on May 16.
5. Recreation	A. Participation Opportunities B. Programming C. Fitness Opportunities	Increase advertising of Angleton Recreation Center senior programs and opportunities. Consider current programs and work to continue to increase low impact activity offerings and outdoor activities. Maintain low-impact group fitness opportunities.	12/4 Walk with Ease took place Sept. 11 - Oct. 20 with 20 participants. The next session will be held Jan 29 - Mar. 8. The annual Silver Hearts Christmas Party will take place on Dec 13 with live music, lunch, and the Brazoria County Sheriff's Dept. on schedule to attend. Feb 13, Silver Hearts Tuesday will be shared with the Valentines Social. On Dec. 19, the seniors will be visiting The Sugar Land Holiday Lights at Constellation Field, with dinner beforehand. The trip currently has 41 in attendance and will utilize both Parks & Rec buses. Feb 1 Lunch & Learn will cover <i>Weight Room Education</i> with Asst. Director of Parks & Recreation. April 4, Lunch & Learn will take a trip to Brazos Bend State Park for a 1/2 mile, guided nature walk with Texas Parks & Wildlife & Angleton Parks & Rec staff. Participants will be educated on the park's ecosystem while also getting some outdoor exposure. Lunch will be held afterward in the park's picnic area. Next quarter programs will continue.

2023 STRATEGIC PLAN
City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.

COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
6. Quality of Life	A. Fellowship Opportunities B. Community Outreach C. Community Needs	Educate and inform the community on Angleton Recreation Center senior programs and services. Partner with local senior service groups, such as ActionS, to spread information about senior services. Provide local senior feedback to city council and boards on community needs.	12/4 On March 28, the Lunch & Learn topic will be <i>Eating on a Budget</i> presented by Texas A&M AgriLife. A new method of communication with senior participants has been implemented through TextMyGov. This process allows seniors to opt-in to the Silver Hearts distribution group to receive program updates and reminders. There are currently 29 on the opt-in list. The Silver Hearts Newsletter is still occurring on a monthly basis with 33 individuals on the mailout list, and 43 on the email list.