



Member Names

Chair | Janie Schwartz-Shaw

Members | Pat Aschenbeck, Leon Cleaves, Sarah McDaniel,

Sherry Phillips

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, MAY 4, AT 11:30 A.M., AT THE CITY OF ANGLETON COUNCIL CHAMBERS LOCATED AT 120 S. CHENANGO STREET ANGLETON, TEXAS 77515.

DECLARATION OF A QUORUM AND CALL TO ORDER

REGULAR AGENDA

1. Discussion and possible action on the minutes of the Senior Citizens Commission meeting of December 1, 2026.
2. Discussion and possible action on the October 2026 – September 2027 Senior Lunch & Trip Plan.
3. Discussion on Strategic Plan updates.

COMMUNICATION FROM BOARD MEMBERS

ADJOURNMENT

CERTIFICATION

I, Geri Gonzales, Recreation Superintendent, do hereby certify that this Notice of a Meeting was posted on the City Hall bulletin board, a place convenient and readily accessible to the general public at all times and to the City's website, www.angleton.tx.us, in compliance with Chapter 551, Texas Government Code. The said Notice was posted on the following date and time: Tuesday, April 28, 2026, by 5:30 p.m. and remained so posted continuously for at least three business days preceding the scheduled time of said meeting.

/S/ Geri Gonzales

Recreation Superintendent

Public participation is solicited without regard to race, color, religion, sex, age, national origin, disability, or family status. In compliance with the Americans with Disabilities Act, the City of Angleton will provide reasonable modifications and/or auxiliary aids for persons with disabilities needing special accommodation to participate in this proceeding, or those requiring language assistance (free of charge) attending any City-sponsored meetings. Please contact the City's ADA Coordinator, Colleen Martin, no later than seventy-two (72) hours prior to the meeting, at 979-849-4364, extension 2132, or email cmartin@angleton.tx.us to arrange auxiliary aides or accommodations necessary.



AGENDA ITEM SUMMARY FORM

MEETING DATE: 05/04/2026

PREPARED BY: Geri Gonzales, Recreation Superintendent

AGENDA CONTENT: Discussion and possible action on the minutes of the Senior Citizens Commission meeting of December 1, 2026.

AGENDA ITEM SECTION: Regular

BUDGETED AMOUNT: NA

FUNDS REQUESTED: NA

FUND: NA

EXECUTIVE SUMMARY:

Approval of the minutes of the Senior Citizens Commission meeting on December 1, 2026.

RECOMMENDATION:

Staff recommends the Senior Citizens Commission approve the minutes of the Senior Citizen Commission meeting on December 1, 2026.



CITY OF ANGLETON
SENIOR CITIZEN COMMISSION MINUTES
1601 N VALDERAS, ANGLETON, TEXAS 77515
MONDAY, DECEMBER 1, 2026 AT 11:30 AM

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, DECEMBER 1, 2026, AT 11:30 A.M., AT THE CITY OF ANGLETON COUNCIL CHAMBERS LOCATED AT 120 S. CHENANGO STREET ANGLETON, TEXAS 77515.

DECLARATION OF A QUORUM AND CALL TO ORDER

With a quorum present, Member Aschenbeck called the Senior Citizen Commission meeting to order at 11:30 A.M

PRESENT

Commission Member Patricia Aschenbeck
 Commission Member Leon Cleaves
 Commission Member Sara McDaniel
 Commission Member Sherri Phillips
 Commission Member Janie Schwartz-Shaw

ABSENT

REGULAR AGENDA

1. Approve the minutes of the Senior Citizen Commission meeting of August 4, 2025.

Upon a motion by Member Schwartz-Shaw and seconded by Member McDaniel, the Commission approved the minutes from the August 4, 2025, meeting. The motion passed with a vote of 5-0.

2. Discussion and possible action on a Senior Citizen Commission chair.

Member Schwartz-Shaw nominated Member Phillips and Member Phillips nominated Member Schwartz-Shaw. Member Aschenbeck nominated Member Schwartz-Shaw with Member McDaniel nominating Member Schwartz-Shaw as well. Member Phillips made a motion to accept the nomination of Member Schwartz-Shaw as the acting Senior Citizen Commission chair, seconded by Member Cleaves. The motion passed with a vote of 5-0.

3. Discussion and possible action on revised Resolution 2007-R-3A, the Creation of the Senior Citizens Commission

The Senior Citizen Commission members reviewed the revised Resolution 2007-R-3A that included the suggested changes from the commission members from the August 4, 2025, meeting. Member Schwartz-Shaw asked about the statistics of the senior population used in the original resolution verbiage. The Parks & Recreation Director stated it could be added to the agenda summary when the resolution changes are presented to city council. Member Schwartz-Shaw asked for clarification on what made a quorum. The Parks & Recreation Director provided an explanation. Member Cleaves asked about senior needs in the community and how they are determined. The Recreation Superintendent informed of the Senior Citizen Commission's strategic plan that outlines the elements the commission was designed to consider regarding community senior needs. The Recreation Superintendent mentioned the commission has not updated the strategic plan in a few years. Member Schwartz-Shaw asked about when Senior Citizen Commission suggest changes would go into effect. The Parks & Recreation Director discussed the process of the resolution going before council before changes can begin. Member Aschenbeck asked about making Member McDaniel a lifetime board member. The Parks & Recreation Director discussed the possibility of an honorary position.

COMMUNICATION FROM BOARD MEMBERS

- Staff invited the Board Members to the Silver Hearts Christmas Party
- Member Cleaves asked to review the strategic plan at the next meeting

ADJOURNMENT

The meeting was adjourned at 11:58 A.M.

These minutes were approved by the Senior Citizen Commission on this the 4th day of May 2026.

CITY OF ANGLETON, TEXAS

Geri Gonzales
Recreation Superintendent

The 2026 Silver Hearts Survey

The 2026 Silver Hearts Survey collected participant feedback to guide planning for meals, trips, programs, and educational activities. Responses included vote counts, allowing staff to identify priorities and trends among active older adults.

Dining & Lunch Bunch

- Strong interest in local and regional restaurants, with repeat favorites.
- Top restaurant interest:
 - Phillips (Danbury), Joe's Italian, Grape Taste
- Food preferences clearly favor full-service dining:
 - Seafood (highest interest)
 - Italian, Asian, buffet-style, and home-style meals
 - Minimal interest in fast food or chains

Day Trips

- Participants favor cultural, educational, and light recreational outings.
- Highest interest:
 - Amazon Fulfillment Center Tour
 - Plays and theater productions
- Consistent interest in museums, zoo visits, fishing, Galveston Strand trips, and local recreational outings.

Overnight Trips

- Clear demand for Texas destinations and casino trips.
- Top overnight selections:
 - Fredericksburg
 - Casino trips
 - San Antonio
- Moderate interest in San Marcos and select Hill Country towns.

Programs & Activities

- Survey responses strongly support active aging and social engagement.
- Popular suggestions include:
 - Bowling, walking groups, exercise classes
 - Crafts, gardening, knitting, trivia
 - Tai Chi, swimming, volunteering
- Participation intent was high across all categories:
 - Outdoor activities received the strongest overall support.

Lunch & Learn Topics

- Participants favor practical, wellness-oriented education, including:
 - Health topics (nutrition, heart health, dementia prevention)
 - Safety and personal awareness

- Life skills (technology use, cooking for one or two)
- Hands-on and interactive sessions
- Interest also noted in local history and unique community topics.

Additional Idea

- A proposed Senior Day at Angleton High School Career & Development Center received positive interest, reflecting enthusiasm for intergenerational and service-based experiences.

Overall Takeaways

- Survey results show high engagement and participation of readiness.
- Preferences emphasize:
 - Full-service dining
 - Educational and cultural experiences
 - Active, social, and skill-building programs
- Data supports continued investment in diverse trips, wellness programming, and community partnerships.



AGENDA ITEM SUMMARY FORM

MEETING DATE: 05/04/2026
PREPARED BY: Geri Gonzales, Recreation Superintendent
AGENDA CONTENT: Discussion on Strategic Plan updates.
AGENDA ITEM SECTION: Regular

BUDGETED AMOUNT: NA **FUNDS REQUESTED:** NA

FUND: NA

EXECUTIVE SUMMARY:

Staff will provide an update on the Annual Strategic plan strategies outlined for the given goals and will provide an update on the plan to date.

RECOMMENDATION:

NA

STRATEGIC PLAN
City of Angleton Senior Commission

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.			
COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1. Housing	A. Cost of Housing B. Need of Senior Communities C. Housing Amenities for Seniors	Educate and gather resources of existing services. Gather information from Development Services Department regarding Planning and Zoning housing issues and educate the seniors. Allow Senior Citizen Commission to give information and feedback to city council and planning and zoning. Work with Development Services Department on ADA guidelines, housing amenities, concerns, and future communities.	04.28 Staff does not currently have any programs planned for housing at this time. There are currently no new updates on senior housing developments in the community.
2. Transportation	A. Continue to educate the public on BC Connects & ActionS services B. Community Transportation Campaign	Educate the public on the BC Connect routes and ActionS existing services. Create a campaign to get information out to seniors regarding community transportation services.	4.28 Participants of the Silver Hearts program that express a need for transportation are given information about Connect Transit and Actions, Inc. We currently have individuals using both to get to the Angleton Recreation Center.
3. Healthcare	A. Continue to provide education on Medicare and local services B. Health Assessments	Continue to provide education to seniors on Medicare and local services. Continue Coffee Chats that share information about local senior services. Continue partnership with Walgreens for flu shots. Work with ActionS and local partners to provide free or minimal health assessments through the Angleton Rec Center.	4.28 Staff works to plan a Medicare informational for Lunch & Learn each year. The next one is scheduled for October 1, 2026.
4. Legislative	A. Get to know State Representatives B. Get to know local elected and non-elected officials	Invite State Representatives to provide information about senior related legislation. Invite local elected and non-elected officials to provide community updates.	4.28 Staff is scheduling Lunch & Learn tours with local agencies, including Angleton PD (6/4/26), Angleton Fire Dept (7/23/26), and Brazoria County Sheriff's Dept (8/6/26).
5. Recreation	A. Participation Opportunities B. Programming C. Fitness Opportunities	Increase advertising of Angleton Recreation Center senior programs and opportunities. Consider current programs and work to continue to increase low impact activity offerings and outdoor activities. Maintain low-impact group fitness opportunities.	04.28 Silver Hearts continues monthly programs with increased participation, expanded Chair Volleyball and Bean Bag Baseball, pilot fitness classes, and a Summer Line Dancing Party scheduled for 8/14/26; The ARC pool is currently closed for scheduled maintenance. To make up for there not being a aqua aerobics class, a few new classes were introduced for the spring group fitness schedule, such as Rhythm & Flow and Chair Yoga.
6. Quality of Life	A. Fellowship Opportunities B. Community Outreach C. Community Needs	Educate and inform the community on Angleton Recreation Center senior programs and services. Partner with local senior service groups, such as ActionS, to spread information about senior services. Provide local senior feedback to city council and boards on community needs.	04.28 The annual Valentine's Day party was held in February 2026. Upcoming trips include an overnight visit to Gruene, Texas, and a day trip to George Ranch, which currently has a waitlist. Monthly newsletters are emailed and mailed to participating Silver Hearts members, and seniors are also notified through the TextMyGov system. As of April 27, 2026, program information has been shared at one women's event, with another speaking engagement scheduled for May 14, 2026. Program popularity continues to grow, and staff consistently meets or exceeds capacity while offering openings to waitlisted participants as space allows.