



AGENDA

Chair | Judy Shaefer

Members | Roger Collins, Sarah McDaniel, Archie Milam

NOTICE IS HEREBY GIVEN PURSUANT TO V.T.C.A., GOVERNMENT CODE, CHAPTER 551, THAT THE SENIOR CITIZEN COMMISSION FOR CITY OF ANGLETON WILL CONDUCT A MEETING, OPEN TO THE PUBLIC, ON MONDAY, APRIL 5, 2021, AT 11:30 A.M., AT THE CITY OF ANGLETON COUNCIL CHAMBERS LOCATED AT 120 S. CHENANGO STREET ANGLETON, TEXAS 77515.

In accordance with an Order of the Office of the Governor issued March 16, 2020, this meeting scheduled is in person and open to the public at The City of Angleton Council Chambers located at 120 S. Chenango Street Angleton, Texas 77515. In order to advance the public health goal of limiting face-to-face meetings (also called "social distancing") to slow the spread of the Coronavirus (COVID-19), seating will be limited to allow for 6 feet of separation.

This meeting will also be live-streamed:

City's website at <https://angleton.tx.us/445/Meeting-Videos>

Facebook at <https://www.facebook.com/cityofangleton/>

DECLARATION OF A QUORUM AND CALL TO ORDER

LEGISLATIVE

1. Approve the minutes of the Senior Citizen Commission meeting of February 1, 2021.

REGULAR AGENDA

2. Discussion on CodeRed Emergency Notification System registration campaign.
3. Discussion on strategic plan updates.
4. Discussion on Senior Coordinator position.

HOUSING

TRANSPORTATION

HEALTH CARE

RECREATION

5. Discussion on Senior Newsletter.

6. Discussion on senior citizen recreational and leisure events and programs.

QUALITY OF LIFE

ADJOURNMENT

CERTIFICATION

I, Geri Gonzales, Recreation Superintendent, do hereby certify that this Notice of a Meeting was posted on the City Hall bulletin board, a place convenient and readily accessible to the general public at all times and to the City's website, www.angleton.tx.us, in compliance with Chapter 551, Texas Government Code. The said Notice was posted on the following date and time: Friday, April 2, 2021 by 11:30 a.m. and remained so posted continuously for at least 72 hours preceding the scheduled time of said meeting.

/S/ Geri Gonzales
Geri Gonzales

Recreation Superintendent

In compliance with the Americans with Disabilities Act, the City of Angleton will provide reasonable accommodations for persons attending City Council meetings. The facility is wheelchair accessible and accessible parking spaces are available. Please contact the City Secretary at 979-849-4364, extension 2115 or email faguilar@angleton.tx.us.



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021

PREPARED BY: Geri Gonzales

AGENDA CONTENT: Approve the minutes of the Senior Citizen Commission meeting of February 1, 2021.

AGENDA ITEM SECTION: Legislative

BUDGETED AMOUNT: NA

FUNDS REQUESTED: NA

FUND: NA

EXECUTIVE SUMMARY:

Approval of the minutes of the Senior Citizen Commission meeting on February 1, 2021.

RECOMMENDATION:

Staff recommends the Senior Citizen Commission approve the minutes of the Senior Citizen Commission meeting on February 1, 2021.



CITY OF ANGLETON
SENIOR CITIZEN COMMISSION
 120 S CHENANGO STREET, ANGLETON, TEXAS 77515
 MONDAY, FEBRUARY 01, 2021 AT 11:30 AM

MINUTES

THE FOLLOWING REPRESENTS THE ACTIONS TAKEN BY THE ANGLETON SENIOR CITIZEN COMMISSION IN THE ORDER THEY OCCURRED DURING THE MEETING. THE SENIOR CITIZEN COMMISSION OF ANGLETON, TEXAS CONVENED IN A REGULAR MEETING ON MONDAY, SEPTEMBER 21, 2020, AT 11:30 A.M. IN ROOM ONE OF THE ANGLETON RECREATION CENTER, 1601 N VALDERAS, ANGLETON, TEXAS.

CALL TO ORDER

With a quorum present, Geri Gonzales, Recreation Superintendent, called the Senior Citizen Commission meeting to order at 11:39 A.M.

PRESENT

Commission Member Roger Collins
 Commission Member Sarah McDaniel
 Commission Member Archie Milam
 Commission Member Judy Shaefer

LEGISLATIVE

1. Approve the minutes of the Senior Citizen Commission meeting of November 2, 2020.

Upon a motion by Member Sarah Mc Daniel and seconded by Member Judy Shaefer, the Angleton Senior Citizen Commission approved the minutes of regular called meeting of November 2, 2020. The motion passed on a 4-0 vote.

2. Approval of the Senior Citizen Commission Strategic Plan.

Geri Gonzales discussed that in November 2020, the Senior Commission was presented a Strategic Plan, which outlined a year of goals for the commission. Data was gathered from surveys and commission input to create the plan. The plan outlines objectives and strategies to help accomplish goals in the areas of housing, transportation, healthcare, legislation, recreation, and quality of life. On housing, the objectives include cost of housing, number of units available, and adhering to ADA guidelines. Strategies are to educate and gather resources of existing services, research info with Planning and Zoning to provide to seniors and offering feedback to city council. For transportation, objectives include public education of BC Connects & Actions services, Recreation Center grocery trips and driving resources. Strategies are to work with BC Connect on current and future routes and possible additional stops, hosting a public forum with BC Connects, and investigate and consider Uber type services in our area. For healthcare, objectives are education on Medicare and healthcare resources. Strategies include working with UTMB to provide resource information and continue with flu and

pneumonia shots. On legislation, objectives include state and local representative info. Strategies are to have state representative at a future commission meeting and to add links to the city website with state and local representative contact info. For recreation, objectives are fitness, programs, and trips. Strategies include utilizing the rec center senior reopening plan with social distanced programming, reintroducing low impact fitness classes, and working into getting trips going again. On quality of life, objectives included safety issues, community outreach and mental health. Strategies included working with First Responders for info, hosting a fall prevention informational for the public, visiting senior living facilities to inform on current programs, utilizing local churches to get info out about Actions services and getting information from the mental health task force. The commission will track annual progress to record plan accomplishments.

Commission member, Judy Shaefer, inquired as to who will conduct future senior programs. Geri responded that Recreation Facility Manager, Kayelynn Green, will assist with implementation until the position is filled. Pre-recorded videos will be posted through February. Member Archie Milam asked if rec staff plan to return the senior program at full capacity as prior to COVID. Geri informed that since the Recreation Center is at 50% capacity due to the high hospitalization rate in Brazoria County, staff has decided to delay the reopening plan by redoing the first phase and pushing back the phases timeline. Senior programs have also not been getting a high participation. Because of this, recreation staff put out a survey with focus on why seniors have not returned and what they would like to see upon return. Archie Milam discussed his concerns for returning to normal programming, while also keeping in mind the safety of the at-risk population. Geri Gonzales discussed the guidelines and protocols currently in effect at the recreation center. Archie Milam discussed the importance of vaccinations and encouraged the senior population to receive vaccinations when available. Geri Gonzales stated staff will look to city emergency management on sharing resources on the Parks and Recreation Facebook page and that staff will wait for guidance on vaccination protocols from state and local government. Sarah McDaniel asked about methods of communication with the senior population for those who do not use social media and recommended utilizing local news outlets. Commission member, Cecil Booth, mentioned seniors facing issues with transportation. Recreation staff started the grocery trips in January but have not had any participation. Recreation staff will use email list from past trips and programs to send the senior newsletter. Items added to the Strategic Plan include adding info from city emergency management to Facebook to quality-of-life objective, adding information about COVID vaccines to the strategies for health care objective and adding educating the senior population on driving services to the transportation objective.

Items added for discussion for the next commission meeting include creating a plan on outreach and including adding an insert to the water bill highlighting senior programs and services. The updated Strategic Plan will go to council for approval.

Upon a motion by Member, Sarah Mc Daniel and seconded by Member Judy Shaefer, the Angleton Senior Citizen Commission approved the strategic plan with discussed changes. The motion passed on a 4-0 vote.

3. Discussion and possible action on electing a Senior Citizen Commission Chair.

Geri Gonzales explained that the ordinance that governs the senior commission requires the board to select a chair. The chair is responsible for opening the session, calling members to order, announcing the meeting agenda items, recognizing members of the floor and announcing results of a vote.

Upon a motion by Member Sarah Mc Daniel and seconded by Member Archie Milam, the Angleton Senior Citizen Commission selected Judy Schaefer as the Senior Citizen Commission Chair. The motion passed on a 4-0 vote.

TRANSPORTATION

4. Discussion with Barry Goodman from Brazoria County Connect Transit about services offered.

Barry Goodman of BC Connect Transit Service discussed available routes in Angleton and services offered that could be of use to the senior population in the community. Mr. Goodman provided a background on Gulf Coast Transit District and the areas covered in the region, which include mainland Galveston county, Brazoria County and outside of the Houston urbanized area. GCTD is trying to determine more effective ways of communicating with the senior population and discussed the possibility of having the senior commission relay information to GCTD about the needs of the senior community. Mr. Goodman displayed a map of the service area and discussed transit options such as fixed route, ADA paratransit, demand response, taxi voucher and park and ride services. He also explained complementary paratransit as an option for seniors to get transportation out of the Angleton area. Commission member, Archie Milam inquired about the current routes available, times they run, and general cost. Mr. Goodman stated that all information regarding the complementary and para-transit options will be presented to the City Manager in an information package. He will also be sending information to recreation staff to be included in the next senior newsletter. Once all information is compiled by GCTD and relayed to recreation staff, the plan is to host an informational event for seniors.

ADJOURN

The meeting was adjourned at 12:38 P.M.

These minutes were approved by Senior Citizen Commission on this the 13th day of April 2021, upon a motion by XX, seconded by XX. The motion passed on a 6-0 vote.

CITY OF ANGLETON, TEXAS

Judy Shaefer
Chair

ATTEST:

Geri Gonzales
Recreation Superintendent



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021

PREPARED BY: Geri Gonzales

AGENDA CONTENT: Discussion on CodeRed emergency notification system registration campaign.

AGENDA ITEM SECTION: Regular Agenda

BUDGETED AMOUNT: NA

FUNDS REQUESTED: NA

FUND: NA

EXECUTIVE SUMMARY:

The City of Angleton has licensed the CodeRED Community Notification System and CodeRED Weather Warning service to help disseminate important or critical information along with alerting citizens in the path of severe thunderstorms, flash floods and tornadoes. Because CodeRED has replaced the former CTY system, the City of Angleton has started a registration campaign to get as many citizens registered with system as it can. Staff have made the following efforts as a part of the campaign:

- Contact ActionS and get as many members signed up as possible
- Call all seniors who attend the rec center and sign them up on their behalf
- Work towards registering all current members
- Register all new rec center members for CodeRed as part of our registration
- Have a booth at Peach Street Farmers Market Saturdays in March
- Develop a “how to register for CodeRed” video
- Add CodeRed advertising in Playbook
- Work with Athletic Sports Associations to announce CodeRed on social media pages
- Notify our Boards and Commissions – send the how to register video

RECOMMENDATION:

NA



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021
PREPARED BY: Geri Gonzales
AGENDA CONTENT: Discussion on Strategic Plan updates.
AGENDA ITEM SECTION: Regular Agenda

BUDGETED AMOUNT: NA **FUNDS REQUESTED:** NA

FUND: NA

EXECUTIVE SUMMARY:

At the February 1, 2021 meeting, the Senior Citizen Commission voted to adopt the proposed annual strategic plan with minimal edits. At the March 9, 2021 City Council meeting the plan was approved. Staff has started working on strategies outlined for the given goals and are providing an update on the plan today.

RECOMMENDATION:

NA

2021-2022 STRATEGIC PLAN
City of Angleton Senior Commission
 (Board approved 2/1/21 - and updated 4/5/2021)

The purpose of the senior citizens commission is to communicate the needs and issues of seniors living in Angleton, TX to the Mayor and City Council.			
COMPONENT	OBJECTIVES	STRATEGIES	PROGRESS & RESULTS
1. Housing	A. Cost of Housing B. Number of housing units available C. ADA guidelines	Educate and gather resourced of existing service. Gather and research information with Planning and Zoning department and education the seniors. Giving information and providing feedback to city council and planning and zoning. Work with the Building Service Department on ADA guidelines	4/5 Staff are working with Development Service Department to have a representative provide the commission an update. Looking at June meeting for presentation.
2. Transportation	A. Education the public on BC Connects & ActionS service B. Rec. Center Grocery Trips. C. Volunteer list to drive senior	Educate the public on the BC Connect routes and possibly adding stops. Possibly having a Zoom or public forum with BC Connects. Look into Uber services in our area and also Gubhub type services.	4/5 Working with staff to update the City website with new routes. BC connect provided information in mid-February about routes, discounts, eligibility and services to staff. We posted on City website and Facebook. Looking to include in monthly newsletter mailout.
3. Healthcare	A. Educate seniors on what medicare covers & Providing healthcare resources.	Educate seniors on Medicare and having UTMB come and provide healthcare information. Provide information on COVID19 vaccinations. Continue with flu shot and pneumonia shots.	4/5 Staff provide vaccination information in the March senior newsletter and mailed out to 100 recreation participants. City staff update city website with COVID19 and vaccination information.
4. Legislative	A. Invite State Representative to provide current legislation B. Adding link to City's Website with the state representatives contact information	Have State Representative to come to provide feedback about senior related legislation. Adding a link of the city website on how to contact state and local representatives	
5. Recreation	A. Fitness B. Programming C. Trips	Using the phases for reopeing starting in January with implementing programming such as Coffee time chat and bingo. Fitness classes with low impact classes and walk in the park. Working into getting trips going again.	4/5 Updated monthly newsletter to includes fitness schedules, in-person and virtual programming schedules and upcoming events in Parks & Recreation. In-person programming has seen an increase in participation for month of March. Staff are working on feasibility of in-person event for senior community that is typically held at the end of July.
6. Quality of Life	A. Safety Issues B. Community Outreach C. Mental Health	Inviting First Responders to provide information. Also have a fall prevention talk with seniors. Go to senior living facilities to inform on what we offer. Utilizing local churches to help get information out. Continue to spread the word about the ActionS services and getting information from the mental health task force.	4/5 Include ActionS updates in monthly newsletter.



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021

PREPARED BY: Geri Gonzales

AGENDA CONTENT: Discussion on Senior Coordinator position.

AGENDA ITEM SECTION: Regular Agenda

BUDGETED AMOUNT: NA **FUNDS REQUESTED:** NA

FUND: NA

EXECUTIVE SUMMARY:

The Angleton Parks & Recreation Department Senior Coordinator position is currently vacant. Staff initially advertised the position and conducted a number of interviews but were unable to recommend a candidate who had sufficient experience in programming and leisure services for the senior population, working with boards and commissions, and proper licensing and certification requirements.

Subsequently, the Recreation Superintendent was asked to assess job responsibilities to determine if existing full-time staff could absorb duties that fell into their existing job description. For example, the Special Event & Marketing Recreation Specialists would absorb senior citizen events and program and event advertising, and the Recreation Superintendent will maintain responsibilities associated with Senior Citizen Commission and the Senior Citizen Commission Strategic Plan. Additionally, staff could contract out a bus driver for Senior Citizen day and overnight trips as well as lunch bunch programs. After completion of this review, the Recreation Division determined a permanent part time Senior Citizen Recreation Specialists classification would accommodate the need for senior citizen programming Monday through Friday with the assistance of other recreation staff and contract labor.

RECOMMENDATION:

NA



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021

PREPARED BY: Geri Gonzales

AGENDA CONTENT: Discussion on Senior Newsletter

AGENDA ITEM SECTION: Recreation

BUDGETED AMOUNT: NA **FUNDS REQUESTED:** NA

FUND: NA

EXECUTIVE SUMMARY:

The Angleton Parks & Recreation Department Recreation Division releases a monthly newsletter with a senior citizen focus. At the last commission meeting, feedback from the commission stated that we needed to get information out to the Angleton senior community by other means rather than social media and information technology outlets. The commission also requested to see more information on COVID-19 vaccinations, recreation programming updates, and other helpful resources that coincide with state and local happenings. Staff have revamped the monthly newsletter to include these requests, with the last issue including information on vaccinations and winter storm aid. It also included schedules for in-person programming at the Rec Center along with the virtual programming schedule. Staff reduced the letter to a 2-page format to allow for easy mailing. 100 mailouts were sent out in March 2021 and the bingo and coffee chat in-person programs saw an increase of participation.

RECOMMENDATION:

NA

Silver Hearts Newsletter

APRIL 2021



The Angleton Parks & Recreation Silver Hearts is ready to jump into the spring season! If you are ready to get back to some in-person programming, we have some activities for you. If you are ready to get outside, Keep Angleton Beautiful has some great activities to start your annual spring cleaning or to start sprucing up your gardens and yards. So either get out to a local park to enjoy the nice weather or stop by to visit with us!

Events



Keep Angleton Beautiful has some great events coming up to kick off spring! From spring cleaning to planting, there's something for everyone.

Sat., April 17, 8 AM - 12 PM **Spring Clean-Up**

KAB is partnering with various vendors to offer shredding and electronic, tire, and heavy trash disposal. This is a drive-thru event located at Angleton Junior High Parking Lot. For information, contact 979-849-4364 opt. 5.

Tues., April 27 1 PM **Special Craft - Butterfly Seed Balls**

We're getting our hands dirty for a great community giveaway! Help us prepare butterfly seed balls to be given away at the Arbor Day Tree & Seedball giveaway and learn how to make them in the process. Pre-registration is recommended. Call 979-849-4364 opt. 5 to let us know you'll be helping.



Tues., April 13 6 PM **Green Gardening Series: Butterfly Gardening**

Tune in to the KAB Facebook page for a LIVE virtual broadcast of BC AgriLife Extension's Green Gardening Series. This month's topic, Butterfly Gardening, will explore plants that attract butterflies to your home. Visit [Facebook.com/KeepAngletonBeautiful](https://www.facebook.com/KeepAngletonBeautiful) to watch this free event!

Fri., April 30 8 AM **Arbor Day Tree & Butterfly Seedball Giveaway**

Trees for Houston has graciously donated 500 5-gallon trees for KAB and City of Angleton to giveaway to its residents. Stop by the Angleton Recreation Center to pick up a tree and butterfly seed ball while supplies last. Proof of residency is required and limit one per household.

In-Person Programs

Mondays @ 11 AM Chair Fitness with Mary

Stay socially distant while participating in chair fitness! This class is free, but please register online, by phone, or at the Angleton Recreation Center.

Tuesdays @ 11 AM Bingo at the Rec

We are bringing back this classic loved game in-person. Masks are encouraged. This program is free, but please register online, by phone, or at the Angleton Recreation Center.



Fridays @ 11:15 AM Coffee Time Chat

Come hang out for coffee and socializing. This activity is indoors and masks are encouraged. This program is free, but please register online, by phone, or at the Angleton Recreation Center.

Virtual Programs Schedule

Join us on the Angleton Parks & Recreation Facebook page for virtual programming videos. For a detailed supplies list, visit <http://angleton.tx.us/270/Silver-Hearts-Senior-Programs>

TUESDAY Cooking Lesson



April 6

Strawberry & Banana Smoothie
Supplies: milk, peanut butter, bananas and frozen strawberries

April 13

Frozen Chocolate Banana
Supplies: banana, chocolate chips, vegetable oil, sprinkles, skewer or popcicle stick

April 20

Warm Glazed Apples
Supplies: sliced apples, lemon juice, salted butter, brown sugar, ground cinnamon

April 27

Refrigerator Jam
Supplies: blueberries, granulated sugar

THURSDAY Crafting Lesson



April 1

Craft Stick Photo Frame
Supplies: 9 craft sticks, closepin, string, markers

April 8

Paper Pinwheels
Supplies: scissors, colored craft paper, pin

April 15

Cardstock Bookmark
Supplies: cardstock, yarn, sharpie, watercolors, hole punch

April 22

Lip Sugar Scrub
Supplies: brown sugar, coconut oil, honey, vanilla

April 29

Salt Dough Pinch Pots
Supplies: all-purpose flour, salt, coloring/paint, a large bowl

Group Fitness

Tuesdays & Thursdays

8:30AM TRX Low Suspension training program that uses bodyweight exercises to develop strength, balance, and core stability.

6:15PM Zumba Join the party! Get moving to fun, Latin dance routines featuring interval training that combines rhythms and resistance.

Wednesdays & Fridays

8:30AM Yoga Build and improves balance, strength, and flexibility while finding your breath and movement.

Fridays

10AM Line Dancing Exercise by dancing to lively, upbeat music!



Monday - Fridays

8:15AM Splash! Concentrate on cardio water exercises in a gravity-free environment.

Monday - Thursdays

5:30PM Aqua Zumba This pool party combines Zumba and water exercise. Water's resistance cushions your feet, knees and back as you get a low impact workout.

For a full monthly group fitness schedule, visit <http://angleton.tx.us/273/Adult-Programs>

Community



Grocery Distribution

ActionS is distributing food to the senior community. If you have a need for groceries, ActionS may be able to assist.

Contact ActionS at 979-849-6132 for information on grocery availability and delivery.

Senior Commission Meeting

The next senior commission meeting is scheduled for Monday, April 5th, at 11:30AM at City Hall Council Chambers.

Interested in being a senior commission member? Contact the City Secretary at citysecretary@angleton.tx.us

Senior Commission Members

Sarah McDaniel Archie Milam
Roger Collins Judy Shaefer

Council Liaison

Cecil Booth

Contact Us

Angleton
Recreation Center



www.facebook.com/angletonparksandrec

1601 N. Valderas St.
979-849-4364 Opt. 5
parksandrec@angleton.tx.us

www.angleton.tx.us



AGENDA ITEM SUMMARY FORM

MEETING DATE: 4/5/2021

PREPARED BY: Geri Gonzales

AGENDA CONTENT: Discussion on senior citizen recreational and leisure events and programs.

AGENDA ITEM SECTION: Recreation

BUDGETED AMOUNT: NA

FUNDS REQUESTED: NA

FUND: NA

EXECUTIVE SUMMARY:

The Recreation Center is offering a few in-person programs, such as Chair Fitness, Coffee Time Chat and Bingo which aligns with the senior citizen reopening plan. After Governor Abbott's reopening of Texas at 100% as well as guest input, we have altered the programs from being held outdoors to indoors. We have seen an increase in in-person participation based on these changes as well as the updated senior citizen newsletter. Staff are assessing the feasibility of hosting crafts, games, and lunch trips around August. This will depend on facility availability and other recreational programs.

Additionally, staff is researching feasibility of an in-person event, Silver Hearts Birthday Party, typically held in late July.

RECOMMENDATION:

NA